

SUFFOLK HEIGHTS BENEFACTORS NEWS



MAY 2021

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CHEDBURGH—CHEVINGTON—DEPDEN

HARGRAVE—HAWKEDON—REDE

SUFFOLK HEIGHTS BENEFICE NEWS

May 2021

Welcome to the May 2021 edition of the SHBN. As ever, I look forward to receiving your contributions for this and future magazines.

We are very keen to have photographs of what has been going on in the Benefice. In fact the lack of communal events in lockdown makes them all the more valuable so don't be shy about sending in photos! Please DO NOT SEND PDFs if it can be avoided. Only Word docs, Publisher files or Jpegs.

The deadline for the June 2021 edition is 5pm Saturday 15th May 2021.

Please send contributions to: Jill de Laat, Salix Cottage, Bury Road, Hargrave, IP29 5HP— **email: suffolk.heights@delaat.uk. tel: 01284 850463**

Chevington items should be sent to: Jamie Robertson, Chevington Lodge Farm, New Road, Chevington— **email: jamierobertson5cc@gmail.com. tel : 01284 850864**

The magazine is produced on an entirely voluntary basis. Please be patient when emailing or telephoning if you do not get an immediate response. All enquiries will be answered as soon as possible.

ADVERTISING RATES:

To advertise in this magazine, please contact Jill de Laat on 01284 850463, or email

suffolk.heights@delaat.uk

£65 per quarter page per year

£130 per half page per year

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*1/4 page - 8.5cm x 5.5cm (3¼" x 2¼")
Portrait*

*1/2 page - 12cm x 8.5cm (5" x 3½")
Landscape*

All images must be jpeg 150dpi

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BENEFICE SERVICES IN MAY

	2nd	9th	16th	23rd	30th
	Fifth Sunday of Easter	Sixth Sunday of Easter	Sunday After Ascension	Pentecost	Trinity Sunday
All Saints' Chedburgh		10.45am Parish Communion			10.45am Morning Prayer
All Saints' Chevington	9.00am Parish Communion	9.00am Morning Prayer	9.00am Parish Communion	10.00am Pentecost Communion with Bishop of Dunwich	9.00am Parish Communion
St Mary's, Depden			11.00am Parish Communion		
St Edmund's Hargrave	11.00am Morning Prayer		6.00pm Evening Prayer		
St Mary's Hawkedon		9.00am Holy Communion (BCP)		6.00pm Sung Evensong	
All Saints' Rede	10.45am Parish Communion		10.45am Morning Prayer		

Morning Prayer will be said on Friday mornings at 9.30am at All Saints', Chevington. There will be a said Communion at All Saints', Rede on Tuesday, 11th May

On Ascension Day, May 13th, there will be a service at All Saints', Chevington at 7.30pm.

Details of our Zoom Services at 6pm on Sundays can be found at www.suffolkheights.org

LETTER FROM THE RECTOR

Simon writes

There was a palpable sense of relief on Easter Day as we continued our path towards fully re-opening our churches. And our service pattern will continue through May, although the Zoom Sunday services will be at 6pm. Details can be found at www.suffolkheights.org

Throughout May we are in the Season of Easter, which culminates on Sunday, May 23rd with our Pentecost celebrations. In the morning the Bishop of Dunwich will be preaching and presiding at All Saints' Chevington. During the service I am delighted to say that Simon Pratten will be commissioned as a Lay Elder. Simon will be joining Lizzie, Justin, Simon and Anne, giving us a team of five lay elders. So plenty of opportunity for new services.

May is also the month for our Annual Parochial Church Meetings. Details of which are as follows:

All Saints', Chedburgh on Sunday, 9th May following the 10.45am Parish Communion;

All Saints', Chevington on Sunday, 2nd May following the 9am Parish Communion;

St Mary the Virgin, Depden on Sunday, 16th May following the 11am Parish Communion;

St Edmund's, Hargrave on Sunday, 16th May following the 6.00pm Evening Prayer;

St Mary's, Hawkedon on Sunday, 9th May following the 9am Holy Communion; and

All Saints', Rede on Sunday, 2nd May following the 10.45am Parish Communion.

All those on the Electoral Roll of the parish are encouraged to attend the meeting at which the church accounts will be approved and our church officers for 2021/22 elected.

The Annual Parochial Church Meeting opens with what is termed the 'Vestry Meeting'. The sole purpose of which is to elect the Churchwardens of the parish for 2021/22. All those on the Electoral Roll of the parish as well as any resident of the parish is entitled to attend and participate in the election. Your views matter to us so please share them.

Rectory Mardle

I arrived back at the Rectory on Palm Sunday (28th March) to find a palm cross in front of the front door. My first reaction was that I must have dropped it on my way out of the front door earlier that morning. And then I thought, no, that can't be right because it was too well positioned to have fallen by chance. The palm cross had been carefully centred on the concrete, right in the way. So I dropped what I was carrying to pick up the cross before unlocking the front door, whilst thinking that that was a funny place to place a cross. Why not put it through the letterbox? But then I thought a little more. It was a perfect position to place the palm cross. Yes, it got in the way but that's exactly what the Cross does. It gets in the way and demands a response, which was exactly what the palm cross on the Rectory doorstep achieved. And so when I got into the house, recovered my bits and bobs that I had dropped, I carefully put the cross on my desk to remind me everyday that God gets in the way and is not to be passed by.

I'm always amazed when someone comments on what I have written. My piece the other month on NOT giving things up for Lent brought several comments. Some were all for what I suggested and other against, for reason of tradition. Fair enough. But how delighted I was to receive a beautiful hand written card saying that they had read what I had written and decided that, instead of giving something up, on every day in Lent they would post a hand written card to someone. The final card was to me and described how it had renewed relationships with past friends and proved so therapeutic. I'm so chuffed that the card is propped against my computer screen as I type. I was going to send a quick e-mail thanking them for the card, but then I thought that this would be rather inappropriate as the whole point was that the cards were hand written and not a dashed-off-greeting e-mail. And so I thought that I would write to thank them for the card. But then remembered that my hand writing is completely illegible. So I'll have to wait and thank them in person.

Pentecost came early at All Saints', Chedburgh this year. On Easter Day, the altar caught fire. I had placed an envelope beneath the Paschal Candle to collect any drips but finished up burning through two altar cloths and scorching the altar. I could hear my illustrious predecessors' mutterings. They weren't offering me an Easter greeting either!

