



WORLD TANG SOO DO ASSOCIATION

REGION 20 NEWSLETTER

2018 FRIENDSHIP TOURNAMENT

Enthusiastic teams of martial artists merged in Chula Vista, California at the Parkway Community Center Gym for the annual USA & Mexico Friendship Tournament. Visiting teams from Arizona, Baja California, Sonora, Sinaloa, California and Utah joined in the celebration bringing their dynamic skills, character and most importantly, their friendship.

The event was hosted by Masters Larry Dercole and Leslie Salinas of Chula Vista's Tang Soo Do Karate Institute. Competitors ages 4-66 years old participated in a variety of categories including point sparring, team performance, jump kicking and weapons forms. Opening ceremonies included a traditional Mexican Folklorico performance by the local Leonardo da Vinci Elementary school, and an extraordinary presentation of Flamenco by Corinna Peraza and her talented students.

Master Clare Marsch led a unique women's martial arts performance, which included all of our female participants. This was followed by Tang Soo Do Karate Institute's school demonstration led by Master Leslie Salinas.

Special thanks to all who brought their students, especially those who traveled from other regions and other countries to join us. Master Johnny Williamson & BSBN Moshay Williamson of StarWorld Academy brought incredibly skilled and wonderfully polite students. Master Antonio Gonzalez of Culiacan sent his spirited team led by BSBN Johana Valenzuela & BSBN Daniela Luna.

BSBN Kent Thomas of StarWorld Sierra Vista sent a team led by Ms. Sarah Fingerle. Students also came from as far as Red Rock Studio of St. George Utah. Students participated from the Salvador Garcia Studio and Alberto Padilla TSD, both of Tijuana Mexico. Urban Discovery Academy San Diego sent their competition team.

We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.

Friendship Tournament, cont.

Region 20 studios were all represented thanks to BSBN Jesus Ramses Mendez of San Luis R.C. Sonora, Master Osai Robinson of West Coast Dragons, Master Kelly Goodwin & BSBN Rob Johnson and their Coastal Canyon TSD family, Master Kenny Purnell and his awesome Allied Gardens Studio, Master Miguel Soto and his team of students and dragons, BSBN F.M. Cardinal's team from Mountain Lion Tang Soo Do and CalTech Tang Soo Do led by SBN William Glenn & SBN Ricardo Hassan.

Special thanks to SBN Sig Luther, SBN Barbara Bellini and the Horiuchi family of TSDKI and to the great Region 20 team led by Director Patrick Marsch. So many thanks to so many friends. The competition was an exciting interstate and international mix.

The After Tournament Friendship Celebration Dinner included great socializing and a hilarious Magic & Fun Show by Elizabeth-the-Clown of Culiacan, Sinaloa, Mexico.

Congratulations and thanks to all participants and families for making it an enjoyable and meaningful event. We look forward when we all meet again next May for another USA/Mexico Friendship Celebration.

-SBN Laurence Dercole



REGION 20 SCHOLARSHIP

Are you a high school senior? Are you a full time college student? Graduate student? At the Regional Tournament, Region 20 gives a scholarship to deserving students. The 2018 application deadline is October 1, 2018. You can find the application on the Region 20 website at www.wtsda-region20.org.

Applicants must be:

1. Enrolled in a certified WTSDA Region 20 Studio.
2. Current members, in good standing, of the WTSDA
3. Training for at least one year at time of application
4. Full time students in their senior year of high school, college/university or graduate school.
5. Maintaining a minimum GPA of 2.5 (on a 4.0 scale)

In addition, applicants must submit a letter describing educational goals, official transcripts, verification of test scores & a 500 word essay plus three recommendation forms (from their WTSDA instructor; a teacher, counselor or advisor; and a non-family member).

SCHOLARSHIP DONATIONS

The Region 20 Scholarship Fund is looking for donations. To raise money for the 2018 fund, each studio is being asked to put together a gift basket for the October Championship. Baskets will be auctioned off, with proceeds going straight into the scholarship fund.

