

# 5 Benefits of Decluttering

**1** More Time: It's easier and faster to clean and take care of your home. You'll spend less time looking for things you need, less time shopping for more "stuff" and have more time for the people and activities you love most!



**2**

More Space: Clearing the clutter gives you more space to live in and enjoy your home.



**3**

More Calm: When you create order in your home, you regain control over your house and the stuff in it, helping to reduce one source of stress in your life.



**4**

More Freedom: You have more time to enjoy with people, activities and things that bring you joy.



**5**

More Happiness: When you only own the things you love and use, your home can be a place you love, adding happiness to your life!

