

SUFFOLK HEIGHTS BENEFICE NEWS

December/January 2022/3

Welcome to the final edition of 2022. As ever, I look forward to receiving your contributions for future magazines. We are very keen to have photographs of what has been going on in the Benefice so don't be shy about sending them in! Please DO NOT SEND PDFs if it can be avoided. Only Word docs, Publisher files or Jpegs, black and white.

The deadline for the February 2023 edition is 5pm Sunday 15th January 2023. Anything received after this date cannot be included.

Please send contributions to: Jill de Laat, Salix Cottage, Bury Road, Hargrave, IP29 5HP— email: suffolk.heights@delaat.uk. tel: 01284 850463 Chevington items should be sent to: Jamie Robertson, Chevington Lodge Farm, New Road, Chevington— email: jamierobertson5cc@gmail.com. tel: 01284 850864

The magazine is produced on an entirely voluntary basis. Please be patient when emailing or telephoning if you do not get an immediate response. All enquiries will be answered as soon as possible.

Elders in the Benefice:

Simon Pratten

Anne Nicholson

Justin Rabett

Simon Williams

For advertising rates please see the inside back cover

Cover designed by Alina Pylypchuk

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Dear Readers

It is nearly Christmas again. I don't know about you but, even though it is the same time each year, it regularly catches me out almost as much as the moveable feast of Easter.

The year draws to a close so it is the best time to thank everyone who contributes to this publication, be it in writing, submitting information or distribution. It could not continue without all this help and support. Please remember, anyone can send in anything they would like to see published here— even those who are not regular contributors. This magazine serves the whole community of Suffolk Heights. I have just one proviso – no politics or anything which may frighten the horses.

I wish you all a Happy Christmas and a splendid New Year.



Jill de Laat Editor suffolk.heights@delaat.uk



SUFFOLK HEIGHTS SERVICES IN DECEMBER

Join us on Friday mornings at 9.30 at All Saints', Chevington for Morning Prayer. Communion (said) will be celebrated at All Saints', Rede on Tuesday 13th December at 4pm

	4th	10th/11th	17th/18th	24th	25th
	2nd Sunday of Advent	3rd Sunday of Advent	4th Sunday of Advent Carol Services	Christmas Eve	Christmas Day
All Saints' Chedburgh		10.45AM Communion	Sat 17 TH 4.30PM CAROL SERVICE ON THE GREEN	4.00PM CAROL EVENING PRAISE	
All Saints' Chevington	9:00 AM Communion	9:00 AM Morning Prayer	9:00 AM Communion 4.00PM CAROL SERVICE	2.30pm FAMILY NATIVITY 10:00 PM CANDLELIT BETHLEHEM SERVICE	9.00AM Family Christmas Service
St Mary's, Depden		Sat 10 TH 4.00PM Carol Service	11.00AM Communion		
St Edmund's Hargrave	11.00AM Morning Prayer	2.00PM CAROL SERVICE	3.00PM Evening Prayer		10.30AM Communion
St Mary's Hawkedon		9:00 AM Communion			10.45AM Christmas Communion
All Saints' Rede	10.45AM Communion	Tue 13 th 4.00PM Said communion	6.00PM Carol Service		

SUFFOLK HEIGHTS SERVICES IN JANUARY

Join us on Friday mornings at 9.30 at All Saints', Chevington for Morning Prayer. Communion (said) will be celebrated at All Saints', Rede on Tuesday $10^{\rm th}$ January at 4pm

	1st	8th	15th	22nd	29th
	2nd Sunday of Christmas	Epiphany/ Baptism of Christ	2nd Sun after Epiphany	3rd Sun after Epiphany	4rh Sun after Epiphany
All Saints' Chedburgh		11.00am Communion		11.00am Morning Prayer	
All Saints' Chevington		9:00 AM Morning Prayer	9:00 AM Communion	9:00 AM Communion	
St Mary's, Depden			11.00 AM Communion		
St Edmund's Hargrave	11.00AM Communion		3:00 PM Evening Prayer		
St Mary's Hawkedon		9:00 AM Communion BCP		10:45 AM Morning Prayer	
All Saints' Rede	11.00am Morning Prayer	TUESDAY 10 TH 4.00PM Said communion			11.00AM Benefice Communion

A MESSAGE FROM THE RECTORY

FOLLOW THE STAR - DO NOT BE AFRAID



Jesus' mother, Mary plays a crucial part in the Christmas story. It begins with Gabriel's visit to her: 'Do not be afraid, Mary, you have found favour with God. You will conceive and give birth to a son, and you are to call Him Jesus.' Luke 1:30,31). This conversation takes us straight to the heart of what Christmas is all about. God was doing something unique, that had never happened before! 'God was beginning, at this divine and human point, the New Creation of all things. The whole soiled and weary universe quivered at this direct injection of essential life.' CS Lewis.

This child unites heaven and earth: the eternal God entered time and space and became a baby, both a real human being and fully divine. It reminds me of the sci-fi film *Fantastic Voyage* (1966) in which a team of surgeons are shrunk to the size of blood cells and injected into the veins of a patient to perform lifesaving surgery.

The Christmas message affirms that God has entered the bloodstream of humanity to put things right with Him on the inside. We can know Him personally and make sense of His world.

