



SUFFOLK HEIGHTS BENEFACTORS NEWS

APRIL 2021

HAPPY EASTER

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mlima001@btinternet.com**

Reader: Barbara Hill 01284 850857

**CHEDBURGH—CHEVINGTON—DEPDEN
HARGRAVE—HAWKEDON—REDE**

SUFFOLK HEIGHTS BENEFICE NEWS

April 2021

Welcome to the April 2021 edition of the SHBN. As ever, I look forward to receiving your contributions for this and future magazines.

We are very keen to have photographs of what has been going on in the Benefice. In fact the lack of communal events in lockdown makes them all the more valuable so don't be shy about sending in photos! Please DO NOT SEND PDFs if it can be avoided. Only Word docs, Publisher files or Jpegs.

The deadline for the May 2021 edition is 5pm Thursday 15th April 2021.

Please send contributions to: Jill de Laat, Salix Cottage, Bury Road, Hargrave, IP29 5HP— **email: suffolk.heights@delaat.uk. tel: 01284 850463**

Chevington items should be sent to: Jamie Robertson, Chevington Lodge Farm, New Road, Chevington— **email: jamierobertson5cc@gmail.com. tel : 01284 850864**

The magazine is produced on an entirely voluntary basis. Please be patient when emailing or telephoning if you do not get an immediate response. All enquiries will be answered as soon as possible.

ADVERTISING RATES:

To advertise in this magazine, please contact Jill de Laat on 01284 850463, or email

suffolk.heights@delaat.uk

£65 per quarter page per year

£130 per half page per year

Specifications:

**1/4 page - 8.5cm x 5.5cm (3¼" x 2¼")
Portrait**

**1/2 page - 12cm x 8.5cm (5" x 3½")
Landscape**

All images must be jpeg 150dpi

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BENEFACTIVE SERVICES IN APRIL

	4th	11th	18th	25th	2nd May
	Easter Day	Second Sunday of Easter	Third Sunday of Easter	Fourth Sunday of Easter	Fifth Sunday of Easter
All Saints' Chedburgh	10.30am Easter			10.45am Morning	
All Saints' Chevington	10.30am Easter Communion	9.00am Morning Prayer	9.00am Parish Communion	9.00am Parish Communion	9.00am Parish Communion
St Mary's, Depden	6.30am Sunrise Worship at Elms Farm, Depden		11.00am Morning Prayer		
St Edmund's Hargrave	10.30am Easter Communion		6.00pm Evening Prayer		11.00am Morning Prayer
St Mary's Hawkedon	9.00am Easter Communion (BCP)	9.00am Holy Communion (BCP)		10.45am Morning Prayer	
All Saints' Rede	10.45am Easter Praise		10.45am Morning Prayer		10.45am Parish Communion

Morning Prayer will be said on Friday mornings at 9.30am at All Saints', Chevington. There will be a said Communion at All Saints', Rede on Tuesday, 6th April.

On Easter Day (4th) there will be an Easter Praise at 6pm on Zoom. Other Zoom Services will continue. Please go to www.suffolkheights.org for details.

LETTER FROM THE RECTOR

Simon writes

May I take this opportunity of wishing you and your family a happy and blessed Easter. Although restrictions remain in place over the Easter weekend, the season of Easter runs through to Pentecost (May 23rd). So hopefully, as the guidelines lighten during the month, you will be able to gather as families and with friends once again this Eastertide.

It's incredible. It will be two years since we last celebrated Easter in church. But we are this year, starting at Elms Farm, Depden at 6.30am on Easter Day morning! To help our following the current guidelines we are 'spreading the load' by holding services in all our churches across the benefice.

Rectory Mardle

'The trees are afraid to put forth buds / and there is timidity in the grass'. I came across this couplet from Thomas Hardy's poem, 'A Backward Spring' whilst scanning the weekly weather column. Certainly, Spring seems much more hesitant this year than last. Those balmy spring days at the start of lockdown time this time last year lulled us into a false sense of hope that 'staying at home' would be a breeze.

I was pondering this in the context of Easter. Not so much the weather on that first Easter morning but the Easter experience itself. In the Acts of the Apostles, from which we read edited highlights on Sundays over the Easter Season, one would be forgiven for having the impression that the Easter experience was like a tsunami. But it didn't start like that. Not at all. The Easter Story began very hesitantly. We read how the women, to whom the risen Christ first appeared, were terrified and how the disciples were hesitant and full of doubt. They were confused as reluctant spring buds, holding back, unsure whether to break.

I came across a sermon I preached almost twenty years ago (so I can probably reuse it as no one will remember) in which I quoted the then Archdeacon who was urging us to use our churches not only as houses of prayer, but as opportunities for partying. I don't think that the Archdeacon had raves in the nave in mind but gatherings where people can come together in fellowship and have fun.

Although our churches have remained open since the end of the first lockdown, for prayer, parties have been discouraged. But hopefully for not that much longer, and I for one look forward to us being able to gather together again for celebrations. Though don't be surprised if this takes time. The idea that once the whistle is blown everyone will rush back is one for the birds. It will take time, for all of us, to regain our confidence in being with others.

Those who followed Jesus during his ministry were torn apart when he was arrested, tried and crucified. Their bond of fellowship (and times of partying) was cruelly ripped asunder. Notwithstanding Jesus telling his friends that this would happen, nevertheless his followers were left bereft, frightened and very alone. 'I'm going fishing', Peter declares. Possibly to get away from it and reclaim his former life. It took time for such rifts to heal and, not surprisingly, it will take time for us to 'bond' again. And things probably won't ever be quite the same again. But we have one another and nothing can change that. And please understand that being hesitant in faith is not a sign of weakness. It's a reflection of the profound change faith brings to our lives. And it takes time, as well as patience to line up one's Easter eggs in a row.

In his poem, *A Backward Spring*, Thomas Hardy muses the myrtle plant asking 'if it's worth the fight ... to venture one more time ... on the selfsame bough as at last year's prime, and never to ruminate on or remember / what happened to it last December'. Myrtle is a very common indigenous shrub that grows all over Palestine. It is used to adorn the booths at the joyous Jewish Feast of Tabernacles (Sukkot) in late September or October that celebrates the end of the harvest and God's continuing faithfulness.

