Please check
nationalrail.co.uk
for the latest information on your journey before you travel.

Guide to train services

11 December 2022 until 20 May 2023

Coast, Lakes, Dales & Fells

also includes selected Lakes bus services

NORTHERN

Go do your thing

BAY CYCLE WAY

Within easy reach of the Furness Line, you can enjoy an unforgettable cycling adventure gently exploring 81 miles of awe-inspiring coastline from Walney Island to Glasson Dock.

Go at a gentle pace over 4 days or pick a section for a short ride, you'll have a chance to encounter rare birds and wildlife, see quirky historic buildings, rolling countryside, distant mountains and big skies.

But best of all, you'll never be far from a brew, a loo or a view.

Share your adventures
#baycycleway #cyclemorecambebay

morecambebay.org.uk/bay-cycle-way

MORECAMBE BAY PARTNERSHIP

THE GREAT BRITISH COAST

This guide provides information on train services across Cumbria and The Lake District.

Map of the railways in the north west 4-5

Useful information 6-7

Ticketing information, including Day Rover & Rangers 8-17

Timetables

The Cumbrian Coast & Furness Lines **19-42**
Carlisle - Barrow-in-Furness - Lancaster - Preston - Manchester - Manchester Airport

The Lakes Line and West Coast **43-72**
Carlisle - Penrith/Windermere - Oxenholme - Lancaster - Preston - Manchester - Manchester Airport

Onward Stagecoach bus services **73-94**
A selection of bus services around the Lake District

The Tyne Valley Railway **97-105**
Carlisle - Haltwhistle - Hexham - Newcastle

Settle & Carlisle **107-110**
Leeds - Skipton - Settle - Appleby - Carlisle

The Bentham Line **111-115**
Leeds - Skipton - Bentham - Lancaster - Morecambe/Heysham Port

SETTLE - CARLISLE RAILWAY

the Bentham line

TYNE VALLEY RAILWAY

BARROW IN FURNESS FURNESS LINE CARNFORTH

WINDERMERE Lakes Line KENDAL

CUMBRIAN Coast Line CARLISLE BARROW-IN-FURNESS

Information is correct at the time of issue - December 2022. Whilst every care has been taken to produce this information Northern Trains Limited and Stagecoach Cumbria & North Lancashire can not be held liable for any errors or omissions once printed.

Map of the railways in the north west

How to read this timetable

Look down the left hand column for your departure station. Read across until you find a suitable departure time. Read down the column to find the arrival time at your station. Through services are shown in **bold type** (this means you won't have to change trains). Connecting services are shown in light italic type in brackets e.g. *(1213)*. If you travel on a connecting service, change at the next station shown in bold. If you arrive on a connecting service, change at the last station shown in bold, unless a footnote advises otherwise.

Minimum connection times

All stations have a minimum connection time of **5 minutes** unless stated otherwise. **Carlisle and Preston 3 minutes, Lancaster 6 minutes, Manchester Piccadilly and Leeds 10 minutes.**

Planning your journey

National Rail Enquiries

For full details of all train times, fares and rail travel information anywhere on the national rail network, call **03457 48 49 50**, or visit **nationalrail.co.uk**

TrainTracker ™

For up to date travel information and live departures direct to your mobile, text your **station name** or **location code** to **8 49 50**.

Customers with disabilities or limited mobility are encouraged to contact our **Customer Experience Centre** for assistance.
Call: **0800 138 5560**
Textphone: **0800 138 5560**
Email: **assistance@northernrailway.co.uk**

Improving our railway

Engineering work to help improve the railway sometimes affects train journeys, particularly at weekends and around Bank Holidays.

Visit **northernrailway.co.uk/engineering** or call **National Rail Enquiries** on **03457 48 49 50** or visit **nationalrail.co.uk** to check before you travel.

Delay Repay

You may be able to claim Delay Repay if one of our trains is late or cancelled.

Visit **northernrailway.co.uk/delayrepay** for more information.

Community Rail Partnerships and community groups

We support a number of active Community Rail Partnerships (CRPs) across our network. CRPs bring together local communities and the rail industry to deliver benefits to both, and to encourage the use of the lines they represent.

Community Rail Cumbria
(Lakes Line / Furness Line / Cumbrian Coast Line)
communityrailcumbria.co.uk

The Tyne Valley Community Rail Partnership
tvcrp.org.uk

Settle to Carlisle Railway
settle-carlisle.co.uk

The Bentham Line
communityraillancashire.co.uk/bentham-line

Some stations on this route are adopted by local community groups. For more information, please visit **northernrailway.co.uk/community**.

Penalty Fares

Like most rail companies, we operate a penalty fares system on our services. Anyone without a valid ticket will be liable to pay the penalty fare.

Penalty Fares **do not apply** between **Skipton and Carlisle via Appleby** or between **Skipton and Carnforth via Bentham**.

Visit **northernrailway.co.uk/penaltyfares** for more information.

Tickets

Single and return tickets

Single and return tickets can be purchased at staffed stations, from ticket vending machines, from conductors on trains and through ticketing apps.

Tickets can be bought by cash and contactless at staffed stations and on train. Our ticket vending machines are contactless/card only.

Children between 5 and 16 travel at half the adult fare.

Rovers and Rangers

If you want to explore the cities, coast and countryside in one day, then choose from our four Day Ranger or Round Robin tickets, which include Cumbria and The Lake District. Hop on and off all day on your chosen route or within a defined area - the choice is yours.

Time restrictions

You can use the Cumbria Day Ranger, Cumbrian Coast Day Ranger, Lakes Day Ranger, or the Cumbria Round Robin at any time with no time restriction.

North West Round Robin tickets can only be used on trains timed to depart from your starting station after 0845 Monday to Friday.

Explorer 55 tickets can only be used on trains timed to depart from your starting station after 0930 Monday to Friday.

Both the North West Round Robin and Explorer 55 tickets can be used at any time during weekends and Bank Holidays.

Route restrictions

Day Ranger and Round Robin tickets can be used on all operators services - except the Caledonian Sleeper - in the specified area.

Explorer 55 tickets are only valid on Northern services. They **are not valid** on Avanti West Coast, Caledonian Sleeper, East Midlands Railway, Merseyrail, Transport for Wales or TransPennine Express services.

Where to purchase

Day Ranger and Round Robin tickets can be purchased at your local staffed station, or when boarding at an unstaffed station, the conductor on the train.

When boarding at an unstaffed station, please also ensure you obtain a "Promise to Pay" ticket from the Ticket Vending Machine.

Explorer 55 tickets also require proof of age at point of sale and must be available at time of travel.

Prices

The prices shown are correct as of **March 2022**, however, are subject to change during the currency of this timetable

Please check our website or ask a member of staff at a ticket office to confirm the latest prices.

Railcard and Child discounts

Railcard discounts are available on most of our Day Ranger and Round Robin tickets (where conditions of the Railcard are met).

Children 5 - 15 years old inclusive travel at half the Adult fare except on family tickets, where no further discount applies.

A Lakes Day Ranger family ticket is available for two adults and up to two children travelling together, two adults can travel together without a child. No Railcard discounts are available.

Added value

Lakes Day Rangers also includes travel on Stagecoach bus services in Cumbria (except school buses), including travel to/from Lancaster on service 555.

Tickets - Rovers and Rangers

Cumbria Day Ranger

Explore three scenic railway lines including the world-famous Settle - Carlisle line. Enjoy breath-taking views of the Cumbrian Coast, Yorkshire Dales and Morecambe Bay on your journey of discovery.

Take time out to explore Dumfries, the border city of Carlisle, historic Lancaster, or one of Britain's newest cities - Preston. From the Scottish borders to the Yorkshire Dales, you'll be amazed at how far you can travel with your Cumbria Day Ranger.

£50.00 Adult	Railcard discount prices		
	£33.00	16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard	
£25.00 Child	£25.00	16-17 SAVER	
	£33.00 Adult	£9.50 Child	Friends and Family Veterans

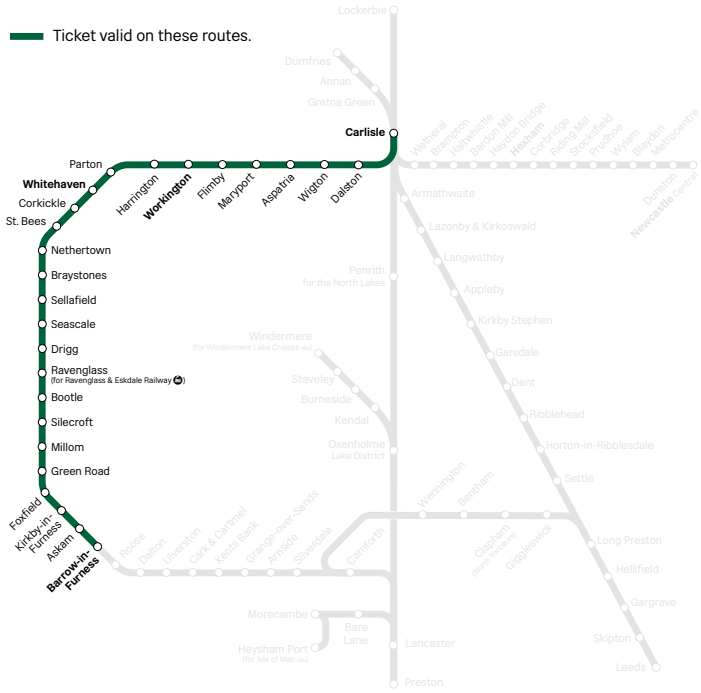
Restrictions apply to this ticket, see **pages 8 and 9** for further information.

Tickets - Rovers and Rangers

Cumbrian Coast Day Ranger

Connecting the border city of Carlisle in the north with the ship-building town of Barrow-in-Furness in the south, the Cumbrian Coast line is an 85-mile journey with many contrasts.

Explore the Georgian town of Whitehaven, visit the Lake District National Park's only coastal village of Ravenglass for Eskdale, discover the history of Barrow at the town's Dock Museum, or just enjoy the spectacular scenery with the sea on one side and fells on the other.



£22.70 Adult	Railcard discount prices		
	£15.00	16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard	
£11.35 Child	£11.35	16-17 SAVER	
	£15.00 Adult	£4.30 Child	Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

Tickets - Rovers and Rangers

Cumbria Round Robin Ranger

Take the train in either direction on this circular tour of Cumbria, taking in the Cumbrian Coast, Furness line and the West Coast main line.

An exciting day out with plenty of places to explore, including the Border city of Carlisle, Georgian Whitehaven on the coast, the red-rose city of Lancaster and the market town of Penrith in the Eden Valley, and don't forget the Laurel and Hardy museum in Ulverston!

£35.00 Adult

£17.50 Child

Railcard discount prices

£23.10 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£17.50 16-17 SAVER

£23.10 Adult **£6.65** Child Friends and Family Veterans

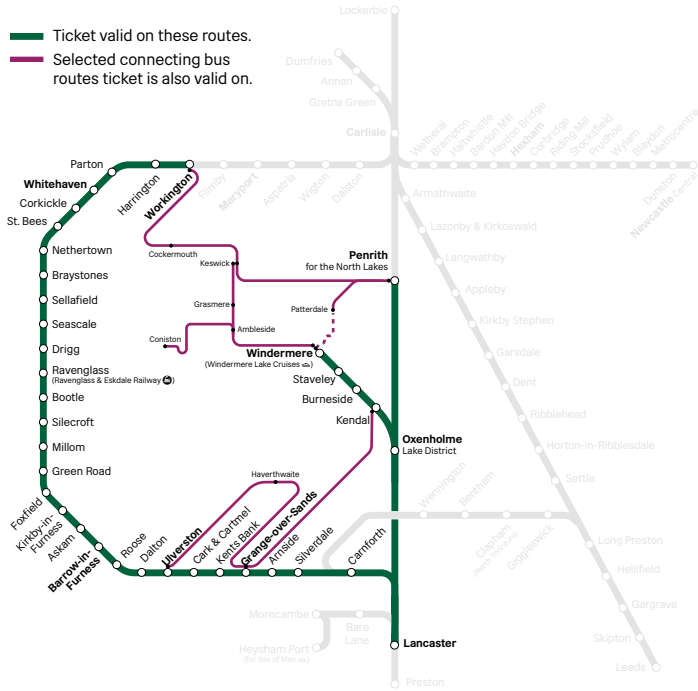
Restrictions apply to this ticket, see **pages 8 and 9** for further information.

Tickets - Rovers and Rangers

Lakes Day Ranger

Take the train, then hop on a bus to discover more of The Lake District, or even take a cruise on Windermere.

One ticket covers you on the train, Stagecoach bus services and a single half lake cruise on Windermere Lake Cruises scheduled services.



£26.90 Adult

£13.45 Child

£52.80 **Family ticket**
Family ticket valid for up to four people travelling together. Maximum two adults. Two adults can travel without a child.

Railcard discount prices

£17.75 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

Tickets - Rovers and Rangers

North West Round Robin

Take the train in either direction on this circular tour, including the world famous Settle - Carlisle line.

An exciting day out with plenty of places to hop off and explore; from the old border city of Carlisle to Preston - granted city status in 2002 - taking in the Cumbrian market town of Penrith and the city of Leeds in the heart of West Yorkshire.

£44.30	Adult		Railcard discount prices
		£29.25	16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard
£22.15	Child	£22.15	16-17 SAVER
		£29.25 Adult / £8.40 Child	Friends and Family

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

Tickets - Rovers and Rangers

Hadrian's Wall Country Line Day Ranger

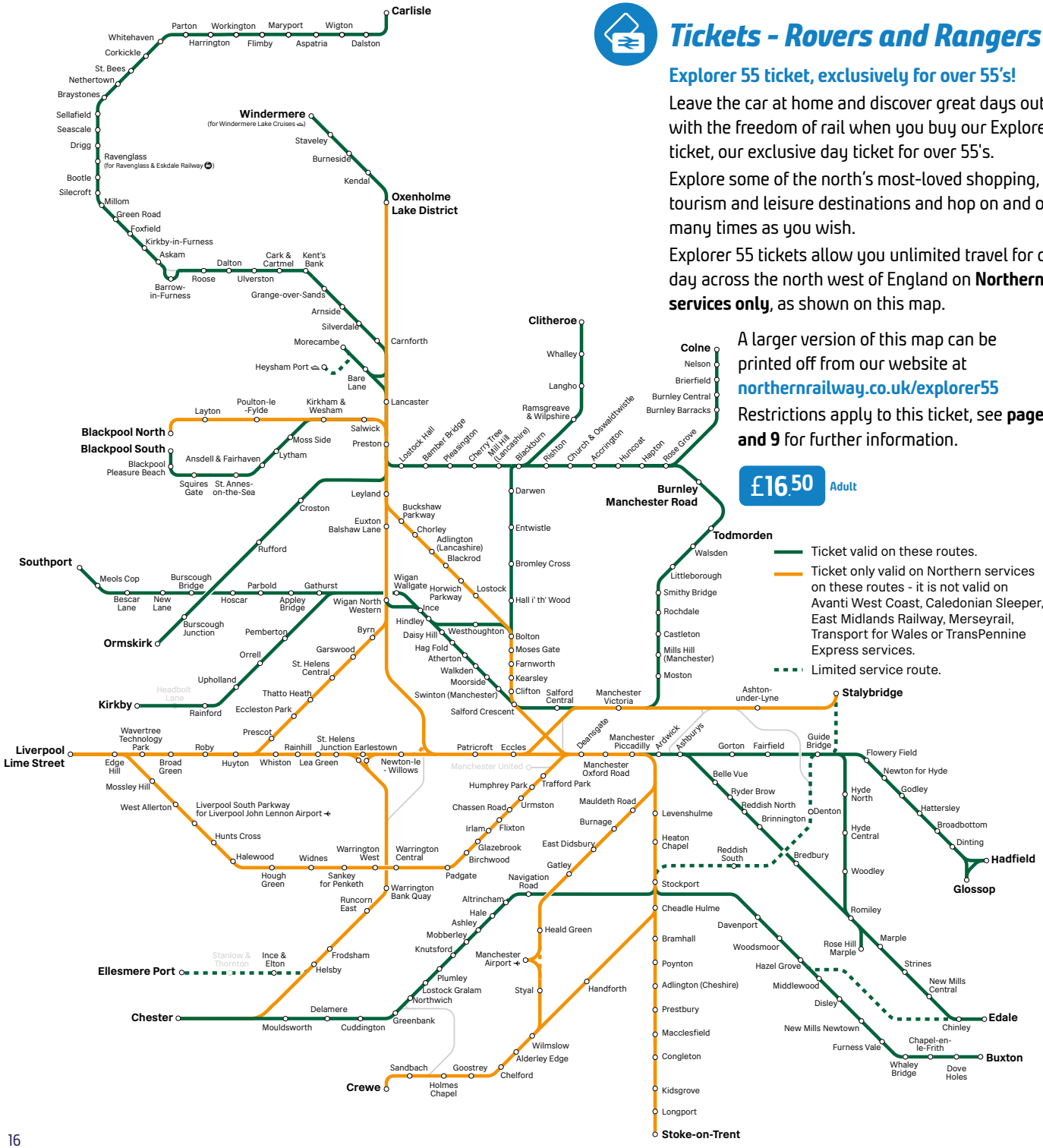
Discover Hadrian's Wall Country and more - everything between the Irish Sea at Whitehaven and the North Sea at Sunderland.

Explore the two great cities of Carlisle and Newcastle and years of bloody history in between!

There are many walks near this historic wall or, if you want some retail therapy, stop off at the Metrocentre.

£24.40	Adult		Railcard discount prices
		£16.10	16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard
£12.20	Child	£12.20	16-17 SAVER
		£16.10 Adult / £4.65 Child	Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.



Tickets - Rovers and Rangers

Explorer 55 ticket, exclusively for over 55's!

Leave the car at home and discover great days out with the freedom of rail when you buy our Explorer 55 ticket, our exclusive day ticket for over 55's.

Explore some of the north's most-loved shopping, tourism and leisure destinations and hop on and off as many times as you wish.

Explorer 55 tickets allow you unlimited travel for one day across the north west of England on **Northern services only**, as shown on this map.

A larger version of this map can be printed off from our website at **northernrailway.co.uk/explorer55**

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

£16.50 Adult

EXPLORE THE CUMBRIAN COAST BY TRAIN

ASPATRIA · WIGTON · DALSTON · CARLISLE

MARYPORT

Take a walk to the wonderful Lighthouse, see Maryport Aquarium and Maryport Harbour and visit the Senhouse Roman Museum.

FLIMBY

WORKINGTON

Workington Railway Station Heritage, Helena Thompson Museum, Workington Hall, pretty harbour and great shopping.

HARRINGTON

PARTON

WHITEHAVEN

Enjoy Historic Whitehaven, the inspiring Beacon and a thrilling Marina, the Rum Story will take you back in time!

CORKICKLE
ST BEES
NETHERTOWN
BRAYSTONES
SELLAFIELD
SEASCALE
DRIGG

RAVENGLASS

Experience the thrills of Ravenglass and Eskdale steam railway, explore the Heritage Railway Museum, take a short walk to see the ancient Roman bath.

BOOTLE

SILECROFT

MILLOM

Delightful sandy beaches and nature, step out from the train into Millom Heritage & Arts Centre where you will see wonderful interactive displays and find more about Millom's history.

GREEN ROAD
FOXFIELD
KIRKBY-IN-FURNESS
ASKAM

BARROW-IN-FURNESS

Ferries to Piel Island in the summer, immerse yourself in the Dock Museum experience, explore the impressive remains of Furness Abbey.

Train times

The Cumbrian Coast & Furness lines

- Carlisle
- Workington
- Whitehaven
- Sellafield
- Ravenglass for Eskdale
- Millom
- Barrow-in-Furness
- Ulverston
- Grange-over-Sands
- Lancaster
- Preston
- Manchester
- Manchester Airport

Request stops

Not all trains stop at stations along this route, but they will stop at them upon request. These stations have an x in the timetable when the train is due to pass through.

To stop the train whilst waiting at a request stop station - on seeing the train approach the station, raise your hand above your head so that the driver can see that you want the train to stop. In poor light, please raise something bright - but do not shine any bright lights towards the train.

To stop the train at a request stop station whilst on the train - please inform the conductor of the station that you require the train to stop at. The conductor can be found at the rear of the train. Do not use the emergency alarm to stop the train at a station unless there is an actual emergency.

Need the ramp? Travel in the front train.

Many services between Barrow-in-Furness, Preston, Lancaster and Manchester are now run with either 4 or 6 carriages.

If you require the use of the ramp, please travel in the front 2 or 3 carriages as the accessible area will always be available to and from the platform.

Our station information displays will show in both text and as a graphic how many carriages a service has.

Carlisle • Barrow • Lancaster • Manchester

Monday to Saturday

			SO	SX						SO
Carlisle	d	-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	0548	-
Flimby		-	-	-	-	-	-	-	05x51	-
Workington		-	-	-	-	-	-	-	0558	-
Harrington		-	-	-	-	-	-	-	0602	-
Parton		-	-	-	-	-	-	-	06x11	-
Whitehaven	a	-	-	-	-	-	-	-	0616	-
Whitehaven	d	-	-	-	-	-	-	-	0618	-
Corkickle		-	-	-	-	-	-	-	0620	-
St. Bees		-	-	-	-	-	-	-	0626	-
Nethertown		-	-	-	-	-	-	-	06x30	-
Braystones		-	-	-	-	-	-	-	06x33	-
Sellafield		-	-	-	-	-	-	-	0639	-
Seascale		-	-	-	-	-	-	-	0643	-
Drigg		-	-	-	-	-	-	-	06x46	-
Ravenglass for Eskdale		-	-	-	-	-	-	-	0650	-
Bootle		-	-	-	-	-	-	-	06x55	-
Silecroft		-	-	-	-	-	-	-	07x02	-
Millom	a	-	-	-	-	-	-	-	0708	-
Millom	d	-	-	-	-	0610	-	-	0709	-
Green Road		-	-	-	-	06x14	-	-	07x13	-
Foxfield		-	-	-	-	0618	-	-	0717	-
Kirkby-in-Furness		-	-	-	-	06x22	-	-	07x21	-
Askam		-	-	-	-	0627	-	-	0726	-
Barrow-in-Furness	a	-	-	-	-	0641	-	-	0741	-
Barrow-in-Furness	d	0458	0550	0550	0612	-	0650	0712	-	0748
Roose		▼	0554	0554	0616	-	0654	0716	-	0752
Dalton		0507	0601	0601	0623	-	0700	0722	-	0759
Ulverston		0516	0609	0609	0631	-	0709	0730	-	0807
Cark & Cartmel			0616	0616	0639	-	0716	0738	-	0814
Kents Bank		▼	0620	0620	0643	-	0720	▼	-	0818
Grange-over-Sands		0528	0624	0624	0647	-	0724	0744	-	0822
Arnside		0534	0630	0630	0653	-	0729	0750	-	0828
Silverdale		▼	0634	0634	0658	-	0734	0755	-	0832
Carnforth		0543	0642	0643	0706	-	0743	0802	-	0839
Lancaster	a	0550	0649	0652	0716	-	0750	0812	-	0846
Lancaster	d	0550	0649	0652	*(0723)*	-	0751	*(0828)*	-	0848
Preston	a	0608	0707	0710	*(0740)*	-	0809	*(0846)*	-	0906
Chorley	a	0620	0722	0722	-	-	0821	-	-	0920
Bolton	a	0634	0737	0737	-	-	0836	-	-	0934
Deangsate	a	0651	0751	0751	-	-	0851	-	-	0951
Manchester Oxford Rd	a	0654	0754	0754	*(0823)*	-	0854	*(0922)*	-	0954
Manchester Piccadilly	a	0658	0758	0758	*(0827)*	-	0858	*(0926)*	-	0958
Manchester Airport	a	0715	0815	0815	*(0844)*	-	0915	*(0946)*	-	1015

Notes

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

All services operated by Northern.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.

Carlisle • Barrow • Lancaster • Manchester

Monday to Saturday

		SX								
						L				
Carlisle	d	-	0553	-	0619	0710	0808	-	0902	-
Dalston		-	0602	-	0627	0719	0816	-	0910	-
Wigton		-	0611	-	0636	0731	0826	-	0920	-
Aspatria		-	0622	-	0648	0742	0836	-	0930	-
Maryport		-	0633	-	0700	0755	0848	-	0941	-
Flimby		-	06x36	-		07x58	08x51	-	09x44	-
Workington		-	0644	-	0711	0806	0858	-	0952	-
Harrington		-	0648	-	0715	0810	0902	-	0956	-
Parton		-	0657	-	07x24	0818	09x11	-	1005	-
Whitehaven	a	-	0702	-	0729	0824	0916	-	1010	-
Whitehaven	d	-	0704	-	0730	0825	0918	-	1012	-
Corkickle		-	0706	-	0733	0828	0920	-	1014	-
St. Bees		-	0712	-	0739	0834	0928	-	1020	-
Nethertown		-	↓	-	↓	↓	↓	-	↓	-
Braystones		-	↓	-	↓	↓	↓	-	↓	-
Sellafield		-	0724	-	0750	0844	0939	-	1031	-
Seascale		-	0728	-	0754	0848	0942	-	1035	-
Drigg		-	07x31	-	07x57	08x51	09x45	-	10x38	-
Ravenglass for Eskdale		-	0734	-	0801	0854	0949	-	1042	-
Bootle		-	07x40	-	08x07	09x00	09x54	-	10x47	-
Silecroft		-	07x46	-	08x13	09x06	10x01	-	10x54	-
Millom	a	-	0753	-	0820	0913	1007	-	1100	-
Millom	d	-	0753	-	0820	0914	1008	-	1101	-
Green Road		-	07x57	-	08x24	09x18	10x12	-	11x05	-
Foxfield		-	0801	-	0828	0922	1016	-	1109	-
Kirkby-in-Furness		-	08x05	-	08x32	09x26	10x20	-	11x13	-
Askam		-	0811	-	0838	0931	1025	-	1118	-
Barrow-in-Furness	a	-	0826	-	0853	0947	1040	-	1136	-
Barrow-in-Furness	d	0748	-	0848	-	0958	-	1051	-	1151
Roose		0752	-	0852	-	1002	-	1055	-	1155
Dalton		0759	-	0859	-	1008	-	1101	-	1202
Ulverston		0807	-	0907	-	1017	-	1110	-	1210
Cark & Cartmel		0814	-	0914	-	1024	-	1117	-	1217
Kents Bank		0818	-	0918	-	1028	-	1121	-	1221
Grange-over-Sands		0822	-	0922	-	1032	-	1125	-	1225
Arnside		0828	-	0928	-	1039	-	1130	-	1231
Silverdale		0832	-	0932	-	1043	-	1134	-	1235
Carnforth		0841	-	0940	-	1055	-	1142	-	1243
Lancaster	a	0848	-	0948	-	1105	-	1147	-	1250
Lancaster	d	0848	-	0950	-	*(1130)*	-	1149	-	1250
Preston	a	0906	-	1008	-	*(1149)*	-	1208	-	1308
Chorley	a	0920	-	1020	-	-	-	1220	-	1321
Bolton	a	0934	-	1034	-	*(1207)*	-	1234	-	1334
Deangsate	a	0951	-	1051	-	-	-	1251	-	1351
Manchester Oxford Rd	a	0954	-	1054	-	*(1222)*	-	1254	-	1354
Manchester Piccadilly	a	0958	-	1058	-	*(1226)*	-	1258	-	1358
Manchester Airport	a	1015	-	1115	-	*(1244)*	-	1315	-	1415

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.

- **L** Arrives 05 minutes earlier at Carnforth. A connection is available towards Leeds at 1056 from platform 2.

Carlisle • Barrow • Lancaster • Manchester

Monday to Saturday

						SX	SO			
Carlisle	d	1013	1107	-	1210	-	-	1307	1408	-
Dalston		1022	1115	-	1218	-	-	1315	1416	-
Wigton		1031	1125	-	1227	-	-	1325	1426	-
Aspatria		1042	1135	-	1238	-	-	1335	1436	-
Maryport		1053	1146	-	1249	-	-	1346	1447	-
Flimby		10x56	11x49	-	12x52	-	-	13x49	14x50	-
Workington		1103	1157	-	1259	-	-	1357	1458	-
Harrington		1107	1201	-	1303	-	-	1401	1502	-
Parton		1116	1209	-	13x12	-	-	1409	1510	-
Whitehaven	a	1121	1215	-	1317	-	-	1415	1516	-
Whitehaven	d	1123	1216	-	1319	-	-	1416	1517	-
Corkickle		1125	1219	-	1321	-	-	1419	1520	-
St. Bees		1135	1229	-	1329	-	-	1430	1531	-
Nethertown		11x39	↓	-	↓	-	-	↓	↓	-
Braystones		11x42	↓	-	↓	-	-	↓	↓	-
Sellafield		1147	1239	-	1340	-	-	1441	1542	-
Seascale		1151	1242	-	1343	-	-	1444	1545	-
Drigg		11x54	12x45	-	13x46	-	-	14x47	15x48	-
Ravenglass for Eskdale		1157	1249	-	1350	-	-	1451	1552	-
Bootle		12x03	12x54	-	13x56	-	-	14x56	15x58	-
Silecroft		12x09	13x01	-	14x02	-	-	15x03	16x04	-
Millom	a	1216	1307	-	1409	-	-	1509	1611	-
Millom	d	1216	1307	-	1409	-	-	1511	1611	-
Green Road		12x20	13x11	-	14x13	-	-	15x15	16x15	-
Foxfield		1224	1315	-	1417	-	-	1519	1619	-
Kirkby-in-Furness		12x28	13x19	-	14x21	-	-	15x23	16x23	-
Askam		1233	1324	-	1426	-	-	1528	1629	-
Barrow-in-Furness	a	1248	1339	-	1441	-	-	1543	1644	-
Barrow-in-Furness	d	1250	-	1352	-	1447	1447	1550	-	1651
Roose		1254	-	1356	-	1451	1451	1554	-	1655
Dalton		1300	-	1403	-	1458	1458	1600	-	1702
Ulverston		1308	-	1411	-	1506	1506	1608	-	1710
Cark & Cartmel		1316	-	1418	-	1513	1513	1616	-	1717
Kents Bank		1320	-	1422	-	1517	1517	1620	-	1721
Grange-over-Sands		1324	-	1426	-	1521	1521	1624	-	1725
Arnside		1330	-	1432	-	1527	1527	1630	-	1731
Silverdale		1335	-	1436	-	1531	1531	1635	-	1735
Carnforth		1343	-	1443	-	1538	1538	1643	-	1743
Lancaster	a	1353	-	1451	-	1545	1545	1653	-	1750
Lancaster	d	*(1428)*	-	1452	-	1548	1550	*(1727)*	-	1750
Preston	a	*(1445)*	-	1510	-	1606	1608	*(1744)*	-	1808
Chorley	a	-	-	1522	-	↓	1620	-	-	1820
Bolton	a	*(1506)*	-	1534	-	↓	1634	*(1806)*	-	1834
Deangsate	a	-	-	1551	-	1651	1651	-	-	1852
Manchester Oxford Rd	a	*(1522)*	-	1554	-	1654	1654	*(1822)*	-	1854
Manchester Piccadilly	a	*(1526)*	-	1558	-	1658	1658	*(1826)*	-	1858
Manchester Airport	a	*(1544)*	-	1615	-	1715	1715	*(1844)*	-	1915

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.

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Monday to Saturday

							SX	SX	SX	SO	SO
Carlisle	d	1441	-	1512	-	-	-	1559	1626	-
Dalston		1449	-	1520	-	-	-	1607	1634	-
Wigton		1458	-	1530	-	-	-	1617	1644	-
Aspatria		1509	-	1540	-	-	-	1627	1654	-
Maryport		1520	-	1551	-	-	-	1638	1705	-
Flimby		15x23	-	15x54	-	-	-	16x41	17x08	-
Workington		1530	-	1602	-	-	-	1648	1715	-
Harrington		1534	-	1606	-	-	-	1652	1720	-
Parton		1543	-	16x14	-	-	-	1701	17x28	-
Whitehaven	a	1548	-	1620	-	-	-	1708	1735	-
Whitehaven	d	1550	-	1621	-	-	-	-	1736	-
Corkickle		1553	-	1624	-	-	-	-	1739	-
St. Bees		1559	-	1630	-	-	-	-	1744	-
Nethertown		16x03	-	↓	-	-	-	-	↓	-
Braystones		16x05	-	↓	-	-	-	-	↓	-
Sellafield		1611	-	1641	-	1725	-	-	1755	-
Seascale		1615	-	1644	-	1728	-	-	1758	-
Drigg		16x18	-	16x48	-	17x31	-	-	18x01	-
Ravenglass for Eskdale		1622	-	1651	-	1735	-	-	1805	-
Bootle		16x28	-	16x57	-	17x41	-	-	18x11	-
Silecroft		16x35	-	17x04	-	17x47	-	-	18x17	-
Millom	a	1641	-	1711	-	1754	-	-	1824	-
Millom	d	1642	-	1712	-	1754	-	-	1825	-
Green Road		16x46	-	17x16	-	17x58	-	-	18x29	-
Foxfield		1650	-	1720	-	1802	-	-	1833	-
Kirkby-in-Furness		16x55	-	17x25	-	18x06	-	-	18x37	-
Askam		1700	-	1730	-	1811	-	-	1842	-
Barrow-in-Furness	a	1714	-	1745	-	1826	-	-	1857	-
Barrow-in-Furness	d	-	1719	-	1802	-	1856	-	-	1903
Roose		-	1723	-	1806	-	1900	-	-	1907
Dalton		-	1729	-	1812	-	1907	-	-	1914
Ulverston		-	1737	-	1821	-	1915	-	-	1922
Cark & Cartmel		-	1745	-	1828	-	1922	-	-	1929
Kents Bank		-	▼	-	1832	-	1927	-	-	1934
Grange-over-Sands		-	1752	-	1836	-	1931	-	-	1938
Arnside		-	1758	-	1842	-	1936	-	-	1943
Silverdale		-	1803	-	1847	-	1941	-	-	1948
Carnforth		-	1810	-	1854	-	1952	-	-	1955
Lancaster	a	-	1820	-	1905	-	2000	-	-	2003
Lancaster	d	-	*(1828)*	-	*(1928)*	-	2000	-	-	2003
Preston	a	-	*(1846)*	-	*(1946)*	-	2019	-	-	2022
Chorley	a	-	-	-	-	-	-	-	-	-
Bolton	a	-	*(1906)*	-	*(2006)*	-	*(2106)*	-	-	*(2106)*
Deangsate	a	-	-	-	-	-	-	-	-	-
Manchester Oxford Rd	a	-	*(1922)*	-	*(2022)*	-	*(2122)*	-	-	*(2122)*
Manchester Piccadilly	a	-	*(1926)*	-	*(2026)*	-	*(2126)*	-	-	*(2126)*
Manchester Airport	a	-	*(1946)*	-	*(2046)*	-	*(2146)*	-	-	*(2146)*

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.

