

Noise, noise everywhere



Whilst most people do not expect to live in silence, especially if they live in a block of flats, there are things everyone can do to reduce noise levels in their homes and, consequently, in their neighbour's home.

1. Take off outdoor shoes and leave by the door.

Will also help to keep floors and carpets cleaner.



2. If wooden or laminate floors have been fitted, place thick rugs in frequently used areas. They will absorb noise and help to keep your home warmer.

Remember, if you want to put down wood or laminate floors, you must obtain written permission from the council before carrying out the work.

(Clauses 16.1.11 and 6.4.2 Conditions of Tenancy)

3. Fit wall to wall carpets with a thick underlay to reduce impact noise and keep your home warmer.

4. Do not play loud music or bang doors late in the evening / through the night.

(Clause 6.4.2 Conditions of Tenancy)

5. Use headphones to listen to music, play video games, watch action films, etc.



6. Put soft pads on cupboard doors and drawers to stop them banging.



Can be bought from B&M Bargains, Screwfix, Wickes, The Range, The Works, Amazon, etc.

7. Put up thick, heavy curtains or add a liner or blind to windows to keep out light and keep noise and heat in.

8. Fill in gaps around windows and doors with draught excluding tape to prevent cold draughts and keep heat and noise in.



Can be bought from B&M Bargains, Screwfix, Wickes, The Range, The Works, Amazon, etc.

9. Do not let dogs bark or whine excessively. Find out what triggers them and take steps to eliminate the cause. (Clause 6.4.2 Conditions of Tenancy)
10. Take children outside to run off excess energy. Go to the park or the Common.
11. If you need to discuss something you know is going to raise emotions or tensions, go for a walk and talk it out whilst outside. Your neighbours do not need to hear raised voices or know your business!
12. If you're planning a party, let your neighbours above, below and to the side know in advance. It's very unlikely they'll expect an invite, unless you've become close friends, but it will give them the chance to make plans to go out for the afternoon / evening.

World Oral Health Awareness Day

20th March 2026



Checking for a toilet leak

Leaky toilets are the most common type of water leak. Around 1 in 10 properties have a constantly running toilet and they're not always easy to spot. A leaking toilet can waste an average of 400 litres of water a day which works out at approx. £300 per year if you're on a water meter.

This can happen because some toilet systems overflow into the bowl rather than through an external overflow pipe, making them harder to find.

You can check for a leaky loo by following the below simple steps:

- Around 30 minutes after the last flush, wipe the back of the toilet bowl dry with toilet paper
- Next, place a new, dry sheet of toilet paper across the back of the pan
- Leave it there for up to three hours without using the toilet, or even better overnight (you might notice the toilet paper gets wet straight away)
- If the paper is wet or torn after this time - you have a leaky loo

A leaking toilet is often caused by a valve or a seal that may need replacing.

Another very common cause of a water leak, is a dripping tap. A single dripping tap can waster up to 5,000 litres of water a year - the same as 63 baths. A leaking tap commonly just needs a washer replacing.

If you have a leaky toilet or tap, get it fixed straight away.

Turn off the tap

Save up to 18 litres a day by turning off the tap when brushing your teeth, washing or shaving. A running tap can use nine litres of water per minute.



Beautiful Balcony Competition

Now drier, sunnier days seem to be appearing and with the Easter School Holidays around the corner, why not get on to your balcony and make it a clean, clear relaxing space to spend some time?

Yes, as part of the retro-fit programme balconies are probably going to be enclosed (subject to a residents vote at the recent Open Forums at The Ark), but this is unlikely to happen until much later in the year and may not be completed until 2027.

Whilst you're at it, you could enter the Holly Rise Beautiful Balcony Competition and win yourself a gift voucher. Rita and Garth did. 😊

To enter, when you think your balcony looks its best, please take photos and send them to the office by Tuesday, 30th June 2026.



Repairs Reporting

Remember to report all repairs as soon as you see them.

Don't let a small problem, become a big one - Remember, a stitch in time, saves 9!



To the office: 9am - 5pm Monday
 To the office: 9am - 1pm Tuesday to Friday
 Via telephone: 0121 441 1195
 Via mobile: 07563 807 844
 Via WhatsApp
 Via email: hollyrise@outlook.com
 Via website: hollyrisehousingco-opltd.co.uk

Alternatively, please speak to a member of the tenant management committee.

Urgent "Out of Hours" repairs should always be reported directly to Birmingham City Council on 0121 216 3330 i.e. Saturday, Sunday, Bank Holiday, or after 5pm and before 9am in the morning.

