

# PARENTING

**A 30 Day Foster Care Devotional**

A Resource Provided By:



[www.fosterhopefamily.com](http://www.fosterhopefamily.com)

## Introduction

Below is a 30-day devotional created specifically for foster parents—a heartfelt journey through the unique challenges, joys, and spiritual growth that come with opening your heart and home to children in need. Each day is designed to meet you where you are: in the middle of the chaos, the quiet moments, and everything in between. Through these devotions, you'll find encouragement for your spirit, guidance for your mind, and renewal for your heart as you navigate the sacred calling of foster care.

Every day includes a **title**, a **Bible verse**, an **expanded reflection** (approximately 150–200 words), and a **prayer**. The reflections draw from both scripture and real-life experiences, reminding you that you are not alone in this work and that God's grace is sufficient for every circumstance. Together, these pages are meant to provide strength, wisdom, and hope—pointing you back to the ultimate source of peace and love: Jesus Christ.

## How to Use This Journal

This journal is meant to be both devotional and interactive—a companion on your foster care journey. Take one day at a time. Begin by reading the **Bible verse** slowly, asking God to speak through His Word. Then read the **reflection**, allowing the truths to settle into your heart. Afterward, pray through the **prayer** provided, or use it as a springboard to express your own thoughts and emotions to God.

You may also want to **write your own reflections** after each day—what stood out to you, what God is teaching you, or how a specific verse or truth applies to your current situation. Don't worry if you miss a day; simply pick up where you left off. The goal isn't perfection but **connection**—with God, with His Word, and with the purpose He's given you as a foster parent.

As you journey through these 30 days, may you find renewed strength, deeper peace, and the assurance that God sees you, equips you, and walks beside you every step of the way.

## **Day 1: Called to Love**

**Verse:** “A new command I give you: Love one another. As I have loved you, so you must love one another.” (John 13:34)

**Reflection:** Foster parenting is a sacred calling, a response to God’s heart for the vulnerable. When you welcomed a foster child into your home, you stepped into a role that mirrors Christ’s sacrificial love. These children may carry wounds from their past, and your love—expressed through consistency, kindness, and stability—can be a healing balm. It’s not always easy; there will be moments of doubt or frustration. Yet, every small act of care reflects God’s unconditional love. You are not just providing a home but planting seeds of hope that may bloom in their lives for years to come. Today, ask God to fill your heart with His love, so you can pour it out generously, even when the journey feels uncertain. Your role is a powerful testimony of obedience and grace.

**Prayer:** Lord, fill me with Your love to pour out on the children in my care. Help me see them through Your eyes and love them unconditionally. Amen.

**Reflection Question:** How can you intentionally show Christlike love today—especially in the moments when it feels hardest to give—and what might that reveal to the child in your care about God’s love for them?

## **Day 2: Strength for the Journey**

**Verse:** “But those who hope in the Lord will renew their strength.” (Isaiah 40:31)

**Reflection:** Foster parenting is a marathon, not a sprint. The demands of appointments, behaviors, and emotional needs can leave you feeling drained. Yet, God promises to be your strength when you feel weak. He sees every sleepless night, every moment of advocacy, and every tear shed in private. His power is made perfect in your weakness. When you feel overwhelmed, pause and rest in His presence. Reflect on the purpose behind your calling—God has entrusted you with this child for a season, and He equips those He calls. Lean into His strength through prayer, community, and self-care. You don’t have to do this alone; God is your sustainer, and He surrounds you with others to share the load. Today, take a moment to surrender your fatigue and trust that He will renew you for the journey ahead.

**Prayer:** God, renew my strength today. Give me the energy and patience to meet the needs of the children in my home. Amen.

**Reflection Question:** When you begin to feel weary or overwhelmed, what practical steps can you take to pause, lean on God’s strength, and allow Him to renew your heart and energy for the work He’s called you to do?