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Monday to Saturday

					SO ●●	SX	SX	SO	SO	SX
Carlisle	d	1707	-	1751	-	-	-	-	1846	1909
Dalston		1715	-	1759	-	-	-	-	1854	1917
Wigton		1725	-	1809	-	-	-	-	1904	1927
Aspatria		1735	-	1819	-	-	-	-	1914	1937
Maryport		1746	-	1830	-	-	-	-	1925	1948
Flimby		17x49	-	18x33	-	-	-	-	19x28	19x51
Workington		1757	-	1841	-	-	-	-	1936	1958
Harrington		1801	-	1845	-	-	-	-	1940	2002
Parton		18x09	-	18x53	-	-	-	-	1949	2011
Whitehaven	a	1816	-	1859	-	-	-	-	1956	2016
Whitehaven	d	1818	-	1900	-	-	-	-	-	2017
Corkickle		1820	-	1903	-	-	-	-	-	2020
St. Bees		1827	-	1914	-	-	-	-	-	2028
Nethertown		18x31	-	↓	-	-	-	-	-	20x32
Braystones		18x34	-	↓	-	-	-	-	-	20x34
Sellafield		1840	-	1927	-	-	-	-	-	2040
Seascale		1843	-	1932	-	-	-	-	-	2044
Drigg		▼	-	19x35	-	-	-	-	-	20x47
Ravenglass for Eskdale		1849	-	1939	-	-	-	-	-	2050
Bootle		↓	-	19x45	-	-	-	-	-	20x56
Silecroft		↓	-	19x51	-	-	-	-	-	21x02
Millom	a	1905	-	1958	-	-	-	-	-	2109
Millom	d	1905	-	2001	-	-	2029	2059	-	2109
Green Road		19x09	-	20x05	-	-	20x33	▼	-	21x13
Foxfield		1913	-	2009	-	-	2037	2106	-	2117
Kirkby-in-Furness		19x17	-	20x13	-	-	20x41	▼	-	21x21
Askam		1922	-	2019	-	-	2046	2115	-	2126
Barrow-in-Furness	a	1937	-	2036	-	-	2101	2129	-	2142
Barrow-in-Furness	d	-	1945	-	2042	2045	-	-	-	2145
Roose		-	1949	-	2046	2049	-	-	-	2149
Dalton		-	1955	-	2052	2055	-	-	-	2155
Ulverston		-	2004	-	2101	2104	-	-	-	2204
Cark & Cartmel		-	2011	-	2108	2111	-	-	-	2211
Kents Bank		-	2015	-	2112	2115	-	-	-	2215
Grange-over-Sands		-	2019	-	2116	2119	-	-	-	2219
Arnside		-	2024	-	2123	2125	-	-	-	2226
Silverdale		-	2028	-	2127	2130	-	-	-	2230
Carnforth		-	2043	-	2135	2138	-	-	-	2238
Lancaster	a	-	2050	-	2143	2148	-	-	-	2246
Lancaster	d	-	2050	-	2143	*(2227)*	-	-	-	2246
Preston	a	-	2108	-	2205	*(2244)*	-	-	-	2310
Chorley	a	-	2120	-	-	-	-	-	-	-
Bolton	a	-	2134	-	-	-	-	-	-	-
Deangsate	a	-	2151	-	-	-	-	-	-	-
Manchester Oxford Rd	a	-	2154	-	-	*(2321)*	-	-	-	-
Manchester Piccadilly	a	-	2158	-	-	*(2325)*	-	-	-	-
Manchester Airport	a	-	2215	-	-	*(2346)*	-	-	-	-

Notes — All services operated by Northern.

- **a** Arrival time.
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- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.
- **●●** From 07 January 2023 until 11 February 2023, then from 01 April 2023 service continues to Preston.

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Monday to Saturday

		SO	SO ◆◆		DRY	SX	SO DRY	SO DRY	SX
Carlisle	d	1909	-	-	2000	2055	2106	2149	2201
Dalston		1917	-	-	2008	2103	2114	2157	2209
Wigton		1927	-	-	2018	2113	2124	2206	2219
Aspatria		1937	-	-	2028	2123	2134	2217	2229
Maryport		1948	-	-	2039	2134	2145	2227	2241
Flimby		19x51	-	-	20x42	21x37	21x48	22x30	22x44
Workington		1959	-	-	2050	2145	2156	2238	2251
Harrington		2003	-	-	2054	2149	2200	2242	2255
Parton		2011	-	-	2102	2157	2208	22x50	23x04
Whitehaven	a	2019	-	-	2109	2204	2215	2257	2310
Whitehaven	d	2020	-	-	-	-	-	-	-
Corkickle		2023	-	-	-	-	-	-	-
St. Bees		2028	-	-	-	-	-	-	-
Nethertown		20x32	-	-	-	-	-	-	-
Braystones		20x35	-	-	-	-	-	-	-
Sellafield		2040	-	-	-	-	-	-	-
Seascale		2044	-	-	-	-	-	-	-
Drigg		20x47	-	-	-	-	-	-	-
Ravenglass for Eskdale		2050	-	-	-	-	-	-	-
Bootle		20x56	-	-	-	-	-	-	-
Silecroft		21x02	-	-	-	-	-	-	-
Millom	a	2109	-	-	-	-	-	-	-
Millom	d	2109	-	2200	-	-	-	-	-
Green Road		21x13	-	22x04	-	-	-	-	-
Foxfield		2117	-	2208	-	-	-	-	-
Kirkby-in-Furness		21x21	-	22x12	-	-	-	-	-
Askam		2126	-	2217	-	-	-	-	-
Barrow-in-Furness	a	2141	-	2231	-	-	-	-	-
Barrow-in-Furness	d	-	2146	-	-	-	-	-	-
Roose		-	2150	-	-	-	-	-	-
Dalton		-	2156	-	-	-	-	-	-
Ulverston		-	2204	-	-	-	-	-	-
Cark & Cartmel		-	2212	-	-	-	-	-	-
Kents Bank		-	2216	-	-	-	-	-	-
Grange-over-Sands		-	2220	-	-	-	-	-	-
Arnside		-	2226	-	-	-	-	-	-
Silverdale		-	2230	-	-	-	-	-	-
Carnforth		-	2238	-	-	-	-	-	-
Lancaster	a	-	2246	-	-	-	-	-	-
Lancaster	d	-	2246	-	-	-	-	-	-
Preston	a	-	2310	-	-	-	-	-	-
Chorley	a	-	-	-	-	-	-	-	-
Bolton	a	-	-	-	-	-	-	-	-
Deangsate	a	-	-	-	-	-	-	-	-
Manchester Oxford Rd	a	-	-	-	-	-	-	-	-
Manchester Piccadilly	a	-	-	-	-	-	-	-	-
Manchester Airport	a	-	-	-	-	-	-	-	-

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.
- **DRY** Dry train. Alcohol in opened and unopened containers not permitted. Travel may also be refused if you are under the influence.
- **◆◆** Until 31 December 2022 and from 18 February until 25 March 2023 service continues to Preston.

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Sunday

			◆	◆	◘					
Carlisle	d	-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	0917	-
Flimby		-	-	-	-	-	-	-	09x20	-
Workington		-	-	-	-	-	-	-	0927	-
Harrington		-	-	-	-	-	-	-	0931	-
Parton		-	-	-	-	-	-	-	0940	-
Whitehaven	a	-	-	-	-	-	-	-	0945	-
Whitehaven	d	-	-	-	-	-	-	-	0947	-
Corkickle		-	-	-	-	-	-	-	0949	-
St. Bees		-	-	-	-	-	-	-	0955	-
Nethertown		-	-	-	-	-	-	-	09x59	-
Braystones		-	-	-	-	-	-	-	10x01	-
Sellafield		-	-	-	-	-	-	-	1007	-
Seascale		-	-	-	-	-	-	-	1011	-
Drigg		-	-	-	-	-	-	-	10x14	-
Ravenglass for Eskdale		-	-	-	-	-	-	-	1017	-
Bootle		-	-	-	-	-	-	-	10x23	-
Silecroft		-	-	-	-	-	-	-	10x29	-
Millom	a	-	-	-	-	-	-	-	1036	-
Millom	d	-	-	-	-	-	0950	-	1036	-
Green Road		-	-	-	-	-	09x54	-	10x40	-
Foxfield		-	-	-	-	-	0958	-	1044	-
Kirkby-in-Furness		-	-	-	-	-	10x02	-	10x48	-
Askam		-	-	-	-	-	1007	-	1053	-
Barrow-in-Furness	a	-	-	-	-	-	1021	-	1108	-
Barrow-in-Furness	d	0753	0841	0905	0905	0952	-	1052	-	1147
Roose		0757	0845	↓	0909	0956	-	1056	-	1151
Dalton		0803	0851	▼	0915	1002	-	1102	-	1158
Ulverston		0812	0859	0922	0924	1010	-	1111	-	1206
Cark & Cartmel		0819	0906	↓	0931	1017	-	1118	-	1213
Kents Bank		0823	0910	▼	0935	1021	-	1122	-	1217
Grange-over-Sands		0827	0914	0934	0939	1025	-	1126	-	1221
Arnside		0833	0920	0940	0945	1031	-	1131	-	1227
Silverdale		0838	0924	▼	0950	1035	-	1135	-	1231
Carnforth		0845	0931	0951	0957	1043	-	1143	-	1239
Lancaster	a	-	0938	1001	*(1025)*	1050	-	1150	-	1246
Lancaster	d	-	0945	-	-	1051	-	1151	-	1247
Preston	a	-	1004	-	-	1110	-	1209	-	1306
Chorley	a	-	1019	-	-	1122	-	1221	-	1322
Bolton	a	-	1032	-	-	1135	-	1234	-	1335
Deangsate	a	-	▼	-	-	▼	-	▼	-	▼
Manchester Oxford Rd	a	-	1047	-	-	1150	-	1250	-	1350
Manchester Piccadilly	a	-	-	-	-	1156	-	1256	-	1354
Manchester Airport	a	-	-	-	-	1220	-	1316	-	1416

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- **◆** Until 01 January 2023 and from 19 February until 26 March 2023.
- **◘** From 08 January until 12 February 2023 and from 2 April 2023.

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Sunday

		◆	◘	◆	◘					
Carlisle	d	0945	-	1023	1041	1106	-	1207	-	1324
Dalston		0953	-	1032	1049	1114	-	1215	-	1332
Wigton		1002	-	1041	1058	1124	-	1225	-	1342
Aspatria		1013	-	1052	1109	1134	-	1235	-	1352
Maryport		1024	1024	1103	1120	1145	-	1246	-	1403
Flimby		▼	▼	11x06	11x23	11x48	-	12x49	-	14x06
Workington		1033	1033	1113	1130	1156	-	1258	-	1414
Harrington		▼	▼	1117	1134	1200	-	1302	-	1418
Parton		1045	1045	1126	1143	1208	-	13x10	-	1426
Whitehaven	a	1050	1050	1131	1148	1214	-	1316	-	1432
Whitehaven	d	1051	1051	1133	1150	1216	-	1318	-	1433
Corkickle		1054	1054	1135	1152	1219	-	1321	-	1436
St. Bees		1059	1059	1141	1158	1227	-	1327	-	1441
Nethertown		↓	↓	↓	↓	12x31	-	-	-	-
Braystones		▼	▼	▼	▼	12x33	-	-	-	-
Sellafield		1109	1109	1151	1208	1239	-	1337	-	1451
Seascale		1113	1113	1154	1211	1243	-	1340	-	1455
Drigg		11x16	11x16	11x57	12x14	12x46	-	13x43	-	-
Ravenglass for Eskdale		1119	1119	1201	1218	1249	-	1347	-	1501
Bootle		11x25	11x25	12x06	12x23	12x55	-	13x52	-	-
Silecroft		11x31	11x31	12x13	12x30	13x01	-	13x59	-	-
Millom	a	1137	1137	1219	1236	1308	-	1405	-	1516
Millom	d	1137	1137	1219	1236	1308	-	1406	-	1517
Green Road		11x41	11x41	12x23	12x40	13x12	-	14x10	-	-
Foxfield		1145	1145	1227	1244	1316	-	1414	-	1524
Kirkby-in-Furness		11x49	11x49	12x31	12x48	13x20	-	14x18	-	15x28
Askam		1154	1154	1236	1253	1325	-	1423	-	1533
Barrow-in-Furness	a	1209	1209	1251	1308	1340	-	1438	-	1548
Barrow-in-Furness	d	-	-	1253	1317	-	1349	-	1447	1550
Roose		-	-	1257	1321	-	1353	-	1451	1554
Dalton		-	-	1303	1327	-	1359	-	1457	1600
Ulverston		-	-	1311	1335	-	1407	-	1505	1608
Cark & Cartmel		-	-	↓	↓	-	1414	-	1512	1616
Kents Bank		-	-	▼	▼	-	1418	-	1516	1620
Grange-over-Sands		-	-	1324	1348	-	1422	-	1520	1624
Arnside		-	-	1330	1354	-	1428	-	1526	1630
Silverdale		-	-	1335	1359	-	1432	-	1530	1635
Carnforth		-	-	1342	1406	-	1439	-	1537	1642
Lancaster	a	-	-	1352	1420	-	1446	-	1544	1652
Lancaster	d	-	-	-	*(1427)*	-	1449	-	1546	-
Preston	a	-	-	-	*(1445)*	-	1507	-	1605	-
Chorley	a	-	-	-	-	-	1521	-	1622	-
Bolton	a	-	-	-	*(1504)*	-	1534	-	1635	-
Deangsate	a	-	-	-	-	-	▼	-	▼	-
Manchester Oxford Rd	a	-	-	-	*(1520)*	-	1550	-	1650	-
Manchester Piccadilly	a	-	-	-	*(1524)*	-	1555	-	1655	-
Manchester Airport	a	-	-	-	*(1542)*	-	1613	-	1713	-

Notes — **All services operated by Northern.**

- a Arrival time.
- d Departure time.
- x Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.
- ◆ Until 01 January 2023 and from 19 February until 26 March 2023.
- ◘ From 08 January until 12 February 2023 and from 2 April 2023.

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Sunday

Carlisle	d	1401	-	1510	1616	-	1710	-	-	-
Dalston		1409	-	1518	1624	-	1718	-	-	-
Wigton		1419	-	1528	1634	-	1728	-	-	-
Aspatria		1429	-	1538	1644	-	1738	-	-	-
Maryport		1440	-	1549	1655	-	1749	-	-	-
Flimby		14x43	-	15x52	16x58	-	17x52	-	-	-
Workington		1451	-	1600	1706	-	1800	-	-	-
Harrington		1455	-	1604	1710	-	1804	-	-	-
Parton		1503	-	16x12	1718	-	18x12	-	-	-
Whitehaven	a	1508	-	1617	1724	-	1818	-	-	-
Whitehaven	d	1510	-	1619	1725	-	1819	-	-	-
Corkickle		1513	-	1622	1728	-	1822	-	-	-
St. Bees		1519	-	1629	1733	-	1829	-	-	-
Nethertown		↓	-	16x33	↓	-	18x33	-	-	-
Braystones		▼	-	16x35	▼	-	18x35	-	-	-
Sellafield		1529	-	1642	1744	-	1841	-	-	-
Seascale		1532	-	1646	1748	-	1845	-	-	-
Drigg		15x35	-	16x49	17x51	-	18x48	-	-	-
Ravenglass for Eskdale		1539	-	1652	1754	-	1851	-	-	-
Bootle		15x45	-	16x58	18x00	-	18x57	-	-	-
Silecroft		15x51	-	17x04	18x06	-	19x03	-	-	-
Millom	a	1556	-	1711	1813	-	1910	-	-	-
Millom	d	1557	-	1711	1814	-	1910	-	1925	-
Green Road		16x01	-	17x15	18x18	-	19x14	-	19x29	-
Foxfield		1605	-	1719	1822	-	1918	-	1933	-
Kirkby-in-Furness		16x09	-	17x23	18x26	-	19x22	-	19x37	-
Askam		1614	-	1728	1831	-	1927	-	1942	-
Barrow-in-Furness	a	1629	-	1743	1846	-	1942	-	1957	-
Barrow-in-Furness	d	-	1646	1746	-	1851	-	1952	-	2046
Roose		-	1650	1750	-	1855	-	1956	-	2050
Dalton		-	1656	1756	-	1901	-	2002	-	2056
Ulverston		-	1705	1805	-	1909	-	2011	-	2105
Cark & Cartmel		-	1712	1812	-	1917	-	2018	-	2112
Kents Bank		-	1716	1816	-	1921	-	2022	-	2116
Grange-over-Sands		-	1720	1820	-	1925	-	2026	-	2120
Arnside		-	1725	1827	-	1931	-	2031	-	2126
Silverdale		-	1729	1832	-	1935	-	2035	-	2131
Carnforth		-	1736	1842	-	1943	-	2043	-	2138
Lancaster	a	-	1744	1851	-	1951	-	2050	-	2148
Lancaster	d	-	1749	*(1858)*	-	1951	-	2050	-	*(2220)*
Preston	a	-	1807	*(1915)*	-	2014	-	2108	-	*(2238)*
Chorley	a	-	1820	-	-	-	-	2122	-	-
Bolton	a	-	1833	-	-	*(2106)*	-	2136	-	-
Deangsate	a	-	▼	-	-	▼	-	▼	-	-
Manchester Oxford Rd	a	-	1850	-	-	*(2120)*	-	2151	-	*(2318)*
Manchester Piccadilly	a	-	1855	-	-	*(2124)*	-	2155	-	*(2322)*
Manchester Airport	a	-	1914	-	-	*(2142)*	-	2213	-	*(2342)*

Notes — **All services operated by Northern.**

- a Arrival time.
- d Departure time.
- x Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

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Sunday

Carlisle	d	1810	1910	2010	2110
Dalston		1818	1918	2018	2118
Wigton		1828	1928	2028	2128
Aspatria		1838	1938	2038	2138
Maryport		1849	1949	2049	2149
Flimby		18x52	19x52	20x52	21x52
Workington		1900	2000	2100	2200
Harrington		1904	2004	2104	2204
Parton		19x12	2012	2112	22x12
Whitehaven	a	1919	2019	2119	2219
Whitehaven	d	-	-	-	-
Corkickle		-	-	-	-
St. Bees		-	-	-	-
Nethertown		-	-	-	-
Braystones		-	-	-	-
Sellafield		-	-	-	-
Seascale		-	-	-	-
Drigg		-	-	-	-
Ravenglass for Eskdale		-	-	-	-
Bootle		-	-	-	-
Silecroft		-	-	-	-
Millom	a	-	-	-	-
Millom	d	-	-	-	-
Green Road		-	-	-	-
Foxfield		-	-	-	-
Kirkby-in-Furness		-	-	-	-
Askam		-	-	-	-
Barrow-in-Furness	a	-	-	-	-
Barrow-in-Furness	d	-	-	-	-
Roose		-	-	-	-
Dalton		-	-	-	-
Ulverston		-	-	-	-
Cark & Cartmel		-	-	-	-
Kents Bank		-	-	-	-
Grange-over-Sands		-	-	-	-
Arnside		-	-	-	-
Silverdale		-	-	-	-
Carnforth		-	-	-	-
Lancaster	a	-	-	-	-
Lancaster	d	-	-	-	-
Preston	a	-	-	-	-
Chorley	a	-	-	-	-
Bolton	a	-	-	-	-
Deangsate	a	-	-	-	-
Manchester Oxford Rd	a	-	-	-	-
Manchester Piccadilly	a	-	-	-	-
Manchester Airport	a	-	-	-	-

Notes — All services operated by Northern.

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- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

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Monday to Saturday

Manchester Airport ✈ 🚇	d	-	-	-	-	-	-	0529	(0603)	(0704)
Manchester Piccadilly 🚇		-	-	-	-	-	-	05e50	(0622)	(0721)
Manchester Oxford Rd		-	-	-	-	-	-	05e53	(0625)	(0725)
Deansgate 🚇		-	-	-	-	-	-	05e56	-	-
Bolton		-	-	-	-	-	-	0608	(0639)	-
Chorley		-	-	-	-	-	-	0620	-	-
Preston		-	-	-	0518	-	-	0633	(0704)	(0800)
Lancaster	a	-	-	-	0538	-	-	0651	(0719)	(0815)
Lancaster	d	-	-	-	0538	-	-	0653	0733	0822
Carnforth		-	-	-	0549	-	-	0703	0744	0832
Silverdale		-	-	-	0554	-	-	0708	0750	0838
Arnside		-	-	-	0559	-	-	0712	0754	0842
Grange-over-Sands		-	-	-	0605	-	-	0718	0800	0848
Kents Bank		-	-	-	0608	-	-	0722	0804	▼
Cark		-	-	-	0612	-	-	0726	0808	0854
Ulverston		-	-	-	0621	-	-	0733	0816	0902
Dalton		-	-	-	0629	-	-	0742	0825	0910
Roose		-	-	-	0635	-	-	0748	0831	▼
Barrow-in-Furness	a	-	-	-	0642	-	-	0755	0838	0922
Barrow-in-Furness	d	-	-	0558	-	0651	0750	-	-	-
Askam		-	-	0608	-	0701	0800	-	-	-
Kirkby-in-Furness		-	-	06x12	-	07x05	08x04	-	-	-
Foxfield		-	-	0616	-	0709	0808	-	-	-
Green Road		-	-	06x20	-	07x13	08x11	-	-	-
Millom	a	-	-	0626	-	0719	0817	-	-	-
Millom	d	-	-	0627	-	0719	0818	-	-	-
Silecroft		-	-	06x32	-	07x24	08x23	-	-	-
Bootle *(Cumbria)*		-	-	06x39	-	07x31	08x29	-	-	-
Ravenglass for Eskdale		-	-	0645	-	0737	0835	-	-	-
Drigg		-	-	06x49	-	07x41	08x38	-	-	-
Seascale		-	-	0653	-	0745	0842	-	-	-
Sellafield		-	-	0700	-	0753	0849	-	-	-
Braystones		-	-	↓	-	07x57	↓	-	-	-
Nethertown		-	-	▼	-	07x59	▼	-	-	-
St. Bees		-	-	0713	-	0805	0900	-	-	-
Corkickle		-	-	0719	-	0811	0905	-	-	-
Whitehaven	a	-	-	0722	-	0814	0908	-	-	-
Whitehaven	d	-	0630	0723	-	0816	0909	-	-	-
Parton		-	06x33	0727	-	0820	0913	-	-	-
Harrington		-	0642	0736	-	0828	0922	-	-	-
Workington		0549	0648	0742	-	0834	0928	-	-	-
Flimby		05x53	06x52	07x46	-	08x39	09x32	-	-	-
Maryport		0557	0656	0750	-	0843	0936	-	-	-
Aspatria		0607	0706	0800	-	0853	0946	-	-	-
Wigton		0619	0718	0812	-	0904	0957	-	-	-
Dalston		0628	0727	0821	-	0913	1006	-	-	-
Carlisle	a	0639	0738	0832	-	0925	1017	-	-	-

Notes

All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- 🚇 Metrolink connection available.
- ✈ Airport.
- Interchange with the Ravenglass & Eskdale Railway.
- **e** One minute earlier on Saturdays.

Northern is continuing improvement work across its network, with enhancements made to trains, stations and the ways to buy tickets.

In the past 12 months alone, Northern has introduced its fleet of new trains, completed the refurbishment of its older trains and delivered millions of pounds worth of improvements at stations, including the installation of more than 600 ticket machines and improved accessibility features.

Discover the improvements that have been made at your station, by visiting: **northernrailway.co.uk/better** and typing in your station's name.

There are loads of great value tickets available to experience these improvements for yourself - choose from day tickets, flexi-season tickets and annual tickets, there's a great deal of choice when it comes to commuting by rail.

Are you a Sellafield employee?

You can also apply for a corporate season ticket by visiting: **corporateseasontickets.com/season-tickets/sellafield** or by scanning the QR code.

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Monday to Saturday

			SX	SO						
Manchester Airport	d	-	0729	0729	-	(0828)	0929	-	1029	-
Manchester Piccadilly		-	0750	0750	-	(0858)	0950	-	1050	-
Manchester Oxford Rd		-	0753	0753	-	(0853)	0953	-	1053	-
Deansgate		-	0756	0756	-	(0828)	0956	-	1056	-
Bolton		-	0808	0808	-	(0856)	1008	-	1108	-
Chorley		-	0820	0820	-	(0921)	1020	-	1120	-
Preston		-	0833	0842	-	(0945)	1033	-	1145	-
Lancaster	a	-	0850	0859	-	(1002)	1050	-	1202	-
Lancaster	d	-	0851	0859	-	1013	1051	-	1202	-
Carnforth		-	0900	0909	-	1023	1101	-	1212	-
Silverdale		-	0906	0914	-	1029	1106	-	1217	-
Arnside		-	0910	0919	-	1033	1110	-	1221	-
Grange-over-Sands		-	0916	0924	-	1039	1116	-	1227	-
Kents Bank		-	0920	0928	-	1043	1120	-	1230	-
Cark		-	0924	0932	-	1047	1124	-	1234	-
Ulverston		-	0931	0940	-	1055	1131	-	1242	-
Dalton		-	0940	0948	-	1103	1140	-	1250	-
Roose		-	0946	0955	-	1109	1146	-	1256	-
Barrow-in-Furness	a	-	0953	1001	-	1117	1154	-	1302	-
Barrow-in-Furness	d	0927	-	-	1022	1119	-	1206	-	1316
Askam		0937	-	-	1032	1129	-	1216	-	1326
Kirkby-in-Furness		09x41	-	-	10x36	11x33	-	12x20	-	13x30
Foxfield		0945	-	-	1040	1137	-	1224	-	1334
Green Road		09x48	-	-	10x43	11x41	-	12x27	-	13x37
Millom	a	0954	-	-	1049	1147	-	1233	-	1343
Millom	d	0955	-	-	1050	1147	-	1234	-	1344
Silecroft		09x59	-	-	10x54	11x52	-	12x38	-	13x48
Bootle *(Cumbria)*		10x06	-	-	11x01	11x58	-	12x45	-	13x55
Ravenglass for Eskdale		1012	-	-	1107	1204	-	1251	-	1401
Drigg		10x15	-	-	11x10	12x07	-	12x54	-	14x04
Seascale		1019	-	-	1114	1211	-	1257	-	1407
Sellafield		1032	-	-	1122	1217	-	1303	-	1413
Braystones		↓	-	-	11x26	↓	-	13x07	-	14x16
Nethertown		↓	-	-	11x28	↓	-	13x09	-	14x19
St. Bees		1042	-	-	1134	1227	-	1328	-	1427
Corkickle		1047	-	-	1140	1232	-	1334	-	1433
Whitehaven	a	1050	-	-	1143	1235	-	1336	-	1436
Whitehaven	d	1051	-	-	1145	1236	-	1338	-	1438
Parton		1055	-	-	1148	↓	-	1341	-	1441
Harrington		1103	-	-	1157	↓	-	1350	-	1450
Workington		1109	-	-	1203	1253	-	1356	-	1456
Flimby		11x14	-	-	12x07	↓	-	14x00	-	15x00
Maryport		1117	-	-	1211	1301	-	1404	-	1505
Aspatria		1127	-	-	1221	1311	-	1414	-	1515
Wigton		1138	-	-	1233	1323	-	1426	-	1526
Dalston		1147	-	-	1242	↓	-	1435	-	1535
Carlisle	a	1158	-	-	1253	1341	-	1450	-	1546

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SO Runs Saturdays only.
SX Runs Mondays to Fridays only.

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Monday to Saturday

			SX	SO				SO	SX	SX
Manchester Airport	d	(1129)	-	1229	1229	-	1329	-	-	-
Manchester Piccadilly		(1150)	-	1250	1250	-	1350	-	-	-
Manchester Oxford Rd		(1153)	-	1253	1253	-	1353	-	-	-
Deansgate		(1156)	-	1256	1256	-	1356	-	-	-
Bolton		(1208)	-	↓	1309	-	1408	-	-	-
Chorley		(1220)	-	↓	1322	-	1420	-	-	-
Preston		(1245)	-	1346	1346	-	1445	-	-	-
Lancaster	a	(1302)	-	1404	1404	-	1502	-	-	-
Lancaster	d	1318	-	1405	1405	-	1502	-	-	-
Carnforth		1329	-	1414	1414	-	1512	-	-	-
Silverdale		1334	-	1419	1419	-	1517	-	-	-
Arnside		1339	-	1424	1424	-	1522	-	-	-
Grange-over-Sands		1345	-	1429	1429	-	1527	-	-	-
Kents Bank		1348	-	1433	1433	-	1531	-	-	-
Cark		1352	-	1437	1437	-	1536	-	-	-
Ulverston		1401	-	1444	1444	-	1543	-	-	-
Dalton		1409	-	1453	1453	-	1552	-	-	-
Roose		1415	-	1459	1459	-	1558	-	-	-
Barrow-in-Furness	a	1422	-	1505	1505	-	1605	-	-	-
Barrow-in-Furness	d	1424	1449	-	-	1544	-	1611	-	1615
Askam		1434	1459	-	-	1554	-	1621	-	1625
Kirkby-in-Furness		14x38	15x03	-	-	15x58	-	16x25	-	16x29
Foxfield		1442	1507	-	-	1602	-	1629	-	1634
Green Road		14x45	15x10	-	-	16x05	-	16x32	-	16x37
Millom	a	1451	1516	-	-	1611	-	1638	-	1643
Millom	d	1451	1517	-	-	1612	-	1639	-	1644
Silecroft		14x56	15x21	-	-	16x16	-	16x43	-	16x48
Bootle *(Cumbria)*		15x02	15x28	-	-	16x23	-	16x50	-	16x55
Ravenglass for Eskdale		1508	1534	-	-	1629	-	1656	-	1701
Drigg		15x11	15x37	-	-	16x32	-	16x59	-	17x04
Seascale		1515	1541	-	-	1635	-	1702	-	1708
Sellafield		1520	1547	-	-	1641	-	1708	-	1712
Braystones		↓	↓	-	-	↓	-	17x11	-	-
Nethertown		↓	↓	-	-	↓	-	17x14	-	-
St. Bees		1530	1600	-	-	1652	-	1719	-	-
Corkickle		1536	1606	-	-	1657	-	1724	-	-
Whitehaven	a	1538	1608	-	-	1700	-	1728	-	-
Whitehaven	d	1540	1612	-	-	1701	-	1729	1749	-
Parton		1545	16x15	-	-	17x05	-	1733	1752	-
Harrington		1553	1624	-	-	1713	-	1741	1801	-
Workington		1559	1633	-	-	1719	-	1747	1807	-
Flimby		16x04	16x37	-	-	17x24	-	17x52	18x11	-
Maryport		1608	1643	-	-	1728	-	1756	1816	-
Aspatria		1618	1653	-	-	1738	-	1806	1826	-
Wigton		1629	1705	-	-	1749	-	1817	1837	-
Dalston		1638	1714	-	-	1759	-	1826	1846	-
Carlisle	a	1651	1725	-	-	1810	-	1841	1857	-

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- d Departure time.
- x Request stop station.
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SO Runs Saturdays only.
SX Runs Mondays to Fridays only.

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Monday to Saturday

								SO	SX		SX
Manchester Airport	d	(1429)	1529	-	-	1629	-	-	(1704)	-
Manchester Piccadilly		(1450)	1550	-	-	1650	-	-	(1721)	-
Manchester Oxford Rd		(1453)	1553	-	-	1653	-	-	(1724)	-
Deansgate		(1456)	1556	-	-	1656	-	-	-	-
Bolton		(1508)	1609	-	-	1709	-	-	-	-
Chorley		(1520)	1620	-	-	1720	-	-	-	-
Preston		(1533)	1633	-	(1701)	1734	-	-	(1803)	-
Lancaster	a	(1532)	1651	-	(1716)	1751	-	-	(1818)	-
Lancaster	d	1602	1652	-	1727	1751	-	-	1836	-
Carnforth		1612	1701	-	1737	1801	-	-	1845	-
Silverdale		1618	1706	-	1742	1806	-	-	1851	-
Arnside		1623	1711	-	1747	1811	-	-	1855	-
Grange-over-Sands		1629	1716	-	1753	1817	-	-	1901	-
Kents Bank		1633	1720	-	1756	1820	-	-	1905	-
Cark		1638	1724	-	1800	1824	-	-	1909	-
Ulverston		1646	1732	-	1808	1832	-	-	1917	-
Dalton		1655	1740	-	1816	1840	-	-	1925	-
Roose		1701	1746	-	1822	1846	-	-	1931	-
Barrow-in-Furness	a	1709	1753	-	1830	1853	-	-	1939	-
Barrow-in-Furness	d	1716	-	1807	-	-	1857	1912	-	1944
Askam		1726	-	1817	-	-	1907	1922	-	1954
Kirkby-in-Furness		17x30	-	18x21	-	-	19x11	19x26	-	19x58
Foxfield		1734	-	1825	-	-	1915	1930	-	2002
Green Road		17x38	-	18x28	-	-	19x18	19x33	-	20x05
Millom	a	1744	-	1834	-	-	1924	1939	-	2012
Millom	d	1744	-	1834	-	-	1925	1940	-	-
Silecroft		17x49	-	-	-	-	19x29	19x44	-	-
Bootle *(Cumbria)*		17x55	-	-	-	-	19x36	19x51	-	-
Ravenglass for Eskdale		1802	-	1849	-	-	1942	1957	-	-
Drigg		18x05	-	18x52	-	-	19x45	20x00	-	-
Seascale		1809	-	1856	-	-	1948	2003	-	-
Sellafield		1814	-	1900	-	-	1953	2012	-	-
Braystones		↓	-	↓	-	-	↓	20x15	-	-
Nethertown		↓	-	↓	-	-	↓	20x18	-	-
St. Bees		1828	-	1912	-	-	2003	2027	-	-
Corkickle		1834	-	1917	-	-	2008	2032	-	-
Whitehaven	a	1836	-	1920	-	-	2012	2036	-	-
Whitehaven	d	1838	-	1921	-	-	2013	2037	-	-
Parton		18x41	-	1925	-	-	20x17	20x41	-	-
Harrington		1850	-	1933	-	-	2025	2049	-	-
Workington		1856	-	1943	-	-	2035	2055	-	-
Flimby		19x00	-	19x47	-	-	20x40	21x00	-	-
Maryport		1904	-	1953	-	-	2044	2104	-	-
Aspatria		1914	-	2003	-	-	2054	2114	-	-
Wigton		1925	-	2014	-	-	2106	2125	-	-
Dalston		1934	-	2023	-	-	2115	2134	-	-
Carlisle	a	1945	-	2034	-	-	2126	2145	-	-

Notes — All services operated by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- s Stops to drop passengers off only.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.

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Monday to Saturday

		SO	SX	SO	SX	SO				
Manchester Airport	d	-	(1729)	(1729)	-	-	1829	-	1929	-
Manchester Piccadilly		-	(1750)	(1750)	-	-	1850	-	1950	-
Manchester Oxford Rd		-	(1753)	(1753)	-	-	1853	-	1953	-
Deansgate		-	(1756)	(1756)	-	-	1856	-	1956	-
Bolton		-	(1809)	(1809)	-	-	1909	-	2008	-
Chorley		-	(1823)	(1823)	-	-	1921	-	2020	-
Preston		-	(1844)	(1844)	-	-	1934	-	2033	-
Lancaster	a	-	(1902)	(1902)	-	-	1951	-	2050	-
Lancaster	d	-	1913	1913	-	-	1951	-	2051	-
Carnforth		-	1923	1923	-	-	2001	-	2100	-
Silverdale		-	1929	1929	-	-	2006	-	2106	-
Arnside		-	1933	1933	-	-	2010	-	2110	-
Grange-over-Sands		-	1939	1939	-	-	2016	-	2116	-
Kents Bank		-	1943	1943	-	-	2020	-	2120	-
Cark		-	1947	1947	-	-	2024	-	2124	-
Ulverston		-	1955	1955	-	-	2031	-	2131	-
Dalton		-	2003	2003	-	-	2040	-	2140	-
Roose		-	2009	2009	-	-	2046	-	2146	-
Barrow-in-Furness	a	-	2017	2017	-	-	2053	-	2153	-
Barrow-in-Furness	d	1944	2018	2018	-	-	-	2110	-	2211
Askam		1954	2028	2028	-	-	-	2120	-	2221
Kirkby-in-Furness		19x58	20x32	20x32	-	-	-	21x24	-	22x25
Foxfield		2002	2036	2036	-	-	-	2128	-	2229
Green Road		20x05	20x40	20x40	-	-	-	21x32	-	22x33
Millom	a	2011	2046	2046	-	-	-	2138	-	2239
Millom	d	2011	2046	-	-	-	-	-	-	-
Silecroft		20x16	20x50	-	-	-	-	-	-	-
Bootle *(Cumbria)*		20x22	20x57	-	-	-	-	-	-	-
Ravenglass for Eskdale		2028	2103	-	-	-	-	-	-	-
Drigg		20x31	21x06	-	-	-	-	-	-	-
Seascale		2035	2109	-	-	-	-	-	-	-
Sellafield		2041	2115	-	-	-	-	-	-	-
Braystones		20x44	↓	-	-	-	-	-	-	-
Nethertown		20x47	↓	-	-	-	-	-	-	-
St. Bees		2052	2124	-	-	-	-	-	-	-
Corkickle		2057	2130	-	-	-	-	-	-	-
Whitehaven	a	2101	2132	-	-	-	-	-	-	-
Whitehaven	d	2102	2134	-	2209	2209	-	-	-	-
Parton		21x06	21x37	-	2212	2212	-	-	-	-
Harrington		2114	2146	-	2221	2221	-	-	-	-
Workington		2120	2152	-	2227	2227	-	-	-	-
Flimby		21x25	21x56	-	22x32	22x32	-	-	-	-
Maryport		2128	2200	-	2236	2236	-	-	-	-
Aspatria		-	2210	-	2246	-	-	-	-	-
Wigton		-	2221	-	2257	-	-	-	-	-
Dalston		-	2230	-	2306	-	-	-	-	-
Carlisle	a	-	2241	-	2317	-	-	-	-	-

Notes — All services operated by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.