God chose an unknown, frightened teenage girl to bring about this new beginning for the world. Her response is the pattern for us, as we welcome God's special gift into our lives this Christmas: "I am the Lord's servant," Mary answered. "May your word to me be

at church this Christmas

fulfilled." Luke 1:38.

Mary gave an unqualified Yes to all that God wanted to do in her life. It was a costly decision, which risked both shame and scandal. Yet she was ready to obey God and trust His plans for her life, despite her many questions. Is the same true for us this Christmas.

We wish you a reflective Advent, a very Happy Christmas and a peaceful New Year.

Details of our services are on page 4

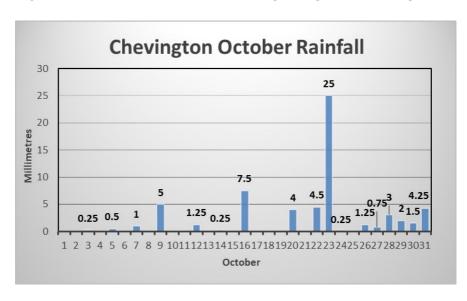
Rector: Rev. Clive Fairclough rectorsuffolkheights@gmail.com 01284 615828



Rain Matters

Jamie Robertson

The weather is definitely getting damper, but not by much. October had only one properly wet day, the 23rd which dropped 25mm on us. In the end we had 62.25mm (2.45 inches) making it the second wettest month of the year after February. But over the last ten years October has been the wettest month of the year, averaging 68mm. But although we are close to a normal amount of rainfall it seems we have a way to go before we have made up for our summer drought. The well in our garden is not much higher than it was in August and that suggests to me the aquifers have in no way been refilled. But what everyone has noticed is how warm it has been. The temperature never got near freezing, the lowest recording was 5°C, and the highest 14°C. It means the trees have been slow to shed their leaves, and the sound of the lawn mower is still being heard throughout the land. We have, though, had a bonus growing season meaning that some vegetables sown optimistically in August have had the water and the heat to help them produce late crops.



ALL SAINTS' CHURCH, CHEDBURGH



Floodlighting - Light up Your Celebration

Please help to keep one of Chedburgh's historic buildings floodlit. For just £15 a week you can sponsor the lighting – maybe you wish to remember someone special, commemorate a very special event or just help us light up the church. To book please contact Christine Lofts, 850479, and donations and dedications will be acknowledged in Suffolk Heights Benefice News.



WELCOME EVERYONE TO THIS CHURCH PAGE

We Thank our Congregation and Friends of Chedburgh Church for their continued support.

Church Services:

Sunday, 11th December - 10.45a.m. Holy Communion at the church

Saturday, 17th December - 4.30p.m. Carols on the Green (adjacent to the RAF Memorial and Bus Shelter)

Saturday, 24th December - 4.00p.m. Christmas Eve Evening Praise.

Please join us at this service. It is a time to reflect on 2022 and prepare ourselves for the joyous celebration of Christ's birth.

Many thanks to Mr. Frewer of Chedburgh Plant Centre who has generously given us a Christmas Tree to form part of our Church decorations.

Services for January, 2023

Sunday, 8th January - 10.45a.m. Holy Communion at the Church

Sunday, 22nd January - 10.45a.m. Morning Prayer

REFLECTION ON 2022

The Chedburgh parish has had an eventful year. We have been ably supported by our PCC, Benefice Lay Elders, Readers and visiting Ministers during our Interregnum period which has enabled us to continue our regular services and traditional celebrations. Our grateful thanks to them for their contribution to our parish.

We welcomed our new Rector, the Rev. Clive Fairclough. Clive's arrival has given us the stimulus to consider new approaches to our worship and the care of our parishioners at this time of acute austerity. Watch out for these new initiatives and with *your* help we can fulfil them.

Wishing you All a Peaceful, Merry Christmas and a Happy New Year.

John Churchwarden

CRAFT FAYRE

A successful Craft Fayre was held in the Erskine Centre on Sunday 6th November. The day arrived along with plenty of rain and we were all concerned that no one would venture out to attend. How wrong we were. The fayre was well supported, with all stall holder requesting another next year. Planning has already started on the next Fayre and when a suitable date has been agreed all stall holders will be informed.

If anyone wishes to join the Hobbies Club, we meet on the second Wednesday of the month in the Erskine Centre, 2 – 4 pm.

CHEDBURGH COFFEE CLUB

The first Coffee Morning was held on 10th November and was well attended. The next get together will be held on Thursday 8th December from 10 am and in January it will be held on 12th January. Please come along and meet new neighbour and friends. Everyone is very welcome.