### **Day 3: A Heart of Patience**

**Verse:** “Be completely humble and gentle; be patient, bearing with one another in love.”  
(Ephesians 4:2)

**Reflection:** Foster children often come from backgrounds of trauma, which can manifest in challenging behaviors or emotional outbursts. These moments can test your patience, pushing you to your limits. Yet, patience is a fruit of the Spirit, cultivated through reliance on God. When a child lashes out or withdraws, it’s often a reflection of their pain, not a rejection of you. Ask God for a heart that is slow to anger and quick to listen. Practice pausing before responding, seeking to understand the root of their behavior. Your calm presence can be a stabilizing force, helping them feel safe. Patience doesn’t mean perfection—it means choosing grace over frustration, again and again. Reflect on God’s patience with you, and let it inspire your interactions. Today, pray for the ability to respond with kindness, even in the hardest moments, knowing that your patience is a gift to the child.

**Prayer:** Father, grant me a patient heart. Help me respond with grace and understanding, reflecting Your love in every interaction. Amen.

**Reflection Question:** How can you remind yourself of God’s patience with you in the moments when your own patience is tested—and what might it look like to extend that same grace to the child in your care today?

## **Day 4: Building Trust**

**Verse:** “Trust in the Lord with all your heart and lean not on your own understanding.” (Proverbs 3:5)

**Reflection:** Trust is a fragile gift, especially for foster children who may have experienced betrayal or abandonment. Building trust takes time, consistency, and intentionality. Your words and actions—showing up for their needs, keeping promises, and providing a safe space—lay the foundation for them to feel secure. Some days, progress may seem invisible, and setbacks can feel discouraging. But every moment you show reliability, you’re helping them rebuild their ability to trust. God is trustworthy, and He invites you to reflect that steadfastness. Be patient with the process, knowing that trust grows slowly, like a seedling breaking through hard soil. Celebrate small victories, like a shared smile or a moment of vulnerability. Trust God to work in their hearts as you remain faithful in your role. Today, commit to being a steady presence, trusting that God is using you to restore what was broken.

**Prayer:** Lord, help me be a trustworthy presence for the children in my care. Build trust in their hearts and use me to show them Your faithfulness. Amen.

**Reflection Question:** In what specific ways can you demonstrate consistent love and reliability this week to help the child in your care learn what true trust looks like—and how can you also deepen your own trust in God’s timing and plan?

## **Day 5: Embracing the Unknown**

**Verse:** “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” (Jeremiah 29:11)

**Reflection:** Foster parenting is filled with uncertainties—how long a child will stay, what their future holds, or how they’ll respond to your care. This lack of control can stir anxiety, but God calls you to trust Him in the unknown. He knows every detail of the child’s story and yours. Your role is to love and nurture for the time you’re given, trusting God with the outcomes. Surrendering control doesn’t mean giving up; it means placing the child’s future in God’s hands. Reflect on His sovereignty and how He has guided you through past uncertainties. Today, release your worries and embrace the present moment with the child. Your faith in God’s plan can bring peace to both you and the child, creating a home where they feel secure despite life’s unpredictability.

**Prayer:** God, help me trust You with the unknowns of foster parenting. Guide me to love fully in the present and leave the future in Your hands. Amen.

**Reflection Question:** What fears or uncertainties do you need to surrender to God today, and how can trusting His perfect plan bring greater peace to both you and the child in your care?

## **Day 6: A Safe Haven**

**Verse:** “The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge.” (Psalm 18:2)

**Reflection:** Your home is more than a physical space—it’s a sanctuary where a foster child can experience safety, perhaps for the first time. Creating a safe haven involves both practical and emotional efforts: establishing routines, setting clear boundaries, and offering a listening ear. Safety also means being a place where they can express their feelings without fear of rejection. Reflect on how Jesus welcomed the broken and marginalized, offering them a place of belonging. Your home can reflect that same grace. Be mindful of your tone, your reactions, and the atmosphere you cultivate. Even when challenges arise, your consistent care communicates, “You are valued here.” Today, ask God to help you create a space where the child feels protected and loved, knowing that your efforts mirror His heart for the vulnerable.

**Prayer:** Lord, make my home a safe haven for the children in my care. Let them find peace and security in Your love through me. Amen.