'For whatever is born of God conquers the world. And this is the victory that conquers the world, our faith' (1 John 5.4)

from the Epistle for the First Sunday After Easter

In this edition we especially give thanks to God for the remarkable life of His Royal Highness, The Duke of Edinburgh. There have been many moving tributes to Prince Philip following his death. Perhaps like me though, you were surprised by the extraordinary breadth and depth of his interests and the many charities of which he was patron. To be rather parochial for a moment. Apparently, he was instrumental in persuading the then government to introduce Gift Aid; from which we all here today greatly benefit.

However, I would like to recall the homily preached by the then Bishop of London at the Queen Mother's funeral at which he took as his text the phrase from the Second Collect for Morning Prayer, the Collect for Peace, '*whose service is perfect freedom*'. Because Prince Philip too, exemplified this paradox, a freedom that is found in service. In service to others, and in his case, over seventy years of service to Her Majesty the Queen and this country. No words can adequately capture this extraordinary sense of duty that Prince Philip embraced through good as well as more challenging times.

Prince Philip's faith conquered the world, in his service and through his love. His life breathed peace. His hands and his side testified to all that is good and that endures beyond suffering. His was a freedom found through courage, holding fast to what is good, rendering no-one evil for evil. By strengthening the faint-hearted, supporting the weak and helping the afflicted through thick and thin. Yes, he was human also. But then, as St Paul writes, we are all broken clay vessels. But it is through the cracks that our humanity can shine revealing God's love for us all.

Through his service Prince Philip knew that peace that is rooted in love for the Lord. This is our peace also. A peace found in service flowing from the love of God. As we give praise and thanks to God for Prince Philip, let us also remember in our prayers Her Majesty and her family, and commit ourselves anew in our service to one another. Rejoicing at all times in the power of the Holy Spirit who makes all things new.

May he rest in peace and rise in glory.

Amen



REV DR SIMON HILL AND BARBARA HILL, READER



Our Rector, Simon Hill, and his wife Barbara, our Reader, have been working harder than ever over the lockdown and we would like to say thank you, Simon and Barbara!

Not only have you surmounted the technical challenges of online services, complete with bright

graphics, thought-provoking pictures and enchanting choral singing and hymns, but you have prepared this for every Sunday since before Easter last year. Your foresight and encouragement has meant a steady roster of Lay Elders and volunteers being available to take the online services and help keep our services 'live' in church, in person whenever we have been able

On top of all this, Rev Simon has been acting Rural Dean for the Clare Deanery, which includes 28 Parishes, from Cavendish to Great Thurlow, Haverhill to Hawkedon, and has also been looking after Cavendish, Clare, Poslingford, Hundon, Stoke-by-Clare and Wixoe (the Stour Valley Benefice) since May 2020 when the then vicar retired, until Rev Mark Woodrow took up his new post in January. This has meant organising services and funerals as well standing in themselves

So bound up can we become with our own troubles and tribulations over lockdown, it is easy to take the work of Rev Simon, Barbara and all those involved with the church locally, for granted, so once again we, on behalf of Suffolk Heights, like to give you both a huge vote of thanks and our continued support, with additional wholeheartedness if ever it has been lacking in the past!

Justin Rabett

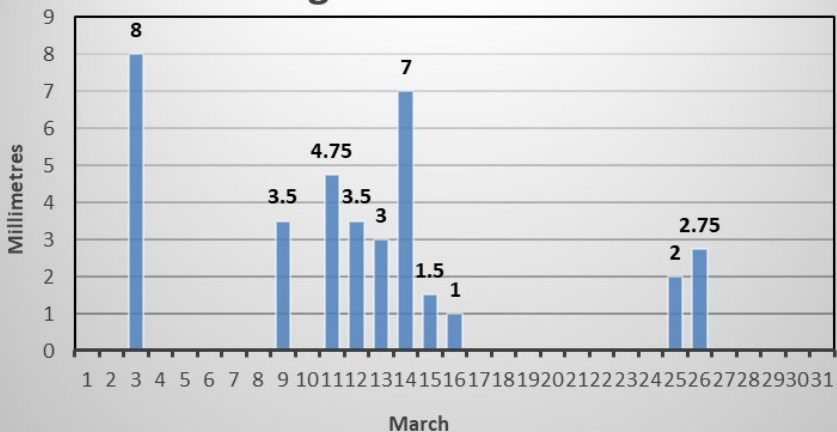


Rain Matters

Jamie Robertson

Yet again the equinox appears to be the turning point for rainfall. After the week around 21st March the rain came down twice on the 25th and 26th but otherwise pretty much disappeared completely. In all we had 37mm of rain (1.45 inches) which seems about average for the month. We did manage 72.75mm in 2016 but that was an oddity and usually the rainfall is between 20mm and 40mm. The theory that we will be having wetter winters and drier summers does, so far, seem to be holding water – if you will forgive the pun. But it was cold. The 8mm recorded on 3rd March was in the form of snow, the lead up to Easter was chilly and there were frosts on odd days throughout the month. It was not a month for putting out anything tender in the garden. The daffodils came up reluctantly, the snowdrops withered slowly and the tree buds were barely showing themselves by the end of the month. The hedges, which in earlier years might have sported a little green, were still bare by the beginning of April.

Chevington March Rainfall



ALL SAINTS' CHURCH, CHEDBURGH



FLOODLIGHTING YOUR MEMORIES

If you would like to support the cost of floodlighting All Saints' Church, Chedburgh in memory of a loved one or to mark a significant event we ask for a contribution of £15 a week. To book please contact Christine Lofts, 850479, donations will be acknowledged in Suffolk Heights Benefice News.

R.A.F. CHEDBURGH IAN LEGGETT

R.AF. CHEDBURGH COMMUNAL SITE NO. 1. QUEENS LANE

This being a "Communal Site", similar to the Elizabeth Drive area it consisted mainly of a meeting and socialising area. The exceptions were that the Commanding Officer had his quarters here and there were two WAAF accommodation units also. These are sited close to the large NAAFI building which is where many of the WAAs would have worked.

