

e:blast



EVERLASTING *Community Services*

November 2024 | Issue 1

EVERLASTING Community Services is the largest Brain Injury Assisted Living provider in Arizona.

Founded in 2006, Everlasting specializes in caring for residents living with traumatic and acquired brain injuries. Our three valley locations focus on Rehabilitation, Compassion and Integrity through a wide array of enrichment and rehabilitative programs.

Welcome to our Inaugural e:blast!

OUR LOCATIONS

Estrella Center

Located in the West Valley near 91st Avenue and Thomas, Estrella Center is a 124-bed facility with amenities that include a theater room, large dining and activity rooms, art studio/game room, comprehensive staff training room, courtyard and our new outdoor educational pavilion opening early 2025.

Camelback

Community based, Camelback features 8 beds for male residents in a convenient Phoenix location.

Ahwatukee

Located in the beautiful foothills, this 10-bed community-based home is also for male residents.



UPCOMING EVENTS

EVERLASTING COMMUNITY SERVICES PRESENTS
6TH ANNUAL *Art Show* OPEN HOUSE



DEC 13
2PM-5PM

Please join us for this special annual event

Refreshments will be served

Everlasting Community Services is Arizona's
leading Brain Injury Assisted Living provider.
Exemplary care, diverse enrichment programs.



Compassion, Rehabilitation & Integrity.

3100 N. 91st Ave. | Phoenix AZ 85037
602.388.1749

PAINTINGS | TEXTILES | JEWELRY | MIXED MEDIA

www.everlastingservices.com

You're Invited! Mark your calendars for this annual event. Refreshments will be served. We look forward to seeing you on December 13th from 2-5 pm at our Estrella Center campus: 3100 N. 91st Avenue, Phoenix.

Art is a tremendous therapeutic tool and is one of the many enrichment programs offered at Everlasting. Art will be available for purchase during the show. Art sales will go to the artist who created the piece.

OUTDOOR EDUCATION PAVILION UPDATE



Pictured above: Architectural rendering, Outdoor Education Pavilion (FFKR Architects).

We have broken ground on our Outdoor Education Pavilion! Estrella Center residents eagerly await its' early 2025 completion. When finished, it will be used to even further expand our dedication to resident-enrichment with gardening and aroma therapy, nutrition and cooking, exercise and physical therapy.

We are deeply grateful to the Arizona Health Care Cost Containment System (AHCCCS) for awarding Everlasting Community Services the funding through the American Rescue Plan. This support allows us to move forward with the Outdoor Education Pavilion Facility project, greatly enhancing the health, safety, and independence of our residents.

Watch upcoming e:blasts for news about our ribbon cutting!

HEART OF A VOLUNTEER - Feature

This month's resident volunteer is Robert S. Robert has been volunteering with St. Mary's Food Bank for 8 years. When asked what he likes most about volunteering for St. Mary's, Robert shared, "It's my way of giving back. I look forward to it every day!" Robert and his fellow *Everlasting Community Services Volunteers* go to St. Mary's every Wednesday. He encourages anyone who may be considering volunteering but isn't sure, "Come and join us... get a feel for it. They could really use your help- the more people, the better it is!"

Volunteering enhances social integration and skill development. It can also decrease anxiety, depression and behaviors. Enrichment programs like volunteering are an integral part of care at Everlasting.





Markus, Erik, Marc, Marisa, Robert and Jeremy volunteer weekly at St. Mary's Food Bank.



Erik and Marisa helping to prep Emergency Food Boxes for families in need.

