



*Happy Holidays!*

December 2024 | Issue 2

Everlasting Community Services is the largest Brain Injury Assisted Living provider in Arizona.

Founded in 2006, Everlasting specializes in caring for residents living with traumatic and acquired brain injury. Our three valley locations focus on Rehabilitation, Compassion and Integrity through a wide array of enrichment and rehabilitative programs.

## REFLECTIONS ON 2024

Dear Friends, Families and  
Healthcare Community Partners,

As we near the end of 2024, we can't help but reflect on a year that was marked by both transition and growth at Everlasting Services, including the departure of our long-standing Executive Director, Donna Hansen. Her tenure spanned more than a decade and her contributions to Everlasting's Mission: Compassion, Integrity and Rehabilitation, are invaluable. We are equally as fortunate to welcome new Executive Director, Joe West. Joe continues to build upon this legacy with his drive, compassion and unique contributions. We couldn't be more excited for the journey ahead, knowing that this change heralds a period of growth, opportunity



and continued excellence in caring and working for our residents, families and healthcare partners.

We couldn't reflect on 2024 without talking about the upcoming completion of the educational pavilion, the new centerpiece at Everlasting's Estrella Center. We enthusiastically await the ribbon cutting and the impact the pavilion will have - providing a space where residents can engage in gardening classes, gym participation, exercises, and fun events to enhance their lives. This tremendous construction project is a testament to our commitment to the Everlasting mission. The gardening classes will provide not only practical life skills but also therapeutic benefits that foster both physical and mental health through interaction with nature. The multi-purpose space will offer a safe space for exercise where residents can stay active. The pavilion will also be a welcoming space for relaxation, conversation, games and community. So much more than just a physical structure, it's about smiles, rehabilitation, progress, new activities and the life skills that it will foster inside our community.

To our many friends, families and healthcare partners, we feel an incredible sense of honor and gratitude to be part of the care and rehabilitation for so many amazing brain injury survivors. Thank you for your continued support and trust in us. We invite you to stop by anytime to meet Joe and his talented team who are the backbone of Everlasting Services. Here's to a bright 2025. Stay tuned for more exciting developments. Until then, we wish you countless joy and love during the holiday season.

Sincerely,



Sean & Janeth,  
Founders, Everlasting Community Services

## HEART OF A VOLUNTEER

This month's resident volunteer is Erick M. Erick has been volunteering with St. Mary's Food Bank for several years and says he really likes it because "they are really good people - everyone gets along." He enjoys giving back and adds, "I like to help the people that need to be helped!" If anyone is interested in volunteering, Erick says "Give it a try, you'll really like it!"



## 6th ANNUAL ART SHOW & CRAFT SALE

Everlasting Resident Artists were featured in our pop-up Art Gallery on December 13th. It was a fun event, catered by our Estrella Center's own Chef Gustavo and his remarkable staff. Thank you to the many community members who joined us in supporting our talented artists. Sales directly benefitted the artists and we are already looking forward to the event next year! Unsold pieces remain on display and available for purchase.



*Pictured above:  
visitors mingle with  
artists and look at  
featured art.*



*Top left: Jewelry made  
by Everlasting  
residents.*

*Lower left: textiles,  
jewelry and handbags.*



*Bottom: Artist  
creations including  
abstracts, paint pours,  
mixed media and  
pinatas.*