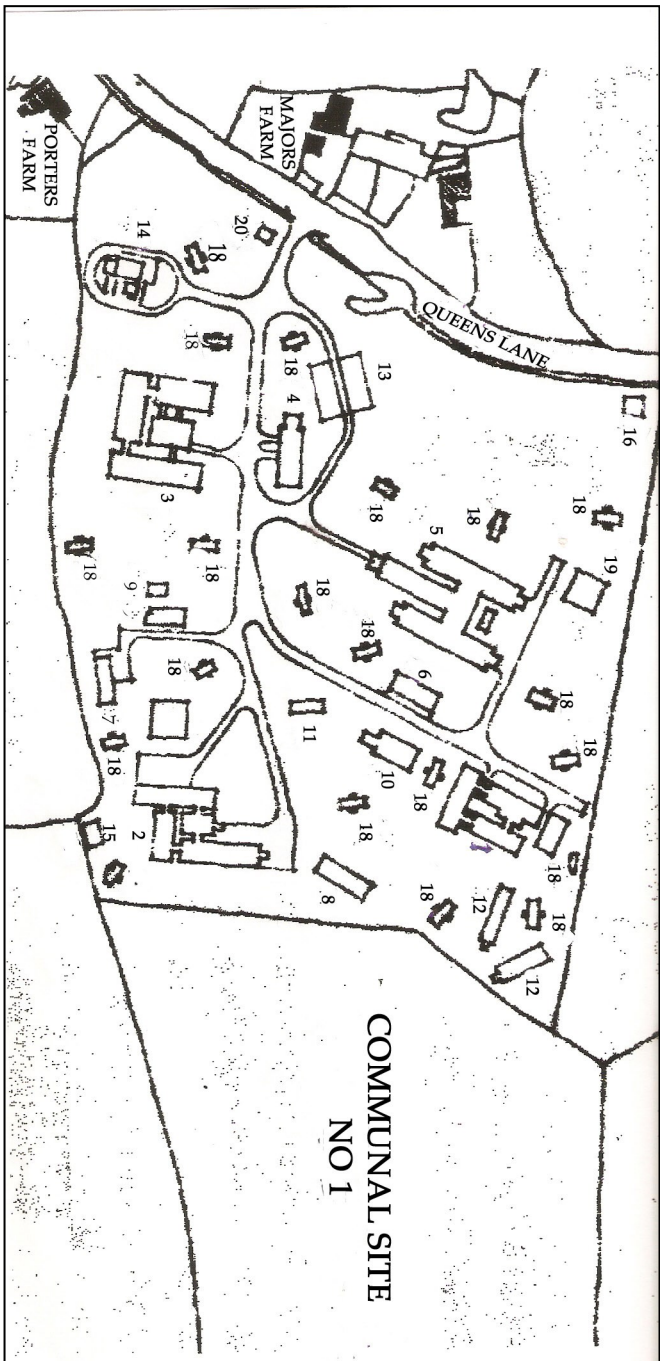
There are only two buildings still visible on this site today. Walking down Queens Lane past Porters there is a path marked "The Nook". This is a private path but just visible behind Ash House is the former Generating Station (Stand By Set House, (14)). This would power the area if the electric supply failed. Further down is the other building on the field edge behind the open ditch. This is the former Bore Hole Pump House (16). As many of you will be aware there are numerous springs around the village which would supply the camp with fresh water. This was pumped to the high level storage tank (15).

The map was drawn up in 1942 and as the war progressed the need for more facilities increased, so a cinema was built. (Possibly on the area marked for an ARP Shelter). Residents of the village were able to use this with the RAF personnel. Note the large number of blast shelters on the map. These were above ground buildings protected by a wall built in front of the door where people would get some protection from bomb blasts.

In a past instalment I mentioned a vehicle was supplied to patrol the airfield in case of attack. It was lightly armoured and equally lightly armed. This was called a Beaverette and was built on a car chassis of 14 horsepower. Here is a photograph of one. Who would think this was the start of the RAF Regiment now based at Honington?



- | | |
|--|--------------------------------|
| 1. NAAFI Institute | 10. Airmen's Showers/Ablutions |
| 2. Officers' Mess | 11. Airmen's latrines |
| 3. Sergeants' Mess | 12. 2 of WAAF Accommodation |
| 4. Grocery and Local Produce Store | 13. Fuel Compound |
| 5. Airmen's Dining Room | 14. Stand By Set House |
| 6. Ration Store | 15. High Level Water Tank |
| 7. CO Quarters | 16. Bore Hole Pump House |
| 8. Officers' Base House | 17. RP Shelter (not shown) |
| 9. Sergeants' Showers/Latrines/Ablutions | 18. 20 of Blast Shelters |
| | 19. 2 of Effluent Tank |
| | 20. Picket Post |



KEEPING CHEDBURGH HISTORY ALIVE (AND NOSTALGIA)

Here in Chedburgh there are so many reminders of the past. The articles in RAF Chedburgh have led to residents asking some interesting questions. There are several ways to find information, including Google of course, but here is a potted version of some of the names used locally and their relevance.

QUEENS LANE At one time this was the main coaching route to Bury St Edmunds and at the far end was the Queens Head pub which was a coach stop where the horses would be changed. (The other roads joining took the "royal" link with Kings Park, Elizabeth Drive and Tudor Close).

KILN LANE This is the road to Rede and a brick making kiln was operated about half a mile along that road. Brick Kiln Cottage is still there.

LANCASTER CLOSE This was named after the most famous of WWII bombers that flew from RAF Chedburgh.

MAJORS CLOSE Named after Majors Farm of which this area was a part. This farmhouse is the large thatched house along Queens Lane (Majors).

PADDOCK WAY This was formerly part of Street Farm and the area used for horses.

STIRLING WAY Named after the most widely used four engined WWII bomber flying from RAF Chedburgh.

WELLINGTON CLOSE Another bomber based at Chedburgh. A smaller aircraft with two engines.

BENWELL CLOSE This area was formerly a fireworks factory and the name BENWELL was the maker's name.

SILVER TREE WAY This was the name of one of Benwell's sparkling fireworks that lit up the sky in the shape of a silver tree. There are still residents in the village who worked at the firework factory. Perhaps a future article could be their memories.

These are my personal comments. As a boy in Birmingham in 1955 I had the grand sum of 10 shillings (120 old pennies, 50pence today). A local shop selling fireworks had one called the Penny Wizard. This was a banger and my 10 shillings would buy me 120 of them. What fun we had (and probably a nuisance too).

