

Meeting Summary for The 1% Journey Episode 2

Dec 18, 2024 10:05 AM Pacific Time (US and Canada) ID: 849 1932 4648

Quick recap

Maikel discussed the importance of bravery and courage in the face of adversity, emphasizing the need for both in today's world. He also highlighted the role of curiosity, conviction, and commitment in developing courage and taking bold actions. The conversation was framed within the context of moral decay, opposition, and oppression.

Next steps

Download the worksheet on Bravery and Courage.

Summary

Courage and Bravery in Adversity Maikel discussed the importance of courage and bravery in the face of adversity and oppression. He differentiated between the two, describing bravery as a spontaneous, reflexive action, while courage is a deeper, more intentional approach to difficult situations. Maikel emphasized the need for both bravery and courage in today's world, particularly in the face of moral decay, opposition, and oppression. He also highlighted the role of curiosity and conviction in developing courage and the importance of commitment in taking bold and difficult actions.

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