CHEDBURGH COFFEE CLUB

ERSKINE CENTRE, CHEDBURGH

Thursday 8th December 10 - 11.30 am

Come along and enjoy a cup of coffee or tea

Enjoy a sociable morning

TAI CHI CLASSES IN CHEDBURGH

A gentle exercise for all ages, which promotes health & well being Improve your mobility, agility, awareness, mindfulness

Two classes available

FRIDAY at 6PM and SUNDAY at 10AM

At the Erskine Centre, Chedburgh IP29 4UL First class is free, then £8 per session (couples £15)

Contact: Andy Barnetson

01284 850439 andybtaichi@gmail.com

"Bacon Sandwich Saturday" The Erskine Centre, Chedburgh

SATURDAY 14th JANUARY 10am to 12noon

COME ALONG AND JOIN US FOR A TASTY BACON (or Veggie) SARNIE, A CUP
OF TEA OR COFFEE AND A CHAT

(Veggie and GF options provided) Free event, all welcome

FOR DETAILS CONTACT: ANGIE- 850439 OR JACKIE - 850000

To Celebrate Burns Night

The Erskine Centre, Chedburgh invites you to a Haggis in a Bun event on 28th January commencing from 7pm

Free event, all welcome

Get your haggis, neeps and tatties all in a tasty bun

(Veggie and GF options available)

For details contact Angie(850439) or Jackie(850000)

CHEDBURGH HISTORY RECORDER VACANCY

If you would like to find out more about the post of Village History Recorder, and perhaps think this may be a good fit for you in Chedburgh, please go to www.slhc.org.uk to find out more.

To volunteer to help in this important work, please contact: recorders@slhc.org.uk

CHEDBURGH COMMUNITY CHOIR

CHRISTMAS CONCERTS

The Erskine Centre, Chedburgh IP29 4UL

Sunday 18th December 2.30pm and 7pm

TICKETS:

billetto.co.uk/e/ccc-xmas-22-tickets-739834

Tickets £10, children under 13, £5, must be accompanied by an adult.





REFRESHMENTS

RAFFLE



or use link on Facebook page

or call Jean on

01284 850582

Book your tickets now!

THE ERSKINE CENTRE CHEDBURGH

Regular classes in December & January

Mondays Strength & Balance 11.00 – 12.00 am
Contact Carol cclerkin@btinternet.com Tel: 01787 277734

Mondays Pilates 6.00-7.00 pm & 7.00 -8.00pm Tuesdays Pilates 10.00 – 11.00 am Contact Hayley info@specialist-pilates.com Mob: 07793 542430

Tuesdays Yoga 6.00 – 7.00 pm Contact Jordanna Campbell jordannaoffersyoga@gmail.com 07500 978042

Tuesdays Choir 7.30 – 9.15 pm Contact Sarah <u>sarahalisoncox@btinternet.com</u> Tel: 01284 810813

Wednesdays Yoga 6.30 – 7.45 pm
Fridays Yoga 9.45 – 11.00 am
Contact Caroline cwithcyoga@gmail.com Mob: 07834 908936

Hobbies Club second Wednesday of each month 2.00 – 4.00 pm Contact Jacqualine derek.sweny@btinternet.com

Sundays Tai Chi 10.00 – 11.00 am - first session free
Fridays 6.00 – 7.00 pm New Class
Contact Andy Barnetson andybtaichi@gmail.com 01284 850439

Thursdays Dog Training Classes 6.00 – 8.00 pm Contact Tracy Hancock <u>tracy@dogwartsk9academy.co.uk</u> 07557 686261

Thursdays 8th December & 12th January Chedburgh Coffee Morning 10.00 – 11.30 am Sunday 18th November Choir Concerts
Saturday 14th January Bacon Sandwich Saturday
Saturday 28th January Haggis in a Bun Night

For all bookings and enquiries please contact Jackie Chester 01284 850000 or e-mail jec1@btconnect.com

Follow us at: <u>www.facebook.com/ErskineCentre</u> <u>www.erskinecentre.org</u>

CHEDBURGH PARISH COUNCIL

The Council met in the middle of November to discuss its finances and decide on the annual precept. This is money that comes from West Suffolk Council



via your council tax. Each parish council receives a small portion to enable it to run such things as playgrounds, community playing fields, communal grass areas, burial grounds, helping local charities, working with highways, other local councillors and councils and the police on local issues and generally being able to make your village a safe and convivial place to live. If you want to have more say on how this money is spent consider joining the parish council. If you have lived in the village for more than a year, are over 18 and have some spare time seven or eight times a year please contact any of the following for more information. Chedburgh Parish Council works as a team and you will not be left responsible for any one issue or activity to deal with alone.

Chedburgh Parish Council should have seven councillors but at the moment there are only five. Please make 2023 the year you become more community active.

Mrs F Betts, The Clerk	chedburgh-pc@outlook.com
Sue Roberts, Chairman	sueroberts33@hotmail.co.uk
Margaret Rickard, Vice Chairman	margaretrickard011@gmail.com
Jon Cardy	joncardy71@gmail.com
Mark Hill	mark.hill@me.com
Andy Smith	andy.t.smith.as@btinternet.com

Chedburgh Parish Council wishes all parishioners of Chedburgh a very joyous and peaceful Christmas and a happy and healthy 2023. If you have any problems you think your council can help you with, please contact the clerk.

We don't just deal with pot holes!!

Chedburgh Parish Council fully supports the work West Suffolk District Council is doing to help local residents with the cost of living crisis. For more information go to:- https://www.westsuffolk.gov.uk/cost-of-living/index.cfm?aud=resident

It is very informative and may help you. If you do not have access to the internet the library in Bury St Edmunds can help you, or please contact one of your Parish Councillors. Don't suffer in silence. There is help out there.