Our faith may have taken quite a knock this past year. But, like the myrtle plant that seems lost in the Palestinian winter and in spring bursts bud and flowers again in its due season, our faith shall rejoice and blossom also. So, don't let's be trapped by our memories but gather our thoughts and, in putting together what we thought was broken, celebrate a new beginning, the promise of resurrection.

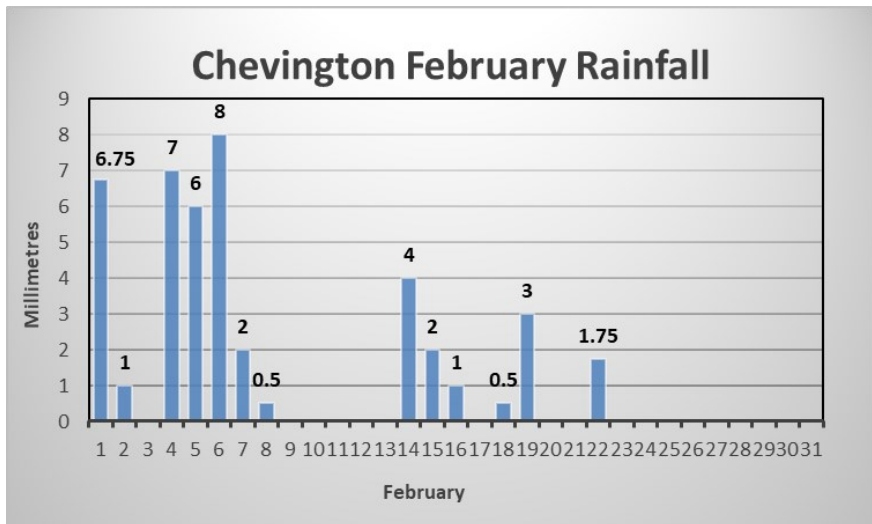


Rain Matters

Jamie Robertson

A modest month for rain, but a severe one for low temperatures. Only 43.5mm (1.71 inches) fell in February. The average for the last ten years is 45mm. But we had snow too on the 7th and 8th February, which is what you would expect from the month, but the cold never really seemed to go away. Unusually, having fallen, the snow seemed reluctant to leave and hung around for several days with the temperatures well below zero.

By the end of February with Spring in sight we could claim that we had had a properly chilly winter (even if we had missed a White Christmas). The daffodils and snowdrops were still shy about putting on a full display even by the end of the month, but the ground was still waterlogged and was likely to remain so for some time.



SEND US YOUR LOCKDOWN STORIES

As we, hopefully, find ourselves leaving the last wretched year or so behind us, we thought it might be good to hear from you with your lockdown experiences and put them into upcoming editions of the magazine (anonymously if preferred). Let's say 500 words or so on what you have learned—the worst of it, the best of it and how you have come out of it. A positive note could be struck on what we have come through together. (Absolutely no politics please).

Have you learnt something new, read new books, discovered endless Netflix series which had previously passed you by so that you can now not feel like a numpty when the whole world seems to understand that *Better Call Saul* is the sequel and, coincidentally the prequel, of *Breaking Bad* except you.



Maybe you've discovered a latent talent and are now forging ahead with a new career? Or discovered previously undiscovered depths in your nearest and dearest.

To start things off, I am trying the piano. I have to tell you, dear reader, that this is not going well. I just about learn the tune with the right hand and the left hand behaves as if it is detached from the rest of me and goes merrily on its own way if, indeed, it moves at all.

Of course, it's not just *new books* we may have spent time reading, it has been the chance to rediscover so much on our existing bookshelves. The dust and desiccated spiders (or, God forbid, a live one) may fall out each time you take an old volume down but I call it comfort reading, and we've all needed comfort lately.

Please send your reflections to the usual email—

suffolk.heights@delaat.uk—or pop through my letterbox at Salix Cottage, Hargrave. We can also publish your pieces on the Benefice News Website—**www.suffolkheights.org**.

JdL



ALL SAINTS' CHURCH CHEDBURGH

FLOODLIGHTING YOUR MEMORIES

If you would like to support the cost of floodlighting All Saints' Church, Chedburgh in memory of a loved one or to mark a significant event we ask for a contribution of £15 a week. To book please contact Christine Lofts, 850479, donations will be acknowledged in Suffolk Heights Benefice News. March lighting Sponsorship

John and Estelle Hill - In memory of our Family and Friends, past and present



Chedburgh Marquis Community Hub

Hello again - we are still here! Obviously, the pandemic has got in the way of our fundraising efforts over the last year and, given the hardships that pubs have been enduring recently, in a way it was lucky that we had not just opened a new community pub. Personally, I have been enjoying supporting the Chevington Greyhound through the current lockdown, by ordering their delicious takeaway curries.

As for the Marquis, we are still talking to the owner and doing as much preparation as we can for future funding applications. We have let the owner know about the open window at the back and the potential water damage inside - thank you to all those who got in touch to tell us about it.

I hope to see you all in person again, before TOO much longer!
Jean Dillon

Email: savethemarquischedburgh@gmail.com
 Facebook: www.facebook.com/SavetheMarquis
 Website: www.savethemarquis.co.uk
 Telephone: Jean (Administrator) 01284 850582

R.A.F. CHEDBURGH

Back to 1942 once more with Ian's fourth instalment

In the next instalment of our trip around Chedburgh as it was in 1942 we arrive in what is now Elizabeth Drive and Tudor Close. Interestingly, as in previous sites along Queens Lane, the roadway built by the RAF has become the current roadway. This area had no living quarters as it was a communal site for socialising, dining, obtaining extra food items and exercising. There were numerous paths built linking other accommodation areas to the communal site (I have marked two of them.)

