

THE QUARTERLY IMPACT

In this 2nd quarter issue of *The Quarterly Impact*, we highlight the powerful collaboration between the i-IMPACT | i-LEAD Foundation and local partners who share our commitment to personal growth and youth development. This edition showcases the engaging learning experiences, hands-on activities, and shared efforts that brought our mission to life through meaningful, community-centered impact.



2nd Quarter Meeting Dates and Activities


- May 20th | Body Awareness Presentation by Be Luxxe Spa
- June 17th | Self-Awareness and Health Body Decisions 30-Minute Workout
- July 15th | Responsible Decision-Making Conversations
- August 30th | Summer Soiree - Fun Activity Day for Positive Behavior

Thank you!

Be Luxxe and Confidence Campaign

During the Self-Awareness Class held on May 20th at the LA DOC Office of Juvenile Justice in St. Martinville, girls ages 13 and over participated in an engaging and empowering session focused on understanding themselves and their changing bodies. Through interactive discussions and guided activities, they explored topics such as personal hygiene, body changes, and the importance of self-awareness.

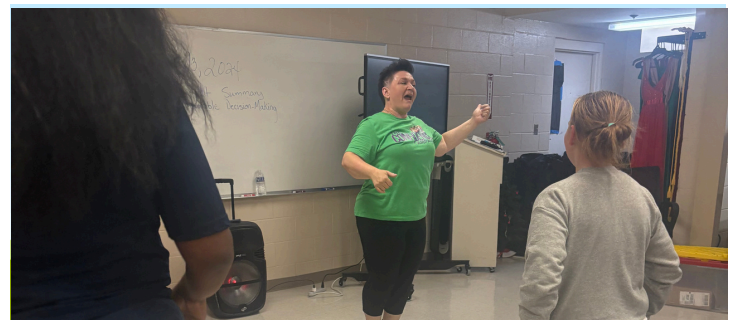
Participants also enjoyed an energizing fitness session led by The Confidence Campaign, designed to promote body positivity, self-confidence, and a healthy lifestyle. Participants also engaged in conversations about body image, healthy choices, and self-worth.



SELF-AWARENESS CLASS
MONDAY, MAY 20TH
3:30 PM - 5 PM
 Girls Ages 13 & over
 Location: LA DOC - Office of Juvenile Justice, 1815 LA-96, St. Martinville, LA 70582
 Topics: Hygiene, Body Changes, Self-Awareness, and more
 Sponsored By: i-IMPACT | i-LEAD Foundation
 For more info, call 337-549-5800.
 i-IMPACT | i-LEAD FOUNDATION



Each girl received an i-IMPACT | i-LEAD T-shirt as a wearable reminder that they are strong, capable, and built to lead for impact!



Susan Titus, founder of **The Confidence Campaign**, got the girls moving with a fun, high-energy workout that mixed dance, fitness, and empowerment!