

OOSTBURG FAMILY DENTISTRY

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WHAT TO DO AFTER A CROWN OR BRIDGE APPOINTMENT

Please follow these instructions and call us if you have any questions.

DO	DON'T
<p>Continue brushing your teeth, but be gentle around the temporary crown(s).</p> <p>If your gums are sore, rinse with warm salt water 3–4 times a day. Stir 1 teaspoon salt into a cup of warm water.</p> <p>For soreness, you may take aspirin, Advil (ibuprofen), Tylenol (acetaminophen), or Aleve (naproxen) — whichever works best for you.</p> <p>Call us if soreness lasts for more than 2 days.</p>	<p>Do not eat sticky foods, such as gum, caramels, taffy, or any other sticky food that may loosen the temporary crown(s).</p> <p>Do not floss on either side of the temporary crown(s), but continue flossing the rest of your teeth.</p> <p>If your temporary crown is in the front of your mouth, do not bite directly into food, such as into a sandwich, apple, cookies, corn-on-the-cob, etc.</p>

PLEASE NOTE:

- (1) Temporary crowns are only cemented with a weak, temporary cement so they can be easily removed later on — you must be careful not to loosen it.
- (2) If your temporary crown does loosen or come off, call the office immediately so that we can re-cement it. The temporary protects the tooth and keeps the gum and surrounding teeth from moving. If that happens, final placement of the crown or bridge will be more difficult.
- (3) The prepared tooth or teeth may be more sensitive and the gum may be more tender than usual for a short time.