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Monday to Saturday

		SX	SO	SO	SO	SO	SO	SX	SO	SO
			○	○	◆	●	○		◆	○
Manchester Airport	d	-	-	-	-	-	-	2159	2159	-
Manchester Piccadilly		-	-	-	-	-	-	2220	2220	-
Manchester Oxford Rd		-	-	-	-	-	-	2224	2224	-
Deansgate		-	-	-	-	-	-	▼	▼	-
Bolton		-	-	-	-	-	-	2239	2239	-
Chorley		-	-	-	-	-	-	2252	2251	-
Preston		(2143)	2125	-	2211	2230	-	2310	2310	2310
Lancaster	a	(2157)	2215	-	2231	2320	-	2330	2330	2359
Lancaster	d	2209	-	2226	2231	-	2330	2330	2330	-
Carnforth		2218	-	2235	2241	-	2339	2341	2341	-
Silverdale		2224	-	2241	2246	-	2345	2347	2347	-
Arnside		2228	-	2245	2251	-	2349	2351	2351	-
Grange-over-Sands		2234	-	2251	2257	-	2355	2357	2357	-
Kents Bank		2238	-	2255	2300	-	2358	2359	2359	-
Cark		2242	-	2259	2304	-	0003	0005	0005	-
Ulverston		2250	-	2307	2313	-	0010	0012	0012	-
Dalton		2258	-	2316	2321	-	0019	0021	0021	-
Roose		2304	-	2322	2327	-	0025	0027	0027	-
Barrow-in-Furness	a	2312	-	2329	2335	-	0032	0034	0034	-
Barrow-in-Furness	d	-	-	-	-	-	-	-	-	-
Askam		-	-	-	-	-	-	-	-	-
Kirkby-in-Furness		-	-	-	-	-	-	-	-	-
Foxfield		-	-	-	-	-	-	-	-	-
Green Road		-	-	-	-	-	-	-	-	-
Millom	a	-	-	-	-	-	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-
Bootle *(Cumbria)*		-	-	-	-	-	-	-	-	-
Ravenglass for Eskdale		-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-
Whitehaven	d	-	-	-	-	-	-	-	-	-
Parton		-	-	-	-	-	-	-	-	-
Harrington		-	-	-	-	-	-	-	-	-
Workington		-	-	-	-	-	-	-	-	-
Flimby		-	-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-	-
Carlisle	a	-	-	-	-	-	-	-	-	-

Notes — **All services operated by Northern.**

- a Arrival time.
- d Departure time.
- x Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.
- Rail replacement bus service.

- **SO** Runs Saturdays only.
- **SX** Runs Mondays to Fridays only.
- ◆ Runs Saturdays until 31 December 2022 and from 18 February until 25 March 2023.
- ○ Runs Saturdays only from 07 January until 11 February 2023 then from 01 April 2023.

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Sunday

		◆	◆	◘				◘	◆	◘
Manchester Airport	d	-	-	-	-	-	-	-	(0833)	-
Manchester Piccadilly		-	-	-	-	-	-	-	(0853)	-
Manchester Oxford Rd		-	-	-	-	-	-	-	(0857)	-
Deansgate		-	-	-	-	-	-	-	▼	-
Bolton		-	-	-	-	-	-	-	(0910)	-
Chorley		-	-	-	-	-	-	-	(0922)	-
Preston		-	-	-	-	-	-	-	(0948)	-
Lancaster	a	-	-	-	-	-	-	-	(1005)	-
Lancaster	d	-	-	-	-	-	-	0945	1011	-
Carnforth		-	-	-	-	-	0855	1010	1021	1021
Silverdale		-	-	-	-	-	0900	-	1027	1027
Arnside		-	-	-	-	-	0905	-	1031	1031
Grange-over-Sands		-	-	-	-	-	0911	-	1037	1037
Kents Bank		-	-	-	-	-	0914	-	1041	1041
Cark		-	-	-	-	-	0918	-	1045	1045
Ulverston		-	-	-	-	-	0927	-	1053	1053
Dalton		-	-	-	-	-	0935	-	1101	1101
Roose		-	-	-	-	-	0941	-	1107	1107
Barrow-in-Furness	a	-	-	-	-	-	0948	-	1115	1115
Barrow-in-Furness	d	-	-	-	-	0905	0950	-	1116	1116
Askam		-	-	-	-	0915	1000	-	1126	1126
Kirkby-in-Furness		-	-	-	-	09x19	10x04	-	11x30	11x30
Foxfield		-	-	-	-	0923	1008	-	1134	1134
Green Road		-	-	-	-	09x26	10x11	-	11x38	11x38
Millom	a	-	-	-	-	0933	1017	-	1144	1144
Millom	d	-	-	-	-	-	1017	-	1144	1144
Silecroft		-	-	-	-	-	10x22	-	11x48	11x48
Bootle *(Cumbria)*		-	-	-	-	-	10x28	-	11x55	11x55
Ravenglass for Eskdale		-	-	-	-	-	1034	-	1201	1201
Drigg		-	-	-	-	-	10x37	-	12x04	12x04
Seascale		-	-	-	-	-	1041	-	1207	1207
Sellafield		-	-	-	-	-	1046	-	1213	1213
Braystones		-	-	-	-	-	10x50	-	↓	↓
Nethertown		-	-	-	-	-	10x52	-	↓	↓
St. Bees		-	-	-	-	-	1100	-	1225	1225
Corkickle		-	-	-	-	-	1106	-	1230	1230
Whitehaven	a	-	-	-	-	-	1109	-	1233	1233
Whitehaven	d	-	-	-	1016	-	1111	-	1234	1234
Parton		-	-	-	1020	-	1114	-	1238	1238
Harrington		-	-	-	1028	-	1123	-	1246	1246
Workington		0855	0940	0957	1034	-	1129	-	1252	1252
Flimby		09x00	09x45	10x02	10x39	-	11x33	-	12x57	12x57
Maryport		0904	0949	1006	1043	-	1137	-	1301	1301
Aspatria		0914	0959	1016	1053	-	1147	-	1311	1311
Wigton		0925	1010	1027	1104	-	1159	-	1322	1322
Dalston		0934	1019	1036	1113	-	1208	-	1331	1331
Carlisle	a	0945	1030	1047	1124	-	1219	-	1342	1342

Notes — **All services operated by Northern.**

- a Arrival time.
- d Departure time.
- x Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

- Rail replacement bus service.
- ◆ Until 01 January 2023 and from 19 February until 26 March 2023.
- ◘ From 08 January until 12 February 2023 and from 2 April 2023.

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Sunday

Manchester Airport ✈ 🚇	d	0936	-	1033	-	-	-	1242	-	1330
Manchester Piccadilly 🚇		0955	-	1055	-	-	-	1304	-	1348
Manchester Oxford Rd		0958	-	1100	-	-	-	1308	-	1352
Deansgate 🚇		▼	-	▼	-	-	-	▼	-	▼
Bolton		1011	-	1113	-	-	-	1322	-	1409
Chorley		1023	-	1125	-	-	-	1341	-	1421
Preston		1039	-	1147	-	-	-	1358	-	1446
Lancaster	a	1056	-	1204	-	-	-	1415	-	1503
Lancaster	d	1059	-	1204	-	1314	-	1415	-	1504
Carnforth		1109	-	1214	-	1324	-	1425	-	1513
Silverdale		1114	-	1219	-	1330	-	1430	-	1518
Arnside		1118	-	1223	-	1334	-	1434	-	1523
Grange-over-Sands		1123	-	1229	-	1340	-	1440	-	1528
Kents Bank		1127	-	1232	-	1344	-	1443	-	1532
Cark		1131	-	1236	-	1348	-	1447	-	1536
Ulverston		1138	-	1244	-	1356	-	1455	-	1543
Dalton		1147	-	1252	-	1404	-	1503	-	1552
Roose		1153	-	1258	-	1410	-	1509	-	1558
Barrow-in-Furness	a	1159	-	1304	-	1418	-	1516	-	1604
Barrow-in-Furness	d	-	1218	-	1309	1419	1455	-	1558	-
Askam		-	1228	-	1319	1429	1505	-	1608	-
Kirkby-in-Furness		-	12x32	-	13x23		15x09	-	16x12	-
Foxfield		-	1236	-	1327		1513	-	1616	-
Green Road		-	12x39	-	13x30	▼	15x16	-	16x19	-
Millom	a	-	1245	-	1336	1443	1522	-	1625	-
Millom	d	-	1245	-	1336	1444	1523	-	1625	-
Silecroft		-	12x50	-	13x41		15x28	-	16x30	-
Bootle *(Cumbria)*		-	12x56	-	13x47	▼	15x34	-	16x36	-
Ravenglass for Eskdale 🚂		-	1302	-	1353	1459	1541	-	1642	-
Drigg		-	13x05	-	13x56		15x44	-	16x45	-
Seascale		-	1309	-	1400	▼	1547	-	1649	-
Sellafield		-	1315	-	1405	1507	1551	-	1654	-
Braystones		-		-	14x09			-	16x58	-
Nethertown		-	▼	-	14x11	▼	▼	-	17x00	-
St. Bees		-	1328	-	1416	1520	1601	-	1705	-
Corkickle		-	1333	-	1421	1525	1607	-	1710	-
Whitehaven	a	-	1337	-	1425	1528	1609	-	1714	-
Whitehaven	d	-	1338	-	1426	1529	1611	-	1716	-
Parton		-	1342	-	1430	1533	16x14	-	1720	-
Harrington		-	1350	-	1438	1541	1623	-	1728	-
Workington		-	1358	-	1444	1547	1629	-	1734	-
Flimby		-	14x03	-	14x49	15x52	16x33	-	17x39	-
Maryport		-	1408	-	1453	1556	1637	-	1743	-
Aspatria		-	1418	-	1503	1606	1647	-	1753	-
Wigton		-	1430	-	1514	1617	1659	-	1804	-
Dalston		-	1439	-	1523	1626	1708	-	1813	-
Carlisle	a	-	1450	-	1534	1637	1719	-	1824	-

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- 🚇 Metrolink connection available.
- ✈ Airport.
- 🚂 Interchange with the Ravenglass & Eskdale Railway.

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Sunday

Manchester Airport ✈ 🚇	d	*(1410)*	-	-	1530	-	1630	-	-	1830
Manchester Piccadilly 🚇		*(1426)*	-	-	1548	-	1648	-	-	1848
Manchester Oxford Rd		*(1430)*	-	-	1552	-	1652	-	-	1852
Deansgate 🚇		-	-	-	▼	-	▼	-	-	▼
Bolton		*(1444)*	-	-	1609	-	1709	-	-	1909
Chorley		-	-	-	1621	-	1721	-	-	1921
Preston		*(1505)*	-	-	1648	-	1747	-	-	1947
Lancaster	a	*(1520)*	-	-	1705	-	1804	-	-	2004
Lancaster	d	1603	-	-	1706	-	1804	-	1902	2004
Carnforth		1613	-	-	1715	-	1814	-	1914	2014
Silverdale		1619	-	-	1721	-	1819	-	1920	2019
Arnside		1623	-	-	1725	-	1823	-	1925	2023
Grange-over-Sands		1629	-	-	1730	-	1828	-	1931	2028
Kents Bank		1633	-	-	1734	-	1832	-	1934	2032
Cark		1637	-	-	1738	-	1836	-	1938	2036
Ulverston		1645	-	-	1745	-	1843	-	1947	2043
Dalton		1653	-	-	1753	-	1851	-	1955	2052
Roose		1659	-	-	1759	-	1857	-	2001	2058
Barrow-in-Furness	a	1707	-	-	1806	-	1904	-	2008	2105
Barrow-in-Furness	d	1718	-	-	-	1825	-	1909	-	-
Askam		1729	-	-	-	1835	-	1919	-	-
Kirkby-in-Furness		17x33	-	-	-	18x39	-	19x23	-	-
Foxfield		1737	-	-	-	1843	-	1927	-	-
Green Road		17x40	-	-	-	18x46	-	19x30	-	-
Millom	a	1746	-	-	-	1853	-	1937	-	-
Millom	d	1747	-	-	-	-	-	-	-	-
Silecroft		17x51	-	-	-	-	-	-	-	-
Bootle *(Cumbria)*		17x58	-	-	-	-	-	-	-	-
Ravenglass for Eskdale 🚂		1804	-	-	-	-	-	-	-	-
Drigg		18x07	-	-	-	-	-	-	-	-
Seascale		1810	-	-	-	-	-	-	-	-
Sellafield		1816	-	-	-	-	-	-	-	-
Braystones		18x19	-	-	-	-	-	-	-	-
Nethertown		18x22	-	-	-	-	-	-	-	-
St. Bees		1830	-	-	-	-	-	-	-	-
Corkickle		1835	-	-	-	-	-	-	-	-
Whitehaven	a	1839	-	-	-	-	-	-	-	-
Whitehaven	d	1840	1938	2030	-	-	-	-	-	-
Parton		18x44	19x41	2033	-	-	-	-	-	-
Harrington		1852	1950	2042	-	-	-	-	-	-
Workington		1858	1956	2048	-	-	-	-	-	-
Flimby		19x03	20x01	20x53	-	-	-	-	-	-
Maryport		1907	2005	2057	-	-	-	-	-	-
Aspatria		1917	2015	2107	-	-	-	-	-	-
Wigton		1928	2026	2118	-	-	-	-	-	-
Dalston		1937	2035	2127	-	-	-	-	-	-
Carlisle	a	1948	2046	2138	-	-	-	-	-	-

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- 🚇 Metrolink connection available.
- ✈ Airport.
- 🚂 Interchange with the Ravenglass & Eskdale Railway.

Sunday

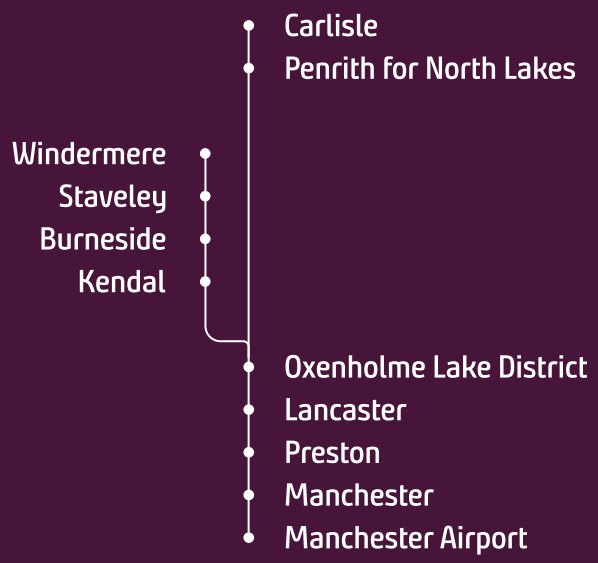
Manchester Airport	d	1930	-
Manchester Piccadilly		1948	-
Manchester Oxford Rd		1952	-
Deansgate		▼	-
Bolton		2010	-
Chorley		2022	-
Preston		2046 *(2141)*	
Lancaster	a	2104 *(2155)*	
Lancaster	d	2104	2220
Carnforth		2114	2230
Silverdale		2119	2235
Arnside		2123	2240
Grange-over-Sands		2128	2246
Kents Bank		2132	2249
Cark		2136	2253
Ulverston		2143	2301
Dalton		2151	2309
Roose		2157	2315
Barrow-in-Furness	a	2204	2323
Barrow-in-Furness	d	-	-
Askam		-	-
Kirkby-in-Furness		-	-
Foxfield		-	-
Green Road		-	-
Millom	a	-	-
Millom	d	-	-
Silecroft		-	-
Bootle *(Cumbria)*		-	-
Ravenglass for Eskdale		-	-
Drigg		-	-
Seascale		-	-
Sellafield		-	-
Braystones		-	-
Nethertown		-	-
St. Bees		-	-
Corkickle		-	-
Whitehaven	a	-	-
Whitehaven	d	-	-
Parton		-	-
Harrington		-	-
Workington		-	-
Flimby		-	-
Maryport		-	-
Aspatria		-	-
Wigton		-	-
Dalston		-	-
Carlisle	a	-	-

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **x** Request stop station.
- Metrolink connection available.
- Airport.
- Interchange with the Ravenglass & Eskdale Railway.

Train times

The Lakes Line & West Coast Main Line



Includes Avanti West Coast and TransPennine Express services

Travelling Avanti West Coast or TransPennine Express?

Train times shown for Avanti West Coast and TransPennine Express are those which have been planned to operate during the course of this publication.

Timetables shown for services marked either **TP** or **AC** are still subject to change or may not operate due to ongoing operational challenges both companies continue to experience.

Additionally, during 2023, services to and from Scotland will be disrupted due to major engineering work taking place at Carstairs, between Carlisle and Glasgow/Edinburgh.

Please check your journey before travelling at **tpexpress.co.uk** or **avantiwestcoast.co.uk**

Need the ramp? Travel in the front train.

Many services between Barrow-in-Furness, Preston, Lancaster and Manchester are now run with either 4 or 6 carriages.

If you require the use of the ramp, please travel in the front 2 or 3 carriages as the accessible area will always be available to and from the platform.

Our station information displays will show in both text and as a graphic how many carriages a service has.

Notes

The general codes that are shown below apply in this section of the timetable. Additional codes and meanings will be shown on the relevant pages.

a	Arrival time.
d	Departure time.
s	Stops to set down only .
u	Stops to pick up only.
	Rail replacement bus service.
	Tram connection available.
	London Underground connections.
	Airport.
	Interchange with Windermere Lake Cruises.
	Train continued in a later column.
	Train continued from an earlier column.
AWC	Run by Avanti West Coast.
NT	Run by Northern.
TP	Run by TransPennine Express.
	First Class accommodation.
	At-seat trolley service.
	Complimentary meal service for First Class ticket holders and a counter buffet service.
	A counter buffet service.
◇	Seat reservations available.
R	Seat reservations recommended.

Please check these carefully as a code may only apply to a certain part of the journey which, where possible, will be shaded. The unshaded section of the journey runs at all times.

Monday to Friday

		AWC ⓉⓋ	NT	TP	AWC	TP Ⓛ	NT	AWC	NT	TP MO
Glasgow Central	d	-	-	-	0428	-	-	-	-	0422
Edinburgh Waverley	d	-	-	-	↓	-	-	-	-	↓
Lockerbie		-	-	-	↓	-	-	-	-	0550c
Carlisle	d	-	-	-	0543	-	-	-	-	0622
Penrith for North Lakes		-	-	-	0559	-	-	-	-	0645e
Windermere	d	-	-	-	↓	-	-	-	0642	↓
Staveley		-	-	-	↓	-	-	-	0647	↓
Burneside		-	-	-	↓	-	-	-	0652	↓
Kendal		-	-	-	↓	-	-	-	0656	↓
Oxenholme Lake District	a	-	-	-	0621	-	-	-	0701	0708
Oxenholme Lake District	d	-	-	-	0623	0626	-	-	-	0709
Lancaster	a	-	0550	-	0636	0642	0652	-	-	0723
Lancaster	d	0513	0550	0628	0638	0643	0652	0700	-	0724
Preston	a	0530	0608	0645	0655	0702	0710	0716	-	0742
Wigan North Western		0544	↓	↓	0710	0716	↓	0729	-	↓
Chorley	d	↓	↓	↓	↓	-	↓	-	-	↓
Bolton	a	↓	0634	↓	↓	-	0737	-	-	↓
Deansgate		↓	↓	↓	↓	-	↓	-	-	↓
Manchester Oxford Rd	a	↓	0654	0722	↓	-	0754	-	-	0823
Manchester Piccadilly	a	↓	0658	0726	↓	-	0758	-	-	0827
Manchester Airport	a	↓	0715	0745	↓	-	0815	-	-	0844
Birmingham New Street	a	↓	-	-	↓	-	-	0906	-	-
London Euston	a	0800	-	-	0914	-	-	1054	-	-

		TP MX	AWC	NT	AWC	TP	NT	AWC	NT	AWC
Glasgow Central	d	0452	0533	-	0548	-	-	0630	-	-
Edinburgh Waverley	d	↓	↓	-	↓	0612	-	↓	-	0652
Lockerbie		0608f	↓	-	↓	0712	-	0726	-	↓
Carlisle	d	0630	0647	-	0703	0734	-	0746	-	0807
Penrith for North Lakes		0645	0702	-	0719	0749	-	0802	-	0823
Windermere	d	↓	↓	-	↓	↓	0756	↓	-	↓
Staveley		↓	↓	-	↓	↓	0801	↓	-	↓
Burneside		↓	↓	-	↓	↓	0806	↓	-	↓
Kendal		↓	↓	-	↓	↓	0810	↓	-	↓
Oxenholme Lake District	a	0708	0725	-	0741	0812	0815	0824	-	↓
Oxenholme Lake District	d	0709	0726	-	0743	0813	-	0826	-	↓
Lancaster	a	0723	0740	0750	0756	0827	-	0839	0848	0857
Lancaster	d	0724	0741	0751	0758	0831	-	0841	0848	0859
Preston	a	0742	0758	0809	0815	0848	-	0859	0906	0916
Wigan North Western		↓	0813	↓	0829	↓	-	0913	↓	0929
Chorley	d	↓	↓	↓	↓	↓	-	↓	↓	↓
Bolton	a	↓	↓	0836	↓	↓	-	↓	0934	↓
Deansgate		↓	↓	↓	↓	↓	-	↓	↓	↓
Manchester Oxford Rd	a	0823	↓	0854	↓	0922	-	↓	0954	↓
Manchester Piccadilly	a	0827	↓	0858	↓	0926	-	↓	0958	↓
Manchester Airport	a	0844	↓	0915	↓	0946	-	↓	1015	↓
Birmingham New Street	a	-	↓	-	1006	-	-	↓	-	1107
London Euston	a	-	1012	-	1138	-	-	1112	-	1254

Additional notes - see page 44 for main timetable notes

ⓉⓋ Also calls at Lichfield Trent Valley 0640 and Tamworth 0647.
c Arrives 13 minutes earlier.
e Arrives 9 minutes earlier.
f Arrives 16minutes earlier.

MO Runs Mondays only.
MX Runs Tuesdays to Fridays only.
Ⓛ Continues to Liverpool Lime Street. From 04 March 2023 starts from Oxenholme Lake District.

		NT	TP D	AWC	NT	AWC	TP Ⓛ	TP	NT	AWC
Glasgow Central	d	-	0709	0736	-	0800	0745	-	-	0838
Edinburgh Waverley	d	-	↓	↓	-	↓	↓	0812	-	↓
Lockerbie		-	0812	↓	-	↓	0902	0911	-	↓
Carlisle	d	-	0834	0849	-	0911	0927	0934	-	0948
Penrith for North Lakes		-	0849	↓	-	↓	0942	0949	-	1003
Windermere	d	0852	↓	↓	-	↓	↓	↓	0955	↓
Staveley		↓	↓	↓	-	↓	↓	↓	1000	↓
Burneside		↓	↓	↓	-	↓	↓	↓	1005	↓
Kendal		0903	↓	↓	-	↓	↓	↓	1009	↓
Oxenholme Lake District	a	0908	0912	0923	-	↓	1005	1012	1014	↓
Oxenholme Lake District	d	-	0913	0925	-	↓	1006	1013	1016	↓
Lancaster	a	-	0927	0938	0948	0957	1021	1027	1033	1037
Lancaster	d	-	0928	0940	0950	0959	1022	1028	1050	1039
Preston	a	-	0945	0957	1008	1016	1041	1045	↳	1056
Wigan North Western		-	↓	1013	↓	1029	-	↓	-	1112
Chorley	d	-	↓	↓	↓	↓	-	↓	-	↓
Bolton	a	-	10s06	↓	1034	↓	-	11s06	-	↓
Deansgate		-	↓	↓	↓	↓	-	↓	-	↓
Manchester Oxford Rd	a	-	1022	↓	1054	↓	-	1122	-	↓
Manchester Piccadilly	a	-	1026	↓	1058	↓	-	1126	-	↓
Manchester Airport	a	-	1044	↓	1115	↓	-	1144	-	↓
Birmingham New Street	a	-	-	↓	-	1206	-	-	-	↓
London Euston	a	-	-	1213	-	1354	-	-	-	1312

		NT	AWC	TP	NT	AWC	NT	NT	TP	AWC
Glasgow Central	d	-	-	0906	-	0936	-	-	-	1040
Edinburgh Waverley	d	-	0852	↓	-	↓	-	-	1012	↓
Lockerbie		-	↓	1010	-	↓	-	-	1111	↓
Carlisle	d	-	1006	1035	-	1049	-	-	1133	1149
Penrith for North Lakes		-	↓	1050	-	↓	-	-	1148	↓
Windermere	d	-	↓	↓	1057	↓	-	1147	↓	↓
Staveley		-	↓	↓	1102	↓	-	1152	↓	↓
Burneside		-	↓	↓	1107	↓	-	1157	↓	↓
Kendal		-	↓	↓	1111	↓	-	1201	↓	↓
Oxenholme Lake District	a	-	1041	1113	1116	1124	-	1206	1211	1223
Oxenholme Lake District	d	-	1042	1114	-	1125	-	-	1212	1225
Lancaster	a	↲	1056	1130	-	1139	1147	-	1226	1238
Lancaster	d	1050	1057	1131	-	1140	1149	-	1227	1240
Preston	a	1108	1116	1149	-	1157	1208	-	1245	1257
Wigan North Western		↓	1129	↓	-	1213	↓	-	↓	1313
Chorley	d	1122	↓	↓	-	↓	↓	-	↓	↓
Bolton	a	1134	↓	12s07	-	↓	1234	-	13s06	↓
Deansgate		1151	↓	↓	-	↓	↓	-	↓	↓
Manchester Oxford Rd	a	1154	↓	1222	-	↓	1254	-	1322	↓
Manchester Piccadilly	a	1158	↓	1226	-	↓	1258	-	1326	↓
Manchester Airport	a	1215	↓	1244	-	↓	1315	-	1344	↓
Birmingham New Street	a	-	1306	-	-	↓	-	-	-	↓
London Euston	a	-	1454	-	-	1412	-	-	-	1512

Additional notes - see page 44 for main timetable notes

Ⓛ Continues to Liverpool Lime Street from 06 March 2023.
◥ Runs from 06 March 2023.

↳ Train continued in a later column.
↲ Train continued from an earlier column.

Monday to Friday

		NT	AWC	TP ◥	AWC	NT	AWC	TP LIV	TP	NT
			🅱🅷🅁	🅱🅷◇	🅱🅷🅁		🅱🅷🅁	🅱🅷🅁	🅱🅷🅁	
Glasgow Central	d	-	-	1107	1136	-	1156	1204	-	-
Edinburgh Waverley	d	-	1052	▼		-		▼	1212	-
Lockerbie		-	▼	1210	▼	-	▼	1306	1311	-
Carlisle	d	-	1206	1233	1249	-	1312	1328	1334	-
Penrith for North Lakes		-	1222	1248	1305	-		1343	1349	-
Windermere	d	-				1307				1358
Staveley		-				1312				1403
Burneside		-				1317				1408
Kendal		-		▼		1321		▼	▼	1412
Oxenholme Lake District	a	-		1311		1326		1406	1412	1417
Oxenholme Lake District	d	-	▼	1312	▼	1328	▼	1407	1413	-
Lancaster	a	1250	1256	1326	1339	1344	1358	1422	1427	-
Lancaster	d	1250	1257	1327	1340	1349	1359	1423	1428	-
Preston	a	1308	1314	1346	1357	1407	1416	1441	1445	-
Wigan North Western			1329		1413	▼	1430			-
Chorley	d	▼		▼		1422		-	▼	-
Bolton	a	1334		14s06		1434		-	15s06	-
Deansgate		▼		▼		1451		-	▼	-
Manchester Oxford Rd	a	1354		1422		1454		-	1522	-
Manchester Piccadilly	a	1358		1426		1458		-	1526	-
Manchester Airport	a	1415	▼	1444		1515	▼	-	1544	-
Birmingham New Street	a	-	1506	-	▼	-	1606	-	-	-
London Euston	a	-	1654	-	1612	-	1738	-	-	-

		AWC	NT	AWC	TP	NT	AWC	NT	TP	NT
		🅱🅷🅁		🅱🅷🅁	🅱🅷🅁		🅱🅷🅁		🅱🅷🅁	
Glasgow Central	d	1240	-	-	1309	-	1335	-	-	-
Edinburgh Waverley	d		-	1252	▼	-		-	1412	-
Lockerbie		▼	-	-	1409	-	▼	-	1513	-
Carlisle	d	1349	-	1407	1434	-	1449	-	1535	-
Penrith for North Lakes			-	1422	1449	-		-	1550	-
Windermere	d		-			1459		-		1600
Staveley			-			1504		-		1605
Burneside			-			1509		-		1610
Kendal		▼	-		▼	1513	▼	-	▼	1614
Oxenholme Lake District	a	1423	-		1512	1518	1523	-	1613	1619
Oxenholme Lake District	d	1425	-	▼	1513	-	1525	-	1614	1627
Lancaster	a	1438	1451	1456	1527	-	1538	1545	1628	↳
Lancaster	d	1440	1452	1458	1528	-	1540	1548	1629	-
Preston	a	1457	1510	1515	1545	-	1557	1606	1646	-
Wigan North Western		1513		1529		-	1613			-
Chorley	d		▼		▼	-				-
Bolton	a		1534		16s06	-				-
Deansgate			▼		▼	-		▼	▼	-
Manchester Oxford Rd	a		1554		1622	-		1654	1722	-
Manchester Piccadilly	a		1558		1626	-		1658	1726	-
Manchester Airport	a		1615	▼	1644	-		1715	1744	-
Birmingham New Street	a	▼	-	1706	-	-	▼	-	-	-
London Euston	a	1712	-	1854	-	-	1813	-	-	-

Additional notes - see page 44 for main timetable notes

CRE To Crewe 2328.
LIV To Liverpool Lime Street.
◥ Runs from 06 March 2023.
↳ Train continued in a later column.

Monday to Friday

		AWC	NT	AWC	TP ◥	AWC	NT	AWC	NT	TP
		🅱🅷🅁		🅱🅷🅁	🅱🅷◇	🅱🅷🅁		🅱🅷🅁		🅱🅷◇
Glasgow Central	d	1434	-	-	1508	1538	-	1557	-	-
Edinburgh Waverley	d		-	1452	▼		-		-	1612
Lockerbie		▼	-	▼	1609	▼	-	▼	-	1711
Carlisle	d	1548	-	1608	1631	1648	-	1711	-	1734
Penrith for North Lakes			-	1623	1646	1703	-		-	1749
Windermere	d		-				-		1708	
Staveley			-				-		1713	
Burneside			-				-		1718	
Kendal		▼	↲		▼		-	▼	1722	▼
Oxenholme Lake District	a	1622	1619		1709		-	1745	1727	1812
Oxenholme Lake District	d	1624	1627	▼	1712	▼	-	1747	-	1813
Lancaster	a	1637	1643	1657	1726	1737	1750		-	1827
Lancaster	d	1639	1650	1659	1728	1739	1750	▼	-	1828
Preston	a	1656	1708	1716	1746	1756	1808	1815	-	1846
Wigan North Western		1711	▼	1730		1813		1829	-	
Chorley	d		1722		▼		▼		-	▼
Bolton	a		1734		18s06		1834		-	19s06
Deansgate			1751		▼		▼		-	▼
Manchester Oxford Rd	a		1754		1822		1854		-	1922
Manchester Piccadilly	a		1758		1826		1858		-	1926
Manchester Airport	a		1815	▼	1844		1915	▼	-	1946
Birmingham New Street	a	▼	-	1906	-	▼	-	2006	-	-
London Euston	a	1912	-	2055	-	2012	-	2153	-	-

		TP ◥ LIV	NT	AWC	AWC	TP	NT	AWC	NT	NT
		🅱🅷◇		🅱🅷🅁	🅱🅷🅁	🅱🅷🅁		🅱🅷🅁		
Glasgow Central	d	1612	-	1640	-	1707	-	1730	-	-
Edinburgh Waverley	d	▼	-		1652	▼	-	▼	-	-
Lockerbie		1717	-	▼	▼	1810	-	1827	-	-
Carlisle	d	1741	-	1753	1808	1834	-	1847	-	-
Penrith for North Lakes		1757	-	1808		1849	-	1902	-	-
Windermere	d		1805				1856		-	-
Staveley			1810				1901		-	-
Burneside			1815				1906		-	-
Kendal		▼	1819	▼	▼	▼	1910	▼	-	-
Oxenholme Lake District	a	1820	1824	1831	1842	1912	1915	1925	-	-
Oxenholme Lake District	d	1821	-	1832	1844	1913	1917	1926	↲	-
Lancaster	a	1836	-	1846	1857	1928	1934	1940	1934	2000
Lancaster	d	1837	-	1847	1859	1929	1935	1941	1935	2000
Preston	a	1855	-	1904	1916	1946	1953	1958	1953	2019
Wigan North Western		1908	-	1918	1929		↲	2013	▼	-
Chorley	d	-	-			▼	-		2022	-
Bolton	a	-	-			20s06	-		2034	-
Deansgate		-	-			▼	-		2051	-
Manchester Oxford Rd	a	-	-			2022	-		2054	-
Manchester Piccadilly	a	-	-			2026	-		2058	-
Manchester Airport	a	-	-		▼	2046	-		2115	-
Birmingham New Street	a	-	-	▼	2105	-	-	▼	-	-
London Euston	a	-	-	2119	2245	-	-	2227	-	-

Additional notes - see page 44 for main timetable notes

LIV To Liverpool Lime Street.
◥ Shaded section runs from 06 March 2023.
↳ Train continued in a later column.
↲ Train continued from an earlier column.

