



*Header artwork by Everlasting Residents*

Everlasting is Arizona's largest Brain Injury Assisted Living provider.

Founded in 2006, Everlasting specializes in caring for residents living with brain injury or global cognitive impairment. Our three valley locations focus on Rehabilitation, Compassion and Integrity through a wide array of enrichment programs.

## Celebrating the Fabulous Fourth!

It was a Star-Spangled Celebration at Everlasting on July 4th. Decorations, hot dogs, activities and a trip to see fireworks (with plenty of bottled water and misting bottles).



Top Left: Water Games. Top Right: Sunset before the fireworks.  
Bottom left: Grilling hot dogs. Bottom Right: Ready for fireworks.



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Stay tuned... we have a few exciting things coming up in the next couple of Everlasting E:blasts!

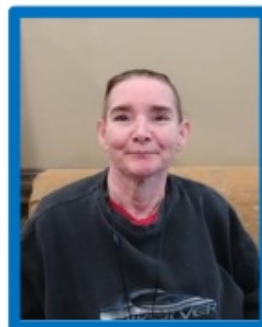
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## July Residents of the Month

### Amy B.

#### Resident of the Month - SCU

Amy has a smile for everyone. Recently when a SCU neighbor was not doing well, Amy sat at her side, rubbing her arm. Amy loves to participate in activities, exercising and visiting with everyone. Everyone loves Amy's positive energy! Congratulations Amy!



### AnneMarie

#### Resident of the Month - A2

Everyone would agree that she is the sweetest, most kind person. She befriends everyone and looks out for everyone – she really cares about all of her neighbors! Anne Marie always has a smile and a little wave and participates in many of the activities. Congratulations Anne Marie!

### Carmen

#### Employee of the Month

Residents really appreciate Carmen's kindness. When you need something, even last minute, she'll get it done for you. She's dependable and her efforts are appreciated. Congratulations Carmen!



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## Spanish Class "Graduation!"

Everlasting Residents participated in Spanish class, graduating in July (Julio!). Classes were held in our Educational Pavilion and students learned a lot, including numbers, months, how



to introduce yourself, how to say *good morning, good afternoon and good evening*. Other phrases included; *I want, I need, no thank you, I want more coffee please* (that's a popular one!) and *more food please. Shower time, snack time, good morning teacher, my name is*, and *I need to use the restroom*. Students were sad it was ending, but they are looking forward to another Spanish class in a couple of months.



## Ravioli Class



## Buon Appetito!

What better way to spend a Friday than making homemade ravioli?

Residents chose their fillings ~ ricotta, parmesan, diced meatballs, grilled chicken breast, spinach, sauteed mushrooms, shrimp, Italian seasoning and basil from our very own garden!

We spoke about the health benefits of each ingredient and learned about their nutritional values. Once they mixed their ingredients and assembled their ravioli (the pasta was cooked by staff) it was time to choose a sauce - red or white... or the popular "both" and enjoy some yummy pasta!





## Move over Starbucks, our residents are making Egg Bites!

July 8 activities included another Health & Wellness Cooking class in our Pavilion. Residents enjoyed Chef Nicole and Chef Alex's *Egg Bites* class, choosing from multiple mix-in's including tomatoes, zucchini, basil and jalepenos from our culinary garden!



## Schedule a Tour

We are always happy to show you what we are up to! Come see our garden, our Educational Health & Wellness Pavilion or peek in on whatever activities are happening during your tour! You might catch an art class, an exciting Wii activity or karaoke, an exercise, Spanish or cooking class, a "Guys Group" or "Gals Group" - even a movie night. To schedule a tour, contact:

Alicia M. Brown, ASB LPN ~ Marketing Director  
602.830.2161

## BBQ & Water Fun!

How do you know summer is here? Is it the summer solstice (June 20th)? Is it that first 100 degree day? Surely it's summer when it hits 117 degrees ~ which it did on June 19th! While the first day might be up for debate, how you celebrate summer isn't... Barbeques and Water Fun!!!

June 23rd, residents participated in water balloon and squirt gun fights, enjoyed a BBQ, refreshing watermelon and even a bubble machine, to try and beat the summer heat. We had so much fun, *Water Games and hot dogs* returned by popular demand on July 4th!

Thank you Todd (our pet therapy provider) for volunteering and manning the grill!





POOLS FULL OF WATER BALLOONS AND BUCKETS OF WATER GUNS, READY TO GO!



