

APTOGENIX

Methyl Assist



Supplement Facts

Serving Size: 14 Grams (Approx 1. Scoop)

Servings Per Container: 30

Amount Per Serving		% Daily Value
Calories	10	
Total Carbohydrate	2 g	1% °
Dietary Fiber	<1 g	3% °
Riboflavin	200 mg	15,385%
Vitamin B6 (as Pyridoxal-5-Phosphate)	40 mg	2,353%
Folate (as L-5-Methyltetrahydrofolate Calcium)	800 mcg DFE	200%
Vitamin B12 (as Methylcobalamin)	2000 mcg	83,333%
Choline (as Choline Bitartrate)	2200 mg	400%
Calcium (from Calcium Silicate)	40 mg	3%
Sodium	5 mg	<1%
Glycine	3 g	†
Creatine Monohydrate	1 g	†
Betaine Anhydrous	1 g	†
Intrinsic Factor Powder (Porcine)	30 mg	†

° Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Inulin, Natural Flavors, Silicon Dioxide, Steviol Glycoside Rebaudioside M, Luo Han Guo Fruit Extract (Sweetener), Citric Acid.

- 🧬 Promotes healthy cardiovascular function*
- 🧬 Helps promote homocysteine balance*
- 🧬 Supports healthy methylation pathways*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Methyl Assist is an exceptional product that combines methylation support not commonly found in one place.

While most methyl support products contain B vitamins (folate, B12, B6, and riboflavin), Methyl Assist includes elements like reasonable doses of P5P and Vitamin B12 for the methylation cycle.

It has glycine, a methyl buffer that aids in methylation regulation, and creatine, which preserves the body's central methyl donor without directly donating.

Moreover, it has therapeutic doses of choline and betaine anhydrous, assisting in the conversion of homocysteine to methionine.

Ultimately, this product efficiently promotes methylation, crucial for detoxification, oxidative stress response, gene expression regulation, and overall health in areas like cardiovascular function, neurological well-being, hormone balance, energy metabolism, and immune health.