Carlisle/Windermere • Preston • Manchester

Monday to Friday

		NT	TP	AWC	NT	AWC Ⓝ	NT	TP ◥	AWC CRE	NT
Glasgow Central	d	-	-	1840	-	-	-	1908	2006	-
Edinburgh Waverley	d	-	1812	↓	-	1852	-	↓	↓	-
Lockerbie		-	1911	↓	-	↓	-	2008	2103	-
Carlisle	d	-	1934	1949	-	2007	-	2030	2125	-
Penrith for North Lakes		-	1949	↓	-	↓	-	2045	2141	-
Windermere	d	1948	↓	↓	-	↓	2042	↓	↓	2147
Staveley		1953	↓	↓	-	↓	2047	↓	↓	2152
Burneside		1958	↓	↓	-	↓	2052	↓	↓	2157
Kendal		2002	↓	↓	-	↓	2056	↓	↓	2201
Oxenholme Lake District	a	2007	2012	2023	-	2041	2101	2108	2203	2206
Oxenholme Lake District	d	-	2013	2025	-	2043	-	2109	2205	-
Lancaster	a	-	2027	2038	2050	2056	-	2124	2218	-
Lancaster	d	-	2028	2040	2050	2058	-	2125	2220	-
Preston	a	-	2045	2057	2108	2115	-	2144	2237	-
Wigan North Western		-	↓	2110	↓	2129	-	↓	2251	-
Chorley	d	-	↓	↓	↓	↓		↓	-	-
Bolton	a	-	21s06	↓	2134	↓	-	↓	-	-
Deansgate		-	↓	↓	↓	↓	-	↓	-	-
Manchester Oxford Rd	a	-	2122	↓	2154	↓	-	2220	-	-
Manchester Piccadilly	a	-	2126	↓	2158	↓	-	2224	-	-
Manchester Airport	a	-	2146	↓	2215	↓	-	2241	-	-
Birmingham New Street	a	-	-	↓	-	2305	-	-	-	-
London Euston	a	-	-	2340	-	0117	-	-	-	-

		TP	NT	NT
Glasgow Central	d	-	-	-
Edinburgh Waverley	d	2011	-	-
Lockerbie		2111	-	-
Carlisle	d	2133	-	-
Penrith for North Lakes		2148	-	-
Windermere	d	↓	-	2247
Staveley		↓	-	2252
Burneside		↓	-	2257
Kendal		↓	-	2301
Oxenholme Lake District	a	2211	-	2306
Oxenholme Lake District	d	2212	-	2308
Lancaster	a	2226	2246	2324
Lancaster	d	2227	2246	2326
Preston	a	2244	2310	2345
Wigan North Western		↓	-	-
Chorley	d	↓	-	-
Bolton	a	↓	-	-
Deansgate		↓	-	-
Manchester Oxford Rd	a	2321	-	-
Manchester Piccadilly	a	2325	-	-
Manchester Airport	a	2346	-	-
Birmingham New Street	a	-	-	-
London Euston	a	-	-	-

Additional notes - see page 44 for main timetable notes

CRE To Crewe 2328.

LIV To Liverpool Lime Street.

Ⓝ Runs via and calls at Northampton 2352.

◥ Runs from 06 March 2023.

Carlisle/Windermere • Preston • Manchester

Saturday

		AWC ⓉⓋ	NT	AWC	TP	AWC	TP Ⓛ	NT	AWC	NT
Glasgow Central	d	-	-	-	-	0426	-	-	-	-
Edinburgh Waverley	d	-	-	-	-	↓	-	-	-	-
Lockerbie		-	-	-	-	↓	-	-	-	-
Carlisle	d	-	-	-	-	0545	-	-	-	-
Penrith for North Lakes		-	-	-	-	0600	-	-	-	-
Windermere	d	-	-	-	-	↓	-	-	-	0642
Staveley		-	-	-	-	↓	-	-	-	0647
Burneside		-	-	-	-	↓	-	-	-	0652
Kendal		-	-	-	-	↓	-	-	-	0656
Oxenholme Lake District	a	-	-	-	-	0623	-	-	-	0701
Oxenholme Lake District	d	-	-	-	-	0624	0629	-	-	-
Lancaster	a	-	0550	-	-	0638	0644	0649	-	-
Lancaster	d	0513	0550	-	0628	0640	0645	0649	0658	-
Preston	a	0530	0608	-	0645	0657	0702	0707	0715	-
Wigan North Western		0544	↓	0629	↓	0712	0717	↓	0729	-
Chorley	d	↓	↓	↓	↓	↓	-	↓	↓	-
Bolton	a	↓	0634	↓	↓	↓	-	0737	↓	-
Deansgate		↓	↓	↓	↓	↓	-	↓	↓	-
Manchester Oxford Rd	a	↓	0654	↓	0722	↓	-	0754	↓	-
Manchester Piccadilly	a	↓	0658	↓	0726	↓	-	0758	↓	-
Manchester Airport	a	↓	0715	↓	0745	↓	-	0815	↓	-
Birmingham New Street	a	↓	-	0804	-	↓	-	-	0906	-
London Euston	a	0800	-	0938	-	0912	-	-	1038	-

		TP	AWC	NT	AWC	TP	NT	AWC	NT	AWC
Glasgow Central	d	0452	0533	-	0548	-	-	0630	-	-
Edinburgh Waverley	d	↓	↓	-	↓	0613	-	↓	-	0652
Lockerbie		0553	↓	-	↓	0712	-	0727	-	↓
Carlisle	d	0623	0647	-	0703	0734	-	0747	-	0804
Penrith for North Lakes		0644e	0702	-	0719	0749	-	0802	-	0819
Windermere	d	↓	↓	-	↓	↓	0756	↓	-	↓
Staveley		↓	↓	-	↓	↓	0801	↓	-	↓
Burneside		↓	↓	-	↓	↓	0806	↓	-	↓
Kendal		↓	↓	-	↓	↓	0810	↓	-	↓
Oxenholme Lake District	a	0707	0725	-	0741	0812	0815	0825	-	0842
Oxenholme Lake District	d	0708	0726	-	0743	0813	-	0826	-	0843
Lancaster	a	0722	0740	0750	0756	0827	-	0840	0846	0857
Lancaster	d	0723	0741	0751	0758	0828	-	0841	0848	0858
Preston	a	0740	0758	0809	0815	0846	-	0858	0906	0915
Wigan North Western		↓	0813	↓	0829	↓	-	0913	↓	0929
Chorley	d	↓	↓	↓	↓	↓	-	↓	↓	↓
Bolton	a	↓	↓	0836	↓	↓	-	↓	0934	↓
Deansgate		↓	↓	↓	↓	↓	-	↓	↓	↓
Manchester Oxford Rd	a	0823	↓	0854	↓	0922	-	↓	0954	↓
Manchester Piccadilly	a	0827	↓	0858	↓	0926	-	↓	0958	↓
Manchester Airport	a	0844	↓	0915	↓	0946	-	↓	1015	↓
Birmingham New Street	a	-	↓	-	1006	-	-	↓	-	1106
London Euston	a	-	1012	-	1138	-	-	1112	-	1254

Additional notes - see page 44 for main timetable notes

ⓉⓋ Also calls at Lichfield Trent Valley 0640 and Tamworth 0647.

Ⓛ Runs from 04 March 2023 between Oxenholme Lake District and Liverpool Lime Street.

Saturday

		NT	TP ●	AWC	NT	AWC	TP	TP Ⓛ	AWC	NT
Glasgow Central	d	-	0709	0735	-	0800	-	0810	0838	-
Edinburgh Waverley	d	-	▼		-		0812	▼		-
Lockerbie		-	0810	▼	-	▼	0911	0916	▼	-
Carlisle	d	-	0833	0850	-	0910	0933	0938	0949	-
Penrith for North Lakes		-	0848		-		0948	0953	1004	-
Windermere	d	0852			-					1008
Staveley					-					1013
Burneside		▼			-					1018
Kendal		0903	▼	▼	-		▼	▼		1022
Oxenholme Lake District	a	0908	0913	0924	-		1011	1016		1027
Oxenholme Lake District	d	-	0914	0926	-	▼	1012	1017	▼	1029
Lancaster	a	-	0928	0939	0948	0956	1026	1031	1038	1047
Lancaster	d	-	0929	0941	0950	0958	1027	1032	1039	1047
Preston	a	-	0946	0959	1008	1015	1045	1050	1056	1105
Wigan North Western		-		1013		1029		-	1113	▼
Chorley	d	-	▼		▼		▼	-		1122
Bolton	a	-	10s06		1034		11s06	-		1134
Deansgate		-	▼		▼		▼	-		1151
Manchester Oxford Rd	a	-	1022		1054		1122	-		1154
Manchester Piccadilly	a	-	1026		1058		1126	-		1158
Manchester Airport	a	-	1044		1115	▼	1144	-		1215
Birmingham New Street	a	-	-	▼	-	1206	-	-	▼	-
London Euston	a	-	-	1212	-	1354	-	-	1312	-

		AWC	TP	NT	AWC	NT	NT	TP	AWC	NT
Glasgow Central	d	-	0909	-	0937	-	-	-	1040	-
Edinburgh Waverley	d	0852	▼	-		-	-	1012		-
Lockerbie		▼	1009	-	▼	-	-	1111	▼	-
Carlisle	d	1007	1033	-	1050	-	-	1133	1149	-
Penrith for North Lakes			1048	-		-	-	1148		-
Windermere	d			1057		-	1147			-
Staveley				1102		-	1152			-
Burneside				1107		-	1157			-
Kendal		▼	▼	1111	▼	-	1201	▼	▼	-
Oxenholme Lake District	a	1041	1111	1116	1124	-	1206	1211	1223	-
Oxenholme Lake District	d	1042	1112	-	1126	-	-	1212	1225	-
Lancaster	a	1056	1129	-	1139	1147	-	1226	1238	1250
Lancaster	d	1058	1130	-	1141	1149	-	1227	1240	1250
Preston	a	1115	1148	-	1158	1208	-	1245	1257	1308
Wigan North Western		1130		-	1213		-		1313	
Chorley	d		▼	-		▼	-	▼		▼
Bolton	a		12s06	-		1234	-	13s06		1334
Deansgate			▼	-		▼	-	▼		▼
Manchester Oxford Rd	a		1222	-		1254	-	1322		1354
Manchester Piccadilly	a		1226	-		1258	-	1326		1358
Manchester Airport	a	▼	1244	-		1315	-	1344		1415
Birmingham New Street	a	1306	-	-	▼	-	-	-	▼	-
London Euston	a	1454	-	-	1412	-	-	-	1512	-

Additional notes - see page 44 for main timetable notes

Ⓛ Continues to Liverpool Lime Street from 04 March 2023.

● Runs from 04 March 2023.

Saturday

		AWC	TP ●	AWC	NT	AWC	TP LIV	TP	NT	AWC
Glasgow Central	d	-	1107	1136	-	1156	1208	-	-	1240
Edinburgh Waverley	d	1052	▼		-		▼	1212	-	
Lockerbie		▼	1209	▼	-	▼	1306	1311	-	▼
Carlisle	d	1205	1233	1248	-	1311	1328	1334	-	1349
Penrith for North Lakes		1221	1248	1304	-		1343	1349	-	
Windermere	d				1307				1358	
Staveley					1312				1403	
Burneside					1317				1408	
Kendal			▼		1321		▼	▼	1412	▼
Oxenholme Lake District	a		1311		1326		1406	1412	1417	1423
Oxenholme Lake District	d	▼	1312	▼	1328	▼	1407	1413	-	1425
Lancaster	a	1255	1326	1338	1344	1357	1421	1427	-	1438
Lancaster	d	1256	1327	1339	1349	1359	1422	1428	-	1440
Preston	a	1313	1345	1356	1407	1416	1442	1446	-	1457
Wigan North Western		1329		1412	▼	1430	1504		-	1513
Chorley	d		▼	-	1422		-	▼	-	
Bolton	a		14s06	-	1434		-	15s06	-	
Deansgate			▼	-	1451		-	▼	-	
Manchester Oxford Rd	a		1422	-	1454		-	1522	-	
Manchester Piccadilly	a		1426	-	1458		-	1526	-	
Manchester Airport	a	▼	1444	-	1515	▼	-	1544	-	
Birmingham New Street	a	1506	-	-	-	1606	-	-	-	▼
London Euston	a	1654	-	1612	-	1754	-	-	-	1712

		NT	AWC	TP	NT	AWC	NT	TP	NT	AWC
Glasgow Central	d	-	-	1309	-	1335	-	-	-	1434
Edinburgh Waverley	d	-	1252	▼	-		-	1410	-	
Lockerbie		-	▼	1409	-	▼	-	1509	-	▼
Carlisle	d	-	1407	1433	-	1449	-	1534	-	1548
Penrith for North Lakes		-	1423	1448	-		-	1549	-	
Windermere	d	-			1459		-		1600	
Staveley		-			1504		-		1605	
Burneside		-			1509		-		1610	
Kendal		-		▼	1513	▼	-	▼	1614	▼
Oxenholme Lake District	a	-		1511	1518	1524	-	1612	1619	1622
Oxenholme Lake District	d	-	▼	1512	-	1525	-	1613	1627	1624
Lancaster	a	1451	1457	1527	-	1539	1545	1627	↳	1637
Lancaster	d	1452	1458	1528	-	1540	1550	1628	-	1639
Preston	a	1510	1515	1546	-	1557	1608	1646	-	1656
Wigan North Western			1529		-	1613			-	1713
Chorley	d	▼		▼	-		▼		-	
Bolton	a	1534		16s06	-		1634		-	
Deansgate		▼		▼	-		▼	▼	-	
Manchester Oxford Rd	a	1554		1622	-		1654	1722	-	
Manchester Piccadilly	a	1558		1626	-		1658	1726	-	
Manchester Airport	a	1615	▼	1644	-		1715	1744	-	
Birmingham New Street	a	-	1706	-	-	▼	-	-	-	▼
London Euston	a	-	1854	-	-	1812	-	-	-	1912

Additional notes - see page 44 for main timetable notes

LIV To Liverpool Lime Street.

↳ Train continued in a later column.

● Runs from 04 March 2023.

Saturday

		NT	AWC	TP ●	AWC	NT	NT	AWC	TP	TP ● LIV
			1 ✕ R	1 ⇄ ◇	1 ✕ R			1 ✕ R	1 ⇄ ◇	1 ⇄ ◇
Glasgow Central	d	-	-	1508	1538	-	-	1557	-	1613
Edinburgh Waverley	d	-	1452	▼		-	-		1611	▼
Lockerbie		-	▼	1610	▼	-	-	▼	1710	1716
Carlisle	d	-	1604	1633	1648	-	-	1710	1733	1741
Penrith for North Lakes		-	1620	1648	1703	-	-		1748	1757
Windermere	d	-				-	1708			
Staveley		-				-	1713			
Burneside		-				-	1718			
Kendal		←	▼	▼		-	1722	▼	▼	▼
Oxenholme Lake District	a	1619	1642	1711		-	1727	1745	1811	1820
Oxenholme Lake District	d	1627	1644	1712	▼	-	-	1746	1812	1821
Lancaster	a	1643	1657	1726	1737	1750	-		1826	1836
Lancaster	d	1650	1659	1727	1739	1750	-	▼	1827	1837
Preston	a	1708	1716	1744	1756	1808	-	1815	1846	1855
Wigan North Western		▼	1729		1813		-	1829		1908
Chorley	d	1722		▼		▼	-		▼	
Bolton	a	1734		18s06		1834	-		19s06	-
Deansgate		1751		▼		▼	-		▼	-
Manchester Oxford Rd	a	1754		1822		1854	-		1922	-
Manchester Piccadilly	a	1758		1826		1858	-		1926	-
Manchester Airport	a	1815	▼	1844		1915	-	▼	1946	-
Birmingham New Street	a	-	1906	-	▼	-	-	2006	-	-
London Euston	a	-	2113	-	2029	-	-	2214	-	-

		NT	AWC	AWC	TP	NT	AWC	NT	TP	AWC
			1 ✕ R	1 ✕ R	1 ⇄ R		1 ✕ R		1 ⇄ R	1 ✕ R
Glasgow Central	d	-	1640	-	1709	-	1730	-	-	1840
Edinburgh Waverley	d	-		1652	▼	-	-	-	1811	
Lockerbie		-	▼	▼	1810	-	1826	-	1911	▼
Carlisle	d	-	1752	1807	1833	-	1846	-	1934	1949
Penrith for North Lakes		-	1808		1848	-	1901	-	1949	2004
Windermere	d	1805				1856		1948		
Staveley		1810				1901		1953		
Burneside		1815				1906		1958		
Kendal		1819	▼	▼	▼	1910	▼	2002	▼	▼
Oxenholme Lake District	a	1824	1830	1841	1911	1915	1924	2007	2012	2027
Oxenholme Lake District	d	-	1832	1843	1912	1917	1925	-	2013	2028
Lancaster	a	-	1845	1856	1927	1934	1939	-	2027	2042
Lancaster	d	-	1847	1858	1928	1935	1940	-	2028	2043
Preston	a	-	1904	1915	1946	1953	1957	-	2045	2100
Wigan North Western		-	1918	1929			2011	-		2116
Chorley	d	-			▼	▼		-	▼	
Bolton	a	-			20s06	2034		-	21s06	
Deansgate		-			▼	▼		-	▼	
Manchester Oxford Rd	a	-			2022	2054		-	2122	
Manchester Piccadilly	a	-			2026	2058		-	2126	
Manchester Airport	a	-		▼	2046	2115		-	2146	▼
Birmingham New Street	a	-	▼	2105	-	-	▼	-	-	2248
London Euston	a	-	2140	2310	-	-	2255	-	-	-

Additional notes - see page 44 for main timetable notes

LIV To Liverpool Lime Street.

● Shaded section runs from 04 March 2023.

← Train continued from an earlier column.

Saturday

		VT	TP	NT ◆	NT ○	NT ◆	NT ○	NT ◆	NT ○
		1 ✕ R	1 ⇄ ◇						
Glasgow Central	d	..	1846	-	-	-	-	-	-
Edinburgh Waverley	d	1852	▼	-	-	-	-	-	-
Lockerbie		▼	1955	-	-	-	-	-	-
Carlisle	d	2004	2017	-	-	-	-	-	-
Penrith for North Lakes		2020	2032	-	-	-	-	-	-
Windermere	d			2042	2042	2140	2140	2229	2225
Staveley				2047	2047	2145	2150	2234	2235
Burneside				2052	2052	2150	2200	2239	2245
Kendal		▼	▼	2056	2056	2154	2210	2243	2255
Oxenholme Lake District	a	2042	2055	2101		2159	2225	2248	2310
Oxenholme Lake District	d	2044	2056	-	▼	-	-	2250	2310
Lancaster	a	2057	2112	-	2121	-	-	2305	2355
Lancaster	d	2059	2113	-	-	-	-	2305	2355
Preston	a	2116	2131	-	-	-	-	2324	0035
Wigan North Western		2129		-	-	-	-	-	-
Chorley	d	2131		-	-	-	-	-	-
Bolton	a			-	-	-	-	-	-
Deansgate			▼	-	-	-	-	-	-
Manchester Oxford Rd	a		2217	-	-	-	-	-	-
Manchester Piccadilly	a		2221	-	-	-	-	-	-
Manchester Airport	a	▼	2241	-	-	-	-	-	-
Birmingham New Street	a	2305	-	-	-	-	-	-	-
London Euston	a	-	-	-	-	-	-	-	-

Additional notes - see page 44 for main timetable notes

● Runs from 04 March 2023.

◆ Runs Saturdays until 31 December 2022 and from 18 February until 25 March 2023.

○ Runs Saturdays only from 07 January 2023 until 11 February then from 01 April 2023.

Sunday

		AWC	AWC	AWC	AWC	TP ●	AWC	NT ◆	NT ◘	TP
Glasgow Central	d	-	-	-	-	-	-	-	-	0916
Edinburgh Waverley	d	-	-	-	-	-	-	-	-	▼
Lockerbie		-	-	-	-	-	-	-	-	1022
Carlisle	d	-	-	-	-	-	-	-	-	1044
Penrith for North Lakes		-	-	-	-	-	-	-	-	1059
Windermere	d	-	-	-	-	-	-	1053	1030	↓
Staveley		-	-	-	-	-	-	1058	1040	↓
Burneside		-	-	-	-	-	-	1103	1050	↓
Kendal		-	-	-	-	-	-	1107	1100	▼
Oxenholme Lake District	a	-	-	-	-	-	-	1112	1115	1122
Oxenholme Lake District	d	-	-	-	-	-	-	-	-	1123
Lancaster	a	-	-	-	-	-	-	-	-	1137
Lancaster	d	-	-	-	-	1047	-	-	-	1138
Preston	a	-	-	-	-	1106	-	-	-	1156
Wigan North Western		0910	1012	1028	1109	↓	1129	-	-	↓
Chorley	d	↓	↓	↓	↓	▼	↓	-	-	↓
Bolton	a	↓	↓	↓	↓	11s25	↓	-	-	↓
Deansgate		↓	↓	↓	↓	▼	↓	-	-	▼
Manchester Oxford Rd	a	↓	↓	↓	↓	1139	↓	-	-	1238
Manchester Piccadilly	a	↓	↓	↓	↓	1143	↓	-	-	1242
Manchester Airport	a	↓	↓	▼	↓	1158	▼	-	-	1258
Birmingham New Street	a	▼	▼	1203	▼	-	1306	-	-	-
London Euston	a	1209	1246	-	1319	-	1455	-	-	-

		AWC	AWC	NT	TP	TP ❶	AWC	AWC	NT	TP
Glasgow Central	d	0934	0946	-	-	1013	1034	-	-	1107
Edinburgh Waverley	d	↓	↓	-	1013	▼	↓	1051	-	▼
Lockerbie		▼	▼	-	1112	1117	▼	▼	-	1210
Carlisle	d	1050	1102	-	1134	1139	1147	1207	-	1233
Penrith for North Lakes		1105	1118	-	1149	1154	1203	↓	-	1248
Windermere	d	↓	↓	1139	↓	↓	↓	↓	1224	↓
Staveley		↓	↓	1144	↓	↓	↓	↓	↓	↓
Burneside		↓	↓	1149	↓	↓	↓	↓	▼	↓
Kendal		▼	▼	1153	▼	▼	▼	▼	1236	▼
Oxenholme Lake District	a	1127	1140	1158	1212	1217	1225	1241	1241	1311
Oxenholme Lake District	d	1129	1142	-	1213	1218	1227	1243	-	1312
Lancaster	a	1142	1155	-	1227	1234	1240	1256	-	1326
Lancaster	d	1144	1157	-	1228	1235	1242	1258	-	1327
Preston	a	1201	1215	-	1245	1252	1259	1315	-	1345
Wigan North Western		1214	1229	-	↓	-	1313	1329	-	↓
Chorley	d	↓	↓	-	▼	-	↓	↓	-	▼
Bolton	a	↓	↓	-	13s05	-	↓	↓	-	14s05
Deansgate		↓	↓	-	▼	-	↓	↓	-	▼
Manchester Oxford Rd	a	↓	↓	-	1321	-	↓	↓	-	1421
Manchester Piccadilly	a	↓	↓	-	1326	-	↓	↓	-	1426
Manchester Airport	a	↓	▼	-	1344	-	↓	▼	-	1442
Birmingham New Street	a	▼	1406	-	-	-	▼	1506	-	-
London Euston	a	1418	1555	-	-	-	1518	1655	-	-

Additional notes - see page 44 for main timetable notes

❶ Continues to Liverpool Lime Street from 05 March 2023.

● Runs from 05 March 2023.

◆ Until 01 January 2023 and from 19 February until 26 March 2023.

◘ From 08 January until 12 February 2023 and from 2 April 2023.

Sunday

		AWC	NT	AWC	TP	NT	AWC	AWC	NT	TP
Glasgow Central	d	1135	-	1155	-	-	1235	-	-	1312
Edinburgh Waverley	d	↓	-	↓	1212	-	↓	1251	-	▼
Lockerbie		▼	-	▼	1311	-	▼	▼	-	1414
Carlisle	d	1250	-	1306	1333	-	1350	1406	-	1436
Penrith for North Lakes		1305	-	↓	1348	-	↓	1421	-	1451
Windermere	d	↓	1308	↓	↓	1359	↓	↓	1446	↓
Staveley		↓	1313	↓	↓	1404	↓	↓	1451	↓
Burneside		↓	1318	↓	↓	1409	↓	↓	1456	↓
Kendal		↓	1322	▼	▼	1413	▼	↓	1500	▼
Oxenholme Lake District	a	↓	1327	1340	1411	1418	1424	↓	1505	1514
Oxenholme Lake District	d	▼	1329	1342	1412	-	1426	▼	-	1515
Lancaster	a	1339	1345	1356	1426	-	1439	1456	-	1529
Lancaster	d	1341	1349	1358	1427	-	1441	1458	-	1530
Preston	a	1359	1407	1415	1445	-	1458	1515	-	1547
Wigan North Western		1413	↓	1429	↓	-	1513	1529	-	↓
Chorley	d	↓	▼	↓	▼	-	↓	↓	-	▼
Bolton	a	↓	1436	↓	15s04	-	↓	↓	-	16s06
Deansgate		↓	▼	↓	▼	-	↓	↓	-	▼
Manchester Oxford Rd	a	↓	1452	↓	1520	-	↓	↓	-	1620
Manchester Piccadilly	a	↓	1456	↓	1524	-	↓	↓	-	1624
Manchester Airport	a	↓	1514	▼	1542	-	↓	▼	-	1642
Birmingham New Street	a	▼	-	1606	-	-	▼	1706	-	-
London Euston	a	1618	-	1739	-	-	1718	1839	-	-

		AWC	AWC	TP LIV	TP	NT	AWC	NT	AWC	TP ●
Glasgow Central	d	1335	1355	1401	-	-	1434	-	-	1505
Edinburgh Waverley	d	↓	↓	▼	1412	-	↓	-	1451	▼
Lockerbie		▼	▼	1502	1511	-	▼	-	▼	1613
Carlisle	d	1449	1507	1524	1533	-	1548	-	1603	1635
Penrith for North Lakes		↓	1523	1539	1548	-	1603	-	1619	1650
Windermere	d	↓	↓	↓	↓	1555	↓	-	↓	↓
Staveley		↓	↓	↓	↓	1600	↓	-	↓	↓
Burneside		↓	↓	↓	↓	1605	↓	-	↓	↓
Kendal		▼	↓	▼	▼	1609	▼	-	▼	▼
Oxenholme Lake District	a	1523	↓	1602	1611	1614	1625	-	1641	1713
Oxenholme Lake District	d	1525	▼	1603	1612	1616	1627	-	1643	1714
Lancaster	a	1538	1557	1617	1626	1633	1640	⟵	1656	1728
Lancaster	d	1540	1558	1618	1627	1648	1642	1648	1658	1729
Preston	a	1558	1615	1637	1645	⟶	1659	1706	1714	1750
Wigan North Western		1613	1629	1650	↓	-	1713	↓	1729	↓
Chorley	d	↓	↓	↓	▼	-	↓	▼	↓	▼
Bolton	a	↓	↓	-	17s04	-	↓	1734	↓	18s05
Deansgate		↓	↓	-	▼	-	↓	▼	↓	▼
Manchester Oxford Rd	a	↓	↓	-	1720	-	↓	1752	↓	1820
Manchester Piccadilly	a	↓	↓	-	1724	-	↓	1756	↓	1824
Manchester Airport	a	↓	▼	-	1742	-	↓	1818	▼	1842
Birmingham New Street	a	▼	1806	-	-	-	▼	-	1906	-
London Euston	a	1818	1955	-	-	-	1918	-	2055	-

Additional notes - see page 44 for main timetable notes

● Runs from 05 March 2023.

⟶ Train continued in a later column.

⟵ Train continued from an earlier column.

Sunday

		NT	AWC	AWC	TP	NT	AWC	AWC	TP ●	NT
			1 ✕ R	1 ✕ R	1 ⚖ ◇		1 ✕ R	1 ✕ R	1 ⚖ ◇	
Glasgow Central	d	-	1535	1555	-	-	1638	-	1703	-
Edinburgh Waverley	d	-	▼	▼	1614	-	▼	1651	▼	-
Lockerbie		-	▼	▼	1713	-	▼	▼	1805	-
Carlisle	d	-	1649	1710	1735	-	1751	1807	1828	-
Penrith for North Lakes		-	▼	1726	1750	-	1806	▼	1843	-
Windermere	d	1659	▼	▼	▼	1800	▼	▼	▼	1901
Staveley		1704	▼	▼	▼	1805	▼	▼	▼	1907
Burneside		1709	▼	▼	▼	1810	▼	▼	▼	1912
Kendal		1713	▼	▼	▼	1814	▼	▼	▼	1916
Oxenholme Lake District	a	1718	1723	▼	1813	1819	1828	1842	1906	1921
Oxenholme Lake District	d	-	1725	▼	1814	-	1830	1843	1907	1923
Lancaster	a	-	1738	▼	1828	-	1843	1857	1922	1937
Lancaster	d	-	1740	▼	1829	-	1845	1858	1923	1939
Preston	a	-	1757	1814	1846	-	1902	1915	1940	1958
Wigan North Western		-	1813	1829	-	-	1916	1929	▼	▼
Chorley	d	-	▼	▼	-	-	▼	▼	▼	▼
Bolton	a	-	▼	▼	19s05	-	▼	▼	20s05	2036
Deansgate		-	▼	▼	-	-	▼	▼	▼	▼
Manchester Oxford Rd	a	-	▼	▼	1921	-	▼	▼	2020	2051
Manchester Piccadilly	a	-	▼	▼	1925	-	▼	▼	2024	2056
Manchester Airport	a	-	▼	▼	1942	-	▼	▼	2042	2114
Birmingham New Street	a	-	▼	2006	-	-	▼	2106	-	-
London Euston	a	-	2018	2211	-	-	2131	2322	-	-

		AWC	NT	TP	NT	AWC Ⓝ	AWC	TP ●	NT	TP ●
		1 ✕ R		1 ⚖ R		1 ✕ R	1 ✕ R	1 ⚖ ◇		1 ⚖ ◇
Glasgow Central	d	1734	-	-	-	1834	-	1847	-	1915
Edinburgh Waverley	d	▼	-	1813	-	▼	1851	▼	-	▼
Lockerbie		1831	-	1913	-	▼	▼	1954	-	2016
Carlisle	d	1851	-	1935	-	1948	2007	2016	-	2038
Penrith for North Lakes		1906	-	1950	-	▼	2022	2031	-	2053
Windermere	d	▼	-	▼	1957	▼	▼	▼	2047	▼
Staveley		▼	-	▼	2002	▼	▼	▼	2052	▼
Burneside		▼	-	▼	2007	▼	▼	▼	2057	▼
Kendal		▼	-	▼	2011	▼	▼	▼	2101	▼
Oxenholme Lake District	a	1928	-	2013	2016	2022	▼	2054	2106	2116
Oxenholme Lake District	d	1930	-	2014	-	2024	▼	2055	-	2117
Lancaster	a	1943	-	2028	-	2037	2056	2111	-	2131
Lancaster	d	1945	⟵	2029	-	2039	2058	2112	-	2132
Preston	a	2002	1958	2046	-	2056	2115	2129	-	2150
Wigan North Western		2016	▼	▼	-	2112	2129	2144	-	▼
Chorley	d	▼	▼	▼	-	▼	▼	2220	-	▼
Bolton	a	▼	2036	21s06	-	▼	▼	-	-	▼
Deansgate		▼	▼	▼	-	▼	▼	-	-	▼
Manchester Oxford Rd	a	▼	2051	2120	-	▼	▼	-	-	2221
Manchester Piccadilly	a	▼	2056	2124	-	▼	▼	-	-	2225
Manchester Airport	a	▼	2114	2142	-	▼	▼	-	-	2246
Birmingham New Street	a	▼	-	-	-	2251	2259	-	-	-
London Euston	a	2252	-	-	-	0100	-	-	-	-

Additional notes - see page 44 for main timetable notes

Ⓝ Runs via and calls at Northampton 2352.

● Shaded section runs from 05 March 2023.

Sunday

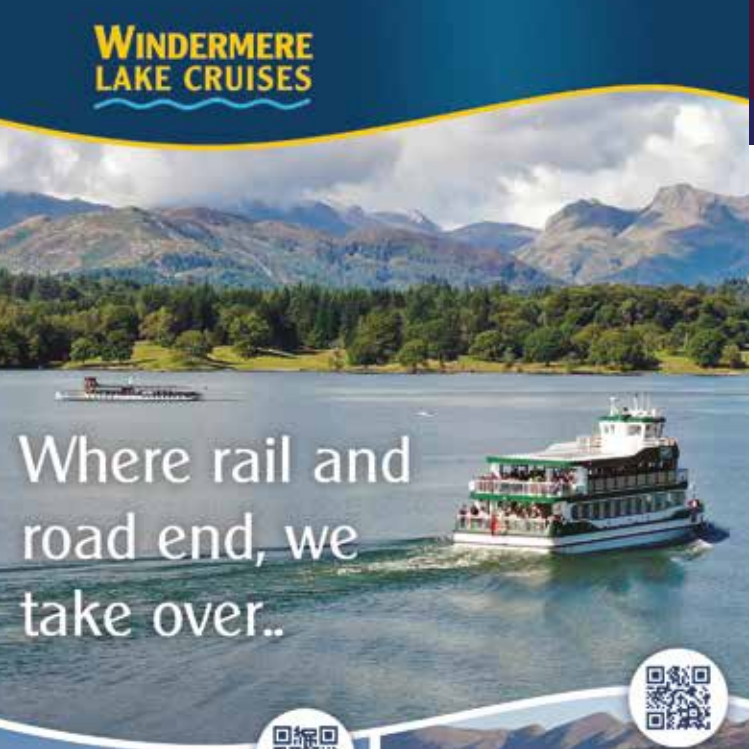
		AWC CRE	NT	TP ●
		1 ✕ R		1 ⚖ ◇
Glasgow Central	d	2008	-	-
Edinburgh Waverley	d	▼	-	2014
Lockerbie		2104	-	2113
Carlisle	d	2125	-	2135
Penrith for North Lakes		2141	-	2150
Windermere	d	▼	2147	▼
Staveley		▼	2152	▼
Burneside		▼	2157	▼
Kendal		▼	2201	▼
Oxenholme Lake District	a	2203	2206	2213
Oxenholme Lake District	d	2205	2218	2214
Lancaster	a	2218	2233	2228
Lancaster	d	2220	2234	2229
Preston	a	2238	2252	2246
Wigan North Western		2252	-	▼
Chorley	d	-	-	▼
Bolton	a	-	-	▼
Deansgate		-	-	▼
Manchester Oxford Rd	a	-	-	2318
Manchester Piccadilly	a	-	-	2322
Manchester Airport	a	-	-	2342
Birmingham New Street	a	-	-	-
London Euston	a	-	-	-

Additional notes - see page 44 for main timetable notes

CRE To Crewe.

● Runs from 05 March 2023.

WINDERMERE LAKE CRUISES



- Explore Windermere on a scenic cruise from Ambleside (Waterhead), Bowness or Lakeside piers.
- Hire a quiet, electric boat from Bowness or Ambleside.
- Open every day except Christmas Day.

Ambleside LA22 0EY
Red Cruise & Green Cruise (seasonal)
555 | 599

Bowness LA23 3HQ
Red & Yellow Cruise & Islands Cruise
Windermere
599 | 6 | 755 | 508 | (555)

Lakeside LA12 8AS
Yellow Cruise (wkends only in Jan)
Lakeside & Haverthwaite Steam Railway

015394 43360 windermere-lakecruises.co.uk

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		TP ■	NT	AWC WVH	NT	TP	AWC	NT	TP	AWC
London Euston	d	-	-	-	-	-	-	-	-	0531
Birmingham New Street	d	-	-	-	-	-	0605	-	-	↓
Manchester Airport	d	-	-	-	-	0603	↓	-	0704	↓
Manchester Piccadilly	d	0457	-	-	-	0622	↓	-	0721	↓
Manchester Oxford Rd	d	-	-	-	-	0625	↓	-	0725	↓
Deansgate	d	-	-	-	-	▼	↓	-	↓	↓
Bolton	d	-	-	-	-	06u39	↓	-	↓	↓
Chorley	d	-	-	-	-	↓	▼	-	↓	▼
Wigan North Western	d	-	-	0629	-	▼	0738	-	▼	0757
Preston	d	0536	-	0644	-	0704	0755	-	0800	0814
Lancaster	a	0551	-	0658	-	0719	0809	-	0815	0828
Lancaster	d	0552	0600	0700	-	0720	0810	-	0816	0830
Oxenholme Lake District	a	0605	0615	0712	-	0733	0823	-	0829	0842
Oxenholme Lake District	d	0606	0617	0714	0730	0734	0825	0829	0830	0844
Kendal		↓	0621	↓	0734	↓	↓	0833	↓	↓
Burneside		↓	0625	↓	0738	↓	↓	0837	↓	↓
Staveley		↓	0630	↓	0743	↓	↓	0842	↓	↓
Windermere	a	▼	0636	▼	0749	▼	↓	0848	▼	↓
Penrith for North Lakes		0631	-	0739	-	0759	▼	-	0856	▼
Carlisle	d	0651	-	0756	-	0816	0903	-	0913	0922
Lockerbie		0711	-	0814	-	0835	▼	-	0932	↓
Edinburgh Waverley	a	▼	-	▼	-	0938	1018	-	▼	▼
Glasgow Central	a	0819	-	0916	-	-	-	-	1033	1039

		AWC	TP LIV	NT	TP	NT	AWC	NT	AWC	TP
London Euston	d	-	-	-	-	-	0730	-	0616	-
Birmingham New Street	d	0707	-	-	-	-	↓	-	0807	↓
Manchester Airport	d	↓	-	-	0804	0829	↓	-	↓	0904
Manchester Piccadilly	d	↓	-	-	0821	0850	↓	-	↓	0921
Manchester Oxford Rd	d	↓	-	-	0824	0853	↓	-	↓	0924
Deansgate	d	↓	-	-	↓	0856	↓	-	↓	▼
Bolton	d	↓	-	-	↓	0909	↓	-	↓	09u39
Chorley	d	▼	-	-	↓	0921	▼	-	▼	↓
Wigan North Western	d	0838	0842	-	▼	▼	0926	⟷	0938	▼
Preston	d	0854	0858	-	0903	0945	0941	0945	0953	1006
Lancaster	a	0908	0913	-	0918	⟷	0955	1002	1007	1021
Lancaster	d	0909	0914	-	0919	-	0957	1002	1009	1022
Oxenholme Lake District	a	↓	0927	-	0932	-	↓	1019	1021	1035
Oxenholme Lake District	d	↓	0928	0930	0933	-	↓	1021	1023	1036
Kendal		↓	↓	0934	↓	-	↓	1025	↓	↓
Burneside		↓	↓	0938	↓	-	↓	1029	↓	↓
Staveley		↓	↓	0943	↓	-	↓	1034	↓	↓
Windermere	a	▼	▼	0949	▼	-	▼	1041	↓	▼
Penrith for North Lakes		0945	0953	-	0958	-	1032	-	▼	1101
Carlisle	d	1002	1010	-	1015	-	1048	-	1102	1118
Lockerbie		↓	1029	-	1035	-	↓	-	▼	1138
Edinburgh Waverley	a	▼	▼	-	1137	-	▼	-	1218	▼
Glasgow Central	a	1116	1131	-	-	-	1201	-	-	1239

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

WVH From Wolverhampton.

