

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

**7:00-8:00**

**BJJ GI  
(ALL LEVELS)**

**7:00-8:00**

**BJJ GI  
(ALL LEVELS)**

**7:00-8:00**

**BJJ GI  
(ALL LEVELS)**

**12:30-13:30**

**BJJ GI  
(ALL LEVELS)**

**12:30-13:30**

**BJJ GI  
(ALL LEVELS)**

**11:30-13:00**

**OPEN MAT  
(ALL LEVELS)  
GI & NO GI**

**18:30-19:45**

**BJJ NO GI  
(ADVANCED)**

**18:30-19:45**

**BJJ GI  
(BEGINNERS)**

**18:30-19:45**

**BJJ GI  
(ADVANCED)**

**18:30-19:45**

**BJJ GI  
(BEGINNERS)**

**18:30-19:45**

**BJJ NO GI  
(ADVANCED)**

**20:00-21:00**

**BJJ GI  
(BEGINNERS)**

**20:00-21:00**

**BJJ GI  
(ADVANCED)**

**20:00-21:00**

**BJJ GI  
(BEGINNERS)**

**20:00-21:00**

**BJJ GI  
(ADVANCED)**

**20:00-21:00**

**BJJ NO GI  
BEGINNERS**

