

# Jenny Powers

## THE EMPOWERED WOMAN

### 7 Guiding Truths: How to Live Your Best Life



#### Jenny Powers

Author • Motivational Speaker  
Transformational Life Coach

*"I am transforming the world by awakening every person to their best self and empowering them to live their best life."*

If your audience is ready for change but they are feeling lost, uncertain and unsure of what the next steps are in their life, then this is the keynote for them. If your audience knows that they are not where they want to be, but they are unsure about how to get where they want to go, then this is the keynote for them. If your audience is feeling that they are capable of so much more, but is uncertain as to how to create the change they want to see, then this is the keynote for them. And if they are ready to take action and to step into their full potential and live the life of their dreams, then this is the keynote for them.

#### LEARNING OUTCOMES

#### JENNY'S 7 GUIDING TRUTHS

Your Audience Will Learn How To:

- Be empowered not to conform
- Be encouraged to do the thing that scares them the most
- Have the courage to embrace the unknown
- Give themselves the permission to forgive themselves
- Be inspired to speak their truth
- Define their success by answering a series of 5 questions
- Manifest their success by taking action with the tools that Jenny provides them with

In this keynote, the audience will learn the **7 GUIDING TRUTHS** that will empower them to become their best selves and live their best lives. Jenny will awaken them in such a way that they will be inspired to ask themselves,

**"Am I living up to my own expectations or to the expectation of others?"**

**"Am I living as the person that I want to be?"**

**"Am I living the life that I want to live?"**

**"Am I doing what I want to do?"**

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Your audience will leave awakened, transformed and inspired to become the person they want to be. They will leave excited, motivated and driven to live the life they want to live. And they will have a detailed roadmap that will take them where they want to go with the action steps necessary to become who they want to be.

This is the transformative keynote that is changing the lives of people everywhere.

This is the keynote for your audience.



In this keynote, Jenny will share her **7 GUIDING TRUTHS** that have empowered her to become the woman that she has always wanted to be and to live the life that she has wanted to live. These **GUIDING TRUTHS** have been the keys to her life and she will share the transformational experiences that have led her to discover each of them.

**Her powerful journey has taken her through many corners of the world and has led her here, to her best life.**

**She will share with your audience how she got here.**

Jenny Powers is a bestselling author, a motivational speaker and a transformational life coach. She is the founder of The Empowered Woman and the creator of The Empowered Woman Experience. She is the author of *EMPOWERED: The Woman's Guide to Following Your Heart* and an experienced ICF Certified Coach. She is also the innovator and creator of *100 DAYS OF YOU*, which is a 3-month transformational coaching program that is changing the world by awakening every person to their best self. Jenny has spent much of her life traveling around the world, seeking to live the best life that she can live and fulfilling her passion for adventure, for new experiences and for following her heart. She is committed to inspiring people worldwide and to empowering everyone to live their best lives.