# DECEMBER ACTIVITY CALENDAR - Estrella Center



## December 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<b>1</b> 9:30 Father Gabe 1:30 Advent 3:00 Church Service	<b>2</b> 9:00 Outdoor walk 10:30 Puzzle Wreaths 1:30 activity 3:30 game 5:30 Chaplain John	<b>3</b> 9:00 Outdoor walk filwd by Resident Council Mtg 10:00 ALF Art Class 10:30 Arts & Crafts 1:30 Activity 3:30 Game	<b>4</b> 9:00 Outdoor Walk 10:30 Resident Tree Decorating 12:30 Food Bank volunteers 5-10pm Christmas Pageant	<b>5</b> 9:00 Outdoor Walk 10:30 Pet therapy w/ Dotty 1:30 Activity 3:30 game	<b>6</b> 9:00 Outdoor Walk 10:30 Arts and Crafts 1:30 Christmas Movie 3:30 game	<b>7</b> 9:00 Outdoor Walk 11-1pm Cinema (BIAAZ) 1:30 Activity
<b>8</b> 9:30 Church Services 1:30 Advent 3:00 Church Service	<b>9</b> 9:00 Outdoor Walk 10:30 Christmas bracelets 1:30 activity 3:30 game 5:30 Chaplain John	<b>10</b> 9:00 Outdoor Walk 10 ALF Art Class 10-3 Christmas Sale 10:30 Arts & Crafts 1:30 activity 3:30 game	<b>11</b> 9:00 Outdoor Walk 10-3 Christmas Sale 10:30 Arts & Crafts 12:30 Food Bank Volunteers 3pm Karaoke & popcorn	<b>12</b> 9:00 Outdoor Walk 10:30 Pet Therapy w/ Dotty 1:30 activity 3:30 game 6pm Christmas lights	<b>13</b> 9:00 Outdoor Walk 10:30 Arts & crafts 2-5pm Art Show 3:30 game	<b>14</b> 9:00 Outdoor walk 10:30 Game room and Nails 1:30 activity 6-8 Drive In movie
<b>15</b> 9:30 Church Service 10-1 Cinema (BIAAZ) 1:30 Advent 3:00 Church Service	<b>16</b> 9:00 Outdoor Walk 10:30 Christmas Sweater for Dotty 1:30 Activity 3:30 game 5:30 Chaplain John	<b>17</b> 9:00 Outdoor Walk 10:00 ALF Art Class 10:30 Arts & Crafts 1:30 Activity 3:30 Game 5:30-7:30 Game Night (BIAAZ)	<b>18</b> ALL THINGS GRINCH DAY 9:00 Outdoor Walk 10:30 Grinch Activities 12:30 Food Bank Volun. 3:00 How the Grinch Stole Christmas Movie/Goodies	<b>19</b> 9:00 Outdoor Walk 10:30 Arts & Crafts 12-2pm Christmas Party 6:00 Christmas lights	<b>20</b> 9:00 Outdoor Walk 10:30 Arts & Crafts 1:30 Christmas Movie 3:30 game	<b>21</b> 9:00 Outdoor walk 10:30 game room & nails 1:30 activity
<b>22</b> 9:30 Church Service 1:30 Advent 3:00 Church Service	<b>23</b> 9:00 Outdoor Walk 10:30 Christmas Crossword & word search 1:30 activity 3:30 game 5:30 Chaplain John	<b>24</b> 9:00 Outdoor Walk 10:00 ALF Art Class 10:30 Arts & Crafts 1:30 Activity 3:30 Game	<b>25</b> MERRY CHRISTMAS 9:00 Outdoor Walk 10:30 Arts & Crafts 2:00 Christmas Karaoke & S'MORES!	<b>26</b> 9:00 Outdoor walk 10:30 Pet Therapy w/ Dotty 1:30 activity 3:30 game 6pm Christmas lights	<b>27</b> 9:00 Outdoor walk 10:30 arts & crafts 1pm December birthday party 3:30 game	<b>28</b> 9:00 outdoor walk 10:30 game room and nails 1:30 activity
<b>29</b> 9:30 church service 1:30 activity 3:00 church service	<b>30</b> 9:00 outdoor walk 10:30 snowflake art 1:30 activity 3:30 game 5:30 Chaplain John	<b>31</b> 9:00 outdoor walk 10:00 ALF Art Class 10:30 Arts & Crafts 1:30 activity 3:30 game 9:00 NYC Ball Drop	 <b>EVERLASTING</b> Community Services			





# FLUFF THERAPY



Dash (left) and Dorothy “Dotty” (right) accompany their two-legged friend Todd H. every Thursday, visiting Everlasting’s Estrella Center for Pet Therapy.

Community members like Todd, Dash and Dotty mean so much to Everlasting residents and staff.

Todd, thank you for your commitment over the years, bringing our favorite little furry friends weekly! We look forward to it so much and thank you for all the smiles. After being in the spotlight, we hope they are ready for the ‘pup-arazzi!’

Todd, Dash and Dotty are definitely on Santa’s “Nice” list.

