



WORLD TANG SOO DO ASSOCIATION REGION 20 NEWSLETTER

2018 REGION 20 CHAMPIONSHIP

Competitors from 3 regions and visitors from around the country gathered in San Diego for the Region 20 Championship on October 13. Hosted on behalf of the region by Master Osai Robinson, West Coast Dragons, the event included 157 competitors, Dan promotions, Sah Dan & Oh Dan promotions, a special talk on bullying prevention, demos by the HDL Dragon Demo Team and Coastal Canyon TSD demo team, scholarship & family of the year presentations, and the region's first tug of war contest! KCN Strong presided over the events and treated the region to a special class on Sunday morning.

Highlights include our youngest competitor (age 4!), Sid Udata sweeping his divisions and winning the junior cup after being in both the Coastal Canyon and HDL demos *and* spending the previous night giving everything he had to his E Dan test! Donated baskets were auctioned off to support the region's scholarship program, and scholarship money went to four students this year!

Participating studios included the region's newest school, Fathom Martial Arts, Paresh Martial Arts from Region 1, and Ms. Kiera Thurman who came all the way from Fairbanks Alaska to be with us!

Thank you to all the participating studios, studio owners, instructors and masters for bringing your students. Thank you to the visiting Kodanja who took the time to judge, officiate, encourage and teach. Master Johnny Williamson, Master Becky Wolverton, Master Chris Pacini...thank you for helping to make the event such a success!



2018 SCHOLARSHIP RECIPIENTS

Four Region 20 WTSDA members received scholarships at the regional Championship. The region is very proud of these scholars and wishes them much success in their academic endeavors:

ANGELO DERCOLE: Angelo is very interested in Computer Science. His goals are Bachelors and Masters Degrees in Computer Science and Engineering. His career aspirations are in the area of Computer Science.

MAIREAD PEREZ: In the upcoming years, Mairead hopes to attend medical school. Her interests include forensic pathology, endocrinology and OB-GYN.

LAURA BARRERA: Laura is an undergrad student at Cal State San Bernardino. She is working on a double major in Psychology and Human Development. After college, she hopes to enter the field of speech pathology.

PRATIK RUNGTA: Pratik is a member of his school's speech and debate club. After graduation, he plans to earn a Bachelors Degree with a major in Accounting or Economics as a foundation to help prepare himself for the rigors of law school.

Congratulations to this year's scholarship winners!

-Ms. F. M. Cardinal, Mountain Lion Tang Soo Do



We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.



REGION 2 CHAMPIONSHIP

The 2018 WTSDA Region 2 Championship Tournament was held on October 20th in Gilbert Arizona. Over 240 competitors attended the event hosted by Master Pacini. Very special guest Grand Master Robert Beaudoin was also there to speak and to promote those who had earned new ranks. Notably, Masters Ross Lindsay, and Christopher Pacini were promoted to Oh Dan Senior Master Instructor.

Masters Charles Boeckman, Skylar Grubler, Stephanie Larson and Ian Larson were promoted to Sah Dan Master Instructor. Congratulations to them, and to all of the Dans who promoted, and to all who were recognized for their contributions to Region 2.

A group of Masters demonstrated the Wang Shu hyung, some self-defense techniques and breaking. The creative demo team performances were really well done and fun to watch.

Several Kodanja and competitors from Region 20 attended the tournament. Trophies were awarded to those competitors who earned the privilege of the title Grand Champions. Please see the Region 2 home page at region2wtsda.com for the full results.

The tournament ended with a celebration banquet, featuring a DJ, bounce house, laser tag and (cont.)

We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.

Region 2 (cont.)

rock climbing wall.

Thank you to all of the organizers, volunteers, masters, judges, instructors, competitors and guests for a successful event.

-Tom Taggart, Mountain Lion Tang Soo Do



Thank you to everyone who helped us make the newsletter possible by sharing photos, writing articles, editing, giving feedback and general support. I appreciate everything you do to bring our region closer together through words and pictures. -Aida

REGION 20 DAN TEST

The Region 20 Fall Black Belt Test took place at TSDKI in Chula Vista on October 12. Nine candidates tested, with Efrain Perez & Itchel Mendez testing for Sam Dan. Danielle Sherwin, Sid Udata, Tamara Andrijanic and Sara Standlee tested for E Dan. Lety Tovar, Joshua Fowler and Adrian Robles tested for Cho Dan.

