



SIKH INSPIRATION GURMAT VIDHIYALA

# PROSPECTUS

2024-2025



## INTRODUCTION

Welcome to the Sikh Inspiration Gurmat Vidhiyala (Academy). This academy aims to formalise the delivery of Gurmat Vidhiya to pass on valuable knowledge and traditions. The vidhiyala welcomes students of all students above the age of 6, regardless of prior knowledge or ability.

This academy will focus on delivering Gurbani Santheia, Gurmat Studies, and teaching various traditions such as Maharaj Seva, making of Degh etc in their mandatory classes. In addition to this, students will have the option to learn martial arts, Kirtan, Katha & Kavishri.

## 2024-2025 TERM DATES

Each term will consist of 13 weeks. In each term, students will be taken through 1 level in the syllabus. At the end of each term, they will be given an assessment. If the student passes the examination, they will progress onto the next level.

If a student does not progress to the next level after an end of term test, they will re-do their current level. This is not something to feel disappointed about, it is about ensuring that students are prepared for each level. The lesson structures are regimented and we understand every student learns at different paces.

Term 1	Term Time	October 3rd 2024 - 26th December 2024
	Exam Week	January 2nd 2025 - January 16th 2025
	New Student Intake	No new applications
Term 2	Term Time	January 26th 2025 - April 16th 2025
	Exam Week	April 16th 2025 - April 20th 2025
	New Student Intake	April 10th 2025 - April 24th 2025
Term 3	Term Time	April 24th 2025 - July 17th 2025
	Exam Week	July 17th 2025 - July 31st 2025
	New Student Intake	September 1st - September 15th

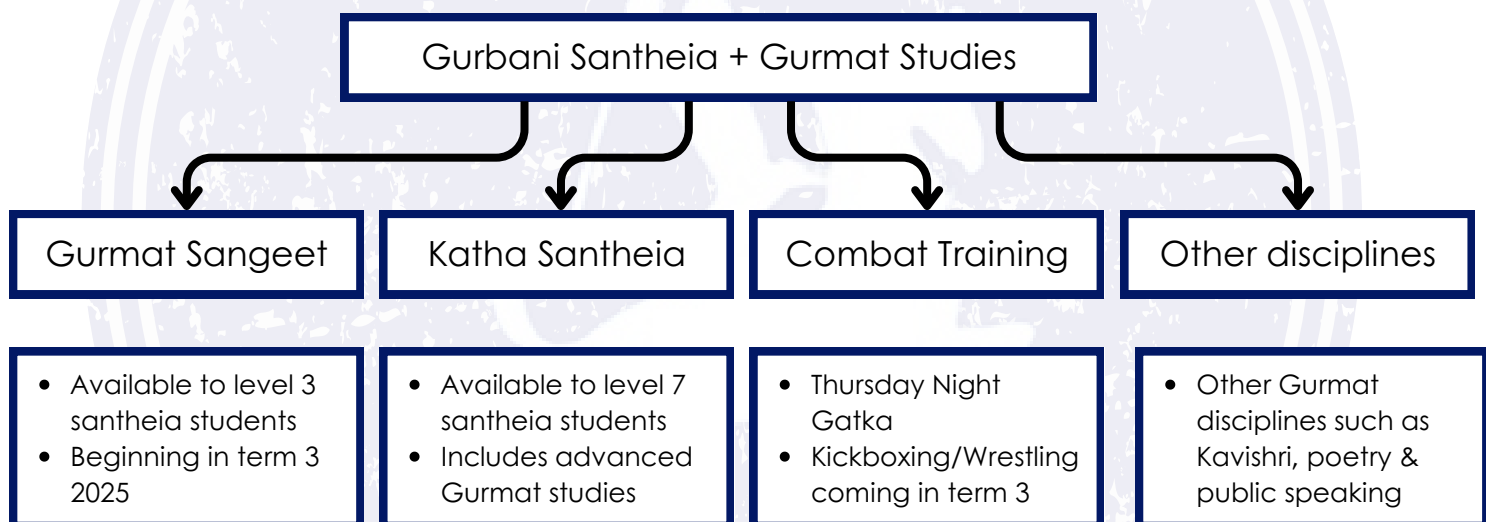


## VIDHIYALA STRUCTURE

The Vidhiyala is open to all students aged 6 or above, regardless of ability/prior knowledge. We prioritise excellence and authenticity in all of our teachings above all by delivering Gurmat education in the way Guru Sahib instructed, while also incorporating modern teaching methods to help students progression.

The Vidhiyala will offer several classes which students can choose from depending on their interests. However, all students enrolled in the Vidhiyala must take part in the Gurbani Santheia classes to have access to the other disciplines. The Gurbani Santheia classes will serve as the foundation for students to learn the other disciplines, where they will learn the correct way to read Gurbani, as well as learning Gurmat Studies.

At the time of writing, the Vidhiyala already offers Gatka as an optional discipline. Gurmat Sangeet, Katha, Kavishri, Punjabi/English Public Speaking, Kickboxing & Wrestling will also be added to these.