# "CELEBRATION OF CHRISTMAS"

## Dream City Church

Wednesday, December 4<sup>th</sup> six vans from the Everlasting fleet were filled with about 45 Residents heading to the "Celebration of Christmas" at Dream City Church. Staff accompanied the large group on this annual tradition. We've been attending this spectacular event for about eight years and everyone really looks forward to it!

Live animals, a full orchestra, a living nativity, aerial acrobatics and silk artists make for a truly magical evening! Thank you Dream City Church!



## CAREGIVER FEATURE

Everlasting's featured December Caregiver is Prossy. Prossy started as a certified caregiver in 2014 and has been with Everlasting Services since we opened our Estrella Center. "I love to help people" she shared.

As the largest brain injury assisted living provider in Arizona, caregivers truly are at the heart of everything we do. Prossy mirrors that sentiment, stating "you have to love people, it isn't an easy job, but I love what I do." She continued, "I love this company. The owners are really caring people, they listen and you know you are part of a team... you work hard, like it's your company." Compassionate Certified Caregivers, like Prossy, make all the difference. We



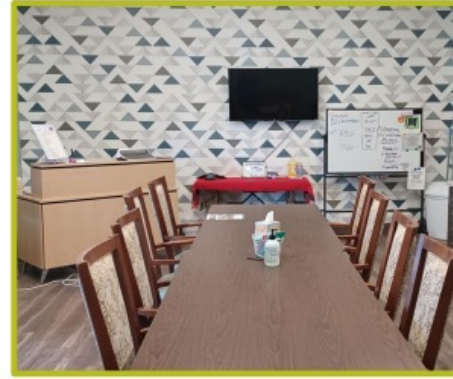
appreciate our staff and their dedication to our residents. Prossy, added "This place is very special"... we couldn't agree more. Thank you Prossy for being a valued member of Team Everlasting!

Certified Caregivers interested in joining our team, please [contact our Human Resources Coordinator](#).

## CAREGIVER TRAINING AT EVERLASTING

DEDICATED TO RESIDENTS MEANS

*Dedicated to training*



*Pictured above: Everlasting's dedicated training area / classroom.*

Providing the best care starts with the best staff. Training is an integral part of making sure our staff can deliver care with confidence and that they are able to meet the diverse physical and cognitive needs of our residents.

## WHERE IS EVERLASTING?



# EVERLASTING *Community Services*

3100 N. 91<sup>st</sup> Avenue  
Phoenix, Arizona 85037

Ph: 623.934.4411  
Fx: 602.340.1777

[www.everlastingservices.com](http://www.everlastingservices.com)



#### FROM SCOTTSDALE

101 Loop West (then South) to Thomas Rd.  
East on Thomas Road  
North on 91<sup>st</sup> Avenue  
Everlasting is on the left

#### FROM FLAGSTAFF/SEDONA/PRESCOTT

I-17 South  
101 Loop West (then South) to Thomas Rd.  
East on Thomas Road  
North on 91<sup>st</sup> Avenue  
Everlasting is on the left

#### FROM TUCSON

Follow I-10 North through Phoenix  
Stay on I-10 West  
Exit right on 91<sup>st</sup> Avenue heading North  
Everlasting is on the left just past Thomas Rd.

#### FROM EAST VALLEY

202 West  
Merge onto I-10 West  
Exit right on 91<sup>st</sup> Avenue heading North  
Everlasting is on the left just past Thomas Rd.



## CAREERS AT EVERLASTING

# CNAs

Expand your career on the

*Fast track!*



We are hiring Certified Caregivers. Did you know that CNAs can fast-track their caregiver certification?! Certified Nursing Assistants only need to take the medication training portion of the Caregiver Certification course. If you have the heart of a caregiver and want to learn more, please contact our [Human Resources Coordinator](#).

## BRAIN INJURY RESOURCES

Obtaining support for you or your loved one is important, and these resources may be helpful.

[Brain Injury Association of Arizona](#)  
[American Stroke Association](#)  
[Ability360](#)

## TOURS & REFERRALS

To arrange a tour, make a referral, or schedule an evaluation for a potential residential placement, please contact us:

Alicia M. Brown, ASB LPN  
Marketing Director  
Phone: 602.830.2161  
[alicia@everlastingservices.com](mailto:alicia@everlastingservices.com)



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**WISHING YOU & YOUR LOVED ONES**  
*A Safe and Happy Holiday Season*





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