

### COMPLETE YOUR FREE ONLINE HOME FIRE SAFETY CHECK NOW

To start your online home fire safety check go to https://www.safelincs.co.uk/hfsc/wmhrhco or use the QR code



SEVERN

TRENT

WONDERFUL ON TAP

#### OUR WATER. ONE LESS THING TO WORRY ABOUT. **FIVE WAYS WE CAN HELP.** Whatever your situation, The Big Difference Scheme if you're worried about being We can offer a reduction of water bills to any Severn Trent customer with a low household income. able to pay your bill - get in touch today. To find out more You can now also apply online! about any of these schemes, scan this QR code. Customer Assistance Scheme 回场新国 Working with a partner organisation laximisation by checking you're receiving the right income and reviewing your benefit eligibility. Debt Support and help with one household item can be offered. Debt Support Or go to www.stwater.co.uk We can match your monthly or call us on 03457 500 500 payments - in part or fully - to help We also have different ways to pay your bill such as spreading it over the year at f you're on a water meter and have nree or more children under 19. or you have a medical condition that means you use more water, our Watersure scheme could help by

We can take the stress out of

emembering to pay your bills by irranging to have your payments nade directly from your benefits.

### Did You Know?

You increase the risk of an electrical fire if you plug in a fridge, washing machine and tumble dryer into the same electric socket using an adaptor.

Always use different sockets for high usage electrical equipment. If you need to use an extension lead, always choose one with surge protection. They may be a little more expensive, but they will keep you safer.

## Suffering from Insomnia?

Whilst you may not be able to sleep and cleaning seems like a good idea to tire you out, remember your neighbours may not have the same sleep issues as you.

A little light dusting, some de-cluttering, washing up by hand, ironing or taking a stock take of the fridge and cupboards, may be just what you need. However, your neighbours will not thank you for hoovering, using the rubbish chutes or letting the main entrance door bang shut whilst you take the rubbish out at 3am !!!

Sleep deprivation is a key factor in road accidents, accidents at work and even domestic violence. Be a considerate neighbour and think before you act.

#### Be a binner not a blocker Here's what you need to do

#### In the kitchen









Scrape all pots. pans and plates in your sink to before washing up

food, including ceich leftovers soups and sauces f you can't, put

used oil/grease into a container

In the bathroom



toilet paper





tampons and





#### Bin all wines Inever flushito avoid blocked

# Garage Area Refurbishment

Tenants who rent a garage behind Claverdon House have finally been advised the long awaited refurbishment programme will begin on Monday, 18th August 2025.

The work will start at the far end of the block i.e. nearest Woodstock House. All tenants have been asked to clear their garages and to park elsewhere when their garage is being renovated so please be aware an already overcrowded car park may get even busier for a short while

The TMO has also arranged for leaf, building and other debris to be removed from the Claverdon House end of the garage blocks. Two leaf mould bins will be placed in the far right hand corner to allow anyone using the area to help keep it clean and tidy, especially during the autumn.

If you think you would like to rent a garage, please apply on-line via your Brum account.

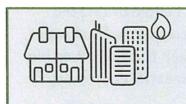
Apply to rent a garage | Rent a garage from us | Birmingham City Council

The location of these garages is:

Hollybank Road rear of Claverdon House B13 ORD

You must be over 18 and living or working in Birmingham. If you are a council tenant, the rent will be £12.14 per week.

If you do not have a Brum account or access to the internet, please pop to the Holly Rise office for help.



Smell gas? Call 0800 111 999 now for the Gas **Emergency Service** 



Think you look cool? You may think you do, but you stink ... Yuk !!!

## No Fly Zone

In many cases, housefly infestations are often just a nuisance. However, houseflies can carry viruses and bacteria. These can make people and pets very unwell. Flies can spread:

- food poisoning
- O dysentery
- O cholera
- o tuberculosis
- O E. coli
- o eye infections
- typhoid fever

How to get rid of houseflies without using pesticide sprays:

- ✓ Put waste food in closed bins immediately. Do not leave on work surfaces, tables, etc.
- Tie bin bags and take to the outside bins. Do not leave outside front doors on walkways.
- Always close the lids on external dustbins.
- Clean waste bins in the home at least once a week. Use a citrus smelling cleaner e.g. Zoflora.
- ✓ Clean pet faeces/waste from your balcony straightaway. Sanitise the area with a lemon or lavender fragranced disinfectant.
- ✓ Have white/silver pots of basil, lavender. mint, marigold, tansy and/or bay leaf on your balcony. They smell nice and are useful for cooking. Flies don't like the smell. Pigeons don't like the reflective pots.
- ✓ Buy a Venus FlyTrap or Sundew plant and watch it trap and "eat" flies.
- ✓ Use citronella candles The smell and the smoke irritate flies.
- ✓ Use fly screens at doors and windows.
- ✓ Hang a clear, plastic bag full of water outside, near doorways. It will reflect the light affecting a fly's ability to see properly.
- Put some cider vinegar with a drop of washing up liquid in a bowl or jar. Cover with cling film and pierce some small holes. Flies love the smell, will go into the bowl and become trapped as the washing up liquid inhibits their ability to fly.
- Don't litter as this attracts flies and other vermin such as rats and mice.