■ Also calls at Carstairs 0749.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		AWC	NT	TP	AWC	AWC	TP	NT	NT	AWC
		1 ✕ R		1 ⚡ R	1 ✕ R	1 ✕ R	1 ⚡ R			1 ✕ R
London Euston	d	0830	-	-	0930	0840	-	-	-	1030
Birmingham New Street	d		-	-		1007	-	-	-	
Manchester Airport	d		-	1004			-	-	1129	
Manchester Piccadilly	d		-	1021			-	-	1150	
Manchester Oxford Rd	d		-	1024			-	-	1153	
Deansgate	d		-	▼			-	-	1156	
Bolton	d		-	10u38			-	-	1208	
Chorley	d	▼	-		▼	▼	-	-		▼
Wigan North Western	d	1026	-	▼	1126	1138	-	-	▼	1226
Preston	d	1041	-	1059	1141	1153	1203	-	1246	1241
Lancaster	a	1055	-	1114	1155	1207	1218	-	↳	1255
Lancaster	d	1057	-	1114	1157	1209	1219	-	-	1257
Oxenholme Lake District	a	1110	-	1127		1221	1232	-	-	
Oxenholme Lake District	d	1112	1121	1128		1223	1233	1239	-	
Kendal			1125					1243	-	
Burneside			1129					1247	-	
Staveley			1134					1252	-	
Windermere	a		1140	▼	▼		▼	1258	-	▼
Penrith for North Lakes		▼	-	1153	1232	▼	1258	-	-	1332
Carlisle	d	1150	-	1210	1249	1301	1315	-	-	1349
Lockerbie			-	1229		▼	1334	-	-	
Edinburgh Waverley	a	▼	-	1332	▼	1418	▼	-	-	▼
Glasgow Central	a	1304	-	-	1402	-	1439	-	-	1500

		NT	AWC	TP	NT	TP	AWC	AWC	TP	NT
						◥ LIV				
			1 ✕ R	1 ⚡ R		1 ⚡ ◇	1 ✕ R	1 ✕ R	1 ⚡ R	
London Euston	d	-	0916	-	-	-	1130	1016	-	-
Birmingham New Street	d	-	1107	-	-	-		1207	-	-
Manchester Airport	d	-		1204	-	-			1304	-
Manchester Piccadilly	d	-		1222	-	-			1321	-
Manchester Oxford Rd	d	-		1225	-	-			1324	-
Deansgate	d	-		▼	-	-			▼	-
Bolton	d	-		12u38	-	-			13u39	-
Chorley	d	-	▼		-	-	▼	▼		-
Wigan North Western	d	↳	1238	▼	-	1250	1326	1338	▼	-
Preston	d	1246	1253	1259	-	1309	1341	1354	1405	-
Lancaster	a	1303	1307	1314	-	1325	1355	1409	1420	-
Lancaster	d	1303	1309	1315	-	1326	1357	1410	1421	-
Oxenholme Lake District	a	1332	1322	1329	↳	1340	1409		1434	-
Oxenholme Lake District	d	1333	1323	1329	1333	1341	1411		1435	1439
Kendal		↳			1338					1443
Burneside		-			1341					
Staveley		-			1346					▼
Windermere	a	-		▼	1353	▼		▼	▼	1455
Penrith for North Lakes		-	▼	1355	-	1406	▼	1446	1500	-
Carlisle	d	-	1402	1415	-	1424	1449	1503	1517	-
Lockerbie		-		1434	-	1443		▼	1537	-
Edinburgh Waverley	a	-	▼	1537	-	▼	▼	1618	▼	-
Glasgow Central	a	-	1517	-	-	1546	1603	-	1641	-

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

◥ Runs from 06 March 2023.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		AWC	TP	NT	NT	AWC	AWC	NT	TP	AWC
									◥	
		1 ✕ R	1 ⚡ R			1 ✕ R	1 ✕ R		1 ⚡ ◇	1 ✕ R
London Euston	d	1230	-	-	-	1330	1216	-	-	1430
Birmingham New Street	d		-	-	-		1407	-	-	
Manchester Airport	d		1404	-	1429			-	1504	
Manchester Piccadilly	d		1421	-	1450			-	1521	
Manchester Oxford Rd	d		1424	-	1453			-	1524	
Deansgate	d		▼	-	1456			-	▼	
Bolton	d		14u39	-	1508			-	15u39	
Chorley	d	▼		-	1520	▼	▼	-		▼
Wigan North Western	d	1426	▼	-	▼	1526	1538	-	▼	1626
Preston	d	1441	1503	-	1533	1541	1554	-	1602	1641
Lancaster	a	1455	1518	-	1550	1555	1608	↳	1617	1656
Lancaster	d	1457	1519	-	1551	1557	1610	1551	1619	1657
Oxenholme Lake District	a		1532	-	↳	1609	1622	1631	1632	1711
Oxenholme Lake District	d		1533	1537	-	1611	1624	1632	1633	1712
Kendal				1541	-			1637		
Burneside				1545	-			1640		
Staveley				1550	-			1645		
Windermere	a	▼	▼	1556	-			1652	▼	▼
Penrith for North Lakes		1532	1559	-	-	▼	▼	-	1658	1738
Carlisle	d	1549	1616	-	-	1649	1703	-	1715	1755
Lockerbie			1635	-	-		▼	-	1734	1814
Edinburgh Waverley	a	▼	1741	-	-	▼	1821	-	▼	▼
Glasgow Central	a	1701	-	-	-	1800	-	-	1838	1917

		AWC	TP	TP	NT	AWC	AWC	NT	TP	NT
			LIV						◥	
		1 ✕ R	1 ⚡ R	1 ⚡ R		1 ✕ R	1 ✕ R		1 ⚡ ◇	
London Euston	d	1316	-	-	-	1530	1416	-	-	-
Birmingham New Street	d	1507	-	-	-		1607	-	-	-
Manchester Airport	d		-	1604	-			-	1704	1729
Manchester Piccadilly	d		-	1621	-			-	1721	1750
Manchester Oxford Rd	d		-	1624	-			-	1724	1753
Deansgate	d		-		-			-		1756
Bolton	d		-		-			-		1809
Chorley	d	▼	-		-	▼	▼	-		1823
Wigan North Western	d	1638	1643	▼	-	1726	1738	-	▼	▼
Preston	d	1653	1701	1704	-	1741	1754	-	1803	1844
Lancaster	a	1708	1716	1721	-	1755	1808	-	1818	↳
Lancaster	d	1709	1717	1722	-	1757	1810	-	1819	-
Oxenholme Lake District	a	1722	1730	1735	-	1810	1822	-	1832	-
Oxenholme Lake District	d	1723	1731	1735	1742	1812	1824	1830	1833	-
Kendal					1746			1834		-
Burneside					1750			1838		-
Staveley					1755			1843		-
Windermere	a	▼	▼	▼	1801		▼	1849	▼	-
Penrith for North Lakes		1749	1756	1800	-	▼	1849	-	1859	-
Carlisle	d	1806	1813	1817	-	1850	1905	-	1914	-
Lockerbie			1831	1837	-		▼	-	1935	-
Edinburgh Waverley	a	▼	▼	1939	-	▼	2024	-	▼	-
Glasgow Central	a	1923	1949	-	-	2001	-	-	2039	-

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

◥ Shaded section runs from 06 March 2023.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		AWC	NT	AWC	TP	AWC	NT	AWC	TP ◥	AWC
		1 ✕ R		1 ✕ R	1 ⚲ R	1 ✕ R		1 ✕ R	1 ⚲ ◇	1 ✕ R
London Euston	d	1630	-	1516	-	1730	-	1616	-	1830
Birmingham New Street	d	↓	-	1707	-	↓	-	1807	-	↓
Manchester Airport	d	↓	-	↓	1804	↓	-	↓	1904	↓
Manchester Piccadilly	d	↓	-	↓	1821	↓	-	↓	1921	↓
Manchester Oxford Rd	d	↓	-	↓	1824	↓	-	↓	1924	↓
Deansgate	d	↓	-	↓	↓	↓	-	↓	▼	↓
Bolton	d	↓	-	↓	↓	↓	-	↓	19u39	↓
Chorley	d	▼	-	▼	↓	▼	-	▼	↓	▼
Wigan North Western	d	1826	⟵	1838	▼	1926	-	1938	▼	2026
Preston	d	1841	1844	1853	1905	1942	-	1955	2005	2041
Lancaster	a	1855	1902	1907	1920	1956	-	2009	2020	2055
Lancaster	d	1857	1902	1909	1921	1958	-	2011	2021	2057
Oxenholme Lake District	a	1909	1920	↓	1934	2010	-	2025	2034	2110
Oxenholme Lake District	d	1911	1922	↓	1935	2012	2018	2027	2035	2111
Kendal		↓	1926	↓	↓	↓	2022	↓	↓	↓
Burneside		↓	1930	↓	↓	↓	2026	↓	↓	↓
Staveley		↓	1935	↓	↓	↓	2031	↓	↓	↓
Windermere	a	▼	1942	▼	▼	▼	2037	▼	▼	▼
Penrith for North Lakes		1936	-	1944	2001	2037	-	↓	2101	2136
Carlisle	d	1952	-	2001	2018	2054	-	2105	2118	2153
Lockerbie		↓	-	↓	2037	↓	-	▼	2137	2211
Edinburgh Waverley	a	▼	-	▼	2139	▼	-	2221	▼	▼
Glasgow Central	a	2104	-	2112	-	2208	-	-	2239	2311

		NT	AWC	TP ◥ LIV	TP	AWC	NT	TP	AWC	AWC
			1 ✕ R	1 ⚲ ◇	1 ⚲ R	1 ✕ R		1 ⚲ R	1 ✕ R	1 ✕ R
London Euston	d	-	1740	-	-	1930	-	-	2033	2110
Birmingham New Street	d	-	1907	-	-	↓	-	-	↓	↓
Manchester Airport	d	-	↓	-	2004	↓	-	2104	↓	↓
Manchester Piccadilly	d	-	↓	-	2022	↓	-	2119	↓	↓
Manchester Oxford Rd	d	-	↓	-	2025	↓	-	2123	↓	↓
Deansgate	d	-	↓	-	▼	↓	-	↓	↓	↓
Bolton	d	-	↓	-	20u39	↓	-	↓	↓	↓
Chorley	d	-	▼	-	↓	▼	-	↓	▼	▼
Wigan North Western	d	-	2038	2044	▼	2128	-	▼	2248	2332
Preston	d	-	2055	2100	2105	2143	-	2208	23a00	23a00
Lancaster	a	-	2109	2115	2120	2157	-	2226	-	-
Lancaster	d	-	2110	2116	2121	2158	-	-	-	-
Oxenholme Lake District	a	-	2123	2130	2134	2211	-	-	-	-
Oxenholme Lake District	d	2120	2124	-	2135	2212	2222	-	-	-
Kendal		2124	↓	-	↓	↓	2226	-	-	-
Burneside		2128	↓	-	↓	↓	2230	-	-	-
Staveley		2133	↓	-	↓	↓	2235	-	-	-
Windermere	a	2139	↓	-	▼	▼	2241	-	-	-
Penrith for North Lakes		-	▼	-	2201	2238	-	-	-	-
Carlisle	d	-	2203	-	2218	2254	-	-	-	-
Lockerbie		-	↓	-	2237	↓	-	-	-	-
Edinburgh Waverley	a	-	▼	-	2341	▼	-	-	-	-
Glasgow Central	a	-	2317	-	-	0009	-	-	-	-

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

◥ Runs from 06 March 2023.

Manchester • Preston • Windermere/Carlisle

Saturday

		TP ■	NT	AWC WVH	NT	TP	AWC	NT	TP ▼	AWC
		1 ⚲ R		1 ✕ R		1 ⚲ R	1 ✕ R		1 ⚲ ◇	1 ✕ R
London Euston	d	-	-	-	-	-	-	-	-	0603
Birmingham New Street	d	-	-	-	-	-	0607	-	-	↓
Manchester Airport	d	-	-	-	-	0603	↓	-	0704	↓
Manchester Piccadilly	d	0457	-	-	-	0622	↓	-	0721	↓
Manchester Oxford Rd	d	-	-	-	-	0625	↓	-	0725	↓
Deansgate	d	-	-	-	-	▼	↓	-	↓	↓
Bolton	d	-	-	-	-	06u39	↓	-	↓	↓
Chorley	d	-	-	-	-	↓	▼	-	↓	▼
Wigan North Western	d	-	-	0628	-	▼	0738	-	▼	0823
Preston	d	0536	-	0644	-	0704	0755	-	0801	0838
Lancaster	a	0551	-	0658	-	0719	0809	-	0816	0852
Lancaster	d	0552	0600	0700	-	0720	0810	-	0818	0853
Oxenholme Lake District	a	0605	0615	0712	-	0733	0823	-	0831	0906
Oxenholme Lake District	d	0606	0617	0714	0730	0734	0824	0829	0832	0907
Kendal		↓	0621	↓	0734	↓	↓	0833	↓	↓
Burneside		↓	0625	↓	0738	↓	↓	0837	↓	↓
Staveley		↓	0630	↓	0743	↓	↓	0842	↓	↓
Windermere	a	▼	0636	▼	0749	▼	▼	0848	▼	▼
Penrith for North Lakes		0631	-	0739	-	0759	↓	-	0858	0933
Carlisle	d	0648	-	0756	-	0816	0903	-	0915	0949
Lockerbie		0707	-	0814	-	0835	▼	-	0935	↓
Edinburgh Waverley	a	▼	-	▼	-	0938	1018	-	▼	▼
Glasgow Central	a	0822	-	0926	-	-	-	-	1039	1059

		AWC	TP LIV	NT	TP	NT	AWC	NT	AWC	NT
		1 ✕ R	1 ⚲ R		1 ⚲ R		1 ✕ R		1 ✕ R	
London Euston	d	-	-	-	-	-	0730	-	0616	-
Birmingham New Street	d	0707	-	-	-	-	↓	-	0807	-
Manchester Airport	d	↓	-	-	0804	0829	↓	-	↓	-
Manchester Piccadilly	d	↓	-	-	0821	0850	↓	-	↓	-
Manchester Oxford Rd	d	↓	-	-	0824	0853	↓	-	↓	-
Deansgate	d	↓	-	-	↓	0856	↓	-	↓	-
Bolton	d	↓	-	-	↓	0909	↓	-	↓	-
Chorley	d	▼	-	-	↓	0921	▼	-	▼	-
Wigan North Western	d	0837	0842	-	▼	▼	0926	⟵	0938	-
Preston	d	0854	0858	-	0903	0945	0941	0945	0953	-
Lancaster	a	0908	0913	-	0918	⟷	0955	1002	1007	-
Lancaster	d	0909	0914	-	0919	-	0957	1003	1009	-
Oxenholme Lake District	a	↓	0927	-	0932	-	-	1032	1021	⟵
Oxenholme Lake District	d	↓	0928	0930	0933	-	-	1033	1023	1033
Kendal		↓	↓	0934	↓	-	-	⟷	↓	1037
Burneside		↓	↓	0938	↓	-	-	-	↓	1041
Staveley		↓	↓	0943	↓	-	-	-	↓	1046
Windermere	a	▼	▼	0949	▼	-	-	-	▼	1053
Penrith for North Lakes		0945	0954	-	0959	-	1032	-	↓	-
Carlisle	d	1004	1011	-	1016	-	1049	-	1102	-
Lockerbie		↓	1029	-	1035	-	-	-	▼	-
Edinburgh Waverley	a	▼	▼	-	1137	-	-	-	1218	-
Glasgow Central	a	1116	1130	-	-	-	1201	-	-	-

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

WVH From Wolverhampton.

■ Also calls at Carstairs 0749.

▼ Runs from 04 March 2023.

Manchester • Preston • Windermere/Carlisle

Saturday

		TP	AWC	NT	TP	AWC	AWC	TP ▼	NT	NT
London Euston	d	-	0830	-	-	0930	0840	-	-	-
Birmingham New Street	d	-		-	-		1007	-	-	-
Manchester Airport	d	0904		-	1004			1104	-	1129
Manchester Piccadilly	d	0921		-	1021			1121	-	1150
Manchester Oxford Rd	d	0924		-	1024			1124	-	1153
Deansgate	d	▼		-	▼			▼	-	1156
Bolton	d	09u39		-	10u38			1139	-	1208
Chorley	d		▼	-		▼	▼		-	1220
Wigan North Western	d	▼	1026	-	▼	1126	1138	▼	-	▼
Preston	d	1003	1041	-	1059	1141	1153	1204	-	1245
Lancaster	a	1022	1055	-	1114	1155	1207	1219	-	↳
Lancaster	d	1023	1057	-	1114	1157	1208	1220	-	-
Oxenholme Lake District	a	1036	1110	-	1127		1221	1233	-	-
Oxenholme Lake District	d	1037	1112	1121	1128		1222	1234	1239	-
Kendal				1125					1243	-
Burneside				1129					1247	-
Staveley				1134					1252	-
Windermere	a	▼	▼	1140	▼	▼		▼	1258	-
Penrith for North Lakes		1102	1137	-	1153	1232	▼	1259	-	-
Carlisle	d	1118	1154	-	1210	1249	1301	1315	-	-
Lockerbie		1138		-	1229		▼	1335	-	-
Edinburgh Waverley	a	▼	▼	-	1332	▼	1417	▼	-	-
Glasgow Central	a	1241	1308	-	-	1402	-	1439	-	-

		AWC	NT	AWC	TP	NT	TP LIV	AWC	AWC	TP
London Euston	d	1030	-	0916	-	-	-	1130	1016	-
Birmingham New Street	d		-	1107	-	-	-		1207	-
Manchester Airport	d		-		1204	-	-			1304
Manchester Piccadilly	d		-		1221	-	-			1321
Manchester Oxford Rd	d		-		1224	-	-			1324
Deansgate	d		-			-	-			▼
Bolton	d		-			-	-			13u39
Chorley	d	▼	-	▼		-	-	▼	▼	
Wigan North Western	d	1226	↳	1238	▼	-	1245	1326	1338	▼
Preston	d	1241	1245	1253	1259	-	1308	1341	1354	1405
Lancaster	a	1255	1302	1307	1314	-	1323	1355	1409	1420
Lancaster	d	1257	1303	1309	1315	-	1324	1357	1410	1421
Oxenholme Lake District	a	-	1332	1321	1329	↳	1339	1409		1434
Oxenholme Lake District	d	-	1333	1323	1329	1333	1340	1411		1435
Kendal		-	↳			1338				
Burneside		-	-			1341				
Staveley		-	-			1346				
Windermere	a	-	-		▼	1353	▼		▼	▼
Penrith for North Lakes		1332	-	▼	1355	-	1406	▼	1446	1501
Carlisle	d	1349	-	1402	1415	-	1423	1449	1502	1517
Lockerbie			-		1434	-	1441		▼	1537
Edinburgh Waverley	a	▼	-	▼	1539	-	▼	▼	1617	▼
Glasgow Central	a	1500	-	1517	-	-	1544	1603	-	1642

Additional notes - see page 44 for main timetable notes

▼ Shaded section runs from 04 March 2023.

Manchester • Preston • Windermere/Carlisle

Saturday

		NT	AWC	TP	NT	NT	AWC	AWC	NT	TP ▼
London Euston	d	-	1230	-	-	-	1330	1216	-	-
Birmingham New Street	d	-		-	-	-		1407	-	-
Manchester Airport	d	-		1404	-	1429			-	1504
Manchester Piccadilly	d	-		1421	-	1450			-	1521
Manchester Oxford Rd	d	-		1424	-	1453			-	1524
Deansgate	d	-		▼	-	1456			-	▼
Bolton	d	-		14u39	-	1508			-	15u39
Chorley	d	-	▼		-	1520	▼	▼	-	
Wigan North Western	d	-	1426	▼	-	▼	1526	1538	-	▼
Preston	d	-	1441	1503	-	1533	1541	1554	-	1601
Lancaster	a	-	1455	1518	-	1550	1555	1608	-	1616
Lancaster	d	-	1457	1519	-	1551	1557	1610	-	1620
Oxenholme Lake District	a	-	1509	1532	-	1631	1609	1622	↳	1633
Oxenholme Lake District	d	1439	1511	1533	1537	1632	1611	1624	1632	1634
Kendal		1443			1541	↳			1637	
Burneside					1545	-			1640	
Staveley		▼			1550	-			1645	
Windermere	a	1455		▼	1556	-		▼	1652	▼
Penrith for North Lakes		-	▼	1558	-	-	▼	1649	-	1659
Carlisle	d	-	1549	1615	-	-	1649	1706	-	1716
Lockerbie		-		1634	-	-		▼	-	1735
Edinburgh Waverley	a	-	▼	1737	-	-	▼	1821	-	▼
Glasgow Central	a	-	1700	-	-	-	1800	-	-	1839

		AWC	AWC	TP LIV	TP	NT	AWC	AWC	NT	TP
London Euston	d	1430	1316	-	-	-	1530	1416	-	-
Birmingham New Street	d		1507	-	-	-		1607	-	-
Manchester Airport	d			-	1604	-			-	1704
Manchester Piccadilly	d			-	1621	-			-	1721
Manchester Oxford Rd	d			-	1624	-			-	1724
Deansgate	d			-		-			-	
Bolton	d			-		-			-	
Chorley	d	▼	▼	-		-	▼	▼	-	
Wigan North Western	d	1626	1638	1644	▼	-	1726	1738	-	▼
Preston	d	1642	1654	1701	1705	-	1741	1754	-	1803
Lancaster	a	1656	1708	1716	1721	-	1755	1808	-	1818
Lancaster	d	1658	1710	1717	1722	-	1757	1810	-	1819
Oxenholme Lake District	a	1711	1722	1730	1735	-	1810	1822	-	1832
Oxenholme Lake District	d	1712	1724	1731	1736	1742	1812	1824	1830	1833
Kendal						1746			1834	
Burneside						1750			1838	
Staveley						1755			1843	
Windermere	a	▼	▼	▼	▼	1801		▼	1849	▼
Penrith for North Lakes		1737	1749	1756	1801	-	▼	1849	-	1859
Carlisle	d	1754	1806	1813	1818	-	1850	1906	-	1915
Lockerbie				1832	1837	-		▼	-	1935
Edinburgh Waverley	a	▼	▼	▼	1940	-	▼	2022	-	▼
Glasgow Central	a	1909	1917	1946	-	-	2001	-	-	2040

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

▼ Runs from 04 March 2023.

Manchester • Preston • Windermere/Carlisle

Saturday

		NT	AWC	NT	AWC	TP	AWC	NT	AWC	TP
			1 ✕ R		1 ✕ R	1 ⇄ R	1 ✕ R		1 ✕ R	1 ⇄ ◇
London Euston	d	-	1630	-	1516	-	1730	-	1616	-
Birmingham New Street	d	-		-	1707	-		-	1807	-
Manchester Airport	d	1729		-		1804		-		1904
Manchester Piccadilly	d	1750		-		1821		-		1921
Manchester Oxford Rd	d	1753		-		1824		-		1924
Deansgate	d	1756		-				-		▼
Bolton	d	1809		-				-		19u39
Chorley	d	1823	▼	-	▼		▼	-	▼	
Wigan North Western	d	▼	1826	⟵	1838	▼	1926	-	1938	▼
Preston	d	1844	1841	1844	1853	1905	1941	-	1955	2006
Lancaster	a	⟵	1855	1902	1907	1920	1955	-	2009	2021
Lancaster	d	-	1857	1902	1908	1921	1957	-	2011	2022
Oxenholme Lake District	a	-	1909	1920	1921	1934	2010	-	2023	2035
Oxenholme Lake District	d	-	1911	1922	1923	1935	2012	2018	2025	2036
Kendal		-		1926				2022		
Burneside		-		1930				2026		
Staveley		-		1935				2031		
Windermere	a	-	▼	1942	▼	▼	▼	2037	▼	▼
Penrith for North Lakes		-	1936	-	1948	2001	2037	-	2050	2101
Carlisle	d	-	1953	-	2005	2018	2054	-	2107	2118
Lockerbie		-		-		2037		-	▼	2137
Edinburgh Waverley	a	-	▼	-	▼	2141	▼	-	2222	▼
Glasgow Central	a	-	2104	-	2121	-	2208	-	-	2240

		AWC	NT	NT	NT	NT	AWC	AWC	AWC
		1 ✕ R	●	◆	●	◆	1 ✕ R	1 ✕ R	1 ✕ R
London Euston	d	1830	-	-	-	-	1740	1928	2031
Birmingham New Street	d		-	-	-	-	1907		
Manchester Airport	d		-	-	-	-			
Manchester Piccadilly	d		-	-	-	-			
Manchester Oxford Rd	d		-	-	-	-			
Deansgate	d		-	-	-	-			
Bolton	d		-	-	-	-			
Chorley	d	▼	-	-	-	-	▼	▼	▼
Wigan North Western	d	2026	-	-	-	-	2038	2137	2304
Preston	d	2041	-	-	-	-	2052	2155	2318
Lancaster	a	2055	-	-	-	-	-	-	-
Lancaster	d	2057	-	-	-	-	-	-	-
Oxenholme Lake District	a	2110	-	-	-	-	-	-	-
Oxenholme Lake District	d	2111	2115	2117	2200	2206	-	-	-
Kendal			2125	2121	2210	2210	-	-	-
Burneside			2135	2125	2220	2214	-	-	-
Staveley			2145	2130	2230	2219	-	-	-
Windermere	a	▼	2155	2136	2240	2225	-	-	-
Penrith for North Lakes		2136	-	-	-	-	-	-	-
Carlisle	d	2153	-	-	-	-	-	-	-
Lockerbie		2211	-	-	-	-	-	-	-
Edinburgh Waverley	a	▼	-	-	-	-	-	-	-
Glasgow Central	a	2312	-	-	-	-	-	-	-

Additional notes - see page 44 for main timetable notes

- ▼ Runs from 04 March 2023.
- ◆ Saturdays until 31 December 2022 and from 18 February until 25 March 2023.
- ● Runs Saturdays only from 07 January 2023 until 11 February then from 01 April 2023.

Manchester • Preston • Windermere/Carlisle

Sunday

		NT	NT	TP	AWC	NT	NT	AWC	TP LIV	TP
		◘	⌣	●		◘	◆			
				1 ⇄ ◇	1 ✕ R			1 ✕ R	1 ⇄ R	1 ⇄ R
London Euston	d	-	-	-	-	-	-	-	-	-
Birmingham New Street	d	-	-	-	0845	-	-	0907	-	-
Manchester Airport	d	-	0833	0905		-	-		-	1010
Manchester Piccadilly	d	-	0853	0924		-	-		-	1026
Manchester Oxford Rd	d	-	0857	0928		-	-		-	1030
Deansgate	d	-	▼	▼		-	-		-	▼
Bolton	d	-	0910	09u44		-	-		-	10u44
Chorley	d	-			▼	-	-	▼	-	
Wigan North Western	d	-	▼	▼	1008	-	-	1038	1044	▼
Preston	d	-	0948	1017	10a22	1030	-	1054	1100	1108
Lancaster	a	-	1005	1032	-	1047	-	1109	1115	1124
Lancaster	d	-	1006	1037	-	1047	-	1110	1116	1125
Oxenholme Lake District	a	-	1022	1050	-	1103	-	1124	1131	1138
Oxenholme Lake District	d	0945	1030	1051	-	1104	1117	1125	1132	1139
Kendal		0955	1034		-	1109	1121			
Burneside		1005	1038		-	1112	1124			
Staveley		1015	1043		-	1117	1129			
Windermere	a	1025	1049	▼	-	1123	1135	▼	▼	▼
Penrith for North Lakes		-	-	1117	-	-	-	1151	1158	1204
Carlisle	d	-	-	1134	-	-	-	1208	1215	1221
Lockerbie		-	-	1152	-	-	-		1234	1240
Edinburgh Waverley	a	-	-	▼	-	-	-	▼	▼	1343
Glasgow Central	a	-	-	1255	-	-	-	1325	1336	-

		NT	AWC	AWC	TP	NT	NT	AWC	NT	AWC
			1 ✕ R	1 ✕ R	1 ⇄ ◇			1 ✕ R		1 ✕ R
London Euston	d	-	0847	0748	-	-	-	0946	-	0850
Birmingham New Street	d	-		1007	-	-	-		-	1107
Manchester Airport	d	-			1110	-	-		-	
Manchester Piccadilly	d	-			1125	-	-		-	
Manchester Oxford Rd	d	-			1129	-	1154		-	
Deansgate	d	-				-	▼		-	
Bolton	d	-				-	1208		-	
Chorley	d	-	▼	▼		-		▼	-	▼
Wigan North Western	d	-	1127	1139	▼	-	▼	1228	⟵	1239
Preston	d	-	1142	1156	1205	-	1246	1243	1246	1254
Lancaster	a	-	1156	1210	1220	-	⟵	1257	1303	1308
Lancaster	d	-	1158	1211	1221	-	-	1258	1304	1310
Oxenholme Lake District	a	-	1211	1225	1234	-	-	1311	1332	1323
Oxenholme Lake District	d	1202	1212	1226	1235	1245	-	1312	1333	1324
Kendal		1206				1249	-		⟵	
Burneside						1253	-		-	
Staveley		▼				1258	-		-	
Windermere	a	1219	▼		▼	1304	-	▼	-	
Penrith for North Lakes		-	1237	▼	1301	-	-	1338	-	▼
Carlisle	d	-	1254	1305	1318	-	-	1354	-	1403
Lockerbie		-		▼	1337	-	-		-	
Edinburgh Waverley	a	-	▼	1422	▼	-	-	▼	-	▼
Glasgow Central	a	-	1410	-	1444	-	-	1507	-	1518

Additional notes - see page 44 for main timetable notes

- **LIV** From Liverpool Lime Street.
- ⌣ Shaded section runs until 01 January 2023.
- ● Shaded section runs from 05 March 2023.
- ◆ Until 01 January 2023 and from 19 February until 26 March 2023.
- ◘ From 08 January until 12 February 2023 and from 2 April 2023.

Sunday

		NT	TP ●	AWC	NT	AWC	TP	AWC	AWC	NT
London Euston	d	-	-	1046	-	0952	-	1229	1049	-
Birmingham New Street	d	-	-		-	1207	-		1307	-
Manchester Airport	d	-	1212		-		1313			-
Manchester Piccadilly	d	-	1226		-		1327			-
Manchester Oxford Rd	d	-	1230		-		1331			-
Deansgate	d	-	▼		-					-
Bolton	d	-	12u44		-					-
Chorley	d	-		▼	-	▼		▼	▼	-
Wigan North Western	d	-	▼	1326	-	1338	▼	1426	1438	-
Preston	d	-	1305	1341	-	1354	1404	1442	1454	-
Lancaster	a	-	1320	1355	-	1409	1421	1456	1508	-
Lancaster	d	-	1321	1357	-	1411	1422	1458	1510	-
Oxenholme Lake District	a	⟵	1334	1409	-	-	1435	1510	1523	-
Oxenholme Lake District	d	1333	1335	1411	1422	-	1436	1512	1524	1529
Kendal		1337			1426	-				1533
Burneside		1341			1430	-				1537
Staveley		1346			1435	-				1542
Windermere	a	1353	▼	▼	1441	-	▼			1548
Penrith for North Lakes		-	1401	1436	-	1446	1501	▼	▼	-
Carlisle	d	-	1418	1453	-	1503	1517	1550	1603	-
Lockerbie		-	1437		-	-	1537			-
Edinburgh Waverley	a	-	1540	▼	-	1620	-	▼	▼	-
Glasgow Central	a	-	-	1606	-	-	1643	1707	1717	-

		TP LIV	TP	AWC	NT	AWC	NT	TP ●	AWC	AWC
London Euston	d	-	-	1329	-	1239	-	-	1429	1315
Birmingham New Street	d	-	-		-	1407	-	-		1507
Manchester Airport	d	-	1410		1430		-	1510		
Manchester Piccadilly	d	-	1426		1448		-	1527		
Manchester Oxford Rd	d	-	1430		1452		-	1531		
Deansgate	d	-	▼		▼		-	▼		
Bolton	d	-	14u44		1509		-	15u45		
Chorley	d	-		▼		▼	-		▼	▼
Wigan North Western	d	1443	▼	1526	▼	1538	⟵	▼	1626	1638
Preston	d	1459	1505	1541	1558	1555	1558	1606	1642	1655
Lancaster	a	1514	1520	1556	⟶	1609	1615	1621	1656	1710
Lancaster	d	1515	1521	1558	-	1611	1616	1622	1658	1711
Oxenholme Lake District	a	1528	1534		-		1630	1635	1711	1725
Oxenholme Lake District	d	1529	1535		-		1632	1636	1713	1726
Kendal					-		1636			
Burneside					-		1640			
Staveley					-		1645			
Windermere	a	▼	▼	▼	-	▼	1652	▼	▼	▼
Penrith for North Lakes		1555	1600	1635	-	1646	-	1702	1738	1752
Carlisle	d	1612	1617	1652	-	1703	-	1719	1755	1809
Lockerbie		1631	1637		-	▼	-	1738		1827
Edinburgh Waverley	a	▼	1743	▼	-	1820	-	▼	▼	▼
Glasgow Central	a	1733	-	1806	-	-	-	1841	1911	1928

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

▼ Runs from 26 February 2023.

● Shaded section runs from 05 March 2023.