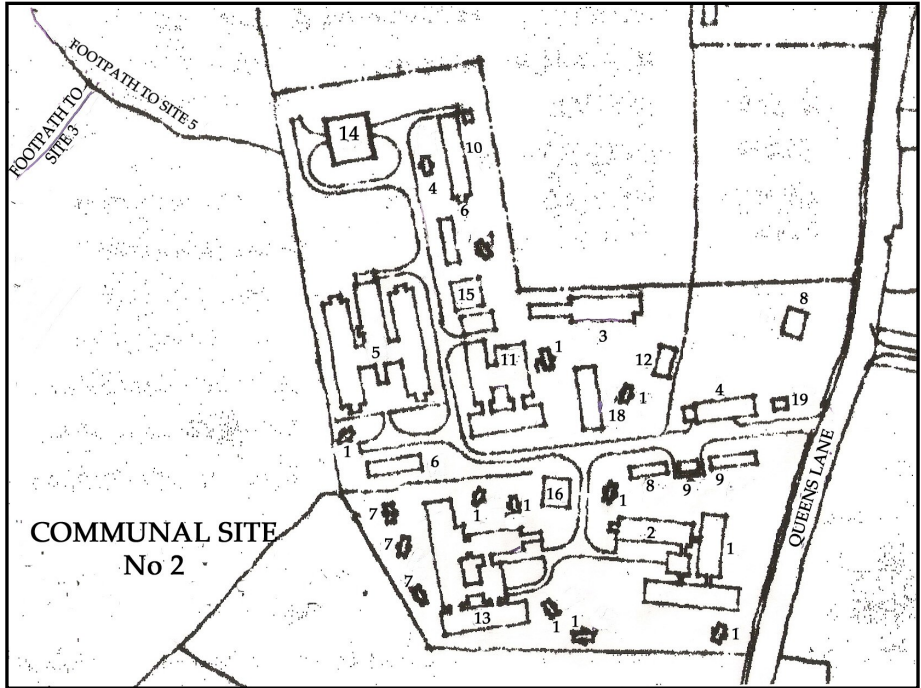
The Public Footpath at the top of Elizabeth Drive and through the gate is in line with that path. Remains can be seen alongside the stable, and this lead to the recently uncovered Site 5. A further path went to Vendas Lane, Site 3.

Socialising and group exercise was essential to let off steam. There was a NAAFI here where aircrew could sit and chat informally over tea and light food. Noticeably on this map there are several outside catering huts provided by the NAAFI—nine in fact. These would have supplied tea (rarely coffee) and snacks. A tailor, shoemaker and barbers shop would have provided a chance to smarten up before heading into town.

For the younger generation let me explain the NAAFI. This was Navy, Army, Air Force Institute. Staffed largely by the WAAF (Women's Auxiliary Air Force) it provided "fast food" and comfort for the aircrews before and after missions, and on this site various eating opportunities. Also a good meeting place for possible romances. On this page is a photograph of a NAAFI unit

supplying food and drink. On page 11 the photograph shows a NAAFI tea mug which we uncovered in the area recently excavated.





- | | |
|---|---------------------------------------|
| 1) NAAFI main building plus nine small units close by | 11) Gymnasium |
| 2) Officers' Mess | 12) Squash Court |
| 3) Sergeants' Mess | 13) Tailor, Shoemaker and Barber Shop |
| 4) Grocers and Local Produce Store (2 of) | 14) Fuel Compound |
| 5) Dining Room | 15) Airmen's Latrines |
| 6) Ration Store (2 of) | 16) Effluent Tank |
| 7) Officers' Shower Block (3 of) | 18) Education Block (Library) |
| 8) Sergeants' Shower Block (2 of) | 19) Picket Post |
| 9) Boiler Room (2 of) | |
| 10) Airmen's Ablutions and Decontamination Block | |



In this series of articles about RAF Chedburgh 1942-46 the intention is to show the area and include the view point from the airmen and women based here.

They not only worked here but lived here. Many were hundreds of miles from home, making home visits infrequently, and mainly relying on the railway to get them there.

I believe that everyone that worked here should be remembered, so to commemorate and celebrate them a bench has been bought with generous donations from donors in the Suffolk Heights Benefice area. I am extremely grateful to everyone for their donations. The bench will have a suitable plaque affixed to it and the plan is to have it in a prominent place on The Green near the RAF Memorial.

Another bench was donated and this will be placed near the former air raid shelter on footpath 8 so that walkers can take a rest there. A memorial plaque will be on that one in memory of a Geoffrey Slater who served in the Parachute Regiment and was awarded the *Chevalier de la Legion D'Honour* by the French Government.

Ian Leggett



What a busy start to the second half of our Autumn term....

We are now FULL every morning with 32 children attending each morning and over 50 families on our register.

We would like to thank all our families for their support during a very difficult year. Under Government guidelines Pre-schools HAD to remain open throughout the recent lockdown and we thank all our families who supported us during this time. And also with the new procedures we have had to implement—separate entrance and exits, masks to be worn when dropping off and collecting and limiting the visits we are allowed. Hopefully with the vaccine process gathering speed we will be back to welcoming visitors and being able to visit all our friends at Glastonbury Court Nursing home – we miss them all very much !!




Easter Fundraiser

As part of our reduced fundraising events we have been selling Easter Craft Packs for children to enjoy at home, along with an Easter Egg Raffle. More exciting fundraisers planned for the remainder of the year.

Curriculum

Next term is all about planting, growing, weather, animals, mini beasts, Jack and the beanstalk. Also including physical phonics, communication groups, STEM and all areas of learning.



 Test and Trace	<p>Lateral Flow Tests</p> <p>All staff are now tested twice per week. Test results are registered with NHS Test and Trace. Please be aware it could be short notice of closure should one member of staff test positive.</p>
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Jenny, Linda, Tash, Ali, Emily, Jill, Helen, Lorna, Candy and Faye

ALL SAINTS' CHURCH CHEVINGTON

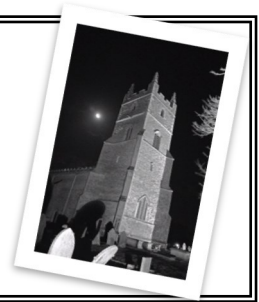


PARISH PRAYERS

Every week at the Sunday service at All Saints', Chevington we pray for areas of our village and matters of local concern. Over the past few months we have been praying for those worst affected by the pandemic. Even as the end of the lockdown comes in sight we will remember in our prayers those who have suffered over the last year and who still look forward with apprehension. We remember those who have lost their friends and family to the pandemic and pray that they may find comfort from the hope brought by Easter in the

CHURCH LIGHTING

If you would like to support the cost of floodlighting the tower at All Saints', Chevington in memory of a loved one or to mark a significant event we ask for a contribution of £15 a week. To book please contact Simon Williams on 850045



OPENING THE CHURCH

All Saints' Church is now open for private prayer and for weekly Sunday services. If you wish to enter the church there are instructions on the church door as to how to act to minimise the chances of infection:

- A bottle of hand sanitiser is provided at the door.
- Please sign the visitors' form. This is to help track and trace if any visitors contract coronavirus.
- Please use the plastic chairs for sitting and not the wooden pews. A cleansing spray is also provided.
- If you pick up any guide book or prayer sheet they must be taken from the church with you when you leave.