The Region 20 Scholarship benefits deserving gup or dan students, with stellar academic credentials, who have trained at a Region 20 WTSDA certified studio for at least one year prior to application. It is open to high school seniors, undergraduate or graduate students who are enrolled full time.

Every little bit counts when a student faces the mounting cost of college tuition. Please do what you can to make 2018 a prosperous year for our scholarship winners!

For more information about the scholarship program or to see the application, please go to the Region 20 website at www.wtsda-region20.org or contact BSN Cardinal at mzmountainlion@yahoo.com.

We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.

FRIENDSHIP TOURNAMENT GRAND CHAMPIONS



Senior Women

Aida Dennehy, West Coast Dragons

Senior Men

Rob Johnson, Coastal Canyon

Adult Women

Laura Barrera, M.A.S. Tang Soo Do

Adult Men

Ramses Mendez, San Luis R.C. Sonora

Junior Women

Gianina Dercole, TSDKI

Junior Men

Angelo Dercole, TSDKI



USA-MEXICO FRIENDSHIP TOURNAMENT

Chula Vista, CA May 12, 2018

PARTICIPATING STUDIOS

TANG SOO DO KARATE INSTITUTE

SBN Larry Dercole
SBN Leslie Salinas
Ricardo Chavez
Angelo Dercole
Gianina Dercole
Giordano Dercole
Elijah Fresco
Kimberly Goldsbury
Max Harris
Auston Horiuchi
Maya Horiuchi
Carmelo Lopez-Celaya
Joshua Madolid
Adrian Medrano
Jesus Milan
Aidin Miramontes Casco
Andrees Miramontes Casco
Emma Odgen
Daniel Okada
Maika Okada
Benjamin Peraza
Deanna Peraza
Aiden Perez
Efain Perez
Mairead Perez
Adele Ramirez
Fernanda Ramirez
Tyler Reardon
Nathan Rubio
Tamara Sanchez
Ted Sanchez
Michael Schultz
Aaron Velazco
Alexis Verdugo
Hector Verdugo

**CALTECH
TANG SOO DO**
SBN Ricardo Hassan
SBN William Glenn
Cheng Zhang

ALLIED GARDENS TANG SOO DO

SBN Kenneth Purnell
SBN Patrick Marsch
SBN Clare Marsch
Kye Baker
Kaiser Fletch
Joshua Fowler
Garrett Hatcher
Landon Platt
Kevin Standlee
Sara Standlee
Wade Stevenson
Edward Wakefield
Sophia Wakefield

COASTAL CANYON TANG SOO DO

SBN Kelly Goodwin
Tamara Andrijanic
Samantha Averitt
Advait Bhagvat
Chinmayi Bhagvat
Nolan Chang
Carly Cooper
Cullen Gibson
Louisa Gibson
Meghana Gutlapalli
Rohan Gutlapalli
Robert Johnson
Cooper Jurman
Reese Jurman
Pratik Rungta
Nela Tomca-Andrijanic
Chandra Udata
Sid Udata
Christina Wooden



USA-MEXICO FRIENDSHIP TOURNAMENT

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WEST COAST DRAGONS

SBN Osai Robinson

Alex Aitchison
Amy Alleman
Zayden Alleman
Stephanie Althouse
Marissa Bista
Bharat Chatkara
Raj Chatkara
Aida Dennehy
Alex Dennehy
Andrew Dennehy
Aya Eulmi
Mohammed Eulmi
Caleb Hehl
Bob Nance
Drew Nance
Julia Petrilli
Rise Riyo
Mayari Riyo-Hoaglund
Shakera Robinson
Diya Sugathan

M.A.S. TANG SOO DO

SBN Miguel Soto

Laura Barrera
Clemente Lopez
Andrea Martinez Gomez
Declan Noriega
Jody Reyes
Santiago Soto