**Reflection Question:** How can you intentionally create an atmosphere of safety and belonging in your home this week—one that helps the child in your care experience God’s refuge through your words, actions, and presence?

## **Day 7: Celebrating Small Victories**

**Verse:** “Rejoice in the Lord always. I will say it again: Rejoice!” (Philippians 4:4)

**Reflection:** Progress in foster parenting can feel slow, especially when a child’s trauma or behaviors overshadow their growth. But every step forward—a smile, a kind word, a moment of trust—is a victory worth celebrating. These moments are evidence of God’s work in their heart and your faithfulness as a caregiver. Take time to notice and rejoice in these small wins, whether it’s a child trying a new food or opening up about their day. Celebrating these moments builds hope for both you and the child, reinforcing that change is possible. God delights in every step of your journey, and He invites you to share in that joy. Today, reflect on a recent victory, however small, and thank God for His hand in it. Let it fuel your hope for the future.

**Prayer:** Father, thank You for the small victories in this journey. Help me see and celebrate Your work in the children I care for. Amen.

**Reflection Question:** What small moments or victories can you celebrate today as evidence of God’s faithfulness—and how can choosing joy in these moments renew your hope for the child in your care?

## **Day 8: Grace for Imperfection**

**Verse:** “My grace is sufficient for you, for my power is made perfect in weakness.” (2 Corinthians 12:9)

**Reflection:** As a foster parent, you may feel pressure to be perfect—perfectly patient, perfectly organized, perfectly loving. But God doesn’t call you to perfection; He calls you to faithfulness. You will make mistakes, lose your temper, or feel inadequate at times. In those moments, extend grace to yourself as God does. Your imperfections don’t disqualify you; they make you human and relatable. When you model humility by apologizing or admitting your struggles, you teach the child that mistakes are part of growth. God’s grace is sufficient for you, and it flows through you to the children in your care. Today, release the burden of perfection and embrace the freedom of being a work in progress, trusting God to use even your flaws for His glory.

**Prayer:** Lord, thank You for Your grace that covers my imperfections. Help me extend that grace to myself and the children in my care. Amen.

**Reflection Question:** In what areas of your foster parenting do you most need to embrace God’s grace—and how can allowing His strength to shine through your weakness bring healing and hope to both you and the child in your care?

## **Day 9: Listening with Love**

**Verse:** “My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.” (James 1:19)

**Reflection:** Foster children often carry stories they may not know how to share. Your role as a listener is powerful—sometimes more impactful than your words. Active listening shows a child they are valued and heard, which can be healing in itself. Create space for them to express themselves, whether through words, art, or play. Resist the urge to fix or advise immediately; instead, seek to understand their heart. Jesus listened to the hurting with compassion, and you can reflect that same care. Even silence can be a gift when it’s filled with presence. Today, practice listening without judgment, asking God to give you ears to hear and a heart to understand. Your attentive presence can help a child feel safe enough to share their world with you.

**Prayer:** God, make me a compassionate listener. Help me hear the hearts of the children in my care and respond with Your love. Amen.

**Reflection Question:** How can you be more intentional this week about listening with patience and empathy—and what might God reveal to you about the child’s heart when you choose to truly hear before you speak?

## **Day 10: Planting Seeds of Hope**

**Verse:** “Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.” (Galatians 6:9)

**Reflection:** As a foster parent, you may not always see the long-term impact of your care, but every moment you invest plants seeds of hope in a child’s life. A kind word, a stable routine, or a shared laugh can take root in ways you may never fully know. God is the gardener, and He uses your faithfulness to cultivate hope in a child’s heart. Even when progress seems slow or a child moves on, trust that your love has made a difference. Reflect on the parable of the sower—some seeds grow quickly, others take time, but none are wasted. Today, focus on planting seeds through small, intentional acts of love, trusting God to bring the growth in His time.

**Prayer:** Lord, help me plant seeds of hope in the children I care for. Use my efforts to bring growth in Your perfect timing. Amen.

**Reflection Question:** When you feel discouraged or unsure of the impact you’re making, how can you remind yourself to stay faithful in “planting seeds” of love—and trust God to bring fruit from your efforts in His perfect timing?