After taking a written test, candidates endured a physical test which lasted around 4 hours during which they were performing techniques nearly non-stop! They were asked to demonstrate various marching techniques in increasingly complex combinations. They performed all one-steps and self-defense, all forms, including their weapon forms. They also performed jump kicks, spinning kicks, dive rolls, challenging board breaks and sparring against one and multiple opponents.

KCN Strong attended the test and talked to participants about the purpose of a traditional martial arts practice and the reason for putting ourselves through the rigors of black belt training. He reminded everyone, the point of training is not to learn how to punch someone in the nose. It is about personal betterment on many different levels that helps us inside and outside the martial arts studio. It is about being part of a family that supports us and helps us develop a strong mind, body, and spirit. The Five Codes, Seven Tenets, and Fourteen Attitude Requirements provide good guidance for many aspects of our lives.

Many Region 20 Dan students and visiting Kodanja were there to proctor and assist with the test. Thank you to those who volunteered time to make the test possible.

-Max Boedder, Mountain Lion Tang Soo Do



REGION 20 CHAMPIONSHIP

San Diego, CA October 13, 2018

PARTICIPATING STUDIOS & COMPETITORS

TANG SOO DO KARATE INSTITUTE SBN Larry Dercole SBN Leslie Salinas

Edward Gwynn, Little Dragon
Ricardo Chavez, Little Dragon
Joao Arce, Little Dragon
Emma Ogden, Little Dragon
Milo Luera, Little Dragon
Taj Jugar, Little Dragon
Santiago Puentes, Little Dragon
Maya Iglesias, Little Dragon
Johanette Arce, Little Dragon
Adele Ramirez, Little Dragon
Xoaquin Ochoa Meza, Little Dragon
Camilo Ochoa Meza, Little Dragon
Thomas Word, Little Dragon
Kai Caramat, Little Dragon
Allison Caramat, Little Dragon
Noah Reardon, 8th Gup
Hector Verdugo, 8th Gup
Raul Rodriguez, 8th Gup
Alex Verdugo, 8th Gup
Tamara Sanchez, 7th Gup
Andres Miramontes Casco, 7th Gup
Deanna Peraza, 6th Gup
Benjamin Peraza, 6th Gup
Aidin Miramontes, 5th Gup
Tyler Reardon, 5th Gup
Ted Sanchez, 3rd Gup
Max Harris, 3rd Gup
Adrian Medrano, 2nd Gup
Nathan Rubio, 2nd Gup
Gianina D'Ercole, Cho Dan
Auston Horiuchi, Cho Dan
Joshua Madolid, Cho Dan
Maya Horiuchi, E Dan
Mairead Perez, E Dan
Giordano D'Ercole, E Dan
Aidan Perez, E Dan
Michael Schultz, E Dan
Efrain Perez, E Dan
Angelo D'Ercole, Sam Dan

CALTECH TANG SOO DO SBN Ricardo Hassan SBN William Glenn

ALLIED GARDENS TANG SOO DO SBN Kenneth Purnell SBN Patrick Marsch SBN Clare Marsch

Jacob Lollis, Tiny Tiger
Fletch Kaiser, Tiny Tiger
Charlie Cox, 8th Gup
Caitlin Steliga, 6th Gup
Wade Stevenson, 5th Gup
Landen Platt, 5th Gup
Marisa Ortega, 4th Gup
Jackson Park, 4th Gup
Garrett Hatcher, 4th Gup
Amos LaSan, 2nd Gup
Joshua Fowler, Cho Dan Bo
Sara Standlee, Cho Dan
Elena Tellechea, Cho Dan
Kevin Standlee, Cho Dan
Edward Wakefield, Cho Dan
Nathan Rubio, Cho Dan
James Wakefield, E Dan

PYUNG AHN TSD Jesus R. Mendez

Mariana Saucedo Duran, 9th Gup
Arath Ochoa, 4th Gup
Cristian Ochoa, 2nd Gup
Adrian Robles, Cho Dan Bo
Lety Tovar, Cho Dan Bo
Itchel Mendez, E Dan
Ramses Mendez, Sam Dan
J. Ramses Mendez, Sam Dan

