

January

2022

Fill in each day of activity
Activity, Time, indoor or outdoor
ie. Run, 20 min, OD
Submit Calendar to sparwoodtrails@gmail.com by Feb 2/22

#JanuaryStreakSparwood

Entries in draw are as follows:

- 1 entry for calendar with 20 days or more completed
- 2 entries for calendar will all 31 days of activity
- 3 entries for calendar with all 31 days with outdoor activity

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------|---------|-----------|----------|--------|----------|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | 1 | 2 | 3 | 4 | 5 |