## **Day 11: Navigating Grief**

**Verse:** “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”  
(Psalm 34:18)

**Reflection:** Foster children often carry grief from loss—of family, stability, or security. As a foster parent, you may also experience grief, whether from a child’s departure or the weight of their pain. Acknowledge these emotions as valid and bring them to God. Your role is not to erase their grief but to walk alongside them, offering comfort and stability. God is near to the brokenhearted, and He equips you to be His hands and feet. Create space for the child to process their feelings, whether through conversation, journaling, or play. Your own grief can deepen your empathy, helping you connect with the child’s heart. Today, ask God for wisdom to navigate grief with grace, trusting Him to bring healing to both you and the child.

**Prayer:** Father, comfort the children in my care who carry grief. Guide me to support them and find peace in Your presence. Amen.

**Reflection Question:** How can you invite God’s comfort into your own moments of grief—and in what ways can you extend that same gentle comfort to help the child in your care experience His healing presence?

## **Day 12: A Team Effort**

**Verse:** “Two are better than one, because they have a good return for their labor.” (Ecclesiastes 4:9)

**Reflection:** Foster parenting is not a solo journey. You’re part of a broader team—caseworkers, therapists, teachers, and your faith community—all working together for the child’s well-being. Lean into this support system, recognizing that you don’t have to carry the load alone. God designed the body of Christ to work together, each part contributing uniquely. Reach out for help when needed, whether it’s practical support or prayer. Collaboration also models healthy relationships for the child, showing them what community looks like. Today, reflect on the people God has placed around you and how you can partner with them effectively. Thank Him for the team He’s provided and ask for wisdom in working together for the child’s good.

**Prayer:** Lord, thank You for the team supporting me in this journey. Give me wisdom to collaborate and strength to lean on others. Amen.

**Reflection Question:** Who has God placed in your life to walk alongside you in this foster care journey—and how can you intentionally strengthen those partnerships to better support the child in your care?

## **Day 13: Modeling Forgiveness**

**Verse:** “Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” (Ephesians 4:32)

**Reflection:** Foster children may struggle with forgiveness, whether toward those who hurt them or themselves. As a foster parent, you have the opportunity to model God’s forgiveness through your actions. When a child makes a mistake, respond with grace, showing them that love doesn’t waver with failure. Your forgiveness can also extend to others in their story—biological family, caseworkers, or even yourself when you fall short. Forgiveness doesn’t erase pain, but it opens the door to healing. Reflect on how God has forgiven you, and let that guide your interactions. Today, pray for a heart that forgives freely, helping the child see that they are worthy of love, no matter their past or mistakes.

**Prayer:** God, help me model forgiveness in my home. Let the children see Your grace through me and find freedom in forgiving others. Amen.

**Reflection Question:** Who in your life—whether a child, a family member, or even yourself—do you need to extend grace and forgiveness to today, and how might doing so reflect God’s unconditional love to those around you?

## **Day 14: Finding Joy in the Chaos**

**Verse:** “Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds.”  
(James 1:2)

**Reflection:** Foster parenting can feel chaotic, with unpredictable schedules, behaviors, or emotions. Yet, God invites you to find joy amid the mess. Joy isn’t the absence of challenges but the presence of His peace and purpose. Look for moments of connection—a shared laugh, a bedtime story, or a quiet moment of trust. These are gifts from God, reminders that He is at work even in the chaos. Cultivate joy by focusing on what’s good and true, even on hard days. Your ability to find joy can be contagious, helping the child see that life holds beauty despite its struggles. Today, ask God to open your eyes to moments of joy and to fill your heart with His peace.

**Prayer:** Lord, help me find joy in the chaos of foster parenting. Fill my heart with Your peace and let it shine through to the children. Amen.

**Reflection Question:** What small moments of joy can you recognize in the midst of today’s challenges, and how can choosing gratitude in those moments strengthen your faith and bring peace to your home?