Thank You

Chedburgh, Chevington and Depden Oil Syndicate

The deadline for the last oil order of the season (which runs from September to April) is on Monday 12th April. Hopefully the weather will have picked up a bit by then and we can all last through to the Autumn without having to refill our tanks.

Call us on **07985 884172** or email chedburghoil@gmail.com with your name, address, contact number and volume of oil in litres. (Minimum order is 500 litres)

If you are new to the area or would like to join the syndicate, please let us know.

Thanks, Kaz Morris

The Village Hall

The Village Hall remains closed.

More details are available on the government website at <https://www.gov.uk/guidance/local-covid-alert-level-medium>

Please call Alastair McCormack on 850277 for more information





2021 CHEVINGTON OPEN GARDENS

Saturday and Sunday, 22 and 23 May

To mark the end of the first lockdown we held an informal Open Gardens event Chevington in July last year. It was such a success that this year we are holding another Open Gardens on 22nd and 23rd May this year.

The event has grown since last year: we already have 14 venues across the village opening for the weekend.

At the church there will be a special display called **All Things Bright and Beautiful** to focus on wildlife regeneration. Additionally, there will be a book sale and plant sales. For further details please contact Jane Romana-Powling on 01284 850680.

There will be an opportunity to sell your own flowers or home-made produce from your garden or from a stall at the church. If you need plant pots, wooden plant labels or jam jars/lids there is a plentiful supply at Chevington Lodge Farm – just ring Pip Goodwin or Jamie Robertson on 01284 850864

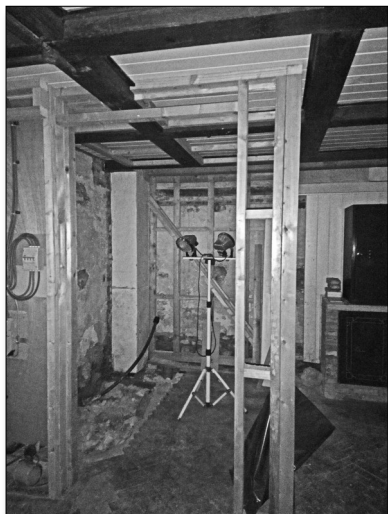
It is really important that this is a communal event, to bring villagers together and to return to some form of normality. If you would be happy to open your garden for the weekend, or would like to assist in any other way, please give Bob Chapman a ring on 8.50799 and help to make the weekend a success for the village.

Tickets will be available at the end of April.



BUILDING WORKS AT ALL SAINTS' CHURCH

The building works to install a toilet and small kitchen in All Saints' are well under way. Once complete the building will become far more versatile, and act much more as a hub for the village, more suited for people travelling to weddings and for concerts, and a beautiful venue for all the gatherings we have all so badly missed over the last year. With luck we should be able to use the new facilities at the Chevington Open Gardens event on the weekend of the 22nd and 23rd May.



The contractors, John Cutmore Builds, have skilfully connected the 15th century tower to a new water supply, reconnected the electricity and installed a septic tank. The next phase is to complete the internal structure and then put in a new pathway into the church and build a small servery. Despite the upheaval the builders have managed to work with the minimum of fuss and have gone out of their way to be helpful. The main work is expected to be finished by mid-May.

The work has been funded so far by the money raised from the 200 Club draw, contributions from the congregation and several charities. We have raised £75,000 so far which will complete the installation of the toilet, but we need to raise a further £50,000 to be able to make the entrance to the church more accessible by removing the steps, and to install the servery. Unfortunately, due to Covid we have been unable to hold fundraising events. So, if you would like to make a contribution to the work this can be transferred online to the PCC account of **All Saints' Chevington: sort code 60-04-16; account number 56476671.**

Alternatively, cheques can be sent to Simon Williams, Treasurer, Tumbleweed, Tan Office Lane, Chevington IP29 5QZ. Should you require any more information you can email allsaintschevington@gmail.com or phone 01284 850045

We would appreciate any support that you are able to give and look forward to events that we will be able to hold together there in the future.

CHEVINGTON PARISH COUNCIL



CHEVINGTON

Council contacts: Cllr Agazarian (Chairman) 07776 783747; Cllr McCormack (Vice Chairman) 850277; Cllr Keegan 850628; Cllr Briggs 0778 9775157; Cllr Mark Surety 07808 974530 ; Cllr Peter Bleeze

There is one vacancy on the Parish Council.

Neighbourhood Watch: Peter Keegan, James Briggs. All Neighbourhood Watch queries to The Clerk

The Clerk: Mrs Betts 810508. Email: chevington-pc@outlook.com

Planning Applications: Please contact PC Website <https://chevington.onesuffolk.net>

Please refer to the PC website for updates, minutes of meetings and information about the village:

CHEVINGTON PARISH COUNCIL [WEBSITE](https://chevington.onesuffolk.net)

CHAIRMAN'S REPORT

Litter

The litter is decreasing in Chevington due to the endeavours of our litter pickers. We haven't got an organised group just intrepid people who want to take care of our village.

I know Peter Keegan takes a great pride in our village and is often out picking up rubbish. So a big thank you to those mentioned here, and to all those who I haven't spotted. Individuals can sign up by filling in this online form:

https://westsuffolk-self.achieveservice.com/service/Community_Volunteer_Form_Litter_Picking

They will deliver:

- a litter picker,
- a hoop,
- a hi-viz jacket, and
- waste bags
- If using your own black bin bags, put rubbish in your own bin. If using council bags put by side of bin and council will collect.