In 1986 my wholesale business was looking for larger premises, and a warehouse in Chedburgh came to our attention. Our enquiries showed that it was owned by MY Darts, but was formerly a firework factory. By coincidence the Penny Wizard I loved as a boy was made on this site in Chedburgh all those years ago. But there is more; in 1991 on November 5th (Fireworks Night) my business suffered an arson attack and the warehouse was destroyed. The fire crew attending stated that as the building had been constructed so well to stand a fireworks accident, instead of the roof burning off and reducing the heat inside the heat built up resulting in the contents melting to a pulp, including two lorries and hundreds of pallets of canned and bottled goods. This is the area now known as Mulberry Park but often referred to by older residents as the "Fireworks Factory Site"

Ian Leggett

THE ERSKINE CENTRE Chedburgh

With the easing of covid restrictions we are getting ready to reopen our doors and welcome everyone back

Regular classes starting soon

Little Teacups Toddler Group Every Thursday 10.00 – 12.00 am
Contact Holly hennis1@hotmail.co.uk

Yoga Every Wednesday 6.30 – 7.45 pm starting 26th May
Contact Caroline cwithcyoga@gmail.com

Hobbies Club second Wednesday of each month 2.00 – 4.00 pm
Contact Jacqueline derek.sweny@btinternet.com

Strength & Balance Classes are back in May
Contact Carol cclerkin@btinternet.com
Also contact Carol if you are interested in Tai Chi & Qigong

Date for your Diary: Saturday 17th July 2021 Barbecue and official reopening of the hall now our new roof has been completed – more details in next month's Parish Magazine

Cleaner required 2 hours per week £10.00 + per hour
For this and all other enquiries contact Jackie Chester
01284 850000 or e-mail jec1@btconnect.com



ALL SAINTS' CHURCH, CHEVINGTON

PARISH PRAYERS

Every week at the Sunday service at All Saints', Chevington we pray for areas of our village and matters of local concern. Over the past few months we have been praying for those worst affected by the pandemic. Even with the tentative ending of lockdown we will remember in our prayers those who have suffered over the past year and who still look forward with apprehension. We remember those who have lost their friends and family to the pandemic.

CHURCH LIGHTING

The flood lights in April are in memory of Neil Anthony whose birthday would have fallen on April 26th. With love from John and Julie Anthony.

We have also gratefully received anonymous donations to support the lighting of the Church Tower throughout 2021, as both a mark of respect and sympathy for those who have lost their lives during the pandemic, or continue to suffer with the effects of Covid-19, and as a tribute and thanks to those key workers and volunteers who have supported those in need around them.



If you would like to support the cost of floodlighting the tower at All Saints', Chevington in memory of a loved one or to mark a significant event we ask for a contribution of £15 a week. To book please contact Simon Williams on 850045.

OPENING THE CHURCH

All Saints' Church is now open for private prayer and for weekly Sunday services.

Do come by the church just to sit a while and pray or just to appreciate the quietness. There are of course all the normal precautions to be taken: there is a bottle of hand sanitiser at the door and there's a cleansing spray too. Please sign the visitors' form as this helps us to contact you in the unlikely

EASTER IN CHEVINGTON



BUILDING WORKS AT ALL SAINTS' CHURCH

The building works to install a toilet and small kitchen in All Saints' are slightly ahead of schedule and are expected to be completed before 14th May and in time for the Chevington Open Garden event on 22nd/23rd May. By mid-April the septic tank had been installed, the electricity for the church lights had been replaced and the topsoil laid back.

The contractors, John Cutmore Builds, continued to work with the minimum of fuss and have gone out of their way to be helpful. The main work is expected to be finished by mid-May.

The work has been funded so far by the money raised from the 200 Club draw, contributions from the congregation and several charities. We have raised £75,000 so far which will complete the installation of the toilet, but we need to raise a further £50,000 to be able to make the entrance to the church more accessible by removing the steps, and to install the servery.

Unfortunately, due to Covid we have been unable to hold fundraising events. So, if you would like to make a contribution to the work this can be transferred online to the PCC account of All Saints', Chevington: sort code 60-04-16; account number 56476671.

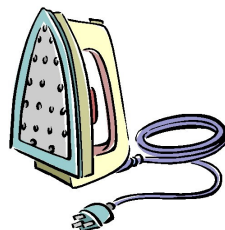
Alternatively, cheques can be sent to Simon Williams, Treasurer, Tumbleweed, Tan Office Lane, Chevington IP29 5QZ. Should you require any more information you can email allsaintschevington@gmail.com or phone 01284 850045.

We would appreciate any support that you are able to give and look forward to events that we will be able to hold together there in the future.

IRONING SERVICE – LOCATED CHEVINGTON

I will be in Chevington this summer and am offering an ironing service. For more information please contact: Juliette

07393307010



THE VILLAGE HALL

The Village Hall is expected to be open again at the start of May but a final decision will be made in the last week of April by the management committee. The Hall will be open as a polling station in the local elections on Thursday 6th May (see below) from 7am to 10pm.

One provisional booking has been made for Tuesday 25th May from 7pm to 9pm by the Depden Parish Council. Anyone who wishes to make a booking or enquire about events at the hall should call Alastair McCormack on 850277.

LOCAL ELECTIONS—There are two elections being held on Thursday 6th May.

The first is for the Police and Crime Commissioner for Suffolk. The candidates are, in alphabetical order:

Elizabeth Hughes (Labour and Co-operative Party), Tim Passmore (Conservative and Unionist Party), Andy Patmore (Green Party) and James Sandbach (Liberal Democrats)

The second is the Suffolk local election for Thingoe South. The candidates are:

Libby Brooks (Liberal Democrats), Robin Howell Davies (Labour Party), Vicki Martin (Green Party), Karen Soons (Conservative and Unionist Party)



Catch-up Coffee

So what have you been doing over the last year then?

It's time to catch up with the first Post-Lockdown Coffee Morning...

As before it will be at Chevington Village Hall on Thursday 13th May from 10.00 until 11.30 - and every Thursday thereafter.

Everyone is welcome to pop in for a coffee and a natter! If there is anyone who would like to come but has transport difficulties, please get in touch with Ann on 850714

CHEVINGTON OPEN GARDENS

22 AND 23 MAY

11.30AM-5PM

Open Gardens features a conservation event at the Church and eighteen gardens opening across the village. Some will be offering refreshments including cream teas, cakes and plant sales



Entry is by ticket, these are £2.50 for adults (children are free), are valid for the entire weekend and include a map of the village and open gardens.

They are available in advance from Bob Chapman (850799) and Paul Thacker (850384) and over the weekend from the Church, Village Hall and some gardens.

**Limited parking is available at Chevington Garage and the Village Hall
As well as at more remote gardens**



CHEVINGTON PARISH COUNCIL



Council contacts: Cllr Agazarian (Chairman) 07776 783747;

Cllr McCormack (Vice Chairman) 850277; Cllr Keegan 850628; Cllr Briggs 0778 9775157; Cllr Mark Surety 07808 974530 ; Cllr Peter Bleeze 01284 850155

There is one vacancy on the Parish Council.