## **Day 15: Advocating with Love**

**Verse:** “Speak up for those who cannot speak for themselves, for the rights of all who are destitute.” (Proverbs 31:8)

**Reflection:** As a foster parent, you’re often the child’s strongest advocate, navigating systems like schools, courts, or medical care. Advocacy requires persistence, patience, and love, as you fight for what the child needs to thrive. See this role as a reflection of Jesus, who intercedes for us. Your voice can make a difference, whether it’s ensuring proper support or amplifying the child’s needs. But advocacy also means knowing your limits and trusting God to work through others in the system. Today, pray for wisdom to advocate effectively and for the child to feel seen and valued through your efforts. Your work is a powerful act of love, showing them they are worth fighting for.

**Prayer:** God, give me wisdom and courage to advocate for the children in my care. Let them feel valued and supported through my efforts. Amen.

**Reflection Question:** In what areas does the child in your care need you to be their voice right now, and how can you rely on God’s wisdom and strength as you advocate for their needs with compassion and courage?

## **Day 16: Resting in God's Peace**

**Verse:** "Peace I leave with you; my peace I give you. I do not give to you as the world gives."  
(John 14:27)

**Reflection:** The demands of foster parenting can leave you mentally and emotionally drained, making rest feel like a luxury. Yet, God calls you to rest in His peace, trusting that He is in control. Rest isn't just physical—it's a spiritual posture of surrendering your worries to Him. Carve out moments to be still, whether through prayer, a quiet walk, or a moment of reflection. This rest rejuvenates you and models for the child that peace is possible even in turmoil. Jesus promised peace that surpasses understanding, and it's available to you. Today, prioritize a moment of rest, inviting God's peace to fill your heart and home, creating a calm environment for everyone.

**Prayer:** Lord, fill me with Your peace that surpasses understanding. Help me rest in You and create a peaceful home for the children. Amen.

**Reflection Question:** What would it look like for you to intentionally pause and rest in God's peace today—and how might your sense of calm help bring a greater sense of safety and stability to the child in your care?

## **Day 17: Embracing Their Story**

**Verse:** “For you created my inmost being; you knit me together in my mother’s womb.” (Psalm 139:13)

**Reflection:** Every foster child carries a unique story, shaped by experiences you may never fully understand. Embracing their story means honoring their past—both the joys and the pain—without judgment. Ask questions gently, listen to their memories, and affirm their identity. You’re not here to erase their history but to help them integrate it into a hopeful future. God knows every chapter of their life, and He’s weaving a story of redemption. Your role is to walk alongside them, offering love that acknowledges their whole self. Today, pray for sensitivity to embrace the child’s story, helping them feel known and accepted for who they are.

**Prayer:** Father, help me embrace the unique story of each child in my care. Give me wisdom to honor their past and hope for their future. Amen.

**Reflection Question:** How can you intentionally affirm the child’s unique story and identity this week, showing them that they are fully seen, known, and loved by both you and God?

## **Day 18: Persevering Through Challenges**

**Verse:** “Let us run with perseverance the race marked out for us.” (Hebrews 12:1)

**Reflection:** Foster parenting comes with unique challenges—disruptive behaviors, complex emotions, or navigating the foster care system. These trials can feel overwhelming, but God calls you to persevere, trusting that He is with you. Each challenge is an opportunity to grow in faith and character, both for you and the child. Lean on God’s strength and seek practical strategies to address difficulties, whether through training, counseling, or community support. Your perseverance shows the child that they are worth the effort. Today, reflect on a current challenge and ask God for the resilience to keep going, knowing that your faithfulness matters.

**Prayer:** Lord, give me the strength to persevere through challenges. Help me show the children that they are worth every effort. Amen.

**Reflection Question:** What challenge are you facing right now that requires perseverance, and how can you rely on God’s strength—and the support of others—to help you stay faithful in the race He’s called you to run?

## **Day 19: Cultivating Connection**

**Verse:** “And let us consider how we may spur one another on toward love and good deeds.”  
(Hebrews 10:24)

**Reflection:** Building a connection with a foster child takes time and intentionality, especially if they’ve experienced rejection or instability. Small moments—like playing a game, sharing a meal, or asking about their interests—build bridges to their heart. These connections help them feel valued and secure. God created us for relationship, and your efforts reflect His desire to draw us close. Be patient if the child resists; their walls are often a defense mechanism. Keep showing up, offering consistent care and genuine interest. Today, choose one way to connect with the child, whether through a shared activity or a kind word, and pray for God to deepen your bond.