Who are Little Teapots Pre School?



We are a registered charity for over 20 years located in Chedburgh

Childcare providers for children aged 2 years to school age following the Early Years Foundation Stage

Open daily from 7.45 - 4.00 pm

What a fun first half term we are having , Halloween fun and Christmas crafts.







Curriculum

During the last term of the year we have been looking harvest, mini beasts, and space. Lots to learn this term.....

Fundraising

We had a successful craft and coffee morning raising over £300 and have our annual sponsored sing-a-carol week, Christmas hampers and meet Father Christmas in our secret outdoor grotto.

We wish everyone a very happy Christmas and look forward to a happy and healthy 2023.

Jenny, Linda, Ali, Emily, Faye, Emma, and Jill

ALL SAINTS' CHURCH, CHEVINGTON





CHURCH LIGHTING

The church was illuminated during November 2022 in loving memory of Betty Lodhi who lived in Farrows Close. The wonderful mum of Yasmine and mother-in-law to Darren Long, she is sorely missed.

If you would like to support the cost of floodlighting the tower at All Saints' Chevington in memory of a loved one or to mark a significant event we ask for a contribution of £15 a week. To book please contact Simon Williams on 850045.

THE PARISH PANTRY



The Parish Pantry is now officially open in All Saints' Church, Chevington. It stocks the sort of foodstuffs we might find in our pantry – along with some basic toiletries. There is no charge for any of this and no-one will be checking up on anyone else to see that they qualify for help. In short, if you need it, walk in through the door of the church, the pantry is front of you, and take what you want. If you have more than enough to feed your family and can find it in your heart to help us keep the cupboard stocked for others – we'll pin up a notice in the church porch to say what we'd like to make available – you can feel free to add what you can.

This is an experiment, so we'll see how things go – other church and village communities have tried it with success. Let's see how Chevington folk can give some practical help to their neighbours.

Paul Thacker

こいししいししいしんしん " Night Around 50 locals gathered in the village hall just ahead of Halloween to answer questions in Chevington's annual quiz. Nick Parsons and Simon Prentice posed the questions aided by an audio-visual system flashing on a sheet behind them. Horror, spooks and Halloween inspired a number of rounds, such as identifying celebrities in Halloween outfits and horror film music, but the teams were also posed local knowledge questions (where is the highest point in Suffolk?), famous first lines ("For a long time I went to bed early"?) and current events (what was the connection made between ► President Putin and Marilyn Munroe in October?). The strain put on brains meant that supper was served half way through - prepared and served by Jane Thacker, Sally Williams, Kathy Parsons, Liz Chapman and Anne Cullen, while Bob Chapman served up a spooky punch. Along with a raffle the event raised £820 for the church.



The Community Coffee Club

Chevington Village Hall on Thursdays from 10.00 until 11.30.

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Everyone is welcome to pop in for a coffee and a natter! If there is anyone who would like to come but has transport difficulties, please get in touch with Ann on 850714

Christmas Lunch



At Chevington Village Hall Sunday 4th December

All welcome from 12.30
£10 a head
Bring your own bottle
Please inform us of any dietary requirements
Contact Jane on 850384 or Sally on 850045 to book a place

CHEVINGTON VILLAGE HALL

The groups and clubs listed below meet every week and there are many other regular hirers of the village hall but one-off bookings are also welcomed and our current charges are minimal at £5 per hour. Please contact the Bookings Secretary on 07470 502979 or email chevingtonvillagehall@gmail.com for all enquiries.

Women's Institute meetings are held on the 1st Thursday every month at 7.30pm

- ♦ Table Tennis: Monday, Wednesday and Friday at 9.30am 11.00am. For more information contact Bill Down on 850421
- ♦ **Coffee Club:** Thursdays at 10.00am 11.30am. For more information contact Ann Sadler on 850714
- ♦ Art Club (Watercolour) Tuesday at 10am 3pm. For more information about this contact Heather Tilbrook on 01638 750433 or email heathertilbrook@hotmail.co.uk



The Churchyard Management Project



The Jubilee Tree



The tree donated by the Women's Institute to mark the Queen's Jubilee was planted in early November in the south east corner of the churchyard. It is a Sorbus acuparia Asplenifolia, a form of the native Rowan or Mountain Ash and sometimes known as a Cut-leaf Rowan. It has white flowers in the spring

and scarlet berries in the autumn which will be good food for birds (and can apparently also be used to make rowan jelly). The leaves were already turning a stunning orange-red as the tree was planted. On Remembrance Sunday there was a small ceremony to dedicate the tree to the memory of Queen Elizabeth II – and, in proper WI style - *Jerusalem* was sung by the surrounding congregation.

A Churchyard Inhabitant Introduces Himself

Black and white photography doesn't quite do justice to this fellow who was found near the new Jubilee tree in the churchyard in November. Six foot in diameter, with jaws that can break a man's leg, reaching speeds of up to 30mph this monstrous creature leaps from tombstone to ...



I jest.

He (it probably was a he - 5.9 - 8.4 mm long and 2.3 - 3.6 mm wide and smaller than the female) is a Marbled Orb-Weaver spider (*Araneus marmoreus*) of the Pyramidical variety. It is harmless (to humans, but not to small insects). The abdomen which appears white in the photo is a rather magnificent yellow. The marking that looks a bit like a concertina is a rusty brown.

