

HTS ACCURACY TRAINING COURSE MANUAL

14-Lesson Handgun Training System (HTS)

Foundations of Accuracy

Low Round Count Mastery

By John “The Firearms Instructor” Johnson



Hey, I'm John Johnson I owned and operate Firearms Training Facility in Cape Coral. FL. specializing in new shooters. I'm A NRA & USCCA Certified instructor Since 2013.

After coaching thousands of shooters at my range and reviewing countless targets online, I realized something important:

Most people aren't "bad shooters" ...they're just missing the right system.

So, I built one.

I created the Handgun Training System (HTS) and our Skool community to give shooters a simple, repeatable path to accuracy — without wasting ammo, guessing at mistakes, or trying random drills they find online.

What I do on YouTube is take complicated shooting concepts and break them down so ANYONE can understand them.

HTS is the deeper version of that:

A structured, step-by-step training approach that finally shows people *why* their shots land where they do — and how to fix it.

Whether you're brand new or you've been shooting for years, my goal is simple:

Give you real coaching, real results, and a community that supports your accuracy journey.

Let's get to work.

John The Firearms Instructor Johnson

14-Lesson Handgun Training System (HTS)

Welcome to HTS Accuracy Training Welcome to the HTS Accuracy Course. This manual will guide you through the fundamental building blocks of accurate handgun shooting. You will learn why accuracy fails, how to correct it, and how to build a repeatable skill set that produces consistent results.

LESSON 1 — Welcome to HTS Accuracy Training

Understanding the Roadmap to Becoming an Accurate, Confident Shooter

Most shooters believe accuracy is about aiming harder, buying better gear, or firing more rounds. But the truth is simple:

Accuracy comes from having a system — not from shooting more.

This first lesson sets the foundation for the entire HTS training method. Before we dive into grip, trigger control, sight focus, and recoil management, you need to understand *how* the learning process works and what separates accurate shooters from inconsistent ones.

LESSON 2 — Mastering the Grip Your grip is the foundation of accuracy. A proper grip stabilizes recoil, aligns the pistol, and supports clean trigger control. The 70/30 pressure model, wrist lock, and support-hand compression form the HTS grip system.

LESSON 3 — Trigger Control That Doesn't Lie Trigger control is the most influential mechanical skill in accuracy. Trigger slap, anticipation, and milking create predictable accuracy errors. You will learn the HTS trigger cycle: prep, pressure, break, and follow-through.

LESSON 4 — How to See the Shot Sight alignment overrides sight picture. A clear front sight with a blurred target produces consistent accuracy. This lesson teaches shot calling and front sight discipline so you can diagnose accuracy instantly.

LESSON 5 — Recoil Control Through Technique Recoil is guided—not fought. Your stance, grip compression, and wrist lock create a repeatable recoil path. This lesson breaks down the recoil triangle and shows how to predict muzzle behavior.

LESSON 6 — The HTS Shot Process is a 5-step routine used before every accurate shot. Consistency, not speed, produces accuracy. You will learn how to build a mechanical routine that replaces emotional shooting.

LESSON 7 — Range Warm-Up & Purposeful Shooting Warm-up determines the quality of the session. The first five shots reveal your fundamentals. You will learn how to evaluate warm-up shots, adjust fundamentals, and set the tone for the range session.

LESSON 8— Precision Shooting (Dot Drill Mastery) Shooting small targets forces visual discipline and trigger patience. Dot drills reveal sight control weaknesses and enable fast improvement. This lesson includes variations and coaching cues to refine precision.

LESSON 9 — Cadence & Timing Cadence shooting teaches recoil timing and sight reacquisition. You will learn how to track the sights through recoil and fire consistent follow-up shots.

LESSON 10 — Corrective Shooting Corrective shooting focuses on identifying and correcting your primary accuracy error. Through slow-fire clarity and targeted corrections, you will fix your dominant shooting flaw.

LESSON 11 — The 50-Round Mastery Program The HTS 50-round program builds accuracy through structured, intentional reps. Each phase has a purpose: warm-up, precision, cadence, correction, and confidence shooting.

LESSON 12 — Target Diagnostics Your target tells a story. Low-left shots indicate trigger jerk, high-right indicates support-hand inconsistency, vertical lines show elevation issues. This lesson shows how to interpret shot groups to diagnose problems.

LESSON 14 — Continuing Your Journey in HTS Your training does not end here. HTS offers weekly lessons, drills, evaluations, and coaching calls.

I hope these lessons help you on your accuracy journey. My goal is simple: to give you the tools, clarity, and confidence to become the best shooter you can be.

If you'd like to learn more, get feedback on your progress, and work with me directly to take your skills even further...

 **Please accept your FREE access to the HTS Community.**

Inside, you'll get weekly lessons, target evaluations, coaching calls, accountability, and a community of shooters training right alongside you.

Join here:

<https://www.skool.com/johnthefirearmsinstructor>

Let's keep improving together. Your accuracy journey is just getting started.

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