**Prayer:** God, help me build meaningful connections with the children in my care. Guide me to show them Your love through my actions. Amen.

**Reflection Question:** What simple, intentional action can you take today to strengthen your connection with the child in your care—and how might your consistency and kindness help them experience God’s love more deeply?

## **Day 20: Trusting God's Timing**

**Verse:** "There is a time for everything, and a season for every activity under the heavens."  
(Ecclesiastes 3:1)

**Reflection:** Foster parenting often involves waiting—waiting for progress, reunification, or clarity about a child's future. This waiting can feel agonizing, but God's timing is perfect, even when it doesn't align with yours. He sees the bigger picture, and your role is to trust Him while loving the child in the present. Use this time to focus on what you can control: creating a nurturing environment and praying for the child's journey. Reflect on how God has been faithful in your own life, even through seasons of waiting. Today, surrender your impatience and trust that God is working, even when you can't see it.

**Prayer:** Lord, help me trust Your timing in the lives of the children I care for. Give me peace to love them fully in this season. Amen.

**Reflection Question:** In this season of waiting, how can you shift your focus from what's uncertain to what God is teaching and doing in your heart right now—and how might that perspective bring peace to your waiting?

## **Day 21: Offering Stability**

**Verse:** “Jesus Christ is the same yesterday and today and forever.” (Hebrews 13:8)

**Reflection:** For a foster child, stability can be a rare and precious gift. Your home, with its routines, boundaries, and predictability, offers a foundation they may have never known. Stability doesn’t mean perfection—it means showing up consistently, even when life feels chaotic. Your steady presence helps the child feel grounded, teaching them that they can rely on you. God is the ultimate source of stability, unchanging in His love and faithfulness. Reflect on how you can create a sense of normalcy, whether through regular meals, bedtime rituals, or clear expectations. Today, ask God to help you provide a stable environment that reflects His steadfast love.

**Prayer:** Father, help me offer stability to the children in my care. Let my home reflect Your unchanging love and faithfulness. Amen.

**Reflection Question:** What consistent routines or actions can you maintain to help the child in your care feel secure—and how can your steadiness point them to the unchanging love and faithfulness of God?

## **Day 22: Healing Through Play**

**Verse:** “He called a little child to him and placed the child among them.” (Matthew 18:2)

**Reflection:** Play is a powerful tool for foster children, allowing them to process emotions, build trust, and experience joy. Whether it’s a board game, a walk outside, or imaginative play, these moments can be healing. They offer a break from the weight of their experiences and help them connect with you in a safe, lighthearted way. Jesus welcomed children with open arms, and play reflects that warmth. Be intentional about creating opportunities for fun, even on busy days. Notice how the child expresses themselves through play—it may reveal their heart in ways words cannot. Today, engage in a playful activity with the child, asking God to use it to bring healing and connection.

**Prayer:** Lord, guide me to use play as a tool for healing and connection. Let these moments bring joy and trust to the children in my care. Amen.

**Reflection Question:** How can you use play and lighthearted moments to strengthen your bond with the child in your care—and what might those joyful interactions reveal about God’s tenderness and love for them?

## **Day 23: Facing Rejection with Grace**

**Verse:** “We love because he first loved us.” (1 John 4:19)

**Reflection:** Foster children may push you away, not because of you but because of their past hurts. Rejection can sting, but it’s often a defense mechanism, not a reflection of your worth. Respond with grace, showing them that your love remains steady. Jesus faced rejection yet continued to love unconditionally, and He equips you to do the same. Pray for resilience to keep loving, even when it’s hard. Small, consistent acts of kindness can slowly break down walls. Today, reflect on a moment of rejection and ask God to help you respond with patience and love, trusting that He is working in the child’s heart.

