
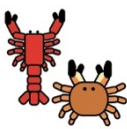

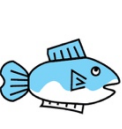








DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MISO SOUP													✓	
PUMPKIN CROQUETTE		✓											✓	
SPRING ROLLS		✓											✓	
EDAMAME													✓	
SPICY GARLIC EDAMAME												▽	✓	
AUBERGINE GOMA		©										▽	✓	
AGE DASHI TOFU		✓			✓ bonito							✓	✓	
CHICKEN&VEG GYOZA		✓		○			○	○				✓	✓	
TAKOYAKI	✓ sauce	✓		✓	✓			✓		○	○	✓	✓	
CHICKEN YAKITORI		✓								○	○	▽	✓	

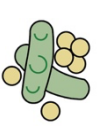
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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SPICY SQUID		✓	✓	✓	✓							✓	✓	
SPICY TOFU		✓										▽	✓	
CHICKEN KATSU		✓		✓									✓	
EBI LOLLIPOP		✓	✓	✓	✓ tobiko				✓ mayo					
KARAAGE FRIED CHICKEN		✓		✓ mayo					▽ mayo			✓	✓	
CHAWANMUSHI		✓	✓	✓	✓								✓	▽
MENTAIGOYAKI		✓		✓	✓				✓				✓	
UMAKI TAMAGO		✓		✓	✓				✓				✓	


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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
KAISO SEAWEED SALAD												✓	✓	
HAMACHI CARPACCIO		✓	✓		✓				✓ mooli				✓	✓
KYURI SANBAIZU MAKI		✓	✓		✓				✓ mooli				✓	✓
TUNA TATAKI		✓	✓		✓		✓			✓			✓	✓
SAKE CRUDO		✓		✓	✓				✓ mayo				✓	▽
WAGYU SANDO		✓		✓			✓						✓	
IBERICO SANDO		✓		✓			✓		✓ mayo				✓	
HARU ROLL		✓			✓				✓ mooli				✓	✓



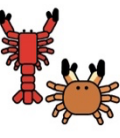
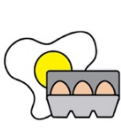
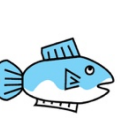
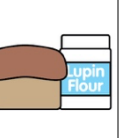

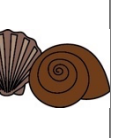
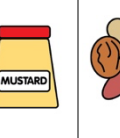
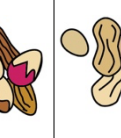

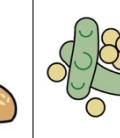


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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
OYSTER TEMPURA		✓	✓	✓	✓		○	✓	✓ mooli				✓	
VEGETABLE TEMPURA		✓		○			○		▽ mooli				✓	
PRAWN TEMPURA		✓	✓	○			○		▽ mooli				✓	
SOFT SHELL CRAB TEMPURA		✓	✓	○			○		▽ mooli				✓	
IBERICO KATSU GOZEN SET		✓		✓			○		▽			✓	✓	
CHICKEN GOZEN SET		✓		✓			○		▽			✓	✓	
WAGYU TATAKI DON		✓		✓			○					✓	✓	

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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SPECIAL OKONOMIYAKI	✓	✓	✓	✓	✓ bonito		✓		✓ mayo				✓	
PRAWN OKONOMIYAKI	✓	✓	✓	✓	✓ bonito		✓		✓ mayo				✓	
IBERICO OKONOMIYAKI	✓	✓		✓	✓ bonito		✓		✓ mayo				✓	
TOFU OKONOMIYAKI	✓	✓		✓	✓ bonito		✓		✓ mayo				✓	
TOBIKO		✓			✓								✓	
EEL/ UNAGI		✓			✓							✓	✓	
SWEET TOFU		✓											✓	
SWEET EGG		✓		✓					✓				✓	



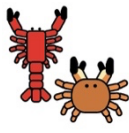
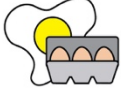
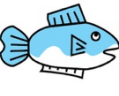
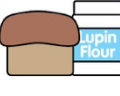








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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SPICY SALMON MAKI		✓ tempura flakes			✓				✓ mayo			✓ can be remove	✓	
TERIYAKI SALMON AVOCADO MAKI		✓			✓							✓ can be remove	✓	
SPICY SALMON ISHIYAKI MAKI		✓		✓	✓		✓		✓ mayo				✓	
NEGI TORO ISHIYAKI MAKI		✓			✓		✓		✓ mayo				✓	
KAISO SEAWEED GUNKAN		✓										✓	✓	
TOBIKO GUNKAN		✓			✓								✓	
IKURA GUNKAN		✓			✓								✓	
SPICY SALMON GUNKAN		✓			✓				✓ mayo				✓	