Mrs. St. Clair Roberts and Mrs. Kirby Smith out on patrol and still smiling!

VAS Machine

The new VAS machine, which has been bought with your precept money to stop speeding, has been activated on all exit roads in the village on a rota. The details of the site for the new VAS pole to be installed have gone to the Council for approval. According to the Police Speeding department, we are in the top 200 of parishes in Suffolk with improved speeding, so our endeavours to keep the village safe are working thanks to the hard work of those dedicated to reduce speeding. Our Parish Council speeding team, Peter Keegan, James Briggs, Mark Surety and their volunteers are champing at the bit for lockdown to finish, so they can get their team of volunteers trained to collate the data for the police to improve matters even more. We will keep you updated on next stage.

Chevington Community Support Group

This is the idea of Gill Coleman and Jason Hale who organised this terrific group to help those house bound during lockdown. They have worked tirelessly and organised a team of volunteers to assist them, making sure no-one in the village was left out and didn't get the supplies they need. Their venture was rewarded by a big thank you and certificate from The Lord Lieutenant of Suffolk in 'Recognition of Outstanding Service to the Community in Suffolk' during the Covid 10 Pandemic. There is nothing else to add, but our grateful thanks for looking after our vulnerable in Chevington so well. The word 'Heroes' is lobbed around quite freely nowadays, but I am sure you agree with me they and their volunteers have quietly got on with this enterprise and deserve this award. (see page 19)

The Burial Ground

Saplings have been planted in the burial ground courtesy of the Parish Council to fill in the gaps created by the big prune and haircut last year of the existing hedging and trees, so it looks neat and tidy.

Recycling

The Parish Council is taking a keen interest in recycling and brainstorming to see what we can do to help save our planet. Any ideas please contact us, the contact details are on the PC website or above.

Precept

The Parish Council is very pleased to let you know that we have not overspent on your precept money and take great care to spend wisely on projects that keep you safe and take care of the village. With the help of a grant from Suffolk County Council, Chevington Parish Council has bought their new speeding equipment, a great feather in our cap, as some villages have not even undertaken to tackle this problem.

Enjoy your dog walking, walking, cycling and jogging in the village, and what a pleasure it is to note all the spring flowers and hedgerows coming into bloom.

Lucy Agazarian
Chairman
Chevington Parish Council

Next Parish Council meeting 8th April 7pm by Zoom Pro

All welcome



CHEVINGTON WI



Our March meeting, via Zoom, was a talk about King's Parade, Cambridge. The speaker was Murray Jacobs, a Green Badge Guide. Cambridge University was founded in 1209.

The virtual tour started at Great St Mary's Church which was visited by Queen Elizabeth I in 1564. The graduation ceremony for all students at Cambridge University takes place at the Senate House. In 1956 students hoisted an Austin Seven car onto the roof which the authorities had to dismantle to remove. Next came Kings College Chapel. This Chapel has the world's largest fan vault roof and outstanding stained glass windows. It is also famous for the broadcast of the nine lessons and carols which many people feel is the start of Christmas. The tour finished with the gold Corpus Clock installed in 2008 with has blue LED lights and a grasshopper on the top.

Our 100th Birthday will be celebrated Sunday 11th April with a Zoom meeting, when we can share a drink and a small cake which will be delivered to all members.

Susan Boor
Secretary



FOR SALE

Reebok cross trainer
for sale: £50

Contact: Bob Chapman, 850799

ST MARY THE VIRGIN CHURCH, DEPDEN



DEPDEN

News from Depden Church

Easter approaches and we look forward to some warmer weather. We hope that this year we will be able to hold our **Easter Dawn Service** again. This Communion service is planned for **6.30am on Easter Morning, April 4th**, outdoors at **Elms Farm** (close to the highest point in Suffolk). We ask everyone to dress warmly and wear wellies as the ground will probably be muddy. We would like to share our usual **Hot Crossed Buns** with you afterwards but please **bring your own flask of coffee or tea**. The route will be signed from the A143. Please park considerately in the farm yard as there may be horses in the vicinity, and then walk the remaining short distance. Please check the Benefice website in case regulations change. **www.suffolkheights.org**

There will be a Morning Prayer service in the church on Sunday 18th April at 11am

The new **Grasscutting Rota** for the churchyard will be starting in April. I will also be producing a new Rota for **flower arranging and cleaning** the church. If you would like to join the list of people who take on these tasks please contact me. They can be very satisfying.

The Annual Parochial Church Meeting will be held sometime in May this year.

Evelyn Payne
01284 850502



ST EDMUND'S CHURCH, HARGRAVE

SERVICES

Hargrave Church has continued to hold services in church throughout lockdown (when permitted by the guidelines) and the church remains open for private prayer as a quiet space away from your own four walls. The PCC felt it important to continue to make the church accessible whenever we can.

Details of services (and events) are posted on the notice board near the bus shelter and in the church, and also on www.achurchnearyou.com – Hargrave or via www.suffolkheights.org

Future Services at Hargrave

21 st March	Evening Prayer – 6 o'clock – Lay Elder: Justin Rabett
4 th April	Easter Day 10.30am - Easter Communion (by Extension) – Reader: Barbara Hill
18 th April	Evening Prayer – 6 o'clock – Lay Elder: Justin Rabett
2 nd May	Morning Praise – 11 o'clock

SAFEGUARDING

The members of the PCC of St Edmund's Church, Hargrave are currently renewing their Basic Safeguarding training in accordance with Church of England guidelines. Our Churchwardens, Jill Upton and Justin Rabett, have also completed the foundation level and are in the process of completing the leadership level. Our aim is that this will help us to ensure our practices of worship are carried out in a safe and welcoming environment as well as at any organised events run by the PCC of St Edmund's.

If anyone has any concerns please feel free to speak to one of our Churchwardens and know that any information will be treated sensitively and action will be taken following current procedures.

More information can be found at: www.cofesuffolk.org

Jill Upton

LOCKDOWN QUIZ NIGHT - 6TH MARCH

A good crowd of over 30 people in 13 teams gathered round their computers on Saturday night to pit their wits against each other and answer some of the quizmaster's questions in our second online Lockdown Quiz Night for Hargrave Church. It was lovely to see and spend time with friends from Hargrave, Hawkedon, Chevington and Depden—it's been a while!

