

THE QUARTERLY IMPACT

The *Quarterly Impact* highlights the programs and progress of the i-IMPACT | i-LEAD Foundation, showcasing how we equip young adults with the emotional intelligence and leadership skills needed to thrive. From our flagship Impactful Conversations series to school-based initiatives like EQed Peer Mediation, our programs are designed to build self-awareness, empathy, and responsible decision-making. Each issue of the newsletter features key activities, student reflections, and/or notable achievements, celebrating the growth, connection, and impact happening through our work every quarter.

Meet Our Founder

Dr. Phyllis Donatto is the Founder of the i-IMPACT | i-LEAD Foundation. She is dedicated to empowering young adults through emotional intelligence, personal development, and leadership training. With a deep belief that success extends beyond academics, Dr. Donatto established the foundation to help young people cultivate self-awareness, empathy, and emotional resilience, skills essential for navigating life's challenges and realizing their full potential.



Dr. Phyllis Donatto

Program Spotlights

In this inaugural issue of *The Quarterly Impact*, we're proud to highlight our two cornerstone youth programs designed to build emotional intelligence, leadership, and connection.

Our Flashship Program, **Impactful Conversations**, is a monthly experience that empowers young adults to develop personal and social competencies through intentional dialogue and real-world skill-building. Held at the Office of Juvenile Justice in St. Martinville, LA, each session creates an opportunity for reflection, growth, and meaningful connection.

The EQed Peer Mediation Program is an interactive student workshop rooted in the core principles of The EQed Classroom: Leveraging Self-Awareness to Create Engaging Environments. This initiative trains students to become peer mediators, equipping them with emotional intelligence tools to resolve conflicts, foster empathy, and build stronger peer relationships within their schools.

Together, these programs reflect our commitment to emotionally aware, socially responsible, and empowered young leaders.



Support our Cause

Contact us @
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