

“For the use of Registered Medical Practitioner or a Hospital or a laboratory only”

NORTRIPTYLINE 10MG + METHYLCOBALMIN 1500 MCG + PREGABALIN 75MG TAB EFFPREGA- MNT

Product introduction

EFFPREGA- MNT Tablet is a combination of three medicines used to treat neuropathic pain. It works by decreasing pain by controlling calcium channel activity of the nerve cells. It also increases the level of chemical messengers in the brain that help in regulating the mood and protect nerve fibres.

EFFPREGA- MNT Tablet can be taken with or without food. However, it is advised to take it at the same time each day as this helps to maintain a consistent level of medicine in the body. Take this medicine in the dose and duration advised by the doctor. If you miss a dose of this medicine, take it as soon as you remember. Finish the full course of the treatment even if you feel better. It is important not to stop taking this medicine suddenly as it may worsen your symptoms.

Some common side effects of this medicine include constipation, weight gain, and dryness in mouth. It may cause dizziness and sleepiness, so do not drive or do anything that requires mental focus until you know how this medicine affects you. This medicine may cause weight gain and to control it, you should have a balanced diet and exercise regularly. You must inform your doctor if you develop any unusual changes in mood or behaviour, new or worsening depression, or suicidal thoughts.

Before taking this medicine let your doctor know if you suffer from kidney or liver disease. Your doctor should also know about all other medicines you are taking as many of these may make this medicine less effective or change the way it works. Inform your doctor if you are pregnant, planning pregnancy or breastfeeding.

Uses of EFFPREGA- MNT Tablet Treatment of Neuropathic pain

Benefits of EFFPREGA- MNT Tablet In Treatment of Neuropathic pain

EFFPREGA- MNT Tablet is a medicine used to treat long-lasting (chronic) pain caused by nerve damage due to diabetes, shingles, or spinal cord injury. It reduces pain and its associated symptoms such as mood changes, sleep problems, and tiredness. It is thought to work by interfering with pain signals that travel through the damaged nerves and the brain. It also contains nutritional supplements that are essential for improving nerve conduction.

Taking **EFFPREGA- MNT** Tablet regularly will improve your physical and social functioning and overall quality of life. It takes a few weeks to work so you need to take it regularly even if you feel it is not doing any good. Once your symptoms have gone you should still keep taking the medicine until your doctor advises you to stop.

Side effects of EFFPREGA- MNT Tablet

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

Common side effects of **EFFPREGA- MNT** -Orthostatic hypotension (sudden lowering of blood pressure on standing, Increased heart rate, Constipation, Weight gain, Dizziness, Sleepiness, Tiredness, Blurred vision, Dryness in mouth, Uncoordinated body movements, Decreased appetite, Nausea, Vomiting, Diarrhea, Headache, Difficulty in urination

How to use EFFPREGA- MNT Tablet

Take this medicine in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush or break it. **EFFPREGA- MNT** Tablet may be taken with or without food, but it is better to take it at a fixed time.

How EFFPREGA- MNT Tablet works

EFFPREGA- MNT Tablet is a combination of three medicines: Pregabalin, Nortriptyline and Methylcobalamin. Pregabalin is an alpha 2 delta ligand which decreases pain by modulating calcium channel activity of the nerve cells. Nortriptyline is a tricyclic antidepressant which increases the levels of chemical messengers (serotonin and noradrenaline) that stop the movement of pain signals in the brain. Methylcobalamin is a form of vitamin B which helps in the production of myelin, a substance that protects nerve fibers and rejuvenates damaged nerve cells. Together, they relieve neuropathic pain (pain from damaged nerves).

Safety advice

EFFPREGA- MNT Tablet may cause excessive drowsiness with alcohol.

EFFPREGA- MNT Tablet may be unsafe to use during pregnancy. Although there are limited studies in humans, animal studies have shown harmful effects on the developing baby. Your doctor will weigh the benefits and any potential risks before prescribing it to you. Please consult your doctor.

EFFPREGA- MNT Tablet is probably unsafe to use during breastfeeding. Limited human data suggests that the drug may pass into the breastmilk and harm the baby.

EFFPREGA- MNT Tablet may cause side effects which could affect your ability to drive.

As **EFFPREGA- MNT** Tablet may affect your alertness which may affect your ability to drive.

EFFPREGA- MNT Tablet should be used with caution in patients with kidney disease. Dose adjustment of **EFFPREGA- MNT** Tablet may be needed. Please consult your doctor.

EFFPREGA- MNT Tablet is probably safe to use in patients with liver disease. Limited data available suggests that dose adjustment of **EFFPREGA- MNT** Tablet may not be needed in these patients. Please consult your doctor.

What if you forget to take EFFPREGA- MNT Tablet?

If you miss a dose of **EFFPREGA- MNT** Tablet, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

Manufactured by

Oscar Remedies Pvt Ltd (GLP & GMP certified company)

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