

Pre-Pandemic

During The Pre-Pandemic

Post Pre-Pandemic

Adapting

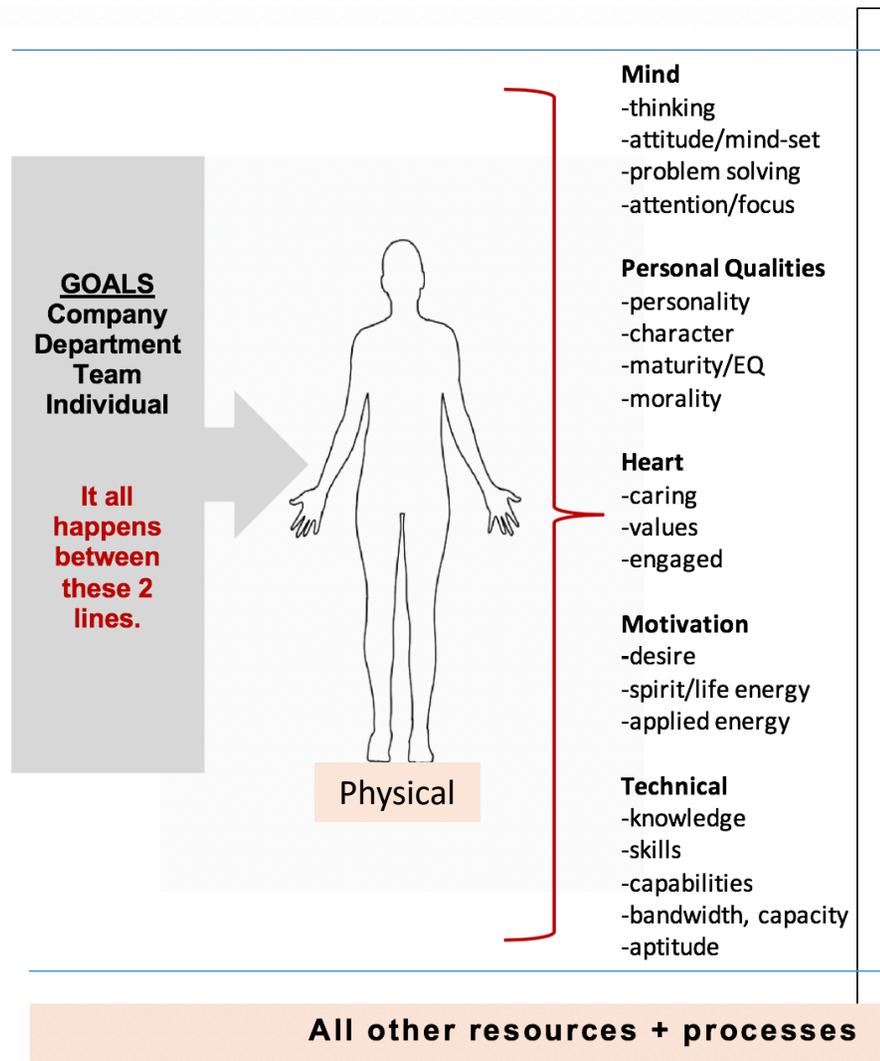
*Strengths
revealed*

*Strengths
To
Strengthen*

*Needs
Building*

Notes:

Personal Assessment: How Has the Pandemic Affected Me in These Areas?



My Pandemic Transition----->

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Are you different?, How are you different?