MOUNTAIN LION TANG SOO DO

F Michael Cardinal

Max Boedder
Tom Taggart

PYUNG AHN TSD

SBN Jesus R. Mendez

Miguel Andre Cazares
Esteban Cortez Zamorano
Montserrat Lopez Ortiz
Itchel Mendez
Jesus Ramses Mendez
Ramses Mendez
Arath Ochoa
Cristian Ochoa
Adrian Robles
Mariana Saucedo
Leticia Tovar
Jose Rodrigo Valdivia

URBAN DISCOVERY

Henry Austin
Maya Iglesias
Hazel Isaak
Sherrie Isaak
Taj Jugar
Anthony Pensabene
Noah Reardon
Camila Russell
Daniel Tene

501 CULIACAN

SBN Antonio Gonzalez

Yuleny Aguilar de la Rosa
Antonio Gonzalez Vega
Daniela Luna
Marco Pardo Coronel
Johana Valenzuela

GARCIA STUDIO

Michelle Velarde
Michelle Garcia

STARWORLD

SBN Johnny Williamson

Wills Amstutz
Kamila Castro-Williamson
Stanton Clower
Tristen Cook
Jonathan Cook
Michael Eaton
Aiden Estrada-Garcia
Diana Estrada-Garcia
Sarah Lynn Fingerle
Connor Hoody
Christian Langley
Christi Ann Laudolff
Andrew Lugo
Philip McNamara
Kendra Meyer
Laurie Meyer
Amber Smith
Sahmaria Stalling
Kellicia Taing
Meloddy Turner
Moshay Williamson
Elenor Wu

RED ROCK

Breann Morris
Isaac Rivera
Jose Rivera
Zoe Rivera
Naomi Black

PADILLA TSD

Kille Carson
Alberto Ibarra
America Yamileth Vazquez

LOOKING FOR BLACK BELTS

Reproduced with permission from mountainliontsd.org

Who Are We Looking For?

We are looking for people who aspire to be black belts. We are looking to train, develop, support, encourage & discover black belts, so what is this black belt we are looking for? Perhaps it is helpful to talk about what is NOT a black belt. Black belts do not brag to those around them that they are black belts. Black belts do not show off physical technique in inappropriate venues. Black belts are not loud, rude and selfish. Black belts have no need to be flashy, to fish for compliments, to hold their self-importance above the importance of others in their lives.

What Describes a Black Belt?

Black belts have the ability to control themselves. Black belts pay attention to their surroundings, which includes paying attention to the people around them. Black belts have the goal to better themselves and better the people around them. Black belts know that the best self-defense techniques are awareness, prudence and fitness. Black belts have internal goals, which include increased self-defense abilities, increased health and fitness and becoming better human beings.

Black belts may never actually talk about the training level they have achieved. But people around them will know, will feel, that there is something different about them. Black belts are more composed and have an inner strength. Black belts are confident in themselves, know their abilities and know which skills to use in which situations. Black belts are not overly worried about themselves, so they can aid those around them. Black belts know which goals are positive and important, and which ones are useless.

Are We Looking for You?

*-SBN Mark Schoenberger
Mountain Lion TSD, Huntington Beach*

We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.

MASTERS CLINIC

Region 20 had a strong participation level at the 2018 Masters Clinic in Florence Alabama. The Region 20 Ko Dan Ja in attendance included Ken Purnell, Patrick and Clare Marsch, Kelly Goodwin, Miguel Soto, William Glenn, Mark Schoenberger, Ricardo Hassan, Osai Robinson, Salim Otero and Barbara Bellini.

Several of these fine Ko Dan Ja volunteered their time to teach various sessions during the clinic. Master Ken Purnell taught Ro Hai. Masters Clare and Patrick Marsch and Ken Purnell taught basic Arnis techniques. Master Kelly Goodwin taught Fundamental Tang Soo Training, and Mister William Glenn taught Trapping by Tang Soo Do. All candidates had glowing remarks about the quality of each session.