COASTAL CANYON TANG SOO DO SBN Kelly Goodwin

Cooper Jurman, 10th Gup
Jonathan Ravad, 9th Gup
Annika Chang, 8th Gup
Amrutha Challa, 8th Gup
Ethan Chang, 7th Gup
Cullen Gibson, 6th Gup
Sohum Anumula, 6th Gup
Saritha Yaramada, 5th Gup
Petra Kozakowski, 3rd Gup
Chelsea Roffey, 3rd Gup
Reese Jurman, 3rd Gup
Renee Chang, 3rd Gup
Nolan Chang, 2nd Gup
Teja Yaramada, 1st Gup
Praveen Yaramada, 1st Gup
Chinmayi Bhagvat, Cho Dan Bo
Meghana Gutlapalli, Cho Dan Bo
Louisa Gibson, Cho Dan Bo
Advait Bhagvat, Cho Dan Bo
Tamara Andrijanic, Cho Dan
Daniela Sherwin, Cho Dan
Nela Tomca-Andrijanic, Cho Dan
Rohan Gutlapalli, Cho Dan
Sid Udata, Cho Dan
Pratik Rungta, Cho Dan
Chandra Udata, Cho Dan
Sandra Fenton, E Dan
Tom Sherwin, E Dan
Robert Johnson, Sam Dan

FATHOM MARTIAL ARTS Paul Noriega

Andrew Dennehy, 4th Gup
Declan Noriega, Cho Dan
David Noriega, E Dan
Paul Noriega, Sam Dan

REGION 20 CHAMPIONSHIP

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WEST COAST DRAGONS

SBN Osai Robinson

David Brentzel, Little Dragon
William Brentzel, Little Dragon
Amina Khatib, 10th Gup
Kairi Miller, 8th Gup
Danielle Ekereke, 8th Gup
Rayven Jones, 8th Gup
Diya Sugathan, 7th Gup
Delara Vahedi, 7th Gup
Aya Eulmi, 7th Gup
Mohamed Eulmi, 7th Gup
Diana Vahedi, 6th Gup
Zayden Allemann, 6th Gup
Tyrik Hardley, 6th Gup
Annalena Dellin, 5th Gup
Amy Allemann, 4th Gup
Alex Aitchison, 4th Gup
Julia Petrilli, 3rd Gup
Mayari Riyo-Hoaglund, 3rd Gup
Stephanie Althouse, 3rd Gup
Robert Nance, 2nd Gup
Alex Dennehy, 1st Gup
Aida Dennehy, E Dan

M.A.S. TANG SOO DO

SBN Miguel Soto

Kieran Morgan, Tiny Tiger
Dean Spencer, Tiny Tiger
Jackson Herndon, Tiny Tiger
Sarah Mohsenian, Little Dragon
Dan Rappley, Little Dragon
Aubrielle Morgan, Little Dragon
Allison Spencer, Little Dragon
Andrea Martinez Gomez, 6th Gup
Matthew Herndon, 6th Gup
Zachary Koo, 5th Gup
Jody Reyes, 3rd Gup
Santiago Soto, 3rd Gup
Clemente Lopez, 3rd Gup
Laura Barrera, Sam Dan

PARESH MARTIAL ARTS

Kristina Ohlson

Althea Allen, 10th Gup
Ayden Novak, 9th Gup
Jade Wen, 8th Gup
Sydney Ruhrmund, 8th Gup
Lukas Wehr, 8th Gup
Ana Echaniz, 7th Gup
Rosa Murphy, 6th Gup
Amelia Monfiglio, 5th Gup
Charlotte Cooley, 5th Gup
Linus Murphy, 4th Gup
Deeje Cooley, 3rd Gup
Megan Galles, 2nd Gup
Kelsey Berg, Cho Dan Bo
Taica Hsu, Cho Dan Bo
Julie Galles, Cho Dan

MOUNTAIN LION TANG

SOO DO

F Michael Cardinal

M Schoenberger

Andre Finn, Tiny Tiger
Adrian Finn, Little Dragon
Joshua Leed, 6th Gup
Jason Finn, 5th Gup
Kathy Rosenau, 3rd Gup
Tyler Rosenau, 3rd Gup
Max Boedder, 3rd Gup
Tom Taggart, 3rd Gup

FAIRBANKS WTSDA ACADEMY

Kiera Thurman, Sam Dan



REGIONAL CHAMPIONSHIP GRAND CHAMPIONS



Junior Women

Gianina Dercole, TSDKI

Junior Men

Sid Udata, Coastal Canyon TSD

Senior Women

Aida Dennehy, West Coast Dragons

Senior Men

Efrain Perez, TSDKI

Adult Women

Laura Barrera, MAS Tang Soo Do

Adult Men

Ramses Mendez, San Luis R.C. Sonora

PERSEVERANCE get back up again

Training in Tang Soo Do and under Master Wheeler helped make me into the woman I am today. I've always had training in my heart, but there have been times in my life where I've been knocked down. The important thing is getting back up again.