Neighbourhood Watch: Peter Keegan, James Briggs. All Neighbourhood Watch queries to The Clerk

The Clerk: Mrs Betts 810508. Email: chevington-pc@outlook.com

Planning Applications: Please contact PC Website <https://chevington.onesuffolk.net>

Please refer to the PC website for updates, minutes of meetings and information about the village:

CHEVINGTON PARISH COUNCIL [WEBSITE https://chevington.onesuffolk.net](https://chevington.onesuffolk.net)

**Next Parish Council meeting 6th May 2021 at 7.30pm
by Zoom Pro**

CHAIRMAN'S REPORT

Litter

I know I keep banging on about litter in the village, but the situation has improved enormously, thanks to the endeavours of those involved! We are doing so well, apart from a sink and fridge chucked in the ditch at the top of Weathercock Hill to the A143. The offending items have been found and the council is taking them away. If anyone knows who so unceremoniously dumped them, give them a message that the new Refuse Hub is now open and situated in The Fornham Road, not the ditch in our lovely village! It is time and money for the council to come and collect.

General Matters in the Village

The Parish Council is getting on extremely well with ongoing matters—speeding, the burial ground, footpaths, the pumping station, to name a few.

Enjoy the new Covid restrictions and enjoy the village.

Chevington Village Hall

I am asked often what role does the Parish Council play with regard to our Village Hall. Here are the facts:-

Lady Bristol from Ickworth Park gifted the hall to the village in the early 1920s when she wanted it to be 'used by all parishioners and surrounding villages to enjoy recreational facilities and clubs of interest'. The PC is the Custodian of the Village Hall and not financially responsible. The Deeds are lodged with local Solicitors.

This building is the only asset Chevington has. There is no WiFi in the building. The Village Hall funds are sound. There is no Chairman at present and the Management Committee has shrunk in size. Get the drift?

It is in a Catch 22 situation, there are some weekly clubs, which is good, but the whole place needs new life breathing into it—WiFi, new lavatories, etc. etc. and the parking area needs regular TLC. At the moment it is the elephant in the room and letting our beautiful village down enormously. It will eventually fall down if the problem is not addressed. It could be so much better and become the hub of the village again; a space to work from home, clubs for children, not forgetting our teenagers. As a village it is over to you, after all it was gifted to you, it is up to you to take the gauntlet and run with it.

**Lucy Agazarian, Chairman
Chevington Parish Council**

CHEVINGTON WI

CHEVINGTON WI CELEBRATES 100 YEARS



Our 100th Birthday Party on Sunday 11th April 2021 at 4.30pm took place via Zoom. Each member had received a Goodie Bag containing a small bottle of Prosecco (a non-alcoholic drink was available) a Cup Cake in gold foil and iced in green and purple, the WI colours, topped with a candle. A quiz about events from 1915 to 2014, a souvenir Chevington WI pen and a print of our WI pennant were also included. A big Thank You to Shirley Rogers for making the cakes and the ladies who delivered the bags.

All our members have re-joined which is a great achievement as some WIs are struggling to retain membership. Our thanks to our President Sue Ebbens who keeps us amused with daily updates about her work and family. Thus continuing one of the aims of the WI - Friendship. We look forward to another 100 years.

Susan Boor, Secretary



The All Saint's Wildlife Project



All Saints', Chevington churchyard is a peaceful, rural burial ground. It is also home to shrubs, wildflowers, grasses, trees, invertebrates, mammals and birds. It is a refuge for wildlife, untouched by pesticides or fertilisers. But it has been managed primarily to meet the needs of human visitors. The PCC is now considering how we can give more consideration to the richness of its wildlife.

There are a number of options open to us:

We could keep the graveyard neat, tidy and manicured. This is the most expensive option but it would only maintain the status quo as regards wildlife.

We could mow less and more selectively to substantially increase wildflower and grass diversity and the number of pollinators. This would leave some less visited areas mown just twice a year.

We could maintain and mow around only the most visited and tended grave sites, leaving all other areas to be mown just twice a year.

We could create bat boxes, swift boxes and so on to encourage other species into the churchyard.

We could install seats to make it easier for people to rest awhile and properly appreciate the beauty of the place.

We may be able to make a big difference with just small adjustments but we would like you to help us get the balance right between the needs of parishioners and the needs of wildlife.

We will have more information at the church on the Open Gardens weekend where you will be able to look at the options in more detail and talk about what is being considered.

We want everyone to spend the summer chewing over the ideas but please get in touch by email to allsaintschevington@gmail.com no later than 30th September 2021. If you do not have access to email please contact Jane Romana-Powling on 01284 850680, or Barbie Greenwood on 07717 170 330. Thank you.



ST MARY THE VIRGIN CHURCH, DEPDEN

EASTER IN DEPDEN



*Rev. Simon Hill at
Elms Farm at
dawn on Easter
Day*



*Hot Cross Buns at
the ready*

News from Depden Church

On Easter Day this year we were blessed with a beautiful morning for the Dawn Service. Cold, wet and windy weather had been predicted so that it was particularly lovely to have a calm morning even if it was a mite chilly.

The Wine Tasting in March was enjoyed by an enthusiastic group on Zoom and we hope to arrange another one later in the year by which time we may be able to meet in person. We are hoping to be able to organise some other social events before too long. If anyone has any bright ideas perhaps they can contact Anne (850658) or me and we can look into them.

The **Annual Parish Church Meeting will be held at 12noon following the church service on Sunday 16th May**, together with the Election of Churchwardens. Before this we need to complete the **Revision of the Electoral Roll**. If you would like to be included on it please contact Sandra Ashman (852009) or the Churchwardens soon.

The next service at Depden Church will be on Sunday 16th May at 11am. Advanced notice; the Pet Service this year will be held on 18th July.

Get #FoodSavvy, Save Money and Help the Environment

Food waste is a major issue. In the UK, households waste 6.5 million tonnes of food every year, **4.5 million** of which is edible. If food waste were a country, it would be the third biggest contributor to climate change. Not only is food waste damaging the planet, it is also costing us. The average family could save £710 by not wasting food.

More locally, in Suffolk we waste over 50,000 tonnes of food every year. And a third of this is food that hasn't even been opened! To help combat this, the Suffolk Waste Partnership, Norfolk County Council and environmental charity Hubbub joined forces and created Food Savvy, a campaign to help households reduce their food waste. The Food Savvy website (www.foodsavvy.org.uk) is full of top tips to save food from the bin, from top food storage tips to meal planning and portion control. It also hosts a whole library of delicious recipes to inspire Suffolk residents to use up everything in their fridge and cupboards before it goes to waste.

Please get involved by visiting our website and following us on [Facebook](#) and [Twitter](#) for regular #FoodSavvy updates and more.





