

# HOYT'S

## KAJUKENBO

### Hawaiian Self-Defense

#### Emperado Method

9837 West Bell Road, Sun City, Az. 85351

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www.hoytskajukenbo.com

**REDUCE STRESS    LOSE WEIGHT    FAMILY ATMOSPHERE**

Learn this eclectic style of Martial Arts developed in Hawaii for practical self-defense purposes. We are a traditional Martial Arts School, which means we guide our students towards values that promote respect, humility, and self-discipline....not just how to kick and punch.

**NO SIGN-UP FEES    NO CONTRACTS    \$90/MONTH**

#### KIDS CLASSES

**TUESDAY            6PM – 7PM**  
**THURSDAY        6PM – 7PM**  
**SATURDAY        9AM – 10AM**

#### ADULT CLASSES

**MONDAY            6PM – 7PM**  
**WEDNESDAY      6PM – 7PM**  
**SATURDAY        10AM – 11AM**

#### KICKBOXING

**MONDAY            5PM – 6PM**  
**THURSDAY        5PM – 6PM**

#### BUJUTSU JUDO

**SUNDAY            10AM**

**Private and Semi-Private classes available**