APTOGENÉX

Min Essentials



Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 60 Servings		
Amour	t Per Serving	% Daily Valu
Calcium (as dicalcium malate & calcium bisglycinate chelate)	50 mg	4
lodine (from kelp)	50 mcg	33'
Magnesium (as dimagnesium malate)	150 mg	36
Zinc (as zinc bisglycinate chelate)	20 mg	182
Selenium (as selenomethionine)	100 mcg	182
Copper (as copper bisglycinate chelate)	2 mg	222
Manganese (as manganese bisglycinate chelate)	2 mg	87
Chromium (chromium nicotinate glycinate chelate)	200 mcg	571
Molybdenum (as molybdenum glycinate chelate))	250 mcg	556
Potassium (as potassium citrate)	100 mg	2
Boron (as bororganic glycine)	500 mcg	
Vanadium (as vanadium nicotinate glycinate chelate) 30 mcg	
*Daily Value not established.		

Other ingredients: Hydroxypropyl methylcellulose (capsule), microcrystalline cellulose, bamboo shoot & leaf extract.

- Promotes Healthy Mineral Repletion.*
- Helps Fill Dietary Gaps.*
- Highly Bioavailable Minerals*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Min Essentials offers a balanced mix of minerals, such as a 10:1 ratio of zinc to copper, which supports overall health.

Copper is crucial for numerous bodily functions, including the production of the DAO enzyme and maintaining healthy adrenal function.

The formula also includes selenium and trace minerals like molybdenum, which help with antioxidant properties, thyroid function, and sulfite-sulfate conversion concerns.

Additionally, potassium and magnesium contribute to making this a comprehensive product that helps address common nutritional deficiencies.