NOVEMBER ACTIVITIES CALENDAR - Estrella Center

November 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Father Gabe's Visit 11:00 Guess the Logo Game 4:00 Arts and Crafts	 9:00 Yoga 10:00 National Candy Day 1:30 BINGO	 9:30 SCU Art Class 10:00 Art Class - AL 1:00 Fall Party	 9:00 Yoga 9:30 National Daughters Day 12:30 Food Bank Outing 3:00 Phoenix Art Museum Outing	 9:00 Pet Therapy Visit with Dotty 10:30 Leaf Coloring Activity 1:00 Pumpkin Craft	9:30 Silver Sneakers 1:00 Avondale Library Outing 1:30 Friday Movie 3:30 Painting in the Activity Center	9:30 Silver Sneakers 10:30 Fishbowl Game 1:00 Game Room
9:30 Mother Mary's Visit 11:00 Paint By Number 3:00 Game Room	Veterans Day 9:00 Yoga 10:30 National Ice Cream Sundae Day 1:30 BINGO	9:30 SCU Art Class 10:00 Art Class - AL 1:00 Botanical Garden Outing	9:00 Yoga 10:00 Fall Art Activity 12:30 Food Bank Outing 3:30 Karaoke	9:00 Pet Therapy Visit with Dotty 10:30 Art Activity 1:30 Comedy Show	9:30 Silver Sneakers 10:30 National Cappuccino Day 1:00 Friendship Park Outing 1:30 Friday Movie 3:30 Painting in the Activity Center	9:30 Silver Sneakers 10:30 Movie Watch Party 1:00 Coloring Activity
9:30 Mother Mary's Visit 1:00 National Hiking Day 4:00 Arts and Crafts	9:00 Yoga 10:00 National Princess Day 12:00 Barbecue at the Park	9:30 SCU Art Class 10:00 Art Class - AL 1:00 Police Museum Outing 3:30 National Monopoly Day	9:00 Yoga 10:00 Art Activity 12:30 Food Bank Outing 3:00 Game Room	9:00 Pet Therapy Visit with Dotty 10:30 Wax Melt Making in the Activity Center 1:00 November Birthday Party	9:30 Silver Sneakers 1:00 Arizona Waterfall Outing 1:30 Friday Movie 3:30 Painting in the Activity Center	9:30 Silver Sneakers 10:30 Board Games 1:30 Movie Watch Party
9:00 Exercise in the Theater Room 10:00 Family Feud 4:00 Arts and Crafts	9:00 Yoga 10:30 Art Activity 1:30 BINGO	9:30 SCU Art Class 10:00 Art Class - AL 1:00 Bowling at Uptown Alley 5:00 Thanksgiving Dinner	9:00 Yoga 10:00 National Music Day 12:30 Food Bank Outing 3:30 Karaoke	Thanksgiving 7:30 Fountain Hills Thanksgiving Day Parade 10:00 Art Activity 1:00 Comedy Show	9:30 Silver Sneakers 12:00 Penske Museum Outing 1:30 Friday Movie 3:30 Painting in the Activity Center	9:30 Silver Sneakers 10:30 DIY Fishbowl Game 1:00 Karaoke

HOLIDAYS & HAPPENINGS

Although it's bad to say "Beetlejuice" three times, apparently having multiple Beetlejuice... (Beetle-ji?) In one room is anything but! Residents from Camelback, Ahwatukee and Estrella Center gathered for a Halloween party that was nothing short of Spooktacular! A photo booth, music, dancing, haunted house contest, games, prizes and, of course, spooky treats!



Boo!



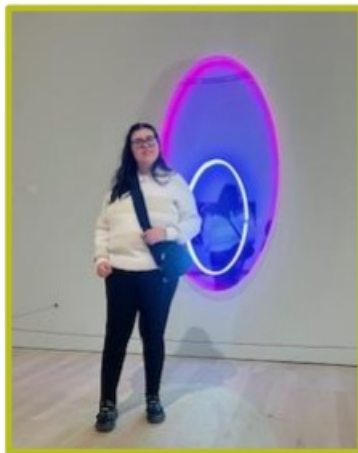
PHOENIX ART MUSEUM



Wednesday, November 6th was a great day for our art-loving residents as they took advantage of the Phoenix Art Museum's free entry day (the first Wednesday of every month). Participants already mentioned they are anxious to go back on the next free Wednesday.

Everyone enjoyed the exhibits and interaction. Art has long been one of the favorite enrichment activities at Everlasting Community Services. Our in-house art studio allows resident artists to paint, work with textiles, enjoy jewelry making, and explore all different types of mediums. Art exploration is limitless and includes abstracts, paint pours, seasonal and more!

Watch for more information about our 6th Annual Art Show coming up in December!



PHOENIX ZOO TRIP



November 15th was our Phoenix Zoo Trip.

Along with lions and tigers and bears (oh my!), residents enjoyed a snack followed by a Safari Cruiser Ride and Tour. During the Safari, the guide shared information about the animals as well as conservation efforts.

Everyone enjoyed the exhibits, including Arizona Trail, Desert Lives Trail and African Trail. After a busy morning, we had lunch before heading home. We sure are looking forward to the next Zoo trip in early 2025.





Our SCU (Special Care Unit) hosted an afternoon of Volleyball on November 18th. SCU and AL (Assisted Living) residents participated.

The Activities Team at Everlasting is focused on a myriad of enrichment programs that keep everyone busy and engaged.

To inquire about our community, schedule a tour, or make arrangements for an assessment, contact us at 623.934.4411.



TOURS & REFERRALS

Would you like to see what we are up to? We'd LOVE to show you around!

To schedule a tour or inquire about making a referral, please contact us:

Alicia Brown, ASB, LPN – Marketing Director

Ph: 602.388.1749 x202

alicia@everlastingservices.com



EVERLASTING
Community Services

Follow us!



Share This Email



Share This Email



Share This Email

Everlasting Services | 3100 N 91st Avenue | Phoenix, AZ 85037 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!