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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MIX VEGETABLE TEMAKI		✓										▽	✓	
SALMON AVOCADO TEMAKI		✓ tobiko			✓				✓ mayo			▽	✓ mayo	
CALIFORNIA TEMAKI		✓ tobiko	✓		✓				✓ mayo			▽	✓ mayo	
PRAWN TEMPURA&AVO TEMAKI		✓ tobiko	✓						✓ mayo			▽	✓ mayo	
SPICY SALMON TEMAKI		✓			✓				✓ mayo			▽	✓ mayo	
EEL&CUCUMBER TEMAKI		✓			✓				✓ mayo			✓	✓ mayo	
SOFT SHELL CRAB & AVO TEMAKI		✓ tobiko	✓		✓				✓ mayo			▽	✓ mayo	
NEGI TORO TEMAKI					✓							▽		



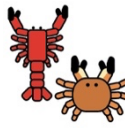
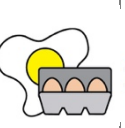
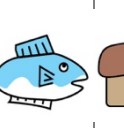


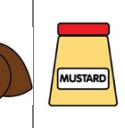
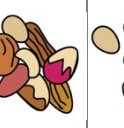
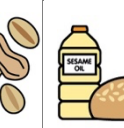
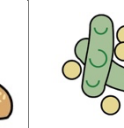


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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
GREEN DRAGON ROLL		✓ mayo/ tobiko/tempura	▽	✓ mayo	✓ tobiko				✓ mayo			▽	✓ mayo/tobiko	
RED DRAGON ROLL		✓ mayo/ tobiko/tempura	▽	✓ mayo	✓ tobiko				✓ mayo			▽	✓ mayo/tobiko	
GRILLED CHESSY DRAGON ROLL		✓ tempura		✓ mayo	✓		✓		✓ mayo			✓	✓ mayo	
CRUNCHY EBI ROLL		✓ mayo/ tobiko/crispy onions	▽	✓ mayo					✓ mayo			▽	✓ mayo	
CRAZY SALMON ROLL		✓ mayo/ tempura		✓ mayo	✓				✓ mayo			▽	✓ mayo	
VOLCANO ROLL		✓ mayo/ tobiko/tempura	▽	✓ mayo/ sauce	✓ tobiko				✓ mayo			▽	✓ mayo/ sauce	
CALIFORNIA ROLL		✓ mayo/ tobiko/crabstick	✓	✓ mayo/ crabstick	✓ tobiko				✓ mayo			▽	✓ mayo/ tobiko/crabstick	
UNAGI ROLL		✓ eel/sauce		✓ mayo	✓		✓		✓ mayo			✓	✓	
FIRECRACKER CRAB		✓	✓	✓ mayo	✓				✓ mayo			▽	✓ mayo	




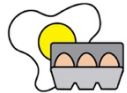
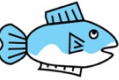
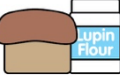








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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
GOLDEN KATSU		✓		✓ mayo	✓ tobiko		✓		✓ mayo			▽	✓ mayo/tobiko	
KING MUSHROOM ROLL (V)		✓										▽	✓	✓
EDA INARI ROLL (V)	✓	✓										▽	✓	
SALMON PANKO FUTOMAKI		✓			✓				✓ mayo			▽	✓	
NEGI TORO FUTOMAKI					✓							▽	▽	
TIGER ROLL		✓ leeks	✓		✓							▽	✓ mayo	
DYNAMITE ROLL		✓	✓	✓ mayo	✓				✓ mayo			▽	✓ mayo	


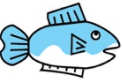
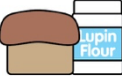




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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
GARDEN SUSHI SET		✓		✓								▽	✓	
OMAKASE NIGIRI SET		✓		✓	✓			✓					✓	
BENTOYA SUSHI SET		✓ leeks	✓		✓			✓				▽	✓ mayo	✓ leeks
CLASSIC SUSHI SET			✓		✓							▽	▽	
VEGETABLE BOX		✓		○			○		▽mooli			▽	✓	
CHICKEN BOX		✓		✓						✓ yakitori	✓ yakitori	✓	✓	
BENTOYA BOX	✓ sauce	✓	✓	✓	✓			✓		○	○	✓	✓	
MIXED BOX		✓										✓	✓	
SEAFOOD BOX	✓ sauce	✓	✓	✓	✓			✓		○	○	✓	✓	
SALMON BOX		✓			✓							✓	✓	


