

Guide to train services ➡

15 May until 10 December 2022

Coast, Lakes, Dales & Fells
also includes selected Lakes bus services



Please check
nationalrail.co.uk
for the latest information on
your journey before you travel.



NORTHERN

Go do your thing



BAY CYCLE WAY



Within easy reach of the Furness Line, you can enjoy an unforgettable cycling adventure gently exploring 81 miles of awe-inspiring coastline from Walney Island to Glasson Dock.

Go at a gentle pace over 4 days or pick a section for a short ride, you'll have a chance to encounter rare birds and wildlife, see quirky historic buildings, rolling countryside, distant mountains and big skies.

But best of all, you'll never be far from a brew, a loo or a view.

Share your adventures
#baycycleway #cyclemorecambebay

[morecambebay.org.uk/
bay-cycle-way](https://morecambebay.org.uk/bay-cycle-way)

**MORECAMBE BAY
PARTNERSHIP**



***This guide provides information
on train services across Cumbria
and The Lake District.***

Map of the railways in the north west	4-5
Useful information	6-7
Ticketing information, including Day Rover & Rangers	8-17

Timetables

The Cumbrian Coast & Furness Lines	19-39
Carlisle - Barrow-in-Furness - Lancaster - Preston - Manchester - Manchester Airport	

The Lakes Line and West Coast	41-65
Carlisle - Penrith/Windermere - Oxenholme - Lancaster - Preston - Manchester - Manchester Airport	

Onward Stagecoach bus services	67-85
A selection of bus services around the Lake District	

The Tyne Valley Railway	87-95
Carlisle - Haltwhistle - Hexham - Newcastle	

Settle & Carlisle	97-100
Leeds - Skipton - Settle - Appleby - Carlisle	

The Bentham Line	101-105
Leeds - Skipton - Bentham - Lancaster - Morecambe/Heysham Port	



Information is correct at the time of issue - May 2022. Whilst every care has been taken to produce this information Northern Trains Limited and Stagecoach Cumbria & North Lancashire can not be held liable for any errors or omissions once printed.

Map of the railways
in the north west





How to read this timetable

Look down the left hand column for your departure station. Read across until you find a suitable departure time. Read down the column to find the arrival time at your station. Through services are shown in **bold type** (this means you won't have to change trains). Connecting services are shown in light italic type in brackets e.g. (1213). If you travel on a connecting service, change at the next station shown in bold. If you arrive on a connecting service, change at the last station shown in bold, unless a footnote advises otherwise.



Minimum connection times

All stations have a minimum connection time of **5 minutes** unless stated otherwise. **Carlisle and Preston 5 minutes, Lancaster 5 minutes, Manchester Piccadilly and Leeds 10 minutes.**



Planning your journey

National Rail Enquiries

For full details of all train times, fares and rail travel information anywhere on the national rail network, call **03457 48 49 50**, or visit nationalrail.co.uk

TrainTracker™

For up to date travel information and live departures direct to your mobile, text your **station name** or **location code** to **8 49 50**.

Customers with disabilities or limited mobility are encouraged to contact our **Customer Experience Centre** for assistance.

Call: **0800 138 5560**

Textphone: **0800 138 5560**

Email: assistance@northernrailway.co.uk



Improving our railway

Engineering work to help improve the railway sometimes affects train journeys, particularly at weekends and around Bank Holidays.

Visit northernrailway.co.uk/engineering or call **National Rail Enquiries** on **03457 48 49 50** or visit nationalrail.co.uk to check before you travel.



Delay Repay

You may be able to claim Delay Repay if one of our trains is late or cancelled.

Visit northernrailway.co.uk/delayrepay for more information.



Community Rail Partnership and community groups

We support a number of active Community Rail Partnerships (CRPs) across our network. CRPs bring together local communities and the rail industry to deliver benefits to both, and to encourage the use of the lines they represent.

Community Rail Cumbria

(Lakes Line / Furness Line / Cumbrian Coast Line)

communityrailcumbria.co.uk

The Tyne Valley Community Rail Partnership

tvcrp.org.uk

Settle to Carlisle Railway

settle-carlisle.co.uk

The Bentham Line

communityraillancashire.co.uk/bentham-line

Some stations on this route are adopted by local community groups. For more information, please visit northernrailway.co.uk/community.



Penalty Fares

Like most rail companies, we operate a penalty fares system on our services. Anyone without a valid ticket will be liable to pay the penalty fare.

Penalty Fares **do not apply** between **Skipton and Carlisle via Appleby** or between **Skipton and Carnforth via Bentham**.

Visit northernrailway.co.uk/penaltyfares for more information.



Tickets

Single and return tickets

Single and return tickets can be purchased at staffed stations, from ticket vending machines, from conductors on trains and through ticketing apps.

Tickets can be bought by cash and contactless at staffed stations and on train. Our ticket vending machines are contactless/card only.

Children between 5 and 16 travel at half the adult fare.

Rovers and Rangers

If you want to explore the cities, coast and countryside in one day, then choose from our four Day Ranger or Round Robin tickets, which include Cumbria and The Lake District. Hop on and off all day on your chosen route or within a defined area - the choice is yours.

Time restrictions

You can use the Cumbria Day Ranger, Cumbrian Coast Day Ranger, Lakes Day Ranger, or the Cumbria Round Robin at any time with no time restriction.

North West Round Robin tickets can only be used on trains timed to depart from your starting station after 0845 Monday to Friday.

Explorer 55 tickets can only be used on trains timed to depart from your starting station after 0930 Monday to Friday.

Both the North West Round Robin and Explorer 55 tickets can be used at any time during weekends and Bank Holidays.

Route restrictions

Day Ranger and Round Robin tickets can be used on all operators services - except the Caledonian Sleeper - in the specified area.

Explorer 55 tickets are only valid on Northern services. They **are not valid** on Avanti West Coast, Caledonian Sleeper, East Midlands Railway, Merseyrail, Transport for Wales or TransPennine Express services.

Where to purchase

Day Ranger and Round Robin tickets can be purchased at your local staffed station, or when boarding at an unstaffed station, the conductor on the train.

When boarding at an unstaffed station, please also ensure you obtain a "Promise to Pay" ticket from the Ticket Vending Machine.

Explorer 55 tickets also require proof of age at point of sale and must be available at time of travel.

Prices

The prices shown are correct as of **March 2022**, however, are subject to change.

Please check our website or ask a member of staff at a ticket office to confirm the latest prices.

Railcard and Child discounts

Railcard discounts are available on most of our Day Ranger and Round Robin tickets (where conditions of the railcard are met).

Children 5 - 15 years old inclusive travel at half the Adult fare except on family tickets, where no further discount applies.

A Lakes Day Ranger family ticket is available for two adults and up to two children travelling together, two adults can travel together without a child. No railcard discounts are available.

Added value

Lakes Day Rangers also includes travel on Stagecoach bus services in Cumbria (except school buses), including travel to/from Lancaster on service 555.



Tickets - Rovers and Rangers

Cumbria Day Ranger

Explore three scenic railway lines including the world-famous Settle - Carlisle line. Enjoy breath-taking views of the Cumbrian Coast, Yorkshire Dales and Morecambe Bay on your journey of discovery.

Take time out to explore Dumfries, the border city of Carlisle, historic Lancaster, or one of Britain's newest cities - Preston. From the Scottish borders to the Yorkshire Dales, you'll be amazed at how far you can travel with your Cumbria Day Ranger.



£50.00 adult

£25.00 child

railcard discount prices

£33.00 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£25.00 16-17 SAVER

£33.00 Adult **£9.50** Child Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.



Tickets - Rovers and Rangers

Cumbrian Coast Day Ranger

Connecting the border city of Carlisle in the north with the ship-building town of Barrow-in-Furness in the south, the Cumbrian Coast line is an 85-mile journey with many contrasts.

Explore the Georgian town of Whitehaven, visit the Lake District National Park's only coastal village of Ravenglass for Eskdale, discover the history of Barrow at the town's Dock Museum, or just enjoy the spectacular scenery with the sea on one side and fells on the other.



£22.70 adult

£11.35 child

railcard discount prices

£15.00 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£11.35 16-17 SAVER

£15.00 Adult **£4.30** Child Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

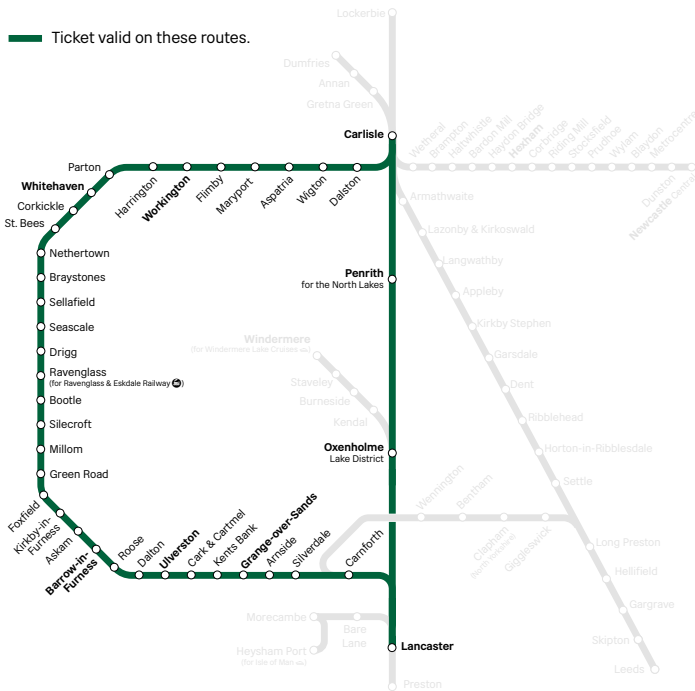


Tickets - Rovers and Rangers

Cumbria Round Robin Ranger

Take the train in either direction on this circular tour of Cumbria, taking in the Cumbrian Coast, Furness line and the West Coast main line.

An exciting day out with plenty of places to explore, including the Border city of Carlisle, Georgian Whitehaven on the coast, the red-rose city of Lancaster and the market town of Penrith in the Eden Valley, and don't forget the Laurel and Hardy museum in Ulverston!



£35.00 adult

£17.50 child

railcard discount prices

£23.10 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£17.50 16-17 SAVER

£23.10 Adult **£6.65** Child Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

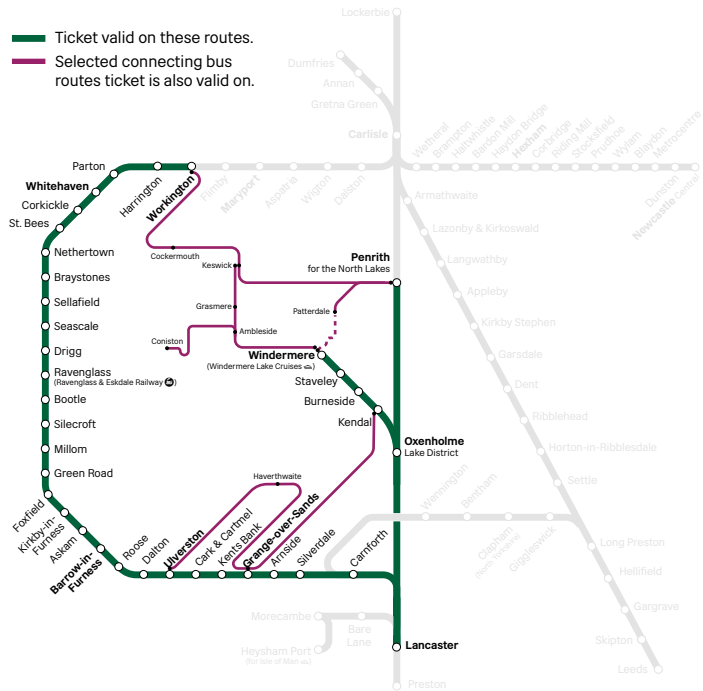


Tickets - Rovers and Rangers

Lakes Day Ranger

Take the train, then hop on a bus to discover more of The Lake District, or even take a cruise on Windermere.

One ticket covers you on the train, Stagecoach bus services and a single half lake cruise on Windermere Lake Cruises scheduled services.



£25.90 adult

£12.95 child

£50.80 family ticket
Family ticket valid for up to four people travelling together. Maximum two adults. Two adults can travel without a child.

railcard discount prices

£17.10 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

Restrictions apply to this ticket, see **pages 8 and 9** for further information.



Tickets - Rovers and Rangers

North West Round Robin

Take the train in either direction on this circular tour, including the world famous Settle - Carlisle line.

An exciting day out with plenty of places to hop off and explore; from the old border city of Carlisle to Preston - granted city status in 2002 - taking in the Cumbrian market town of Penrith and the city of Leeds in the heart of West Yorkshire.



£44.30 adult

£22.15 child

railcard discount prices

£29.25 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£22.15 16-17 SAVER

£29.25 Adult **£8.40** Child Friends and Family

Restrictions apply to this ticket, see **pages 8 and 9** for further information.



Tickets - Rovers and Rangers

Hadrian's Wall Country Line Day Ranger

Discover Hadrian's Wall Country and more - everything between the Irish Sea at Whitehaven and the North Sea at Sunderland.

Explore the two great cities of Carlisle and Newcastle and years of bloody history in between!

There are many walks near this historic wall or, if you want some retail therapy, stop off at the Metrocentre.



£24.40 adult

£12.20 child

railcard discount prices

£16.10 16-25, 26-30, Senior, Two Together, HM Forces and Disabled Person's Railcard

£12.20 16-17 SAVER

£16.10 Adult **£4.65** Child Friends and Family Veterans

Restrictions apply to this ticket, see **pages 8 and 9** for further information.



Tickets - Rovers and Rangers

Explorer 55 ticket, exclusively for over 55's!

Leave the car at home and discover great days out with the freedom of rail when you buy our Explorer 55 ticket, our exclusive day ticket for over 55's.

Explore some of the north's most-loved shopping, tourism and leisure destinations and hop on and off as many times as you wish.

Explorer 55 tickets allow you unlimited travel for one day across the north west of England on **Northern services only**, as shown on this map.

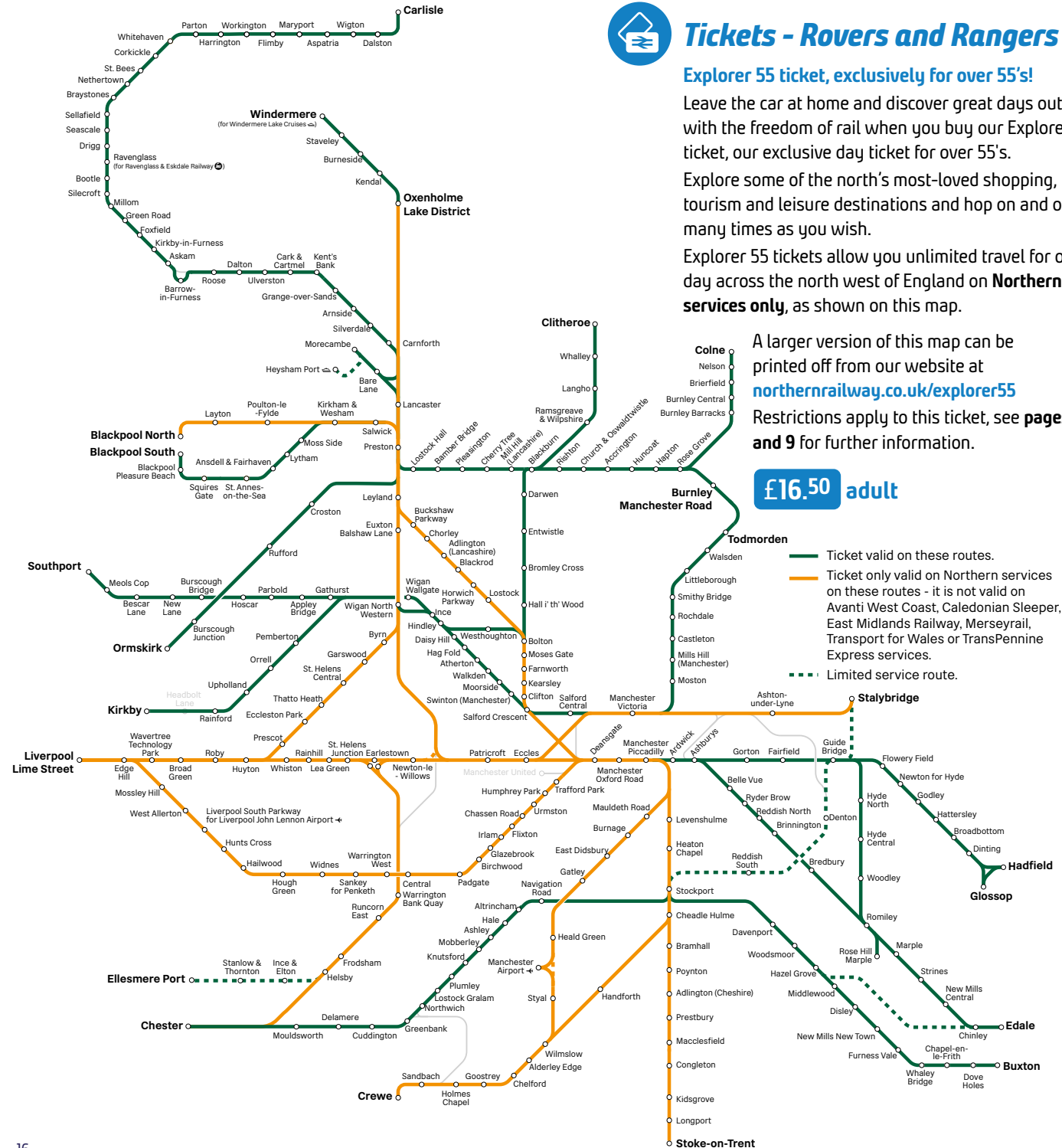
A larger version of this map can be printed off from our website at

northernrailway.co.uk/explorer55

Restrictions apply to this ticket, see **pages 8 and 9** for further information.

£16.50 adult

- Ticket valid on these routes.
- Ticket only valid on Northern services on these routes - it is not valid on Avanti West Coast, Caledonian Sleeper, East Midlands Railway, Merseyrail, Transport for Wales or TransPennine Express services.
- Limited service route.





Discover fascinating heritage in a beautifully restored railway building on the platform at Millom station.

You can even pop-in and buy your train tickets for local and long distance travel.

Open all year (excluding January).

Facilities supported by Northern community grant funding.

 millomhac.co.uk

 MillomHAC

 MillomHAC

Scan the QR code to visit our website



Train times

The Cumbrian Coast & Furness lines

- Carlisle
- Workington
- Whitehaven
- Sellafield
- Ravenglass for Eskdale
- Millom
- Barrow-in-Furness
- Ulverston
- Grange-over-Sands
- Lancaster
- Preston
- Manchester
- Manchester Airport



Request stops

Not all trains stop at stations along this route, but they will stop at them upon request. These stations have an **x** in the timetable when the train is due to pass through.

To stop the train whilst waiting at a request stop station - on seeing the train approach the station, raise your hand above your head so that the driver can see that you want the train to stop. In poor light, please raise something bright - but do not shine any bright lights towards the train.

To stop the train at a request stop station whilst on the train - please inform the conductor of the station that you require the train to stop at. The conductor can be found at the rear of the train. Do not use the emergency alarm to stop the train at a station unless there is an actual emergency.

Carlisle • Barrow • Lancaster • Manchester

Monday to Saturday

		SO	SX			SX	SO		
Carlisle	d	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	0548	-
Flimby		-	-	-	-	-	-	05x51	-
Workington		-	-	-	-	-	-	0558	-
Harrington		-	-	-	-	-	-	0602	-
Parton		-	-	-	-	-	-	06x11	-
Whitehaven	a	-	-	-	-	-	-	0616	-
Whitehaven	d	-	-	-	-	-	-	0618	-
Corkickle		-	-	-	-	-	-	0620	-
St. Bees		-	-	-	-	-	-	0626	-
Nethertown		-	-	-	-	-	-	06x30	-
Braystones		-	-	-	-	-	-	06x33	-
Sellafield		-	-	-	-	-	-	0639	-
Seascale		-	-	-	-	-	-	0643	-
Drigg		-	-	-	-	-	-	06x46	-
Ravenglass for Eskdale		-	-	-	-	-	-	0650	-
Bootle		-	-	-	-	-	-	06x55	-
Silecroft		-	-	-	-	-	-	07x02	-
Millom	a	-	-	-	-	-	-	0708	-
Millom	d	-	-	-	0610	-	-	0709	-
Green Road		-	-	-	06x14	-	-	07x13	-
Foxfield		-	-	-	0618	-	-	0717	-
Kirkby-in-Furness		-	-	-	06x22	-	-	07x21	-
Askam		-	-	-	0627	-	-	0726	-
Barrow-in-Furness	a	-	-	-	0641	-	-	0741	-
Barrow-in-Furness	d	0549	0549	0611	-	0649	0649	0708	- 0747
Roose		0553	0553	0615	-	0653	0653	0712	- 0751
Dalton		0559	0559	0621	-	0700	0700	0718	- 0757
Ulverston		0608	0608	0630	-	0708	0708	0727	- 0806
Cark & Cartmel		0615	0615	0637	-	0715	0715	0734	- 0813
Kents Bank		0619	0619	0641	-	▼	▼	0738	- ▼
Grange-over-Sands		0623	0623	0645	-	0722	0722	0742	- 0820
Arnside		0628	0628	0651	-	0727	0727	0749	- 0825
Silverdale		0632	0632	0656	-	0732	0732	0754	- 0830
Carnforth		0640	0640	0703	-	0739	0739	0801	- 0837
Lancaster	a	0647	0648	0716	-	0746	0746	0812	- 0844
Lancaster	d	0649	0651 (0723)	-	0748	0748 (0828)	-	-	0847
Preston	a	0708	0709 (0740)	-	0806	0806 (0846)	-	-	0907
Wigan North Western	a	0725	0724	-	-	0823	0823 (0924)	-	0925
Manchester Oxford Rd	a	0757	0754 (0820)	-	0856	0854 (0910)	-	-	0954
Manchester Piccadilly	a	0801	0758 (0824)	-	0900	0858 (0924)	-	-	0957
Manchester Airport	a	0820	0820 (0841)	-	0918	0917 (0941)	-	-	1017

Notes

All services operate by Northern.

a Arrival time.

SO Runs Saturdays only.

d Departure time.

SX Runs Mondays to Fridays only.

x Request stop station.

Metrolink connection available.

Airport.

Interchange with the Ravenglass & Eskdale Railway.

			SX	SO	◆◆	SX	SO	SX	SO	
Carlisle	d	-	0619	0616	0710	0808	0813	0902	0908	-
Dalston		-	0627	0624	0719	0816	0821	0910	0916	-
Wigton		-	0636	0635	0731	0826	0831	0920	0926	-
Aspatria		-	0648	0646	0742	0836	0841	0930	0936	-
Maryport		-	0700	0700	0755	0848	0852	0941	0947	-
Flimby		-	07x03	07x03	07x58	08x51	▼	09x44	09x50	-
Workington		-	0711	0711	0806	0858	0902	0952	0958	-
Harrington		-	0715	0715	0810	0902	0906	0956	1002	-
Parton		-	07x24	07x24	08x18	09x11	09x14	10x05	10x10	-
Whitehaven	a	-	0729	0729	0824	0916	0920	1010	1016	-
Whitehaven	d	-	0730	0730	0825	0918	0921	1012	1017	-
Corkickle		-	0733	0733	0828	0920	0924	1014	1020	-
St. Bees		-	0739	0739	0834	0928	0932	1020	1026	-
Nethertown		-	↓	↓	↓	↓	↓	↓	↓	-
Braystones		-	↓	↓	↓	↓	↓	↓	↓	-
Sellafield		-	0750	0750	0844	0939	0942	1031	1037	-
Seascale		-	0754	0754	0848	0942	0945	1035	1041	-
Drigg		-	07x57	07x57	08x51	09x45	09x48	10x38	10x44	-
Ravenglass for Eskdale 🚶		-	0801	0801	0854	0949	0952	1042	1048	-
Bootle		-	08x07	08x07	09x00	09x54	09x57	10x47	10x53	-
Silecroft		-	08x13	08x13	09x06	10x01	10x04	10x54	11x00	-
Millom	a	-	0820	0820	0913	1007	1010	1100	1106	-
Millom	d	-	0820	0820	0914	1008	1010	1101	1107	-
Green Road		-	08x24	08x24	09x18	10x12	10x14	11x05	11x11	-
Foxfield		-	0828	0828	0922	1016	1018	1109	1115	-
Kirkby-in-Furness		-	08x32	08x32	09x26	10x20	10x22	11x13	11x19	-
Askam		-	0838	0838	0931	1025	1027	1118	1124	-
Barrow-in-Furness	a	-	0853	0853	0947	1040	1042	1136	1139	-
Barrow-in-Furness	d	0849	-	-	0958	-	-	-	-	1153
Roose		0853	-	-	1002	-	-	-	-	1157
Dalton		0859	-	-	1008	-	-	-	-	1203
Ulverston		0907	-	-	1017	-	-	-	-	1212
Cark & Cartmel		0914	-	-	1024	-	-	-	-	1219
Kents Bank		0918	-	-	1028	-	-	-	-	1223
Grange-over-Sands		0922	-	-	1032	-	-	-	-	1227
Arnside		0927	-	-	1039	-	-	-	-	1232
Silverdale		0931	-	-	1043	-	-	-	-	1236
Carnforth		0939	-	-	1056c	-	-	-	-	1244
Lancaster	a	0946	-	-	1107	-	-	-	-	1251
Lancaster	d	0950	-	-	(1127)	-	-	-	-	1251
Preston		1008	-	-	(1148)	-	-	-	-	1310
Wigan North Western	a	1024	-	-	(1210)	-	-	-	-	▼
Manchester Oxford Rd	a	1053	-	-	(1220)	-	-	-	-	1353
Manchester Piccadilly 🚶	a	1057	-	-	(1224)	-	-	-	-	1357
Manchester Airport ⬅️	a	1117	-	-	(1241)	-	-	-	-	1417

Notes

- a Arrival time.
- d Departure time.
- c 2 minutes later on Saturdays.
- x Request stop station.
- 🚶 Metrolink connection available.
- ➔ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

All services operate by Northern.

- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.
- ◆◆ Service can be busy between Barrow-in-Furness and Lancaster; if possible, travel on the earlier 0849 Barrow-in-Furness to Lancaster train.

		SX	SO	SX	◆	SX	SO
Carlisle	d	1013	1107	1107	-	-	1210 - - 1408
Dalston	d	1022	1115	1115	-	-	1218 - - 1416
Wigton		1031	1125	1125	-	-	1227 - - 1426
Aspatria	-	1042	1135	1135	-	-	1238 - - 1436
Maryport	-	1053	1146	1146	-	-	1249 - - 1447
Flimby	-	10x56	11x49	11x49	-	-	12x52 - - 14x50
Workington	-	1103	1157	1157	-	-	1259 - - 1458
Harrington	-	1107	1201	1201	-	-	1303 - - 1502
Parton	-	11x16	12x09	12x09	-	-	13x12 - - 15x10
Whitehaven	a	1121	1215	1215	-	-	1317 - - 1516
Whitehaven	d	1123	1216	1216	-	-	1319 - - 1518
Corkickle	-	1125	1219	1219	-	-	1321 - - 1521
St. Bees	-	1135	1228	1228	-	-	1329 - - 1527
Nethertown	-	11x39	12x32	-	-	-	- - -
Braystones	-	11x42	12x34	-	-	-	- - -
Sellafield	-	1147	1238	1240	-	-	1340 - - 1538
Seascale	-	1151	1242	1244	-	-	1343 - - 1542
Drigg	-	11x54	12x45	12x47	-	-	13x46 - - 15x45
Ravenglass for Eskdale 🚶	-	1157	1248	1250	-	-	1350 - - 1549
Bootle	-	12x03	12x54	12x56	-	-	13x56 - - 15x54
Silecroft	-	12x09	13x00	13x02	-	-	14x02 - - 16x01
Millom	a	1216	1307	1309	-	-	1409 - - 1607
Millom	d	1216	1307	1309	-	-	1409 - - 1608
Green Road	-	12x20	13x11	13x13	-	-	14x13 - - 16x12
Foxfield	-	1224	1315	1317	-	-	1417 - - 1616
Kirkby-in-Furness	-	12x28	13x19	13x21	-	-	14x21 - - 16x20
Askam	-	1233	1324	1326	-	-	1426 - - 1625
Barrow-in-Furness	a	1248	1339	1341	-	-	1441 - - 1640
Barrow-in-Furness	d	1250	-	-	1352 1411	-	1450 - - 1646
Roose	-	1254	-	-	▼ 1415	-	1454 - - 1650
Dalton	-	1300	-	-	1401 ▼	-	1500 - - 1656
Ulverston	-	1308	-	-	1410 1428	-	1509 1608 1705
Cark & Cartmel	-	1316	-	-	1417 ▼	-	1516 16s32 1712
Kents Bank	-	1320	-	-	▼ 1417 ▼	-	1520 16s40 1716
Grange-over-Sands	-	1324	-	-	1423 1441	-	1524 1647 1720
Arnside	-	1330	-	-	1429 1446	-	1529 - - 1727
Silverdale	-	1335	-	-	1433 ▼	-	1533 - - 1731
Carnforth	-	1342	-	-	1440 1456	-	1540 - - 1738
Lancaster	a	1353	-	-	1447 1507	-	1547 - - 1748
Lancaster	d	(1422)	-	-	1450 (1528)	-	1548 - - (1829)
Preston	a	(1440)	-	-	1508 (1546)	-	1606 - - (1847)
Wigan North Western	a	(1456)	-	-	1524 -	-	1623 - -
Manchester Oxford Rd	a	(1519)	-	-	1554 (1620)	-	1653 - - (1924)
Manchester Piccadilly 🚶	a	(1524)	-	-	1558 (1624)	-	1658 - - (1927)
Manchester Airport ➔	a	(1541)	-	-	1617 (1640)	-	1717 - - (1946)

Notes

- a Arrival time.
- d Departure time.
- x Request stop station.
- s Stops to drop passengers off only.
- 🚶 Metrolink connection available.
- ➔ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

- 🚶 Rail replacement bus service.
- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.
- ◆ Runs Mondays to Fridays only from Monday 18 July.