**Prayer:** God, help me face rejection with grace and continue to love the children in my care. Soften their hearts to receive Your love through me. Amen.

**Reflection Question:** How can you use play and lighthearted moments to strengthen your bond with the child in your care—and what might those joyful interactions reveal about God’s tenderness and love for them?

## **Day 24: Praying for Their Future**

**Verse:** “And we know that in all things God works for the good of those who love him.” (Romans 8:28)

**Reflection:** As a foster parent, you may not know what lies ahead for the child—reunification, adoption, or another transition. But you can pray for their future, entrusting them to God’s care. Your prayers are a powerful act of love, covering their lives beyond your time together. Ask God to guide their path, bring supportive people into their lives, and heal their wounds. Reflect on how God has guided your own future, even through uncertainty. Your prayers can also include the child’s biological family, caseworkers, and others involved. Today, spend time praying specifically for the child’s future, trusting God to work all things for good.

**Prayer:** Lord, I lift up the future of the children in my care. Guide their paths and surround them with Your love and provision. Amen.

**Reflection Question:** How can you intentionally pray for the child’s future today—trusting that even after your season together ends, God will continue to guide, protect, and work for their good?

## **Day 25: Valuing Their Worth**

**Verse:** “I praise you because I am fearfully and wonderfully made.” (Psalm 139:14)

**Reflection:** Every foster child needs to know they are inherently valuable, created in God’s image. Their worth isn’t defined by their past, their behaviors, or their circumstances—it’s rooted in God’s love for them. As a foster parent, you can affirm this truth through your words and actions. Tell them they are special, celebrate their unique gifts, and help them see their potential. Even small affirmations, like praising their effort or noticing their kindness, can build their sense of worth. Reflect on how God sees you as His beloved, and let that inspire how you affirm the child. Today, find a way to communicate their value, helping them internalize God’s truth about who they are.

**Prayer:** Father, help me show the children in my care that they are valuable and loved. Let my words and actions reflect Your truth. Amen.

**Reflection Question:** What’s one intentional way you can remind the child in your care that they are fearfully and wonderfully made—and how might your affirming words and actions help them see themselves through God’s eyes?

## **Day 26: Letting Go of Control**

**Verse:** “Cast all your anxiety on him because he cares for you.” (1 Peter 5:7)

**Reflection:** Foster parenting often involves factors beyond your control—court decisions, caseworker plans, or a child’s emotional responses. Trying to control these can lead to frustration and burnout. Instead, God invites you to surrender to His sovereignty. Letting go doesn’t mean giving up; it means trusting that He is working in ways you may not see. Focus on what you can do: love, nurture, and advocate. Reflect on times when God has been faithful despite your lack of control. Today, release one specific worry to God, asking Him to guide the situation and give you peace to focus on the present.

**Prayer:** Lord, help me let go of what I can’t control. Fill me with peace and guide me to focus on loving the children in my care. Amen.

**Reflection Question:** What worry or situation are you holding onto that you need to surrender to God today—and how might releasing it into His care bring you greater peace and trust in His faithfulness?

## **Day 27: Building Resilience**

**Verse:** “I can do all this through him who gives me strength.” (Philippians 4:13)

**Reflection:** Foster parenting requires resilience—the ability to bounce back from setbacks, whether it’s a tough day with behaviors or an unexpected change in plans. God is your source of strength, helping you persevere through challenges. Resilience also means modeling for the child how to navigate difficulties with hope. Share age-appropriate strategies, like taking deep breaths or praying through frustration. Your example can teach them that setbacks don’t define them. Reflect on how God has built resilience in your own life through trials. Today, ask Him to strengthen your resilience and help you guide the child toward their own.

**Prayer:** God, build resilience in me and the children I care for. Help us face challenges with hope and strength from You. Amen.

**Reflection Question:** When challenges arise, how can you draw on God’s strength instead of your own—and in what ways can you model resilience and hope for the child in your care?

