



Come Walk with Us

Walking Club

When: Thursdays at 6:30–7:30

This week 6/12 we are meeting at Zilwaukee Park at
190 Front St, Saginaw, MI 48604

Please text Connie at 989–274–9470 if you plan to
participate.

The goal is to make new friends and learn about
physical health to add to the success of our mental
health. More information to come as the club gets
started. We look forward to seeing you.