Monday to Saturday

				SX	SX	SX	SO	SO	
Carlisle	d	1441	1512	-	-	-	1559	1626	- 1707
Dalston		1449	1520	-	-	-	1607	1634	- 1715
Wigton		1458	1530	-	-	-	1617	1644	- 1725
Aspatria		1509	1540	-	-	-	1627	1654	- 1735
Maryport		1520	1551	-	-	-	1638	1705	- 1746
Flimby		15x23	15x54	-	-	-	16x41	17x08	- 17x49
Workington		1530	1602	-	-	-	1648	1715	- 1757
Harrington		1534	1606	-	-	-	1652	1720	- 1801
Parton		15x43	16x14	-	-	-	17x01	17x29	- 18x09
Whitehaven	a	1548	1620	-	-	-	1708	1735	- 1816
Whitehaven	d	1550	1621	-	-	-	-	1736	- 1818
Corkickle		1553	1624	-	-	-	-	1739	- 1820
St. Bees		1559	1630	-	-	-	-	1744	- 1827
Nethertown		16x03		-	-	-		-	18x31
Braystones		16x05		-	-	-		-	18x34
Sellafield		1611	1641	-	1725	-	-	1755	- 1840
Seascale		1615	1644	-	1728	-	-	1758	- 1843
Drigg		16x18	16x48	-	17x31	-	-	18x01	- ▼
Ravenglass for Eskdale 🚶		1622	1651	-	1735	-	-	1805	- 1849
Bootle		16x28	16x57	-	17x41	-	-	18x11	- ▼
Silecroft		16x35	17x04	-	17x47	-	-	18x17	- ▼
Millom	a	1641	1711	-	1754	-	-	1824	- 1905
Millom	d	1642	1712	-	1754	-	-	1825	- 1905
Green Road		16x46	17x16	-	17x58	-	-	18x29	- 19x09
Foxfield		1650	1720	-	1802	-	-	1833	- 1913
Kirkby-in-Furness		16x55	17x25	-	18x06	-	-	18x37	- 19x17
Askam		1700	1730	-	1811	-	-	1842	- 1922
Barrow-in-Furness	a	1714	1745	-	1826	-	-	1857	- 1937
Barrow-in-Furness	d	-	-	1804	-	1855	-	-	1903 -
Roose		-	-	1808	-	1859	-	-	1907 -
Dalton		-	-	1814	-	1905	-	-	1913 -
Ulverston		-	-	1823	-	1913	-	-	1921 -
Cark & Cartmel		-	-	1830	-	1921	-	-	1929 -
Kents Bank		-	-	1834	-	1925	-	-	1933 -
Grange-over-Sands		-	-	1838	-	1929	-	-	1937 -
Arnside		-	-	1844	-	1935	-	-	1943 -
Silverdale		-	-	1849	-	1940	-	-	1947 -
Carnforth		-	-	1856	-	1947	-	-	1955 -
Lancaster	a	-	-	1906	-	1955	-	-	2003 -
Lancaster	d	-	-	-	-	1956	-	-	2003 -
Preston	a	-	-	-	-	2019	-	-	2026 -
Wigan North Western	a	-	-	-	-	-	-	-	-
Manchester Oxford Rd	a	-	-	-	-	(2120)	-	-	(2119) -
Manchester Piccadilly 🚶	a	-	-	-	-	(2124)	-	-	(2124) -
Manchester Airport ➡	a	-	-	-	-	(2141)	-	-	(2142) -

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚶 Metrolink connection available.
- ➡ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.

Monday to Saturday

				SX	SO		SO	SX	SX	SO	SO	SX
Carlisle	d	-	-	1754	-	-	-	-	-	1846	1909	
Dalston		-	-	1802	-	-	-	-	-	1854	1917	
Wigton		-	-	1812	-	-	-	-	-	1904	1927	
Aspatria		-	-	1822	-	-	-	-	-	1914	1937	
Maryport		-	-	1833	-	-	-	-	-	1925	1948	
Flimby		-	-	18x36	-	-	-	-	-	19x28	19x51	
Workington		-	-	1844	-	-	-	-	-	1936	1959	
Harrington		-	-	1848	-	-	-	-	-	1940	2003	
Parton		-	-	18x56	-	-	-	-	-	19x49	20x11	
Whitehaven	a	-	-	1902	-	-	-	-	-	1956	2016	
Whitehaven	d	-	-	1903	-	-	-	-	-	-	2018	
Corkickle		-	-	1906	-	-	-	-	-	-	2020	
St. Bees		-	-	1914	-	-	-	-	-	-	2028	
Nethertown		-	-		-	-	-	-	-	-	20x32	
Braystones		-	-		-	-	-	-	-	-	20x34	
Sellafield		-	-	1927	-	-	-	-	-	-	2040	
Seascale		-	-	1932	-	-	-	-	-	-	2044	
Drigg		-	-	19x35	-	-	-	-	-	-	20x47	
Ravenglass for Eskdale 🚶		-	-	1939	-	-	-	-	-	-	2050	
Bootle		-	-	19x45	-	-	-	-	-	-	20x56	
Silecroft		-	-	19x51	-	-	-	-	-	-	21x02	
Millom	a	-	-	1958	-	-	-	-	-	-	2109	
Millom	d	-	-	2001	-	-	2029	2059	-	-	2109	
Green Road		-	-	20x05	-	-	20x33	▼	-	-	21x13	
Foxfield		-	-	2009	-	-	2037	2106	-	-	2117	
Kirkby-in-Furness		-	-	20x13	-	-	20x41	▼	-	-	21x21	
Askam		-	-	2019	-	-	2046	2115	-	-	2126	
Barrow-in-Furness	a	-	-	2036	-	-	2101	2129	-	-	2142	
Barrow-in-Furness	d	1945	1945	-	2042	2045	-	-	-	-	2145	
Roose		1949	1949	-	2046	2049	-	-	-	-	2149	
Dalton		1955	1955	-	2052	2055	-	-	-	-	2155	
Ulverston		2004	2004	-	2101	2104	-	-	-	-	2204	
Cark & Cartmel		2011	2011	-	2108	2111	-	-	-	-	2211	
Kents Bank		2015	2015	-	2112	2115	-	-	-	-	2215	
Grange-over-Sands		2019	2019	-	2116	2119	-	-	-	-	2219	
Arnside		2024	2024	-	2122	2125	-	-	-	-	2226	
Silverdale		2028	2028	-	2127	2130	-	-	-	-	2230	
Carnforth		2036	2040	-	2134	2137	-	-	-	-	2238	
Lancaster	a	2043	2047	-	2142	2147	-	-	-	-	2246	
Lancaster	d	2044	2047	-	2143	(2219)	-	-	-	-	2246	
Preston	a	2102	2105	-	2205	(2237)	-	-	-	-	2309	
Wigan North Western	a	▼	▼	-	-	(2252)	-	-	-	-	-	
Manchester Oxford Rd	a	2142	2144	-	-	-	-	-	-	-	-	
Manchester Piccadilly 🚶	a	2146	2148	-	-	-	-	-	-	-	-	
Manchester Airport ➡	a	2203	2204	-	-	-	-	-	-	-	-	

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚶 Metrolink connection available.
- ➡ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

- SO Runs Saturdays only.
- SX Runs Mondays to Fridays only.
- DRY Dry train. Alcohol in opened and unopened containers not permitted. Travel may also be refused if you are under the influence.

Monday to Saturday

		SO	SO		SX	SO	SO	SX
		DRY		DRY		DRY	DRY	
Carlisle	d	1909	-	2000	2055	2106	2149	2201
Dalston		1917	-	2008	2103	2114	2157	2209
Wigton		1927	-	2018	2113	2124	2206	2219
Aspatria		1937	-	2028	2123	2134	2217	2229
Maryport		1948	-	2039	2134	2145	2227	2241
Flimby		19x51	-	20x42	21x37	21x48	22x31	22x44
Workington		1959	-	2050	2145	2156	2237	2251
Harrington		2003	-	2054	2149	2200	2241	2255
Parton		20x11	-	21x02	21x57	22x08	22x51	23x04
Whitehaven	a	2019	-	2109	2204	2215	2257	2310
Whitehaven	d	2020	-	-	-	-	-	-
Corkickle		2023	-	-	-	-	-	-
St. Bees		2028	-	-	-	-	-	-
Nethertown		20x32	-	-	-	-	-	-
Braystones		20x35	-	-	-	-	-	-
Sellafield		2040	-	-	-	-	-	-
Seascale		2044	-	-	-	-	-	-
Drigg		20x47	-	-	-	-	-	-
Ravenglass for Eskdale	↻	2050	-	-	-	-	-	-
Bootle		20x56	-	-	-	-	-	-
Silecroft		21x02	-	-	-	-	-	-
Millom	a	2109	-	-	-	-	-	-
Millom	d	2109	-	2200	-	-	-	-
Green Road		21x13	-	22x04	-	-	-	-
Foxfield		2117	-	2208	-	-	-	-
Kirkby-in-Furness		21x21	-	22x12	-	-	-	-
Askam		2126	-	2217	-	-	-	-
Barrow-in-Furness	a	2141	-	2231	-	-	-	-
Barrow-in-Furness	d	-	2146	-	-	-	-	-
Roose		-	2150	-	-	-	-	-
Dalton		-	2156	-	-	-	-	-
Ulverston		-	2204	-	-	-	-	-
Cark & Cartmel		-	2212	-	-	-	-	-
Kents Bank		-	2216	-	-	-	-	-
Grange-over-Sands		-	2220	-	-	-	-	-
Arnside		-	2226	-	-	-	-	-
Silverdale		-	2230	-	-	-	-	-
Carnforth		-	2238	-	-	-	-	-
Lancaster	a	-	2246	-	-	-	-	-
Lancaster	d	-	2246	-	-	-	-	-
Preston	a	-	2310	-	-	-	-	-
Wigan North Western	a	-	-	-	-	-	-	-
Manchester Oxford Rd	a	-	-	-	-	-	-	-
Manchester Piccadilly	↻	a	-	-	-	-	-	-
Manchester Airport	↻	a	-	-	-	-	-	-

Notes	All services operate by Northern.
a	Arrival time.
d	Departure time.
x	Request stop station.
↻	Metrolink connection available.
↻	Airport.
↻	Interchange with the Ravenglass & Eskdale Railway.
SO	Runs Saturdays only.
SX	Runs Mondays to Fridays only.
DRY	Dry train. Alcohol in opened and unopened containers not permitted. Travel may also be refused if you are under the influence.

Sunday

		◆	▣						
Carlisle	d	-	-	-	-	-	-	-	-
Dalston		-	-	-	-	-	-	-	-
Wigton		-	-	-	-	-	-	-	-
Aspatria		-	-	-	-	-	-	-	-
Maryport		-	-	-	-	-	-	0917	-
Flimby		-	-	-	-	-	-	09x20	-
Workington		-	-	-	-	-	-	0927	-
Harrington		-	-	-	-	-	-	0931	-
Parton		-	-	-	-	-	-	09x40	-
Whitehaven	a	-	-	-	-	-	-	0945	-
Whitehaven	d	-	-	-	-	-	-	0947	-
Corkickle		-	-	-	-	-	-	0949	-
St. Bees		-	-	-	-	-	-	0955	-
Nethertown		-	-	-	-	-	-	09x59	-
Braystones		-	-	-	-	-	-	10x01	-
Sellafield		-	-	-	-	-	-	1007	-
Seascale		-	-	-	-	-	-	1011	-
Drigg		-	-	-	-	-	-	10x14	-
Ravenglass for Eskdale	↻	-	-	-	-	-	-	1017	-
Bootle		-	-	-	-	-	-	10x23	-
Silecroft		-	-	-	-	-	-	10x29	-
Millom	a	-	-	-	-	-	-	1036	-
Millom	d	-	-	-	-	-	0950	1036	-
Green Road		-	-	-	-	-	09x54	10x40	-
Foxfield		-	-	-	-	-	0958	1044	-
Kirkby-in-Furness		-	-	-	-	-	10x02	10x48	-
Askam		-	-	-	-	-	1007	1053	-
Barrow-in-Furness	a	-	-	-	-	-	1021	1108	-
Barrow-in-Furness	d	0753	0841	0841	0905	0950	-	1052	1141
Roose		0757	0845	0845	↓	0954	-	1056	1145
Dalton		0803	0851	0851	↓	1000	-	1102	1151
Ulverston		0812	0859	0859	0922	1008	-	1110	1200
Cark & Cartmel		0819	0906	0906	↓	1015	-	1117	1207
Kents Bank		0823	0910	0910	↓	1019	-	1121	1211
Grange-over-Sands		0827	0914	0914	0934	1023	-	1125	1215
Arnside		0833	0920	0920	0940	1029	-	1131	1220
Silverdale		0838	0924	0924	▼	1033	-	1135	1225
Carnforth		0845	0931	0931	0951	1040	-	1142	1232
Lancaster	a	-	0938	0938	1001	1047	-	1149	1240
Lancaster	d	-	0945	0945	-	1048	-	1151	1240
Preston	a	-	1004	1004	-	1107	-	1209	1300
Wigan North Western	a	-	1023	1023	-	1123	-	▼	1323
Manchester Oxford Rd	a	-	1052	1052	-	1150	-	1252	1350
Manchester Piccadilly	↻	a	-	1056	-	1156	-	1256	1354
Manchester Airport	↻	a	-	1121	-	1220	-	1317	1417

Notes	All services operate by Northern.
a	Arrival time.
d	Departure time.
x	Request stop station.
↻	Metrolink connection available.
↻	Airport.
↻	Interchange with the Ravenglass & Eskdale Railway.
◆	Runs until 11 September.
▣	Runs from 18 September.

		o	▶	▶	◆				
Carlisle	d	-	0945	1023	1041	1106	-	1207	- 1324
Dalston		-	0953	1032	1049	1114	-	1215	- 1332
Wigton		-	1002	1041	1058	1124	-	1225	- 1342
Aspatria		-	1013	1052	1109	1134	-	1235	- 1352
Maryport		1024	1024	1103	1120	1145	-	1246	- 1403
Flimby		▼	▼	11x06	11x23	11x48	-	12x49	- 14x06
Workington		1033	1033	1113	1130	1156	-	1258	- 1414
Harrington		▼	▼	1117	1134	1200	-	1302	- 1418
Parton		10x45	10x45	11x26	11x43	12x08	-	13x10	- 14x26
Whitehaven	a	1050	1050	1131	1148	1214	-	1316	- 1432
Whitehaven	d	1051	1051	1133	1150	1216	-	1318	- 1433
Corkickle		1054	1054	1135	1152	1219	-	1321	- 1436
St. Bees		1059	1059	1141	1158	1227	-	1327	- 1441
Nethertown		▼	▼	▼	▼	12x31	-	-	▼
Braystones		▼	▼	▼	▼	12x33	-	-	▼
Sellafield		1109	1109	1151	1208	1239	-	1337	- 1451
Seascale		1113	1113	1154	1211	1243	-	1340	- 1455
Drigg		11x16	11x16	11x57	12x14	12x46	-	13x43	- ▼
Ravenglass for Eskdale 🚶		1119	1119	1201	1218	1249	-	1347	- 1501
Bootle		11x25	11x25	12x06	12x23	12x55	-	13x52	- ▼
Silecroft		11x31	11x31	12x13	12x30	13x01	-	13x59	- ▼
Millom	a	1137	1137	1219	1236	1308	-	1405	- 1516
Millom	d	1137	1137	1219	1236	1308	-	1406	- 1517
Green Road		11x41	11x41	12x23	12x40	13x12	-	14x10	- ▼
Foxfield		1145	1145	1227	1244	1316	-	1414	- 1524
Kirkby-in-Furness		11x49	11x49	12x31	12x48	13x20	-	14x18	- 15x28
Askam		1154	1154	1236	1253	1325	-	1423	- 1533
Barrow-in-Furness	a	1209	1209	1251	1308	1340	-	1438	- 1548
Barrow-in-Furness	d	-	-	1253	1317	-	1349	- 1447	1550
Roose		-	-	1257	1321	-	1353	- 1451	1554
Dalton		-	-	1303	1327	-	1359	- 1457	1600
Ulverston		-	-	1311	1335	-	1407	- 1505	1608
Cark & Cartmel		-	-	▼	▼	-	1414	- 1512	1616
Kents Bank		-	-	▼	▼	-	1418	- 1516	1620
Grange-over-Sands		-	-	1324	1348	-	1422	- 1520	1624
Arnside		-	-	1330	1354	-	1428	- 1526	1630
Silverdale		-	-	1335	1359	-	1432	- 1530	1635
Carnforth		-	-	1342	1406	-	1439	- 1537	1642
Lancaster	a	-	-	1352	1420	-	1446	- 1544	1652
Lancaster	d	-	-	(1427)	(1427)	-	1449	- 1547	(1657)
Preston	a	-	-	(1445)	(1445)	-	1507	- 1605	(1716)
Wigan North Western	a	-	-	(1510)	-	-	1523	- 1623	(1730)
Manchester Oxford Rd	a	-	-	(1520)	(1520)	-	1550	- 1650	(1821)
Manchester Piccadilly 🚶	a	-	-	(1524)	(1524)	-	1557	- 1701	(1825)
Manchester Airport ➡	a	-	-	(1542)	(1540)	-	1617	- 1718	(1840)

Notes

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚶 Metrolink connection available.
- ➡ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

All services operate by Northern.

- ▶ Runs from 26 June.
- o Runs until 19 June.
- ◆ Runs until 11 September.

Carlisle	d	1401	-	1510	1616	-	1710	-	-	-
Dalston		1409	-	1518	1624	-	1718	-	-	-
Wigton		1419	-	1528	1634	-	1728	-	-	-
Aspatria		1429	-	1538	1644	-	1738	-	-	-
Maryport		1440	-	1549	1655	-	1749	-	-	-
Flimby		14x43	-	15x52	16x58	-	17x52	-	-	-
Workington		1451	-	1600	1706	-	1800	-	-	-
Harrington		1455	-	1604	1710	-	1804	-	-	-
Parton		15x03	-	16x12	17x18	-	18x12	-	-	-
Whitehaven	a	1508	-	1617	1724	-	1818	-	-	-
Whitehaven	d	1510	-	1619	1725	-	1819	-	-	-
Corkickle		1513	-	1622	1728	-	1822	-	-	-
St. Bees		1519	-	1629	1733	-	1828	-	-	-
Nethertown		▼	-	16x33	▼	-	18x32	-	-	-
Braystones		▼	-	16x35	▼	-	18x34	-	-	-
Sellafield		1529	-	1642	1744	-	1840	-	-	-
Seascale		1532	-	1646	1748	-	1844	-	-	-
Drigg		15x35	-	16x49	17x51	-	18x47	-	-	-
Ravenglass for Eskdale 🚶		1539	-	1652	1754	-	1850	-	-	-
Bootle		15x45	-	16x58	18x00	-	18x56	-	-	-
Silecroft		15x51	-	17x04	18x06	-	19x02	-	-	-
Millom	a	1556	-	1711	1813	-	1909	-	-	-
Millom	d	1557	-	1711	1814	-	1909	-	1925	-
Green Road		16x01	-	17x15	18x18	-	19x13	-	19x29	-
Foxfield		1605	-	1719	1822	-	1917	-	1933	-
Kirkby-in-Furness		16x09	-	17x23	18x26	-	19x21	-	19x37	-
Askam		1614	-	1728	1831	-	1926	-	1942	-
Barrow-in-Furness	a	1629	-	1743	1846	-	1941	-	1957	-
Barrow-in-Furness	d	-	1646	1746	-	1851	-	1952	-	2046
Roose		-	1650	1750	-	1855	-	1956	-	2050
Dalton		-	1656	1756	-	1901	-	2002	-	2056
Ulverston		-	1705	1805	-	1909	-	2011	-	2105
Cark & Cartmel		-	1712	1812	-	1917	-	2018	-	2112
Kents Bank		-	1716	1816	-	1921	-	2022	-	2116
Grange-over-Sands		-	1720	1820	-	1925	-	2026	-	2120
Arnside		-	1725	1827	-	1931	-	2031	-	2126
Silverdale		-	1729	1832	-	1935	-	2035	-	2131
Carnforth		-	1737	1841	-	1943	-	2043	-	2138
Lancaster	a	-	1744	1850	-	1951	-	2050	-	2148
Lancaster	d	-	1749	(1857)	-	1951	-	2050	-	-
Preston	a	-	1807	(1915)	-	2014	-	2108	-	-
Wigan North Western	a	-	1823	(1929)	-	-	-	2124	-	-
Manchester Oxford Rd	a	-	1850	-	-	(2120)	-	2151	-	-
Manchester Piccadilly 🚶	a	-	1900	-	-	(2123)	-	2155	-	-
Manchester Airport ➡	a	-	1917	-	-	(2140)	-	2213	-	-

Notes

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚶 Metrolink connection available.
- ➡ Airport.
- 🚶 Interchange with the Ravenglass & Eskdale Railway.

All services operate by Northern.

Carlisle	d	1810	1910	2010	2110
Dalston		1818	1918	2018	2118
Wigton		1828	1928	2028	2128
Aspatia		1838	1938	2038	2138
Maryport		1849	1949	2049	2149
Flimby		18x52	19x52	20x52	21x52
Workington		1900	2000	2100	2200
Harrington		1904	2004	2104	2204
Parton		19x12	20x12	21x12	22x12
Whitehaven	a	1919	2019	2119	2219
Whitehaven	d	-	-	-	-
Corkickle		-	-	-	-
St. Bees		-	-	-	-
Nethertown		-	-	-	-
Braystones		-	-	-	-
Sellafield		-	-	-	-
Seascale		-	-	-	-
Drigg		-	-	-	-
Ravenglass for Eskdale	🔄	-	-	-	-
Bootle		-	-	-	-
Silecroft		-	-	-	-
Millom	a	-	-	-	-
Millom	d	-	-	-	-
Green Road		-	-	-	-
Foxfield		-	-	-	-
Kirkby-in-Furness		-	-	-	-
Askam		-	-	-	-
Barrow-in-Furness	a	-	-	-	-
Barrow-in-Furness	d	-	-	-	-
Roose		-	-	-	-
Dalton		-	-	-	-
Ulverston		-	-	-	-
Cark & Cartmel		-	-	-	-
Kents Bank		-	-	-	-
Grange-over-Sands		-	-	-	-
Arnside		-	-	-	-
Silverdale		-	-	-	-
Carnforth		-	-	-	-
Lancaster	a	-	-	-	-
Lancaster	d	-	-	-	-
Preston	a	-	-	-	-
Wigan North Western	a	-	-	-	-
Manchester Oxford Rd	a	-	-	-	-
Manchester Piccadilly	a	-	-	-	-
Manchester Airport	↔	a	-	-	-

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚆 Metrolink connection available.
- ↔ Airport.
- 🔄 Interchange with the Ravenglass & Eskdale Railway.

			SO	SX			SX	SO	SO
Manchester Airport	↔	d	-	-	-	-	-	-	0524
Manchester Piccadilly	🚆		-	-	-	-	-	-	0543
Manchester Oxford Road			-	-	-	-	-	-	0547
Wigan North Western			-	-	-	-	-	-	0616
Preston			-	-	-	-	0518	-	0644
Lancaster	a		-	-	-	-	0538	-	0701
Lancaster	d		-	-	-	-	0538	-	0702
Carnforth			-	-	-	-	0549	-	0712
Silverdale			-	-	-	-	0555	-	0717
Arnside			-	-	-	-	0559	-	0721
Grange-over-Sands			-	-	-	-	0605	-	0726
Kents Bank			-	-	-	-	0609	-	0730
Cark			-	-	-	-	0613	-	0734
Ulverston			-	-	-	-	0621	-	0741
Dalton			-	-	-	-	0629	-	0750
Roose			-	-	-	-	0635	-	0756
Barrow-in-Furness	a		-	-	-	-	0643	-	0802
Barrow-in-Furness	d		-	-	-	0558	-	0651	0750
Askam			-	-	-	0608	-	0701	0800
Kirkby-in-Furness			-	-	-	06x12	-	07x05	08x04
Foxfield			-	-	-	0616	-	0709	0808
Green Road			-	-	-	06x20	-	07x13	08x11
Millom	a		-	-	-	0626	-	0719	0817
Millom	d		-	-	-	0627	-	0719	0818
Silecroft			-	-	-	06x32	-	07x24	08x23
Bootle (Cumbria)			-	-	-	06x39	-	07x31	08x29
Ravenglass for Eskdale	🔄		-	-	-	0645	-	0737	0835
Drigg			-	-	-	06x49	-	07x41	08x38
Seascale			-	-	-	0653	-	0745	0842
Sellafield			-	-	-	0700	-	0753	0849
Braystones			-	-	-		-	07x57	08x55
Nethertown			-	-	-		-	07x59	08x58
St. Bees			-	-	-	0713	-	0805	0900
Corkickle			-	-	-	0719	-	0811	0905
Whitehaven	a		-	-	-	0722	-	0814	0908
Whitehaven	d		-	-	0630	0723	-	0816	0909
Parton			-	-	06x33	07x27	-	08x20	09x13
Harrington			-	-	0642	0736	-	0828	0921
Workington		0548	0552	0648	0742	-	0834	0927	0933
Flimby		05x52	05x56	06x52	07x46	-	08x39	09x32	09x37
Maryport		0556	0600	0656	0750	-	0843	0936	0941
Aspatia		0606	0610	0706	0800	-	0853	0946	0951
Wigton		0618	0622	0718	0812	-	0904	0957	1003
Dalston		0627	0631	0727	0821	-	0913	1006	1012
Carlisle	a	0638	0642	0739	0832	-	0925	1017	1023

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
- 🚆 Metrolink connection available.
- ↔ Airport.
- 🔄 Interchange with the Ravenglass & Eskdale Railway.

Monday to Saturday

		SX		SO	SX	SX	SO		SO	SX
Manchester Airport	↔ d	0525 (0610)	-	(0710)	-	(0710)	-	0928	0927	
Manchester Piccadilly	🚉	0544 (0626)	-	(0726)	-	(0726)	-	0948	0948	
Manchester Oxford Road		0548 (0629)	-	(0730)	-	(0730)	-	0951	0951	
Wigan North Western		0616 ▾	-	(0738)	-	(0738)(0938)		1021	1021	
Preston		0644 (0704)	-	(0803)	-	(0803)(0953)		1045	1045	
Lancaster	a	0701 (0719)	-	(0818)	-	(0818)(1008)		1102	1102	
Lancaster	d	0702 0736	-	0823	-	0823 1013	1102	1103		
Carnforth		0712 0746	-	0833	-	0833 1023	1112	1112		
Silverdale		0717 0752	-	0839	-	0839 1029	1117	1118		
Arnside		0721 0756	-	0843	-	0843 1033	1121	1122		
Grange-over-Sands		0726 0802	-	0849	-	0849 1039	1127	1128		
Kents Bank		0730 0806	-	▼	-	0853 1043	▼	▼		
Cark		0734 0810	-	0855	-	0857 1047	1132	1133		
Ulverston		0741 0818	-	0903	-	0905 1055	1140	1141		
Dalton		0750 0827	-	0911	-	0914 1103	1148	1149		
Roose		0756 0833	-	▼	-	0920 1109	▼	▼		
Barrow-in-Furness	a	0802 0840	-	0923	-	0927 1117	1200	1201		
Barrow-in-Furness	d	-	-	0917	-	0927	-	1118	-	-
Askam		-	-	0927	-	0937	-	1128	-	-
Kirkby-in-Furness		-	-	09x31	-	09x41	-	11x32	-	-
Foxfield		-	-	0935	-	0945	-	1136	-	-
Green Road		-	-	09x38	-	09x48	-	11x40	-	-
Millom	a	-	-	0943	-	0954	-	1146	-	-
Millom	d	-	-	0944	-	0955	-	1146	-	-
Silecroft		-	-	09x48	-	09x59	-	11x51	-	-
Bootle (Cumbria)		-	-	09x55	-	10x06	-	11x57	-	-
Ravenglass for Eskdale 🚶		-	-	1001	-	1012	-	1203	-	-
Drigg		-	-	10x04	-	10x15	-	12x06	-	-
Seascale		-	-	1008	-	1019	-	1210	-	-
Sellafield		-	-	1014	-	1032	-	1217	-	-
Braystones		-	-	▼	-	▼	-	▼	-	-
Nethertown		-	-	▼	-	▼	-	▼	-	-
St. Bees		-	-	1027	-	1042	-	1227	-	-
Corkickle		-	-	1033	-	1047	-	1232	-	-
Whitehaven	a	-	-	1035	-	1050	-	1235	-	-
Whitehaven	d	-	-	1037	-	1051	-	1236	-	-
Parton		-	-	10x40	-	10x55	-	-	-	-
Harrington		-	-	1049	-	1103	-	▼	-	-
Workington		-	-	1055	-	1109	-	1253	-	-
Flimby		-	-	10x59	-	11x14	-	▼	-	-
Maryport		-	-	1103	-	1117	-	1301	-	-
Aspatria		-	-	1113	-	1127	-	1311	-	-
Wigton		-	-	1124	-	1138	-	1323	-	-
Dalston		-	-	1133	-	1147	-	▼	-	-
Carlisle	a	-	-	1144	-	1158	-	1341	-	-

Notes		All services operate by Northern.	
a	Arrival time.	SO	Runs Saturdays only.
d	Departure time.	SX	Runs Mondays to Fridays only.
x	Request stop station.		
🚉	Metrolink connection available.		
↔	Airport.		
🚶	Interchange with the Ravenglass & Eskdale Railway.		

Monday to Saturday

			SO	SX	SO	SX				
Manchester Airport	↔ d	-	1028	-	-	-	(1128)	-	1228	-
Manchester Piccadilly	🚉	-	1047	-	-	-	(1147)	-	1247	-
Manchester Oxford Road		-	1050	-	-	-	(1150)	-	1250	-
Wigan North Western		-	1121	-	-	(1225)(1221)	-	1321	-	-
Preston		-	1144	-	-	(1241)(1245)	-	1345	-	-
Lancaster	a	-	1202	-	-	(1255)(1302)	-	1402	-	-
Lancaster	d	-	1202	-	-	1301 1313	-	1402	-	-
Carnforth		-	1212	-	-	1311 1323	-	1412	-	-
Silverdale		-	1217	-	-	1317 1329	-	1417	-	-
Arnside		-	1222	-	-	1321 1333	-	1421	-	-
Grange-over-Sands		-	1227	-	-	1327 1339	-	1427	-	-
Kents Bank		-	1231	-	-	1331 1343	-	1430	-	-
Cark		-	1235	-	-	1335 1347	-	1434	-	-
Ulverston		-	1242	-	-	1343 1355	-	1442	-	-
Dalton		-	1251	-	-	1352 1403	-	1450	-	-
Roose		-	1257	-	-	1358 1409	-	1456	-	-
Barrow-in-Furness	a	-	1303	-	-	1405 1417	-	1503	-	-
Barrow-in-Furness	d	1206	-	1316 1316	1414	1418	1449	-	1544	
Askam		1216	-	1326 1326	1424	1428	1459	-	1554	
Kirkby-in-Furness		12x20	-	13x30 13x30	14x28 14x32	15x03	-	15x58		
Foxfield		1224	-	1334 1334	1432 1436	1507	-	1602		
Green Road		12x27	-	13x37 13x37	14x35 14x40	15x10	-	16x05		
Millom	a	1233	-	1343 1343	1441 1446	1516	-	1611		
Millom	d	1234	-	1344 1344	1442 1446	1517	-	1612		
Silecroft		12x38	-	13x48 13x48	14x46 14x50	15x21	-	16x16		
Bootle (Cumbria)		12x45	-	13x55 13x55	14x53 14x57	15x28	-	16x23		
Ravenglass for Eskdale 🚶		1251	-	1401 1401	1459 1503	1534	-	1629		
Drigg		12x54	-	14x04 14x04	15x02 15x06	15x37	-	16x32		
Seascale		1257	-	1407 1407	1506 1509	1541	-	1635		
Sellafield		1303	-	1413 1413	1512 1515	1547	-	1641		
Braystones		13x07	-	▼	14x16 15x15	▼	-	▼		
Nethertown		13x09	-	▼	14x19 15x18	▼	-	▼		
St. Bees		1328	-	1426 1427	1528 1528	1600	-	1652		
Corkickle		1334	-	1432 1433	1534 1534	1606	-	1657		
Whitehaven	a	1336	-	1434 1436	1537 1537	1608	-	1700		
Whitehaven	d	1338	-	1438 1438	1539 1540	1612	-	1701		
Parton		13x41	-	14x41 14x41	15x44 15x45	16x15	-	17x05		
Harrington		1350	-	1450 1450	1552 1553	1624	-	1713		
Workington		1356	-	1456 1456	1558 1559	1633	-	1719		
Flimby		14x00	-	15x00 15x00	16x03 16x04	16x37	-	17x24		
Maryport		1404	-	1505 1505	1607 1608	1643	-	1728		
Aspatria		1414	-	1515 1515	1617 1618	1653	-	1738		
Wigton		1426	-	1526 1526	1628 1629	1705	-	1749		
Dalston		1435	-	1535 1535	1637 1638	1714	-	1759		
Carlisle	a	14e47	-	1546 1546	1648 1649	1725	-	1810		

Notes		All services operate by Northern.	
a	Arrival time.	SO	Runs Saturdays only.
d	Departure time.	SX	Runs Mondays to Fridays only.
x	Request stop station.		
🚉	Metrolink connection available.		
↔	Airport.		
🚶	Interchange with the Ravenglass & Eskdale Railway.		

