

Feeling unwell? Choose the right NHS service for you



Self-care	Pharmacy	GP surgery	111 online & freephone	Urgent treatment centre	A&E or 999	Mental health
<ul style="list-style-type: none"> Headache Coughs Grazes Stings Colds 	<ul style="list-style-type: none"> Blood pressure check Painful cough Diarrhoea Sticky eye Rashes 	<ul style="list-style-type: none"> Injuries that won't go away Generally unwell Backache Vomiting 	<ul style="list-style-type: none"> Urgent medical help Unsure where to go 	<ul style="list-style-type: none"> Minor burns Sprains Strains 	<ul style="list-style-type: none"> Severe bleeding Blacking out Chest pain Choking 	<ul style="list-style-type: none"> Crisis support phone lines Self refer to talking therapies

Pet of the Month



My name is Mueza. I am 3 years old. I love sleeping all day and then playing all night when my human family are asleep.

RESPECT

OUR NEIGHBOURS
PLEASE KEEP NOISE DOWN!



When you live in a block of flats, you expect to hear some noise. However, whilst nobody expects their neighbours to creep about and talk in whispers or communicate through sign language, taking shoes off and keeping voices to a reasonable level, should help everyone live together more comfortably. Remember excessive noise, whatever the cause, is a form of anti-social behaviour.



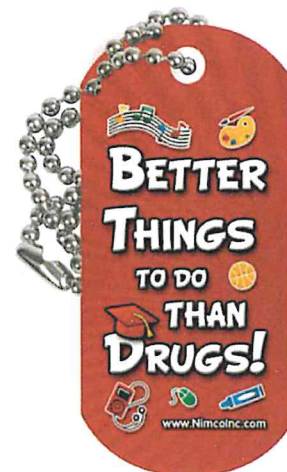
REPORT IT! Don't ignore it!

Please remember to report all repairs as soon as you see them. Don't let a small problem turn into a major issue. Repairs should be reported:

To the office: 9am - 5pm Monday
To the office: 9am - 1pm Tuesday to Friday
Via telephone: 0121 441 1195
Via mobile: 07563 807 844
Via WhatsApp
Via email: hollyrise@outlook.com
Via website: hollyrisehousingco-opltd.co.uk

Alternatively, please speak to a member of the tenant management committee.

Urgent "Out of Hours" repairs should always be reported directly to Birmingham City Council on 0121 216 3330 i.e. Saturday, Sunday, Bank Holiday, or after 5pm and before 9am in the morning.



Holly Rise Newsletter January 2025



Housing Manager's Message

Happy New Year, Bonne année, Frohes neues Jahr, Szczęśliwego Nowego Roku, Feliz ano nuevo, Sanad wanaagsan, Xin Nian Kuia Le, Selamat Tahun Baru, مبارك نوسال, melikami ādisi, Sanatuljadeed sa'eed, Nav Varsh Mangalmay Ho

Last January I hoped more Holly Rise residents would start to take a more active part in the Holly Rise community. Slowly, but surely, more people have begun to get involved. A sense of belonging to a community is gradually returning.

It was this community spirit that saw the formation of what would become a tenant management organisation (TMO) back in 1986.

The original committee consisted of people who wanted to build a better life for themselves, their families, their friends and their neighbours. They didn't have lots of money, but they were willing to give up a little time each month to support each other.

This little gang had a "can do" attitude and a zest for life which was infectious. They certainly weren't jobsworths ... "not my party, not my issue" wasn't in their vocabulary.

If you would like to become more active in running the co-operative, but are not sure how or what level of commitment would be required, please speak to any member of the current committee or have a word with me.

The committee currently has 9 members and could have up to 12. As they say, many hands make light work.

Perhaps it could be a belated New Year's Resolution? Having said that, many resolutions will have already been broken as

WHOSE JOB IS IT?

This is a story about four people named **Everybody**, **Somebody**, **Anybody**, and **Nobody**.



There was an important job to be done and **Everybody** was asked to do it.

Everybody was sure **Somebody** would do it. **Anybody** could have done it, but **Nobody** did it.

Somebody got angry about that, because it was **Everybody's** job.



Everybody thought **Anybody** could do it but **Nobody** realized that **Everybody** wouldn't do it.

it ended up that **Everybody** blamed **Somebody** when **Nobody** did what **Anybody** could have done.

they will have involved too much change or too much effort all at once. The key, as the Holly Rise founders were aware, is to take little steps, make small changes and to celebrate little wins. It doesn't matter how fast or how slow you move forward, as long as you move forward.

2025 has started with a particularly hard, cold spell, but did you know that traditionally the coldest day is supposed to be 13th January? This coincides with St Hilary's Day and in 1205 a very severe frost hit London, the Thames froze over, and beer and ale was sold by weight instead of volume - because it was frozen solid. Thank goodness central heating has been invented. ☺

And finally, if you have a business to advertise, items to sell or want, ideas for the newsletter including "Pet of the Month", competitions, etc. please let me know. This is your newsletter, your home.

Jane