Its mating behaviour is not that well documented, but it's thought it may behave similarly to other members of their genus (Araneus). Females emit pheromones to attract mates who spin a "mating-thread" across the female's web. The male moves towards the female across this thread, plucking and vibrating it, and the female approaches him. The male then touches the front of the female's body with his legs, stroking her, until she hangs from the mating thread. Things can then take a nasty turn because in some species of orb-weaving spiders females eat their mates after breeding. However, the male Marbled Orb-Weaver may be a bit luckier than other members of his genus as he is known to mate multiple times, thus presumably he is able to escape the voracious embrace of his inamorata.

The Marbled Orb-Weaver is not particularly rare and can be found across north America, northern Europe and Russia. What is slightly unusual is finding it in mid-November. Its eggs usually hatch in early spring after overwintering in egg sacs. Adults mate in the summer and after laying their egg sacs, usually die by October in the first frosts.



CHEDBURGH, CHEVINGTON AND DEPDEN OIL SYNDICATE



Chedburgh, Chevington & Depden Oil Syndicate

We will send an email reminder to all members around the beginning of December for the monthly order.

If you wish to place an order please email us

at chedburghoil@gmail.com or call / text on 07985 884172 by latest 6pm of the deadline date, If we are unable to take your call please leave a message with your name, address, contact number and volume of oil in litres, (minimum order is 500 litres)

The whole of this season's deadline dates for your diaries are:

7th December 2022 10th January 2023 11th April 2023 10th July 2023

10th March 2023

Kind regards Jamie and Kaz

THE SCHOOL FOR GOOD MOTHERS



Jessamine Chan

My own notes on this book begin, "I don't know why I ordered this book, and no idea why I persevered through it". But of all the books I have read this year, this is the one that keeps coming back to me.

Frida, whose husband has recently left her, is found to have left her toddler Harriet unattended at home for two hours. She is then subjected to CCTV monitoring in the home and required to attend a year-long residential

programme at the School for Good Mothers.

Each bad parent is given an automaton child, appropriate to the age of their offspring, to look after for the duration of the course. They are schooled in how to bring up the child, proper ways to address them, to bathe them and to comfort them. In fact, everything necessary is taught in a prescribed and specific way, with testing and evaluations after each part. Interestingly the women are far more harshly judged and controlled than the men, but that's another matter. At the end of the year a decision is made as to whether Frida can have access to Harriet.

So here we have it, an Orwellian solution to a family issue.

Some will see it as an example of gender inequality, or of differing attitudes to bad mothers as opposed to fathers. Others will regard it as a warning about dystopian or over-zealous government; or even the pressure exerted by society to be a perfect parent. Still more will see it as an examination of divorce, or the difficulties of living in a western society when your background has different values and beliefs.

So here is my problem with this book, I still don't like it. Some of the writing is repetitive and the story moves a bit slowly at times. But, six months later, I am still thinking about it, still cross with it, still wondering why anyone would give the storyline any credibility. Read it and let me know what you think as I still haven't made up my mind.

Available from Suffolk Libraries.



Bookworm

CHEVINGTON WI

the W

Our members had a fun evening at the meeting held Thursday, 3rd November; clog dancing with the Haughley Hooffers. There were five female dancers with three female musicians and one lone male. The group was formed 40 years ago and entertains at fêtes, county shows and music festivals. Dances have names such as Black Rod and St Circassian Circle and originated in the cotton mills of Lancashire. The dancers carry original bobbins from the mills decorated with ribbons and bells. They wear blue and white striped tops and bloomers covered with a red tabard and wooden clogs, which they say are very comfortable. Members joined in two dances with much laughter when right and left got confused.

At our meeting on Thursday, 1st December we will be singing sea shanties with Shantyfolk. The meeting on Thursday, 5th January 2023 will be an evening with members making their own entertainment. All women are welcome.

Contact the Secretary Susan Boor 01284 850536 or s.boor.123@btinternet.com for more information



Come for a Pint and a Carol



It's the pub's regular music night so come along for carols, music, something to drink and something to eat.

All at the Greyhound Pub, Chevington

7.30 till you run out of breath

On 15th December

No tickets, just turn up ready to give the carols all you've got and feel the Christmas spirit flow



CHEVINGTON PARISH COUNCIL

A LETTER FROM CHEVINGTON PARISH COUNCIL

Hello to you all,

I am sure you all know the saying 'Charity begins at home', home being Chevington to many of us and we all need to watch out and note if we feel or hear of anyone who might be struggling with the current situation of high energy and food bills especially when winter really bites.

A leaflet is going round the village from Suffolk Community Foundation, Surviving Winter Appeal. There are some in the village hall, I have just put one in the church porch and by the Chevington Pantry. This leaflet is a signpost for anyone struggling with electricity bills and food to contact Citizens Advice who will be able to help. It is free of charge, completely confidential and it works.

The PC is thinking of other ways of supporting the village this winter. I went to the Parish Council Hargrave Soup Lunch on Saturday 12th November - a community event, which was a huge success, supporting the village.