## **Day 28: Honoring Their Family**

**Verse:** “Honor one another above yourselves.” (Romans 12:10)

**Reflection:** Foster children often have complex feelings about their biological families—love, anger, longing, or confusion. As a foster parent, you can honor their family by speaking respectfully about them and supporting connections when appropriate. This shows the child that their identity and history matter. Pray for their family, asking God to work in their lives. Your attitude can help the child process their emotions without shame. Reflect on how God loves all His children, regardless of their circumstances, and let that guide your approach. Today, find a way to affirm the child’s family, whether through a kind word or a prayer for their well-being.

**Prayer:** Lord, help me honor the family of the children in my care. Guide me to support their connections with love and respect. Amen.

**Reflection Question:** How can you intentionally honor and speak respectfully about the child’s biological family—showing the child that love, grace, and empathy can coexist even in complex situations?

## **Day 29: Restoring Dignity**

**Verse:** “So God created mankind in his own image, in the image of God he created them.”  
(Genesis 1:27)

**Reflection:** Many foster children have experienced situations that stripped them of dignity—neglect, rejection, or instability. As a foster parent, you can help restore their sense of worth by treating them with respect and care. Simple acts, like listening to their opinions, giving them choices, or celebrating their achievements, affirm their dignity. God sees each person as His creation, worthy of honor, and you can reflect that truth. Your actions can help them reclaim their sense of self. Today, pray for opportunities to restore the child’s dignity, showing them they are cherished and respected in your home.

**Prayer:** Father, help me restore dignity to the children in my care. Let my actions show them they are cherished and made in Your image. Amen.

**Reflection Question:** What practical ways can you show the child in your care that they are made in God’s image—and how can your words and actions help restore their sense of dignity and worth?

## **Day 30: A Legacy of Love**

**Verse:** “Let your light shine before others, that they may see your good deeds and glorify your Father in heaven.” (Matthew 5:16)

**Reflection:** Your time as a foster parent, whether brief or long, leaves a lasting legacy in a child’s life. The love, stability, and faith you share become part of their story, shaping how they view themselves and the world. You may not see the full impact, but God uses your faithfulness to plant seeds that can bear fruit for generations. Reflect on the legacy of love you’re building—not just for the child, but for your family and community as you model Christ’s compassion. Celebrate the privilege of being part of their journey. Today, thank God for calling you to this role and ask Him to continue using you to leave a legacy of love.

**Prayer:** Lord, thank You for calling me to foster parenting. Use my love to leave a lasting legacy in the lives of these children. Amen.

**Reflection Question:** What kind of lasting impact do you hope your love and faith will leave on the child in your care—and how can you be intentional today about letting God’s light shine through your actions and example?

## Conclusion

This devotional is designed to be a daily source of encouragement, grounding foster parents in faith while addressing the practical and emotional realities of their role. Each day builds upon the last, guiding you toward a deeper reliance on God's wisdom, strength, and peace. As you've reflected, prayed, and meditated on His Word, you've likely discovered that this journey—though demanding—is filled with sacred moments of grace and growth.

Foster parenting is not simply a task; it's a ministry of the heart. Through the ups and downs, God is shaping both you and the children in your care. He is using your compassion, your patience, and even your moments of weakness to display His love in tangible ways. The seeds you plant through your care, prayers, and consistency will bear fruit in ways only God can measure.

As you continue beyond these 30 days, remember that the same God who called you to this work will sustain you in it. Keep returning to Him daily—through prayer, scripture, and quiet trust—and allow His presence to renew your strength. Let His peace be the anchor of your home, and His love be the rhythm that defines your days.

**Prayer:** Heavenly Father, Thank You for walking with me through this journey. Thank You for the children You've entrusted to my care and for the reminder that I never walk this path alone. When I feel weary, renew my strength. When I feel uncertain, remind me of Your faithfulness. Let my home reflect Your love, my words speak life, and my actions point to Your grace. Help me to see each child as You see them—deeply loved, wonderfully made, and worthy of care. May Your Spirit continue to guide me, comfort me, and empower me to serve with joy and endurance. In Jesus' name, amen.

**Reflection Question:** Which lesson or truth from this devotional do you feel God wants you to carry forward—and how will you allow it to shape the way you love and serve the children in your care?