TORONTO FRENCH MONTESSORI SCHOOL

LEARNING THROUGH DISCOVERY

Cyberbullying:

Suggestions for students

What to do if you are cyberbullied

- Tell a trusted adult
- Don't open messages from people you don't know
- Don't open or read messages from cyber-bullies
- Don't react to the bully
- If it is at school, tell a trusted adult at school
- Don't erase the message or images
- Block the bully



How to prevent being cyberbullied

- Don't give out private information such as passwords or PINs
- Practice restraint
- Apply problem-solving skills
- When something doesn't seem just right leave the site or app

Think before you post

- Who will see this
- Could the message be misinterpreted/misunderstood
- Am I posting in anger
- Am I revealing too much information
- Could someone feel offended or disrespected

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Cyberbullying:

Suggestions for students

How to prevent being a cyberbully

- Don't email when you are angry
- Don't email with friends and target someone for entertainment
- Don't forward an email that someone sent as a private message
- Don't post "questionable" pictures of others on your social network sites

Surf smart

- Explore the internet with skill and direction!

Share less

- Keep your personal information private!

Think first

- Interact online appropriately!

Contact your teacher immediately if you suspect cyberbullying.