In 2009 I was training at Double Dragon TSD and was excited to receive my black belt. I felt as if I was on another level. However, shortly after that, I started to doubt my skill set and became very unsure of my abilities, which caused me to steer far away from martial arts. My self-confidence was low, and I didn't feel like a black belt. Double Dragon required a high level of commitment from black belts, and I had a hard time managing that kind of sacrifice and dedication. I also went through a losing streak at tournaments. It felt like everyone was succeeding but me. I felt so small.

When I went off to college, I didn't train for about four years. I never wanted to fully let it go and give up my training. In 2013, after moving to California, I got my second wind and started training again. In growing our own school, I found that love and confidence again to train. I got back up and even competed at the 2018 USA - Mexico Friendship Tournament while 20 weeks pregnant with our daughter Zuri--my first tournament after almost 10 years of not competing!

And then I got knocked down again, days after giving birth to Zuri. After leaving the hospital with my new precious baby, I was hospitalized for a week with a kidney infection that had moved into my blood stream causing me much pain and discomfort. It was difficult being pulled away from my new family and put back into the hospital where I had felt so much joy a few days before. This was another time in my life that I felt small because of the stress of wanting to be with my family, the doctors trying to figure out the issue, and never knowing when I was actually going home. I was told every day that tomorrow could be the day I leave the hospital, only to be let down time and time again. In spite of this adversity, I kept thinking, "I cannot let this infection win!"

(cont.)

We welcome your contributions. Please send events, articles & ideas to region20news@gmail.com.

Perseverance (cont.)

I had taken the time to heal while in the hospital, and once I was back home, I was back on conference calls and helping put the final pieces together for the 2018 Region 20 Championships (which I co-hosted). I got back up again. So many people pulled together for me and my family during this difficult time. I had Tang Soo Do and church family come out to see me, and we received many emails and messages of support.

There will always be things that come against us and knock us down in life, but the key to overcoming it is getting back up. Dust yourself off, figure out where you can fix the situation and get back up again.

-Shakera Robinson, West Coast Dragons



2018 FAMILY OF THE YEAR

At the Regional Championship, Master Clare Marsch presented the Dennehy Family with the 2018 award for Region 20 Family of the Year. Aida & Alex Dennehy train in Carlsbad at West Coast Dragons under Master Osai Robinson. Andrew Dennehy entered UCSD this fall and began training under Mr. Paul Noriega at his new school, Fathom Martial Arts.



Aida Dennehy earned her Cho Dan in 1990. She was Master Giselle Sharpe's first Tang Soo Do instructor, and it was Master Sharpe who encouraged Aida to return to training with Master Robinson when the Dennehy family moved to Carlsbad. Aida was promoted to E Dan in 2017. She edits the Region 20 website & newsletter and helps with admin for the HDL program.

Alex Dennehy, 1st Gup, has a background in Jiu-Jitsu and Judo. He began his Tang Soo Do training in 2015. He is the first Gup student to be selected for the WTSDA HDL Dragon Demo team. In addition to keeping up with his own training and HDL training, school and show choir, Alex helps teach children's classes at WCD.

Andrew Dennehy earned a black belt in Tae Kwon Do in 2010 and began training as a white belt at West Coast Dragons when he moved to Carlsbad in 2016. He earned his 4th Gup Brown Belt from Master Robinson before switching to his new studio, Fathom Martial Arts. Andrew was a recipient of the 2017 Region 20 Scholarship. He is an exemplary student and accomplished musician. He is pursuing a degree in Applied Mathematics at UCSD.

Congratulations to the Dennehy Family!