In the topsy-turvy world of lockdown old certainties no longer old sway, with our commiserations to team de Laat, down to Jill at one point, battling for the prize. It was a close run contest, with the top two teams being within a point of each other, and everyone scoring within 20 points of the leaders. After an early surge, Justin and Rich stumbled in the last round on sport, and congratulations to John and Ann Ruston for a late "sport sprint" which saw them come a close third after Paul and Hannah King from Depden.

All credit to the Uptons for bringing it home with a top score of 55½. The top three won delicious Easter Eggs, delivered next day by an eager Easter Bunny.

Thanks to generous donations by all, nearly £270 was given in support of the church. Much more important was we all relaxed, had a good laugh, by David's excellent questions and innovative round choices—'2020 History' and 'Saturday's' anyone?

Full scores and details of our next Lockdown Quiz on 10th April can be found on www.achurchnearyou.com – Hargrave or via www.suffolkheights.org

FUTURE EVENTS – DATES FOR YOUR DIARY

- * 10th April - Lockdown Quiz Night 7-9pm online
- * **25th June - PopUp Pub returns to the Village Hall 6-9pm**
- * 23rd July - PopUp Pub returns to the Village Hall 6-9pm
- * **20th August - PopUp Pub returns to the Village Hall 6-9pm**
- * 4th September – the Village Barbeque – to help please contact Justin Rabett 01284 850769 or Jill Upton 01284 850 286
- * **9th October – Hargrave 5k & 10k cross country run & walk – to help please contact Justin Rabett**



HARGRAVE QUIZ



Via Zoom

Saturday 10th April

2021

7.00pm—9.00pm

There will be prizes—delivery within the
Benefice only!

For log in details and how to make a donation please go
to

www.suffolkheights.org or scan QR code



Proceeds to St Edmund Church, Hargrave Fabric Fund

AGGIE REDPATH'S GARDENING TIPS FOR APRIL 2021

Vegetable Seeds

Now is the time to get ahead with planting seeds. I was given an electric propagator for Christmas, so my beetroot, chard and calvo nero have been spoiled rotten and tucked up in the warmth of a comfy bed, until they decide to germinate! The next batch I have put on a sunny window sill. They are a bit like children and need nurturing and require a lot of your attention.

Don't forget to water carefully and lightly and don't let them dry out. When the seedlings do decide to get out of bed, I prick them out and leave them in a cool place, so they put down roots, and don't become all leggy.

Last year I discovered Flower Sprouts or Kalettes, a cross between kale and brussels sprouts, start them now for an abundance of autumn veg. They look like rosettes, and are a delicious way to add to your veg intake, rich in minerals and essential nutrients. Feel free to Google, but

I bought mine from sahraven.com.



Seed Spuds - my go to place is Marshalls - marshalls.com

You are really spoiled for choice here and it is lovely to scroll down the different varieties. Pink Fir do not let us down and they are happily sitting in empty egg boxes waiting to chit. This year we are planting them in the veg bed, and a couple of large containers, just for the hell of it.

Have you got a piece of guttering you don't want? Use this to start off green salad of your choice. Fill with seed compost, add seeds, and treat as outdoor planting, keep on window sill or in greenhouse. When the ground is warm, dig a V shape in the ground and carefully slide lettuce along the guttering into the prepared area. For best results Youtube and you will get the drift.

Happy Planting and hello to Spring.
Best wishes,

Aggie Redpath
Aggie Redpath's Family Kitchen & Garden



ST MARY'S CHURCH, HAWKEDON

ST MARY'S CHURCH AT EASTER

Easter Sunday, 4th April: We are delighted that there will be a BCP Communion Service at 9am in St Mary's Church, Hawkedon with music and (limited) bells to which everyone will be most welcome. This is an opportunity for thanksgiving and to celebrate the gradual loosening of lockdown restrictions for which we will all be so grateful.

ST MARY'S CHURCH FLOODLIGHTING

The floodlighting for the weeks of 1st and 8th March were sponsored by Rachel Durrant and Rosemary Dobby respectively in memory of their parents.

If you would like to sponsor the tower floodlighting for a week in celebration of an occasion or in memory of a loved one, please contact David Taylor on 789324. The suggested weekly donation is £15.



HAWKEDON

HAWKEDON VILLAGE HALL HIRE

The Village Hall is available at very reasonable rates:

£60 for full day (£40 for Hawkedon residents), £30 for a morning or afternoon (£20 for Hawkedon residents), £40 for an evening (£30 for Hawkedon residents.) For other rates and equipment hire please call for a quote. Contact Charles Wilson on 789376 or charles.wilson21@btinternet.net.

GIANT STEPS ARE WHAT YOU TAKE, WALKING ON THE MOON

One small step

The full moon, when low in sky, can seem huge, and so close. We marvel at it, talk about it, sing about it (ask Sting), make films about it, give toys connected to it (ask Buzz Lightyear) and take pictures of it. We



blame it for sleepless nights, it dictates the timing of military campaigns and complicates the life of sailors everywhere. When I see the full moon I am taken straight back to a French campsite in July 1969, searching (with my parents) for somewhere to watch coverage of the moon landing. The twelve-year old me did not realise how much the moon influences on all our lives. That includes the timing of religious festivals.

Christianity, Judaism and Islam are united in expecting restraint at certain times and fasting at others, perhaps because they are all based on the same stories from the Middle East. It's not surprising they are more similar than you would think from watching the news. Some Christians give up certain foods, such as chocolate or alcohol, during Lent (although I think that the water into wine miracle shows some of us have a duty to keep the vineyards in business ready for when we can party again). So as Lent ends at the beginning of April those people who have marked it with some sort of restraint for forty days will be ready to celebrate Easter... all those Easter eggs! And the timing of Easter, based on the appearance of the moon after the spring equinox, is linked to the Jewish festival of Passover, and another set of celebrations in different households.

This year, as the restraint (for some) of Lent ends, another fast is about to begin for others. On 13th April, the Crescent Moon should appear in the night sky. It will herald the start of Ramadan. Muslims across the world will have to set their alarms, get up very early and, for a month, will have breakfast before the sun comes up and not eat or drink again until after sunset.



