



Reflection: Bravery and Courage Worksheet

1. Define bravery in your own words.
2. Give an example of a brave act.
3. Give an example of when you acted with bravery.
4. Why does bravery matter?
5. What are the benefits for you and others for you to develop your bravery?
6. Are you as brave as you want to be? Do you want to become braver? If yes, what will you do?
7. Define courage in your own words.
8. Give an example of courage.
9. Give an example of when you acted with courage.
10. Why does courage matter?
11. What are the benefits for you and others for developing courage?
12. Are you as courageous as you want to be? Do you want to become more courageous? If yes, what will you do?