The first half of our Summer Term we have had to endure snow, sun, rain, more sun and hail !!!

But it doesn't stop us from having lots of outdoor fun.

We are now FULL every morning with 32 children attending each morning and over 50 families on our register.

Easter Fundraiser

Thank you to all our families for buying our Easter craft packs and taking part in our Easter raffle. We have been able to purchase a new easel and craft accessories.



Curriculum

The children have been busy planting in the garden, we look forward to watching all our plants grow, and harvest our crops.

Booking

We are now taking bookings and arranging visits ready for September 2021 and January 2022. Please contact a member of staff now to arrange a visit.



All staff are now tested twice per week. Test results are registered with NHS Test and Trace. Please be aware it could be short notice of closure should one member of staff test positive.

Jenny, Linda, Tash, Ali, Emily, Jill, Helen, Lorna,

Candy and Faye

ST EDMUND'S CHURCH, HARGRAVE



EASTER IN HARGRAVE



HARGRAVE

FUTURE EVENTS – DATES FOR YOUR DIARY

- * **25th June - PopUp Pub returns to the Village Hall 6-9pm**
- * 23rd July - PopUp Pub returns to the Village Hall 6-9pm
- * **20th August - PopUp Pub returns to the Village Hall 6-9pm**
- * 4th September – the Village Barbeque – to help please contact Justin Rabett 01284 850769 or Jill Upton 01284 850 286
- * **9th October – Hargrave 5k & 10k cross country run & walk – to help please contact Justin Rabett**

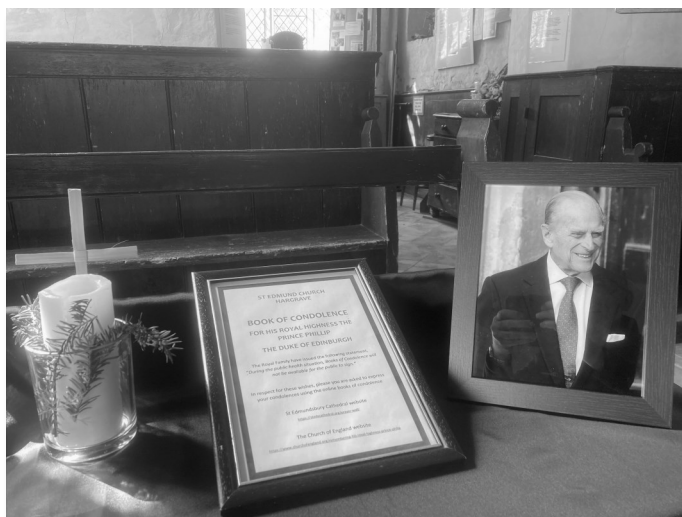
Hargrave Quiz – 10th April

Once again a few of the sharpest brains in the Benefice gathered on Zoom for our second Quiz Night to help Hargrave Church repairs and restoration, with some new faces joining for the first time

After Justin lead a short prayer in memory of HRH Prince Philip, our quizmaster David dived in with the first round of questions on his life (the Prince's, not David's), which gave us time to reflect on his long and outstanding commitment to this country and test how much we'd been listening to the media coverage!

A return of the Literature round was timely, given several of us said we had been reading our way through lockdown, and the teams began to separate on the leaderboard. After the disruption in the expected order of things at the last Quiz, and in what proved to be another tight finish, we were pleased to see order restored and the Team de Laat reclaim their crown

Hopefully our next Quiz will be celebrated together in the village hall, although these Zoom quiz nights are, I suspect, going to continue. Thank you all for your kind donations raising over £100 towards our new lighting and redecoration plans.



Hargrave Catch Up Café – 14th April

After our Easter Sunday service, we were wondering what we could do to recognise the beginning of the end of lockdown and bring us back together a little after many months of isolation from friends in Hargrave. The idea of a community café had been suggested in the recent village survey carried out by the Parish Council, and a simple afternoon of tea, coffee and cakes outside the village hall really appealed to the church PCC.

Such is the spirit of living in Hargrave, that no sooner had we chewed over the idea, than flyers and signs were made, volunteers stepped forward, cakes made and our first Catch Up Café was on for Wednesday afternoon. Our hope was turned to joy as over 25 people came and enjoyed at seat service of free drinks and cake, with friends spread out amongst the correctly distanced tables.

We will hold further Catch Up Cafés on Wednesday afternoon throughout April, 2.30-4.30, bring a few friends and pray for good weather! *If it is REALLY wet we will cancel it by noon on the same day* – details on www.achurchnearyou - Hargrave.

And thank you to our volunteers. We'd like to keep it going in May if possible and popular. If you would like to help at future cafés, please call Justin on 01284 850769 or email justinrabett123@btinternet.com

St Edmund's Hargrave

Annual Parochial Church Meeting

The next APCM will be held on Sunday 16th May following Evening Prayer at 6pm

All Parishioners are most welcome



ST MARY'S CHURCH, HAWKEDON

ST MARY'S CHURCH FLOODLIGHTING

If you would like to sponsor the tower floodlighting for a week in celebration of an occasion or in memory of a loved one, please contact David Taylor on 789324. The suggested weekly donation is £15.



HELP NEEDED! - ST MARY'S CHURCH CLEANING

If anyone is willing and able to help with the flowers and cleaning in the church a couple of times a year please contact Judy Wilson.

No particular skill required and no need to be a regular church goer, but any assistance to keep our ancient church looking tidy and welcoming will be gratefully received.

Please telephone 789376 or email judithwilson162@btinternet.com

HAWKEDON

HAWKEDON VILLAGE HALL HIRE

The Village Hall is available at very reasonable rates:

£60 for full day (£40 for Hawkedon residents), £30 for a morning or afternoon (£20 for Hawkedon residents), £40 for an evening (£30 for Hawkedon residents.) For other rates and equipment hire please call for a quote. Contact Charles Wilson on 789376 or charles.wilson21@btinternet.com.

EASTER IN HAWKEDON



DEFIBRILLATOR TRAINING

For anyone interested in training for Cardiopulmonary Resuscitation and Automated External Defibrillation, Imperative Training will be holding a course in the Village Hall (date tbc - when it is safe to do so and pandemic restrictions have been lifted). Those completing the course will gain an Ofqual-approved Training Qualifications UK Level 2 Award.

The maximum number of trainees is 12, so if you would like to register your interest please contact Rachel at hawkedonsuffolk@gmail.com

The training has been funded by a Locality Grant courtesy of Councillor Mary Evans – thank you, Mary.