Monday to Saturday

		SO	SX	SX	SX	SX		SX	SO
					🚋	⬇			
Manchester Airport	↔ d	-	-	-	-	(1410)/(1410)	1528	1528	-
Manchester Piccadilly	🚉	-	-	-	-	(1426)/(1426)	1547	1547	-
Manchester Oxford Road		-	-	-	-	(1430)/(1430)	1551	1551	-
Wigan North Western		-	-	-	-	-	1615	1618	-
Preston		-	-	-	-	(1503)	1532	1634	1645
Lancaster	a	-	-	-	-	(1518)	1553	1651	1702
Lancaster	d	-	-	-	-	1524	1612	1652	1704
Carnforth		-	-	-	-	1533	1622	1701	1713
Silverdale		-	-	-	-	1538	1628	1706	1718
Arnside		-	-	-	-	1543	1632	1710	1722
Grange-over-Sands		-	-	-	-	1548	1638	1716	1728
Kents Bank		-	-	-	-	1552	1642	1719	1731
Cark		-	-	-	-	1556	1646	1723	1735
Ulverston		-	-	-	1542	1603	1654	1731	1743
Dalton		-	-	-	15s55	1612	1702	1739	1751
Roose		-	-	-	16s07	1618	1708	1745	1757
Barrow-in-Furness	a	-	-	-	1617	1625	1716	1751	1803
Barrow-in-Furness	d	1611	-	1615	-	-	1717	-	1807
Askam		1621	-	1625	-	-	1728	-	1817
Kirkby-in-Furness		16x25	-	16x29	-	-	17x32	-	18x21
Foxfield		1629	-	1634	-	-	1736	-	1825
Green Road		16x32	-	16x37	-	-	17x39	-	18x28
Millom	a	1638	-	1643	-	-	1745	-	1834
Millom	d	1639	-	1644	-	-	1745	-	1834
Silecroft		16x43	-	16x48	-	-	17x50	-	↓
Bootle (Cumbria)		16x50	-	16x55	-	-	17x56	-	↓
Ravenglass for Eskdale	🚉	1656	-	1701	-	-	1802	-	1849
Drigg		16x59	-	17x04	-	-	18x05	-	18x52
Seascale		1702	-	1708	-	-	1809	-	1856
Sellafield		1708	-	1712	-	-	1814	-	1900
Braystones		17x11	-	-	-	-	-	-	↓
Nethertown		17x14	-	-	-	-	-	-	↓
St. Bees		1719	-	-	-	-	1826	-	1912
Corkickle		1724	-	-	-	-	1832	-	1917
Whitehaven	a	1728	-	-	-	-	1834	-	1920
Whitehaven	d	1729	1749	-	-	-	1835	-	1921
Parton		17x33	17x52	-	-	-	18x39	-	19x25
Harrington		1741	1801	-	-	-	1847	-	1933
Workington		1747	1807	-	-	-	1853	-	1943
Flimby		17x52	18x11	-	-	-	18x58	-	19x47
Maryport		1756	1816	-	-	-	1902	-	1953
Aspatria		1806	1826	-	-	-	1912	-	2003
Wigton		1817	1837	-	-	-	1923	-	2014
Dalston		1826	1846	-	-	-	1932	-	2023
Carlisle	a	1841	1857	-	-	-	1943	-	2034

Notes	All services operate by Northern.
a	Arrival time.
d	Departure time.
x	Request stop station.
s	Stops to drop passengers off only.
🚉	Metrolink connection available.
↔	Airport.
🚶	Interchange with the Ravenglass & Eskdale Railway.
🚋	Rail replacement bus service.
SO	Runs Saturdays only.
SX	Runs Mondays to Fridays only.
🚶	Runs Mondays to Fridays only until Friday 15 July.
⬇	Runs Mondays to Fridays only from Monday 18 July.

Monday to Saturday

		SO	SO	SX	SX		⬇	SX	SO	SX
Manchester Airport	↔ d	-	1628	1626	-	(1710)	-	(1727)/(1727)	1828	
Manchester Piccadilly	🚉	-	1647	1648	-	(1727)	-	(1747)/(1747)	1847	
Manchester Oxford Road		-	1650	1659	-	(1730)	-	(1751)/(1751)	1852	
Wigan North Western		-	1721	⬇	-	-	-	-	1920	
Preston		-	1745	1745	-	(1805)	-	(1845)/(1845)	1944	
Lancaster	a	-	1802	1802	-	(1820)	-	(1902)/(1902)	2001	
Lancaster	d	-	1802	1802	-	1835	-	1913	1913	2002
Carnforth		-	1812	1812	-	1845	-	1923	1923	2011
Silverdale		-	1817	1817	-	1851	-	1929	1929	2016
Arnside		-	1821	1821	-	1855	-	1933	1933	2021
Grange-over-Sands		-	1827	1827	-	1901	-	1939	1939	2026
Kents Bank		-	1830	1830	-	1905	-	1943	1943	2030
Cark		-	1834	1834	-	1909	-	1947	1947	2034
Ulverston		-	1842	1842	-	1917	-	1955	1955	2042
Dalton		-	1850	1850	-	1925	-	2003	2003	2050
Roose		-	1856	1856	-	1931	-	2009	2009	2056
Barrow-in-Furness	a	-	1902	1903	-	1939	-	2017	2017	2103
Barrow-in-Furness	d	1857	-	-	1912	-	1944	2018	2018	-
Askam		1907	-	-	1922	-	1954	2028	2028	-
Kirkby-in-Furness		19x11	-	-	19x26	-	19x58	20x32	20x32	-
Foxfield		1915	-	-	1930	-	2002	2036	2036	-
Green Road		19x19	-	-	19x33	-	20x05	20x40	20x40	-
Millom	a	1925	-	-	1939	-	2011	2045	2046	-
Millom	d	1925	-	-	1940	-	2011	2045	-	-
Silecroft		19x29	-	-	19x44	-	20x16	20x50	-	-
Bootle (Cumbria)		19x36	-	-	19x51	-	20x22	20x56	-	-
Ravenglass for Eskdale	🚉	1942	-	-	1957	-	2028	2102	-	-
Drigg		19x45	-	-	20x00	-	20x31	21x05	-	-
Seascale		1948	-	-	2003	-	2035	2109	-	-
Sellafield		1953	-	-	2012	-	2041	2115	-	-
Braystones		↓	-	-	20x15	-	20x44	-	-	-
Nethertown		↓	-	-	20x18	-	20x47	-	-	-
St. Bees		2003	-	-	2027	-	2052	2124	-	-
Corkickle		2008	-	-	2032	-	2057	2130	-	-
Whitehaven	a	2012	-	-	2036	-	2101	2132	-	-
Whitehaven	d	2013	-	-	2037	-	2102	2134	-	-
Parton		20x17	-	-	20x41	-	21x06	21x37	-	-
Harrington		2025	-	-	2049	-	2114	2146	-	-
Workington		2035	-	-	2055	-	2120	2152	-	-
Flimby		20x40	-	-	21x00	-	21x25	21x56	-	-
Maryport		2044	-	-	2104	-	2128	2200	-	-
Aspatria		2054	-	-	2114	-	-	2210	-	-
Wigton		2105	-	-	2125	-	-	2221	-	-
Dalston		2114	-	-	2134	-	-	2230	-	-
Carlisle	a	2125	-	-	2145	-	-	2241	-	-

Notes	All services operate by Northern.
a	Arrival time.
d	Departure time.
x	Request stop station.
🚉	Metrolink connection available.
↔	Airport.
🚶	Interchange with the Ravenglass & Eskdale Railway.
SO	Runs Saturdays only.
SX	Runs Mondays to Fridays only.
⬇	Runs between Millom and Maryport on Saturdays only. Mondays to Fridays, journey terminates at Millom.

Monday to Saturday

		SO		SX	SO		SX	SO	SO	SX
Manchester Airport	↔ d	1828	-	-	-	-	(2007)	-	2210	2210
Manchester Piccadilly	🚉	1847	-	-	-	-	(2026)	-	2225	2225
Manchester Oxford Road		1851	-	-	-	-	(2030)	-	2229	2229
Wigan North Western		1919	-	-	-	-	(2127)	-	2253	2257
Preston		1945	-	-	-	-	(2143)	2211	2309	2315
Lancaster	a	2002	-	-	-	-	(2155)	2231	2326	2332
Lancaster	d	2003	-	-	-	-	2208	2232	2328	2333
Carnforth		2012	-	-	-	-	2218	2242	2337	2342
Silverdale		2017	-	-	-	-	2224	2248	2342	2347
Arnside		2021	-	-	-	-	2228	2252	2347	2352
Grange-over-Sands		2027	-	-	-	-	2234	2258	2354	2358
Kents Bank		2030	-	-	-	-	2238	2302	2358	0001
Cark		2035	-	-	-	-	2242	2306	0002	0005
Ulverston		2042	-	-	-	-	2250	2314	0009	0013
Dalton		2051	-	-	-	-	2258	2322	0018	0021
Roose		2057	-	-	-	-	2304	2328	0024	0027
Barrow-in-Furness	a	2103	-	-	-	-	2312	2336	0030	0033
Barrow-in-Furness	d	-	2110	-	-	2211	-	-	-	-
Askam		-	2120	-	-	2221	-	-	-	-
Kirkby-in-Furness		-	21x24	-	-	22x25	-	-	-	-
Foxfield		-	2128	-	-	2229	-	-	-	-
Green Road		-	21x32	-	-	22x33	-	-	-	-
Millom	a	-	2138	-	-	2239	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-
Bootle (Cumbria)		-	-	-	-	-	-	-	-	-
Ravenglass for Eskdale	🚶	-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-
Whitehaven	d	-	-	2209	2209	-	-	-	-	-
Parton		-	-	22x12	22x12	-	-	-	-	-
Harrington		-	-	2221	2221	-	-	-	-	-
Workington		-	-	2227	2227	-	-	-	-	-
Flimby		-	-	22x32	22x32	-	-	-	-	-
Maryport		-	-	2236	2236	-	-	-	-	-
Aspatria		-	-	2246	-	-	-	-	-	-
Wigton		-	-	2257	-	-	-	-	-	-
Dalston		-	-	2306	-	-	-	-	-	-
Carlisle	a	-	-	2317	-	-	-	-	-	-

Notes All services operate by Northern.

a	Arrival time.	SO	Runs Saturdays only.
d	Departure time.	SX	Runs Mondays to Fridays only.
x	Request stop station.		
🚉	Metrolink connection available.		
↔	Airport.		
🚶	Interchange with the Ravenglass & Eskdale Railway.		

Sunday

			▶	▶	○						
Manchester Airport	↔ d	-	-	-	-	-	-	-	0935	-	
Manchester Piccadilly	🚉	-	-	-	-	-	-	-	09t52	-	
Manchester Oxford Road		-	-	-	-	-	-	-	0957	-	
Wigan North Western		-	-	-	-	-	-	-	1027	-	
Preston		-	-	-	-	-	-	-	1043	-	
Lancaster	a	-	-	-	-	-	-	-	1100	-	
Lancaster	d	-	-	-	-	-	-	-	1011	1101	-
Carnforth		-	-	-	-	-	-	0855	1021	1110	-
Silverdale		-	-	-	-	-	-	0900	1027	1115	-
Arnside		-	-	-	-	-	-	0905	1031	1119	-
Grange-over-Sands		-	-	-	-	-	-	0911	1037	1125	-
Kents Bank		-	-	-	-	-	-	0914	1041	1128	-
Cark		-	-	-	-	-	-	0918	1045	1132	-
Ulverston		-	-	-	-	-	-	0927	1053	1140	-
Dalton		-	-	-	-	-	-	0935	1101	1148	-
Roose		-	-	-	-	-	-	0941	1107	1154	-
Barrow-in-Furness	a	-	-	-	-	-	-	0948	1115	1201	-
Barrow-in-Furness	d	-	-	-	-	0905	0950	1116	-	1218	
Askam		-	-	-	-	0915	1000	1126	-	1228	
Kirkby-in-Furness		-	-	-	-	09x19	10x04	11x30	-	12x32	
Foxfield		-	-	-	-	0923	1008	1134	-	1236	
Green Road		-	-	-	-	09x26	10x11	11x38	-	12x39	
Millom	a	-	-	-	-	0933	1017	1144	-	1245	
Millom	d	-	-	-	-	-	1017	1144	-	1245	
Silecroft		-	-	-	-	-	10x22	11x48	-	12x50	
Bootle (Cumbria)		-	-	-	-	-	10x28	11x55	-	12x56	
Ravenglass for Eskdale	🚶	-	-	-	-	-	1034	1201	-	1302	
Drigg		-	-	-	-	-	10x37	12x04	-	13x05	
Seascale		-	-	-	-	-	1041	1207	-	1309	
Sellafield		-	-	-	-	-	1046	1213	-	1315	
Braystones		-	-	-	-	-	10x50		-		
Nethertown		-	-	-	-	-	10x52	↓	-	↓	
St. Bees		-	-	-	-	-	1100	1225	-	1328	
Corkickle		-	-	-	-	-	1106	1230	-	1333	
Whitehaven	a	-	-	-	-	-	1109	1233	-	1337	
Whitehaven	d	-	-	-	-	1016	-	1111	1234	-	1338
Parton		-	-	-	-	10x20	-	11x14	12x38	-	13x42
Harrington		-	-	-	-	1028	-	1123	1246	-	1350
Workington		0855	0940	0957	1034	-	1129	1252	-	1358	
Flimby		09x00	09x45	10x02	10x39	-	11x33	12x57	-	14x03	
Maryport		0904	0949	1006	1043	-	1137	1301	-	1408	
Aspatria		0914	0959	1016	1053	-	1147	1311	-	1418	
Wigton		0925	1010	1027	1104	-	1159	1322	-	1430	
Dalston		0934	1019	1036	1113	-	1208	1331	-	1439	
Carlisle	a	0945	1030	1047	1124	-	1219	1342	-	1450	

Notes All services operate by Northern.

a	Arrival time.	t	From 18 September, departs Manchester Piccadilly 02 minutes later.
d	Departure time.	▶	Runs from 26 June.
x	Request stop station.	○	Runs until 19 June.
🚉	Metrolink connection available.		
↔	Airport.		
🚶	Interchange with the Ravenglass & Eskdale Railway.		

Manchester Airport 	d	1033	-	-	-	1242	-	1330	(1430)	-
Manchester Piccadilly 		1055	-	-	-	1301	-	1348	(1448)	-
Manchester Oxford Road		1100	-	(1154)	-	1306	-	1351	(1451)	-
Wigan North Western			-	(1219)	-	1333	-	1421	(1517)	-
Preston		1146	-	(1245)	-	1358	-	1447	(1534)	-
Lancaster	a	1203	-	(1302)	-	1415	-	1504	(1552)	-
Lancaster	d	1204	-	1314	-	1416	-	1505	1603	-
Carnforth		1213	-	1324	-	1425	-	1514	1612	-
Silverdale		1218	-	1330	-	1430	-	1519	1618	-
Arnside		1223	-	1334	-	1434	-	1523	1622	-
Grange-over-Sands		1228	-	1340	-	1439	-	1528	1628	-
Kents Bank		1232	-	1344	-	1443	-	1532	1632	-
Cark		1236	-	1348	-	1447	-	1536	1636	-
Ulverston		1243	-	1356	-	1454	-	1543	1644	-
Dalton		1251	-	1404	-	1502	-	1552	1652	-
Roose		1257	-	1410	-	1509	-	1558	1658	-
Barrow-in-Furness	a	1304	-	1418	-	1515	-	1604	1706	-
Barrow-in-Furness	d	-	1309	1419	1455	-	1558	-	1717	-
Askam		-	1319	1429	1505	-	1608	-	1728	-
Kirkby-in-Furness		-	13x23		15x09	-	16x12	-	17x32	-
Foxfield		-	1327		1513	-	1616	-	1736	-
Green Road		-	13x30		15x16	-	16x19	-	17x39	-
Millom	a	-	1336	1443	1522	-	1625	-	1745	-
Millom	d	-	1336	1444	1523	-	1625	-	1746	-
Silecroft		-	13x41		15x28	-	16x30	-	17x50	-
Bootle (Cumbria)		-	13x47		15x34	-	16x36	-	17x57	-
Ravenglass for Eskdale 		-	1353	1459	1541	-	1642	-	1803	-
Drigg		-	13x56		15x44	-	16x45	-	18x06	-
Seascale		-	1400		1547	-	1649	-	1809	-
Sellafield		-	1405	1507	1551	-	1654	-	1815	-
Braystones		-	14x09			-	16x58	-	18x18	-
Nethertown		-	14x11			-	17x00	-	18x21	-
St. Bees		-	1416	1520	1601	-	1705	-	1829	-
Corkickle		-	1421	1525	1607	-	1710	-	1834	-
Whitehaven	a	-	1425	1528	1609	-	1714	-	1838	-
Whitehaven	d	-	1426	1529	1611	-	1716	-	1839	1938
Parton		-	14x30	15x33	16x14	-	17x20	-	18x43	19x41
Harrington		-	1438	1541	1623	-	1728	-	1851	1950
Workington		-	1444	1547	1629	-	1734	-	1857	1956
Flimby		-	14x49	15x52	16x33	-	17x39	-	19x02	20x01
Maryport		-	1453	1556	1637	-	1743	-	1906	2005
Aspatria		-	1503	1606	1647	-	1753	-	1916	2015
Wigton		-	1514	1617	1659	-	1804	-	1927	2026
Dalston		-	1523	1626	1708	-	1813	-	1936	2035
Carlisle	a	-	1534	1637	1719	-	1824	-	1947	2046

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
-  Metrolink connection available.
-  Airport.
-  Interchange with the Ravenglass & Eskdale Railway.

Manchester Airport 	d	-	1530	-	1630	-	-	1830	1930	-
Manchester Piccadilly 		-	1548	-	1648	-	-	1848	1948	-
Manchester Oxford Road		-	1551	-	1651	-	-	1851	1951	-
Wigan North Western		-	1621	-	1718	-	-	1918	2022	(2127)
Preston		-	1657	-	1746	-	-	1947	2046	(2142)
Lancaster	a	-	1714	-	1803	-	-	2004	2104	(2158)
Lancaster	d	-	1715	-	1804	-	1902	2005	2104	2220
Carnforth		-	1724	-	1813	-	1913	2014	2114	2230
Silverdale		-	1730	-	1818	-	1919	2019	2119	2235
Arnside		-	1734	-	1822	-	1924	2023	2123	2240
Grange-over-Sands		-	1739	-	1828	-	1930	2029	2128	2246
Kents Bank		-	1743	-	1831	-	1933	2032	2132	2249
Cark		-	1747	-	1835	-	1937	2036	2136	2253
Ulverston		-	1754	-	1843	-	1946	2044	2143	2301
Dalton		-	1802	-	1851	-	1954	2052	2151	2309
Roose		-	1808	-	1857	-	2000	2059	2157	2315
Barrow-in-Furness	a	-	1815	-	1903	-	2007	2105	2204	2323
Barrow-in-Furness	d	-	-	1825	-	1907	-	-	-	-
Askam		-	-	1835	-	1917	-	-	-	-
Kirkby-in-Furness		-	-	18x39	-	19x21	-	-	-	-
Foxfield		-	-	1843	-	1925	-	-	-	-
Green Road		-	-	18x46	-	19x28	-	-	-	-
Millom	a	-	-	1853	-	1935	-	-	-	-
Millom	d	-	-	-	-	-	-	-	-	-
Silecroft		-	-	-	-	-	-	-	-	-
Bootle (Cumbria)		-	-	-	-	-	-	-	-	-
Ravenglass for Eskdale 		-	-	-	-	-	-	-	-	-
Drigg		-	-	-	-	-	-	-	-	-
Seascale		-	-	-	-	-	-	-	-	-
Sellafield		-	-	-	-	-	-	-	-	-
Braystones		-	-	-	-	-	-	-	-	-
Nethertown		-	-	-	-	-	-	-	-	-
St. Bees		-	-	-	-	-	-	-	-	-
Corkickle		-	-	-	-	-	-	-	-	-
Whitehaven	a	-	-	-	-	-	-	-	-	-
Whitehaven	d	2030	-	-	-	-	-	-	-	-
Parton		20x33	-	-	-	-	-	-	-	-
Harrington		2042	-	-	-	-	-	-	-	-
Workington		2048	-	-	-	-	-	-	-	-
Flimby		20x53	-	-	-	-	-	-	-	-
Maryport		2057	-	-	-	-	-	-	-	-
Aspatria		2107	-	-	-	-	-	-	-	-
Wigton		2118	-	-	-	-	-	-	-	-
Dalston		2127	-	-	-	-	-	-	-	-
Carlisle	a	2138	-	-	-	-	-	-	-	-

Notes All services operate by Northern.

- a Arrival time.
- d Departure time.
- x Request stop station.
-  Metrolink connection available.
-  Airport.
-  Interchange with the Ravenglass & Eskdale Railway.

ORREST HEAD

Follow in footsteps of Wainwright and take in inspiring views of Windermere

Just a short walk from Windermere station, Orrest Head offers some of the most rewarding views of the Lake District, with a panorama of Lake Windermere and the Fells beyond. Visitors have long enjoyed taking in the scenery from the top.

Victorian tourists, arriving by steam train, paid a small fee for a pony and cart to ascend the hill. It inspired the legendary fell walker and writer Alfred Wainwright, and started his love for the Lake District. It remains a very special place to this day.

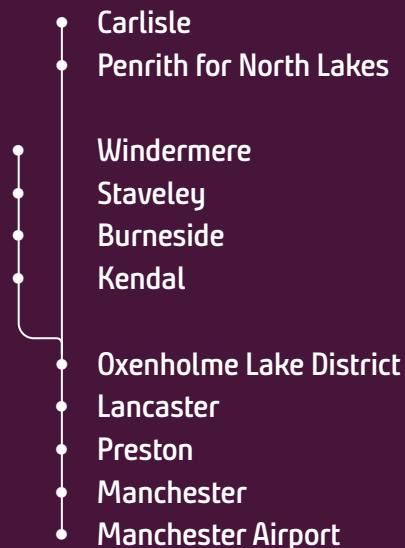
Following recent work, the path to the summit offers an accessible, step-free walk, suitable for buggies and mobility scooters.

Find out more about the Orrest Head trail, including a full map, photos and directions at www.lakedistrict.gov.uk/orresthead



Train times

The Lakes Line & West Coast Main Line



Includes Avanti West Coast and TransPennine Express services

Carlisle/Windermere • Preston • Manchester

Monday to Friday

		AWC		TP	AWC		TP	AWC		NT	TP		AWC	
		15:00		15:10	15:00		15:10	15:00			15:00		15:10	
		15:00		15:10	15:00		15:10	15:00			15:00		15:10	
		15:00		15:10	15:00		15:10	15:00			15:00		15:10	
Glasgow Central	d	-	-	0428	-	-	-	0422	0452	0533				
Edinburgh Waverley	d	-	-		-	-	-							
Lockerbie		-	-		-	-	-	0550	0558					
Carlisle	d	-	-	0543	-	-	-	0622	0629	0647				
Penrith for North Lakes		-	-	0558	-	-	-	0644	0644	0701				
Windermere	d	-	-		-	-	0642							
Staveley		-	-		-	-	0647							
Burneside		-	-		-	-	0652							
Kendal		-	-		-	-	0656							
Oxenholme Lake District	a	-	-	0620	-	-	0701	0707	0707	0723				
Oxenholme Lake District	d	-	-	0621	0626	-	-	0708	0708	0725				
Lancaster	a	-	-	0635	0641	-	-	0722	0722	0738				
Lancaster	d	0513	0628	0636	0645	0658	-	0723	0723	0739				
Preston	a	0530	0646	0655	0702	0715	-	0740	0740	0757				
Wigan North Western	a	0544		0709	0716	0728	-			0810				
Manchester Oxford Rd	a		0720		-	-	-	0820	0820					
Manchester Piccadilly	a		0724		-	-	-	0824	0824					
Manchester Airport	a		0741		-	-	-	0841	0841					
Birmingham New Street	a					0905	-	-	-					
London Euston	a	0802	-	0908	-	1033	-	-	-	1008				

		TP		NT	AWC		AWC	NT	TP		AWC		TP	TP
		15:00			15:00		15:10		15:00		15:00		15:10	15:10
		15:00			15:00		15:10		15:00		15:00		15:10	15:10
		15:00			15:00		15:10		15:00		15:00		15:10	15:10
Glasgow Central	d	-	-	0630	-	-	0709	0737	0745	-				
Edinburgh Waverley	d	0612	-		0652	-				0812				
Lockerbie		0712	-	0726		-	0810		0900	0911				
Carlisle	d	0734	-	0746	0809	-	0832	0850	0923	0934				
Penrith for North Lakes		0749	-	0800	0824	-	0847		0938	0949				
Windermere	d		0756			0850								
Staveley			0801											
Burneside			0806											
Kendal			0810			0901								
Oxenholme Lake District	a	0812	0815	0823		0906	0910	0924	1001	1012				
Oxenholme Lake District	d	0813	-	0823		-	0911	0924	1002	1013				
Lancaster	a	0827	-	0838	0858	-	0925	0939	1017	1027				
Lancaster	d	0828	-	0839	0858	-	0926	0939	1018	1028				
Preston	a	0846	-	0857	0916	-	0945	0959	1037	1046				
Wigan North Western	a		-	0910	0928	-		1010	1052					
Manchester Oxford Rd	a	0920	-			-	1020		-	1120				
Manchester Piccadilly	a	0924	-			-	1024		-	1124				
Manchester Airport	a	0941	-			-	1041		-	1141				
Birmingham New Street	a	-	-		1105	-	-		-	-				
London Euston	a	-	-	1110	1234	-	-	1210	-	-				

Notes

- a

Arrival time.

d

Departure time.
- Ⓜ

Metrolink connection available.
- Ⓛ

London Underground connections.
- ✈

Airport.
- ⚓

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- MO

Runs Mondays only.
- MX

Runs Tuesdays to Fridays only.
- LIV

To Liverpool Lime Street.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- ⚙

At-seat trolley service.
- ☒

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Ⓜ

A counter buffet service.
- ◇

Seat reservations available.
- Ⓜ

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Monday to Friday

		NT		AWC	NT	AWC		TP	NT	AWC		NT	TP
		15:00		15:10		15:00		15:10		15:00		15:10	15:10
		15:00		15:10		15:00		15:10		15:00		15:10	15:10
		15:00		15:10		15:00		15:10		15:00		15:10	15:10
Glasgow Central	d	-	0836	-	-	0906	-	0940	-	-			
Edinburgh Waverley	d	-		-	0852		-		-	1012			
Lockerbie		-		-		1010	-		-	1111			
Carlisle	d	-	0949	-	1008	1034	-	1049	-	1133			
Penrith for North Lakes		-	1004	-		1049	-		-	1150			
Windermere	d	0956		-		1057		1147					
Staveley		1001		-		1102		1152					
Burneside		1006		-		1107		1157					
Kendal		1010		-		1111		1201					
Oxenholme Lake District	a	1015		-	1043	1112	1116	1122	1206	1213			
Oxenholme Lake District	d	1017		-	1043	1113	-	1123	-	1214			
Lancaster	a	1032	1038	-	1057	1127	-	1137	-	1228			
Lancaster	d	1032	1038		1057	1128	-	1138	-	1229			
Preston	a	1052	1056	1052	1115	1147	-	1156	-	1247			
Wigan North Western	a		1110	1116	1128		-	1210	-				
Manchester Oxford Rd	a	-		1153		1220	-	-	-	1319			
Manchester Piccadilly	a	-		1157		1224	-	-	-	1323			
Manchester Airport	a	-		1217		1241	-	-	-	1341			
Birmingham New Street	a	-			1305	-	-		-	-			
London Euston	a	-	1308	-	1434h	-	-	1411	-	-			

		AWC		AWC	TP	AWC		NT	TP		TP	TP	NT	AWC
		15:00		15:10		15:00		15:10		15:00		15:10	15:10	15:10
		15:00		15:10		15:00		15:10		15:00		15:10	15:10	15:10
		15:00		15:10		15:00		15:10		15:00		15:10	15:10	15:10
Glasgow Central	d	1040	-	1107	1133	-	1205	-	-	1240				
Edinburgh Waverley	d		1052			-		1212	-					
Lockerbie				1210		-	1306	1311	-					
Carlisle	d	1149	1208	1233	1249	-	1328	1334	-	1349				
Penrith for North Lakes				1248	1303	-	1343	1349	-					
Windermere	d					1307	-	-	1358					
Staveley						1312	-	-	1403					
Burneside						1317	-	-	1408					
Kendal						1321	-	-	1412					
Oxenholme Lake District	a	1223	1241	1311		1326	1406	1412	1417	1422				
Oxenholme Lake District	d	1223	1243	1312		1328	1407	1413	-	1424				
Lancaster	a	1238	1257	1326	1337	1343	1422	1427	-	1437				
Lancaster	d	1238	1257	1327	1338	1348	1423	1428	-	1439				
Preston	a	1257	1315	1345	1357	1406	1441	1446	-	1456				
Wigan North Western	a	1310	1328		1410	1423	1456		-	1510				
Manchester Oxford Rd	a			1419		1453	-	1519	-					
Manchester Piccadilly	a			1424		1457	-	1524	-					
Manchester Airport	a			1441		1517	-	1541	-					
Birmingham New Street	a		1505	-		-	-	-	-					
London Euston	a	1519	1634	-	1610	-	-	-	-	1711				

Notes

- a

Arrival time.

d

Departure time.
- Ⓜ

Metrolink connection available.
- Ⓛ

London Underground connections.
- ✈

Airport.
- ⚓

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- LIV

To Liverpool Lime Street.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- ⚙