Sunday

		NT	TP	AWC	AWC	NT	TP ●	NT	AWC	NT
London Euston	d	-	-	1529	1439	-	-	-	1629	-
Birmingham New Street	d	-	-		1607	-	-	-		-
Manchester Airport	d	-	1610			-	1710	1730		-
Manchester Piccadilly	d	-	1626			-	1726	1748		-
Manchester Oxford Rd	d	-	1630			-	1730	1752		-
Deansgate	d	-	▼			-	▼	▼		-
Bolton	d	-	16u44			-	17u45	1809		-
Chorley	d	-	▼	▼	▼	-			▼	-
Wigan North Western	d	-	-	1726	1738	-	▼	▼	1827	-
Preston	d	-	1705	1742	1754	-	1807	1834	1842	-
Lancaster	a	-	1720	1756	1808	-	1822	1851	1856	-
Lancaster	d	-	1721	1758	1810	-	1823	1852	1857	-
Oxenholme Lake District	a	-	1734	1811	1823	-	1836	1926	1910	⟵
Oxenholme Lake District	d	1730	1735	1813	1824	1833	1837	1928	1911	1928
Kendal		1734				1837		⟶		1933
Burneside		1738				1841		-		1936
Staveley		1743				1846		-		1941
Windermere	a	1749	▼		▼	1852	▼	-	▼	1948
Penrith for North Lakes		-	1801	▼	1849	-	1902	-	1937	-
Carlisle	d	-	1818	1851	1906	-	1919	-	1953	-
Lockerbie		-	1837		▼	-	1938	-		-
Edinburgh Waverley	a	-	1940	▼	2025	-	▼	-	▼	-
Glasgow Central	a	-	-	2005	-	-	2040	-	2104	-

		AWC	TP LIV	TP	AWC	NT	AWC	TP ●	AWC	NT
London Euston	d	1539	-	-	1729	-	1615	-	1829	-
Birmingham New Street	d	1707	-	-		-	1807	-		-
Manchester Airport	d		-	1810		-		1910		-
Manchester Piccadilly	d		-	1826		-		1926		-
Manchester Oxford Rd	d		-	1830		-		1929		-
Deansgate	d		-	▼		-		▼		-
Bolton	d		-	18u43		-		19u45		-
Chorley	d	▼	-		▼	-	▼		▼	
Wigan North Western	d	1838	1843	▼	1926	-	1938	▼	2026	-
Preston	d	1854	1859	1904	1942	-	1954	2007	2041	-
Lancaster	a	1908	1914	1919	1956	-	2008	2022	2055	-
Lancaster	d	1909	1915	1920	1958	-	2010	2023	2057	-
Oxenholme Lake District	a	-	1928	1933	2010	-	2023	2038	2109	-
Oxenholme Lake District	d	-	1929	1934	2012	2022	2025	2039	2111	2121
Kendal		-				2026				2125
Burneside		-				2030				2129
Staveley		-				2035				2134
Windermere	a	-	▼	▼	▼	2041	▼	▼	▼	2140
Penrith for North Lakes		1945	1954	2000	2037	-	2050	2105	2136	-
Carlisle	d	2003	2011	2017	2053	-	2107	2122	2153	-
Lockerbie			2030	2036		-	▼	2141		-
Edinburgh Waverley	a	▼	▼	2139	▼	-	2226	▼	▼	-
Glasgow Central	a	2118	2133	-	2205	-	-	2247	2308	-

Additional notes - see page 44 for main timetable notes

LIV From Liverpool Lime Street.

● Shaded section runs from 05 March 2023.

Manchester • Preston • Windermere/Carlisle

Sunday

		AWC	TP	AWC	AWC	AWC
		1 X R	1 R	1 X R	1 X R	1 X R
London Euston	d	1739	-	1929	2028	2053
Birmingham New Street	d	1907	-			
Manchester Airport	d		2010			
Manchester Piccadilly	d		2026			
Manchester Oxford Rd	d		2030			
Deansgate	d					
Bolton	d					
Chorley	d					
Wigan North Western	d	2038		2126	2232	2319
Preston	d	-	2103	2141	22a45	23a35
Lancaster	a	-	2118	2155	-	-
Lancaster	d	-	2119	2157	-	-
Oxenholme Lake District	a	-	2132	2209	-	-
Oxenholme Lake District	d	-	2133	2211	-	-
Kendal		-			-	-
Burneside		-			-	-
Staveley		-			-	-
Windermere	a	-			-	-
Penrith for North Lakes		-	2159	2236	-	-
Carlisle	d	-	2216	2253	-	-
Lockerbie		-	2235		-	-
Edinburgh Waverley	a	-			-	-
Glasgow Central	a	-	2347	0005	-	-

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All bus times shown are valid until Sunday 26 March 2023

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To help make getting around easy, together with Stagecoach, we've included the following key bus services within this timetable to help you get around from Windermere, Kendal and Penrith.

Kendal • Windermere • Ambleside • Coniston	**505**
Penrith • Pooley Bridge • Aira Force • Patterdale	**508**
Kendal • Windermere • Ambleside • Dungeon Ghyll	**516**
Lancaster • Kendal • Windermere • Keswick	**555**
Kendal • Bowness • Windermere • Grasmere	**599**
Heysham • Morecambe • Windermere • Bowness	**755**
Workington • Cockermouth • Keswick • Penrith	**X4/X5**
Barrow-in-Furness • Grange-over-Sands • Kendal	**X6**

Please note that the bus times shown here are valid until Sunday 26 March 2023.

For the full range of bus services in and around the Lake District, pick up '**The Lakes by bus**' booklet from a wide range of outlets in The Lake District or visit **stagecoachbus.com/thelakes**

stagecoachbus.com/thelakes | 01228 597 222
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on the bus

contactless payment

505

Kendal • Windermere • Ambleside • Coniston

Daily except Christmas Day and New Year's Day

Towards Ambleside & Coniston

		▼	■							
Kendal Bus Station	d	-	-	0935	-	-				
Ings		-	-	0947	-	-				
Windermere Rail Station	a	-	-	0952	-	-				
Windermere Rail Station	d	-	-	0954	1154	1354	-	1554	-	
Brockhole Visitor Centre		-	-	1000	1200	1400	-	1600	-	
Ambleside Waterhead Hotel		-	-	1005	1205	1405	-	1605	-	
Ambleside Kelsick Road	a	-	-	1009	1209	1409	-	1609	-	
Ambleside Kelsick Road	d	0815	0850	1014	1214	1414	1454	1614	1755	
Skelwith Fold		0822	0857	1021	1221	1421	1501	1621	1802	
Hawkshead village		0835	0910	1034	1234	1434	1514	1634	1815	
Monk Coniston		0847	0922	1046	1246	1446	1526	1646	1827	
Coniston Crown Inn	a	0850	0926	1050	1250	1450	1530	1650	1831	

Towards Windermere & Kendal

										▼
Coniston Crown Inn	d	0930	1053	1253	1453	1540	1653	1832		
Monk Coniston		0936	1059	1259	1459	1546	1659	1838		
Hawkshead village		0948	1111	1311	1511	1558	1711	1850		
Skelwith Fold		1001	1124	1324	1524	1611	1724	1903		
Ambleside Kelsick Road	a	1008	1131	1331	1531	1618	1731	1910		
Ambleside Kelsick Road	d	1010	1135	1335	1535	-	1733	-		
Ambleside Waterhead Hotel		1013	1138	1338	1538	-	1736	-		
Brockhole Visitor Centre		1017	1142	1342	1542	-	1740	-		
Windermere Rail Station	a	1024	1149	1349	1549	-	1747	-		
Windermere Rail Station	d	1027	-	-	-	-	1748	-		
Ings		1032	-	-	-	-	1753	-		
Kendal opposite Bus Station	a	1044	-	-	-	-	1805	-		

Notes

a Arrival time.
d Departure time.

▼ Journeys originate/terminate at John Ruskin School in Coniston and only operates on days when John Ruskin School is open. Only John Ruskin School pupils can use this bus stop.

■ Runs Saturdays and Monday to Friday during John Ruskin School holidays only, excluding public holidays.

Penrith • Pooley Bridge • Patterdale

508

Mondays to Saturdays excluding Christmas Day and New Year's Day

	MF				
Penrith Rail Station	0645	0920	1120	1320	1620
Penrith Bus Station	0651	0932	1132	1332	1632
Eamont Bridge	0659	0940	1140	1340	1640
Yanwath Cottages	0701	0942	1142	1342	1642
Tirril	0703	0944	1144	1344	1644
Pooley Bridge Crown Hotel	0709	0950	1150	1350	1650
Gowbarrow Cottages	0716	0957	1157	1357	1657
Park Brow for Aira Force	0723	1004	1204	1404	1704
Glenridding Greenside Rd	0730	1011	1211	1411	1711
Patterdale Hotel	0735	1016	1216	1416	1716

Sundays also 26/27 Dec 2022 and 02 Jan 2023

Penrith Rail Station	0950	1150	1450
Penrith Bus Station	1002	1202	1502
Eamont Bridge	1010	1210	1510
Yanwath Cottages	1012	1212	1512
Tirril	1014	1214	1514
Pooley Bridge Crown Hotel	1020	1220	1520
Gowbarrow Cottages	1027	1227	1527
Park Brow for Aira Force	1034	1234	1534
Glenridding Greenside Rd	1041	1241	1541
Patterdale Hotel	1046	1246	1546

Long term roadworks

Due to long term roadworks between Pooley Bridge and Patterdale, certain journeys may only operate between Penrith and Pooley Bridge until Spring 2023 – please check before travel.

Notes

a Arrival time.
d Departure time.

MF Runs Monday to Friday only, excluding public holidays.

Patterdale • Pooley Bridge • Penrith

508

Mondays to Saturdays excluding Christmas Day and New Year's Day

	MF				
Patterdale Hotel	0735	1020	1220	1420	1720
Glenridding Greenside Rd	0740	1025	1225	1425	1725
Park Brow for Aira Force	0747	1032	1232	1432	1732
Gowbarrow Cottages	0754	1039	1239	1439	1739
Pooley Bridge Crown Hotel	0801	1046	1246	1446	1746
Tirril	0807	1052	1252	1452	1752
Yanwath Cottages	0809	1054	1254	1454	1754
Eamont Bridge	0812	1057	1257	1457	1757
Penrith Bus Station	0819	1104	1304	1504	1804
Penrith Rail Station	0824	1109	1309	1509	1809

Sundays also 26/27 Dec 2022 and 02 Jan 2023

Patterdale Hotel	1050	1250	1550
Glenridding Greenside Rd	1055	1255	1555
Park Brow for Aira Force	1102	1302	1602
Gowbarrow Cottages	1109	1309	1609
Pooley Bridge Crown Hotel	1116	1316	1616
Tirril	1122	1322	1622
Yanwath Cottages	1124	1324	1624
Eamont Bridge	1127	1327	1627
Penrith Bus Station	1134	1334	1634
Penrith Rail Station	1139	1339	1639

Long term roadworks

Due to long term roadworks between Patterdale and Pooley Bridge, certain journeys may only operate between Penrith and Pooley Bridge until Spring 2023 – please check before travel.

Notes

a Arrival time.
d Departure time.

MF Runs Monday to Friday only, excluding public holidays.

Kendal • Windermere • Ambleside • Elterwater • Dungeon Ghyll

Daily excluding Christmas Day and New Year's Day

Towards Ambleside & Dungeon Ghyll

Kendal Bus Station		-	-	-	1433	-
Ings		-	-	-	1445	-
Windermere Rail Station		-	1054	1254	1454	-
Brockhole Visitor Centre		-	1100	1300	1500	-
Ambleside Waterhead Hotel		-	1105	1305	1505	-
Ambleside Kelsick Road	a	-	1109	1309	1509	-
Ambleside Kelsick Road	d	0925	1115	1315	1515	1630
Skelwith Bridge		0935	1125	1325	1525	1640
Elterwater Brittania Inn		0942	1132	1332	1532	1647
Dungeon Ghyll		0956	1146	1346	1546	1701

Towards Windermere & Kendal

							◗
Dungeon Ghyll	1001	1201	1401	1601	1701		
Elterwater Brittania Inn	1015	1215	1415	1615	1715		
Skelwith Bridge	1022	1222	1422	1622	1722		
Ambleside Kelsick Road a	1032	1232	1432	1632	1732		
Ambleside Kelsick Road d	1034	1234	-	1634	-		
Ambleside Waterhead Hotel	1037	1237	-	1637	-		
Brockhole Visitor Centre	1041	1241	-	1641	-		
Windermere Rail Station	1048	1250	-	1650	-		
Ings	-	1255	-	1655	-		
Kendal Bus Station	-	1307	-	1707	-		

Notes

a Arrival time.

d Departure time.

◗ Shaded section runs Monday to Friday only, excluding public holidays.

Lancaster • Kendal • Windermere Ambleside • Grasmere • Keswick

Mondays to Saturdays excluding public holidays

				MF ●						
Lancaster Bus Station	d	-	-	-	-	0715	0815	0915	1015	1115
Beaumont College		-	-	-	-	0722	0822	0922	1022	1122
Bolton-le-Sands Royal Hotel		-	-	-	-	0729	0829	0929	1029	1129
Carnforth Haws Hill		-	-	-	-	0739	0839	0939	1039	1139
Pine Lake		-	-	-	-	0745	0845	0945	1045	1145
Burton Square		-	-	-	-	0753	0853	0953	1053	1153
Holme Smithy Inn		-	-	0655	-	0800	0900	1000	1100	1200
Milnthorpe The Square		-	-	0704	-	0809	0909	1009	1109	1209
Levens Hall		-	-	0713	-	0818	0918	1018	1118	1218
Helsington Lumley Road		-	-	0720	-	0825	0925	1025	1125	1225
Kendal Bus Station	a	-	-	0729	-	0834	0934	1034	1134	1234
Kendal Bus Station	d	0540	0630	0730	0800	0840	0940	1040	1140	1240
Staveley Abbey Square		0552	0642	0742	0812	0852	0952	1052	1152	1252
Windermere Rail Station	a	0604	0654	0754	0824	0904	1004	1104	1204	1304
Windermere Rail Station	d	0606	0659	0759	0829	0909	1009	1109	1209	1309
Bowness Pier			0707	0807						
Windermere Rail Station		↓	↓	↓	↓	↓	↓	↓	↓	↓
Brockhole Visitor Centre		0612	0715	0815	0835	0915	1015	1115	1215	1315
Ambleside Waterhead Hotel		0617	0720	0820	0840	0920	1020	1120	1220	1320
Ambleside Kelsick Road	a	0621	0724	0824	0844	0924	1024	1124	1224	1324
Ambleside Kelsick Road	d	0623	0729	0829	-	0929	1029	1129	1229	1329
Rydal Church		0628	0734	0834	-	0934	1034	1134	1234	1334
Grasmere Centre	a	0636	0743	0843	-	0943	1043	1143	1243	1343
Grasmere Centre	d	0637	0745	0845	-	0945	1045	1145	1245	1345
Thirlspot Kings Head		0651	0759	0859	-	0959	1059	1159	1259	1359
Keswick Bus Station	a	0703	0814	0914	-	1014	1114	1214	1314	1414

						MF		Ⓒ	Ⓒ	
Lancaster Bus Station	d	1215	1315	1415	1515	-	1615	1715	-	1750
Beaumont College		1222	1322	1422	1526	-	1626	1726	-	1756
Bolton-le-Sands Royal Hotel		1229	1329	1429	1533	-	1633	1733	-	1803
Carnforth Haws Hill		1239	1339	1439	1542	-	1642	1742	-	1812
Pine Lake		1245	1345	1445	1548	-	1648	1748	-	1818
Burton Square		1253	1353	1453	1556	-	1656	1756	-	1826
Holme Smithy Inn		1300	1400	1500	1603	-	1703	1803	-	1833
Milnthorpe The Square		1309	1409	1509	1612	-	1712	1812	-	1842
Levens Hall		1318	1418	1518	1621	-	1721	1821	-	1851
Helsington Lumley Road		1325	1425	1525	1628	-	1728	1828	-	1858
Kendal Bus Station	a	1334	1434	1534	1637	-	1737	1837	-	1907
Kendal Bus Station	d	1340	1440	1540	1640	1710	1740	-	1900	-
Staveley Abbey Square		1352	1452	1552	1652	1722	1752	-	1912	-
Windermere Rail Station	a	1404	1504	1604	1704	1734	1804	-	1924	-
Windermere Rail Station	d	1409	1509	1609	1709	1739	1809	-	1926	-
Bowness Pier								-	1934	-
Windermere Rail Station		↓	↓	↓	↓	↓	↓	-	↓	-
Brockhole Visitor Centre		1415	1515	1615	1715	1745	1815	-	1942	-
Ambleside Waterhead Hotel		1420	1520	1620	1720	1750	1820	-	1947	-
Ambleside Kelsick Road	a	1424	1524	1624	1724	1754	1824	-	1951	-
Ambleside Kelsick Road	d	1429	1529	1629	1729	-	1829	-	1952	-
Rydal Church		1434	1534	1634	1734	-	1834	-	1957	-
Grasmere Centre	a	1443	1543	1643	1743	-	1843	-	2005	-
Grasmere Centre	d	1445	1545	1645	1745	-	1845	-	-	-
Thirlspot Kings Head		1459	1559	1659	1759	-	1859	-	-	-
Keswick Bus Station	a	1514	1614	1714	1814	-	1914	-	-	-

Notes

a Arrival time.

d Departure time.

Ⓒ Connection is guaranteed and through fares are available but you will need to change bus.

MF Runs Mondays to Fridays only.

● Holme to Kendal section runs Mondays to Fridays only. Kendal to Keswick sections runs Mondays to Saturdays.

Mondays to Saturdays excluding public holidays

		Ⓒ	Ⓒ ■		Ⓒ	Ⓒ ■
Lancaster Bus Station	d	1850	-	1940	2040	-
Beaumont College		1856	-	1946	2046	-
Bolton-le-Sands Royal Hotel		1903	-	1953	2053	-
Carnforth Haws Hill		1912	-	2002	2102	-
Pine Lake		1918	-	2008	2108	-
Burton Square		1926	-	2016	2116	-
Holme Smithy Inn		1933	-	2023	2123	-
Milnthorpe The Square		1942	-	2032	2132	-
Levens Hall		1951	-	2041	2141	-
Helsington Lumley Road		1958	-	2048	2148	-
Kendal Bus Station	a	2007	-	2057	2157	-
Kendal Bus Station	d	↳	2010	-	↳	2210
Staveley Abbey Square		-	2020	-	-	2220
Windermere Rail Station	a	-	2030	-	-	2230
Windermere Rail Station	d	-	2031	-	-	2231
Bowness Pier		-	2039	-	-	2239
Windermere Rail Station		-	▼	-	-	2250
Brockhole Visitor Centre		-	2046	-	-	2256
Ambleside Waterhead Hotel		-	2051	-	-	2301
Ambleside Kelsick Road	a	-	2055	-	-	2305
Ambleside Kelsick Road	d	-	2056	-	-	2306
Rydal Church		-	2101	-	-	2311
Grasmere Centre	a	-	2109	-	-	2320
Grasmere Centre	d	-	-	-	-	-
Thirlspot Kings Head		-	-	-	-	-
Keswick Bus Station	a	-	-	-	-	-

Notes

- **a** Arrival time.
- **d** Departure time.
- Ⓒ Connection is guaranteed and through fares are available but you will need to change bus.
- ■ Runs Fridays and Saturdays only.

Sundays also 26/27 Dec 2022 and 02 Jan 2023

Lancaster Bus Station	d	-	-	-	0915	-	1115	-	1315	-
Lancaster Holiday Inn		-	-	-	▼	-	▼	-	▼	-
Beaumont College		-	-	-	0922	-	1122	-	1322	-
Bolton-le-Sands Royal Hotel		-	-	-	0929	-	1129	-	1329	-
Carnforth Haws Hill		-	-	-	0939	-	1139	-	1339	-
Pine Lake		-	-	-	0945	-	1145	-	1345	-
Burton Square		-	-	-	0953	-	1153	-	1353	-
Holme Smithy Inn		-	-	-	1000	-	1200	-	1400	-
Milnthorpe The Square		-	-	-	1009	-	1209	-	1409	-
Levens Hall		-	-	-	1018	-	1218	-	1418	-
Helsington Lumley Road		-	-	-	1025	-	1225	-	1425	-
Kendal Bus Station	a	-	-	-	1034	-	1234	-	1434	-
Kendal Bus Station	d	0730	0840	0940	1040	1140	1240	1340	1440	1540
Staveley Abbey Square		0742	0852	0952	1052	1152	1252	1352	1452	1552
Windermere Rail Station	a	0754	0904	1004	1104	1204	1304	1404	1504	1604
Windermere Rail Station	d	0759	0909	1009	1109	1209	1309	1409	1509	1609
Bowness Pier		0807	▼	▼	▼	▼	▼	▼	▼	▼
Brockhole Visitor Centre		0815	0915	1015	1115	1215	1315	1415	1515	1615
Ambleside Waterhead Hotel		0820	0920	1020	1120	1220	1320	1420	1520	1620
Ambleside Kelsick Road	a	0824	0924	1024	1124	1224	1324	1424	1524	1624
Ambleside Kelsick Road	d	0829	0929	1029	1129	1229	1329	1429	1529	1629
Rydal Church		0834	0934	1034	1134	1234	1334	1434	1534	1634
Grasmere Centre	a	0843	0943	1043	1143	1243	1343	1443	1543	1643
Grasmere Centre	d	0845	0945	1045	1145	1245	1345	1445	1545	1645
Thirlspot Kings Head		0859	0959	1059	1159	1259	1359	1459	1559	1659
Keswick Bus Station	a	0914	1014	1114	1214	1314	1414	1514	1614	1714

Lancaster Bus Station	d	1515	-	1715	1845	
Lancaster Holiday Inn		▼	-	▼	1851	
Beaumont College		1522	-	1722		
Bolton-le-Sands Royal Hotel		1529	-	1729		
Carnforth Haws Hill		1539	-	1739		
Pine Lake		1545	-	1745		
Burton Square		1553	-	1753		
Holme Smithy Inn		1600	-	1800		
Milnthorpe The Square		1609	-	1809		
Levens Hall		1618	-	1818	▼	
Helsington Lumley Road		1625	-	1825	1916	
Kendal Bus Station	a	1634	-	1832	1925	
Kendal Bus Station	d	1640	1740	-	-	
Staveley Abbey Square		1652	1752	-	-	
Windermere Rail Station	a	1704	1804	-	-	
Windermere Rail Station	d	1709	1809	-	-	
Bowness Pier		▼	▼	-	-	
Brockhole Visitor Centre		1715	1815	-	-	
Ambleside Waterhead Hotel		1720	1820	-	-	
Ambleside Kelsick Road	a	1724	1824	-	-	
Ambleside Kelsick Road	d	1729	1829	-	-	
Rydal Church		1734	1834	-	-	
Grasmere Centre	a	1743	1843	-	-	
Grasmere Centre	d	1745	1845	-	-	
Thirlspot Kings Head		1759	1859	-	-	
Keswick Bus Station	a	1814	1914	-	-	

Fast via M6

Mondays to Saturdays excluding public holidays

		MF			○					
Keswick Bus Station	d	-	-	-	-	0710	-	0830	0930	1030
Thirlspot Kings Head		-	-	-	-	0725	-	0845	0945	1045
Grasmere Centre		-	-	-	0632	0739	-	0900	1000	1100
Rydal Church		-	-	-	0640	0747	-	0908	1008	1108
Ambleside Kelsick Road	a	-	-	-	0647	0754	-	0915	1015	1115
Ambleside Kelsick Road	d	-	-	-	0649	0756	0849	0919	1019	1119
Ambleside Waterhead Hotel		-	-	-	0652	0759	0852	0922	1022	1122
Brockhole Visitor Centre		-	-	-	0656	0803	0856	0926	1026	1126
Bowness Pier		-	-	-	0704	▼	▼	▼	▼	▼
Windermere Rail Station	a	-	-	-	0714	0810	0903	0933	1033	1133
Windermere Rail Station	d	-	-	-	0717	0812	0908	0938	1038	1138
Staveley Abbey Square		-	-	-	0726	0821	0917	0947	1047	1147
Kendal opp Bus Station	a	-	-	-	0738	0836	0930	1002	1102	1202
Kendal opp Bus Station	d	0545	0620	0645	0745	0845	0935	1015	1115	1215
Helsington Lumley Road		0552	0627	0652	0752	0852	0942	1022	1122	1222
Levens Hall		0559	0634	0659	0759	0859	0949	1029	1129	1229
Milnthorpe The Square		0607	0642	0707	0807	0907	0957	1037	1137	1237
Holme Smithy Inn		0616	0651	0716	0816	0916	1006	1046	1146	1246
Burton Square		0623	-	0723	0823	0923	1013	1053	1153	1253
Pine Lake		0631	-	0731	0831	0931	1021	1101	1201	1301
Carnforth New Street		0638	-	0738	0838	0938	1028	1108	1208	1308
Bolton-le-Sands Brookfield Vw		0646	-	0746	0846	0946	1036	1116	1216	1316
Beaumont College		0654	-	0754	0854	0954	1044	1124	1224	1324
Lancaster Bus Station	a	0709	-	0809	0909	1009	1059	1139	1239	1339

Keswick Bus Station	d	1130	1230	1330	1430	1530	1630	1730	1830	1930
Thirlspot Kings Head		1145	1245	1345	1445	1545	1645	1745	1845	1945
Grasmere Centre		1200	1300	1400	1500	1600	1700	1800	1900	2000
Rydal Church		1208	1308	1408	1508	1608	1708	1808	1908	2008
Ambleside Kelsick Road	a	1215	1315	1415	1515	1615	1715	1815	1915	2015
Ambleside Kelsick Road	d	1219	1319	1419	1519	1619	1719	1819	1919	2019
Ambleside Waterhead Hotel		1222	1322	1422	1522	1622	1722	1822	1922	2022
Brockhole Visitor Centre		1226	1326	1426	1526	1626	1726	1826	1926	2026
Bowness Pier		▼	▼	▼	▼	▼	▼	▼	1934	2034
Windermere Rail Station	a	1233	1333	1433	1533	1633	1733	1833	1943	2043
Windermere Rail Station	d	1238	1338	1438	1538	1638	1738	1838	1944	2044
Staveley Abbey Square		1247	1347	1447	1547	1647	1747	1847	1953	2053
Kendal opp Bus Station	a	1302	1402	1502	1602	1702	1802	1900	2003	2103
Kendal opp Bus Station	d	1315	1415	1515	1615	1715	1815	1915	-	-
Helsington Lumley Road		1322	1422	1522	1622	1722	1822	1922	-	-
Levens Hall		1329	1429	1529	1629	1729	1829	1929	-	-
Milnthorpe The Square		1337	1437	1537	1637	1737	1837	1937	-	-
Holme Smithy Inn		1346	1446	1546	1646	1746	1846	1946	-	-
Burton Square		1353	1453	1553	1653	1753	1853	1953	-	-
Pine Lake		1401	1501	1601	1701	1801	1901	2001	-	-
Carnforth New Street		1408	1508	1608	1708	1808	1908	2008	-	-
Bolton-le-Sands Brookfield Vw		1416	1516	1616	1716	1816	1916	2016	-	-
Beaumont College		1424	1524	1624	1724	1824	1924	2024	-	-
Lancaster Bus Station	a	1439	1539	1639	1739	1839	1939	2039	-	-

Notes

- **a** Arrival time.
- **d** Departure time.
- **○** Journey starts from The Swan in Grasmere at 0629.
- **MF** Runs Mondays to Fridays only.

Keswick • Grasmere • Ambleside • Windermere • Kendal • Lancaster 555

Mondays to Saturdays excluding public holidays

		◆	◗
Keswick Bus Station	d	-	-
Thirlspot Kings Head		-	-
Grasmere Centre		2110	2321
Rydal Church		2118	2329
Ambleside Kelsick Road	a	2124	2335
Ambleside Kelsick Road	d	2125	2336
Ambleside Waterhead Hotel		2128	2339
Brockhole Visitor Centre		2132	2343
Bowness Pier		2140	2351
Windermere Rail Station	a	2149	0000
Windermere Rail Station	d	2150	0001
Staveley Abbey Square		2158	0009
Kendal opp Bus Station	a	2208	0019
Kendal opp Bus Station	d	-	-
Helsington Lumley Road		-	-
Levens Hall		-	-
Milnthorpe The Square		-	-
Holme Smithy Inn		-	-
Burton Square		-	-
Pine Lake		-	-
Carnforth New Street		-	-
Bolton-le-Sands Brookfield Vw		-	-
Beaumont College		-	-
Lancaster Holiday Inn		-	-
Lancaster Bus Station	a	-	-

Notes

- **a** Arrival time.
- **d** Departure time.
- **◆** Journeys run Friday and Saturday only and starts from The Swan in Grasmere at 2107.
- **◗** Journeys run Friday and Saturday only and starts from The Swan in Grasmere at 2318.

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Sundays also 26/27 Dec 2022 and 02 Jan 2023

Keswick Bus Station	d	-	-	-	0930	1030	1130	1230	1330	1430
Thirlspot Kings Head		-	-	-	0945	1045	1145	1245	1345	1445
Grasmere Centre		-	-	-	1000	1100	1200	1300	1400	1500
Rydal Church		-	-	-	1008	1108	1208	1308	1408	1508
Ambleside Kelsick Road	a	-	-	-	1015	1115	1215	1315	1415	1515
Ambleside Kelsick Road	d	-	-	0911	1019	1119	1219	1319	1419	1519
Ambleside Waterhead Hotel		-	-	0914	1022	1122	1222	1322	1422	1522
Brockhole Visitor Centre		-	-	0918	1026	1126	1226	1326	1426	1526
Windermere Rail Station	a	-	-	0925	1033	1133	1233	1333	1433	1533
Windermere Rail Station	d	-	-	0928	1038	1138	1238	1338	1438	1538
Staveley Abbey Square		-	-	0937	1047	1147	1247	1347	1447	1547
Kendal opp Bus Station	a	-	-	0950	1102	1202	1302	1402	1502	1602
Kendal opp Bus Station	d	0830	0915	-	1115	-	1315	-	1515	-
Helsington Lumley Road		0837	0922	-	1122	-	1322	-	1522	-
Levens Hall			0929	-	1129	-	1329	-	1529	-
Milnthorpe The Square			0937	-	1137	-	1337	-	1537	-
Holme Smithy Inn			0946	-	1146	-	1346	-	1546	-
Burton Square			0953	-	1153	-	1353	-	1553	-
Pine Lake			1001	-	1201	-	1401	-	1601	-
Carnforth New Street			1008	-	1208	-	1408	-	1608	-
Bolton-le-Sands Brookfield Vw			1016	-	1216	-	1416	-	1616	-
Beaumont College			1024	-	1224	-	1424	-	1624	-
Lancaster Holiday Inn		0902	▼	-	▼	-	▼	-	▼	-
Lancaster Bus Station	a	0910	1039	-	1239	-	1439	-	1639	-

Fast via M6

Keswick Bus Station	d	1530	1630	1730	1830	1930
Thirlspot Kings Head		1545	1645	1745	1845	1945
Grasmere Centre		1600	1700	1800	1900	2000
Rydal Church		1608	1708	1808	1908	2008
Ambleside Kelsick Road	a	1615	1715	1815	1915	2015
Ambleside Kelsick Road	d	1619	1719	1819	1919	2019
Ambleside Waterhead Hotel		1622	1722	1822	1922	2022
Brockhole Visitor Centre		1626	1726	1826	1926	2026
Bowness Pier		▼	▼	▼	1934	2034
Windermere Rail Station	a	1633	1733	1833	1943	2043
Windermere Rail Station	d	1638	1738	1838	1944	2044
Staveley Abbey Square		1647	1747	1847	1953	2053
Kendal opp Bus Station	a	1702	1802	1900	2003	2103
Kendal opp Bus Station	d	1715	-	-	-	-
Helsington Lumley Road		1722	-	-	-	-
Levens Hall		1729	-	-	-	-
Milnthorpe The Square		1737	-	-	-	-
Holme Smithy Inn		1746	-	-	-	-
Burton Square		1753	-	-	-	-
Pine Lake		1801	-	-	-	-
Carnforth New Street		1808	-	-	-	-
Bolton-le-Sands Brookfield Vw		1816	-	-	-	-
Beaumont College		1824	-	-	-	-
Lancaster Holiday Inn		▼				
Lancaster Bus Station	a	1839	-	-	-	-

Notes

a Arrival time. **d** Departure time.

Kendal • Windermere Ambleside • Grasmere • Keswick 555

New Year's Day Sunday 01 January 2023

Kendal Bus Station	d	0940	1040	1400	1500
Staveley Abbey Square		0952	1052	1412	1512
Windermere Rail Station	a	1004	1104	1424	1524
Windermere Rail Station	d	1009	1109	1429	1529
Brockhole Visitor Centre		1015	1115	1435	1535
Ambleside Waterhead Hotel		1020	1120	1440	1540
Ambleside Kelsick Road	a	1024	1124	1444	1544
Ambleside Kelsick Road	d	1029	1129	1449	1549
Rydal Church		1034	1134	1454	1554
Grasmere Centre		1045	1145	1505	1605
Thirlspot Kings Head		1059	1159	1519	1619
Keswick Bus Station	a	1114	1214	1534	1634

Keswick • Grasmere • Ambleside • Windermere • Kendal 555

New Year's Day Sunday 01 January 2023

Keswick Bus Station	d	1130	1230	1545	1645
Thirlspot Kings Head		1145	1245	1600	1700
Grasmere Centre		1200	1300	1615	1715
Rydal Church		1208	1308	1623	1723
Ambleside Kelsick Road	a	1215	1315	1630	1730
Ambleside Kelsick Road	d	1219	1319	1634	1734
Ambleside Waterhead Hotel		1222	1322	1637	1737
Brockhole Visitor Centre		1226	1326	1641	1741
Windermere Rail Station	a	1233	1333	1648	1748
Windermere Rail Station	d	1238	1338	1653	1753
Staveley Abbey Square		1247	1347	1702	1802
Kendal opp Bus Station	a	1302	1402	1717	1817

Kendal • Bowness • Windermere • Ambleside • Grasmere

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Daily excluding Christmas Day and New Year's Day

											■
Kendal Bus Station	d	0810	0910	-	-	-	-	-	-	-	-
Ings		0822	0922	-	-	-	-	-	-	-	-
Windermere Rail Station		0829	0929	-	-	-	-	-	-	-	-
Bowness Pier		0839	0939	1025	1125	1225	1325	1425	1525	1625	1725
Windermere Rail Station	a	0849	0949	1035	1135	1235	1335	1435	1535	1635	1735
Windermere Rail Station	d	0853	0953	1039	1139	1239	1339	1439	1539	1639	1739
Brockhole Visitor Centre		0859	0959	1045	1145	1245	1345	1445	1545	1645	1745
Ambleside Waterhead Pier		0904	1004	1050	1150	1250	1350	1450	1550	1650	1750
Ambleside Kelsick Road	a	0908	1008	1054	1154	1254	1354	1454	1554	1654	1754
Ambleside Kelsick Road	d	0913	1013	1059	1159	1259	1359	1459	1559	1659	-
Rydal Church		0919	1019	1105	1205	1305	1405	1505	1605	1705	-
Grasmere Centre	a	0928	1028	1114	1214	1314	1414	1514	1614	1714	-

New Year's Day Sunday 01 January 2023

Kendal Bus Station	d	0855	0955	-	-	-	-	-	-
Ings		0907	1007	-	-	-	-	-	-
Windermere Rail Station		0914	1014	-	-	-	-	-	-
Bowness Pier		0925	1025	1125	1225	-	1425	1525	1625
Windermere Rail Station	a	0935	1035	1135	1235	-	1435	1535	1635
Windermere Rail Station	d	0939	1039	1139	1239	1339	1439	1539	1639
Brockhole Visitor Centre		0945	1045	1145	1245	1345	1445	1545	1645
Ambleside Waterhead Pier		0950	1050	1150	1250	1350	1450	1550	1650
Ambleside Kelsick Road	a	0954	1054	1154	1254	1354	1454	1554	1654
Ambleside Kelsick Road	d	0959	1059	1159	-	1359	1459	1559	-
Rydal Church		1005	1105	1205	-	1405	1505	1605	-
Grasmere Centre	a	1014	1114	1214	-	1414	1514	1614	-

USB charging

Open top bus

Audio commentary

Bike bus
room for 2 bikes per journey 20p per bike

Notes

a Arrival time.
d Departure time.

■ Only runs Saturdays, Sundays and Public Holidays between Windermere and Ambleside.

