



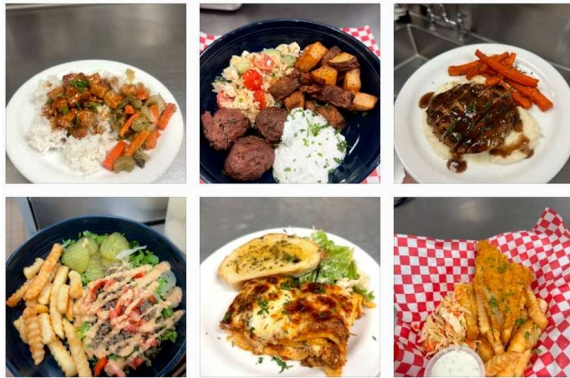
October 2025 *Above: Header artwork created by Everlasting residents.*

Everlasting is Arizona's largest Brain Injury Assisted Living provider.

Founded in 2006, Everlasting specializes in caring for residents living with brain injury or global cognitive impairment. Our three valley locations focus on Rehabilitation, Compassion and Integrity, through a wide array of enrichment programs.

A Night At The Museum!

Residents enjoyed an evening at the Phoenix Art Museum followed by dinner at the Old Spaghetti Factory.



Healthcare Food Service Week (5th-11th)

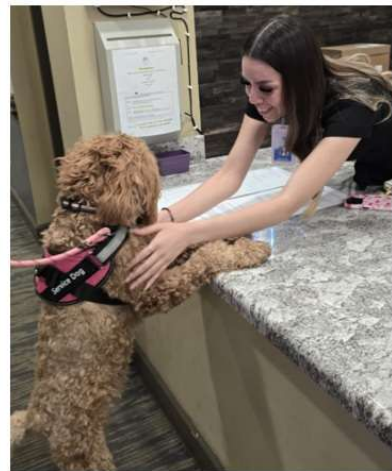
Hats off, or should we say, "*Chef hats off*" to our amazing kitchen staff who prepare predominantly scratch-made meals, including breads and pastries, while taking special dietary needs into consideration and juggling resident preferences.

Thank you for all you do!

Pictured left: Some resident favorites including Mediterranean turkey meatballs with tzatziki and Friday fish fry!

Meet Piper!

We are so excited to have therapy dog, Piper, visiting us! Residents and staff love when furry friends stop by! Many, many thanks to Piper's "mom" Pam, for bringing Piper in to say hello!



Common Brain Injury Symptoms

Fall means football, school sports and upcoming winter sports like snowboarding, skiing and hockey. Have fun, be safe... know the signs of brain injury:

- Seizures, migraines, headaches, fatigue
- Disorientation, confusion, dizziness
- Difficulty controlling anger or aggressive behavior
- Unsteady gait, poor coordination, balance, muscle control
- Inappropriate or impulsive behavior
- Impaired memory; deficits with attention, concentration, judgement
- Delayed thought processing and response time
- Depression, irritability, restlessness, impatience, anxiety, agitation
- Slurred speech, impaired vision or hearing

Seek medical attention for any head injuries, especially those accompanied by the symptoms listed above or loss of consciousness.

Residents of the Month!

OCTOBER



Congratulations Joni! You are always so helpful, helping to push fellow resident's wheelchairs as they are headed to meals or activities, helping to clean the dining area after meals and always being so friendly with a big smile for everyone!

Congratulations Paul! We all enjoy your smile and laugh. We appreciate and recognize your efforts to be patient and understanding!

Celebrating Hawaiian Culture

As part of our Wisdom Wednesday's *Culture and Diversity* classes, our Activities Department had a surprise for us on Friday, October 10th! Thank you Romeo (A Place At Home), and the talented dancers who entertained residents. One of the dancers shared that her father wrote many of the songs they danced too, sharing that one is about birds traveling on a rainbow. The dancers were able to bring the beautiful vision of birds traveling over rainbows to life. Thank you for sharing your incredible music and dancing with us!



National PT Month (October)

Shout-out to all of the dedicated Physical Therapists who work to increase independence, reduce fall risks, enhance stamina, decrease pain and more.

Whether you've experienced an injury, surgery or illness... you may have needed the orthopedic or neurological expertise of a Physical Therapist. Happy National PT Month!

Happy Case Management Week (12-18th)

Thank you to all of the hard-working case managers who help patients and families navigate complex healthcare systems during times of vulnerability. We appreciate all of the case managers who work so hard for our residents!



[Our Company](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Everlasting Services | 3100 N 91st Avenue | Phoenix, AZ 85037 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email & social marketing for free!