At-seat trolley service.
- ☒

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Ⓜ

A counter buffet service.
- ◇

Seat reservations available.
- Ⓜ

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Monday to Friday

		AWC		TP	NT	AWC		TP	NT	AWC		TP	NT	AWC	
		15:00	15:10			15:00	15:10			15:00		15:00			
Glasgow Central	d	-	1309	-	1335	-	-	1434	-	-					
Edinburgh Waverley	d	1252	▼	-	1412	-	-	-	-	1452					
Lockerbie		▼	1409	-	▼	1513	-	▼	-	▼					
Carlisle	d	1408	1434	-	1449	1539	-	1549	-	1608					
Penrith for North Lakes		1422	1449	-		1554	-		-	1621					
Windermere	⚓ d			1459				1600	-						
Staveley				1504				1605	-						
Burneside				1509				1610	▼	-					
Kendal			▼	1513	▼			1614	▼	-					
Oxenholme Lake District	a		1512	1518	1522			1619	1622	↔					
Oxenholme Lake District	d	▼	1513	-	1524	▼		1627	1624	1627	▼				
Lancaster	a	1456	1527	-	1537	1629	↔	1637	1643	1657					
Lancaster	d	1457	1528	-	1539	1630	-	1638	1643	1658					
Preston	a	1515	1546	-	1557	1649	-	1656	1703	1715					
Wigan North Western	a	1528	▼	-	1610	▼	-	1710	1724	1728					
Manchester Oxford Rd	a		1620	-		1720	-		1754						
Manchester Piccadilly	🚶 a		1624	-		1724	-		1758						
Manchester Airport	✈ a	▼	1640	-		1746	-		1818	▼					
Birmingham New Street	a	1705	-	-	▼	-	-	▼	-	1905					
London Euston	🚉 a	1834	-	-	1809	-	-	1908	-	2036					

		TP		AWC	NT	TP		NT	AWC		TP	NT
		15:10	15:00			15:10			15:00	15:00	15:10	
Glasgow Central	d	1508	1540	-	-	1640	-	1707	-			
Edinburgh Waverley	d	▼		-	1612	-	▼	1652	▼	-		
Lockerbie		1609	▼	-	1711	-	▼	▼	1810	-		
Carlisle	d	1631	1649	-	1734	-	1752	1809	1834	-		
Penrith for North Lakes		1646	1703	-	1749	-	1806		1849	-		
Windermere	⚓ d		-	1708		1805				1856		
Staveley			-	1713		1810				1901		
Burneside			-	1718		1815				1906		
Kendal		▼	-	1722	▼	1819	▼	▼	▼	1910		
Oxenholme Lake District	a	1709	-	1727	1812	1824	1829	1842	1912	1915		
Oxenholme Lake District	d	1710	-	-	1813	-	1830	1843	1913	1917		
Lancaster	a	1724	1737	-	1828	-	1844	1857	1928	1933		
Lancaster	d	1725	1737	-	1829	-	1844	1858	1929	1934		
Preston	a	1743	1756	-	1847	-	1903	1916	1946	1953		
Wigan North Western	a	▼	1809	-	-	-	1916	1931	▼	↔		
Manchester Oxford Rd	a	1823		-	1924	-			2020	-		
Manchester Piccadilly	🚶 a	1827		-	1927	-			2024	-		
Manchester Airport	✈ a	1846		-	1946	-		▼	2043	-		
Birmingham New Street	a	-	▼	-	-	-	▼	2104	-	-		
London Euston	🚉 a	-	2010	-	-	-	2119	2241	-	-		

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- 🚶 Metrolink connection available. NT Run by Northern.
- 🚉 London Underground connections. TP Run by TransPennine Express.
- ✈ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↔ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↔ Train continued from an earlier column. ⚓ A counter buffet service.
- ◇ Seat reservations available.
- 🚉 Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Monday to Friday

		AWC	NT	NT	TP	AWC	AWC	TP	AWC	NT
		15:00			15:10	15:00	15:00	15:10	15:00	CRE
Glasgow Central	d	1730	-	-	-	1840	-	1911	2006	-
Edinburgh Waverley	d	▼	-	-	1811	▼	1852	▼	▼	-
Lockerbie		1826	-	-	1912	▼	▼	2008	2104	-
Carlisle	d	1846	-	-	1934	1949	2007	2030	2126	-
Penrith for North Lakes		1901	-	-	1949			2045	2140	-
Windermere	⚓ d		-	1948						2147
Staveley			-	1953						2152
Burneside			-	1958						2157
Kendal		▼	-	2002	▼	▼	▼	▼	▼	2201
Oxenholme Lake District	a	1923	-	2007	2012	2022	2041	2108	2203	2206
Oxenholme Lake District	d	1925	-	-	2013	2024	2041	2109	2204	-
Lancaster	a	1938	-	-	2027	2037	2056	2124	2218	-
Lancaster	d	1939	↔	-	2029	2038	2056	2125	2219	-
Preston	a	1957	1953	-	2046	2056	2114	2142	2237	-
Wigan North Western	a	2011	2027	-	▼	2110	2128	▼	2252	-
Manchester Oxford Rd	a		2054	-	2120			2219	-	-
Manchester Piccadilly	🚶 a		2058	-	2124			2223	-	-
Manchester Airport	✈ a		2120	-	2139		▼	2245	-	-
Birmingham New Street	a	▼	-	-	-	▼	2306	-	-	-
London Euston	🚉 a	2227	-	-	-	2333	0112	-	-	-

		TP	NT
		15:10	
Glasgow Central	d	-	-
Edinburgh Waverley	d	2011	-
Lockerbie		2112	-
Carlisle	d	2135	-
Penrith for North Lakes			-
Windermere	⚓ d		2247
Staveley			2252
Burneside			2257
Kendal		▼	2301
Oxenholme Lake District	a	2210	2306
Oxenholme Lake District	d	2211	2308
Lancaster	a	2225	2323
Lancaster	d	2226	2324
Preston	a	2244	2343
Wigan North Western	a	▼	-
Manchester Oxford Rd	a	2333	-
Manchester Piccadilly	🚶 a	2338	-
Manchester Airport	✈ a	0002	-
Birmingham New Street	a	-	-
London Euston	🚉 a	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- 🚶 Metrolink connection available. NT Run by Northern.
- 🚉 London Underground connections. TP Run by TransPennine Express.
- ✈ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↔ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↔ Train continued from an earlier column. ⚓ A counter buffet service.
- CRE To Crevier.
- ◇ Seat reservations available.
- 🚉 Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Saturday

		AWC		TP	AWC		TP	AWC		NT	TP	AWC		TP
		LIV												
		15R	10	15R	10	15R	10	15R	10	15R	10	15R	10	
Glasgow Central	d	-	-	0426	-	-	-	0452	0532	-				
Edinburgh Waverley	d	-	-		-	-	-	▼				0613		
Lockerbie		-	-		-	-	-	0554				0712		
Carlisle	d	-	-	0544	-	-	-	0623	0647	0734				
Penrith for North Lakes		-	-	0558	-	-	-	0644	0701	0749				
Windermere	d	-	-	-	-	-	-	0642						
Staveley		-	-	-	-	-	-	0647						
Burneside		-	-	-	-	-	-	0652						
Kendal		-	-	-	-	-	-	0656	▼		▼		▼	
Oxenholme Lake District	a	-	-	0621	-	-	-	0701	0707	0723	0812			
Oxenholme Lake District	d	-	-	0621	0627	-	-	0708	0725	0813				
Lancaster	a	-	-	0636	0642	-	-	0722	0738	0827				
Lancaster	d	0538	0629	0636	0643	0658	-	0723	0739	0828				
Preston	a	0555	0647	0653	0702	0715	-	0740	0757	0846				
Wigan North Western	a	0609	▼	0708	0718	0728	-	▼	0811	▼				
Manchester Oxford Rd	a		0720		-	-	-	0820		0920				
Manchester Piccadilly	a		0724		-	-	-	0824		0924				
Manchester Airport	↵		0742		-	-	-	0841		0941				
Birmingham New Street	a	▼		▼		0905	-	-	▼					
London Euston	⌚	a	0812	-	0907	-	-	-	-	1014	-			

		NT	AWC	AWC	NT	TP	AWC	TP	TP	AWC
			15R	15R		10	15R	10	LIV	15R
Glasgow Central	d	-	0630	-	-	0709	0737	-	0810	0836
Edinburgh Waverley	d	-	▼	0652	-	▼		0812	▼	
Lockerbie		-	0726	▼	-	0810	▼	0911	0916	▼
Carlisle	d	-	0747	0807	-	0833	0849	0933	0938	0949
Penrith for North Lakes		-	0801	0822	-	0848		0948	0953	1003
Windermere	d	0756			0850					
Staveley		0801			▼					
Burneside		0806								
Kendal		0810	▼		0901	▼	▼	▼	▼	
Oxenholme Lake District	a	0815	0823		0906	0911	0923	1011	1016	
Oxenholme Lake District	d	-	0824		-	0912	0923	1012	1017	▼
Lancaster	a	-	0838	0856	-	0926	0938	1026	1031	1037
Lancaster	d	-	0839	0856	-	0927	0938	1027	1032	1038
Preston	a	-	0857	0915	-	0946	0957	1046	1050	1056
Wigan North Western	a	-	0910	0928	-	-	1010		1105	1110
Manchester Oxford Rd	a	-			-	1020		1120	-	
Manchester Piccadilly	a	-			-	1024		1124	-	
Manchester Airport	a	-			-	1041		1141	-	
Birmingham New Street	a	-	▼	1105	-	-	▼		-	▼
London Euston	a	-	1110	1233	-	-	1208	-	-	1309

Notes

- a

Arrival time.

d

Departure time.
- 15R

Metrolink connection available.
- 10

London Underground connections.
- 15R

Airport.
- 10

Interchange with Windermere Lake Cruises.
- 15R

Train continued in a later column.
- 10

Train continued from an earlier column.
- LIV

To Liverpool Lime Street.
- 15R

Run by Avanti West Coast.
- 10

Run by Northern.
- 15R

Run by TransPennine Express.
- 10

First Class accommodation.
- 15R

At-seat trolley service.
- 10

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- 15R

A counter buffet service.
- 10

Seat reservations available.
- 15R

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Saturday

		NT	AWC	TP	NT	AWC	NT	TP	AWC	AWC
		15R	10		15R		10	15R	10	15R
Glasgow Central	d	-	-	0909	-	0937	-	-	1040	-
Edinburgh Waverley	d	-	0853	▼	-		-	1012		1052
Lockerbie		-	▼	1012	-		-	1111		▼
Carlisle	d	-	1008	1035	-	1050	-	1135	1149	1207
Penrith for North Lakes		-		1050	-		-	1151		
Windermere	🚢 d	1008			1057		1147			
Staveley		1013			1102		1152			
Burneside		1018			1107		1157			
Kendal		1022	▼	▼	1111	▼	1201	▼	▼	▼
Oxenholme Lake District	a	1027	1041	1113	1116	1123	1206	1214	1223	1241
Oxenholme Lake District	d	1029	1042	1114	-	1124	-	1215	1223	1243
Lancaster	a	1047	1056	1128	-	1138	-	1229	1238	1256
Lancaster	d	1048	1057	1129	-	1139	-	1230	1238	1257
Preston	a	1106	1116	1148	-	1158	-	1248	1256	1316
Wigan North Western	a	1123	1128	▼	-	1210	-	▼	1310	1328
Manchester Oxford Rd	a	1153		1220	-		-	1319		
Manchester Piccadilly	🚆 a	1157		1224	-		-	1323		
Manchester Airport	↩ a	1217	▼	1241	-		-	1341		▼
Birmingham New Street	a	-	1305	-	-	▼	-	-	▼	1505
London Euston	🚆 a	-	1433	-	-	1410	-	-	1521	1633

		TP	AWC	NT	TP	TP	NT	AWC	AWC	TP
		LIV								
		15R	15R		15R	15R		15R	15R	15R
Glasgow Central	d	1107	1133	-	1208	-	-	1240	-	1309
Edinburgh Waverley	d	▼		-	▼	1212	-		1252	▼
Lockerbie		1209	▼	-	1306	1311	-	▼	▼	1409
Carlisle	d	1233	1248	-	1328	1334	-	1349	1408	1433
Penrith for North Lakes		1248	1302	-	1343	1349	-	-	1422	1448
Windermere	d			1307			1358			
Staveley				1312			1403			
Burneside				1317			1408			
Kendal		▼		1321	▼	▼	1412	▼		▼
Oxenholme Lake District	a	1311		1326	1406	1412	1417	1422		1511
Oxenholme Lake District	d	1312	▼	1327	1407	1413	-	1424	▼	1512
Lancaster	a	1326	1336	1342	1421	1427	-	1437	1456	1527
Lancaster	d	1327	1337	1348	1422	1428	-	1439	1456	1528
Preston	a	1346	1356	1406	1441	1446	-	1456	1516	1547
Wigan North Western	a	▼	1410	1423	1456	-	-	1510	1529	▼
Manchester Oxford Rd	a	1419		1453	-	1519	-			1620
Manchester Piccadilly	a	1424		1457	-	1524	-			1624
Manchester Airport	↵	1441		1517	-	1541	-			1641
Birmingham New Street	a	-	▼	-	-	-	-	▼	1706	-
London Euston	⊕	a	-	1608	-	-	-	-	1708	1833

Notes

- a

Arrival time.

d

Departure time.
- 15R

Metrolink connection available.
- 10

London Underground connections.
- 15R

Airport.
- 10

Interchange with Windermere Lake Cruises.
- 15R

Train continued in a later column.
- 10

Train continued from an earlier column.
- LIV

To Liverpool Lime Street.
- 15R

Run by Avanti West Coast.
- 10

Run by Northern.
- 15R

Run by TransPennine Express.
- 10

First Class accommodation.
- 15R

At-seat trolley service.
- 10

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- 15R

A counter buffet service.
- 10

Seat reservations available.
- 15R

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Saturday

		NT	AWC	TP	NT	AWC	NT	AWC	TP	AWC
Glasgow Central	d	-	1335	-	-	1440	-	-	1508	1540
Edinburgh Waverley	d	-		1410	-		-	1452	▼	▼
Lockerbie		-	▼	1509	-	▼	-	▼	1610	▼
Carlisle	d	-	1449	1537	-	1549	-	1608	1633	1649
Penrith for North Lakes		-		1552	-		-	1622	1648	
Windermere	d	1459			1600		-			
Staveley		1504			1605		-			
Burneside		1509			1610		-			
Kendal		1513	▼		1614	▼	-		▼	▼
Oxenholme Lake District	a	1518	1522		1619	1622			1711	1722
Oxenholme Lake District	d	-	1523	▼	1627	1624	1627	▼	1712	1724
Lancaster	a	-	1537	1627		1638	1643	1656	1726	1737
Lancaster	d	-	1538	1628	-	1638	1647	1658	1727	1738
Preston	a	-	1556	1647	-	1656	1705	1716	1745	1756
Wigan North Western	a	-	1610	▼	-	1710	1722	1728	▼	1810
Manchester Oxford Rd	a	-		1720	-		1753		1819	
Manchester Piccadilly	a	-		1724	-		1757		1823	
Manchester Airport	a	-		1741	-		1817	▼	1841	
Birmingham New Street	a	-	▼	-	-	▼	-	1906	-	▼
London Euston	a	-	1808	-	-	1910	-	2055	-	2027

		AWC	NT	TP	NT	AWC	AWC	TP	NT	AWC
Glasgow Central	d	-	-	-	-	1640	-	1709	-	1740
Edinburgh Waverley	d	-	-	1611	-	-	1652	▼	-	▼
Lockerbie		-	-	1710	-	▼	▼	1810	-	1833
Carlisle	d	-	-	1734	-	1752	1808	1833	-	1853
Penrith for North Lakes		-	-	1749	-	-	-	1848	-	1907
Windermere	d	-	1708		1802				1857	
Staveley		-	1713		1807				1902	
Burneside		-	1718		1812				1907	
Kendal		-	1722	▼	1816	▼	▼	▼	1911	▼
Oxenholme Lake District	a	-	1727	1812	1821	1826	1843	1911	1916	1930
Oxenholme Lake District	d	-	-	1813	-	1826	1844	1912	1918	1930
Lancaster	a	-	-	1828	-	1841	1858	1926	1933	1945
Lancaster	d	1758	-	1829	-	1841	1859	1927	1935	1945
Preston	a	1815	-	1848	-	1900	1916	1945	1956	2003
Wigan North Western	a	1828	-	▼	-	1913	1931	▼	↔	2017
Manchester Oxford Rd	a		-	1919	-			2020	-	
Manchester Piccadilly	a		-	1924	-			2024	-	
Manchester Airport	a		▼	1942	-		▼	2040	-	
Birmingham New Street	a	2006	-	-	-	▼	2105	-	-	▼
London Euston	a	2157	-	-	-	2140	2256	-	-	2247

Notes

- a

Arrival time.
- d

Departure time.
- Metrolink connection available.
- London Underground connections.
- Airport.
- Interchange with Windermere Lake Cruises.
- ↔

Train continued in a later column.
- ↔

Train continued from an earlier column.
- LIV

To Liverpool Lime Street.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- First Class accommodation.
- At-seat trolley service.
- Complimentary full meal service for First Class ticket holders and a counter buffet service.
- A counter buffet service.
- ◇

Seat reservations available.
- Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Saturday

		NT	NT	TP	AWC	AWC	TP	NT	NT
Glasgow Central	d	-	-	-	1840	-	1846	-	-
Edinburgh Waverley	d	-	-	1811	▼	1852	-	-	-
Lockerbie		-	-	1911	▼	▼	1955	-	-
Carlisle	d	-	-	1934	1949	2009	2017	-	-
Penrith for North Lakes		-	-	1949	2003	2023	2032	-	-
Windermere	d	-	1948					2143	2229
Staveley		-	1953					2148	2234
Burneside		-	1958					2153	2239
Kendal		-	2002	▼	▼	▼	▼	2157	2243
Oxenholme Lake District	a	-	2007	2012	2026	2045	2055	2202	2248
Oxenholme Lake District	d	-	-	2013	2026	2047	2056	-	2250
Lancaster	a	-	-	2027	2041	2100	2110	-	2305
Lancaster	d	-	-	2028	2041	2102	2111	-	2305
Preston	a	↔	-	2045	2059	2119	2129	-	2324
Wigan North Western	a	2023	-	▼	2113	2133	▼	-	-
Manchester Oxford Rd	a	2054	-	2120				2215	-
Manchester Piccadilly	a	2058	-	2124				2219	-
Manchester Airport	a	2119	-	2142	▼	▼		2237	-
Birmingham New Street	a	-	-	-	2249	2259	-	-	-
London Euston	a	-	-	-	-	-	-	-	-

Notes

- a

Arrival time.
- d

Departure time.
- Metrolink connection available.
- London Underground connections.
- Airport.
- Interchange with Windermere Lake Cruises.
- ↔

Train continued in a later column.
- ↔

Train continued from an earlier column.
- LIV

To Liverpool Lime Street.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- First Class accommodation.
- At-seat trolley service.
- Complimentary full meal service for First Class ticket holders and a counter buffet service.
- A counter buffet service.
- ◇

Seat reservations available.
- Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Sunday

		AWC	AWC	NT	AWC	AWC	NT	AWC	TP	NT
		11:58	12:58		12:58	13:58		13:58	14:58	
Glasgow Central	d	-	-	-	-	-	-	-	-	-
Edinburgh Waverley	d	-	-	-	-	-	-	-	-	-
Lockerbie		-	-	-	-	-	-	-	-	-
Carlisle	d	-	-	-	-	-	-	-	-	-
Penrith for North Lakes		-	-	-	-	-	-	-	-	-
Windermere	d	-	-	-	-	-	-	-	-	1053
Staveley		-	-	-	-	-	-	-	-	1058
Burneside		-	-	-	-	-	-	-	-	1103
Kendal		-	-	-	-	-	-	-	-	1107
Oxenholme Lake District	a	-	-	-	-	-	-	-	-	1112
Oxenholme Lake District	d	-	-	-	-	-	-	-	-	-
Lancaster	a	-	-	0938	-	-	1047	-	-	-
Lancaster	d	-	-	0945	-	-	1048	-	1103	-
Preston	a	09d00	10d00	1004	10d17	10d58	1107	11d17	1121	-
Wigan North Western	a	0911	1012	1023	1028	1109	1123	1128	-	-
Manchester Oxford Rd	a			1052			1150			-
Manchester Piccadilly	a			10756			1156		12v01	-
Manchester Airport	a			11721			1220		-	-
Birmingham New Street	a				1155			1251	-	-
London Euston	a	1209	1243	-	-	1316	-	-	-	-

		TP	AWC	AWC	NT	TP	TP	AWC	NT	AWC
		11:58	12:58	13:58		11:58	12:58	13:58		13:58
Glasgow Central	d	0916	0934	-	-	-	1013	1038	-	-
Edinburgh Waverley	d			-	-	1013			-	1051
Lockerbie		1023		-	-	1112	1117		-	
Carlisle	d	1045	1051	-	-	1135	1139	1153	-	1207
Penrith for North Lakes		1100	1105	-	-	1149	1154	1207	-	
Windermere	d			-	1139				1224	
Staveley				-	1144					
Burneside				-	1149					
Kendal				-	1153				1236	
Oxenholme Lake District	a	1123	1127	-	1158	1212	1217	1229	1241	1242
Oxenholme Lake District	d	1123	1128	-	-	1213	1218	1231	-	1243
Lancaster	a	1137	1142	-	-	1227	1234	1244	-	1257
Lancaster	d	1138	1143	1158	-	1228	1235	1245	-	1257
Preston	a	1156	1201	1215	-	1245	1253	1303	-	1315
Wigan North Western	a		1215	1229	-		1307	1317	-	1329
Manchester Oxford Rd	a	1237			-	1321	-		-	
Manchester Piccadilly	a	1241			-	1325	-		-	
Manchester Airport	a	1256			-	1340	-		-	
Birmingham New Street	a	-		1405	-	-			-	1505
London Euston	a	-	1416	1536	-	-	-	1518	-	1636

Notes

- a

Arrival time.

d

Departure time.
- 12v01

Arrives at Manchester VICTORIA not Manchester Piccadilly.
- 11721

Stations served until 11 September.
- ⚡

Metrolink connection available.
- 🚇

London Underground connections.
- ✈️

Airport.
- 🚢

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- ⚙️

At-seat trolley service.
- 🍽️

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ⚡

A counter buffet service.
- ◇

Seat reservations available.
- Ⓜ️

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Sunday

		TP	AWC	NT	TP	NT	AWC	NT	AWC	NT
		11:58	12:58		11:58	12:58	13:58		13:58	
Glasgow Central	d	1107	1135	-	-	-	1235	-	-	-
Edinburgh Waverley	d			-	1212	-		-	1251	-
Lockerbie		1210		-	1311	-		-		
Carlisle	d	1233	1249	-	1334	-	1349	-	1407	-
Penrith for North Lakes		1248		-	1348	-		-	1422	-
Windermere	d			1308		1359		-		1446
Staveley				1313		1404		-		1451
Burneside				1318		1409		-		1456
Kendal				1322		1413		-		1500
Oxenholme Lake District	a	1311	1322	1327	1411	1418	1422	-		1505
Oxenholme Lake District	d	1312	1323	1329	1412	-	1423	-		
Lancaster	a	1326	1337	1344	1426	-	1437	1446	1456	-
Lancaster	d	1327	1338	1349	1427	-	1438	1449	1457	-
Preston	a	1344	1356	1407	1445	-	1456	1507	1515	-
Wigan North Western	a		1410	1423			1510	1523	1528	-
Manchester Oxford Rd	a	1422		1452	1520	-		1550		-
Manchester Piccadilly	a	1426		1456	1524	-		1557		-
Manchester Airport	a	1441		1518	1540	-		1617		-
Birmingham New Street	a	-		-	-	-		-	1705	-
London Euston	a	-	1611	-	-	-	1711	-	1835	-

		TP	AWC	AWC	NT	TP	TP	AWC	NT	AWC
		11:58	12:58	13:58		11:58	12:58	13:58		13:58
Glasgow Central	d	1306	1332	-	1405	-	-	1435	-	-
Edinburgh Waverley	d			-		1412	-		-	1451
Lockerbie		1409		-		1511	-		-	
Carlisle	d	1433	1449	-	1523	1534	-	1549	-	1607
Penrith for North Lakes		1448		-	1537	1548	-		-	1622
Windermere	d			-			1554		-	
Staveley				-			1559		-	
Burneside				-			1604		-	
Kendal				-			1608		-	
Oxenholme Lake District	a	1511	1522	-	1600	1611	1613	1622	-	
Oxenholme Lake District	d	1514	1523	-	1601	1612	1615	1623	-	
Lancaster	a	1529	1537	-	1615	1626	1631	1637	1657	
Lancaster	d	1530	1538	-	1616	1627	1648	1638	1648	1657
Preston	a	1547	1556	16d20	1634	1644		1656	1706	1716
Wigan North Western	a		1610	1631	1649			1710	1723	1730
Manchester Oxford Rd	a	1620			-	1720	-		1751	
Manchester Piccadilly	a	1624			-	1724	-		1755	
Manchester Airport	a	1640			-	1740	-		1818	
Birmingham New Street	a	-		1805	-	-	-		-	1906
London Euston	a	-	1811	1940	-	-	-	1911	-	2035

Notes

- a

Arrival time.

d

Departure time.
- 12v01

Arrives at Manchester VICTORIA not Manchester Piccadilly.
- 11721

Stations served until 11 September.
- ⚡

Metrolink connection available.
- 🚇

London Underground connections.
- ✈️

Airport.
- 🚢

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- ⚙️

At-seat trolley service.
- 🍽️

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ⚡

A counter buffet service.
- ◇

Seat reservations available.
- Ⓜ️

Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Sunday

		TP	NT	AWC	AWC	TP	NT	AWC	AWC	TP
		1505	-	1535	-	-	-	1638	-	1703
Glasgow Central	d	1505	-	1535	-	-	-	1638	-	1703
Edinburgh Waverley	d	1613	-	-	-	1614	-	1651	-	
Lockerbie		1613	-	-	-	1713	-	1805	-	
Carlisle	d	1635	-	1649	-	1736	-	1751	1807	1828
Penrith for North Lakes		1650	-	-	-	1750	-	1805	-	1843
Windermere	d	1659	-	-	-	1800	-	-	-	-
Staveley		1704	-	-	-	1805	-	-	-	-
Burneside		1709	-	-	-	1810	-	-	-	-
Kendal		1713	-	-	-	1814	-	-	-	-
Oxenholme Lake District	a	1713	1718	1722	-	1813	1819	1827	1842	1906
Oxenholme Lake District	d	1714	-	1724	-	1814	-	1828	1842	1907
Lancaster	a	1728	-	1737	-	1828	-	1842	1857	1922
Lancaster	d	1729	-	1738	-	1829	-	1843	1857	1923
Preston	a	1747	-	1756	18d17	1846	-	1901	1915	1940
Wigan North Western	a	1747	-	1810	1828	1915	1929	-	-	-
Manchester Oxford Rd	a	1821	-	-	-	1921	-	-	-	2015
Manchester Piccadilly	a	1825	-	-	-	1925	-	-	-	2019
Manchester Airport	a	1840	-	-	-	1940	-	-	-	2039
Birmingham New Street	a	-	-	2005	-	-	-	2051	-	-
London Euston	a	-	-	2011	2148	-	-	2118	-	-

		NT	AWC	NT	TP	NT	AWC	NT	TP	NT
		1734	-	-	-	-	-	1915	-	
Glasgow Central	d	1734	-	-	-	-	-	1915	-	
Edinburgh Waverley	d	1813	-	-	-	1851	-	2016	-	
Lockerbie		1831	-	1913	-	2004	-	2038	-	
Carlisle	d	1851	-	1936	-	2004	-	2038	-	
Penrith for North Lakes		1906	-	1950	-	2019	-	2053	-	
Windermere	d	1901	-	1957	2047	2147	-	-	-	
Staveley		1907	-	2002	2052	2152	-	-	-	
Burneside		1912	-	2007	2057	2157	-	-	-	
Kendal		1916	-	2011	2101	2201	-	-	-	
Oxenholme Lake District	a	1921	1928	-	2013	2016	2042	2106	2116	2206
Oxenholme Lake District	d	1922	1929	-	2014	-	2043	-	2117	2215
Lancaster	a	1937	1943	-	2028	-	2057	-	2131	2215
Lancaster	d	1939	1944	-	2029	-	2057	-	2132	-
Preston	a	1958	2002	2046	-	2115	-	2150	-	-
Wigan North Western	a	2016	2023	-	-	2129	-	2150	-	-
Manchester Oxford Rd	a	-	2052	2120	-	-	-	2223	-	-
Manchester Piccadilly	a	-	2056	2123	-	-	-	2227	-	-
Manchester Airport	a	-	2116	2138	-	-	-	2241	-	-
Birmingham New Street	a	-	-	-	-	2300	-	-	-	-
London Euston	a	-	2253	-	-	-	-	-	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. 1 First Class accommodation.
- Interchange with Windermere Lake Cruises. 2 At-seat trolley service.
- Train continued in a later column. 3 Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. 4 A counter buffet service.
- Seat reservations available. 5 Seat reservations recommended.