Grasmere • Ambleside • Windermere • Bowness • Kendal

599

Daily excluding Christmas Day and New Year's Day

										▲		■
Grasmere Centre	d	0930	1030	1130	1230	1330	1430	1530	1630	-	1730	-
Rydal Church		0938	1038	1138	1238	1338	1438	1538	1638	-	1738	-
Ambleside Kelsick Road	a	0945	1045	1145	1245	1345	1445	1545	1645	-	1745	-
Ambleside Kelsick Road	d	0949	1049	1149	1249	1349	1449	1549	1649	-	1749	1800
Ambleside Waterhead Hotel		0952	1052	1152	1252	1352	1452	1552	1652	-	1752	1803
Brockhole Visitor Centre		0956	1056	1156	1256	1356	1456	1556	1656	-	1756	1807
Windermere Rail Station	a	1008	1108	1208	1308	1408	1508	1608	1705	-	1805	↓
Windermere Rail Station	d	1018	1118	1218	1318	1418	1518	1618	1713	1725	1815	▼
Bowness Pier		-	-	-	-	-	-	-	-	1735	1825	1814
Windermere Rail Station		-	-	-	-	-	-	-	-	1736	1826	1815
Ings		-	-	-	-	-	-	-	-	1741	1831	1820
Kendal Sandes Avenue		-	-	-	-	-	-	-	-	1752	1842	1831

New Year's Day Sunday 01 January 2023

Grasmere Centre	d	1020	1120	1220	-	1420	1520	1620
Rydal Church		1028	1128	1228	-	1428	1528	1628
Ambleside Kelsick Road	a	1035	1135	1235	-	1435	1535	1635
Ambleside Kelsick Road	d	1040	1140	1240	1340	1440	1540	1640
Ambleside Waterhead Hotel		1043	1143	1243	1343	1443	1543	1643
Brockhole Visitor Centre		1047	1147	1247	1347	1447	1547	1647
Windermere Rail Station	a	1058	1158	1254	1358	1458	1558	1658
Windermere Rail Station	d	1108	1208	-	1408	1508	1608	1709
Bowness Pier		-	-	-	-	-	-	1719
Windermere Rail Station		-	-	-	-	-	-	1720
Ings		-	-	-	-	-	-	1725
Kendal Sandes Avenue		-	-	-	-	-	-	1736

USB charging

Open top bus

Audio commentary

Bike bus
room for 2 bikes per journey 20p per bike

Notes

a Arrival time.
d Departure time.

▲ Only operates Monday to Friday (except Public Holidays).
■ Only runs Saturdays, Sundays and Public Holidays between Windermere and Ambleside.

Heysham • Morecambe • Carnforth • Kendal • Windermere • Bowness

755

Daily excluding Christmas Day and New Year's Day

Towards Kendal, Windermere & Bowness

		●						
Ocean Edge Holiday Park	d	0805	0935	1035	1355	-	1655	1955
Heysham Combermere Rd		0810	0940	1040	1400	-	1700	2000
Heysham Towers		0813	0943	1043	1403	-	1703	2003
Morecambe Battery		0822	0952	1052	1412	-	-	-
Morecambe Bus Station		0830	1000	1100	1420	1615	-	-
Morecambe Euston Rd		0833	1003	1103	1423	1618	-	-
Happy Mount Park		0840	1010	1110	-	1625	-	-
Hest Bank Station Road		0843	1013	1113	-	1628	-	-
Bolton-le-Sands St Michaels Ln		0847	1017	1117	-	1632	-	-
Carnforth Haws Hill	a	0854	1024	1124	-	1639	-	-
Carnforth Haws Hill	d	0855	1026	1126	-	1640	-	-
Pine Lake		0901	1032	1132	-	1646	-	-
Milnthorpe A6 opp Mth. Church		0913	1044	1144	-	1658	-	-
Levens Bridge		0918	1049	1149	-	1703	-	-
Helsington Lumley Road		0925	1056	1156	-	1710	-	-
Kendal Bus Station	a	0934	1105	1205	-	1719	-	-
Kendal Bus Station	d	-	1108	1208	-	1722	-	-
Ings		-	1120	1220	-	1734	-	-
Windermere Rail Station		-	1128	1228	-	1741	-	-
Bowness Pier	a	-	1138	1238	-	1751	-	-

Towards Carnforth, Morecambe & Heysham

Bowness Pier	d	-	-	-	1200	1300	-	1755
Windermere Rail Station		-	-	-	1212	1312	-	1812
Ings		-	-	-	1217	1317	-	1817
Kendal Bus Station	a	-	-	-	1229	1328	-	1829
Kendal Bus Station	d	-	-	0945	1232	1332	-	1832
Helsington Lumley Road		-	-	0952	1239	1339	-	1839
Levens Bridge		-	-	0959	1246	1346	-	1846
Milnthorpe Methodist Church		-	-	1004	1251	1351	-	1851
Pine Lake		-	-	1016	1303	1403	-	1903
Carnforth New Street	a	-	-	1020	1307	1407	-	1907
Carnforth New Street	d	-	-	1021	1308	1408	-	1908
Bolton-le-Sands St Michaels Ln		-	-	1027	1314	1414	-	1914
Hest Bank Station Road		-	-	1030	1317	1417	-	1917
Happy Mount Park		-	-	1033	1320	1420	-	1920
Morecambe Euston Road		0902	1002	1040	1327	1427	1627	1927
Morecambe Bus Station		0905	1005	1043	1330	1429	1630	1930
Morecambe Battery		0911	1011	1049	1336	-	1636	1936
Heysham Towers		0917	1017	-	1342	-	1642	1942
Heysham Combermere Rd		0920	1020	-	1345	-	1645	1945
Ocean Edge Holiday Park	a	0925	1025	-	1350	-	1650	1950

Notes

a Arrival time. **d** Departure time.

● Runs all Weekends and Bank Holiday plus Daily in School Holidays.

Workington • Cockermouth • Keswick • Penrith

X4 / X5

Mondays to Saturdays excluding Christmas Day and New Year's Day

Route Number		X5	X5	X5	X4	X5	MF X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X4	X5	X5	● X5
Workington Bus Station	d	0510	0610	0710	0740	0805	0857	0915	0945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1620	1645	1715	1815	1915	2115	2315
Clifton Hotel		0519	0619	0719	0751	0814	0906	0924	0954	1024	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554	1629	1654	1724	1824	1924	2124	2324
Bridgefoot		0523	0623	0723	|	0819	0910	|	0958	|	1058	|	1158	|	1258	|	1358	|	1458	|	1558	|	1658	1728	|	1928	2128	2328
Brigham Low Road		0527	0627	0727	|	0824	0914	|	1002	|	1102	|	1202	|	1302	|	1402	|	1502	|	1602	|	1702	1732	|	1932	2132	2332
Cockermouth Low Road		▼	▼	▼	▼	0831	0920	▼	1008	▼	1108	▼	1208	▼	1308	▼	1408	▼	1508	▼	1608	▼	1708	▼	▼	▼	▼	▼
Cockermouth Oakhurst		0530	0630	0730	0758	▼	▼	0931	▼	1031	▼	1131	▼	1231	▼	1331	▼	1431	▼	1531	▼	1636	▼	1735	1831	1935	2135	2335
Cockermouth Main Street		0536	0636	0736	0804	0833	0921	0937	1010	1037	1110	1137	1210	1237	1310	1337	1410	1437	1510	1537	1610	1642	1710	1741	1837	1941	2141	2341
Embleton Wheatsheaf		0542	0642	0742	0814	0839	-	0943	1016	1043	1116	1143	1216	1243	1316	1343	1416	1443	1516	1543	1616	1648	1716	1747	1843	1947	2147	2347
Brathay Hill		0546	0646	0746	0818	0843	-	0947	1020	1047	1120	1147	1220	1247	1320	1347	1420	1447	1520	1547	1620	1652	1720	1751	1847	1951	2151	2351
Lakes Distillery		|	|	|	0820	|	-	|	|	1049	|	|	|	1249	|	|	|	1449	|	|	|	1654	|	|	1849	|	|	|
Castle Inn		|	|	|	0823	|	-	|	|	1052	|	|	|	1252	|	|	|	1452	|	|	|	1657	|	|	1852	|	|	|
Bassenthwaite village A591		▼	▼	▼	0826	▼	-	▼	▼	1055	▼	▼	▼	1255	▼	▼	▼	1455	▼	▼	▼	1700	▼	▼	1855	▼	▼	▼
Thornthwaite Swan Hotel		0555	0655	0755	|	0852	-	0956	1029	|	1129	1156	1229	|	1329	1356	1429	|	1529	1556	1629	|	1729	1800	|	2000	2200	0000
Braithwaite Police Station		0600	0700	0800	▼	0857	-	1001	1034	▼	1134	1201	1234	▼	1334	1401	1434	▼	1534	1601	1634	▼	1734	1805	▼	2005	2205	0005
Keswick Bus Station	a	0608	0708	0808	0841	0905	-	1009	1042	1110	1142	1209	1242	1311	1342	1409	1442	1510	1542	1609	1642	1715	1742	1813	1910	2013	2213	0013
Keswick Bus Station	d	0610	0710	0810	0855	-	-	1020	-	1120	-	1220	-	1320	-	1420	-	1520	-	1620	-	1720	-	1820	1920	-	-	-
Threlkeld Horse & Farrier		0621	0721	0821	0906	-	-	1031	-	1131	-	1231	-	1331	-	1431	-	1531	-	1631	-	1731	-	1831	1931	-	-	-
Troutbeck Road end A66		0628	0728	0828	0913	-	-	1038	-	1138	-	1238	-	1338	-	1438	-	1538	-	1638	-	1738	-	1838	1938	-	-	-
Penruddock Herdwick Inn		▼	▼	0833	0918	-	-	1043	-	1143	-	1243	-	1343	-	1443	-	1543	-	1643	-	1743	-	1843	1943	-	-	-
Stainton Methodist Church		0638	0738	0840	0925	-	-	1050	-	1150	-	1250	-	1350	-	1450	-	1550	-	1650	-	1750	-	1850	1950	-	-	-
Rheged Centre		▼	▼	0845	0930	-	-	1055	-	1155	-	1255	-	1355	-	1455	-	1555	-	1655	-	1755	-	1855	1955	-	-	-
Penrith Rail Station		0643	0743	0848	0933	-	-	1058	-	1158	-	1258	-	1358	-	1458	-	1558	-	1658	-	1758	-	1858	1958	-	-	-
Penrith Bus Station	a	0649	0749	0854	0939	-	-	1104	-	1204	-	1304	-	1404	-	1504	-	1604	-	1704	-	1804	-	1904	2004	-	-	-

Workington • Cockermouth • Keswick • Penrith

X4 / X5

Sundays also 26/27 Dec 2022 and 02 Jan 202

Route Number		X5	X5	X5	X5	X5	X5
Workington Bus Station	d	0715	0915	1115	1315	1515	1715
Clifton Hotel		0724	0924	1124	1324	1524	1724
Bridgefoot		0728	0928	1128	1328	1528	1728
Brigham Low Road		0732	0932	1132	1332	1532	1732
Cockermouth Oakhurst		0735	0935	1135	1335	1535	1735
Cockermouth Main Street		0741	0941	1141	1341	1541	1741
Embleton Wheatsheaf		0747	0947	1147	1347	1547	1747
Brathay Hill		0751	0951	1151	1351	1551	1751
Thornthwaite Swan Hotel		0805	1005	1205	1405	1605	1805
Braithwaite Police Station		0800	1000	1200	1400	1600	1800
Keswick Bus Station	a	0813	1013	1213	1413	1613	1813
Keswick Bus Station	d	0820	1020	1220	1420	1620	1820
Threlkeld Horse & Farrier		0831	1031	1231	1431	1631	1831
Troutbeck Road end A66		0838	1038	1238	1438	1638	1838
Penruddock Herdwick Inn		0843	1043	1243	1443	1643	1843
Stainton Methodist Church		0850	1050	1250	1450	1650	1850
Rheged Centre		0855	1055	1255	1455	1655	1855
Penrith Rail Station		0858	1058	1258	1458	1658	1858
Penrith Bus Station	a	0904	1104	1304	1504	1704	1904

Notes

- **a** Arrival time.
- **d** Departure time.
- **MF** Runs Mondays to Fridays only.
- ● Runs Friday and Saturday nights only.

Penrith • Keswick • Cockermouth • Workington

X4 / X5

Mondays to Saturdays excluding Christmas Day & New Year's Day

Route Number		X5	X5	X5	MF X5	▲ X4	● X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X4	X5	X5
Penrith Bus Station	d	-	0700	-	-	0750	0810	-	0915	-	1015	-	1115	-	1215	-	1315	-	1415	-	1515	-	1615	-	1715	1815	1915	-
Penrith Rail Station		-	0705	-	-	0755	0815	-	0920	-	1020	-	1120	-	1220	-	1320	-	1420	-	1520	-	1620	-	1720	1820	1920	-
Rheged Centre		-		-	-	0801	0821	-	0926	-	1026	-	1126	-	1226	-	1326	-	1426	-	1526	-	1626	-	1726	1826	1926	-
Stainton Methodist Church		-	0711	-	-	0804	0824	-	0929	-	1029	-	1129	-	1229	-	1329	-	1429	-	1529	-	1629	-	1729	1829	1929	-
Penruddock Herdwick Inn		-		-	-	0811	0831	-	0936	-	1036	-	1136	-	1236	-	1336	-	1436	-	1536	-	1636	-	1736	1836	1936	-
Troutbeck Road end A66		-	0721	-	-	0816	0836	-	0941	-	1041	-	1141	-	1241	-	1341	-	1441	-	1541	-	1641	-	1741	1841	1941	-
Threlkeld Horse and Farrier		-	0728	-	-	0823	0843	-	0948	-	1048	-	1148	-	1248	-	1348	-	1448	-	1548	-	1648	-	1748	1848	1948	-
Keswick Bus Station	a	-	0741	-	-	0834	0856	-	1001	-	1101	-	1201	-	1301	-	1401	-	1501	-	1601	-	1701	-	1801	1901	2001	-
Keswick Bus Station	d	-	0742	-	-	0900	0900	0945	1010	1045	1110	1145	1210	1245	1310	1345	1410	1445	1510	1545	1610	1645	1710	1745	1810	1910	2005	2015
Bassenthwaite village A591		-		-	-	0914	0914				1124				1324				1524				1724			1924		
Castle Inn Hotel		-	▼	-	-	0917	0917	▼	▼	▼	1127	▼	▼	▼	1327	▼	▼	▼	1527	▼	▼	▼	1727	▼	▼	1927	▼	▼
Braithwaite Police Station		-	0749	-	-			0952	1017	1052		1152	1217	1252		1352	1417	1452		1552	1617	1652		1752	1817		2012	2022
Thornthwaite Swan Hotel		-	0753	-	-	▼	▼	0956	1021	1056	▼	1156	1221	1256	▼	1356	1421	1456	▼	1556	1621	1656	▼	1756	1821	▼	2016	2026
Lakes Distillery		-	▼	-	-	0919	0919	▼	▼	▼	1129	▼	▼	▼	1329	▼	▼	▼	1529	▼	▼	▼	1729	▼	▼	1929	▼	▼
Brathay Hill		-	0800	-	-	0921	0921	1003	1028	1103	1131	1203	1228	1303	1331	1403	1428	1503	1531	1603	1628	1703	1731	1803	1828	1931	2023	2033
Embleton Wheatsheaf		-	0803	-	-	0924	0924	1006	1031	1106	1134	1206	1231	1306	1334	1406	1431	1506	1534	1606	1631	1706	1734	1806	1831	1934	2026	2036
Cockermouth Main Street		0709	0812	0844	0930	0933	0933	1015	1040	1115	1143	1215	1240	1315	1343	1415	1440	1515	1547	1615	1640	1715	1743	1815	1840	1943	2035	2045
Cockermouth Oakhurst		▼	0815	▼	▼	0936	0936	▼	1043	▼	1146	▼	1243	▼	1346	▼	1443	▼	1550	▼	1643	▼	1746	▼	1843	1946	2038	2048
Cockermouth Low Road		0711	▼	0846	0932			1017		1117		1217		1317		1417		1517		1617		1717		1817	▼			▼
Brigham Low Road		0714	0818	0849	0935			1020		1120		1220		1320		1420		1520		1620		1720		1820	1846			2051
Bridgefoot		0719	0823	0854	0940	▼	▼	1025	▼	1125	▼	1225	▼	1325	▼	1425	▼	1525		1625	▼	1725	▼	1825	1851	▼	▼	2056
Clifton Hotel		0722	0826	0857	0943	0943	0943	1028	1050	1128	1153	1228	1250	1328	1353	1428	1450	1528	▼	1628	1650	1728	1753	1828	1854	1953	2045	2059
Workington Bus Station	a	0732	0836	0907	0953	0953	0953	1038	1100	1138	1203	1238	1300	1338	1403	1438	1500	1538	1608	1638	1700	1738	1803	1838	1904	2003	2055	2109

Penrith • Keswick • Cockermouth • Workington

X4 / X5

Mondays to Saturdays excluding Christmas Day & New Year's Day

Route Number		X4	X5	● X5
Penrith Bus Station	d	2015		
Penrith Rail Station		2020		
Rheged Centre		2026		
Stainton Methodist Church		2029		
Penruddock Herdwick Inn		2036		
Troutbeck Road end A66		2041		
Threlkeld Horse and Farrier		2048		
Keswick Bus Station	a	2101		
Keswick Bus Station	d	2105	2215	0015
Bassenthwaite village A591		2119	↓	↓
Castle Inn Hotel		2122	▼	▼
Braithwaite Police Station		↓	2222	0022
Thornthwaite Swan Hotel		▼	2226	0026
Lakes Distillery		2124	▼	▼
Brathay Hill		2126	2233	0033
Embleton Wheatsheaf		2129	2236	0036
Cockermouth Main Street		2138	2246	0045
Cockermouth Oakhurst		2141	2251	0048
Cockermouth Low Road		↓	▼	▼
Brigham Low Road		↓	2254	0051
Bridgefoot		▼	2259	0056
Clifton Hotel		2148	2302	0059
Workington Bus Station	a	2158	2312	0109

Notes

a	Arrival time.
d	Departure time.
MF	Runs Mondays to Fridays only.
▲	Schooldays only - does not run via Penrith Road in Keswick.
o	Runs Saturdays and school holidays only.
●	Runs Friday and Saturday nights only.

Sundays also 26/27 Dec 2022 and 02 Jan 202

Route Number		X5	X5	X5	X5	X5	X5
Penrith Bus Station	d	0915	1115	1315	1515	1715	1915
Penrith Rail Station		0920	1120	1320	1520	1720	1920
Rheged Centre		0926	1126	1326	1526	1726	1926
Stainton Methodist Church		0929	1129	1329	1529	1729	1929
Penruddock Herdwick Inn		0936	1136	1336	1536	1736	1936
Troutbeck Road end A66		0941	1141	1341	1541	1741	1941
Threlkeld Horse and Farrier		0948	1148	1348	1548	1748	1948
Keswick Bus Station	a	1001	1201	1401	1601	1801	2001
Keswick Bus Station	d	1010	1210	1410	1610	1810	2010
Bassenthwaite village A591		↓	↓	↓	↓	↓	↓
Castle Inn Hotel		▼	▼	▼	▼	▼	▼
Braithwaite Police Station		1017	1217	1417	1617	1817	2017
Thornthwaite Swan Hotel		1021	1221	1421	1621	1821	2021
Lakes Distillery		▼	▼	▼	▼	▼	▼
Brathay Hill		1028	1228	1428	1628	1828	2028
Embleton Wheatsheaf		1031	1231	1431	1631	1831	2031
Cockermouth Main Street		1040	1240	1440	1640	1840	2040
Cockermouth Oakhurst		1040	1240	1440	1640	1840	2040
Cockermouth Low Road		▼	▼	▼	▼	▼	▼
Brigham Low Road		1046	1246	1446	1646	1846	2046
Bridgefoot		1051	1251	1451	1651	1851	2051
Clifton Hotel		1054	1254	1454	1654	1854	2054
Workington Bus Station	a	1104	1304	1504	1704	1904	2104

Barrow-in-Furness • Ulverston • Grange-over-Sands • Kendal

X6

Mondays to Saturdays excluding public holidays

Route Number		X6	X6	X6	▲ 6C	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
Barrow Town Hall	d	0520	0620	0715	0733	0810	0910	1010	1110	1210	1310	1410	1510	1610	1710	1840	2140
Ramsden Square		0522	0622	0717	0735	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1842	2142
Strawberry Hotel		0529	0629	0724	0742	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719	1848	2148
Furness General Hospital		0534	0634	↓	↓	0824	0924	1024	1124	1224	1324	1424	1524	▼	1724	1852	2152
Greystone Est. Newton Inn		0539	0639	▼	▼	0829	0929	1029	1129	1229	1329	1429	1529	1627	1729	1857	2157
Dalton Tudor Square		0546	0646	0730	0748	0836	0936	1036	1136	1236	1336	1436	1536	1634	1736	1903	2203
Lindal-in-Furness		0549	0649	0733	0751	0839	0939	1039	1139	1239	1339	1439	1539	1637	1739	1906	2206
Swarthmoor Miners Arms		0552	0652	0736	0754	0842	0942	1042	1142	1242	1342	1442	1542	1640	1742	1909	2209
Ulverston Victoria Road	a	0557	0657	0741	0759	0847	0947	1047	1147	1247	1347	1447	1547	1645	1747	1914	2214
Ulverston Victoria Road	d	0558	0658	0742	0801	0852	0952	1052	1152	1252	1352	1452	1552	1652	1752	1915	2215
Haverthwaite Rail Station		0610	0710	0754	0813	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1925	2225
Backbarrow A590		0611	0711	0755	0814	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1926	2226
Newby Bridge		0613	0713	0757	0816	0907	1007	1107	1207	1307	1407	1507	1607	1707	1807	1928	2228
High Newton		0618	0718	0802	↓	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1932	2232
Lindale Lyngarth		0623	0723	0807	↓	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817	1936	2236
Grange Rail Station		0629	0729	0813	↓	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1942	2242
Lindale bus shelter		0633	0733	0817	▼	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1946	2246
Witherslack road end		0637	0737	0821	0825	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831	1950	2250
Levens Heaves Hotel A590		0643	0743	0827	0831	0937	1037	1137	1237	1337	1437	1537	1637	1737	1837	1954	2254
Helsington Lumley Road		0649	0749	0833	0837	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843	2000	2300
Kendal College Milnthorpe Rd		0652	0752	0836	0840	0946	1046	1146	1246	1346	1446	1546	1646	1746	1846	2002	2302
Kendal Bus Station	a	0658	0758	0842	0846	0952	1052	1152	1252	1352	1452	1552	1652	1752	1852	2006	2306

Sundays also 26/27 Dec 2022 and 02 Jan 2023

Route Number		X6	X6	X6	X6
Barrow Town Hall	d	0930	1130	1330	1530
Ramsden Square		0931	1131	1331	1531
Strawberry Hotel		0937	1137	1337	1537
Furness General Hospital		0941	1141	1341	1541
Greystone Est. Newton Inn		0946	1146	1346	1546
Dalton Tudor Square		0952	1152	1352	1552
Lindal-in-Furness		0955	1155	1355	1555
Swarthmoor Miners Arms		0958	1158	1358	1558
Ulverston Victoria Road		1005	1205	1405	1605
Croftlands Est. Lancastrian		1013	1213	1413	1613
Ulverston Victoria Road	a	1021	1221	1421	1621
Ulverston Victoria Road	d	1022	1222	1422	1622
Haverthwaite Rail Station		1033	1233	1433	1633
Backbarrow A590		1034	1234	1434	1634
Newby Bridge		1036	1236	1436	1636
High Newton		1041	1241	1441	1641
Lindale Lyngarth		1046	1246	1446	1646
Grange Rail Station		1052	1252	1452	1652
Lindale bus shelter		1056	1256	1456	1656
Witherslack road end		1100	1300	1500	1700
Levens Heaves Hotel A590		1106	1306	1506	1706
Helsington Lumley Road		1112	1312	1512	1712
Kendal College Milnthorpe Rd		1114	1314	1514	1714
Kendal Bus Station	a	1118	1318	1518	1718

Mondays to Saturdays excluding public holidays

Route Number		X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	▲ X6	X6	X6	X6	X6	X6
Kendal Bus Station	d	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1645	1715	1800	1900	2140	2310
Helsington Lumley Road		0708	0808	0908	1008	1108	1208	1308	1408	1508	1608	1700	1730	1808	1908	2145	2315
Levens Heaves Hotel A590		0714	0814	0914	1014	1114	1214	1314	1414	1514	1614	1706	1736	1814	1914	2151	2321
Witherslack Road end		0720	0820	0920	1020	1120	1220	1320	1420	1520	1620	1712	1742	1820	1920	2155	2325
Lindale Village		0724	0824	0924	1024	1124	1224	1324	1424	1524	1624	1716	1746	1824	1924	2159	2329
Grange Rail Station		0730	0830	0930	1030	1130	1230	1330	1430	1530	1630	1722	1752	1830	1930	2205	2335
Lindale Lyngarth		0734	0834	0934	1034	1134	1234	1334	1434	1534	1634	1726	1756	1834	1934	2209	2339
High Newton		0739	0839	0939	1039	1139	1239	1339	1439	1539	1639	1731	1801	1839	1939	2213	2343
Newby Bridge		0744	0844	0944	1044	1144	1244	1344	1444	1544	1644	1736	1806	1844	1944	2217	2347
Backbarrow A590		0746	0846	0946	1046	1146	1246	1346	1446	1546	1646	1738	1808	1846	1946	2219	2349
Haverthwaite Rail Station		0747	0847	0947	1047	1147	1247	1347	1447	1547	1647	1739	1809	1847	1947	2220	2350
Ulverston Victoria Road	a	0759	0859	0959	1059	1159	1259	1359	1459	1559	1659	1751	1821	1859	1959	2230	0000
Ulverston Victoria Road	d	0806	0906	1006	1106	1206	1306	1406	1506	1606	1706	1757	1827	1902	2002	2232	0001
Swarthmoor Miners Arms		0809	0909	1009	1109	1209	1309	1409	1509	1609	1709	1800	1830	1905	2005	2235	0004
Lindal-in-Furness		0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1803	1833	1908	2008	2238	0007
Dalton Tudor Square		0816	0916	1016	1116	1216	1316	1416	1516	1616	1716	1807	1837	1912	2012	2242	0011
Greystone Est. Newton Inn		0822	0922	1022	1122	1222	1322	1422	1522	1622	1722	↓	1843	↓	↓	2247	0016
Furness General Hospital		▼	0927	1027	1127	1227	1327	1427	1527	1627	1727	▼	1848	▼	▼	2252	0021
Strawberry Hotel		0830	0932	1032	1132	1232	1332	1432	1532	1632	1732	1813	1853	1918	2018	2256	0025
Barrow Town Hall	a	0841	0943	1043	1143	1243	1343	1443	1543	1643	1743	1824	1904	1928	2028	2306	0035

Sundays also 26/27 Dec 2022 and 02 Jan 2023

Route Number		X6	X6	X6	X6
Kendal Bus Station	d	1130	1330	1530	1730
Helsington Lumley Road		1135	1335	1535	1735
Levens Heaves Hotel A590		1141	1341	1541	1741
Witherslack Road end		1147	1347	1547	1747
Lindale Village		1151	1351	1551	1751
Grange Rail Station		1157	1357	1557	1757
Lindale Lyngarth		1201	1401	1601	1801
High Newton		1206	1406	1606	1806
Newby Bridge		1211	1411	1611	1811
Backbarrow A590		1213	1413	1613	1813
Haverthwaite Rail Station		1214	1414	1614	1814
Ulverston Victoria Road	a	1225	1425	1625	1825
Ulverston Victoria Road	d	1226	1426	1626	1826
Croftlands Est Lancastrian		1232	1432	1632	1832
Ulverston Victoria Road		1240	1440	1640	1840
Swarthmoor Miners Arms		1243	1443	1643	1843
Lindal-in-Furness		1246	1446	1646	1846
Dalton Tudor Square		1251	1451	1651	1851
Greystone Est Newton Inn		1256	1456	1656	1856
Furness General Hospital		1301	1501	1701	1901
Strawberry Hotel		1305	1505	1705	1905
Barrow Town Hall	a	1313	1513	1713	1913

Notes

a Arrival time.

d Departure time.

▲ Runs Kendal College days only.

ORREST HEAD

Follow in the footsteps of Wainwright and enjoy inspiring views of Windermere

Just a short walk from Windermere station, Orrest Head offers some of the most rewarding views of the Lake District, with a panorama of Lake Windermere and the Fells beyond. Visitors have long enjoyed taking in the scenery from the top.

Victorian tourists, arriving by steam train, paid a small fee for a pony and cart to ascend the hill. It inspired the legendary fell walker and writer Alfred Wainwright, and started his love for the Lake District. It remains a very special place to this day.

Following recent work, the path to the summit offers an accessible, step-free walk, suitable for buggies and mobility scooters.

Find out more about the Orrest Head trail, including a full map, photos and directions at **www.lakedistrict.gov.uk/orresthead**

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tvcrp.org.uk

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a warm welcome in our towns and villages

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our history and heritage

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Enjoy

great shopping and good food

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activities in the great outdoors and active travel with new cycle facilities and electric bikes at Haltwhistle

Drawing by Bessie Matthews @ArloAdventures

Train times

Carlisle - Haltwhistle - Hexham - Newcastle

- Carlisle
- Wetheral
- Brampton
- Haltwhistle
- Bardon Mill
- Haydon Bridge
- Hexham
- Corbridge
- Riding Mill
- Stocksfield
- Prudhoe
- Wylam
- Blaydon
- Metrocentre
- Dunston
- Newcastle

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Mondays to Saturdays

						SX	SO	SX	SO		SX	SO		SX	SO			SO	SX	SO	SX		SO	SX	SX	SO	
Newcastle Central M d	0542	0620	0702	0725	0740	0740	0805	0805	0823	0856	0857	0923	0946	0947	0957	1023	1031	1046	1056	1057	1123	1147	1150	1159	1159	1223
Dunston	▼	0625	▼	0730	▼	▼	▼	▼	▼	0902	0903	▼	▼	▼	1003	▼	▼	▼	1102	1103	▼	▼	▼	1205	1205	▼
MetroCentre	0549	0629	0710	0734	0748	0748	0814	0814	0831	0906	0906	0931	0954	0955	1006	1031	1043	1054	1105	1106	1131	1155	1201	1208	1208	1231
Blaydon	0554	0633	0714	0738	↓	↓	↓	↓	0835	0910	0910	↓	↓	↓	1010	↓	↓	↓	1109	1110	↓	↓	↓	1212	1212	↓
Wylam	0600	0639	0720	0744	▼	▼	▼	▼	0841	0916	0917	▼	▼	▼	1017	▼	▼	▼	1116	1117	▼	▼	▼	1219	1219	▼
Prudhoe	0604	0644	0725	0749	0759	0758	0825	0825	0846	0921	0921	0942	1007	1007	1021	1042	1054	1105	1120	1121	1142	1206	1212	1223	1223	1242
Stocksfield	0609	0648	0729	↓	0804	0803	↓	↓	0850	0925	0926	↓	↓	↓	1026	↓	↓	↓	1125	1126	↓	↓	↓	1228	1228	↓
Riding Mill	0613	↓	0734	↓	0808	0807	↓	↓	0855	0930	0930	↓	↓	↓	1030	↓	↓	↓	1129	1130	↓	↓	↓	1232	1232	↓
Corbridge	0617	▼	0738	▼	0812	0812	▼	▼	0859	0934	0934	▼	▼	▼	1034	▼	▼	▼	1133	1134	▼	▼	▼	1236	1236	▼
Hexham	0624	0659	0744	0802	0818	0818	0838	0838	0905	0940	0940	0955	1022	1022	1040	1055	1109	1118	1139	1140	1155	1219	1232	1242	1242	1255
Haydon Bridge	↓	0708	↓	0811	-	-	↓	0847	0915	-	-	↓	1031	1031	-	↓	1118	1129	-	-	↓	1228	1241	-	-	↓
Bardon Mill	▼	0714	▼	0817	-	-	▼	▼	0921	-	-	▼	▼	▼	-	▼	1124	1135	-	-	▼	▼	▼	-	-	▼
Haltwhistle	0643	0722	0803	0825	-	-	0857	0859	0928	-	-	1014	1042	1042	-	1114	1132	1142	-	-	1214	1239	1253	-	-	1314
Brampton	↓	0737	▼	0840	-	-	▼	▼	▼	-	-	↓	1057	1057	-	↓	-	-	-	-	↓	1254	1308	-	-	↓
Wetheral	▼	0746	0826	0849	-	-	0919	0921	0951	-	-	▼	1107	1107	-	▼	1155	1205	-	-	▼	1303	1317	-	-	▼
Carlisle a	0712	0758	0835	0859	-	-	0929	0934	1001	-	-	1044	1116	1116	-	1146	1205	1215	-	-	1244	1313	1327	-	-	1346

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- **M** Interchange with Tyne & Wear Metro.

Newcastle • Prudhoe • Hexham • Haltwhistle • Carlisle

Mondays to Saturdays

					SO	SX		SX	SO														DRY	SX	SO	SX
Newcastle Central M d	1239	1257	1323	1340	1355	1357	1423	1433	1440	1454	1523	1540	1556	1623	1640	1656	1703	1723	1756	1808	1823	1855	1923	1951	1955	2023
Dunston	▼	1303	▼	▼	1401	1403	▼	▼	▼	1459	▼	▼	1602	▼	▼	1702	▼	▼	▼	▼	▼	1900	▼	1956	2000	▼
MetroCentre	1247	1306	1331	1348	1404	1406	1431	1441	1448	1503	1531	1548	1605	1631	1648	1705	1713	1731	1805	1816	1831	1904	1931	1959	2004	2031
Blaydon	↓	1310	↓	↓	1408	1410	↓	↓	↓	1507	↓	↓	1609	↓	1652	-	1717	1735	1810	1820	1835	1908	1935	-	2008	2035
Wylam	▼	1317	▼	▼	1415	1417	▼	▼	▼	1513	▼	▼	1616	▼	1658	-	1723	1741	1816	1827	1842	1914	1941	-	2014	2041
Prudhoe	1259	1321	1342	1359	1419	1421	1442	1452	1459	1518	1542	1559	1620	1642	1703	-	1728	1746	1821	1832	1846	1919	1946	-	2019	2046
Stocksfield	↓	1326	↓	↓	1424	1426	↓	↓	↓	1522	↓	↓	1625	↓	1707	-	1732	1750	1825	-	1850	1923	1950	-	-	2050
Riding Mill	↓	1330	↓	↓	1428	1430	↓	↓	↓	1527	↓	↓	1629	↓	1712	-	1737	1755	1830	-	1855	1928	1955	-	-	2055
Corbridge	▼	1334	▼	▼	1432	1434	▼	▼	▼	1531	▼	▼	1633	▼	1716	-	1741	1759	1834	-	1859	1932	1959	-	-	2059
Hexham	1311	1340	1355	1412	1438	1440	1455	1505	1512	1537	1555	1612	1639	1655	1722	-	1747	1805	1840	-	1905	1938	2005	-	-	2105
Haydon Bridge	1320	-	↓	1421	-	-	↓	1514	1521	-	↓	1621	-	↓	1732	-	-	1815	-	-	1915	-	2015	-	-	2114
Bardon Mill	1326	-	▼	1427	-	-	▼	1520	1527	-	▼	▼	-	▼	1738	-	-	1821	-	-	1921	-	2021	-	-	▼
Haltwhistle	1334	-	1414	1435	-	-	1514	1528	1535	-	1614	1632	-	1714	1745	-	-	1828	-	-	1928	-	2028	-	-	2126
Brampton	▼	-	↓	1450	-	-	↓	▼	▼	-	↓	1647	-	↓	▼	-	-	1843	-	-	1943	-	2043	-	-	↓
Wetheral	1356	-	▼	1459	-	-	▼	1550	1557	-	▼	1657	-	▼	1807	-	-	1852	-	-	1952	-	2052	-	-	▼
Carlisle a	1406	-	1445	1508	-	-	1544	1559	1607	-	1643	1707	-	1744	1817	-	-	1901	-	-	2002	-	2102	-	-	2156

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- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- **M** Interchange with Tyne & Wear Metro.
- **DRY** Dry train. Alcohol in opened and unopened containers not permitted. Travel may also be refused if you are under the influence.