Next Parish Council meeting Thursday 8th December 2022 at 7.00pm Chevington Village Hall

> Lucy Agazarian Chairman



The Chairman laid the wreath on the war memorial on Remembrance Sunday, to remember all the young men who fought for their country and were killed in action.

Chevington Parish Council fully supports the work West Suffolk Council is doing to help local residents with the cost of living crisis. For more information go to:- https://www.westsuffolk.gov.uk/cost-of-living/index.cfm?aud=resident

It is very informative and may help you. If you do not have access to the internet the library in Bury St Edmunds can help you, or please contact one of your Parish Councillors. Don't suffer in silence. There is help out there.

Don't forget the food cupboard in the church.

Councillors contacts: Cllr. Agazarian (Chairman) 07776783747. Cllr McCormack (Vice Chairman) 01284 850277. Cllr Keegan petie14@live.co.uk. Cllr Briggs 07789775157. Cllr Surety 07808 974530. Cllr Bleeze 01284 850155 Cllr Paul Saunders

Clerk to the Parish Council: Mrs. F. Betts 01284 810508

email: chevington-pc@outlook.com

Neighbourhood Watch: Cllr Keegan. Cllr Briggs. All enquiries to The Clerk

Planning Applications: Please refer to the Chevington village

website https://chevington.onesuffolk.net. Please refer to the PC website for updates, minutes of meetings and more information about the village: Future events

and village matters.

CHEVINGTON PARISH COUNCIL WEBSITE: chevington.onesuffolk.net



ST MARY THE VIRGIN CHURCH, DEPDEN

NEWS FROM ST MARY'S, DEPDEN

There will be no Green Bites in December. We hope to hold one in January but no date is decided at present.

The Depden Church Carol Service will be on Saturday December 10th at 4pm. Please wear wellies and bring a torch and remember to leave time to walk to the church. A group will set off from the lay-by at 3.45pm. This is always a special service when the church is lit by candles and oil lamps.

There will be no service at Depden on Christmas Day this year.

There will be a Holy Communion service on Sunday 18^{th} December at 11am.

The service for January will be on Sunday 15th at 11 am.

Evelyn Payne 01284 850502

DEPDEN PARISH COUNCIL COUNCILLORS:

Chairman: Andrew Read

Councillors: Dennis Bibby, Peter Ebbens, Mark Leadbeater, Nicky Moncrieff,

Fiona Niven and Andrew Rabett

Neighbourhood Watch Contact: Angela Barnetson, Area Co-ordinator.

Telephone no. 07875 605165 email: abarnetson@gmail.com

Clerk to the Council: Susan Boor



DEPDEN CHARITIES

This small village charity has been running for many years. The charity aims to assist Depden villagers in times of unexpected need. We anticipate this winter will be more difficult than many in the recent past. This is a reminder that the charity will consider all requests for support often in the way of small grants to Depden villagers. Do not hesitate to contact the trustees.

Phone Anne Nicolson, one of the trustees, $01284\,850658$, for information.



ST EDMUND'S CHURCH, HARGRAVE

NEWS FROM ST EDMUND'S, HARGRAVE

Hargrave Church Community Pantry

This is now open to all in Hargrave at St Edmund's Church which is always open. We welcome donations of non-perishable food stuffs and toiletries. Please give what you can and take what you need. Thank you.

Carol Service

Our Carol Service will be on Sunday $11^{\rm th}$ December at 2pm at St Edmund's Church, Hargrave followed by seasonal refreshments. All welcome.

Doorstep Carols

The diocese and Radio Suffolk are again partnering to organise carol singing on doorsteps across the county to spread some much needed cheer. We will be joining in with this initiative on Wednesday, 14th December at School Cottages, Hargrave between 6-7p.m. Please bring a torch, carol sheets provided. Hopefully we can get another mention on Radio Suffolk again!

Christmas Day

We will have a Christmas Day Communion Service at 10.30am.

Pop Up Pubs and Pizza!

The Pop Up Pubs return in the New Year on Friday 20th January 2023 and Friday, 24th February 2023. Hargrave Village Hall, 6-9pm. We will be joined by The Mobile Pizza Van between 6-8pm. So come along for a drink with friends and enjoy a freshly made wood fired pizza!

Hargrave Run

Advance notice – next year's run will be on Saturday 25th March. Plenty of time to start your training!



Remembrance Sunday

Our service at Hargrave followed the traditional Service of Remembrance, with readings and prayers contributed by many in the congregation. The names of the fallen from Hargrave were read and we prayed for those who have fought and their families who still live with the burden of conflict. We prayed especially for resolution of

the war in Ukraine. £91 was collected for the Royal British Legion.

Justin Rabett

ROYAL BRITISH LEGION POPPY COLLECTION IN HARGRAVE

This year's door to door collection was a wet affair but three people braved the elements for this good cause. One of these, Kelvin Bailey, collected around part of the village with Clive Bews. Kelvin in the stepson of Vic Keyton of Mill Farm and has collected for the last two years. He does a sterling job and, by all accounts, loves the experience. Kelvin and Clive will be round again next October. If you would like to collect next year around Hargrave north, please get in touch with the editor. You have 11 months to think about it.



Kelvin, ready to brave the elements

Thank you to everyone in the village who gave so generously.