Carlisle/Windermere • Preston • Manchester

Sunday

		TP	NT
		2015	-
Glasgow Central	d	2015	-
Edinburgh Waverley	d	2114	-
Lockerbie		2114	-
Carlisle	d	2137	-
Penrith for North Lakes		-	-
Windermere	d	-	-
Staveley		-	-
Burneside		-	-
Kendal		-	-
Oxenholme Lake District	a	2212	2215
Oxenholme Lake District	d	2213	2215
Lancaster	a	2227	2232
Lancaster	d	2227	2232
Preston	a	2245	2251
Wigan North Western	a	-	-
Manchester Oxford Rd	a	2318	-
Manchester Piccadilly	a	2322	-
Manchester Airport	a	2338	-
Birmingham New Street	a	-	-
London Euston	a	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. 1 First Class accommodation.
- Interchange with Windermere Lake Cruises. 2 At-seat trolley service.
- Train continued in a later column. 3 Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. 4 A counter buffet service.
- Seat reservations available. 5 Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

	TP	NT	NT	TP	AWC	NT	TP	AWC	NT
	11:00			11:00	11:00		11:00	11:00	
London Euston	d	-	-	-	-	-	-	0531	-
Birmingham New Street	d	-	-	-	0615	-	-	-	-
Manchester Airport	d	-	-	-	0610	-	0710	-	-
Manchester Piccadilly	d	0457	-	-	0626	-	0726	-	-
Manchester Oxford Rd	d	-	-	-	0629	-	0730	-	-
Wigan North Western	d	-	-	-	0738	-	0800	-	-
Preston	d	0536	-	-	0704	0753	0803	0815	-
Lancaster	a	0551	-	-	0719	0808	0818	0830	-
Lancaster	d	0551	0600	-	0720	0808	0819	0830	-
Oxenholme Lake District	a	0604	0614	-	0733	0822	-	0844	-
Oxenholme Lake District	d	0605	0616	0729	0734	0823	0827	0844	0930
Kendal		-	0621	0733	-	0831	-	0934	-
Burneside		-	0625	0737	-	0835	-	0938	-
Staveley		-	0630	0742	-	0840	-	0943	-
Windermere	a	-	0636	0748	-	0846	-	0949	-
Penrith for North Lakes		0631	-	-	0759	-	0855	-	-
Carlisle	d	0650	-	-	0816	0901	0912	0922	-
Lockerbie		0709	-	-	0835	-	0931	-	-
Edinburgh Waverley	a	-	-	-	0938	1018	-	-	-
Glasgow Central	a	0820	-	-	-	-	1034	1037	-

	TP	TP	NT	AWC	NT	AWC	TP	AWC	NT
	11:00	11:00		11:00	11:00	11:00	11:00	11:00	
London Euston	d	-	-	-	0730	-	0643	-	0830
Birmingham New Street	d	-	-	-	-	0815	-	-	-
Manchester Airport	d	-	0810	0827	-	-	0910	-	-
Manchester Piccadilly	d	-	0827	0848	-	-	0926	-	-
Manchester Oxford Rd	d	-	0830	0851	-	-	0930	-	-
Wigan North Western	d	0844	-	0921	0926	0938	-	1026	-
Preston	d	0900	0903	0944	0941	0944	0952	1006	1041
Lancaster	a	-	0918	-	0955	1001	1008	1021	1057
Lancaster	d	-	0919	-	0956	1002	1008	1022	1057
Oxenholme Lake District	a	-	0932	-	-	1020	1021	1035	1110
Oxenholme Lake District	d	-	0933	-	-	1021	1022	1036	1110
Kendal		-	-	-	-	1026	-	-	1125
Burneside		-	-	-	-	1029	-	-	1129
Staveley		-	-	-	-	1034	-	-	1134
Windermere	a	-	-	-	-	1041	-	-	1140
Penrith for North Lakes		0950	-	-	1032	-	-	1101	1136
Carlisle	d	1007	1013	-	1048	-	1102	1118	1152
Lockerbie		1027	1032	-	-	-	-	1138	-
Edinburgh Waverley	a	-	1136	-	-	-	1218	-	-
Glasgow Central	a	1131	-	-	1202	-	-	1239	1304

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. First Class accommodation.
- Interchange with Windermere Lake Cruises. At-seat trolley service.
- Train continued in a later column. Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. A counter buffet service.
- Calls Carstairs at 0744. Seat reservations available.
- Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

	TP	AWC	AWC	TP	NT	NT	AWC	NT	TP
	11:00	11:00	11:00	11:00			11:00		11:00
London Euston	d	-	0930	0843	-	-	-	1030	-
Birmingham New Street	d	-	-	1015	-	-	-	-	-
Manchester Airport	d	1010	1141	1153	1204	-	1128	-	1210
Manchester Piccadilly	d	1026	-	-	1126	-	1147	-	1226
Manchester Oxford Rd	d	1030	-	-	1130	-	1150	-	1230
Wigan North Western	d	-	1126	1138	-	-	1221	1226	-
Preston	d	1104	1141	1153	1204	-	1245	1241	1245
Lancaster	a	-	1155	1208	1219	-	-	1256	1302
Lancaster	d	-	1156	1208	1220	-	-	1257	1302
Oxenholme Lake District	a	-	-	-	1221	1233	-	1310	1331
Oxenholme Lake District	d	-	-	-	1222	1234	1239	1311	1332
Kendal		-	-	-	-	1243	-	-	1337
Burneside		-	-	-	-	1247	-	-	1340
Staveley		-	-	-	-	1252	-	-	1345
Windermere	a	-	-	-	-	1258	-	-	1351
Penrith for North Lakes		-	1232	-	1259	-	-	1337	-
Carlisle	d	1207	1248	1302	1315	-	-	1400	-
Lockerbie		1226	-	-	1335	-	-	-	-
Edinburgh Waverley	a	1326	-	1418	-	-	-	-	1537
Glasgow Central	a	-	1402	-	1439	-	-	1516	-

	AWC	AWC	TP	NT	AWC	TP	NT	NT	AWC
	11:00	11:00	11:00		11:00	11:00			11:00
London Euston	d	1130	1043	-	-	1230	-	-	1330
Birmingham New Street	d	-	1215	-	-	-	-	-	-
Manchester Airport	d	-	-	1310	-	-	1410	-	1428
Manchester Piccadilly	d	-	-	1326	-	-	1426	-	1447
Manchester Oxford Rd	d	-	-	1330	-	-	1430	-	1450
Wigan North Western	d	1326	1338	-	-	1426	-	1521	1526
Preston	d	1341	1353	1405	-	1441	1503	-	1546
Lancaster	a	1355	1408	1420	-	1455	1518	-	-
Lancaster	d	1356	1408	1421	-	1456	1519	-	-
Oxenholme Lake District	a	1409	-	1433	-	1510	1532	-	1606
Oxenholme Lake District	d	1410	-	1435	1439	1511	1533	1537	1607
Kendal		-	-	-	1443	-	-	1541	-
Burneside		-	-	-	-	-	-	1545	-
Staveley		-	-	-	-	-	-	1550	-
Windermere	a	-	-	-	1455	-	-	1556	-
Penrith for North Lakes		-	1444	1500	-	1536	1559	-	1632
Carlisle	d	1448	1501	1516	-	1552	1616	-	1649
Lockerbie		-	-	1536	-	-	1634	-	-
Edinburgh Waverley	a	-	1618	-	-	-	1739	-	-
Glasgow Central	a	1600	-	1641	-	1711	-	-	1800

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. First Class accommodation.
- Interchange with Windermere Lake Cruises. At-seat trolley service.
- Train continued in a later column. Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. A counter buffet service.
- Seat reservations available.
- Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		NT	AWC	TP	AWC	TP	TP	NT	AWC	AWC
		1234		1234	1234	1234		1234	1234	
London Euston	d	-	1243	-	1430	-	-	-	1530	1443
Birmingham New Street	d	-	1415	-		-	-	-		1615
Manchester Airport	d	-		1510		-	1610	-		
Manchester Piccadilly	d	-		1526		-	1626	-		
Manchester Oxford Rd	d	-		1530		-	1630	-		
Wigan North Western	d	1538	1626	1644		-	1726	1738		
Preston	d	1546	1553	1604	1641	1701	1705	-	1741	1753
Lancaster	a	1603	1607	1619	1656	1717	1722	-	1755	1809
Lancaster	d	1603	1608	1620	1656	1718	1723	-	1756	1810
Oxenholme Lake District	a	1630		1633	1710		1736	-	1809	1823
Oxenholme Lake District	d	1631		1633	1711		1736	1742	1810	1825
Kendal		1636					1746			
Burneside		1639					1750			
Staveley		1644					1755			
Windermere	a	1651					1801			
Penrith for North Lakes		-	1645	1658	1737	1754		-		1849
Carlisle	d	-	1703	1715	1752	1811	1816	-	1848	1906
Lockerbie		-		1734			1835	-		
Edinburgh Waverley	a	-	1821				1944	-		2025
Glasgow Central	a	-	-	1838	1916	1952	-	-	2001	-

		NT	TP	NT	AWC	NT	TP	AWC	AWC	AWC
		1234		1234	1234	1234	1234	1234	1234	1234
London Euston	d	-	-	-	1630	-	-	1657	1730	1643
Birmingham New Street	d	-	-	-		-	-			1815
Manchester Airport	d	-	1710	1727		-	1810			
Manchester Piccadilly	d	-	1727	1747		-	1826			
Manchester Oxford Rd	d	-	1730	1751		-	1830			
Wigan North Western	d	-		1820	1826	1900	1926	1940		
Preston	d	-	1804	1845	1841	1845	1905	1914	1941	1955
Lancaster	a	-	1819		1855	1902	1920	1929	1955	2010
Lancaster	d	-	1820	-	1857	1902	1921	1930	1956	2011
Oxenholme Lake District	a	-	1833	-	-	1920	1934	1943	2009	
Oxenholme Lake District	d	1829	1833	-	-	1922	1935	1945	2010	
Kendal		1833		-	-	1926				
Burneside		1837		-	-	1930				
Staveley		1842		-	-	1935				
Windermere	a	1848		-	-	1942				
Penrith for North Lakes		-	1859	-	1932	-	2001	2010		2050
Carlisle	d	-	1915	-	1948	-	2018	2025	2048	2106
Lockerbie		-	1935	-	-	-	2037	2044		
Edinburgh Waverley	a	-		-		-	2140			2222
Glasgow Central	a	-	2039	-	2059	-	-	2144	2210	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. 1 First Class accommodation.
- Interchange with Windermere Lake Cruises. 2 At-seat trolley service.
- Train continued in a later column. 3 Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. 4 A counter buffet service.
- Seat reservations available.
- Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Monday to Friday

		TP	AWC	AWC	NT	AWC	TP	AWC	AWC	NT
		1234		1234		1234	1234	1234	1234	1234
London Euston	d	-	1757	1830	-	1743	-	1846	1930	-
Birmingham New Street	d	-			-	1915	-			-
Manchester Airport	d	1910			-	2007				-
Manchester Piccadilly	d	1926			-	2026				-
Manchester Oxford Rd	d	1930			-	2030				-
Wigan North Western	d		2003	2026	-	2038		2114	2127	-
Preston	d	2011	2017	2041	-	2053	2105	21a31	2143	-
Lancaster	a	2026	2033	2055	-	2108	2120	-	2156	-
Lancaster	d	2027	-	2056	-	2108	2121	-	2158	-
Oxenholme Lake District	a	2040	-	2109	-	2123	2134	-	2211	-
Oxenholme Lake District	d	2041	-	2111	2120	2124	2135	-	2212	2222
Kendal			-		2124			-		2226
Burneside			-		2128			-		2230
Staveley			-		2133			-		2235
Windermere	a		-		2139			-		2241
Penrith for North Lakes		2106	-	2136	-		2200	-	2237	-
Carlisle	d	2123	-	2151	-	2203	2217	-	2252	-
Lockerbie		2145	-	2210	-		2236	-		-
Edinburgh Waverley	a		-		-		2341	-		-
Glasgow Central	a	2248	-	2310	-	2317	-	-	0006	-

		TP	AWC	AWC
		1234	1234	1234
London Euston	d	-	2030	2110
Birmingham New Street	d	-		
Manchester Airport	d	2106		
Manchester Piccadilly	d	2122		
Manchester Oxford Rd	d	2125		
Wigan North Western	d		2247	2332
Preston	d	2217	23a03	23a50
Lancaster	a	2237	-	-
Lancaster	d	-	-	-
Oxenholme Lake District	a	-	-	-
Oxenholme Lake District	d	-	-	-
Kendal		-	-	-
Burneside		-	-	-
Staveley		-	-	-
Windermere	a	-	-	-
Penrith for North Lakes		-	-	-
Carlisle	d	-	-	-
Lockerbie		-	-	-
Edinburgh Waverley	a	-	-	-
Glasgow Central	a	-	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- Metrolink connection available. NT Run by Northern.
- London Underground connections. TP Run by TransPennine Express.
- Airport. 1 First Class accommodation.
- Interchange with Windermere Lake Cruises. 2 At-seat trolley service.
- Train continued in a later column. 3 Complimentary full meal service for First Class ticket holders and a counter buffet service.
- Train continued from an earlier column. 4 A counter buffet service.
- FO Runs Fridays only. Seat reservations available.
- Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Saturday

		TP	NT	NT	TP	AWC	NT	TP	AWC	NT
		15:00			15:00	15:00		15:00	15:00	
London Euston	🚉 d	-	-	-	-	-	-	-	0606	-
Birmingham New Street	d	-	-	-	-	0615	-	-	-	-
Manchester Airport	✈️ d	-	-	-	0610	-	-	0710	-	-
Manchester Piccadilly	🚉 d	0500	-	-	0626	-	-	0726	-	-
Manchester Oxford Rd	d	-	-	-	0629	▼	-	0730	▼	-
Wigan North Western	d	▼	-	-	▼	0738	-	▼	0823	-
Preston	d	0535	-	-	0704	0753	-	0803	0838	-
Lancaster	a	0550	-	-	0719	0808	-	0818	0853	-
Lancaster	d	0551	0600	-	0720	0808	-	0819	0853	-
Oxenholme Lake District	a	0604	0614	-	0733	0822	-	-	0907	-
Oxenholme Lake District	d	0605	0616	0729	0734	0823	0827	-	0907	0920
Kendal			0621	0733			0831			0924
Burneside			0625	0737			0835			0928
Staveley			0630	0742			0840			0933
Windermere	🛥️ a	▼	0636	0748	▼		0846		▼	0939
Penrith for North Lakes		0631	-	-	0759	▼	-	0855	0933	-
Carlisle	d	0649	-	-	0816	0902	-	0915	0950	-
Lockerbie		0707	-	-	0835	▼	-	0935	▼	-
Edinburgh Waverley	a	▼	-	-	0938	1018	-	▼	▼	-
Glasgow Central	a	0822	-	-	-	-	-	1039	1059	-

		TP	TP	NT	AWC	NT	AWC	NT	TP	AWC	
		15:00	15:00		15:00	15:00	15:00	15:00	15:00	15:00	
London Euston	🚉	d	-	-	-	0730	-	-	-	0830	
Birmingham New Street		d	-	-	-	-	0815	-	-	-	
Manchester Airport	✈️	d	-	0810	0828	-	-	-	0910	-	
Manchester Piccadilly	🚉	d	-	0827	0848	-	-	-	0926	-	
Manchester Oxford Rd		d	-	0830	0851	▼	-	▼	0930	▼	
Wigan North Western		d	0843	▼	0921	0926	1038	0938	-	▼	1025
Preston		d	0900	0903	0945	0942	0945	0953	-	1007	1041
Lancaster		a		0918	1038	0956	1002	1008	-	1022	1055
Lancaster		d		0919	-	0956	1003	1009	-	1023	1056
Oxenholme Lake District		a		0932	-		1032	1022	1038	1036	1109
Oxenholme Lake District		d		0933	-		1033	1024	1033	1037	1110
Kendal					-		1038				
Burneside					-						
Staveley					-						
Windermere	🛥️	a	▼		-				1051		▼
Penrith for North Lakes			0950	▼	-	1032	-	▼	-	1102	1136
Carlisle		d	1009	1013	-	1048	-	1102	-	1118	1156
Lockerbie			1028	1032	-	-	-	-	-	1138	-
Edinburgh Waverley		a	▼	1137	-	▼	-	1218	-	-	▼
Glasgow Central		a	1130	-	-	1201	-	-	-	1241	1308

Notes

- a

Arrival time.
- d

Departure time.
- 🚉

Metrolink connection available.
- 🚉

London Underground connections.
- ✈️

Airport.
- 🛥️

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- Calls Carstairs at 0746.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- 🛴

At-seat trolley service.
- 🍽️

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- 🍽️

A counter buffet service.
- ◇

Seat reservations available.
- 📅

Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Saturday

		NT	TP	AWC	AWC	TP	NT	NT	AWC	NT	
		15:00	15:00	15:00	15:00	15:00			15:00		
London Euston	🚉	d	-	-	0930	0843	-	-	-	1030	-
Birmingham New Street		d	-	-		1015	-	-	-		-
Manchester Airport	✈️	d	-	1010			1110	-	1128		-
Manchester Piccadilly	🚉	d	-	1026			1126	-	1147		-
Manchester Oxford Rd		d	-	1030	▼	▼	1130	-	1150	▼	-
Wigan North Western		d	-	▼	1125	1138	▼	-	1216	1225	1138
Preston		d	-	1104	1141	1153	1204	-	1245	1241	1245
Lancaster	a	-	-		1155	1208	1219	-	1255	1303	
Lancaster	d	-	-		1156	1209	1220	-	-	1256	1313
Oxenholme Lake District	a	-	-			1222	1233	-	-	1309	1331
Oxenholme Lake District	d	1121				1223	1234	1239	-	1310	1332
Kendal			1125					1243	-	-	1337
Burneside			1129					1247	-	-	1340
Staveley			1134					1252	-	-	1345
Windermere	🛥️	a	1140	▼	▼	▼	▼	1258	-	-	1352
Penrith for North Lakes			-	▼	1232	▼	1259	-	-	▼	-
Carlisle	d	-	1207	1248	1302	1315	-	-	-	1348	-
Lockerbie		-	1226	▼	▼	1335	-	-	-	-	-
Edinburgh Waverley	a	-	1332	▼	1417	▼	-	-	-	▼	-
Glasgow Central	a	-	-	1400	-	1438	-	-	-	1500	-

		TP	AWC	AWC	TP	NT	AWC	TP	NT	NT
		15:00	15:00	15:00	15:00		15:00	15:00		
London Euston	🚉	d	-	1130	1043	-	-	1230	-	-
Birmingham New Street		d	-		1215	-	-		-	-
Manchester Airport	✈️	d	1210			1310	-		1410	- 1428
Manchester Piccadilly	🚉	d	1226			1326	-		1426	- 1447
Manchester Oxford Rd		d	1230	▼	▼	1330	-	▼	1430	- 1450
Wigan North Western		d	▼	1325	1338	▼	-	1427	▼	- 1520
Preston		d	1305	1341	1353	1405	-	1441	1503	- 1545
Lancaster		a	1320	1354	1408	1420	-	1455	1518	- 1560
Lancaster		d	1321	1356	1408	1421	-	1456	1519	- -
Oxenholme Lake District		a	1334	1409		1433	-	1510	1532	- -
Oxenholme Lake District		d	1335	1410		1435	1439	1511	1533	1537 -
Kendal							1443			1541 -
Burneside										1545 -
Staveley										1550 -
Windermere	🛥️	a					1455			1556 -
Penrith for North Lakes			▼	▼	1444	1501	-	1536	1559	- -
Carlisle		d	1415	1448	1501	1517	-	1601	1616	- -
Lockerbie			1434		▼	1537	-		1634	- -
Edinburgh Waverley		a	1539	▼	1617	▼	-	▼	1737	- -
Glasgow Central		a	-	1600	-	1642	-	1717	-	-

Notes

- a

Arrival time.
- d

Departure time.
- 🚉

Metrolink connection available.
- 🚉

London Underground connections.
- ✈️

Airport.
- 🛥️

Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- ←

Train continued from an earlier column.
- AWC

Run by Avanti West Coast.
- NT

Run by Northern.
- TP

Run by TransPennine Express.
- 1

First Class accommodation.
- 🛴

At-seat trolley service.
- 🍽️

Complimentary full meal service for First Class ticket holders and a counter buffet service.
- 🍽️

A counter buffet service.
- ◇

Seat reservations available.
- 📅

Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Saturday

		AWC	NT	AWC	TP	AWC	NT	TP	TP	AWC
		15:00		15:00	15:00	15:00		15:00	15:00	15:00
London Euston	d	1330	-	1243	-	1430	-	-	-	1530
Birmingham New Street	d		-	1415	-		-	-	-	
Manchester Airport	↵	d	-		1510		-	-	1610	
Manchester Piccadilly	↵	d	-		1526		-	-	1626	
Manchester Oxford Rd	d	↓		↓	1530	↓	-	-	1630	↓
Wigan North Western	d	1525	↵	1538	▼	1625	-	1644	▼	1725
Preston	d	1541	1545	1552	1604	1641	-	1702	1707	1741
Lancaster	a	1555	1602	1608	1619	1656	-	1718	1723	1755
Lancaster	d	1555	1603	1609	1620	1656	-	1719	1723	1756
Oxenholme Lake District	a	1610	1630		1633		-		1736	1809
Oxenholme Lake District	d	1611	1631		1634		1736		1737	1810
Kendal			1636				1740			
Burneside			1639				1744			
Staveley			1644				1749			
Windermere	⚓ a		1651	↓	↓	↓	1755	↓		
Penrith for North Lakes		↓	-	1644	1659	1731	-	1755	↓	↓
Carlisle	d	1650	-	1702	1716	1748	-	1812	1817	1848
Lockerbie			-	↓	1735		-		1836	
Edinburgh Waverley	a	↓	-	1822	↓	↓	-	↓	1939	↓
Glasgow Central	a	1800	-	-	1839	1859	-	1932	-	2003

		AWC	NT	TP	NT	AWC	NT	AWC	TP	AWC
		15:00				15:00		15:00	15:00	15:00
London Euston	↻ d	1443	-	-	-	1630	-	1543	-	1730
Birmingham New Street	d	1615	-	-	-		-	1715	-	
Manchester Airport	↵ d		-	1710	1728		-		1810	
Manchester Piccadilly	↵ d		-	1727	1748		-		1826	
Manchester Oxford Rd	d	↓	-	1730	1751	↓	-	↓	1830	↓
Wigan North Western	d	1738	-	↓	1820	1826	↵	1838	▼	1926
Preston	d	1753	-	1804	1845	1842	1845	1854	1905	1942
Lancaster	a	1808	-	1819	↵	1856	1902	1908	1920	1956
Lancaster	d	1808	-	1820	-	1856	1903	1909	1921	1956
Oxenholme Lake District	a	1822	-	1833	-	1910	1921	1923	1934	2009
Oxenholme Lake District	d	1824	1829	1834	-	1910	1922	1923	1935	2010
Kendal			1833		-		1927			
Burneside			1837		-		1930			
Staveley			1842		-		1935			
Windermere	⚓ a	↓	1848	↓	-	↓	1941	↓		↓
Penrith for North Lakes		1849	-	1859	-	1936	-	↓	2001	2036
Carlisle	d	1906	-	1915	-	1953	-	2002	2018	2052
Lockerbie		↓	-	1935	-		-		2037	
Edinburgh Waverley	a	2022	-	↓	-	↓	-	↓	2140	↓
Glasgow Central	a	-	-	2040	-	2104	-	2125	-	2208

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- ↵ Metrolink connection available. NT Run by Northern.
- ↻ London Underground connections. TP Run by TransPennine Express.
- ↵ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↵ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↵ Train continued from an earlier column. ⚓ A counter buffet service.
- ◇ Seat reservations available.
- Ⓜ Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Saturday

		TP	AWC	NT	AWC	NT	AWC	AWC
		15:00	15:00		15:00		15:00	15:00
London Euston	↻ d	-	1830	-	1743	-	1930	2031
Birmingham New Street	d	-		-	1915	-		
Manchester Airport	↵ d	1910		-		-		
Manchester Piccadilly	↵ d	1926		-		-		
Manchester Oxford Rd	d	1930	↓	-	↓	-	↓	↓
Wigan North Western	d	↓	2026	-	2037	-	2134	2300
Preston	d	2006	2042	-	20a51	-	21a47	23a16
Lancaster	a	2021	2056	-	-	-	-	-
Lancaster	d	2022	2056	-	-	-	-	-
Oxenholme Lake District	a	2035	2110	-	-	-	-	-
Oxenholme Lake District	d	2036	2111	2120	-	2206	-	-
Kendal				2124	-	2210	-	-
Burneside				2128	-	2214	-	-
Staveley				2133	-	2219	-	-
Windermere	⚓ a	↓	↓	2139	-	2225	-	-
Penrith for North Lakes		2101	2136	-	-	-	-	-
Carlisle	d	2118	2152	-	-	-	-	-
Lockerbie		2137	2211	-	-	-	-	-
Edinburgh Waverley	a	↓	↓	-	-	-	-	-
Glasgow Central	a	2240	2312	-	-	-	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- ↵ Metrolink connection available. NT Run by Northern.
- ↻ London Underground connections. TP Run by TransPennine Express.
- ↵ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↵ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↵ Train continued from an earlier column. ⚓ A counter buffet service.
- ◇ Seat reservations available.
- Ⓜ Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Sunday

		NT	NT	TP	TP	AWC	NT	AWC	TP	TP
		●	■	▶	■	■	■	■	■	■
		08v55	0853	0923	0923	0905	0905	0845	0920	1010
London Euston	d	-	-	-	-	-	-	-	-	-
Birmingham New Street	d	-	-	-	-	-	-	-	-	-
Manchester Airport	d	-	-	0905	0905	-	-	-	-	1010
Manchester Piccadilly	d	08v55	0853	0923	0923	-	-	-	-	1026
Manchester Oxford Rd	d	▼	0856	0928	0928	-	-	-	-	1031
Wigan North Western	d	0920	0920	▼	▼	1008	-	1039	1045	▼
Preston	d	0948	0948	1005	1019	1022	-	1052	1100	1108
Lancaster	a	1005	1005	1020	1034	-	-	-	-	1124
Lancaster	d	1006	1006	1021	1037	-	-	-	-	1125
Oxenholme Lake District	a	1022	1022	1034	-	-	-	-	-	1138
Oxenholme Lake District	d	1030	1030	1035	-	1117	-	-	-	1139
Kendal		1034	1034	-	-	1121	-	-	-	-
Burneside		1038	1038	-	-	1124	-	-	-	-
Staveley		1043	1043	-	-	1129	-	-	-	-
Windermere	a	1049	1049	▼	▼	-	1135	-	▼	▼
Penrith for North Lakes		-	-	1100	▼	-	-	-	1149	▼
Carlisle	d	-	-	1116	1131	-	-	-	1206	1220
Lockerbie		-	-	1137	▼	-	-	-	-	1238
Edinburgh Waverley	a	-	-	▼	▼	-	-	-	▼	1343
Glasgow Central	a	-	-	1245	1253	-	-	-	1323	-

		NT	AWC	AWC	AWC	TP	NT	NT	AWC
		■	■	■	■	■	■	■	■
London Euston	d	-	-	0847	-	-	-	-	0946
Birmingham New Street	d	-	-	-	1020	-	-	-	-
Manchester Airport	d	-	-	-	-	1110	-	1132	-
Manchester Piccadilly	d	-	-	-	-	1125	-	1151	-
Manchester Oxford Rd	d	-	-	▼	▼	1129	-	1154	1154
Wigan North Western	d	-	1054	1126	1140	▼	1219	1219	1225
Preston	d	-	1116	1141	1155	1205	-	1245	1245
Lancaster	a	-	1134	1157	1210	1220	-	1255	-
Lancaster	d	-	-	1157	1210	1221	-	-	1255
Oxenholme Lake District	a	-	-	1211	1224	1234	-	-	1309
Oxenholme Lake District	d	1202	-	1211	1225	1235	1245	-	1309
Kendal		1206	-	-	-	-	1249	-	-
Burneside		▼	-	-	-	-	1253	-	-
Staveley		▼	-	-	-	-	1258	-	-
Windermere	a	1219	-	▼	▼	▼	1304	-	▼
Penrith for North Lakes		-	-	1237	▼	1301	-	-	1335
Carlisle	d	-	-	1253	1305	1317	-	-	1351
Lockerbie		-	-	-	▼	1337	-	-	-
Edinburgh Waverley	a	-	-	▼	▼	1421	▼	-	▼
Glasgow Central	a	-	-	1410	-	1445	-	-	1507

Notes

- a Arrival time. d Departure time.
- Metrolink connection available.
- London Underground connections.
- Airport.
- Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- Train continued from an earlier column.

AWCRun by Avanti West Coast.

NT Run by Northern.

TP Run by TransPennine Express.

- Runs from 26 June.
- Runs until 19 June.
- Runs from 18 September.
- Runs until 11 September.
- Runs until 30 October.
- Runs until 23 October.

08v55 Departs from Manchester VICTORIA not Manchester Piccadilly.

See next page for all other note codes.

Manchester • Preston • Windermere/Carlisle

Sunday

		NT	AWC	TP	AWC	NT	AWC	TP	AWC	NT
		■	■	■	■	■	■	■	■	■
London Euston	d	-	-	-	1046	-	-	-	1228	-
Birmingham New Street	d	-	1120	-	-	-	1220	-	-	-
Manchester Airport	d	-	-	-	-	-	-	1310	-	-
Manchester Piccadilly	d	-	-	12v31	-	-	-	1326	-	-
Manchester Oxford Rd	d	-	▼	▼	▼	-	▼	1330	-	-
Wigan North Western	d	1245	1254	1306	1341	-	1353	1404	1442	-
Preston	d	1302	-	1321	1356	-	1409	1420	1457	-
Lancaster	d	1302	-	1322	1357	-	1409	1422	1459	-
Oxenholme Lake District	a	1333	-	1335	1410	-	-	1435	1511	-
Oxenholme Lake District	d	1333	-	1335	1411	1422	-	1436	1513	1529
Kendal		1338	-	-	-	1426	-	-	-	1533
Burneside		1341	-	-	-	1430	-	-	-	1537
Staveley		1346	-	-	-	1435	-	-	-	1542
Windermere	a	1353	-	▼	▼	1441	▼	▼	▼	1548
Penrith for North Lakes		-	-	▼	▼	1437	-	1446	1501	▼
Carlisle	d	-	-	1416	1452	-	1503	1517	1550	-
Lockerbie		-	-	1435	-	-	▼	1537	-	-
Edinburgh Waverley	a	-	-	1539	▼	-	1620	▼	▼	-
Glasgow Central	a	-	-	-	1606	-	-	1643	1707	-

		AWC	TP	NT	AWC	AWC	NT	TP	AWC	NT
		■	■	■	■	■	■	■	■	■
London Euston	d	-	-	-	1328	1240	-	-	1428	-
Birmingham New Street	d	1319	-	-	-	1415	-	-	-	-
Manchester Airport	d	-	1410	1430	-	-	-	1510	-	-
Manchester Piccadilly	d	-	1426	1448	-	-	-	1527	-	-
Manchester Oxford Rd	d	-	▼	1430	1451	▼	▼	1531	▼	-
Wigan North Western	d	1437	▼	1517	1527	1538	-	▼	1627	-
Preston	d	1452	1505	1534	1542	1553	-	1607	1642	-
Lancaster	a	-	1520	1552	1557	1608	-	1622	1657	-
Lancaster	d	-	1521	1615	1559	1609	1615	1622	1658	-
Oxenholme Lake District	a	-	-	1611	-	1630	1635	1711	-	-
Oxenholme Lake District	d	-	-	-	1613	-	1631	1636	1713	1730
Kendal		-	-	-	-	-	1636	-	-	1734
Burneside		-	-	-	-	-	1639	-	-	1738
Staveley		-	-	-	-	-	1644	-	-	1743
Windermere	a	-	▼	-	-	-	1651	▼	▼	1749
Penrith for North Lakes		-	1557	-	-	1645	-	1701	1738	-
Carlisle	d	-	1614	-	1651	1702	-	1719	1753	-
Lockerbie		-	1633	-	-	-	-	1738	-	-
Edinburgh Waverley	a	-	1737	-	▼	1820	-	▼	▼	-
Glasgow Central	a	-	-	-	1806	-	-	1841	1913	-

Notes

- a Arrival time. d Departure time.
- Metrolink connection available.
- London Underground connections.
- Airport.
- Interchange with Windermere Lake Cruises.
- Train continued in a later column.
- Train continued from an earlier column.

12v31 Departs from Manchester VICTORIA not Manchester Piccadilly.