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Mondays to Saturdays

		SO DRY		DRY		SO	SX
Newcastle Central	M d	2033	2053	2125	2156	2238	2253
Dunston		▼	2058	▼	2201	2244	2258
MetroCentre		2041	2101	2133	2204	2247	2302
Blaydon		2045	-	2137	-	2251	2306
Wylam		2051	-	2143	-	2257	2312
Prudhoe		2056	-	2148	-	2302	2317
Stocksfield		2100	-	2152	-	2306	2321
Riding Mill		2105	-	2157	-	2311	2326
Corbridge		2109	-	2201	-	2315	2330
Hexham		2115	-	2207	-	2321	2336
Haydon Bridge		2124	-	2217	-	-	-
Bardon Mill		▼	-	2223	-	-	-
Haltwhistle		2136	-	2230	-	-	-
Brampton		2151	-	2245	-	-	-
Wetheral		2200	-	2254	-	-	-
Carlisle	a	2211	-	2305	-	-	-

Sundays

0845	0930	0955	1016	1035	1055	1115	1133	1155	1215	1235	1255	1315	1333	1355	1415	1428
▼	0935	▼	1021	▼	▼	1121	▼	▼	1220	▼	▼	1321	▼	▼	1420	▼
0853	0939	1003	1025	1043	1103	1124	1141	1203	1224	1243	1303	1324	1341	1403	1424	1436
0857	-	1007	-	-	▼	-	-	1207	-	-	-	-	-	1407	-	-
0903	-	1013	-	-	1111	-	-	1213	-	-	1311	-	-	1413	-	-
0908	-	1017	-	-	1116	-	-	1218	-	-	1315	-	-	1418	-	-
0912	-	1022	-	-	1120	-	-	1222	-	-	1320	-	-	1422	-	-
0917	-	1026	-	-	1125	-	-	1227	-	-	1324	-	-	1427	-	-
0921	-	1030	-	-	1129	-	-	1231	-	-	1328	-	-	1431	-	-
0927	-	1037	-	-	1135	-	-	1237	-	-	1335	-	-	1437	-	-
0937	-	1046	-	-	1145	-	-	↓	-	-	1344	-	-	↓	-	-
0943	-	1052	-	-	1151	-	-	▼	-	-	1350	-	-	▼	-	-
0950	-	1100	-	-	1158	-	-	1256	-	-	1358	-	-	1456	-	-
1005	-	1115	-	-	1213	-	-	1311	-	-	↓	-	-	1511	-	-
1014	-	1124	-	-	1222	-	-	1320	-	-	▼	-	-	1520	-	-
1024	-	1134	-	-	1232	-	-	1330	-	-	1428	-	-	1530	-	-

Notes

a Arrival time.
d Departure time.
M Interchange with Tyne & Wear Metro.

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Sundays

Newcastle Central	M d	1455	1515	1535	1555	1615	1633	1655	1715	1733	1755	1817	1832	1855	1915	1955	2015	2035	2100
Dunston		▼	1521	▼	▼	1620	▼	▼	1721	▼	▼	1822	▼	▼	1920	▼	2020	▼	2105
MetroCentre		1503	1524	1543	1603	1624	1641	1703	1724	1741	1803	1826	1840	1903	1924	2003	2024	2043	2109
Blaydon		▼	-	-	1607	-	-	▼	-	-	1807	-	-	▼	-	2007	-	-	2113
Wylam		1511	-	-	1613	-	-	1711	-	-	1813	-	-	1911	-	2013	-	-	2119
Prudhoe		1515	-	-	1618	-	-	1715	-	-	1818	-	-	1915	-	2018	-	-	2124
Stocksfield		1520	-	-	1622	-	-	1720	-	-	1822	-	-	1920	-	2022	-	-	2128
Riding Mill		1524	-	-	1627	-	-	1724	-	-	1827	-	-	1924	-	2027	-	-	2133
Corbridge		1528	-	-	1631	-	-	1728	-	-	1831	-	-	1928	-	2031	-	-	2137
Hexham		1535	-	-	1637	-	-	1735	-	-	1837	-	-	1934	-	2037	-	-	2143
Haydon Bridge		1544	-	-	1646	-	-	1744	-	-	1846	-	-	1943	-	2047	-	-	2153
Bardon Mill		1550	-	-	▼	-	-	1750	-	-	▼	-	-	1949	-	2053	-	-	2159
Haltwhistle		1558	-	-	1658	-	-	1758	-	-	1858	-	-	1957	-	2100	-	-	2206
Brampton		↓	-	-	1713	-	-	↓	-	-	1913	-	-	↓	-	2115	-	-	2221
Wetheral		▼	-	-	1722	-	-	▼	-	-	1922	-	-	▼	-	2124	-	-	2230
Carlisle	a	1628	-	-	1732	-	-	1828	-	-	1935	-	-	2028	-	2134	-	-	2240

Notes

a Arrival time.
d Departure time.
M Interchange with Tyne & Wear Metro.

All services operated by Northern.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Mondays to Saturdays

		SX SLB	SO SLB		SO NNT	SX NNT	MPT		MPT		SO MPT	SX MPT			NNT	MPT		BTT	MPT		WTB	BTT		NNT	MPT		NNT
Carlisle	d	-	-	-	0557	0557	0632	0659	0725	-	0802	0803	0820	0850	-	0922	0952	-	1023	1054	-	1125	1152	-	1225	1253	-
Wetheral		-	-	-	0604	0604	0639	0706		-	0809	0810	0827	0857	-	0932		-	1030		-	1132		-	1232		-
Brampton		-	-	-	0614	0614	▼	0716	▼	-	▼	▼	0837	▼	-	0942	▼	-	-	▼	-	1142	▼	-	▼	▼	-
Haltwhistle		-	-	-	0629	0629	0703	0731	0754	-	0832	0833	0852	0920	-	0957	1020	-	1053	1122	-	1157	1220	-	1255	1321	-
Bardon Mill		-	-	-	0636	0636	0710	0738		-	0839	0840	0859	▼	-	▼		-	1100		-	▼		-	1302		-
Haydon Bridge		-	-	-	0642	0642	0715	0743	▼	-	0845	0846	0905	0931	-	1007	▼	-	1106	▼	-	1207	▼	-	1308	▼	-
Hexham		0609	0609	0637	0652	0652	0725	0754	0814	0826	0856	0857	0918	0942	0956	1018	1040	1055	1118	1142	1156	1218	1240	1256	1319	1341	1356
Corbridge		0613	0614	0642		0657	0729	0758		0831	0900	0901			1000			1059			1200			1300			1400
Riding Mill		0618	0618	0646		0701	0734	0803		0835	0905	0906			1005			1104			1205			1305			1405
Stocksfield		0622	0622	0650	▼	0705	0738	0807	▼	0839	0909	0910	▼	▼	1009	▼	▼	1108	▼	▼	1209	▼	▼	1309	▼	▼	1409
Prudhoe		0626	0627	0655	0704	0710	0742	0811	0826	0844	0913	0914	0930	0954	1013	1030	1052	1112	1130	1154	1213	1230	1252	1313	1331	1353	1413
Wylam		0631	0631	0659	0709	0715	0747	0816	0831		0918	0919			1018			1117			1218			1318			1418
Blaydon		0637	0637	0705	0715	0721	0753	0822	0841	▼	0924	0925	▼	▼	1024	▼	▼	1123	▼	▼	1223	▼	▼	1324	▼	▼	1424
MetroCentre		0641	0642	0710	0720	0726	0758	0827	0846	0856	0929	0930	0944	1006	1029	1044	1104	1128	1144	1208	1228	1244	1304	1329	1344	1405	1429
Dunston		0645	0645	0713	0724	0729	0801	0830	▼	▼	0932	0933	▼	▼	1032	▼	▼	1131	▼	▼	1231	▼	▼	1332	▼	▼	1432
Newcastle Central	M a	0651	0652	0720	0733	0736	0809	0839	0854	0904	0941	0945	0955	1015	1039	1054	1112	1138	1153	1222	1238	1255	1313	1339	1352	1413	1439

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- **M** Interchange with Tyne & Wear Metro.
- **BTT** To Battersby.
- **NNT** To Nunthorpe.
- **MPT** To Morpeth.
- **SLB** To Saltburn-by-the-Sea.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Mondays to Saturdays

		MPT		BTT	MPT		WTB	SX MPT	SO MPT		HPL	NNT		MPT	MBR		MPT		SX MBR	SO MBR	SX	SO MPT	SX MPT	MBR	SO	SX MPT	SO MPT
Carlisle	d	1332	1355	-	1437	1454	-	1521	1527	1552	-	-	1622	1654	-	1724	-	1753	-	-	1839	1849	-	-	-	-	-
Wetheral		1339		-	1444		-	1528	1534		-	-	1629		-	1731	-		-	-	1846	1856	-	-	-	-	-
Brampton		1349	▼	-	▼	▼	-	1538	1544	▼	-	-	▼	▼	-	1741	-	▼	-	-	1856	1906	-	-	-	-	-
Haltwhistle		1404	1423	-	1507	1522	-	1553	1559	1620	-	-	1652	1722	-	1756	-	1821	-	-	1912	1921	-	-	-	-	-
Bardon Mill		▼		-	1514		-	▼	▼		-	-	1659		-	1803	-		-	-	1919	1928	-	-	-	-	-
Haydon Bridge		1414	▼	-	1520	▼	-	1603	1609	▼	-	-	1705	▼	-	1809	-	▼	-	-	1924	1933	-	-	-	-	-
Hexham		1425	1443	1456	1530	1542	1556	1614	1620	1640	-	1656	1716	1742	1759	1820	-	1841	1856	1856	1935	1943	-	2000	-	-	-
Corbridge				1500			1600				-	1700			1804		-		1900	1900			-	2005	-	-	-
Riding Mill				1505			1605				-	1705			1808		-		1905	1905			-	2009	-	-	-
Stocksfield		▼	▼	1509	▼	▼	1609	▼	▼	▼	-	1709	▼	▼	1812	▼	-	▼	1909	1909	▼	▼	-	2013	-	-	-
Prudhoe		1437	1455	1513	1542	1554	1613	1626	1632	1652	-	1713	1728	1754	1817	1832	1839	1853	1913	1913	1947	1955	-	2018	2038	-	-
Wylam				1518			1618				-	1718			1821		1844		1918	1918			-	2022	2043	-	-
Blaydon		▼	▼	1524	▼	▼	1624	▼	▼	▼	-	1724	▼	▼	1827	▼	1850	▼	1924	1924	▼	▼	-	2028	2048	-	-
MetroCentre		1449	1507	1529	1555	1606	1629	1638	1644	1704	1713	1729	1740	1806	1832	1844	1855	1905	1929	1929	1959	2007	2008	2033	2053	2111	2121
Dunston		▼	▼	1532	▼	▼	1632	▼	▼	▼	1716	1732	1743	1809	1835	▼	1858	▼	1932	1932	▼	▼	2011	▼	2056	2114	2124
Newcastle Central	M a	1457	1516	1539	1603	1615	1639	1646	1652	1713	1722	1739	1751	1815	1842	1853	1905	1914	1939	1939	2008	2016	2017	2042	2103	2120	2130

Notes — All services operated by Northern.

- **a** Arrival time.
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- **SO** Runs Saturday only.
- **M** Interchange with Tyne & Wear Metro.
- **BTT** To Battersby.
- **HPL** To Hartlepool.
- **NNT** To Nunthorpe.
- **MPT** To Morpeth.
- **MBR** To Middlesbrough.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Mondays to Saturdays

				SO	SX	SO	SX	SO	SX
		MBO	MPT		HTL				
Carlisle	d	2009	-	2107	2107	2204	2204	-	-
Wetheral		↓	-	2114	2114	2211	2211	-	-
Brampton		↓	-	2124	2124	2221	2221	-	-
Haltwhistle		2037	-	2139	2139	2236	2236	-	-
Bardon Mill		2044	-	↓	↓	2243	2243	-	-
Haydon Bridge		2050	-	2149	2149	2249	2249	-	-
Hexham		2101	-	2200	2200	2259	2259	2327	2341
Corbridge		2105	-	2204	2204	2304	2304	2332	2346
Riding Mill		2110	-	2209	2209	2308	2308	2336	2350
Stocksfield		2114	-	2213	2213	2312	2312	2340	2354
Prudhoe		2118	-	2217	2217	2317	2317	2345	2359
Wylam		2123	-	2222	2222	2321	2321	↓	0004
Blaydon		2129	-	2228	2228	2327	2327	↓	↓
MetroCentre		2134	2213	2233	2233	2332	2332	2357	0013
Dunston		↓	2216	↓	↓	↓	2335	↓	↓
Newcastle Central	M a	2143	2222	2241	2242	2341	2342	0006	0024

Sundays

		MPT		NNT			NNT	MPT		NNT			NNT	MPT
-	0844	-	-	0954	-	-	1054	-	-	1154	-	-	1254	-
-	0851	-	-	↓	-	-	1101	-	-	↓	-	-	1301	-
-	0901	-	-	↓	-	-	1111	-	-	↓	-	-	1311	-
-	0916	-	-	1022	-	-	1126	-	-	1222	-	-	1326	-
-	0923	-	-	1029	-	-	↓	-	-	1229	-	-	↓	-
-	0929	-	-	1035	-	-	↓	-	-	1235	-	-	↓	-
-	0940	-	-	1046	-	-	1145	-	-	1246	-	-	1345	-
-	0944	-	-	1050	-	-	1150	-	-	1250	-	-	1350	-
-	0949	-	-	1055	-	-	1154	-	-	1255	-	-	1354	-
-	0953	-	-	1059	-	-	1158	-	-	1259	-	-	1358	-
-	0957	-	-	1103	-	-	1203	-	-	1303	-	-	1403	-
-	1002	-	-	1108	-	-	1207	-	-	1308	-	-	1407	-
-	1008	-	-	-	-	-	1213	-	-	-	-	-	1413	-
0950	1013	1038	1057	1117	1140	1158	1218	1238	1258	1317	1338	1358	1418	1438
0953	↓	1041	↓	↓	1143	↓	↓	1241	↓	↓	1341	↓	↓	1441
0959	1023	1053	1105	1126	1150	1207	1227	1248	1306	1326	1349	1406	1427	1448

Notes — **All services operated by Northern.**

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- **M** Interchange with Tyne & Wear Metro.
- **NNT** To Nunthorpe.
- **MPT** To Morpeth.
- **WTB** To Whitby.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Sundays

			WTB			NNT	MPT		NNT				MPT					MPT	SLB			
Carlisle	d	-	1354	-	-	1449	-	-	1554	-	-	1652	-	-	1754	-	1848	-	-	1948	2038	2038
Wetheral		-	↓	-	-	1456	-	-	↓	-	-	1659	-	-	↓	-	1855	-	-	1955	2045	2045
Brampton		-	↓	-	-	1506	-	-	↓	-	-	1709	-	-	↓	-	1905	-	-	2005	2055	2055
Haltwhistle		-	1422	-	-	1521	-	-	1622	-	-	1724	-	-	1822	-	1920	-	-	2020	2110	2110
Bardon Mill		-	1429	-	-	↓	-	-	1629	-	-	↓	-	-	1829	-	↓	-	-	2027	2117	2117
Haydon Bridge		-	1435	-	-	1531	-	-	1635	-	-	1734	-	-	1835	-	1930	-	-	2033	2123	2123
Hexham		-	1446	-	-	1542	-	-	1646	-	-	1745	-	-	1846	-	1941	-	-	2043	2133	2133
Corbridge		-	1450	-	-	1546	-	-	1650	-	-	1749	-	-	1850	-	1945	-	-	2048	2138	2138
Riding Mill		-	1455	-	-	1551	-	-	1655	-	-	1754	-	-	1855	-	1950	-	-	2052	2142	2142
Stocksfield		-	1459	-	-	1555	-	-	1659	-	-	1758	-	-	1859	-	1954	-	-	2056	2146	2146
Prudhoe		-	1503	-	-	1559	-	-	1703	-	-	1802	-	-	1903	-	1958	-	-	2101	2151	2151
Wylam		-	1508	-	-	1604	-	-	1708	-	-	1807	-	-	1908	-	2003	-	-	2105	2155	2155
Blaydon		-	↓	-	-	1610	-	-	↓	-	-	1812	-	-	↓	-	2009	-	-	2111	2201	2201
MetroCentre		1458	1517	1535	1556	1615	1638	1658	1717	1741	1758	1817	1840	1858	1917	1947	2014	2038	2058	2116	2206	2206
Dunston		↓	↓	1538	↓	↓	1641	↓	↓	1744	↓	↓	1843	↓	↓	1950	↓	2041	↓	↓	2209	2209
Newcastle Central	M a	1506	1526	1544	1605	1624	1649	1706	1726	1750	1809	1826	1850	1906	1926	1956	2023	2048	2106	2125	2216	2216

Notes — **All services operated by Northern.**

- **a** Arrival time.
- **d** Departure time.
- **M** Interchange with Tyne & Wear Metro.
- **NNT** To Nunthorpe.
- **MPT** To Morpeth.
- **SLB** To Saltburn-by-the-Sea.
- **WTB** To Whitby.

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NORTHERN

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Train times

Leeds - Settle - Appleby - Carlisle

- Carlisle
- Armathwaite
- Lazonby & Kirkoswald
- Langwathby
- Appleby
- Kirkby Stephen
- Garsdale
- Dent
- Ribblehead
- Horton-in-Ribblesdale
- Settle
- Skipton
- Leeds

Includes DalesRail & Winter Rambler services

Leeds • Skipton • Hellifield • Settle • Appleby • Carlisle

Mondays to Saturdays

		SX	SO	SX	SO	SO	SX							
Leeds	d	0515	0620	0748	0748	0919	0920	1049	1318	1518	1648	1819	1949	1949
Shipley		0528	0634	0801	0801	0932	0933	1103	1333	1533	1702	1832	2002	2002
Bingley		0535	0641	0806	0806	0937	0938	1107	1337	1537	1707	1837	2007	2007
Keighley		0542	0648	0812	0812	0942	0943	1113	1343	1543	1713	1842	2012	2012
Skipton	a	0557	0704	0824	0825	0957	0957	1125	1355	1555	1725	1855	2026	2026
Skipton	d	0559	0706	0826	0827	0959	0959	1127	1357	1559	1727	1856	2027	2027
Gargrave		0604	0711	0832	0833	1004	1004	1133	▼	1604	1732	1902	2033	2033
Hellifield		0615	0720	0840	0841	1013	1013	1141	1409	1613	1741	1910	2042	2042
Long Preston		0617	0722	0843	0844	1015	1015	1144	▼	▼	1743	1913	2044	2044
Settle		0623	0728	0850	0850	1022	1022	1151	1417	1620	1749	1919	2050	2050
Horton-in-Ribblesdale		0632	0737	0858	0858	1031	1031	1159	1425	1629	1758	1927	2059	2059
Ribblehead		0640	0745	0906	0906	1039	1039	1207	1433	1637	1806	1935	2108	2108
Dent		0649	0754	0916	0916	1048	1048	1217	1443	1646	1815	1944	-	1944
Garsdale		0655	0800	0921	0921	1054	1054	1222	1448	1652	1821	1950	-	1950
Kirkby Stephen		0707	0812	0934	0934	1106	1106	1235	1501	1704	1833	2002	-	2002
Appleby		0720	0825	0948	0948	1119	1119	1248	1514	1717	1846	2015	-	2015
Langwathby		0734	0839	1001	1001	1132	1132	1302	1528	1731	1900	2028	-	2028
Lazonby & Kirkoswald		0739	0844	1007	1007	1138	1138	1308	1533	1736	1905	2034	-	2034
Armathwaite		0747	0852	1015	1015	1146	1146	1316	1541	1744	1913	2042	-	2042
Carlisle	a	0802	0907	1030	1030	1201	1201	1331	1602	1800	1928	2057	-	2057

Sundays

0859	1116	1232	1423	1623	1852
0913	1129	1245	1437	1637	1905
0920	1134	1249	1442	1641	1909
0927	1139	1255	1447	1647	1916
0943	1152	1306	1502	1701	1933
0945	1152	1309	1503	1701	1933
0950	▼	1315	1509	▼	▼
0959	1204	1323	1517	1713	1945
▼	▼	1326	1520	▼	▼
1007	1213	1333	1526	1721	1953
1016		1342	1535	1730	2002
1024		1351	1543	1738	2010
1034		1401	1553	1748	2020
1040	▼	1407	1559	1753	2025
1053	1251	1420	1612	1806	2038
1106	1305	1432	1624	1819	2051
1120		1446	1638	1833	2105
1126		1452	1644	1839	2111
1134	▼	1500	1652	1847	2119
1152	1342	1515	1708	1903	2139

Notes — All services operated by Northern.

a Arrival time.
d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

Connects with the Winter Rambler service from Blackpool.

Interchange with the Keighley & Worth Valley Railway.

Carlisle • Appleby • Settle • Hellifield • Skipton • Leeds

Mondays to Saturdays

		SX	SO	SO	SX	SO		SO	SX				SX	SO	
Carlisle	d	0549	-	0753	0824	0927	1058	1340	1340	1450	1618	1824	2013	2015	-
Armathwaite		0603	-	0808	0838	0941	1112			1504	1632	1838	2027	2029	-
Lazonby & Kirkoswald		0610	-	0816	0845	0948	1120			1511	1639	1845	2034	2036	-
Langwathby		0617	-	0822	0852	0955	1126	▼	▼	1518	1646	1852	2041	2043	-
Appleby		0631	-	0836	0906	1009	1141	1416	1417	1532	1700	1906	2055	2057	-
Kirkby Stephen		0644	-	0849	0920	1023	1154	1429	1431	1546	1714	1920	2108	2111	-
Garsdale		0658	-	0903	0933	1036	1208			1559	1727	1933	2121	2124	-
Dent		0703	-	0908	0938	1041	1213			1604	1732	1938			-
Ribblehead		0713	0713	0918	0948	1051	1222			1614	1742	1948			2145
Horton-in-Ribblesdale		0719	0719	0925	0954	1057	1229	▼	▼	1620	1748	1954	▼	▼	2151
Settle		0727	0727	0933	1002	1105	1237	1506	1507	1628	1756	2002	2146	2148	2159
Long Preston		0733	0733	0938	1008	▼	▼	▼	▼	1634	1802	2008			2205
Hellifield		0736	0736	0941	1011	1113	1244	1514	1514	1637	1805	2011			2208
Gargrave		0744	0744	0950	1019	▼	▼	1522	1522	1645	1813	2019	▼	▼	2216
Skipton	a	0752	0752	0957	1026	1127	1259	1527	1528	1654	1821	2027	2206	2209	2225
Skipton	d	0754	0754	0959	1028	1128	1300	1529	1530	1659	1829	2029	2211	2211	2226
Keighley		0805	0807	1009	1038	1138	1310	1541	1541	1709	1839	2039	2221	2221	2241
Bingley		0812	0812	1013	1045	1145	1315	1546	1546	1714	1844	2044	2226	2226	2248
Shipley		0817	0818	1019	1050	1150	1320	1551	1551	1720	1850	2051	2231	2231	2255
Leeds	a	0834	0835	1034	1108	1204	1338	1605	1605	1738	1908	2106	2248	2248	2311

Sundays

		NOT				
0925	1223	1520	1607	1725	1911	1911
0939	1237	1534		1739	1925	1925
0946	1244	1541		1746	1932	1932
0953	1251	1548	▼	1753	1939	1939
1007	1305	1602	1644	1808	1953	1953
1021	1319	1615	1657	1822	2007	2007
1034	1332	1628		1835	2020	2020
1040	1338	1633		1841	2026	2026
1049	1347	1643		1850	2035	2035
1056	1354	1650	▼	1857	2042	2042
1104	1402	1658	1734	1906	2051	2051
1110	1408	1704	▼	▼	2056	2056
1113	1411	1707	1742	1913	2059	2059
1121	1420	▼	▼	▼	2107	2107
1130	1430	1720	1757	1928	2116	2116
1130	1430	1723	1758	1930	2117	2117
1140	1440	1733	1808	1940	2127	2127
1144	1444	1740	1813	1945	2132	2132
1149	1449	1747	1818	1950	2138	2138
1206	1508	1805	1834	2007	2155	2154

Notes — All services operated by Northern.

a Arrival time.
d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

Connects with the Winter Rambler service to Blackpool.

NOT To Nottingham via Wakefield Kirkgate, Barnsley & Sheffield.

Interchange with the Keighley & Worth Valley Railway.

Winter Rambler service
Blackpool • Hellifield • Settle • Carlisle

Sundays

		*			*		
Blackpool North	d	0812	Change trains at Hellifield	-	-	Change trains at Hellifield	-
Poulton-le-Fylde		0818		-	-		-
Kirkham & Wesham		0827		-	-		-
Preston		0839		-	1526		-
Lostock Hall		0845	▼	-	1533	▼	-
Bamber Bridge		0848	▼	-	1536	▼	-
Blackburn	d	0900	▼	-	1551	▼	-
Ramsgreave & Wilpshire		0907		-	1557		-
Langho		0913		-	1603		-
Whalley		0917		-	1607		-
Clitheroe		0924		-	1614		-
Hellifield		0947		0959	1637		1713
Long Preston		-		▼	-		▼
Settle	d	-		1007	-		1721
Horton-in-Ribblesdale		-		1016	-		1730
Ribblehead		-		1024	-		1738
Dent		-		1034	-		1748
Garsdale		-	▲	1040	-	▲	1753
Kirkby Stephen		-	▲	1053	-	▲	1806
Appleby		-	▲	1106	-	▲	1819
Langwathby		-		1120	-		1833
Lazonby & Kirkoswald		-		1126	-		1839
Armathwaite		-		1134	-		1847
Carlisle	a	-		1152	-		1903

Winter Rambler service
Carlisle • Settle • Hellifield • Blackpool

Sundays

		*			*
Carlisle	d	-	1520	Change trains at Hellifield	-
Armathwaite		-	1534		-
Lazonby & Kirkoswald		-	1541		-
Langwathby		-	1548		-
Appleby		-	1602	▼	-
Kirkby Stephen		-	1615	▼	-
Garsdale		-	1628	▼	-
Dent		-	1633		-
Ribblehead		-	1643		-
Horton-in-Ribblesdale		-	1650		-
Settle		-	1658		-
Long Preston		-	▼		-
Hellifield	d	1030	1707		1734
Clitheroe		1058	-		1800
Whalley		1104	-		1808
Langho		1109	-		1813
Ramsgreave & Wilpshire		1114	-		1818
Blackburn		1133	-	▲	1827
Bamber Bridge		1143	-	▲	1837
Lostock Hall		1147	-	▲	1840
Preston		1157	-		1847
Kirkham & Wesham		-	-		1858
Poulton-le-Fylde		-	-		1906
Blackpool North	a	-	-		1914

Notes — All services operated by Northern.

a Arrival time. d Departure time.

Train times

Leeds - Lancaster - Morecambe

- Heysham Port
- Morecambe
- Lancaster
- Carnforth
- Wennington
- Bentham
- Clapham (North Yorkshire)
- Giggleswick
- Hellifield
- Skipton
- Leeds

Includes the local service between Lancaster and Morecambe/Heysham Port.

Leeds • Skipton • Hellifield • Bentham • Lancaster • Morecambe

Mondays to Saturdays

		SX	SO	▼					SO	SX	
Leeds	d	-	-	*(0626)*	0819	1018	1218	1418	1726	1726	1918
Shipley		-	-	0649	0832	1033	1233	1433	1740	1740	1932
Bingley		-	-	0657	0837	1037	1237	1438	1745	1745	1937
Keighley		-	-	0704	0842	1043	1243	1443	1752	1752	1943
Skipton	a	-	-	0723	0855	1055	1256	1457	1808	1808	1957
Skipton	d	0519	0522	0725	0856	1057	1258	1458	1809	1810	2000
Gargrave		0525	0528	0731	0902	1103	1304	1504	1815	1815	2006
Hellifield		0534	0537	0739	0910	1111	1312	1513	1823	1824	2014
Long Preston		0537	0540	0742	0913	1114	1315	1515	1826	1826	2017
Giggleswick		0545	0548	0750	0921	1122	1323	1523	1834	1834	2025
Clapham		0554	0556	0758	0929	1130	1331	1531	1842	1843	2034
Bentham		0601	0603	0805	0935	1136	1337	1538	1849	1849	2040
Wennington		0606	0608	0810	0940	1142	1343	1543	1854	1855	2046
Carnforth		0620	0622	0826	0956	1158	1359	1559	1910	1911	2102
Lancaster	a	0630	0631	-	1006	1211	1409e	1611	1923	1924	2115e
Lancaster	d	-	-	-	1016	1214	1413e	1623	1940	1940	-
Bare Lane		-	-	-	1023	1221	1420e	1630	1947	1948	-
Morecambe	a	-	-	-	1028	1226	1424e	1634	1951	1953	-

Sundays

0831	1033	1329	1532	1731
0845	1046	1342	1545	1744
0852	1050	1346	1549	1748
0859	1056	1352	1555	1754
0915	1108	1404	1608	1807
0917	1110	1406	1609	1808
0922	1115	1412	1615	1814
0931	1124	1420	1623	1822
0934	1126	1423	1626	1825
0941	1134	1431	1634	1833
0949	1142	1439	1642	1841
0956	1148	1445	1648	1847
1001	1153	1450	1653	1852
1015	1209	1506	1709	1908
1025	1220	1518	1721	1919
1027 *(1230)*	1523	1724	1922	
1037 *(1237)*	1530	1731	1929	
1041 *(1300)*	1534	1735	1933	

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- ▼ From Bradford F. Sq *(0641)* Calls all stations to Skipton.
- **e** 02 minutes later on Saturdays.
- Interchange with the Keighley & Worth Valley Railway.

Morecambe • Lancaster • Bentham • Hellifield • Skipton • Leeds

Mondays to Saturdays

							SO	SX	SX	SO	
Morecambe	d	-	-	1032	1233	1433	1731	1731	2005	2010	-
Bare Lane		-	-	1036	1237	1437	1735	1735	2009	2014	-
Lancaster	a	-	-	1042	1243	1443	1742	1742	2015	2020	-
Lancaster	d	0648	0941	1046	1248	1447	1745	1745	2030	2030	2131
Carnforth		0658	0951	1056	1258	1457	1756	1756	2040	2040	2143
Wennington		0712	1005	1110	1312	1511	1809	1809	2054	2054	2157
Bentham		0718	1011	1116	1318	1517	1815	1815	2100	2100	2202
Clapham		0725	1018	1122	1324	1523	1821	1821	2106	2106	2209
Giggleswick		0734	1027	1132	1333	1533	1830	1831	2116	2116	2218
Long Preston		0742	1036	1139	1340	1540	1837	1839	2123	2123	2226
Hellifield		0745	1039	1142	1343	1543	1840	1842	2126	2126	2228
Gargrave		0754	1048	1150	1351	1551	1848	1850	2134	2134	2237
Skipton	a	0802	1056	1157	1358	1558	1856	1858	2141	2141	2244
Skipton	d	0804	1101	1159	1400	1600	1859	1859	2143	2143	-
Keighley		0817	1111	1209	1410	1610	1909	1909	2155	2155	-
Bingley		0822	1116	1214	1415	1615	1914	1914	2200	2200	-
Shipley		0827	1121	1219	1420	1620	1920	1920	2206	2206	-
Leeds	a	0841	1138	1238	1438	1638	1939	1939	2222	2222	-

Sundays

1049 *(1322)*	1538	1738	2004	
1053 *(1326)*	1542	1742	2008	
1059 *(1333)*	1549	1748	2014	
1103	1344	1552	1752	2017
1114	1354	1603	1802	2029
1129	1408	1616	1816	2043
1135	1414	1622	1822	2048
1141	1420	1628	1828	2055
1150	1429	1637	1837	2103
1159	1437	1645	1845	2112
1202	1440	1648	1848	2115
1210	1448	1656	1856	2123
1219	1456	1704	1904	2132
1222	1458	1708	1906	2133
1232	1508	1718	1916	2143
1238	1512	1723	1921	2148
1248	1517	1728	1926	2154
1304	1537	1746	1945	2209

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.

Lancaster • Bare Lane • Morecambe • Heysham Port

Mondays to Saturdays

								SX	SO	SX	SO					SX	SO	SX
Lancaster	d	0519	0618	0714	0755	0841	0922	1016	1017	1059	1100	1128	1214	1244	1359	1413	1415	1438
Bare Lane		0542	0624	0721	0802	0847	0929	1024	1024	1106	1107	1134	1221	1251	1406	1420	1423	1445
Morecambe	a	0546	0628	0725	0806	0851	0933	1028	1028	1110	1111	1138	1226	1255	1410	1424	1427	1449
Heysham Port ⛴	a	-	-	-	-	-	-	-	-	-	-	-	-	1313	-	-	-	-

		SX								SO	SX			SO ●	SX	SO ●	SX
Lancaster	d	1439	1525	1623	1644	1713	1804	1828	1917	1940	1940	2034	2135	2135	2204	2204	2237
Bare Lane		1446	1532	1630	1651	1720	1811	1835	1924	1947	1949	2041	2141	2141	2210	2210	2244
Morecambe	a	1450	1536	1634	1655	1724	1815	1839	1928	1951	1953	2045	2145	2145	2214	2214	2248
Heysham Port ⛴	a	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Sundays

1027	1130	1230	1339	1427	1523	1627
1037	1137	1237	1346	1434	1530	1634
1041	1141	1241	1350	1438	1534	1638
-	-	1300	-	-	-	-

1724	1814	1922	2030	2132	
1731	1821	1929	2037	2139	
1735	1825	1933	2041	2143	
-	-	-	-	-	

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- ⛴ Interchange with ferry services to and from the Isle of Man.
- ● Until 31 December 2022 and then from 18 February until 25 March 2023

Heysham Port ⛴ • Morecambe • Bare Lane • Lancaster

Mondays to Saturdays

								LDS	SO	SX		LDS			LDS			
Heysham Port ⛴	d	-	-	-	-	-	-	-	-	-	-	-	1321	-	-	-	-	-
Morecambe	d	0558	0659	0735	0822	0901	0941	1032	1115	1116	1142	1233	1339	1421	1433	1501	1540	1638
Bare Lane		0602	0703	0739	0826	0905	0945	1036	1119	1120	1146	1237	1343	1425	1437	1505	1544	1642
Lancaster	a	0609	0709	0746	0833	0911	0952	1042	1125	1126	1152	1243	1349	1434	1443	1512	1551	1648

						SO	SX	SX	SO	SX	SO	SO	SX	SO	SX	SO	SX
				LDS				LDS	LDS								
Heysham Port ⛴	d	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Morecambe	d	1702	1731	1822	1842	1934	1935	2005	2010	2056	2056	2058	2148	2148	2220	2221	2252
Bare Lane		1709	1735	1826	1846	1938	1939	2009	2014	2100	2100	2102	2152	2152	2224	2225	2256
Lancaster	a	1718	1742	1832	1852	1945	1946	2015	2020	2106	2106	2108	2158	2158	2230	2231	2302

Sundays

LDS				LDS		
-	-	1304	-	-	-	-
1049	1203	1322	1356	1442	1538	1651
1053	1207	1326	1400	1446	1542	1655
1059	1216	1333	1406	1452	1549	1702

LDS		LDS		
-	-	-	-	-
1738	1829	2004	2056	2200
1742	1833	2008	2100	2204
1748	1839	2014	2106	2211

Notes — All services operated by Northern.

- **a** Arrival time.
- **d** Departure time.
- **SX** Runs Monday to Friday only.
- **SO** Runs Saturday only.
- ⛴ Interchange with ferry services to and from the Isle of Man.
- **LDS** To Leeds via Skipton.

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A view over Morecambe Bay at Arnside
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Class 195 crossing Arnside
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