

**PROGRAM PRICING:** Your program fee is something we don’t want you to fret about. We don’t want it to come between you and the care you deserve and want. There is always a detailed conversation, sometimes two and full transparency is our promise. There are no hidden or additional fees during your program. We have conveniently bundled it all so it’s a one and done. Our prices are not one size fits all. They are as unique as you are. *Your* program fee is determined based on *your* specifichealth goals, *your* recommended program and of course designed to fit into *your* monthly budget.

Initially, we require a *minimum* down payment, to get your program underway. You will get out of the starting gate and onto a healthier path with all the *things* you need to reach your goals.

Then we help you work within your monthly budget for the remainder of your program fee. This is paid on a monthly basis until your program is completed. We do have payment options for you, so no worries.

**INSURANCE:** We do NOT accept insurance as it dictates what and how we can help you during our sessions together.

**MY PERSONAL PROMISE:** WhenI believe someone is serious about making themselves healthier and willing to put in the work, together we make it happen. I am concerned that not everyone can have the quality care they need. God intended us to be healthy. To be able to maintain our health naturally. The food we eat, the water we drink, the air we breathe are all being changed. We teach you how to be healthy again and maintain a healthy lifestyle.