- AWCRun by Avanti West Coast.
- NT Run by Northern.
- TP Run by TransPennine Express.
- First Class accommodation.
- At-seat trolley service.
- Complimentary full meal service for First Class ticket holders and a counter buffet service.
- A counter buffet service.
- Seat reservations available.
- Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Sunday

		AWC		TP	AWC		AWC	NT	TP	NT	AWC	NT
		1X1R	1X1◇	1X1R	1X1R	1X1◇		1X1R				
London Euston	⊕ d	1340	-	1528	1440	-	-	-	1628	-		
Birmingham New Street	d	1515	-		1615	-	-	-		-		
Manchester Airport	✈ d		1610			-	1710	1730		-		
Manchester Piccadilly	🚆 d		1626			-	1726	1748		-		
Manchester Oxford Rd	d	↓	1630	↓	↓	-	1730	1751	↓	-		
Wigan North Western	d	1638	▼	1727	1738	-	▼	1818	1827	-		
Preston	d	1652	1706	1742	1753	-	1807	1834	1842	-		
Lancaster	a	-	1721	1757	1808	-	1822	1851	1857	-		
Lancaster	d	-	1721	1758	1809	-	1823	1851	1858	-		
Oxenholme Lake District	a	-	1734	1811	1823	-	1836	1926	1911	↩		
Oxenholme Lake District	d	-	1735	1813	1824	1833	1837	1927	1913	1927		
Kendal		-				1837				1932		
Burneside		-				1841				1935		
Staveley		-				1846				1940		
Windermere	⚓ a	-	↓		↓	1852	↓	-	↓	1947		
Penrith for North Lakes		-	1800	↓	1849	-	1902	-	1938	-		
Carlisle	d	-	1818	1850	1905	-	1918	-	1954	-		
Lockerbie		-	1837	↓	-	1938	-	-	-	-		
Edinburgh Waverley	a	-	1940	↓	2022	-	-	-	↓	-		
Glasgow Central	a	-	-	2005	-	-	2040	-	2105	-		

		AWC		TP	TP	AWC		NT	AWC	TP	AWC	NT
		1X1R	1X1◇	1X1◇	1X1R	1X1R	1X1◇	1X1R				
London Euston	⊕ d	1540	-	-	1728	-	1640	-	1826	-		
Birmingham New Street	d	1715	-	-		-	1815	-		-		
Manchester Airport	✈ d		-	1810		-		1910		-		
Manchester Piccadilly	🚆 d			1826		-		1926		-		
Manchester Oxford Rd	d	↓	-	1830	↓	-	↓	1929	↓	-		
Wigan North Western	d	1838	1843	▼	1927	-	1938	▼	2027	-		
Preston	d	1853	1859	1904	1942	-	1953	2007	2042	-		
Lancaster	a	-	1914	1919	1957	-	2008	2022	2057	-		
Lancaster	d	-	1915	1920	1958	-	2009	2023	2058	-		
Oxenholme Lake District	a	-		1933	2012	-	2024	2038	2111	-		
Oxenholme Lake District	d	-		1934	2013	2022	2025	2039	2113	2121		
Kendal		-				2026				2125		
Burneside		-				2030				2129		
Staveley		-				2035				2134		
Windermere	⚓ a	-	↓	↓	↓	2041	↓	↓	↓	2140		
Penrith for North Lakes		-	1953	1959	2038	-	2051	2105	2138	-		
Carlisle	d	-	2009	2017	2052	-	2106	2122	2153	-		
Lockerbie		-	2028	2036		-	↓	2141		-		
Edinburgh Waverley	a	-	↓	2139	↓	-	2228	↓	↓	-		
Glasgow Central	a	-	2133	-	2205	-	-	2247	2308	-		

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- 🚆 Metrolink connection available. NT Run by Northern.
- ⊕ London Underground connections. TP Run by TransPennine Express.
- ✈ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↩ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↩ Train continued from an earlier column. ⚓ A counter buffet service.
- ◇ Seat reservations available.
- Ⓜ Seat reservations recommended.

Manchester • Preston • Windermere/Carlisle

Sunday

		AWC	TP	AWC	AWC	AWC	AWC
		1X1R	1X1◇	1X1R	1X1R	1X1R	1X1R
London Euston	🚉 d	1740	-	1928	2025	1940	2050
Birmingham New Street	d	1915	-			2115	
Manchester Airport	✈ d		2010				
Manchester Piccadilly	🚆 d		2026				
Manchester Oxford Rd	d	↓	2030	↓	↓	↓	↓
Wigan North Western	d	2038	▼	2127	2241	2247	2320
Preston	d	20a53	2103	2142	22a55	23a02	23a37
Lancaster	a	-	2118	2157	-	-	-
Lancaster	d	-	2119	2158	-	-	-
Oxenholme Lake District	a	-	2132	2211	-	-	-
Oxenholme Lake District	d	-	2133	2213	-	-	-
Kendal		-			-	-	-
Burneside		-			-	-	-
Staveley		-			-	-	-
Windermere	🚢 a	-	↓	↓	-	-	-
Penrith for North Lakes		-	2159	2238	-	-	-
Carlisle	d	-	2214	2253	-	-	-
Lockerbie		-			-	-	-
Edinburgh Waverley	a	-	↓	↓	-	-	-
Glasgow Central	a	-	2347	0005	-	-	-

Notes

- a Arrival time. d Departure time. AWCRun by Avanti West Coast.
- 🚆 Metrolink connection available. NT Run by Northern.
- ⊕ London Underground connections. TP Run by TransPennine Express.
- ✈ Airport. 1 First Class accommodation.
- ⚓ Interchange with Windermere Lake Cruises. ⚓ At-seat trolley service.
- ↩ Train continued in a later column. ☒ Complimentary full meal service for First Class ticket holders and a counter buffet service.
- ↩ Train continued from an earlier column. ⚓ A counter buffet service.
- ◇ Seat reservations available.
- Ⓜ Seat reservations recommended.

SAMARITANS

Talk it through We're here to listen

If you've lots on your mind,
we'll help you find your
own way through it.

Contact Samaritans free –
day or night, 365 days a year

Call free on

116 123

Email
jo@samaritans.org

[samaritans.org](https://www.samaritans.org)

A registered charity



Explore the Lake District by bus
for unrivalled scenic views

All bus times shown are valid
until Sunday 06 November 2022



Explore the Lakes **by bus**

Richard Burgess



Daily including public holidays

Towards Pooley Bridge, Gowbarrow, Aira Force & Windermere

	MF															
Penrith Rail Station	0645	0920	1020	1120	1220	1320	1420	1520	1620	1720	1920					
Penrith Bus Station	0651	0932	1032	1132	1232	1332	1432	1532	1632	1732	1932					
Eamont Bridge	0659	0940	1040	1140	1240	1340	1440	1540	1640	1740	1940					
Yanwath Cottages	0701	0942	1042	1142	1242	1342	1442	1542	1642	1742	1942					
Tirril	0703	0944	1044	1144	1244	1344	1444	1544	1644	1744	1944					
Pooley Bridge Crown Hotel	0709	0950	1050	1150	1250	1350	1450	1550	1650	1750	1950					
Gowbarrow Cottages	0716	0957	1057	1157	1257	1357	1457	1557	1657	1757	1957					
Park Brow for Aira Force	0723	1004	1104	1204	1304	1404	1504	1604	1704	1804	2004					
Glenridding Greenside Rd	0730	1011	1111	1211	1311	1411	1511	1611	1711	1811	2011					
Patterdale Hotel	0735	1016	1116	1216	1316	1416	1516	1616	1716	1816	2016					
Brotherswater	-	1023	-	1223	-	1423	-	1623	-	1823	2023					
Kirkstone Pass Inn	-	1036	-	1236	-	1436	-	1636	-	1836	2036					
Troutbeck	-	1045	-	1245	-	1445	-	1645	-	1845	2045					
Bowness Pier	-	1059	-	1259	-	1459	-	1659	-	1859	2059					
Windermere Rail Station	-	1109	-	1309	-	1509	-	1709	-	1909	2110					
Kendal Sandes Avenue	-	-	-	-	-	-	-	-	-	-	2127					

	MF															
Kendal Bus Station	-	0905	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Windermere Rail Station	-	0925	-	1125	-	1325	-	1525	-	1725	1925					
Bowness Pier	-	0935	-	1135	-	1335	-	1535	-	1735	1935					
Troutbeck	-	0950	-	1150	-	1350	-	1550	-	1750	1950					
Kirkstone Pass Inn	-	1003	-	1203	-	1403	-	1603	-	1803	2003					
Brotherswater	-	1012	-	1212	-	1412	-	1612	-	1812	2012					
Patterdale Hotel	0735	1020	1120	1220	1320	1420	1520	1620	1720	1820	2020					
Glenridding Greenside Rd	0740	1025	1125	1225	1325	1425	1525	1625	1725	1825	2025					
Park Brow for Aira Force	0747	1032	1132	1232	1332	1432	1532	1632	1732	1832	2032					
Gowbarrow Cottages	0754	1039	1139	1239	1339	1439	1539	1639	1739	1839	2039					
Pooley Bridge Crown Hotel	0801	1046	1146	1246	1346	1446	1546	1646	1746	1846	2046					
Tirril	0807	1052	1152	1252	1352	1452	1552	1652	1752	1852	2052					
Yanwath Cottages	0809	1054	1154	1254	1354	1454	1554	1654	1754	1854	2054					
Eamont Bridge	0812	1057	1157	1257	1357	1457	1557	1657	1757	1857	2057					
Penrith Bus Station	0819	1104	1204	1304	1404	1504	1604	1704	1804	1904	2104					
Penrith Rail Station	0824	1109	1209	1309	1409	1509	1609	1709	1809	1909	2109					

Notes

- a Arrival time.
- d Departure time.

MF Runs Monday to Friday only, excluding public holidays.

● Normally operated by open top buses and run all Saturdays, Sundays and public holidays, plus Monday-Friday between the following dates:

30 May until 03 June | 21 July until 06 September | 24 until 28 October.

Lancaster • Kendal • Windermere
Ambleside • Grasmere • Keswick

Mondays to Saturdays excluding public holidays

	MF															
Lancaster Bus Station	d	-	-	-	-	-	0715	0815	0815	0925						
Lancaster Holiday Inn		-	-	-	-	-	0821	0821	0821	0931						
Beaumont College		-	-	-	-	-	0722	0822	0822							
Bolton-le-Sands Royal Hotel		-	-	-	-	-	0729	0829	0829							
Carnforth Haws Hill		-	-	-	-	-	0739	0839	0839							
Pine Lake		-	-	-	-	-	0745	0845	0845							
Burton Square		-	-	-	-	-	0753	0853	0853							
Holme Smithy Inn		-	-	0655	-	-	0800	0900	0900							
Milnthorpe The Square		-	-	0704	-	-	0809	0909	0909							
Levens Hall		-	-	0713	-	-	0818	0918	0918							
Helsington Lumley Road		-	-	0720	-	-	0825	0846	0925	0956						
Kendal Bus Station	a	-	-	0729	-	-	0834	0855	0934	1005						
Kendal Bus Station	d	0540	0630	0730	0730	0800	0840	0910	0940	1010						
Staveley Abbey Square		0552	0642	0742	0742	0812	0852	0922	0952	1022						
Windermere Rail Station	a	0604	0654	0754	0754	0824	0904	0934	1004	1034						
Windermere Rail Station	d	0606	0659	0759	0759	0829	0909	0939	1009	1039						
Bowness Pier		0707	0807	0807	0807	0807	0807	0807	0807	0807						
Brockhole Visitor Centre		0612	0715	0815	0815	0835	0915	0945	1015	1045						
Ambleside Waterhead Hotel		0617	0720	0820	0820	0840	0920	0950	1020	1050						
Ambleside Kelsick Road	a	0621	0724	0824	0824	0844	0924	0954	1024	1054						
Ambleside Kelsick Road	d	0623	0729	0829	0829	-	0929	0959	1029	1059						
Rydal Church		0628	0734	0834	0834	-	0934	1004	1034	1104						
Grasmere Centre		0637	0745	0845	0845	-	0945	1015	1045	1115						
Thirlspot Kings Head		0651	0759	0859	0859	-	0959	1029	1059	1129						
Keswick Bus Station	a	0703	0814	0914	0914	-	1014	1044	1114	1144						

Lancaster Bus Station	d	0915	1025	1015	1125	1115	1225	1215	1325	1315						
Lancaster Holiday Inn		0922	1031	1022	1131	1122	1231	1222	1331	1322						
Beaumont College		0922	-	1022	-	1122	-	1222	-	1322						
Bolton-le-Sands Royal Hotel		0929	-	1029	-	1129	-	1229	-	1329						
Carnforth Haws Hill		0939	-	1039	-	1139	-	1239	-	1339						
Pine Lake		0945	-	1045	-	1145	-	1245	-	1345						
Burton Square		0953	-	1053	-	1153	-	1253	-	1353						
Holme Smithy Inn		1000	-	1100	-	1200	-	1300	-	1400						
Milnthorpe The Square		1009	-	1109	-	1209	-	1309	-	1409						
Levens Hall		1018	-	1118	-	1218	-	1318	-	1418						
Helsington Lumley Road		1025	1056	1125	1156	1225	1256	1325	1356	1425						
Kendal Bus Station	a	1034	1105	1134	1205	1234	1305	1334	1405	1434						
Kendal Bus Station	d	1040	1110	1140	1210	1240	1310	1340	1410	1440						
Staveley Abbey Square		1052	1122	1152	1222	1252	1322	1352	1422	1452						
Windermere Rail Station	a	1104	1134	1204	1234	1304	1334	1404	1434	1504						
Windermere Rail Station	d	1109	1139	1209	1239	1309	1339	1409	1439	1509						
Brockhole Visitor Centre		1115	1145	1215	1245	1315	1345	1415	1445	1515						
Ambleside Waterhead Hotel		1120	1150	1220	1250	1320	1350	1420	1450	1520						
Ambleside Kelsick Road	a	1124	1154	1224	1254	1324	1354	1424	1454	1524						
Ambleside Kelsick Road	d	1129	1159	1229	1259	1329	1359	1429	1459	1529						
Rydal Church		1134	1204	1234	1304	1334	1404	1434	1504	1534						
Grasmere Centre		1145	1215	1245	1315	1345	1415	1445	1515	1545						
Thirlspot Kings Head		1159	1229	1259	1329	1359	1429	1459	1529	1559						
Keswick Bus Station	a	1214	1244	1314	1344	1414	1444	1514	1544	1614						

Notes

- a Arrival time.
- d Departure time.

MF Runs Mondays to Fridays only.

● Runs Saturdays only

■ Runs Saturdays at all times and Mondays to Fridays from 04-July until 30 September 2022.

Mondays to Saturdays excluding public holidays

Sundays including public holidays

		■	■		MF	C	C				
Lancaster Bus Station	d	1425	1415	1525	1515	-	1615	1715	-	1750	
Lancaster Holiday Inn		1431	▼	1531	▼	-	▼	▼	-	▼	
Beaumont College			1422		1526	-	1626	1726	-	1756	
Bolton-le-Sands Royal Hotel			1429		1533	-	1633	1733	-	1803	
Carnforth Haws Hill			1439		1542	-	1642	1742	-	1812	
Pine Lake			1445		1548	-	1648	1748	-	1818	
Burton Square			1453		1556	-	1656	1756	-	1826	
Holme Smithy Inn			1500		1603	-	1703	1803	-	1833	
Milnthorpe The Square			1509		1612	-	1712	1812	-	1842	
Levens Hall			1518		1621	-	1721	1821	-	1851	
Helsington Lumley Road			1456	1525	1556	1628	-	1728	1828	-	1858
Kendal Bus Station	a		1505	1534	1605	1637	-	1737	1837	-	1907
Kendal Bus Station	d		1510	1540	1610	1640	1710	1740	-	1900	-
Staveley Abbey Square			1522	1552	1622	1652	1722	1752	-	1912	-
Windermere Rail Station	a		1534	1604	1634	1704	1734	1804	-	1924	-
Windermere Rail Station	d		1539	1609	1639	1709	1739	1809	-	1926	-
Bowness Pier			▼	▼	▼	▼	▼	▼	-	1934	-
Brockhole Visitor Centre			1545	1615	1645	1715	1745	1815	-	1942	-
Ambleside Waterhead Hotel			1550	1620	1650	1720	1750	1820	-	1947	-
Ambleside Kelsick Road	a		1554	1624	1654	1724	1754	1824	-	1951	-
Ambleside Kelsick Road	d		1559	1629	1659	1729	-	1829	-	1952	-
Rydal Church			1604	1634	1704	1734	-	1834	-	1957	-
Grasmere Centre			1615	1645	1715	1745	-	1845	-	2005	-
Thirlspot Kings Head			1629	1659	1729	1759	-	1859	-	-	-
Keswick Bus Station	a		1644	1714	1744	1814	-	1914	-	-	-

		C	C	C	C	
Lancaster Bus Station	d	1850	-	1940	2040	-
Beaumont College		1856	-	1946	2046	-
Bolton-le-Sands Royal Hotel		1903	-	1953	2053	-
Carnforth Haws Hill		1912	-	2002	2102	-
Pine Lake		1918	-	2008	2108	-
Burton Square		1926	-	2016	2116	-
Holme Smithy Inn		1933	-	2023	2123	-
Milnthorpe The Square		1942	-	2032	2132	-
Levens Hall		1951	-	2041	2141	-
Helsington Lumley Road		1958	-	2048	2148	-
Kendal Bus Station	a	2007	-	2057	2157	-
Kendal Bus Station	d	-	2010	-	-	2210
Staveley Abbey Square		-	2020	-	-	2220
Windermere Rail Station	a	-	2030	-	-	2230
Windermere Rail Station	d	-	2031	-	-	2231
Bowness Pier		-	2039	-	-	2239
Windermere Rail Station		-	▼	-	-	2250
Brockhole Visitor Centre		-	2046	-	-	2256
Ambleside Waterhead Hotel		-	2051	-	-	2301
Ambleside Kelsick Road	a	-	2055	-	-	2305
Ambleside Kelsick Road	d	-	2056	-	-	2306
Rydal Church		-	2101	-	-	2311
Grasmere Centre	a	-	2109	-	-	2320

Notes

- a Arrival time.
d Departure time.
Ⓒ Connection is guaranteed and through fares are available but you will need to change bus.

- MF Runs Mondays to Fridays only.
■ Runs Saturdays at all times and Mondays to Fridays from 04-July until 30 September 2022.

				Ⓒ	Ⓒ					
Lancaster Bus Station	d	-	-	-	0915	-	-	1115	-	1315
Beaumont College		-	-	-	0922	-	-	1122	-	1322
Bolton-le-Sands Royal Hotel		-	-	-	0929	-	-	1129	-	1329
Carnforth Haws Hill		-	-	-	0939	-	-	1139	-	1339
Pine Lake		-	-	-	0945	-	-	1145	-	1345
Burton Square		-	-	-	0953	-	-	1153	-	1353
Holme Smithy Inn		-	-	-	1000	-	-	1200	-	1400
Milnthorpe The Square		-	-	-	1009	-	-	1209	-	1409
Levens Hall		-	-	-	1018	-	-	1218	-	1418
Helsington Lumley Road		-	-	-	1025	-	-	1225	-	1425
Kendal Bus Station	a	-	-	-	1034	-	-	1234	-	1434
Kendal Bus Station	d	0730	0840	0940	-	1040	1140	1240	1340	1440
Staveley Abbey Square		0742	0852	0952	-	1052	1152	1252	1352	1452
Windermere Rail Station	a	0754	0904	1004	-	1104	1204	1304	1404	1504
Windermere Rail Station	d	0759	0909	1009	-	1109	1209	1309	1409	1509
Bowness Pier		0807	▼	▼	-	▼	▼	▼	▼	▼
Brockhole Visitor Centre		0815	0915	1015	-	1115	1215	1315	1415	1515
Ambleside Waterhead Hotel		0820	0920	1020	-	1120	1220	1320	1420	1520
Ambleside Kelsick Road	a	0824	0924	1024	-	1124	1224	1324	1424	1524
Ambleside Kelsick Road	d	0829	0929	1029	-	1129	1229	1329	1429	1529
Rydal Church		0834	0934	1034	-	1134	1234	1334	1434	1534
Grasmere Centre		0845	0945	1045	-	1145	1245	1345	1445	1545
Thirlspot Kings Head		0859	0959	1059	-	1159	1259	1359	1459	1559
Keswick Bus Station	a	0914	1014	1114	-	1214	1314	1414	1514	1614

Lancaster Bus Station	d	-	1515	-	1715
Beaumont College		-	1522	-	1722
Bolton-le-Sands Royal Hotel		-	1529	-	1729
Carnforth Haws Hill		-	1539	-	1739
Pine Lake		-	1545	-	1745
Burton Square		-	1553	-	1753
Holme Smithy Inn		-	1600	-	1800
Milnthorpe The Square		-	1609	-	1809
Levens Hall		-	1618	-	1818
Helsington Lumley Road		-	1625	-	1825
Kendal Bus Station	a	-	1634	-	1832
Kendal Bus Station	d	1540	1640	1740	-
Staveley Abbey Square		1552	1652	1752	-
Windermere Rail Station	a	1604	1704	1804	-
Windermere Rail Station	d	1609	1709	1809	-
Brockhole Visitor Centre		1615	1715	1815	-
Ambleside Waterhead Hotel		1620	1720	1820	-
Ambleside Kelsick Road	a	1624	1724	1824	-
Ambleside Kelsick Road	d	1629	1729	1829	-
Rydal Church		1634	1734	1834	-
Grasmere Centre		1645	1745	1845	-
Thirlspot Kings Head		1659	1759	1859	-
Keswick Bus Station	a	1714	1814	1914	-

Notes

- a Arrival time.
d Departure time.

- Ⓒ Connection is guaranteed and through fares are available but you will need to change bus.

Mondays to Saturdays excluding public holidays

		MF			O				
Keswick Bus Station	d	-	-	-	-	0710	-	0830	0930 1030
Thirlspot Kings Head		-	-	-	-	0725	-	0845	0945 1045
Grasmere Centre		-	-	-	0632	0739	-	0900	1000 1100
Rydal Church		-	-	-	0640	0747	-	0908	1008 1108
Ambleside Kelsick Road	a	-	-	-	0647	0754	-	0915	1015 1115
Ambleside Kelsick Road	d	-	-	-	0649	0756	0849	0919	1019 1119
Ambleside Waterhead Hotel		-	-	-	0652	0759	0852	0922	1022 1122
Brockhole Visitor Centre		-	-	-	0656	0803	0856	0926	1026 1126
Bowness Pier		-	-	-	0704	▼	▼	▼	▼
Windermere Rail Station	a	-	-	-	0714	0810	0903	0933	1033 1133
Windermere Rail Station	d	-	-	-	0717	0812	0908	0938	1038 1138
Staveley Abbey Square		-	-	-	0726	0821	0917	0947	1047 1147
Kendal opp Bus Station	a	-	-	-	0738	0836	0930	1002	1102 1202
Kendal opp Bus Station	d	0545	0620	0645	0745	0845	0935	1015	1115 1215
Helsington Lumley Road		0552	0627	0652	0752	0852	0942	1022	1122 1222
Levens Hall		0559	0634	0659	0759	0859	0949	1029	1129 1229
Milnthorpe The Square		0607	0642	0707	0807	0907	0957	1037	1137 1237
Holme Smithy Inn		0616	0651	0716	0816	0916	1006	1046	1146 1246
Burton Square		0623	-	0723	0823	0923	1013	1053	1153 1253
Pine Lake		0631	-	0731	0831	0931	1021	1101	1201 1301
Carnforth New Street		0638	-	0738	0838	0938	1028	1108	1208 1308
Bolton-le-Sands Brookfield Vw		0646	-	0746	0846	0946	1036	1116	1216 1316
Beaumont College		0654	-	0754	0854	0954	1044	1124	1224 1324
Lancaster Bus Station	a	0709	-	0809	0909	1009	1059	1139	1239 1339

		■	■	■	▲	■	▲	■
Keswick Bus Station	d	1100	1130	1200	1230	1300	1330	1400 1430 1500
Thirlspot Kings Head		1115	1145	1215	1245	1315	1345	1415 1445 1515
Grasmere Centre		1130	1200	1230	1300	1330	1400	1430 1500 1530
Rydal Church		1138	1208	1238	1308	1338	1408	1438 1508 1538
Ambleside Kelsick Road	a	1145	1215	1245	1315	1345	1415	1445 1515 1545
Ambleside Kelsick Road	d	1149	1219	1249	1319	1349	1419	1449 1519 1549
Ambleside Waterhead Hotel		1152	1222	1252	1322	1352	1422	1452 1522 1552
Brockhole Visitor Centre		1156	1226	1256	1326	1356	1426	1456 1526 1556
Windermere Rail Station	a	1203	1233	1303	1333	1403	1433	1503 1533 1603
Windermere Rail Station	d	1208	1238	1308	1338	1408	1438	1508 1538 1608
Staveley Abbey Square		1217	1247	1317	1347	1417	1447	1517 1547 1617
Kendal opp Bus Station	a	1232	1302	1332	1402	1432	1502	1532 1602 1632
Kendal opp Bus Station	d	1245	1315	1345	1415	1445	1515	1545 1615 1645
Helsington Lumley Road		1252	1322	1352	1422	1452	1522	1552 1622 1652
Levens Hall			1329		1429		1529	
Milnthorpe The Square			1337		1437		1537	
Holme Smithy Inn			1346		1446		1546	
Burton Square			1353		1453		1553	
Pine Lake			1401		1501		1601	
Carnforth New Street			1408		1508		1608	
Bolton-le-Sands Brookfield Vw			1416		1516		1616	
Beaumont College		▼	1424	▼	1524	▼	1624	▼
Lancaster Holiday Inn		1317	▼	1417	▼	1517	▼	1617
Lancaster Bus Station	a	1327	1439	1427	1539	1527	1639	1627 1739 1727

Notes

- a Arrival time.
- d Departure time.
- O Journey starts from The Swan in Grasmere at 0629.

MF Runs Mondays to Fridays only.

- ▲ On school days these journeys can run up to 10 minutes later from Helsington Lumley Road.
- Runs Saturdays at all times and Mondays to Fridays from 04-July until 30 September 2022.

Mondays to Saturdays excluding public holidays

		▲	■	■	■	■	◆
Keswick Bus Station	d	1530	1600	1630	1700	1730	1800 1830 1930 -
Thirlspot Kings Head		1545	1615	1645	1715	1745	1815 1845 1945 -
Grasmere Centre		1600	1630	1700	1730	1800	1830 1900 2000 2110
Rydal Church		1608	1638	1708	1738	1808	1838 1908 2008 2118
Ambleside Kelsick Road	a	1615	1645	1715	1745	1815	1845 1915 2015 2124
Ambleside Kelsick Road	d	1619	1649	1719	1749	1819	1849 1919 2019 2125
Ambleside Waterhead Hotel		1622	1652	1722	1752	1822	1852 1922 2022 2128
Brockhole Visitor Centre		1626	1656	1726	1756	1826	1856 1926 2026 2132
Bowness Pier		▼	▼	▼	▼	▼	▼ 1934 2034 2140
Windermere Rail Station	a	1633	1703	1733	1803	1833	1903 1943 2043 2149
Windermere Rail Station	d	1638	1708	1738	1808	1838	1908 1944 2044 2150
Staveley Abbey Square		1647	1717	1747	1817	1847	1917 1953 2053 2158
Kendal opp Bus Station	a	1702	1732	1802	1832	1900	1930 2003 2103 2208
Kendal opp Bus Station	d	1715	1745	1815	1845	1915	1945 - - -
Helsington Lumley Road		1722	1752	1822	1852	1922	1952 - - -
Levens Hall		1729		1829		1929	- - -
Milnthorpe The Square		1737	Fast via M6	1837	Fast via M6	1937	- - -
Holme Smithy Inn		1746		1846		1946	- - -
Burton Square		1753		1853		1953	- - -
Pine Lake		1801		1901		2001	- - -
Carnforth New Street		1808		1908		2008	- - -
Bolton-le-Sands Brookfield Vw		1816		1916		2016	- - -
Beaumont College		1824	▼	1924	▼	2024	▼ - -
Lancaster Holiday Inn		▼	1817	▼	1917	▼	2017 - -
Lancaster Bus Station	a	1839	1827	1939	1927	2039	2027 - - -

		►
Grasmere Centre	d	2321
Rydal Church		2329
Ambleside Kelsick Road	a	2335
Ambleside Kelsick Road	d	2336
Ambleside Waterhead Hotel		2339
Brockhole Visitor Centre		2343
Bowness Pier		2351
Windermere Rail Station	a	0000
Windermere Rail Station	d	0001
Staveley Abbey Square		0009
Kendal opp Bus Station	a	0019

Notes

- a Arrival time.
- d Departure time.
- ◆ Journey starts from The Swan in Grasmere at 2107.
- Journey starts from The Swan in Grasmere at 2318.

- ▲ On school days these journeys can run up to 10 minutes later from Helsington Lumley Road.
- Runs Saturdays at all times and Mondays to Fridays from 04-July until 30 September 2022.

Keswick Bus Station	d	-	-	0930	1030	1130	1230	1330	1430	1530
Thirlspot Kings Head		-	-	0945	1045	1145	1245	1345	1445	1545
Grasmere Centre		-	-	1000	1100	1200	1300	1400	1500	1600
Rydal Church		-	-	1008	1108	1208	1308	1408	1508	1608
Ambleside Kelsick Road	a	-	-	1015	1115	1215	1315	1415	1515	1615
Ambleside Kelsick Road	d	-	0911	1019	1119	1219	1319	1419	1519	1619
Ambleside Waterhead Hotel		-	0914	1022	1122	1222	1322	1422	1522	1622
Brockhole Visitor Centre		-	0918	1026	1126	1226	1326	1426	1526	1626
Windermere Rail Station	a	-	0925	1033	1133	1233	1333	1433	1533	1633
Windermere Rail Station	d	-	0928	1038	1138	1238	1338	1438	1538	1638
Staveley Abbey Square		-	0937	1047	1147	1247	1347	1447	1547	1647
Kendal opp Bus Station	a	-	0950	1102	1202	1302	1402	1502	1602	1702
Kendal opp Bus Station	d	0915	-	1115	-	1315	-	1515	-	1715
Helsington Lumley Road		0922	-	1122	-	1322	-	1522	-	1722
Levens Hall		0929	-	1129	-	1329	-	1529	-	1729
Milnthorpe The Square		0937	-	1137	-	1337	-	1537	-	1737
Holme Smithy Inn		0946	-	1146	-	1346	-	1546	-	1746
Burton Square		0953	-	1153	-	1353	-	1553	-	1753
Pine Lake		1001	-	1201	-	1401	-	1601	-	1801
Carnforth New Street		1008	-	1208	-	1408	-	1608	-	1808
Bolton-le-Sands Brookfield Vw		1016	-	1216	-	1416	-	1616	-	1816
Beaumont College		1024	-	1224	-	1424	-	1624	-	1824
Lancaster Bus Station	a	1039	-	1239	-	1439	-	1639	-	1839

Keswick Bus Station	d	1630	1730	1830	1930
Thirlspot Kings Head		1645	1745	1845	1945
Grasmere Centre		1700	1800	1900	2000
Rydal Church		1708	1808	1908	2008
Ambleside Kelsick Road	a	1715	1815	1915	2015
Ambleside Kelsick Road	d	1719	1819	1919	2019
Ambleside Waterhead Hotel		1722	1822	1922	2022
Brockhole Visitor Centre		1726	1826	1926	2026
Bowness Pier		▼	▼	1934	2034
Windermere Rail Station	a	1733	1833	1943	2043
Windermere Rail Station	d	1738	1838	1944	2044
Staveley Abbey Square		1747	1847	1953	2053
Kendal opp Bus Station	a	1802	1900	2003	2103

Notes

a Arrival time.

d Departure time.

[illegible]

USB charging



Open top bus



Audio commentary



Bike bus

room for 2 bikes per journey 20p per bike

Notes

a Arrival time.

d Departure time.