ATTENTION ALL BUDDING PHOTOGRAPHERS

This year we are producing a calendar for 2022 filled with photographs from Hawkedon and its vicinity. The profits from the sale of the calendar will go to St Mary's Church as the church's income has been hit badly by the pandemic. We plan to have the calendar on sale mid-November in plenty of time to get it all wrapped up and sent for those Christmas presents.

Please email me your calendar-worthy photographs! All photos should be landscape orientation and in digital format with a high resolution – file sizes greater than 2mb wherever possible - the bigger the better.

Depending on the number of photographs received, we may need to vote for our favourites with the most popular featuring in the calendar (the vote may be online or in the Village Hall – dependent on the "p" word).

Please send your photos to Rachel at:

**hawkedonsuffolk@gmail.com with the subject
"Calendar 2022"**

Closing date for sending photographs is 30 September 2021.

Happy snapping!



NO FIXED ABODE.....

HRH Duke of Edinburgh looked every inch a pillar of the establishment. He was often seen, just behind The Queen, quietly supporting her, often in uniform, wearing medals that not only reflected his ceremonial roles, but the reality of his history as a war hero. It was hard to believe that his early years were very different.



His forthright authenticity brought him fans across the World. His love of the individual and work with the young all added to his reputation and his focus on environment and conservation was well ahead of his time. The television coverage over the last few days has opened our eyes to a tragic childhood, as a refugee (albeit with the trappings of privilege), leaving his home country in an orange box cot, and experiencing the emotional uncertainty that comes with exile and having no home or country. His family's Royal names and aristocratic connections did not protect him from much of the trauma that all refugees experience. In later years, when filling in guest books he would write "no abode" in the address column. It appears he never forgot his complicated background and the trauma and uncertainty of those days.

His mother, Princess Alice, is buried at the church of St Mary Magdalene in East Jerusalem (currently occupied by Israel). The ornate Greek Orthodox church, next to the Garden of Gethsemane looks over the old city towards the Dome of Rock. There is an irony in that choice. Palestine knows all about refugees, and although the decision was, presumably, based on spiritual grounds, it is fitting that a refugee Princess should be buried in Palestine.



The flows of refugees across the World, which will probably be with us forever, are triggered by regime change (in Greece in Prince Philip's case), war, environmental disaster, genocide, famine, corruption and political persecution. The loss of home and break up of families, and dependence on the kindness, or not, of others are some of the most traumatic aspects of refugee status. The strong and lucky find a way to manage the natural anger at such loss, and focus on the future and rebuild their lives. Others do not have that strength or luck.

I remember more than 20 years ago, when visiting Palestine, seeing this for myself. We were there to see a children's centre project in Gaza City. We were travelling with a refugee who had made his home in the UK. He was in his seventies and having been successful in business, was the founder of the charity building the centre.

Passing through the checkpoint from Israel into Gaza was the start of a memorable trip. Our visas and passes had been pre-approved and because we were British we were able to travel through the VIP channels. To our left were the cages and wire fences that provided channels and queueing areas for the Palestinians who travelled (then) between Israel and Gaza to work. The channels reminded me of a cattle market, although it was the people in the pens and caged paths.

The following day we went back to Jerusalem via Jaffa, near Tel Aviv. The founder of the charity had been born there more than 70 years before. He had been sent to University in Beirut and while he was there in 1948, Israel was created. In the chaos and war at that time his family was forced to leave the home they had owned for generations. Our trip was the first time he had been back since then.

It was early evening and the lights in the house were on and you could see people moving about. This had been his happy family home and he would never forget those times. There was another family there now, living in his home. However, there was no obvious sign of resentment, and like many refugees he blocked out the negative emotions and carried on. The reaction to his refugee status had been to study, work hard, build a family of his own and successful business, and then set up a charity to help others keep his country's culture and hopes alive and educate its people.

As many refugees have commented, your house and family can be taken, but your education travels with you. He worked hard to help educate others, so they can build their lives. Prince Philip's family had to pack him in an orange box cot and send him away from Greece with no time to pack or plan. It's the same for most refugees, they have to think, sometimes with minutes to spare, "what shall I take, what can I carry...?"

As we think about the amazing life of Prince Philip and his refugee start, and at the same time look forward to the ending of lock down and our new freedom to leave home, it's good for those of us lucky enough have somewhere to live, to know we are not being forced to leave forever.

David Freeman

ALL SAINTS' CHURCH, REDE



MAY REFLECTIONS

We had a wonderful Easter at All Saints' beginning with Lizzie Baker leading our Good Friday Reflections. This was a very special and reflective service with many participating in the readings and music, giving a true sense of the meaning and importance of Good Friday to us all.

On Holy Saturday the church was stunningly decorated including five wonderful Easter Gardens created by Emily, Olivia, Alex, Autumn, Sabella and Luca. At our Easter Morning Praise the Easter Gardens were blessed and the church was just about full to capacity under Covid rules.

HOPE, OPTIMISM AND HUBRIS

We saw our first swallow yesterday, 13th April, pretty much on time as last year it was 15th April. Certainly, 'One swallow doesn't make a Summer', but with the wonderful light evenings and with the many other signs of Spring, the first swallow gives a great lift to the spirits. Then, of course, there is the almost forgotten joy of walking again on dry footpaths after the long months of energy sapping/boot sucking MUD!

If accused of hubris I hold my hand up but hope and optimism are returning and being able to plan with some certainty for even a few days away is a wonderful feeling.

Our PCC has just had the renewed experience of meeting face to socially-distanced face for the first time since November 2019. Yesterday, the six of us (Simon Hill being away on his very well earned holiday) sat in the surprisingly warm late afternoon sun against the south wall of the church. Having experienced the horrible feeling of having to give up so much, it was a really wonderful time. I think I can speak for all of us in saying it was the feelings of friendship, support and sheer fun that made it so memorable, together with being able to discuss and plan events with a new air of confidence and a tangible feeling of excitement.

Reflecting on all this, I think what is happening is that up until early 2020 we were always, within reason, able to do what we felt best and most important for our families, friends, communities and indeed ourselves. Having been without this for so long we are learning once again to value and enjoy the freedoms we previously had and which, perhaps understandably, we tended to take for granted. I hope this will remain with us.

Simon Pratten



SAVE THE DATE!

SEPTEMBER 2021

The VIP's Barbershop
Acapella Chorus
AT ALL SAINTS CHURCH
REDE

MORE DETAILS IN JUNE MAGAZINE



REDE



ALL SAINTS' CHURCH, REDE

Garden Party

Hosted by Peter and Ann Cox
in their garden at Churchfield, Rede
to celebrate Summer

SATURDAY 26TH JUNE

5.30PM – 7.30PM

Everyone is very welcome to a party for
all the family to include wine, soft drinks
and delicious nibbles.

