



*McDowell Healing
Arts Presents*

Friday Peer Support Group

February 3rd & 17th, March 3rd & 17th 2023
6:00–8:00 pm

\$10. Non-Refundable Fee.

Come make Connections with Others while Learning and having Fun. Some topics will include: Coping & Social Skills, Acceptance, Setting Boundaries, Developing Self-Worth & Confidence, Overcoming Fear, Dealing with Anger & Anxiety issues.

Call 989-475-4171 to register.

Must register by 5:00 day before group.

Event is held in lower level and not handicap accessible.