Daily including public holidays

		Then at these minutes past each hour										05	25	45	until													
Grasmere Centre	d	0930	1005	1025	1045											1505	1525	1545	1605	1625	1645	1705	-	1725	1745	-	-	
Rydal Church		0938	1013	1033	1053											1513	1533	1553	1613	1633	1653	1713	-	1733	1753	-	-	
Ambleside Kelsick Road	a	0945	1020	1040	1100											1520	1540	1600	1620	1640	1700	1720	-	1740	1800	-	-	
Ambleside Kelsick Road	d	0948	1023	1043	1103											1523	1543	1603	1623	1643	1703	1723	1740	1743	1803	1830	1930	
Ambleside Waterhead Hotel		0951	1026	1046	1106											1526	1546	1606	1626	1646	1706	1726	1743	1746	1806	1833	1933	
Brockhole Visitor Centre		0955	1030	1050	1110											1530	1550	1610	1630	1650	1710	1730	1747	1750	1810	1837	1937	
Windermere Rail Station	a	1002	1037	1057	1117											1537	1557	1617	1637	1657	1717	1737	-	1757	1817	1844	-	
Windermere Rail Station	d	1007	1042	1102	1122											1542	1602	1622	1642	1702	1722	1740	-	1759	1819	1848	-	
Bowness Pier		▼	▼	▼	▼											▼	▼	▼	▼	▼	▼	▼	1710	▼	1748	1809	1829	1856
Opp Bowness Pier		1015	1050	1110	1130											1550	1610	1630	1650	-	1730	-	-	-	-	-	-	
Braithwaite Fold car park		1018	1053	1113	1133											1553	1613	1633	1655	-	1735	-	-	-	-	-	-	
Bowness Pier		-	-	-	-											-	-	-	1658	-	1738	-	-	-	-	-	-	
Windermere Rail Station		-	-	-	-											-	-	-	1709	-	1749	-	1754	1820	1840	-	1944	
Ings		-	-	-	-											-	-	-	1714	-	1754	-	1759	1825	1845	-	1949	
Kendal Sandes Avenue		-	-	-	-											-	-	-	1725	-	1805	-	1810	1836	1856	-	2000	



USB charging



Open top bus



Audio commentary



Bike bus

room for 2 bikes per journey 20p per bike

Notes

a Arrival time.

d Departure time.

Daily including public holidays

Towards Kendal, Windermere & Bowness

Ocean Edge Holiday Park	d	0805	0935	1035	1355	-	1655	1955
Heysham Combermere Rd		0810	0940	1040	1400	-	1700	2000
Heysham Towers		0813	0943	1043	1403	-	1703	2003
Morecambe Battery		0822	0952	1052	1412	-	-	-
Morecambe Bus Station		0830	1000	1100	1420	1615	-	-
Morecambe Euston Rd		0833	1003	1103	1423	1618	-	-
Happy Mount Park		0840	1010	1110	-	1625	-	-
Hest Bank Station Road		0843	1013	1113	-	1628	-	-
Bolton-le-Sands St Michaels Ln		0847	1017	1117	-	1632	-	-
Carnforth Haws Hill	a	0854	1024	1124	-	1639	-	-
Carnforth Haws Hill	d	0855	1026	1126	-	1640	-	-
Pine Lake		0901	1032	1132	-	1646	-	-
Milnthorpe AB opp Methodist Church		0913	1044	1144	-	1658	-	-
Levens Bridge		0918	1049	1149	-	1703	-	-
Helsington Lumley Road		0925	1056	1156	-	1710	-	-
Kendal Bus Station	a	0934	1105	1205	-	1719	-	-
Kendal Bus Station	d	-	1108	1208	-	1722	-	-
Ings		-	1120	1220	-	1734	-	-
Windermere Rail Station		-	1128	1228	-	1741	-	-
Bowness Pier	a	-	1138	1238	-	1751	-	-

Notes

a Arrival time.

d Departure time.

Towards Carnforth, Morecambe & Heysham

Bowness Pier	d	-	-	-	1200	1300	-	1755	
Windermere Rail Station		-	-	-	1212	1312	-	1812	
Ings		-	-	-	1217	1317	-	1817	
Kendal Bus Station	a	-	-	-	1229	1328	-	1829	
Kendal Bus Station	d	-	-	-	0945	1232	1332	-	1832
Helsington Lumley Road		-	-	-	0952	1239	1339	-	1839
Levens Bridge		-	-	-	0959	1246	1346	-	1846
Milnthorpe Methodist Church		-	-	-	1004	1251	1351	-	1851
Pine Lake		-	-	-	1016	1303	1403	-	1903
Carnforth New Street	a	-	-	-	1020	1307	1407	-	1907
Carnforth New Street	d	-	-	-	1021	1308	1408	-	1908
Bolton-le-Sands St Michaels Ln		-	-	-	1027	1314	1414	-	1914
Hest Bank Station Road		-	-	-	1030	1317	1417	-	1917
Happy Mount Park		-	-	-	1033	1320	1420	-	1920
Morecambe Euston Road		0902	1002	1040	1327	1427	1627	1927	
Morecambe Bus Station		0905	1005	1043	1330	1429	1630	1930	
Morecambe Battery		0911	1011	1049	1336	-	1636	1936	
Heysham Towers		0917	1017	-	1342	-	1642	1942	
Heysham Combermere Rd		0920	1020	-	1345	-	1645	1945	
Ocean Edge Holiday Park	a	0925	1025	-	1350	-	1650	1950	

● Runs school holidays, at weekends and on bank holidays only.

Workington • Cockermouth • Keswick • Penrith

X4 / X5

Mondays to Saturdays excluding public holidays

		MF										●									
Route Number		X5	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5
Workington Bus Station	d	0510	0610	0710	0740	0805	0857	0915	0945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545
		0519	0619	0719	0751	0814	0906	0924	0954	1024	1054	1124	1154	1224	1254	1324	1354	1424	1454	1524	1554
Clifton Hotel		0523	0623	0723		0819	0910		0958		1058		1158		1258		1358		1458		1558
Bridgefoot		0527	0627	0727		0824	0914		1002		1102		1202		1302		1402		1502		1602
Brigham Low Road		▼	▼	▼	▼	0831	0920	▼	1008	▼	1108	▼	1208	▼	1308	▼	1408	▼	1508	▼	1608
Cockermouth Low Road		0530	0630	0730	0758	▼	0831	▼	0931	▼	1031	▼	1131	▼	1231	▼	1331	▼	1431	▼	1531
Cockermouth Oakhurst		0536	0636	0736	0804	0833	0921	0937	1010	1037	1110	1137	1210	1237	1310	1337	1410	1437	1510	1537	1610
Cockermouth Main Street		0542	0642	0742	0814	0839	-	0943	1016	1043	1116	1143	1216	1243	1316	1343	1416	1443	1516	1543	1616
Embleton Wheatsheaf		0546	0646	0746	0818	0843	-	0947	1020	1047	1120	1147	1220	1247	1320	1347	1420	1447	1520	1547	1620
Brathay Hill																					
Lakes Distillery					0820					1049				1249				1449			1654
Castle Inn		▼	▼	▼	0823					1052				1252				1452			1657
Bassenthwaite Village A591					0826					1055				1255				1455			1670
Braithwaite Police Station		0555	0655	0755		0852	-	0956	1029		1129	1156	1229		1329	1356	1429		1529	1556	1629
Thornthwaite Swan Hotel		0600	0700	0800	▼	0857	-	1001	1034	▼	1134	1201	1234	▼	1334	1401	1434	▼	1534	1601	1634
Keswick Bus Station	a	0608	0708	0808	0841	0905	-	1009	1042	1110	1142	1209	1242	1311	1342	1409	1442	1510	1542	1609	1642
Keswick Bus Station	d	0610	0710	0810	0855	-	-	1020	-	1120	-	1220	-	1320	-	1420	-	1520	-	1620	-
Threlkeld Horse & Farrier		0621	0721	0821	0906	-	-	1031	-	1131	-	1231	-	1331	-	1431	-	1531	-	1631	-
Troutbeck Road end A66		0628	0728	0828	0913	-	-	1038	-	1138	-	1238	-	1338	-	1438	-	1538	-	1638	-
Penruddock Herdwick Inn		▼	▼	0833	0918	-	-	1043	-	1143	-	1243	-	1343	-	1443	-	1543	-	1643	-
Stainton Methodist Church		0638	0738	0840	0925	-	-	1050	-	1150	-	1250	-	1350	-	1450	-	1550	-	1650	-
Rheged Centre		▼	▼	0845	0930	-	-	1055	-	1155	-	1255	-	1355	-	1455	-	1555	-	1655	-
Penrith Rail Station		0643	0743	0848	0933	-	-	1058	-	1158	-	1258	-	1358	-	1458	-	1558	-	1658	-
Penrith Bus Station	a	0649	0749	0854	0939	-	-	1104	-	1204	-	1304	-	1404	-	1504	-	1604	-	1704	-

Workington • Cockermouth • Keswick • Penrith

X4 / X5

Sundays and public holidays

Route Number		X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5
Workington Bus Station	d	0715	0815	0915	1015	1115	1215	1315	1415	1515	1615	1715									
		0724	0824	0924	1024	1124	1224	1324	1424	1524	1624	1724									
Clifton Hotel		0728	0828	0928	1028	1128	1228	1328	1428	1528	1628	1728									
Brigham Low Road		0732	0832	0932	1032	1132	1232	1332	1432	1532	1632	1732									
Cockermouth Low Road		0735	0835	0935	1035	1135	1235	1335	1435	1535	1635	1735									
Cockermouth Oakhurst		0740	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740									
Cockermouth Main Street		0741	0841	0941	1041	1141	1241	1341	1441	1541	1641	1741									
Embleton Wheatsheaf		0747	0847	0947	1047	1147	1247	1347	1447	1547	1647	1747									
Brathay Hill		0751	0851	0951	1051	1151	1251	1351	1451	1551	1651	1751									
Braithwaite Police Station		0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800									
Thornthwaite Swan Hotel		0805	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805									
Keswick Bus Station	a	0813	0913	1013	1113	1213	1313	1413	1513	1613	1713	1813									
Keswick Bus Station	d	0820	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820									
Threlkeld Horse & Farrier		0831	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831									
Troutbeck Road end A66		0838	0938	1038	1138	1238	1338	1438	1538	1638	1738	1838									
Penruddock Herdwick Inn		0843	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843									
Stainton Methodist Church		0850	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850									
Rheged Centre		0855	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855									
Penrith Rail Station		0858	0958	1058	1158	1258	1358	1458	1558	1658	1758	1858									
Penrith Bus Station	a	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1904									

Notes

- a Arrival time.
- d Departure time.
- MF Runs Mondays to Fridays only.
- Runs Friday and Saturday nights only.

Mondays to Saturdays excluding public holidays

Route Number	MF					▲					●																	
	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5	X5													
Penrith Bus Station	d	-	0700	-	-	0750	0810	-	0915	-	1015	-	1115	-	1215	-	1315	-	1415	-	1515	-	1615	-	1715	1815	1915	-
Penrith Rail Station	-	0705	-	-	-	0755	0815	-	0920	-	1020	-	1120	-	1220	-	1320	-	1420	-	1520	-	1620	-	1720	1820	1920	-
Rheged Centre	-	▼	-	0801	0821	-	0926	-	1026	-	1126	-	1226	-	1326	-	1426	-	1526	-	1626	-	1726	1826	1926	-	-	
Stanton Methodist Church	-	0711	-	-	0804	0824	-	0929	-	1029	-	1129	-	1229	-	1329	-	1429	-	1529	-	1629	-	1729	1829	1929	-	
Penraddock Herdwick Inn	-	▼	-	0811	0831	-	0936	-	1036	-	1136	-	1236	-	1336	-	1436	-	1536	-	1636	-	1736	1836	1936	-	-	
Troutbeck Road end A66	-	0721	-	-	0816	0836	-	0941	-	1041	-	1141	-	1241	-	1341	-	1441	-	1541	-	1641	-	1741	1841	1941	-	
Threlkeld Horse and Farrier	-	0728	-	-	0823	0843	-	0948	-	1048	-	1148	-	1248	-	1348	-	1448	-	1548	-	1648	-	1748	1848	1948	-	
Keswick Bus Station	a	-	0741	-	-	0834	0856	-	1001	-	1101	-	1201	-	1301	-	1401	-	1501	-	1601	-	1701	-	1801	1901	2001	-
Keswick Bus Station	d	-	0742	-	-	0900	0900	0945	1010	1045	1110	1145	1210	1245	1310	1345	1410	1445	1510	1545	1610	1645	1710	1745	1810	1910	2005	2015
Bassenthwaite village A591	-	►	-	-	-	0914	0914	►	►	►	1124	►	►	►	1324	►	1524	►	1724	►	1924	►	►	►	►	►	►	►
Castle Inn Hotel	-	-	-	-	-	0917	0917	-	-	-	1127	-	-	-	1327	-	1527	-	1727	-	1927	-	-	-	-	-	-	-
Brathwaite Police Station	-	0749	-	-	-	-	-	0952	1047	1052	►	1152	1217	1252	►	1352	1417	1452	►	1552	1617	1652	►	1752	1817	►	2012	2022
Thornthwaite Swan Hotel	-	0753	-	-	-	-	-	0956	1021	1056	►	1156	1221	1256	►	1356	1421	1456	►	1556	1621	1656	►	1756	1821	►	2016	2026
Lakes Distillery	-	-	-	-	-	-	-	0919	0919	►	►	1129	►	►	1329	►	1529	►	1729	►	1929	►	-	-	-	-	-	-
Brathay Hill	-	0800	-	-	-	0921	0921	1003	1028	1103	1131	1203	1228	1303	1331	1403	1428	1503	1531	1603	1628	1703	1731	1803	1828	1931	2023	2033
Embleton Wheat/sheaf	-	0803	-	-	-	0924	0924	1006	1031	1106	1134	1206	1231	1306	1334	1406	1431	1506	1534	1606	1631	1706	1734	1806	1831	1934	2026	2036
Cockermouth Main Street	0709	0812	0844	0930	0933	0933	1015	1040	1115	1143	1215	1240	1315	1343	1415	1440	1515	1547	1615	1640	1715	1743	1815	1840	1943	2035	2045	
Cockermouth Oakhurst	►	0815	►	►	0936	0936	►	1043	►	1146	►	1243	►	1346	►	1443	►	1550	►	1643	►	1746	►	1843	1946	2038	2048	
Cockermouth Low Road	0711	►	0846	0932	-	-	-	1017	1117	1217	1317	1417	1517	1617	1717	1817	-	-	-	-	-	-	-	-	-	-	-	-
Brigham Low Road	0714	0818	0849	0935	-	-	-	1020	1120	1220	1320	1420	1520	1620	1720	1820	1846	►	2051	-	-	-	-	-	-	-	-	-
Bridgefoot	0719	0823	0854	0940	-	-	-	1025	1125	1225	1325	1425	1525	1625	1725	1825	1851	►	2056	-	-	-	-	-	-	-	-	-
Clifton Hotel	0722	0826	0857	0943	0943	0943	1028	1050	1128	1153	1228	1250	1328	1353	1428	1450	1528	1628	1650	1728	1753	1828	1854	1864	1953	2045	2059	
Workington Bus Station	a	0732	0836	0907	0953	0953	1038	1100	1138	1203	1238	1300	1338	1403	1438	1500	1538	1608	1638	1700	1738	1803	1838	1904	2003	2055	2109	

Penrith • Keswick • Cockermouth • Workington

Mondays to Saturdays excluding public holidays

	Route Number	X4	X5	X5	
●	Penrith Bus Station	d 2015	-	-	
	Penrith Rail Station	2020	-	-	
	Rhged Centre	2026	-	-	
	Stanton Methodist Church	2029	-	-	
	Penruddock Herdwick Inn	2036	-	-	
	Troutbeck Road end A66	2041	-	-	
	Threlkeld Horse and Farrier	2048	-	-	
	Keswick Bus Station	a 2101	-	-	
	Keswick Bus Station	d 2105	2215	0015	
	Bassenthwaite village A591	2119	→	→	
	Castle Inn Hotel	2122			
	Braithwaite Police Station	→ 2222	0022		
	Thornthwaite Swan Hotel	→ 2226	0026		
	Lakes Distillery	2124	▼	▼	
	Brathay Hill	2126	2233	0033	
	Embleton Wheatsheaf	2129	2236	0036	
	Cockermouth Main Street	2138	2246	0045	
	Cockermouth Oakhurst	2141	2251	0048	
	Cockermouth Low Road	→	▼	▼	
	Brigham Low Road	→ 2254	0051		
	Bridgefoot	→ 2259	0056		
	Clifton Hotel	2148	2302	0059	
	Workington Bus Station	a 2158	2312	0109	

Sundays and public holidays

[illegible]

Barrow-in-Furness • Ulverston • Grange-over-Sands • Kendal

X6

Monday to Saturdays excluding public holidays

Sundays and public holidays

▲															
Route Number		X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
Barrow Town Hall	d	0520	0620	0715	0733	0810	0910	1010	1110	1210	1310	1410	1510	1610	1710
		0522	0622	0717	0735	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712
Ramsden Square		0529	0629	0724	0742	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719
Strawberry Hotel		0534	0634	▲	0824	0924	1024	1124	1224	1324	1424	1524	1624	1724	1824
Furness General Hospital		0539	0639	▼	0829	0929	1029	1129	1229	1329	1429	1529	1629	1729	1829
Greystone Est. Newton Inn		0546	0646	0730	0748	0836	0936	1036	1136	1236	1336	1436	1536	1636	1736
Dalton Tudor Square		0549	0649	0733	0751	0839	0939	1039	1139	1239	1339	1439	1539	1639	1739
Lindal-in-Furness		0552	0652	0736	0754	0842	0942	1042	1142	1242	1342	1442	1542	1642	1742
Swarthmoor Miners Arms		0557	0657	0741	0759	0847	0947	1047	1147	1247	1347	1447	1547	1647	1747
Ulverston Victoria Road	a	0558	0658	0742	0801	0852	0952	1052	1152	1252	1352	1452	1552	1652	1752
Ulverston Victoria Road	d	0610	0710	0754	0813	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804
Haverthwaite Rail Station		0611	0711	0755	0814	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805
Backbarrow A590		0613	0713	0757	0816	0907	1007	1107	1207	1307	1407	1507	1607	1707	1807
Newby Bridge		0618	0718	0802	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1912
High Newton		0623	0723	0807	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817	1917
Lindale Lyngarth		0629	0729	0813	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1923
Lindale bus shelter		0633	0733	0817	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1927
Witherslack road end		0637	0737	0821	0825	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831
Levens Heaves Hotel A590		0643	0743	0827	0831	0937	1037	1137	1237	1337	1437	1537	1637	1737	1837
Helsington Lumley Road		0649	0749	0833	0837	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843
Kendal College Milnthorpe Rd		0652	0752	0836	0840	0946	1046	1146	1246	1346	1446	1546	1646	1746	1846
Kendal Bus Station	a	0658	0758	0842	0846	0952	1052	1152	1252	1352	1452	1552	1652	1752	1852

Route Number		X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
Barrow Town Hall	d	0930	1130	1330	1530	1730	1930	2130	2330	2530	2730	2930	3130	3330	3530
		0931	1131	1331	1531	1731	1931	2131	2331	2531	2731	2931	3131	3331	3531
Ramsden Square		0937	1137	1337	1537	1737	1937	2137	2337	2537	2737	2937	3137	3337	3537
Strawberry Hotel		0941	1141	1341	1541	1741	1941	2141	2341	2541	2741	2941	3141	3341	3541
Furness General Hospital		0946	1146	1346	1546	1746	1946	2146	2346	2546	2746	2946	3146	3346	3546
Greystone Est. Newton Inn		0952	1152	1352	1552	1752	1952	2152	2352	2552	2752	2952	3152	3352	3552
Dalton Tudor Square		0955	1155	1355	1555	1755	1955	2155	2355	2555	2755	2955	3155	3355	3555
Lindal-in-Furness		0958	1158	1358	1558	1758	1958	2158	2358	2558	2758	2958	3158	3358	3558
Swarthmoor Miners Arms		1005	1205	1405	1605	1805	2005	2205	2405	2605	2805	3005	3205	3405	3605
Ulverston Victoria Road		1013	1213	1413	1613	1813	2013	2213	2413	2613	2813	3013	3213	3413	3613
Croftlands Est. Lancasterian		1021	1221	1421	1621	1821	2021	2221	2421	2621	2821	3021	3221	3421	3621
Ulverston Victoria Road	a	1022	1222	1422	1622	1822	2022	2222	2422	2622	2822	3022	3222	3422	3622
Ulverston Victoria Road	d	1033	1233	1433	1633	1833	2033	2233	2433	2633	2833	3033	3233	3433	3633
Haverthwaite Rail Station		1034	1234	1434	1634	1834	2034	2234	2434	2634	2834	3034	3234	3434	3634
Backbarrow A590		1036	1236	1436	1636	1836	2036	2236	2436	2636	2836	3036	3236	3436	3636
Newby Bridge		1041	1241	1441	1641	1841	2041	2241	2441	2641	2841	3041	3241	3441	3641
High Newton		1046	1246	1446	1646	1846	2046	2246	2446	2646	2846	3046	3246	3446	3646
Lindale Lyngarth		1052	1252	1452	1652	1852	2052	2252	2452	2652	2852	3052	3252	3452	3652
Lindale bus shelter		1056	1256	1456	1656	1856	2056	2256	2456	2656	2856	3056	3256	3456	3656
Witherslack road end		1100	1300	1500	1700	1900	2100	2300	2500	2700	2900	3100	3300	3500	3700
Levens Heaves Hotel A590		1106	1306	1506	1706	1906	2106	2306	2506	2706	2906	3106	3306	3506	3706
Helsington Lumley Road		1112	1312	1512	1712	1912	2112	2312	2512	2712	2912	3112	3312	3512	3712
Kendal College Milnthorpe Rd		1114	1314	1514	1714	1914	2114	2314	2514	2714	2914	3114	3314	3514	3714
Kendal Bus Station	a	1118	1318	1518	1718	1918	2118	2318	2518	2718	2918	3118	3318	3518	3718

Kendal • Grange-over-Sands • Ulverston • Barrow-in-Furness

X6

Monday to Saturdays excluding public holidays

Sundays and public holidays

▲															
Route Number		X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
Kendal Bus Station	d	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1645	1715	1800	1900
		0708	0808	0908	1008	1108	1208	1308	1408	1508	1608	1700	1730	1808	1908
Helsington Lumley Road		0714	0814	0914	1014	1114	1214	1314	1414	1514	1614	1706	1736	1814	1914
Levens Heaves Hotel A590		0720	0820	0920	1020	1120	1220	1320	1420	1520	1620	1712	1742	1820	1920
Witherslack Road end		0724	0824	0924	1024	1124	1224	1324	1424	1524	1624	1716	1746	1824	1924
Lindale Village		0730	0830	0930	1030	1130	1230	1330	1430	1530	1630	1722	1752	1830	1930
Grange Rail Station		0734	0834	0934	1034	1134	1234	1334	1434	1534	1634	1726	1756	1834	1934
Lindale Lyngarth		0739	0839	0939	1039	1139	1239	1339	1439	1539	1639	1731	1801	1839	1939
High Newton		0744	0844	0944	1044	1144	1244	1344	1444	1544	1644	1736	1806	1844	1944
Newby Bridge		0746	0846	0946	1046	1146	1246	1346	1446	1546	1646	1738	1808	1846	1946
Backbarrow A590		0747	0847	0947	1047	1147	1247	1347	1447	1547	1647	1739	1809	1847	1947
Haverthwaite Rail Station		0750	0850	0950	1050	1150	1250	1350	1450	1550	1650	1741	1811	1850	1950
Ulverston Victoria Road	a	0806	0906	1006	1106	1206	1306	1406	1506	1606	1706	1757	1827	1902	2002
Ulverston Victoria Road	d	0809	0909	1009	1109	1209	1309	1409	1509	1609	1709	1800	1830	1905	2005
Swarthmoor Miners Arms		0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1803	1833	1908	2008
Lindal-in-Furness		0816	0916	1016	1116	1216	1316	1416	1516	1616	1716	1807	1837	1912	2012
Dalton Tudor Square		0822	0922	1022	1122	1222	1322	1422	1522	1622	1722	1843	1873	1948	2048
Greystone Est. Newton Inn		0827	0927	1027	1127	1227	1327	1427	1527	1627	1727	1848	1878	1953	2053
Furness General Hospital		0830	0932	1032	1132	1232	1332	1432	1532	1632	1732	1813	1853	1918	2018
Strawberry Hotel		0841	0943	1043	1143	1243	1343	1443	1543	1643	1743	1824	1904	1928	2028
Barrow Town Hall	a	0841	0943	1043	1143	1243	1343	1443	1543	1643	1743	1824	1904	1928	2028

Notes		▲													
a		Runs Kendal College days only.													
d		Departure time.													



HADRIAN'S WALL 1900 FESTIVAL

24 JANUARY - 23 DECEMBER 2022

Hadrian's Wall 1900 Festival will mark the 1900th anniversary of the commencement of the building of Hadrian's Wall, which is now a **UNESCO World Heritage Site**.

Organisations, communities, and individuals are planning to celebrate this unique anniversary in a myriad of different ways across 2022, in a packed programme that will include everything from community events to high profile art commissions.

With events taking place close to the Cumbrian Coast Line, the Tyne Valley Railway and in Carlisle, why not use the **Hadrian's Wall Country Line Day Ranger**? A great way to discover Hadrian's Wall and other Roman sites with this coast to coast ticket between Whitehaven in the west and Sunderland in the east. See page 15 for more details of the Day Ranger.

Find out more about Hadrian's Wall, its many attractions and the events taking place throughout the year at hadrianswallcountry.co.uk

Milecastle 39 (Castle Nick) by Roger Clegg.

Train times

Carlisle - Haltwhistle - Hexham - Newcastle

- Carlisle
- Wetheral
- Brampton
- Haltwhistle
- Bardon Mill
- Haydon Bridge
- Hexham
- Corbridge
- Riding Mill
- Stocksfield
- Prudhoe
- Wylam
- Blaydon
- Metrocentre
- Dunston
- Newcastle

Newcastle • Prudhoe • Hexham • Haltwhistle • Carlisle

Mondays to Saturdays

	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO			
Newcastle Central	M	d	0542	0620	0725	0740	0740	0805	0805	0823	0857	0857	0823	0946	0957	1023	1057	1123	1150	1159	1223	1239	1257	1323	1340	1355	1357	1423	
Dunston			▼	0625	0730	▼	▼	▼	▼	▼	0903	0903	▼	1003	▼	1103	▼	1205	▼	1303	▼	1303	▼	1401	1403	▼			
MetroCentre			0549	0629	0734	0748	0748	0814	0814	0831	0906	0906	0931	0954	1006	1031	1106	1131	1201	1208	1231	1247	1306	1331	1348	1404	1406	1431	
Blaydon			0554	0633	0738		▼		▼	0835	0910	0910		1010		1110		1212		1310		1310		1408	1410				
Wylam			0600	0639	0744		▼		▼	0841	0917	0917		1017		1117		1219		1317		1317		1415	1417				
Prudhoe			0604	0644	0749	0759	0758	0825	0825	0846	0921	0921	0942	1007	1021	1042	1121	1142	1212	1223	1242	1259	1321	1342	1359	1419	1421	1442	
Stocksfield			0609	0648		0804	0803			0850	0926	0926		1026		1126		1228		1326		1326		1424	1426				
Riding Mill			0613		▼	0808	0807			0855	0930	0930		1030		1130		1232		1330		1330		1428	1430				
Corbridge			0617	▼	▼	0812	0812	▼	▼	0859	0934	0934		1034		1134		1236		1334		1334		1432	1434				
Hexham			0624	0659	0802	0818	0818	0838	0838	0905	0940	0940	0955	1022	1040	1055	1140	1155	1232	1242	1255	1311	1340	1355	1412	1438	1440	1455	
Haydon Bridge			▼	0708	0811	-	-	▼	0847	0915	-	-	-	1031	-	-	1241	-	1320	-	-	-	1421	-	-	-	-		
Bardon Mill			▼	0714	0817	-	-	▼	0921	-	-	-	▼	-	-	-	1326	-	1326	-	-	-	1427	-	-	-	-		
Haltwhistle			0643	0722	0825	-	-	0857	0859	0928	-	-	1014	1042	-	1114	-	1214	1253	-	1314	1334	-	1414	1435	-	-	1514	
Brampton			▼	0737	0840	-	-	▼	1057	-	-	-	1157	-	-	-	1308	-	▼	-	▼	-	1450	-	-	-	-		
Wetheral			▼	0746	0849	-	-	0919	0921	0951	-	-	▼	1107	-	1317	-	1317	-	▼	1356	-	1459	-	-	-	-		
Carlisle			a	0712	0758	0859	-	-	0929	0934	1001	-	-	1044	1116	-	1146	-	1244	1327	-	1346	1406	-	1444	1508	-	-	1544

Notes All services operated by Northern.

a Arrival time.
d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

M Interchange with Tyne & Wear Metro.

Newcastle • Prudhoe • Hexham • Haltwhistle • Carlisle

Mondays to Saturdays

	SX	SO	SX	SO	DRY	SX	SO	SX	SO	DRY	SX	SO	SX	SO	DRY	SX	SO	SX	SO	DRY	SX	SO	SX	SO		
Newcastle Central	M	d	1433	1440	1456	1540	1556	1623	1640	1656	1703	1723	1756	1808	1823	1855	1923	1951	1955	2023	2033	2053	2125	2156	2238	2253
Dunston			▼	1502	▼	1602	▼	1702	▼	1802	▼	1900	▼	1900	▼	1900	▼	1956	2000	▼	2058	▼	2201	2244	2258	
MetroCentre	1441	1448	1505	1548	1605	1631	1648	1705	1713	1731	1805	1817	1831	1904	1931	1959	2004	2031	2041	2101	2101	2133	2204	2247	2302	
Blaydon			▼	1509	▼	1609	▼	1652	-	1717	1735	1810	1822	1835	1908	1935	-	2008	2035	2045	-	2137	-	2251	2306	
Wylam			▼	1516	▼	1616	▼	1658	-	1723	1741	1816	1828	1842	1914	1941	-	2014	2041	2051	-	2143	-	2257	2312	
Prudhoe	1452	1459	1520	1559	1620	1642	1703	-	1728	1746	1821	1833	1846	1919	1946	-	2019	2046	2056	-	2148	-	2302	2317		
Stocksfield			▼	1525	1625	▼	1707	-	1732	1750	1825	-	1850	1923	1950	-	-	2050	2100	-	2152	-	2306	2321		
Riding Mill			▼	1529	1629	▼	1712	-	1737	1755	1830	-	1855	1928	1955	-	-	2055	2105	-	2157	-	2311	2326		
Corbridge			▼	1533	1633	▼	1716	-	1741	1759	1834	-	1859	1932	1959	-	-	2059	2109	-	2201	-	2315	2330		
Hexham	1505	1512	1539	1612	1639	1655	1722	-	1747	1805	1840	-	1905	1938	2005	-	-	2105	2115	-	2207	-	2321	2336		
Haydon Bridge	1514	1521	-	1621	-	1732	-	1815	-	1915	-	2015	-	2114	2124	-	2217	-	-	-	-	-	-	-		
Bardon Mill	1520	1527	-	▼	-	1738	-	1821	-	1921	-	2021	-	2028	-	2126	2136	-	2230	-	2230	-	-	-		
Haltwhistle	1528	1535	-	1632	-	1714	1745	-	1828	-	1928	-	2028	-	2043	-	2151	2245	-	-	-	-	-	-		
Brampton	▼	▼	1647	-	▼	1807	-	1852	-	1952	-	2052	-	2102	-	2156	2211	-	2305	-	-	-	-	-		
Wetheral	1550	1557	-	1657	-	1807	-	1852	-	1952	-	2052	-	2102	-	2156	2211	-	2305	-	-	-	-	-		
Carlisle	a	1559	1607	-	1707	-	1744	1817	-	1901	-	2002	-	2102	-	2156	2211	-	2305	-	-	-	-	-		

Notes All services operated by Northern.

a Arrival time.
d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

M Interchange with Tyne & Wear Metro.