This year's total is a splendid £348.25



ST MARY'S CHURCH, HAWKEDON

ST MARY'S CHURCH FLOODLIGHTING

The lights for the week of the 21st November were in loving memory of Don Phillips.

The lights for the week of 12th December are in celebration of a fairly big birthday!



The lights for the week of the 26th December are sponsored by Rosemary Dobby in loving memory of her father, Thomas James Terry.

If you would like to sponsor the lights in celebration of an event or to commemorate a loved one, please contact David Taylor on 789324 or at david.taylor1@btinternet.com

CHRISTMAS DAY AT ST MARY'S CHURCH

There will be a **Christmas Communion service in St Mary's Church**, Hawkedon at **10.45am** which, this year, we share with Rede. We are also delighted that Ben James of Hawkedon will be playing the organ and we look forward to welcoming families and friends at this special service with favourite carols. The collection will be for The Children's Society.

CHRISTMAS COFFEE AND MINCE PIES

On **Saturday 10th December at 10-30am** there will be a **Coffee and Mince Pie** get-together in the village hall. An excellent way to get in the Christmas mood with your neighbours. See separate ad.

ST MARY'S CHURCH FOOD BANK

In recognition of the growing need for help with the cost of food, St Mary's church is opening a "Pantry Box". From 1st December there will be a box in the church where non-perishable food items and basic toiletries can be left. **Please donate what you can and take what you need**. If you know of anyone who is in need, please speak in confidence to our Safeguarding Officer, Linda Cawston on 789222.

The Pantry Box collection will also be made at the Christmas Coffee morning in Hawkedon Village Hall on Saturday 10th December. Please bring any donations along with you.

St Mary's Church will be running a produce stall at the coffee morning on Saturday 10th December. All donations of jams, cakes or Christmas goodies will be very welcome.

THE HAWKEDON ESSAY

DON'T DENIGRATE THE U-TURN - IT MIGHT SAVE US!

Scene 1. It is a dark and rainy night. You are in your warm, comfortable car, and you believe the advertising you have seen for years. You can tame geography, vanquish the weather, eat



up the miles and arrive, as if by magic, wherever you want to be. As you roar (or hiss if you are electric) through the winding country lanes, your strong lights turn night into day and the music adds to your feelings of euphoria and invincibility. You are certain you are going in the right direction. You are enjoying the moment in your bubble, divorced from the real world, in a happy fantasy. Then reality intrudes....

As you approach what the insistent satnav says is a bridge, you start to doubt its accuracy and worry that your determination to carry on, blindly believing all will be well, might be a mistake. It doesn't feel right. Where is the traffic coming the other way? You slow a little, resist your growing doubt, and carry on. Then you see the large "ferry closed" sign and the river just beyond it, you brake and screech to a halt at the water's edge.

Grateful you were not driving any faster you swear quietly and make a U-turn. The satnav was wrong. The bridge is not a bridge, it is a ferry.

Scene 2. You are enjoying a wonderful summer. You are living in a temperate and comfortable latitude and are insulated (for now) from the worst effects of climate change. The floods and famines and the refugees that they create seem to be a long way away. That should not reduce our concern and desire to help them, they are our neighbours in this fragile world, but there is no doubt that our response to climate change has been dulled by our distance from its immediate effects.

Like the driver in the comfortable car with a mistaken confidence that all is well, we have been insulated, thanks to our lucky geography, from the reality of the climate crisis. It's easy to dismiss the mounting evidence when you seem to be able to carry on regardless.

Like the driver heading towards the river, we know that something is wrong and are starting to slow our use of fossil fuels, but only a little. We are still heading for the river, assuming and hoping there will be a bridge there to carry us across.

Many feel we need to make a U-turn now (or at least brake hard!) and take climate change much more seriously. The battle will continue between those that want to drive on as we have in the past, hoping we will find a bridge to carry us across the chaos of climate change, and those who are worried we cannot avoid disaster unless we change direction now.

U-turns and changes of direction seem to trigger derision and can be seen as a sign of weakness. They don't have to be either of these things. A U-turn can be the point when the real-world context bursts the bubble of delusion and determination.

So, let's not denigrate the U-turn, let's celebrate it. We need to plan our futures on the basis that we might be approaching a river with no bridge. Better to U-turn than be swallowed by the flood.

DF 1st November 2022

HAWKEDON VILLAGE HALL HIRE

The Village Hall is available at very reasonable rates: £60 for full day (£40 for Hawkedon residents), £30 for a morning or afternoon (£20 for Hawkedon residents), £40 for an evening (£30 for Hawkedon residents.) For other rates and equipment hire please call for a quote. Contact Charles Wilson on 789376 or charles.wilson21@btinternet.com

COFFEE AND MINCE PIES

SATURDAY 10TH DECEMBER 10-30AM - MIDDAY

HAWKEDON VILLAGE HALL

A kickstart for Christmas. Come along for an immersive Christmas experience with your neighbours!