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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
ISHI PRIME BENTO	✓	✓	✓	✓	✓		✓	✓	✓	▽		✓	✓	
SALMON/ TUNA CHIRASHI DON		✓ tobiko		▽	✓				▽sweet egg			▽	✓	
MIXED CHIRASHI DON		✓ tobiko	✓	▽	✓			✓	▽sweet egg			▽	✓	
GRILLED SALMON CHIRASHI DON		✓ tobiko		▽	✓				▽sweet egg			▽	✓	
A3 WAGYU KATSU CURRY	✓	✓		✓			✓					▽	✓	
TOFU KATSU CURRY	○	✓					○					▽	✓	
PUMPKIN CROQUETTE CURRY	○	✓					○					▽	✓	
CHICKEN KATSU CURRY	○	✓		✓			○					▽	✓	


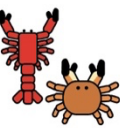



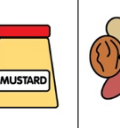
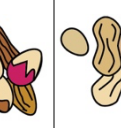
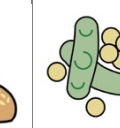

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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
UNAGI ISHIYAKI DON		✓		✓	✓							✓	✓	
SALMON ISHIYAKI DON		✓			✓							✓	✓	
ROAST DUCK ISHIYAKI DON		✓		✓								✓	✓	
CHASHU ISHIYAKI DON		✓		✓				✓	▽			✓	✓	
YASAI ISHIYAKI DON		©		✓								✓	✓	
RAMEN		✓		▽										
RAMEN TARE					✓			✓						
VEGE TARE	✓	✓											✓	
CHILLI OIL		✓										✓		



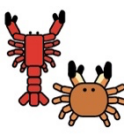




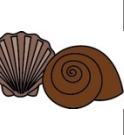

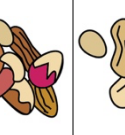
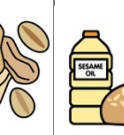
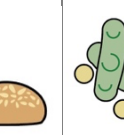
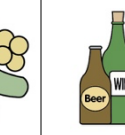

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○: MAY CONTAIN TRACES OF

©: CONTAMINATION RISK

▽: INCLUDED & CAN BE REMOVED

DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
AJI TAMA SOFT EGG		✓		✓									✓	
CRAZY/TONKOTSU /MISO/ TANTANMEN RAMEN		✓		✓	✓			✓		✓	✓	✓	✓	
VEGE RAMEN	✓	✓		✓								✓	✓	
SIZZLING SHOGAYAKI IBERICO		✓		✓								✓	✓	✓
SIZZLING TERIYAKI SALMON		✓		✓	✓							✓	✓	✓
SIZZLING TERIYAKI CHICKEN		✓		✓								✓	✓	✓
SIZZLING SANSHO PEPPER CHICKEN	✓	✓		✓								✓	✓	
SIZZLING SANSHO PEPPER TOFU	✓	✓		✓								✓	✓	

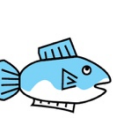
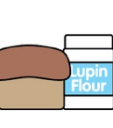


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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CHICKEN KATSU DON		✓		✓								✓	✓	
YORKSHIRE WAGYU DON		✓		✓								✓	✓	
ROAST DUCK RICE		✓ sauce		✓								✓	✓	
HIRA UNAGI RICE		✓		✓	✓							✓	✓	
GYU BEEF DON		✓		✓								✓	✓	
MIXED MOCHI ICE CREAM		✓					✓						✓	
HOMEMADE MOCHI CHEESECAKE		✓		✓			✓							
MARS BAR TEMPURA		✓		✓			✓						✓	


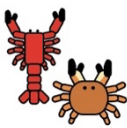
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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
OKONOMIYAKI SAUCE	✓	✓											✓	
UNAGI SAUCE		✓											✓	
KATSU SAUCE		✓											✓	
SWEET CHILLI SAUCE														
GYOZA SAUCE		✓										✓	✓	
AUBERGINE SAUCE													✓	
SPICY MAYO		✓		✓	✓		✓		✓				✓	
WASABI MAYO				✓					✓					
VOLCANO SAUCE				✓					✓				✓	


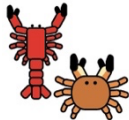











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DISHES AND THEIR ALLERGEN CONTENT – BENTOYA BY ISHI

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
TERIYAKI SAUCE		✓											✓	
RICOTO/ AMARILLO/ GRAPE PUREE														
PONZU SAUCE					✓								✓	✓
SANBAIZU													✓	✓
TEMPURA SAUCE		✓											✓	
SUKIYAKI SAUCE		✓											✓	✓

✓: INCLUDED

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