The month of Ramadan is supposed to be a time of reflection and prayer for Muslims, for giving to charity, and very often, for those who are normally relaxed about following the rules on diet and alcohol, a time to observe the rules more carefully. Not drinking anything all day is hard, wherever you live, but even more challenging in a hot country or in the summer when the days are long.

So, dinner after the sun has gone down is very important. It can be a feast for those who can afford it, and they will give generously to those who cannot. The Iftar, as this dinner is called, is a chance (when not locked down) to meet friends, to be generous to guests and to celebrate community. Not dissimilar to Christmas Dinners and family gatherings at Easter in many ways.

In the same way that our Christmases and Easters have become commercialised for many, Ramadan has become a business opportunity, especially for restaurants, hotels and the food industry. The big hotels in the Middle East host Iftar dinners, and at the end Ramadan, when the Crescent moon appears again, the biggest feast, Eid al Fitr will be celebrated all over the World.

A few years ago I was in Jordan seeing clients. The hotel was buzzing and there was to be a big Eid dinner that night with a well-known keynote speaker. I stepped into the lift to go down to my business dinner that evening, and walked straight into Buzz Aldrin, the second man on the moon.



I was immediately transported back to that campsite in France watching the moon landing as a twelve year old. What do you say when you meet Buzz Aldrin going down in lift? "Shouldn't you be going up?"**

I have a feeling he had heard it before, we shook hands, smiled, and he left the lift to give his speech about his time on the moon. I had never linked the moon landing with Ramadan before!

The Moon, Ramadan, Christmas, Lent, Passover and Easter are all part of the same story. It's good to remember the similarities, as we celebrate Easter and Muslims celebrate Ramadan.

PS **I am sure I could have thought of a better line...suggestions please?

David Freeman

ALL SAINTS' CHURCH, REDE



'Church Bulletin Board'

I was sent this by one of my sisters a couple of weeks ago and, while some of these delightful bulletins may be familiar to you, I hope there are some you may not have seen before and which will raise a chuckle.

The sermon this morning: 'Jesus Walks on the Water'. The sermon this evening: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off – let the church help.

Miss Charlene Mason sang 'I will not pass this way again', giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

The Rector will preach his farewell message, after which the choir will sing 'Break Forth into Joy'.

Irving Benson and Jessie Carter were married on 24th October in the church. So ends a friendship that began in their school days.

The church will host an evening of fine dining, super entertainment and gracious hostility.

At the evening service tonight, the sermon topic will be 'What is Hell?' Come early and listen to our choir practice.

The ladies of the church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

This evening at 7pm there will be hymn singing in the park across from the church. Bring a blanket and come prepared to sin.

The Associate Minister unveiled the church's new stewardship campaign slogan last Sunday: 'I Upped My Pledge – Up Yours'.

This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar.



REDE



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AT
ALL SAINTS' REDE**

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'A TIME OF REFLECTION' AT 12 NOON**

EASTER DAY SUNDAY 4TH APRIL

EASTER PRAISE at 10.45am

A family service

TUESDAY 6TH APRIL

COMMUNION

AT 4.00PM



REDE

Rede Scribe



Lottery

1st Pauline Jones

2nd Richard and Penelope Morris

Essex Countryside magazine 1967

Our final look back into the recent past...

Eating Out and Shopping

A restaurant review from a Plough Inn (NOT the one in Rede, obviously) featured as its main course Halibut in Shrimp Sauce at 15/6 (77.5p) or £27 at today's prices! The whole meal for two came to £2/18/- (£2.90) or an enormous £101 in today's money!! No wonder my parents never ate out! In another review they braved an Italian restaurant, but played safe by having prawn cocktail, steak and chips and ice-cream! *Mamma Mia!!*

A bottle of Beaujolais Burgundy was 18s/6d (£18.30) or £32! This was the era, of course, when most people had wine once per year at Christmas and it was a bottle of Black Tower or Blue Nun (remember those?!). This reminds of a little anecdote – when my Mum moved out of the family home after my Dad had died, we found a huge bottle of Liebfraumilch under the sink. Mum was never much of a drinker so we were not sure whether to be relieved or alarmed when she told us that it did, in fact, contain Jeyes Fluid – her cure-all for everything! It had never occurred to her it might have been a good idea to label the contents of the bottle!!

Anyway, back in 1967, for furnishing you could buy a 42" (no metric in those days) circular teak veneer dining room table and chairs for £58.80 (£2,046 in today's money)!

The small ads also offered something tantalisingly called "Scandinavian Coverlets" which I assume must be a duvet. These cost a whopping £14/9/6 which equates to £504 in modern cash! I told you this magazine was aimed at those with cash!

Society and Attitudes

Wakes Hall at Wakes Colne was held up as a model home as it housed “20 severely handicapped spastics...” and later went on to say that they are treated just like normal people! Another article was on a hostel for “sub normal children” which I assume means those with a learning difficulty!

Essex County Council was removing overhead powerlines in some pretty villages and burying them to avoid spoiling the views, which seemed quite forward looking.

The police had just been issued with new-fangled “Walkie Talkies” in Essex.

There was an interesting article about Essex *Romanis* (gypsies) who were complaining that *didikais* (which they described as “half-bred *romani* and *Gorgio*” – their word for non-gypsies) were giving them all a bad name!

The above terms used back in 1967 are, of course, not deemed appropriate today and are used here to illustrate the change of attitudes over 50 years.

And more from the Yale University Happiness Lab

Well, reasons to be cheerful part three! More from Professor Laurie Santos at Yale University and the Happiness Lab on-line:

Random acts of kindness. Apparently doing something nice for someone makes you feel so much happier. It can be anything, no matter how small, and to anyone. Give someone a lift. Take chocolate cake to your next hospital appointment (once Covid is under control) – I’ve done this and you would have thought I had turned up with the Crown Jewels! I remember in America they used to pay the toll charges for the car behind so it was a lovely surprise to the following driver!