Free entrance, coffee and mince pies

There will a produce stall in aid of St Mary's church as well as a basket for donations to the food bank. All donations of tinned and dried goods will be welcome

Do hope you can come along





ALL SAINTS' CHURCH, REDE

REFLECTIONS

When you receive this edition of the Magazine we will be into Advent and the run up to the Christmas season with all it holds for us as we remember the birth of Christ and the Christmas message. Perhaps this is more important than ever this year, with all the uncertainty and anxiety within our communities, as we head into winter. The message of keeping an eye out for each other, and being more aware of the needs of those around us, has to be central in all we do. In response to this, the Rede community has set up a Community Pantry in the church, to support anyone who might be struggling to make ends meet. The community has also organised a series of coffee mornings in the village hall to provide a warm, comfortable place for a chat and simply being together. The dates are on the adjoining notice.

Our Services

December

Sunday 4th December 10.45am Communion

Tuesday 13th December 4.00pm Said Communion

Carol Service $6.00\,\mathrm{pm}$ on Sunday 18^th December in All Saints'. This service is shared with Hawkedon

Christmas Day 9.00am Communion at St Mary's Hawkedon

January

 $\textbf{NB:}\,$ Services previously at 10.45am will, from 1^{st} January, always be at 11.00am

Sunday 1st January 11.00am Morning Prayer

Tuesday 10th January **4.00pm** Said Communion

Sunday 29th January **11.00am** Benefice Communion

Simon Pratten

In Rede Village Hall Community coffee morning



Friday 25th November Friday 16th December Friday 20th January

10.30am - 12noon

No charge, just come along for coffee, cake and a chat. Bring your neighbours and enjoy spending time with new and familiar faces.

If you would like a lift, please let Jackie know (01284 850078)

DON'T MISS OUT!

Your chance to **BE A WINNER!**

In the Rede Village Hall Lottery

All for £12 a year - 12 chances to win the 2 monthly prizes

It's again time to buy your Lottery Tickets. You could win £50 first prize or £25 second prize in our Christmas Draw. Then, drawn at the end of each month from January, you could win £20 first prize or £10 second prize.

Current and any new tickets numbers will start from January 2023 through to December 2023.

If you would like to be a part of the Village Lottery please contact: Ellie Carter-Wright 07950 606816 or Jackie Pratten 01284 850078

REDE VILLAGE LOTTERY

1st - Nigel and Chris Oakley

2nd - Julie and Dennis Carter

HARTEST AND DISTRICT GARDENING CLUB

November saw our AGM start the meeting. The Chairman ran through the programme for 2023, which looks very exciting, including a visit in September by Fergus Garrett, the Head Gardener at Great Dixter. Jill, in her absence, was thanked for her hard work in getting the programme organised. He then reviewed the past year, when we had some very good speakers. The Plant Sale went pretty well, as did the Annual Show—despite fewer exhibitors, entries were up. Although vegetables weren't great, the flowers and other aspects of the show were excellent. All in all, it had been a really good year for the club, and he emphasised the importance of keeping it going.

The current committee was re-elected, with the exception of Jill Armstrong who is stepping down. She has been a real asset to the committee. So there is

a vacancy for speakers' secretary, which he hopes to fill from current committee members, and we do still need a treasurer.

The chairman asked the members to bring along snacks for the December meeting, when Claire will give a wreath making demonstration, and there will be a quiz to determine the "Gardening Brain of Hartest". Drinks will be provided. Entry for this will be £2 for members and £3 for visitors.



The talk, "A Very British Garden" was given by Darren Lerigo, of Modern Mint. He was very entertaining, and showed us several alternative plants that we could be using in our gardens for variety, how to produce your own compost, and ways of keeping slugs at bay.

Our first meeting for 2023, on January 9th, will see Simon White, from Peter Beales Roses in Attleborough, tell us all about "Rose Growing Made Easy". He has 39 years' experience in the industry, and is keen to share his passion for roses. For all of us who love this rightly popular plant this will be a very useful and informative talk from an expert in his field. Entry for this meeting will be at the new rates, £2.50 for members and £5 for visitors.

If you have any questions about the club, please contact me, either via email on gross7702@gmail.com, or by phone on 01787 280134. Our website is www.hartestgardeningclub.info.

Geraldine Ross

Sunshine and Green local veg boxes. Homegrown Organic Vegetables from Cavendish, Suffolk.

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There is always a variety of onion, potato and carrots in each box with the rest being what is currently in season in Suffolk. There are two sizes of veggie boxes, one for up to three people and one for more than four people. Delivery is on a Tuesday, weekly or fortnightly, to postcodes CB8, CB9, CO10, IP29, IP32 and IP33. Orders placed midday on a Friday for delivery the following

Tuesday.

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and Hartest Farmers' Market on
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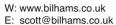


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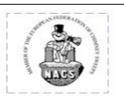
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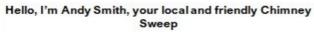
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MOBILE LIBRARY SCHEDULE

Chedburgh—Thursday, 1st/29th December at the Erskine Centre— 3.30–4.15pm

Chevington—Tuesday, 20th December at 17 New Road—11.50-12.05 and Tan Office Lane—12.10pm-12.30pm

Depden—Thursday, 2nd/29th December at Hall Close—3.05—3.20pm

Hargrave— **NO VISIT IN DECEMBER**

Hawkedon—Friday, 23rd December at the Old Queen's Head— 10.50–11.10am

Rede— Friday, 23rd December at the Village Hall—10.30-10.45am

As yet, no information on January dates is available.

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