MASTER PROMOTIONS



At the Region 20 Championship, I had the distinct honor of being promoted to Oh Dan (5th Dan) Instructor, a new rank recently instituted by the World Tang Soo Do Association. I was delighted to be there with my long time training partners William Glenn, also promoted to Oh Dan, and Salim Odero, promoted to Sah Dan (4th Dan) Instructor.

Twenty-eight years ago, Mr. Glenn and Master Kelly Goodwin--already a Moo Duk Kwan black belt at the time--started training at Caltech with my original instructor, Christopher Pasqualino. A year later, Mr. Glenn recruited Salim and me to join Tang Soo Do. We have been training ever since, challenging each other, encouraging each other, and calling each other to greater things. They are my lifelong training partners and friends.

As I reflect on the years that have passed, I realize it is not the benefits of Tang Soo Do that have kept me training, though they are many – it is the bonds of our Tang Soo family. Over the years, these bonds have multiplied and strengthened in ways I could never have imagined. I am grateful for our Association and our region, and particularly for the senior masters who came before me and have held us together for so long.

-SBN Ricardo Hassan, Cal Tech Tang Soo Do



FATHOM MARTIAL ARTS the birth of a dojang

Fathom-N. A unit of length equal to six feet (1.8m): used chiefly in nautical measurements. V. To penetrate to the truth of; comprehend; understand.

The Noriega family was born of the sea. Paul and I met when we were both serving in the United States Navy. We were both kids. He was a young rescue swimmer, and I was working in the administrative department of the helicopter squadron. I had recently participated in a Western Pacific deployment--the first to allow women to go to sea aboard an aircraft carrier. We served together on another West Pac deployment before I went on to train as a Cryptologist. I left the US in 1997 and lived in London for 3 years before returning to San Diego and entering the private sector.

During that time, Paul deployed twice more and was en route to the Arabian Sea for routine operations on 9/11. He was immediately dispatched to conduct over land operations in Pakistan and Afghanistan. Thankfully, he returned safely in January 2002. We have been together ever since. After having successfully completed over 24 years of naval service and eight deployments, he is preparing to retire from active duty late next year. Our boys and I are looking forward to having him home for good.

When our family's martial arts journey began in 2008, neither of us dreamed we would start our own school. We just knew that our then 5-year old son David loved the classes, and our 2-year old son Declan was dying to join his brother on the floor. Paul and I soon followed. Fittingly, our school was in Liberty Station, home of the US Navy's boot camp for many years.

During the last ten years, Paul has done several shorter deployments, but he always maintained his training. He always packed his dobahk when he left, and always checked to see if there was a WTSDA school close to where he would be travelling. He was actually in Fallon, Nevada, for a month long training trip when he tested for E Dan. He had to fly down to test before heading back to finish the mission. He has always been excited to share our art with fellow

(cont. on page 9)



WORLD KI GONG CLINIC

The World Ki Gong Club clinic, hosted by Region 20, was held at Mission San Luis Rey on Sept 14-16. A few original WKGC members who had not been able to attend recent clinics were back in attendance. There were also many new attendees including Master Kenny Purnell. In fact, this clinic broke the record for number of attendees.

This clinic also introduced new features under the direction of Director Master Michael Inoshita. The clinic provided a teaching track in addition to novice and advanced tracks. The teaching track enabled discussion and suggestions for those starting to teach WKGC classes. A manual and new promotion processes are being created for the club.

The club foundation and traditions created by KCN Shin are thriving. KCN Strong attended the clinic and led several exercises including Eight Pieces of Brocade and Grand Martial Tradition. The group walked the Labyrinth at the Mission. Also, partly as an homage to the early days of the clinic at Asilomar, there was a labyrinth walk on the beach.

The annual clinic provides an opportunity to learn new ki gong exercises, refine previously learned exercises, and delve more deeply into the theory behind the exercises. It is also a chance to reconnect with old friends and make new ones.

-Sandra Fenton, Coastal Canyon TSD

2018 World Championships

Attending the World Championships is always an incredible experience. Congratulations to all who competed and to our wonderful Kodanja who were promoted during the event!



FALL 2018 DAN PROMOTIONS

The following individuals were promoted during the Regional Championship. Congratulations!

Ramses Mendez, Pyung Ahn TSD – SAM DAN
Angelo D’Ercole, TSDKI – SAM DAN
Joshua Madolid, TSDKI – E DAN
Michael Schultz, TSDKI – E DAN
Mairead Perez, TSDKI – E DAN
Giordano D’Ercole, TSDKI – E DAN
Auston Horiuchi, TSDKI – CHO DAN

Fathom (cont. from page 8)

sailors. Whether in the hangar bay onboard ship or at a base gym, he is always happy to help others train.