Infectious! Not just Coronavirus, but happiness and misery. People can be divided into Radiators and Sinks. NO, not a plumbing problem but the former radiate joy, laughter, generosity of spirit and a love of life. When you spend time with them you come away feeling uplifted and strangely privileged. Try to be one of these.

Alas, the others are sinks. You know the sort - they suck the joy out of the room in an instant. The room even feels physically chillier. Voices drop. Laughter ceases. Nothing is right, nothing is good enough, everything is a disappointment. It’s nothing to do with money, life or health, but everything to do with their attitude. Try not to be one of those (or, at least, not all the time!)

Solitude is fun but company is more so. Things shared are more fun no matter how much of a loner you are. The pandemic has probably made us all realise that.

Experiences are better than money. Assuming you have enough money to survive fairly comfortably you will get more enjoyment out of an experience (holiday, day out, nice walk, good book) than you will get from cash or material goods. It follows on that:

Time is also better than money. How much would you pay for an hour with a grandchild? Or a loved one? Or the sun on your face? Or the waves crashing on the beach? Again, the pandemic means Prof. Laurie is probably preaching to the fully converted on this topic!

Too much choice is bad. Remember the pre-Internet days? You wanted a break away? You phoned the tourist office of the area you were interested in and they sent you a list of B&Bs. You looked through them and picked the one that fitted your price range ("cheap but demanding" as Bill Bryson put it) and sounded like it might be half decent. Then you called them and booked it – or just turned up on the day and hoped for the best. Happy Times.

Nowadays you look at Booking.com or Hotels.com (others are available) or both or several dozen. You go through the price filter. You pick one in the right place. It's available. You try to book. One night is not available. You upgrade to a "superior room" (so what is an inferior room then? NO bed?) Now you are spending more than you wanted to. Then you realise it doesn't include breakfast (despite being a 'bed and BREAKFAST') unless you pay £12 per person extra. Too expensive...

You start again (and again and again). Finally! The perfect B&B. Now I'll just check the reviews.... 8.9/10. Great. I'm booking it.....but, hang on, for £5 more this one has 9.1/10. So, you start again. Repeat x *n*.

Finally, you find the perfect one. Just about to pay when you decide to check it on Trip Advisor! Yep, 4.9 out of 5 stars. Great. But hang on!! Oh no! Disaster!! One person has given it 1 out of 5 stars!! Now you have to read that one. It says there was a hair in the bath. *Sacre Bleu!* Or a wrinkle in the sheet! Or they got lost finding it! Or that the owner was a bit crabby when they crawled in paralytically drunk at 3 am and broke a window or let their muddy dog sleep on the white bed linen. *How unfair!!* NO! You can't possibly stay there. Back to the drawing board. I josh, of course, but not by much...

And you repeat this process with everything you buy online. I found myself reading a review of some biros I was buying the other day! Blue or black? Plastic or rubberised? Ink or gel? Medium or fine nib? What is going on?! It's a biro, for goodness sake, just buy it!!!

Yep, our caveman brain hates choice - it just confuses us, wastes time and you end up so bewildered that you don't book or buy anything.

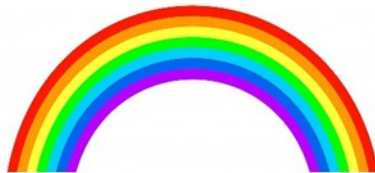
Then a few days later, you suddenly think. "Oooh, I must book that holiday/buy that airfryer/get a new biro" and the whole cycle begins again because by then, of course, you have forgotten which ones you have already looked at and have to start all over again.....

Happy were the days when you went into a shop (companionship), chatted to a helpful sales assistance (radiator) and was then offered a cheap, medium or expensive version of whatever you wanted and that was it!!!!!! So, reduce choice. It can even extend to clothes. There was a good reason Steve Jobs always wore a black sweater and jeans – to leave his brain free to think about innovation and not about matching his outfits!!

Finally..

A big "shout-out" (say that in your best Sarf London accent) to the NHS and their marvellous vaccination programme. What a great job they are doing.

Thank you NHS



REDE

Enjoyed this? If not, send me something to publish instead - want to tell us about your achievements or pay tribute to someone special - send it to me and I will include it in the next newsletter. The address is: jackiechubb1712@gmail.com or drop it through the letter box of Four Ashes by the bus shelter.

HARTEST AND DISTRICT GARDENING CLUB

Goodness, how I wish I had something new to say!

We are still hoping to hold the Plant Sale on June 6th, whether inside or out has yet to be confirmed. And we have everything crossed that the rest of the programme, from the June visit onwards, will go ahead. More on all of this in the next edition, but if you have internet access, for the most up-to-date information, keep an eye on the club facebook page - Hartest & District Gardening Club, or the website – www.hartestgardeningclub.info.

If you have any questions about the club, please contact Geraldine, either via email on gross7702@gmail.com, or by phone on 01787 280134.

Geraldine Ross

If you're into horticulture why not tun into Alasdair English's podcast, details below:





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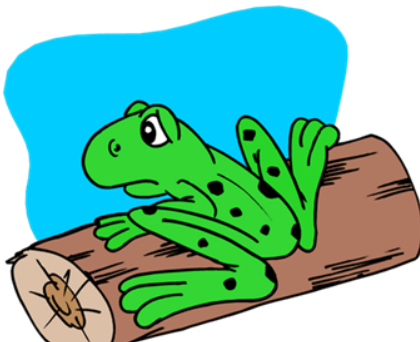
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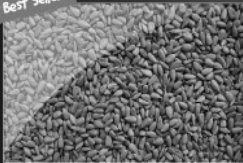
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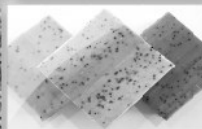
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Chevington – Tuesday, 13th April, at 17 New Road—11.50–12.05 and Tan Office Lane— 12.10pm-12.30pm

Depden - Thursday, 22nd April at Hall Close— 3.05–3.20pm

Hargrave - Saturday, 17th April at Orchard End— 9.30–9.50am

Hawkedon - Friday, 16th April at the Old Queen's Head—10.50–11.10am

Rede - Friday, 16th April at the Village Hall—10.30–10.45am

BENEFICE CONTACTS

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Chevington	Sally Williams	850045	Jane Thacker	850384
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