

RAMADAN TIMINGS

GYMNASTICS

Day	Normal Timing	Ramadan Timing
Monday	3.30 pm-4.30 pm	1.40 pm-2.40 pm
Monday	4.30 pm – 5.30 pm	2.40 pm-3.40 pm
Monday	4.30 pm-6 pm	2.40 pm-4.10 pm
Tuesday	3.30 pm-4.30 pm	1.40 pm-2.40 pm
Tuesday	4.30 pm – 5.30 pm	2.40 pm-3.40 pm
Tuesday	5.30 pm – 6.30 pm	3.40 pm-4.40 pm
Wednesday	2.10 pm-3 pm	1.10 pm- 2 pm
Wednesday	3.30 pm-4.30 pm	1.40 pm – 2.40 pm
Thursday	3.30 pm-4.30 pm	1.40 pm-2.40 pm
Thursday	4.30 pm – 5.30 pm	2.40 pm-3.40 pm
Thursday	5 pm-6 pm	3.10 pm-4.10 pm
Thursday	5 pm-6.30 pm	3.10 pm-4.40 pm
Friday	12.15 pm-1.15 pm	No change
Friday	3 pm-4pm	No change
Sunday	9.30 am-10.30 am	No change
Sunday	9.30 am-11.30 am	No change
Sunday	10.30 am-12.30 pm	No change No change
Sunday	11.30 am-12.30 pm	No change

KARATE

Day	Normal Timing	Ramadan Timing
Friday	4 pm-5 pm	3pm-4pm
Friday	5 pm-6 pm	4pm-5pm

ACRO/BALLET

Monday	5 pm-6 pm	3.10 pm-4.10 pm
Tuesday	5 pm-7 pm	3.10 pm-5.10 pm
Wednesday	5 pm-6.30 pm	3.10 pm-4.40 pm
Thursday	5 pm-7 pm	3.10 pm-5.10 pm
Friday	5 pm-6 pm	3.10 pm-4.10 pm
Sunday	3 pm-3.30 pm	No change
Sunday	3.30 pm-5 pm	No change
Sunday	5 pm-7 pm	1 pm-3 pm