

Life can be tough and we can spend a lot of time thinking about how lonely we feel. We might find ourselves asking the question:
Is this all there is and can I really find happiness ?
 You see, God created each of us with a capacity to love and be loved. The love of this world often leaves us feeling empty and void of peace and happiness. Only God can satisfy the longing in our hearts to be loved.
"How great is the love the Father has given to us that we might be called Children of God. And that is who we are." Bible - I John 3:1
 God can fill our heart's void with his perfect love only if we ask him.
 God has given us his presence to fill our lives and our hearts so we no longer feel empty.
"If we say we have no sin we deceive ourselves and the truth is not in us. If we confess our sin, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."
 Bible - I John 1:8,9
 Our heart's void cannot be filled up with our own righteousness or good works because only God's love can change and fill our empty hearts with his love.

Pray the prayer on the back of this tract.



Say goodbye to loneliness and emptiness inside. Call on Jesus now for fullness of life. Receive his love into your hearts and lives.

Bible - I Peter 2:9

"But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him you called out of darkness into his wonderful light."

Once we receive him into our hearts, we now are sons and daughters of God. No more struggling to fit in. In Christ, we are now loved and belong to the family of God.

Bible - John 1:12

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God."

Our loneliness is turned into fullness only when we find a relationship with Jesus. Only then will he come and live in our hearts by faith.

How to Receive Peace & Forgiveness with God

1. **Admit** - personally admit to God that you want to be free from sin's death penalty
2. **Confess** - your sins to God asking him to forgive you for living without him
3. **Believe** - in your heart that God raised Jesus from the dead
4. **Receive** - by faith ask Jesus to come into your heart to give you God's free gift of salvation

The evidence of new life in Christ will be peace in your heart, which will follow your confession of faith. You are now alive spiritually.

We are now guaranteed Eternal Life in Heaven when we die.

Bible Ephesians 1:13b-14a says ***"When you believed you were marked in Him with a seal, the promised Holy Spirit who is a deposit guaranteeing our inheritance"...***

The Sinner's Prayer

Lord, I admit that I need you and I confess my sin. Forgive me for living without you. I believe Jesus died on the cross for my sin. Cleanse me now. I ask you to come into my heart and life. Be my Saviour from this day forward until you call me home. Amen

Do you ever feel

Lonely ?

Heartache ?

Empty inside ?

And you don't know why

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