

## wAIHA QUICK FACTS



### PEAK AGE:

50-70 years old

People any age can have wAIHA,  
with the peak age being 50-70  
years old

### BIOLOGY:

No familial hereditary component

### INCIDENCE:

1-3/100,000

diagnosed with wAIHA every year.

### PREVALANCE:

Approx. 1/8,000 are living with  
wAIHA

### CURRENT TREATMENTS:

FIRST LINE: Corticosteroids

SECOND LINE:

Immunosuppressive  
agents, Rituximab

THIRD LINE: Splenectomy

## CONNECT WITH US

Facebook Private Group for  
Patients and Care Partners



Public Facebook Page



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 **wAIHA Warriors**

A Dynamic Community  
for Warm Autoimmune  
Hemolytic Anemia  
Patients and Care  
Partners



## WHAT IS WAIHA?

Warm Autoimmune Hemolytic Anemia (wAIHA) is a type of autoimmune condition where the immune system mistakenly attacks and destroys healthy red blood cells. This happens because the body produces antibodies, usually IgG, that target these cells.

What makes wAIHA unique is that these antibodies are most active at normal body temperature (between 36.5–37.5°C or 97.7–99.5°F), which is why it's called "warm" AIHA. wAIHA can be classified as either: Idiopathic (primary): No known underlying cause or Secondary: Linked to another health condition.



**Your Support Turns  
Awareness Into Action  
for wAIHA Patients  
and Care Partners**

**[Donate to PayPal Giving Fund](#)**

## GET INVOLVED

**-Join our newsletter mailing list here:**

<https://waihawarriors.org/join-us>

**--Participate in wAIHA Warriors events:**

[-AIHA Awareness Day](#)

[-wAIHA Warriors Annual  
Patient Meeting](#)

### Real Warriors have Real Stories



**wAIHA Warriors** is a 501(c)(3) nonprofit organization dedicated to improving the quality of life for all who are affected by warm Autoimmune Hemolytic Anemia. Our mission is to promote collaboration in education, public awareness, research, and patient engagement.

**[www.waihawarriors.org](http://www.waihawarriors.org)**

## wAIHA SYMPTOMS

Symptoms typically develop over of several weeks to months, but in some cases, they can appear within just a few days. The severity and progression of symptoms can vary depending on how quickly the red blood cells are destroyed, the rate of the condition's onset, and whether there are any underlying health issues.

**Common Symptoms:** Fatigue, Paleness, Dizziness, Muscle weakness, Palpitations, Shortness of breath with exertion, Mild enlargement of the spleen

**Rarer Symptoms:** Dark urine, Jaundice

**Severe Symptoms:** Loss of consciousness, Chest pain, Rapid heartbeat



**Clinical trials** are essential for determining if a new treatment is safer, more effective, or has fewer side effects than existing options. wAIHA Warriors frequently collaborates with researchers and manufacturers on their studies and trials.

