



PRE-PARTICIPATION REQUIREMENTS CHECK LIST

SCHOOL:

STUDENT _____ **GRADE LEVEL** _____

Required Physical Examination and Medical History forms cannot be completed electronically. Copies of these forms are attached or are available online to print at: <https://planoisd.rankonesport.com>

_____ **Physical Examination (Required for incoming 7th, 9th and 11th grades. A new physical is not required for incoming 8th, 10th and 12th grades if physical is on file from last year).**

_____ **Medical History (Required for all grades)**

**Required forms below are available online.
Please register at: <https://planoisd.rankonesport.com>**

_____ **Emergency Card**

_____ **Travel and Participate as a Group for the Season**

_____ **UIL Acknowledgement of Rules**

_____ **UIL Parent and Student Notification/Agreement Form-Anabolic Steroid Use and Random Steroid Testing**

_____ **UIL Sudden Cardiac Arrest Awareness Form**

_____ **UIL Concussion Acknowledgement Form**

_____ **Guidelines for District Extracurricular Activities**

_____ **General Information and Eligibility Rules**

_____ **Accident Insurance Coverage**