



CONTINUING EDUCATION PACKET

DDD mandates Direct Care Workers to fulfill 6 hours of Continuing Education from October 1st to September 30th annually. Below are several options available for our providers to meet this criterion.

IMPORTANT: Non-compliance results in suspension from October 1st for those who haven't completed the full 6 hours. Work will resume only after fulfilling this requirement.

1. Courses eligible for Continuing Education Units (CEUs) include:

- Seizure Management Training (1 hour)
- Habilitation Training (1 hour)
- Medication Basics (1 hour)
- DCW Level I (3 hours) & DCW Level II (6 hours)
- Prevention and Support (8 hours)

Please be aware that CPR & First Aid courses do NOT count towards CEUs.

2. You can fulfill your Continued Education requirement through documented completion of a class or workshop in Direct Care Giving offered by a **college, university, or another accredited organization.**

3. Alternatively, **independent completion is possible by engaging in self-study through books or educational materials relevant to Direct Care Giving.** Providers must fill out our Arizona Lionhearts Continued Education Form and submit it to our office for credit. To verify if a specific topic, book, or video qualifies for Continued Education credit, simply reach out to our office. Reading materials related to Direct Care Giving will accrue 1 hour (1 CEU) credit for every 50 pages read.

a. Access approved YouTube videos via the provided links. Remember to complete and submit a Arizona Lionhearts Continued Education Google form for each video watched

b. English:

- Sounding the Alarm: Documentary (1 hour) <https://www.youtube.com/watch?v=de-FFNCBPzk>
- Stranger in the Family: Autism Documentary (1 hour)
<https://www.youtube.com/watch?v=HZOfjMXNPik>
- The Strangest Hotel: Only Human (50 min) <https://www.youtube.com/watch?v=v-lyoNwDxhs>
- BBC Documentary: A World Without Down Syndrome (1 hour)
<https://www.youtube.com/watch?v=x16wGajCHlw>
- The Silent Epidemic: Abuse, Neglect, and Exploitation of Persons with Developmental Disabilities (1 hour 10 min)
<https://www.youtube.com/watch?v=dYJ1leVwbYU>
- Unforgotten: Twenty-Five Years After Willowbrook (1 hour)
<https://www.youtube.com/watch?v=FcjRIZFQcUY>
- Handicamp: A Fellowship Retreat for Adults with a Mental Disability (1 hour)
https://www.youtube.com/watch?v=YBEx_a9LCcA
- Grace: A Down's Syndrome Documentary (1 hour)

- <https://www.youtube.com/watch?v=uYVjJX600-M>
 - Girls with Autism (1 hour) https://www.youtube.com/watch?v=WPd_ixQSo7s
 - Parents with a Disability (1 hour)
https://www.youtube.com/watch?v=wSn3r0_VpsE
 - Temple Grandin - My Experience with Autism (1 hour/30 min)
<https://www.youtube.com/watch?v=2wt1IY3ffoU>
 - Down Syndrome - Perfection in Imperfect Lives (Powerful Testimonies) (1 hour)
<https://www.youtube.com/watch?v=0gTtwMGHPes>
 - Monica & David (1 hour/15 min) <https://www.youtube.com/watch?v=MEv7QlqpP1g>
 - Special Olympics NJ 40th Anniversary Documentary: "Proud Past, Promising Future" (30 min)
<https://www.youtube.com/watch?v=evADlrT1V5E>
 - The Real Rain Man (45 min) <https://www.youtube.com/watch?v=8Ej5GTlwtbl>
 - Letting Go (45 min) <https://www.youtube.com/watch?v=9T7liH44k34>
 - Successful Strategies for Beginning Readers with DS (30 min)
<https://www.youtube.com/watch?v=d2aqG9PzXB0>
 - 2014 Autism (45 min) <https://www.youtube.com/watch?v=4XCk85kxhLo>
 - Zach A Film About Epilepsy (30 min) <https://www.youtube.com/watch?v=UgNbdV2Mwxc>
 - Behavior Mgmt. Working With Children With Special Needs (45 min)
<https://www.youtube.com/watch?v=1dKK-lbhTm0>
 - Learning Differently: ADHD Documentary (45 min)
<https://www.youtube.com/watch?v=9JMroyfJtO4>
 - Attention Deficits and Impulse Control Problems 9 1 hour/30 min)
<https://www.youtube.com/watch?v=we-5mGeOOq4>
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c. Spanish:

- El Cerebro de Hugo (1 h/45 min) <https://www.youtube.com/watch?v=bvoRtOTuH6c>
- Mi Hijo Bipolar (45 min) <https://www.youtube.com/watch?v=RfrajvRSaZQ>
- El Autismo es un Mundo (45 min) <https://www.youtube.com/watch?v=r5t5OV4rp3I>
- Autismo Misterios del Autismo (45 min) <https://www.youtube.com/watch?v=yQiXD1eZGw4>
- El Laberinto de Autismo (1 h) <https://www.youtube.com/watch?v=zgpgcala5bE>
- Tener un Hijo con Síndrome de Down (1 h/30 min)
<https://www.youtube.com/watch?v=FETIOVcU3NE>