BURGERS & HOTDOGS...  
YUM!



RESIDENTS TEAM UP TO BE SURE THAT NO STAFF IS SAFE!































































































PEW-PEW!





# JULY ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky 10:00 Father Gabe	 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Rina 10:00  ALF Art Class 10:30  Open Gathering - AD 1:30  Gardening Class - AD 3:30  Name That - Tracy	1 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  ALF Art Class 10:30  Open Gathering - AD 1:30  Gardening Class - AD 3:30  Name That - Tracy	2 9:30  Chair Exercise - Rina 10:00  Resident Council Meeting 12:30 Food Bank - AD 1:30 Activity - AD	3 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  Pet Therapy - Dotty & Friends 10:30  Open Gathering - AD 1:30  All Things GAMES!	4 Independence Day 9:00  Guys Group - Franky 9:30  Gals & Games - CS 4:00 4th of July Party! 7:00 Outing - AD	5 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky
6 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky 10:00 Father Gabe	7 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Rina 10:30  BINGO! 1:30 Outing - AD 5:00 Chaplain John	8 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  ALF Art Class 10:30  Open Gathering - AD 1:30 Activity - AD 3:30  Name That - Tracy	9 8:00 Ability 360 - AD 9:30  Chair Exercise - Rina 10:00  Spanish Class - Maricela 12:30 Food Bank - AD 1:30 Activity - AD 4:30 Outing - Kam	10 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  Pet Therapy - Dotty & Friends 10:30  Open Gathering - AD 1:30  All Things GAMES!	11 8:00 Ability 360 - AD 9:00  Guys Group - Franky 9:30  Gals & Games - CS 3:30  Karaoke - AD/CS 6:00  Movie - CS	12 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky
13 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky 3:30 Father Henry	14 8:30 Checking on the garden! - AD 9:00 4:00 Outing - Fishing Trip 9:30  Chair Exercise - Rina 10:30  BINGO! 5:00 Chaplain John	15 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  ALF Art Class 10:30  Open Gathering - AD 1:30 Activity - AD 3:30  Name That - Tracy	16 8:00 Ability 360 - AD 9:30  Chair Exercise - Rina 10:00  Spanish Class - Maricela 12:30 Food Bank - AD 1:30 Activity - AD	17 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  Pet Therapy - Dotty & Friends 10:30  Open Gathering - AD 1:30  All Things GAMES!	18 8:00 Ability 360 - AD 9:00  Guys Group - Franky 9:30  Gals & Games - CS 3:30  Karaoke - AD/CS 6:00  Movie - CS	19 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky
20 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky 10:00 Mother Marty	21 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Rina 10:30  BINGO! 1:30 Outing - AD 5:00 Chaplain John	22 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  ALF Art Class 10:30  Open Gathering - AD 1:00  Handling Emergency Response with Linn 3:30  Name That - Tracy	23 8:00 Ability 360 - AD 9:30  Chair Exercise - Rina 10:00  Spanish Class - Maricela 12:30 Food Bank - AD 1:30 Activity - AD 4:30 Outing - Kam	24 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  Pet Therapy - Dotty & Friends 10:30  Open Gathering - AD 1:30  All Things GAMES!	25 8:00 Ability 360 - AD 9:00  Guys Group - Franky 9:30  Gals & Games - CS 3:30  Karaoke - AD/CS 6:00  Movie - CS	26 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky
27 7:00-10:00 The Lounge Game Area 9:30  Bingo - Franky	28 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Rina 10:30  BINGO! 2:00 Birthday Party 5:00 Chaplain John & Harpist Jocelyn - Hospice of the Valley	29 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  ALF Art Class 10:30  Open Gathering - AD 1:30  Activity 3:30  Name That - Tracy	30 8:00 Ability 360 - AD 9:30  Chair Exercise - Rina 10:00  Spanish Class - Maricela 12:30 Food Bank - AD 1:30 Activity - AD	31 8:30 Checking on the garden! - AD 9:30  Chair Exercise - Prossy 10:00  Pet Therapy - Dotty & Friends 10:30  Open Gathering - AD 1:30  All Things GAMES!	 All Events Are Subject to Change	

## Referrals, Tours and Assessments

We accept ALTCS and we can come to you to conduct an assessment at your convenience in the home, hospital, rehab, etc. We work with placement agents and would love to show you what makes us unique! You may catch a cooking class in progress,

Alicia M. Brown ASB LPN,  
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