## CLASS DAYS & TIMES

These class times are as of Term 2 2025. These may change as we add more classes to the timetable

Day of the week	Classes
Thursdays	<ul style="list-style-type: none"><li>Gurbani Santheia 6pm-7pm</li><li>Gatka Classes 7pm-8pm</li></ul>
Sundays	<ul style="list-style-type: none"><li>Gurbani Santheia 12pm-12:45pm (Class 1)</li><li>Gurbani Santheia 12:45pm-1:30pm (Class 2)</li></ul>





## SYLLABUS STRUCTURE & LEARNING OBJECTIVES

Below is the syllabus structure for our mandatory Gurbani Santheia and Gurmat Studies classes. Students will be tested on the learning objectives at the end of each term

<b>Level 1 Gurmukhi Basics</b>	Level 1A	6-12 weeks (0.5-1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 in Modules 1-6 of the Gurmukhi Basics Course</li> </ul>
	Level 1B	6-12 weeks (0.5-1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 in Modules 7-12 of the Gurmukhi Basics Course</li> <li>Recite, by heart, names of the 11 Guru's. 5 Pyaare, Chaar Sahibzade and Panj Takht</li> <li>Display basic respect for Gutke Sahibs/Pothian</li> </ul>
<b>Level 2 Jap Ji Sahib</b>	Level 2A	6-12 weeks (0.5-1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 in the first 20 Paurhis of Sri Jap Ji Sahib</li> <li>Students should be able to recite the first 5 paurhis of Jap Ji Sahib by heart to a level 7/10 or above</li> </ul>
	Level 2B	6-12 weeks (0.5-1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 on the complete Jap Ji Sahib baani</li> <li>Recite the first 12 paurhis of Jap Ji Sahib by heart to a level 7 or above</li> </ul>





## SYLLABUS STRUCTURE & LEARNING OBJECTIVES CONT.

<b>Level 3 Rehras &amp; Kirtan Sohila</b>	Level 3	12 weeks (1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 in reading Sri Rehras Sahib &amp; Kirtan Sohila</li> <li>Recite the 'shotti' ardaas by heart</li> </ul>
<b>Level 4 Jaap Sahib</b>	Level 4	12 weeks (1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 on Jaap Sahib</li> <li>Recite full Ardaas by heart</li> <li>Recite the first 25 pauthis of Jap Ji Sahib by heart to a level of 7/10 or above</li> </ul>
<b>Level 5 Svaiye, Chaupai Sahib, Anand Sahib</b>	Level 5	12 weeks (1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 on complete 7 baani Nitnem</li> <li>Recite full Jap Ji Sahib by heart</li> <li>Students should be able to demonstrate how to make Karah Parshaad Degh</li> </ul>
<b>Level 6 Guru Granth Sahib Santheia Prep</b>	Level 6	12 weeks (1 term)	<ul style="list-style-type: none"> <li>Score a minimum of 7/10 on selected baanis from Panj Granthi, Bhagat Baani &amp; other key shabads</li> <li>Score a minimum of 7/10 on Jap Ji Sahib, Rehras &amp; Kirtan Sohila by heart</li> </ul>
<b>Sri Guru Granth Sahib Santheia &amp; Katha Santheia</b>	Level 6a	2 years	<ul style="list-style-type: none"> <li>Full santheia of Sri Guru Granth Sahib (Lareevaar santheia depending on ability)</li> </ul>
	Level 6b (optional)	2 years	<ul style="list-style-type: none"> <li>Santheia of various katha granths</li> </ul>



## RULES & GUIDANCE

The Vidhiala will offer various disciplines for students to learn, from Gatka, hand-to-hand combat, Gurmat Sangeet (Kirtan) & Katha. However, to enroll into any of these classes, attendance at Gurbani Santheia classes are mandatory. Gurbani Santheia will form the foundation of the students learning, allowing them to apply their skills to other disciplines. The rules below apply to the Gurbani Santheia classes. Each optional class will have it's own set of rules which will be given to the students of those classes.

1.It is student's responsibility to ensure they are keeping up with their abhiaas. Students will be graded each lesson by their Ustaad and given notes on focus areas to practise. We expect to see gradings improve week upon week.

2.If a student does not progress to the next level after an end of term test, they will re-do their current level. This is not something to feel disappointed about, it is about ensuring that students are prepared for each level. The lesson structures are regimented and we understand every student learns at different paces.

3.There are 2 santheia classes per week, Thursday 6pm-7pm and and Sundays 12:1:30pm. Students are expected to attend atleast one of these a week. However, we strongly encourage students to attend as many sessions as they can.

4.Absences are only recorded if a student has missed both sessions within the week.

5.If a student misses 3 weeks in a term without a valid reason, they will be issued a first warning. If a student misses 5 weeks in a term without a valid reason, Ustaads will request a meeting with the student/parents of the student in which the student may be asked to re-join the academy at a time when they can fully commit.

6.It is the students/parents of the students responsibility to inform their ustaad if they cannot attend for a week.

7.If a student requires extra support, please reach out to the ustaad who may be able to offer further support.