The 2018 Masters clinic was a milestone for Region 20. Six Ko Dan Ja were recommended for promotion to advanced Degree:

Master Kenneth Purnell 7th Dan
Master Patrick Marsch 6th Dan
Master Kelly Goodwin 5th Dan
Mister William Glenn 5th Dan
Mister Ricardo Hassan 5th Dan
Master Salim Otero 4th Dan

All candidates passed with flying colors, a tribute to their instructors, training partners and Region 20. The Region looks forward to the continued dedication and success of these fine Ko Dan Ja.

*-SBN Patrick Marsch
Director, Region 20*



2018 Warrior-Scholars

Coastal Canyon Tang Soo Do is proud to recognize its 2018 Warrior-Scholars. CCTSD Warrior-Scholars are Gups and Black Belts who "KICK SOME BRAIN" by competing or supporting regional and state academic competitions. In the 2017-2018 academic year, CCTSD Warrior-Scholars were on teams representing Carmel Valley Middle, Ocean Air Elementary, Torrey Hills Elementary, and Sage Canyon Elementary at the 2018 San Diego Regional Science Olympiad Feb 10, 2018 (find out more at soinc.org). In addition, Sahithy Yaramada, 1st Gup, was an individual competitor in the Greater San Diego Science and Engineering Fair March 13-19, 2018 (find out more at gsdsef.org).

2018 Science Olympiad Competitors

Kevin Liu - 9th Gup
Amrutha Challa - 9th Gup
Renee Chang - 4th Gup
Nolan Chang - 3rd Gup
Teja Yaramada - 2nd Gup
Chinmayi Bhagvat - 1st Gup
Sid Udata - Cho Dan
Tamara Andrijanic - Cho Dan



2018 Science Olympiad Coach/Sponsors

Saritha Yaramada - 6th Gup
Sahithy Yaramada - 1st Gup
Nela Tomca-Andrijanic - Cho Dan
Chandra Udata - Cho Dan
Christina Wooden - Cho Dan

2018 Greater San Diego Science and Engineering Fair

Sahithy Yaramada - 1st Gup

Novel image segmentation approach for the detection of malarial parasitic cells in blood smear images



Studio Profile: Mountain Lion TSD

Owner: BSBN F.M. Cardinal, founded in 2000
School status since 2013
Location: Huntington Beach, CA
Website: <https://mountainliontsd.org>
Classes: Tuesdays, Thursdays, and Saturdays
Students: Approx. 30, ages 4 to 88
Black Belts/Instructors: Four



Interview with BSBN F.M. Cardinal:

Q: When and why did you start training in Tang Soo Do?

A: I started training in September, 1991. A student I knew encouraged me try it out. I told her when I got below 200 lbs. I'd check it out. That person is now one of the Black Belts at Mountain Lion. After my first class, I knew I was hooked. It resonated with something deep inside of me, and I knew it could easily become my path to becoming a better person. I never had any desire to promote, but SBN Schoenberger continued to recommend me. Not until I had attained black belt did my vision of future ranks begin to form. Tang Soo Do spirit is what has always motivated me. Now more than ever I rely on it to keep me focused.

Q: Why did you decide to start your own studio?

A: I was told it was the obligation of all Black Belts to teach. The only way I knew this could happen was to submit some paperwork and my qualifications to the Huntington Beach Senior Center. I also submitted the required paperwork to the WTSDA regional director and headquarters. That was January, 2000. As my and our instructor for all these years, SBN Schoenberger is the wind beneath the wings of Mountain Lion TSD.

Q: What is your vision for Mountain Lion Tang Soo Do?

A: I'd like to add another day of training, which depends on space availability and other parameters.

WOMEN'S DEMO AT 2018 WORLD CHAMPIONSHIP

Since its inception, the WTSDA has provided an environment for the development of martial art skills in all its practitioners, men and women alike. This year, the Association celebrates and honors the thousands of our amazing women members by featuring a historic female-only demonstration at the World Championship in Greensboro, NC in July 2018. Women and girls of all ranks, from all across the globe will come together in an inspirational display of Tang Soo Do expertise and unity during the opening ceremonies.