When the time came to open our own school, we knew its name had to hold a special meaning for us. The Navy brought us together, and we wanted to honor that. *Fathom* just fit. We measure our progress as we train-- just maybe not six feet at a time. I was also drawn to the verb *to fathom*. We are all seeking to better understand our art. As a Cho Dan, I have only begun to fully grasp some of its concepts, and every time I step on the floor, my understanding deepens.

Our logo also has a lot of meaning to us. The two colors of blue in the wave represent the colors of the ocean. If you have not seen the ocean from the deck of an aircraft carrier, you are missing out. The ocean colors are spectacular in the middle of the Pacific. The wave completes a circle to represent the brotherhood of the WTSDA. Every year we meet amazing people from all walks of life, all bonded by their love of Tang Soo Do and this Association. And then there is the Trident. Nothing says “Warriors born of the sea” like a trident. But this symbol is special to us for another reason. For the last four years, we have been students of the awesome Master Miguel Soto. We wanted to honor him by including something that represented our time together at UCSD. No matter where our journey takes us, we will always remember where we came from.

We would like to take this opportunity to thank the Kodanja of Region 20 for all their support along the way. We are very thankful for their encouragement and love as we embark on this new journey. Most of all, we’d like to thank Master Miguel Soto. He has been an amazing Instructor and friend. He pushes each of us to be better at every turn. He continues to support us, and we will always be a part of the MAS family. “We will work hard to make you proud, Sir!”

As new school owners in the World Tang Soo Do Association, we have been allowed to stand on the shoulders of giants. Our goal at Fathom Martial Arts is to honor this opportunity by spreading the art of Tang Soo Do throughout our community.

-Barbara Noriega, Fathom Martial Arts



Perfil de Estudio: Pyung Ahn TSD

En noviembre de 2008, mi esposa y yo decidimos comenzar un proyecto dentro de la World Tang Soo Do Association, gracias al apoyo incondicional del Maestro Larry Dercole, que era el director de la Región 12, abrimos un club que comenzamos con 2 practicantes; mi hijo Ramsés, de 10 años, y mi hija, Itchel, de 6 años. Mis practicantes sin dobok sin cinturón pero con entusiasmo y ganas de aprender. Eran el motor principal para continuar con este proyecto que llamaríamos Pyung Ahn Tang Soo Do.

10 años después, continuamos creciendo con la apertura de Pyung Ahn Tang Soo Do R20 en el Arizona Western College Learning Center en San Luis Arizona, y formamos parte de una región que durante 10 años nos abrió los brazos y nos trató como parte de Su familia, gracias por recibirnos Región 20.

En Pyung Ahn Tang Soo Do continuamos capacitando a practicantes y cinturones negros de calidad, pero sobre todo, a personas de buena calidad moral que son un ejemplo de bien para la sociedad.

La familia Méndez como instructores y también estudiantes, continúa con todo el entusiasmo y el amor por el aprendizaje y la enseñanza, y sobre todo, ponemos nuestro pequeño papel en mantener vivo el sueño de KCN Jae Chul Shin, para preservar y hacer crecer la práctica de Tang Soo Do. Tang Soo!

*-Jesus Ramses Mendez, Sam Dan, Instructor/Owner
Ramses Mendez, Sam Dan, Chief Instructor
Itchel Mendez, Sam Dan, Assistant Instructor
Lety Tovar, Cho Dan, Assistant Instructor*

Studio Profile: Pyung Ahn TSD

In November 2008, my wife and I decided to start a project within the World Tang Soo Do Association, thanks to the unconditional support of Master Larry Dercole, who was the director of Region 12. We opened a club which we started with 2 practitioners: my son Ramses, 10 years old, and my daughter, Itchel, 6 years old. These practitioners began without dobahks, without belts but with an enthusiasm and desire to learn. They were the main engine to continue with this project which we would call Pyung Ahn Tang Soo Do

Ten years later, we continue to grow with the opening of Pyung Ahn Tang Soo Do R20 at Arizona Western College Learning Center in San Luis Arizona. We are proud to be part of a region that, for 10 years, has opened its arms to us and treated us as part of their family. Thank you for receiving us Region 20!