DRY Dry train. Alcohol in opened and unopened containers not permitted. Travel may also be refused if you are under the influence.

Newcastle • Prudhoe • Hexham • Haltwhistle • Carlisle

Sundays

																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					</
--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	----

Notes
a Arrival time.
d Departure time.
M Interchange with Tyne & Wear Metro.
All services operated by Northern.

Newcastle • Prudhoe • Hexham • Haltwhistle • Carlisle

Sundays

Newcastle Central	M	d	1755	1817	1832	1855	1915	1955	2015	2035	2100	1823
Dunston			▼	1822	▼	1920	▼	2020	▼	2105	1900	
MetroCentre			1803	1826	1840	1903	1924	2003	2024	2043	2109	1831
Blaydon			1807	-	-	▼	-	2007	-	-	2113	1835
Wylam			1813	-	-	1911	-	2013	-	-	2119	1842
Prudhoe			1818	-	-	1915	-	2018	-	-	2124	1846
Stocksfield			1822	-	-	1920	-	2022	-	-	2128	1850
Riding Mill			1827	-	-	1924	-	2027	-	-	2133	1855
Corbridge			1831	-	-	1928	-	2031	-	-	2137	1859
Hexham			1837	-	-	1934	-	2037	-	-	2143	1905
Haydon Bridge			1846	-	-	1943	-	2047	-	-	2153	1915
Bardon Mill			▼	-	-	1949	-	2053	-	-	2159	1921
Haltwhistle			1858	-	-	1957	-	2100	-	-	2206	1928
Brampton			1913	-	-	▼	-	2115	-	-	2221	1943
Wetheral			1922	-	-	▼	-	2124	-	-	2230	1952
Carlisle		a	1935	-	-	2028	-	2134	-	-	2240	2002

Notes
a Arrival time.
d Departure time.
M Interchange with Tyne & Wear Metro.
All services operated by Northern.

Mondays to Saturdays

	SX	SO	SLB	NNT	SO	SX	MPT	MPT	NNT	MPT	BTT	MPT	WBT	MPT	NNT	SO	SX									
	SLB	SLB	SLB	NNT	NNT	NNT	MPT	MPT	MPT	MPT	MPT	MPT	MPT	MPT	NNT	NNT	NNT									
d	-	-	-	0557	0557	0632	0659	0725	-	0803	0820	-	0922	0952	-	1125	1152	-	1253	-	1332	1355				
	-	-	-	0604	0604	0639	0706	-	-	0810	0827	-	0932	-	0932	-	1132	-	-	-	-	1339				
	-	-	-	0614	0614	▼	0716	►	-	▼	0837	-	0942	►	0942	-	1142	►	-	-	-	1349				
	-	-	-	0629	0629	0703	0731	0754	-	0833	0852	-	0957	1020	-	1053	1122	-	1157	1220	-	1404	1423			
	-	-	-	0636	0636	0710	0738	-	-	0840	0859	-	-	1100	-	1100	-	▼	-	-	-	-	-			
	-	-	-	0642	0642	0715	0743	►	-	0846	0905	-	1007	►	-	1106	►	-	1207	►	-	-	1414			
	0609	0609	0637	0652	0652	0725	0754	0814	0826	0857	0918	0956	1018	1040	1055	1118	1142	1156	1218	1240	1255	1256	1341	1356	1425	1443
	0613	0614	0642	0657	0729	0758	-	0831	0901	-	1000	-	1059	-	1059	-	1200	-	1259	1300	-	1400	-	-	-	
	0618	0618	0646	0701	0734	0803	-	0835	0906	-	1005	-	1104	-	1104	-	1205	-	1304	1305	-	1405	-	-	-	
	0622	0622	0650	►	0705	0738	0807	-	0839	0910	-	1009	►	1108	►	1108	-	1209	►	1308	1309	-	1409	-	-	
	0626	0627	0655	0704	0710	0742	0811	0826	0844	0914	0930	1012	1030	1052	1112	1130	1154	1213	1230	1252	1312	1313	1353	1413	1437	1455
	0631	0631	0659	0709	0715	0747	0816	0831	-	0919	-	1018	-	1117	-	1117	-	1218	-	1317	1318	-	1418	-	-	
	0637	0637	0705	0715	0721	0753	0822	0841	►	0925	►	1024	►	1123	►	1123	►	1223	►	1323	1324	►	1424	►	-	-
	0641	0642	0710	0720	0726	0758	0827	0846	0856	0930	0944	1029	1044	1104	1128	1144	1208	1228	1244	1304	1328	1329	1405	1429	1449	1507
	0645	0645	0713	0724	0729	0801	0830	-	▼	0933	►	1032	►	1131	►	1131	►	1231	►	1331	1332	►	1432	►	-	-
a	0651	0652	0720	0733	0736	0809	0839	0854	0906	0945c	0955	1039	1054	1112	1138	1153	1222	1238	1255	1313	1339	1413	1439	1457	1516	

Notes

a Arrival time.

d Departure time.

SX Runs Monday to Friday only.

SO Runs Saturday only.

BTT To Battersby.
NNT To Nunthorpe.
MPT To Morpeth.

LB To Saltburn-by-the-Sea.
TB To Whitby.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Mondays to Saturdays

[illegible]

Notes

a Arrival time.

SX Runs Monday to Friday only.

SO Runs Saturday only.

BTT To Battersby.
NNT To Nunthorpe.
MPT To Morpeth.

All services operated by Northern.
LB To Saltburn-by-the-Sea.
TB To Whitby.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Mondays to Saturdays

	SX	SO	SX
Carlisle	d 2204	-	-
Wetheral	2211	-	-
Brampton	2221	-	-
Haltwhistle	2236	-	-
Bardon Mill	2243	-	-
Haydon Bridge	2249	-	-
Hexham	2259	2327 2341	
Corbridge	2304	2332 2346	
Riding Mill	2308	2336 2350	
Stocksfield	2312	2340 2354	
Prudhoe	2317	2345 2359	
Wylam	2321	0004	
Blaydon	2327	▼	▼
MetroCentre	2332	2357 0013	
Dunston	2335	▼	▼
Newcastle Central	M a 2342	0006 0024	

Sundays

	MPT	NNT	WTB	MPT	NNT	WTB	MPT	NNT	WTB	MPT	NNT	WTB	MPT	NNT						
-	0844	-	0954	-	1054	-	1154	-	1254	-	1354	-	1449	-						
-	0851	-	→	1101	-	→	1301	-	→	1456	-	→	1506	-						
-	0901	-	→	1111	-	→	1311	-	→	1506	-	→	1556	-						
-	0916	-	1022	-	1126	-	1222	-	1326	-	1422	-	1521	-						
-	0923	-	1029	-	1229	-	1429	-	→	1521	-	→	1571	-						
-	0929	-	1035	-	→	1235	-	→	1435	-	→	1531	-	→						
-	0940	-	1046	-	1145	-	1246	-	1345	-	1446	-	1542	-						
-	0944	-	1050	-	1150	-	1250	-	1350	-	1450	-	1546	-						
-	0949	-	1055	-	1154	-	1255	-	1354	-	1455	-	1551	-						
-	0953	-	1059	-	1158	-	1259	-	1358	-	1459	-	1555	-						
-	0957	-	1103	-	1203	-	1303	-	1403	-	1503	-	1559	-						
-	1002	-	1108	-	1207	-	1308	-	1407	-	1508	-	1604	-						
-	1008	-	→	1213	-	→	1413	-	→	1510	-	→	1610	-						
0950	1013	1038	1057	1117	1138	1158	1218	1238	1258	1317	1338	1358	1418	1438	1458	1517	1535	1556	1615	1638
0953	▼	1041	▼	1141	▼	1241	▼	1341	▼	1441	▼	1538	▼	1641						
0959	1022	1053	1105	1126	1148	1207	1227	1248	1306	1327	1349	1406	1427	1448	1506	1526	1544	1605	1623	1649

Notes

- a Arrival time.
- d Departure time.

- SX Runs Monday to Friday only.
- SO Runs Saturday only.

- M Interchange with Tyne & Wear Metro
- NNT To Nunthorpe.

- MPT To Morpeth.
- WTB To Whitby.

All services operated by Northern.

Carlisle • Haltwhistle • Hexham • Prudhoe • Newcastle

Sundays

	NNT	MPT	MPT	SLB										
d	1554	-	1652	-	1754	-	1848	-	1948	2038				
Carlisle	-	-	1659	-	→	1855	-	1955	2045					
Wetheral	→	-	1709	-	-	1905	-	2005	2055					
Brampton	-	1622	-	1724	-	1822	-	1920	2020	2110				
Haltwhistle	-	1629	-	→	-	1829	-	→	2027	2117				
Bardon Mill	-	1635	-	1734	-	1835	-	1930	-	2033	2123			
Haydon Bridge	-	1646	-	1745	-	1846	-	1941	-	2043	2133			
Hexham	-	1650	-	1749	-	1850	-	1945	-	2048	2138			
Corbridge	-	1655	-	1754	-	1855	-	1950	-	2052	2142			
Riding Mill	-	1659	-	1758	-	1859	-	1954	-	2056	2146			
Stocksfield	-	1703	-	1802	-	1903	-	1958	-	2101	2151			
Prudhoe	-	1708	-	1807	-	1908	-	2003	-	2105	2155			
Wylam	-	→	-	1812	-	→	2009	-	2111	2201				
Blaydon	1658	1717	1741	1758	1817	1840	1858	1917	1948	2014	2038	2058	2116	2206
MetroCentre	→	1744	→	1843	→	1951	→	2041	→	2209				
Dunston	1706	1726	1750	1809	1826	1850	1906	1926	1959	2023	2048	2106	2125	2216
Newcastle Central	M	a												

Notes

- a Arrival time.
- d Departure time.

- M Interchange with Tyne & Wear Metro.
- NNT To Nunthorpe.
- MPT To Morpeth.

- SLB To Saltburn-by-the-Sea.

All services operated by Northern.

The Staycation Express

Unfortunately Rail Charter Services have suspended their Settle to Carlisle tourist rail service for 2022, but hope to be back in 2023.

Northern services along the Settle to Carlisle line will run as normal and will largely be run by 3-car and 4-car trains. However, at certain times services may run as 2-cars.

Reservations are not available on any Northern service, including services along the Settle to Carlisle line.



Train times

Leeds - Settle - Appleby - Carlisle

- Carlisle
- Armathwaite
- Lazonby & Kirkoswald
- Langwathby
- Appleby
- Kirkby Stephen
- Garsdale
- Dent
- Ribbleshead
- Horton-in-Ribblesdale
- Settle
- Skipton
- Leeds

Includes DalesRail & Winter Rambler services

Leeds • Skipton • Hellfield • Settle • Appleyby • Carlisle

Monday to Saturdays

	SX	SO	SX	SO	SX	SO	SX	SO	SX					
Leeds	d	0515	0620	0748	0748	0919	0920	1049	1318	1518	1648	1818	1819	1949
Shipley		0528	0634	0801	0801	0932	0933	1103	1333	1533	1702	1832	1832	2002
Bingley		0535	0641	0806	0806	0937	0938	1107	1337	1537	1707	1837	1837	2007
Keighley	🚶	0542	0648	0812	0812	0942	0943	1113	1343	1543	1713	1842	1842	2012
Skipton	a	0557	0704	0824	0825	0957	0957	1125	1355	1555	1725	1855	1855	2026
Skipton	d	0559	0706	0826	0827	0959	0959	1127	1357	1559	1727	1856	1856	2027
Gargrave		0604	0711	0832	0833	1004	1004	1133	▼	1604	1732	1902	1902	2033
Hellfield		0615	0720	0840	0841	1013	1013	1141	1409	1613	1741	1910	1910	2042
Long Preston		0617	0722	0843	0844	1015	1015	1144	▼	1743	1913	1913	1913	2044
Settle		0623	0728	0850	0850	1022	1022	1151	1417	1620	1749	1919	1919	2050
Horton-in-Ribblesdale		0632	0737	0858	0858	1031	1031	1159	1425	1629	1758	1927	1927	2059
Ribblehead		0640	0745	0906	0906	1039	1039	1207	1433	1637	1806	1935	1935	2108
Dent		0649	0754	0916	0916	1048	1048	1217	1443	1646	1815	1944	1944	-
Garsdale		0655	0800	0921	0921	1054	1054	1222	1448	1652	1821	1950	1950	-
Kirkby Stephen		0707	0812	0934	0934	1106	1106	1235	1501	1704	1833	2002	2002	-
Appleyby		0720	0825	0948	0948	1119	1119	1248	1514	1717	1846	2015	2015	-
Langwathby		0734	0839	1001	1001	1132	1132	1302	1528	1731	1900	2028	2028	-
Lazonby & Kirkoswald		0739	0844	1007	1007	1138	1138	1308	1533	1736	1905	2034	2034	-
Armthwaite		0747	0852	1015	1015	1146	1146	1316	1541	1744	1913	2042	2042	-
Carlisle	a	0802	0907	1030	1030	1201	1201	1331	1602	1800	1928	2057	2057	-

Notes

- a Arrival time.
- d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

🚶 DalesRail from Blackpool North
Runs until Sunday 11 September.

All services operated by Northern.
🚶 Interchange with the Keighley & Worth Valley Railway.

Carlisle • Appleyby • Settle • Hellfield • Skipton • Leeds

Monday to Saturdays

	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	
Carlisle	d	0549	-	0753	0824	0927	1058	1340	1340	1450	1618	1824	2013	2015	-
Armthwaite		0603	-	0808	0838	0941	1112			1504	1632	1838	2027	2029	-
Lazonby & Kirkoswald		0610	-	0816	0845	0948	1120			1511	1639	1845	2034	2036	-
Langwathby		0617	-	0822	0852	0955	1126	➔		1518	1646	1852	2041	2043	-
Appleyby		0631	-	0836	0906	1009	1141	1416	1417	1532	1700	1906	2055	2057	-
Kirkby Stephen		0644	-	0849	0920	1023	1154	1429	1431	1546	1714	1920	2108	2111	-
Garsdale		0658	-	0903	0933	1036	1208			1559	1727	1933	2121	2124	-
Dent		0703	-	0908	0938	1041	1213			1604	1732	1938			-
Ribblehead		0713	0713	0918	0948	1051	1222			1614	1742	1948		2145	
Horton-in-Ribblesdale		0719	0719	0925	0954	1057	1229			1620	1748	1954	➔	2151	
Settle		0727	0727	0933	1002	1105	1237	1506	1507	1628	1756	2002	2146	2148	2159
Long Preston		0733	0733	0938	1008	➔	➔	➔	➔	1634	1802	2008		2205	
Hellfield		0736	0736	0941	1011	1113	1244	1514	1514	1637	1805	2011		2208	
Gargrave		0744	0744	0950	1019	➔	➔	1522	1522	1645	1813	2019	➔	2216	
Skipton	a	0752	0752	0957	1026	1127	1259	1527	1528	1654	1821	2027	2206	2209	2225
Skipton	d	0754	0754	0959	1028	1128	1300	1529	1530	1659	1829	2029	2211	2211	2226
Keighley	🚶	0805	0807	1009	1038	1138	1310	1541	1541	1709	1839	2039	2221	2221	2241
Bingley		0812	0812	1013	1045	1145	1315	1546	1546	1714	1844	2044	2226	2226	2248
Shipley		0817	0818	1019	1050	1150	1320	1551	1551	1720	1850	2051	2231	2231	2255
Leeds	a	0834	0835	1034	1107	1204	1338	1605	1605	1738	1908	2106	2248	2248	2311

Notes

- a Arrival time.
- d Departure time.

SX Runs Monday to Friday only.
SO Runs Saturday only.

🚶 DalesRail from Blackpool North
Runs until Sunday 11 September.

All services operated by Northern.
🚶 To Nottingham via Wakefield
Kirkgate, Barnsley & Sheffield.
Interchange with the Keighley & Worth Valley Railway.

Sundays

	SX	SO	SX	SO	SX	SO	SX	SO	SX
Leeds		0859	-	1116	1232	1423	1623	1852	-
Shipley		0913	-	1129	1245	1437	1637	1905	-
Bingley		0920	-	1134	1249	1442	1641	1909	-
Keighley	🚶	0927	-	1139	1255	1447	1647	1916	-
Skipton	a	0943	-	1150	1306	1502	1701	1933	-
Skipton	d	0945	-	1152	1309	1503	1701	1933	-
Gargrave		0950	-	✓	1315	1509	✓	✓	-
Hellfield		0959	1028	1205	1323	1517	1713	1945	-
Long Preston		✓	✓	✓	✓	1326	1520	✓	✓
Settle		1007	1037	1213	1333	1526	1721	1953	-
Horton-in-Ribblesdale		1016	1046	-	-	1342	1535	1730	2002
Ribblehead		1024	1054	-	-	1351	1543	1738	2010
Dent		1034	1104	-	-	1401	1553	1748	2020
Garsdale		1040	1109	✓	✓	1407	1559	1753	2025
Kirkby Stephen		1053	1122	1252	1420	1612	1806	2038	-
Appleyby		1106	1136	1305	1432	1624	1819	2051	-
Langwathby		1120	1150	-	-	1446	1638	1833	2105
Lazonby & Kirkoswald		1126	1156	-	-	1452	1644	1839	2111
Armthwaite		1134	1204	✓	✓	1500	1652	1847	2119
Carlisle		1152	1219	1342	1515	1708	1903	2139	-

All services operated by Northern.
🚶 Interchange with the Keighley & Worth Valley Railway.

Sundays

	SX	SO	SX	SO	SX	SO	SX	SO	SX
Carlisle		0925	1223	1520	1607	1648	1725	1911	-
Armthwaite		0939	1237	1534	-	1702	1739	1925	-
Lazonby & Kirkoswald		0946	1244	1541	-	1709	1746	1932	-
Langwathby		0953	1251	1548	✓	1715	1753	1939	-
Appleyby		1007	1305	1602	1644	1731	1808	1953	-
Kirkby Stephen		1021	1319	1615	1657	1744	1822	2007	-
Garsdale		1034	1332	1628	-	1757	1835	2020	-
Dent		1040	1338	1633	-	1803	1841	2026	-
Ribblehead		1049	1347	1643	-	1812	1850	2035	-
Horton-in-Ribblesdale		1056	1354	1650	✓	1819	1857	2042	-
Settle		1104	1402	1658	1734	1827	1906	2051	-
Long Preston		1110	1408	1704	✓	✓	✓	2056	-
Hellfield		1113	1411	1707	1742	1837	1913	2059	-
Gargrave	a	1121	1420	✓	✓	-	-	2107	-
Skipton	d	1130	1430	1720	1757	-	-	1928	2116
Keighley	🚶	1130	1430	1723	1758	-	-	1930	2117
Bingley		1140	1440	1733	1808	-	-	1940	2127
Shipley		1145	1444	1740	1813	-	-	1945	2132
Leeds	a	1150	1449	1747	1818	-	-	1950	2138
		1207	1508	1805	1834	-	-	2007	2154

All services operated by Northern.
🚶 To Nottingham via Wakefield
Kirkgate, Barnsley & Sheffield.
Interchange with the Keighley & Worth Valley Railway.

Summer DalesRail & Winter Rambler services

Blackpool • Hellifield • Settle • Carlisle

Sundays

	▼		*		*
Blackpool North	d	0840	0812	-	-
Poulton-le-Fylde		0846	0818	-	-
Kirkham & Wesham		0855	0827	-	-
Preston		0907	0839	-	1526
Lostock Hall		0914	0845	▼	1533
Bamber Bridge		0917	0848	▼	1536
Blackburn	d	0928	0900	▼	1551
Ramsgreave & Wilpshire		0934	0906	-	1557
Langho		0939	0911	-	1601
Whalley		0943	0915	-	1605
Clitheroe		0950	0924	-	1612
Hellifield		1028	0947	0959	1635
Long Preston	▼		-	▼	-
Settle	d	1037	-	1007	-
Horton-in-Ribblesdale		1046	-	1016	-
Ribblehead		1054	-	1024	-
Dent		1104	-	1034	-
Garsdale		1109	-	1040	-
Kirkby Stephen		1122	-	1053	-
Appleby		1136	-	1106	-
Langwathby		1150	-	1120	-
Lazonby & Kirkoswald		1156	-	1126	-
Armathwaite		1204	-	1134	-
Carlisle	a	1219	-	1152	-
					1713
					1721
					1730
					1738
					1748
					1753
					1806
					1819
					1833
					1839
					1847
					1903

Train times

Leeds - Lancaster - Morecambe

Summer DalesRail & Winter Rambler services

Carlisle • Settle • Hellifield • Blackpool

Sundays

	▼		*		*
Carlisle	d	1648	-	1520	-
Armathwaite		1702	-	1534	-
Lazonby & Kirkoswald		1709	-	1541	-
Langwathby		1715	-	1548	-
Appleby		1731	-	1602	-
Kirkby Stephen		1744	-	1615	-
Garsdale		1757	-	1628	-
Dent		1803	-	1633	-
Ribblehead		1812	-	1643	-
Horton-in-Ribblesdale		1819	-	1650	-
Settle		1827	-	1658	-
Long Preston	▼		-	▼	-
Hellifield	d	1837	1030	1707	1734
Clitheroe		1900	1058	-	1800
Whalley		1906	1104	-	1806
Langho		1911	1109	-	1811
Ramsgreave & Wilpshire		1916	1114	-	1816
Blackburn		1928	1133	-	1826
Bamber Bridge		1938	1143	-	1836
Lostock Hall		1942	1147	-	1839
Preston		1952	1157	-	1848
Kirkham & Wesham		2001	-	-	1857
Poulton-le-Fylde		2010	-	-	1906
Blackpool North	a	2019	-	-	1913

Notes All services operate by Northern.

a Arrival time. d Departure time. ▼ Until Sunday 11 November. * From Sunday 18 September.

- Heysham Port 🚢
- Morecambe
- Lancaster
- Carnforth
- Wennington
- Bentham
- Clapham (North Yorkshire)
- Giggleswick
- Hellifield
- Skipton
- Leeds

Includes the local service between Lancaster and Morecambe/Heysham Port.

Leeds • Skipton • Hellifield • Benthams • Lancaster • Morecambe

Monday to Saturdays

Leeds	d	-	(0626)	0819	1018	1218	1418	1726	1918
Shipley		-	0649	0832	1033	1233	1433	1740	1932
Bingley		-	0657	0837	1037	1237	1438	1745	1937
Keighley		↻	-	0704	0842	1043	1243	1443	1752 1943
Skipton	a	-	0723	0855	1055	1256	1457	1808	1957
Skipton	d	0522	0725	0856	1057	1258	1458	1810	2000
Gargrave		0528	0731	0902	1103	1304	1504	1815	2006
Hellifield		0537	0740	0910	1111	1312	1513	1824	2014
Long Preston		0540	0742	0913	1114	1315	1515	1826	2017
Giggleswick		0548	0750	0921	1122	1323	1523	1834	2025
Clapham		0556	0758	0929	1130	1331	1531	1843	2034
Bentham		0603	0805	0935	1136	1337	1538	1849	2040
Wenington		0608	0810	0940	1142	1343	1543	1855	2046
Carnforth		0622	0826	0956	1158	1359	1559	1911	2102
Lancaster	a	0631 (0844)	1006	1211	1409	1607	1924	2115	
Lancaster	d	-	-	1016	1214	1413	1623	1940	-
Bare Lane		-	-	1022	1220	1419	1629	1947	-
Morecambe	a	-	-	1027	1225	1423	1633	1951	-

HHB	0831 1033 1329 1532 1731
	0845 1046 1342 1545 1744
	0852 1050 1346 1549 1748
	0859 1056 1352 1555 1754
	0915 1108 1404 1608 1807
	0917 1110 1406 1609 1808
	0922 1115 1412 1615 1814
	0931 1124 1420 1623 1822
	0934 1126 1423 1626 1825
	0941 1134 1431 1634 1833
	0949 1142 1439 1642 1841
	0956 1148 1445 1648 1847
	1001 1153 1450 1653 1852
	1015 1209 1506 1709 1908
	1027 1219 1518 1721 1920
	1030 1229 1524 1724 1925
	1035 1235 1530 1730 1931
	1039 1240 1534 1734 1936

Notes

a Arrival time.
d Departure time.

▼ From Bradford F. Sq (0644)
Calls all stations to Skipton.

HHB To Heysham Port (1258).



Interchange with the Keighley & Worth Valley Railway.

All services operated by Northern.

Morecambe • Lancaster • Benthams • Hellifield • Skipton • Leeds

Monday to Saturdays

Morecambe	d	-	-	1031	1232	1432	1731	2006	-
Bare Lane		-	-	1035	1236	1437	1735	2010	-
Lancaster	a	-	-	1042	1242	1443	1742	2016	-
Lancaster	d	0648	0941	1046	1245	1448	1745	2030	2131
Carnforth		0658	0951	1056	1255	1457	1756	2040	2143
Wenington		0712	1005	1110	1308	1511	1809	2054	2157
Bentham		0718	1011	1116	1314	1517	1815	2100	2202
Clapham		0725	1018	1122	1320	1523	1821	2106	2209
Giggleswick		0734	1027	1132	1330	1533	1831	2116	2218
Long Preston		0742	1036	1139	1337	1540	1839	2123	2226
Hellifield		0745	1039	1142	1340	1543	1842	2126	2228
Gargrave		0754	1048	1150	1349	1551	1850	2134	2237
Skipton	a	0802	1056	1157	1356	1558	1858	2141	2244
Skipton	d	0804	1101	1159	1359	1600	1859	2143	-
Keighley	↻	0817	1111	1209	1409	1610	1909	2155	-
Bingley		0822	1116	1214	1414	1615	1914	2200	-
Shipley		0827	1121	1219	1419	1620	1920	2206	-
Leeds	a	0841	1140	1238	1437	1638	1939	2222	-

HHB	1049 1322 1540 1738 2004
	1053 1326 1544 1742 2008
	1059 1344 1552 1751 2017
	1105 1344 1552 1751 2017
	1115 1354 1602 1801 2029
	1129 1408 1615 1814 2043
	1135 1414 1621 1820 2048
	1141 1420 1627 1827 2055
	1150 1429 1636 1835 2103
	1159 1437 1645 1844 2112
	1202 1440 1648 1847 2115
	1210 1448 1656 1855 2123
	1219 1456 1704 1903 2132
	1222 1458 1708 1905 2134
	1232 1508 1718 1915 2144
	1238 1512 1723 1920 2149
	1248 1517 1728 1925 2154
	1304 1537 1746 1944 2209

Notes

a Arrival time.
d Departure time.

HHB From Heysham Port (1304).

All services operated by Northern.

Lancaster • Bare Lane • Morecambe • Heysham Port

Mondays to Saturdays

	TF	▼	SX	●	SO	MO	■	SX	SO		TF	▼	SX	●	SO	MO	■	SX	SO		TF	▼	SX	●	SO	MO	■	SX	SO		
Lancaster	d		0517	0517	0517	0530	0618	0625	0723	0756	0841	0923	1016	1018	1050	1128	1136	1214	1249												
Bare Lane			0541	0541	0541	0553	0624	0631	0728	0801	0846	0928	1023	1024	1055	1133	1142	1220	1255												
Morecambe	a		0545	0545	0545	0557	0628	0635	0732	0805	0850	0932	1027	1028	1059	1137	1146	1225	1259												
Heysham Port	a																														1317

		SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO	SX	SO	SO
--	--	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

		SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO
--	--	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----

Notes

a

Arrival time.

d

Departure time.

SX

Runs Monday to Friday only.

MO

Runs Monday only.

TF

Runs Tuesday to Friday only.

Interchange with ferry services to and from the Isle of Man.

Runs until 13 June.

Runs until 17 June.

Runs from 20 June.

All services operated by Northern.

Heysham Port • Morecambe • Bare Lane • Lancaster

Mondays to Saturdays

	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO		SX	SO	SX	SO	SX	SO	SX	SO	SX	SO		
Heysham Port		d																													
Morecambe	d	0602	0610	0700	0741	0823	0854	0941	1031	1033	1115	1122	1141	1152	1232	1339	1422	1432													
Bare Lane		0606	0614	0704	0745	0827	0858	0945	1035	1037	1119	1126	1145	1156	1236	1343	1426	1437													
Lancaster	a	0613	0621	0712	0751	0835	0905	0951	1042	1043	1124	1132	1151	1206	1242	1349	1434	1443													

	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO	SX	SO
Heysham Port	d	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Morecambe	d	1504	1509	1543	1638	1702	1704	1731	1813	1841	1941	1949	2006	2055	2115	2149	2220	2221														
Bare Lane		1508	1513	1547	1642	1706	1708	1735	1817	1845	1945	1953	2010	2059	2119	2153	2224	2225														
Lancaster	a	1514	1518	1553	1648	1712	1714	1742	1824	1851	1951	2000	2016	2107	2125	2159	2229	2231														

		SX	
Heysham Port		d	-
Morecambe		d	2252
Bare Lane			2256
Lancaster		a	2302

Notes

a

Arrival time.

d

Departure time.

SX

Runs Monday to Friday only.

SO

Runs Saturday only.

Interchange with ferry services to and from the Isle of Man.

Runs Monday to Friday only.

Runs Saturday only.

To Leeds via Skipton.

All services operated by Northern.

Sundays

1030	1130	1229	1339	1427	1524	1630
1035	1136	1236	1345	1433	1530	1636
1039	1140	1240	1349	1437	1534	1640
-	-	1258	-	-	-	-

1724	1830	1925	2030	2130		
1730	1836	1932	2036	2136		
1734	1840	1936	2040	2140		
-	-	-	-	-	-	-

Sundays

LDS	LDS	LDS	LDS	LDS	LDS	LDS
-	-	1304	-	-	-	-
1049	1145	1322	1357	1441	1540	1658
1053	1149	1326	1401	1445	1544	1702
1059	1155	1333	1407	1452	1549	1709

LDS	LDS	LDS	LDS	LDS	LDS	LDS
-	-	-	-	-	-	-
1738	1902	2004	2105	2200		
1742	1906	2008	2109	2204		
1748	1912	2014	2115	2210		

All services operated by Northern.

Notes

Blank lined area for notes on page 106.

Notes

Blank lined area for notes on page 107.



Guide to Train Services

Coast, Lakes, Dales & Fells

Cover image
A view from a boat on one
of the Lake District's lakes
By Scott / Adobe Stock Image



northernrailway.co.uk

Check times and fares

National Rail Enquiries

03457 48 49 50

Textphone 0345 60 50 60

nationalrail.co.uk



Contact us

0800 200 6060

northernrailway.co.uk/comments

enquiries@northernrailway.co.uk

Customer Experience Centre

Freepost NORTHERN RAILWAY



Access information & assistance

0800 138 5560

Textphone 0800 138 5560

assistance@northernrailway.co.uk



Stay social with us

@northernassist

for help, advice and travel updates

0600 until 2200, 7 days a week