Our Region 20 is honored to have so many female Ko Dan Ja and gups participating in this demo and fine tuning the performance in a preview demonstration during our recent Mexico- America Friendship Tournament. Tang Soo!

-Master Clare Marsch

The Nurturing of Martial Arts Instruction

Prior to studying Tang Soo Do, I had the privilege of training in other martial art systems. Some components were different, but many things were very similar. This includes placing emphasis on common values such as respect, obedience, self-control, and humility. Within the WTSDA, we have such values formalized in the Five Codes and Seven Tenets.

Another similarity is that, when appropriate, higher ranking students are not only permitted but expected to provide unsolicited, constructive feedback to lower ranking students (but not the other way around). Lower ranking students, in turn, are expected to take such feedback to heart. For the lower ranking student of Tang Soo Do, not only does this type of feedback improve progress, it also gives an opportunity to practice respect and humility. Within the studio, an adult may take instruction from a teenager, a university professor may take instruction from someone who did not complete the high school diploma, and a corporate executive may take instruction from a student intern.

What about the higher-ranking student – is this about, “rank has its privilege?” An old saying states that the best way to learn something is to teach someone. The higher-ranking student receives an opportunity to improve teaching and mentoring skills with humility.

Nurturing Art, cont.

Tang Soo Do challenges every student with the goal of achieving the rank of Master. Becoming a Master requires the ability to teach, instruct, and mentor. These abilities are developed over the course of a student’s martial arts journey. If you take a close look, this is even embedded in formal test requirements, well below black belt levels.

A requirement for brown belt testing is to “show increased knowledge and advanced ability in all lower rank techniques.” Moving up in rank and testing for red belt, one of the requirements is that the student have teaching capability and be “fully knowledgeable and able to explain all theory and philosophy to lower ranking students.” In addition, a “student’s leadership and teaching ability may be tested.” To qualify for Cho Dan Bo, a student must show, “complete capability of becoming a Black Belt member”. To test for Black Belt, a student must have the, “ability to teach and handle affairs of Tang Soo Do in class.” Again, higher-ranking students are not only permitted but expected to step up and provide constructive feedback and assist in teaching a class.

Higher-ranking students help lower-ranking students advance in their skills and techniques while lower-ranking students help higher-ranking students advance their teaching and instruction. They both need each other and complement each other. Um and yang, prominently located in the WTSDA association symbol, represent the concept of forces that are opposing and complimentary at the same time. Tang Soo Do students at all levels complement, need, and enable each other to grow in this nurturing environment. Tang Soo!

-Max Boedder

Mountain Lion TSD, Huntington Beach



UPCOMING EVENTS

REGION 20 BLACK BELT CLASSES

Regional Black Belt Classes are held at 1pm the First Saturday of the month except for holidays. Please see the Region 20 website for dates and details.

WTSDA WORLD CHAMPIONSHIP Greensboro NC

Friday-Saturday July 13-14, 2018. More information at www.wtsda.com

WTSDA HWARANG DAN LEAGUE Tiger Training Camp Greensboro NC

Monday-Tuesday July 16-17, 2018 Open to Gup & Dan Students ages 8-17

REGION 20 REGIONAL CHAMPIONSHIPS October 13, 2018

More information at www.wtsda-region20.org

REGION 2 REGIONAL CHAMPIONSHIPS October 20, 2018

More information at region2wtsda.com/Events

REGION 1 TAHOE CLINIC August 18, 2018, Sugar Pine State Park

For more information, including upcoming events and photos, please visit wtsda-region20.org and follow WTSDA Region 20 on Facebook!



REGION 20 STUDIOS

Allied Gardens TSD

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San Diego CA 92120
619-286-5241
kennyd020523@aol.com

CalTech TSD

Brown Gym, Caltech
Pasadena CA
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rjhii@sbcglobal.net
williamg@alumni.caltech.edu

Coastal Canyon TSD

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4770 Fairport Way
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