In Pyung Ahn Tang Soo Do, we continue to train practitioners and quality black belts, but above all, people of good moral quality who are an example of good for society.

The Mendez family, as instructors and students, continue with all the enthusiasm and love of learning and teaching. Above all, we do our little part to keep the dream of KCN Jae Chul Shin alive, to preserve and grow the practice of Tang Soo Do. Tang Soo!

*-Jesus Ramses Mendez, Sam Dan, Instructor/Owner
Ramses Mendez, Sam Dan, Chief Instructor
Itchel Mendez, Sam Dan, Assistant Instructor
Lety Tovar, Cho Dan, Assistant Instructor*



HDL MADE ME A BETTER BLACK BELT

My journey through Tang Soo Do has established extensive memories. From when I embarked on this adventure back in 2012 to now, I have gone through countless crests and valleys, twists and turns, finally establishing myself as a top practitioner at all echelons in these martial arts. One of the leading guide-rails that influenced me and changed my life was being a part of the Hwarang Dan League (HDL), which features a talented group of select young people from around the world who train in the WTSDA. My experience in HDL is unparalleled to anything else I have ever endured. Our constant support for each other merged with our “above and beyond” spirit allows us to train at a more intense, yet inviting level. My most substantial benefit from HDL was the opportunity to aspire for new greatness, for myself and to motivate those around me.

Being a part of the Hwarang Dan League made me a better black belt. The experience also reaffirmed my commitment to TSD and resonated Master Kelly’s words: “you don’t get a black belt, you become a black belt” and what she meant by that. From our camaraderie to our unwavering support for each other, my skills improved from good to extraordinary. The opportunity to inspire other students by being a skillful yet humble role-model and mentor stimulated my pursuit of perfection, in the dojang, in school, and in life. Yes, being a black belt has aroused this passion, but it was my involvement in HDL that accelerated my will and allowed me to reach heights. I hope to continue my involvement in Tang Soo Do and the Hwarang Dan League, and as a black belt, to inspire others to be their best.

-Sid Udata, Coastal Canyon Tang Soo Do



HWARANG DAN LEAGUE

The HDL Dragon Demo Team presented an inspiring demonstration of martial arts skill at the World Championship in Greensboro NC this past July, and Region 20 Dragon Demo Team members performed at the Region 20 Championship in October. HDL is a WTSDA organization directed by Master Giselle Sharpe. It was started as a way to engage youth in other aspects of martial arts study in a non-competitive environment, training with other students from around the world.

The HDL invites instructors to nominate their top students who then attend HDL Tiger Training Camps. The best of the nominated students are selected for the elite Dragon Demo Team.

HDL is a new program and growing rapidly. Instructors donate their time to give HDL students an experience that is life-changing.

In 2019, the HDL will offer several Tiger Training camps throughout the year, including one this February in San Diego California. For more details on applying for this wonderful program, please contact Master Giselle Sharpe at Karate Masters in Houston.

-Aida Dennehy, West Coast Dragons

REGION 20 STUDIOS

Allied Gardens TSD

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kennyd020523@aol.com
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CalTech TSD

Brown Gym, Caltech
Pasadena CA
626-798-1170
rjhii@sbcglobal.net
williamg@alumni.caltech.edu

Fathom Martial Arts

619-738-4241
@fathommartialarts
fathommartialarts@gmail.com

Mountain Lion TSD

714-875-5417
mzmountainlion@yahoo.com
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M.A.S. TSD

619-857-4150
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mastangsoodo.com

UCSD: RIMAC Arena

9730 Hopkins Dr.
San Diego CA 92093

Mission Bay Montessori Academy

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Pyung Ahn TSD

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Coastal Canyon TSD

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www.coastalcanyontsd.org

TSD Karate Institute

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UPCOMING EVENTS

REGION 20 BLACK BELT CLASSES

Regional Black Belt Classes are open to all Dan & Cho Dan Bo Students. The classes are held in various spots around the region at 1pm the first Saturday of the month except for holidays.

Please see the Region 20 website for dates and details.

WTSDA HWARANG DAN LEAGUE

Tiger Camp, Feb. 2019, San Diego CA

For more information, including upcoming events and photos, please visit wtsda-region20.org and follow WTSDA Region 20 on Facebook!

