

In Case of Attack Or Proactive Offensive

1 John 1:9 – If we confess our sins, he is faithful and just and will forgive us of our sins and purify us from all unrighteousness. **Proverbs 28:13** – Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy. **James 5:16** – Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Confess:

Acts 3:19 – Repent then and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord. **2 Peter 3:9** – The Lord is not slow to fulfill his promise... but is patient toward you, not wishing that any should perish, but that all should reach repentance. **Luke 13:3** – But unless you repent, you will perish.

Repent:

James 1:17 – Every good and perfect gift is from above, coming down from the Father of the heavenly lights... **Matthew 7:7-8** – Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. **Matthew 6:8** – Your Father knows what you need before you ask him.

Ask God for Help (*Insert specific prayer created from L.E.T. worksheet*):

1 Peter 4:2 – As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God. **Proverbs 3:5-6** – Trust in the Lord with all of your heart and lean not on your own understanding; in all of your ways submit to him, and he will make your paths straight. **Matthew 7:21** – Not

everyone who says to me, Lord, Lord; will enter the kingdom of heaven, but only the one who does the will of my Father who is in heaven.

Submit:

Exodus 15:26 – I am the Lord who heals you. **Isaiah 53:5** – But he was pierced for our transgressions... and by his wounds we are healed. **Psalms 147:3** – He heals the brokenhearted and binds up their wounds.

Heal:

Romans 6:6-7 – For we know that our old self was crucified with him... so that we should no longer be slaves to sin – because anyone who has died has been set free. **Galatians 5:16** – So I say walk by the Spirit, and you will not gratify the desire of the flesh. **1 Corinthians 10:13** – God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out.

Overcome:

John 17:20-21 – My prayer is... that all of them may be one, Father, just as you are in me and I am in you... so that the world may believe that you have sent me. **1 Corinthians 12:12-13** – Just as a body, though one, has many parts... so it is with Christ. For we were all baptized by one Spirit so as to form one body... **Ephesians 4:3** – Make every effort to keep the unity of the Spirit through the bond of peace.

Unify:

1 John 1:7 – But if we walk in the light as he is in the light, we have fellowship with one another, and the blood of Jesus... purifies us from all sin. **Psalms 32:5** – Then I acknowledged my sin to you and did not cover up my iniquity... and you forgave the guilt of my sin. **2 Corinthians 8:21** – For we are taking pains to do what is right, not only in the eyes of the Lord but also in the eyes of man.

Transparency:

Tell Someone About Your Discovery

LOGIC EMOTION\

LOGIC	EMOTION
What you think about the situation	What emotion are you feeling
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—	—
—	—
—	—
—	—
—	—
—	—
—	—

(Harder for emotional people to understand) (Harder for logically based people to understand)

L + E = Wise mind which is a combination of the two — both are valid

Wise mind is the combination of L & E

TRUTH What does God's Word say about this spiritual attack?

Wise Mind Statement (From above) + Truth (Word of God) = Specific Prayer

Add this to the "Ask God For Help" Section of CRASH OUT worksheet

Secret weapon activated!! Specific prayer disengages the lies of the devil's offense attack. When you speak truth then the power of the lie is disabled. When we raise the shield of faith that "God is truth and truth is the Word of God" — speak it aloud or silently when you feel this attack coming back.

Ephesians 6:10-18 – “A final word: Be strong in the Lord and his mighty power. Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh and blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Therefore, put on every piece of God’s armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground putting on the belt of truth and the body armor of God’s righteousness. For shoes, put on the peace that comes from the good news so that you will be fully prepared. In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. Put on salvation as your helmet, and take the sword of the Spirit which is the word of God. Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.”