Garden games, plant stall, raffle.

For catering purposes please let either
Ann (01284 789504) or
Jackie (01284 850078) know
if you would like to come.

Donations please to All Saints' Church, Rede

REDE

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4th JULY
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*Pancakes with maple syrup
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8.30-10AM

REDE VILLAGE HALL

DONATIONS WELCOME TO ALL SAINTS' CHURCH, REDE



Rede Scribe

IN MEMORIAM

It is with huge sadness we announce that Penny Morris lost her fight against leukaemia in March. Although Penny and Richard live in Brockley, due to their very long friendship with Linda and Eric Gray, they have been strong and loyal supporters of so many events over the years that have been held in the village and were well-known to many people in our community. Our deepest sympathies go to Richard and their family as well as Linda and Eric.

REDE

I am writing this during the school Easter holidays and during fine sunny weather showing off the Daffodils, Forsythia and other spring flowers to their very best. My absolute favourite time of year and this year it seems extra special after the trials and tribulations of the last 18 months where I seem to have either been ill or, with the rest of the world, in Lockdown (and often both at the same time!). And I'm very aware that I have been lucky compared to some people, who have lost loved ones and/or their livelihoods.

The Bury Leisure Centre reopens on 12th April and I look forward to going back to running the Exercise on Referral scheme for people with medical problems who'd benefit from exercise. This year we are working closely with the NHS in various partnerships including classes for people with pulmonary problems, for older adults and for those who are at risk of falls – so it's very exciting to be part of the vanguard as the NHS finally begins to realise the leisure and sports can help to improve people's long-term health, something we have been striving towards since we set up the GP referral scheme over 11 years ago.

And on the top of that, I'm really excited to be reopening my Massage and Reflexology business in April and welcome both new clients and old friends, who I have missed greatly. I've even branched out onto FACEBOOK (something I swore I'd never do) and you can see and 'like' my Facebook page at **Reflexions Sports Massage and Reflexology** or type in <https://www.facebook.com/Reflexions-Sports-Massage-and-Reflexology-108227967747997/>

I don't want to get too carried away, but the NHS is currently doing a marvellous job of the vaccination scheme and *if* people can carry on being sensible and *if* we can help the rest of the world be vaccinated too (to stop, or slow down, new variants from emerging) perhaps we can get back to some sort of normality, but with a greater appreciation of what we have.

And that's a fine note to be moving onto the **Happiness Lab**. Over the last few months, I've been sharing some ideas from Professor Laurie Santos's Yale University course on being happier, which I hope you have found helpful. You can find it all on the Coursera website or the **Happinesslab.fm** podcast.

So, ironically for a Yale professor, she says the one thing to avoid if you want to be happier is gradings and rankings! Scientific study shows that comparing yourself to others, whether by exam results, social media likes or Instagram photos, are a sure recipe for misery. After all, when you are having a spotty, ugly day the last thing you need to see is some beauty on the Internet looking great (because, after all, who posts a photo of themselves looking a mess?). It's just going to make you feel worse. Youngsters in particular are bombarded by this stuff every time they go on social media - small wonder they are often racked with depression.

Science also shows that when children are graded/marked they stop enjoying learning for learning's sake and begin to limit themselves. They will choose easier questions to answer in tests to avoid making mistakes, rather than challenging themselves. In short, being forced to do something is a sure way to make it a hateful task!

However, here is something which makes everyone feel happier and it's very counterintuitive: Science has shown that talking to someone makes you happy even if it is just a short chat to a stranger on a train journey or in a queue in the supermarket or post office.

Now we all know that talking to strangers is anathema to most people. When I used to commute to London, I'd sit on the train with the same people year after year, but never exchange more than the briefest of nods. In fact, I once fell asleep on the train home and not one of the people who saw me every day thought to wake me at our stop – instead I woke up at Stansted Airport and it took an age to get back home!!

Yet, these studies shows that when people were tasked to have a short, meaningful conversation (i.e., more than just hello, how are you?) NOT only did the person who initiated the conversation feel better for the rest of the day. But (and here's the amazing part) SO DID THE UNWITTING RECIPIENT of their chatting! It seems they too were happier for the rest of the day!

The secret, I believe, is knowing when and how to end the conversation so you don't make a nuisance of yourself – and taking the hint if the person really does not want to converse (let them be miserable!). Another programme I heard suggested wrapping up the unsolicited conversation by saying something like, "Well, I'll leave you in peace" or "I'll let you get back to your work/book/emails" etc.

REDE

Want to thank someone, remember someone or just shout about an achievement? Let me know at jackiechubb1712@gmail.com or drop it through the letter box of Four Ashes by the bus shelter in Rede.

HARTEST AND DISTRICT GARDENING CLUB

The Gardening Club Committee met recently, and we are pressing ahead with plans for the Plant Sale on the afternoon of Sunday, June 6th. It cannot be held inside the Institute, so will be on the green, where we will erect a marquee if the weather doesn't play fair! This year, it will be held as a joint venture with Hartest Church, and they will be providing refreshments. So PLEASE, hang onto any seedlings, split perennials, etc., that are surplus to your needs, they should be nice sturdy plants by June. As you know, the Plant Sale is our main fundraiser, so it is important that we can charge a reasonable price! We will also have a Tombola as usual, so if you can get any donations of prizes to a committee member sometime during May, we can prepare, but even on the day would be great.

We are also finishing planning visits, one for the next evening, Monday June 7th, and one for Monday July 5th, there will be more details in the next edition, members with emails will be messaged at the end of the month, and the website will be kept updated – **www.hartestgardeningclub.info**. Speakers are being confirmed for meetings back in the Institute from August through to November - again more details to follow, and we have everything crossed for the Show to take place on Saturday, September 11th. Schedules for that will be available on the website and at the meetings from June onwards.

If you have any questions about the club, please contact Geraldine, either via email on gross7702@gmail.com, or by phone on 01787 280134.

If you're into horticulture
why not tune into Alasdair
English's podcast



And the final word on the sad passing of HRH The Prince Philip, The Duke of Edinburgh.

A Service of Commemoration and Thanksgiving for his life was held on 16th April at St Mary's, Hawkedon and on Saturday 17th April bells were rung 99 times in the following benefice towers prior to the funeral.

All Saints', Chevington—tollled by David Taylor

St Edmund's, Hargrave—chimed by Jill de Laat

St Mary's, Hawkedon—tollled by Richard Knight

May He Rest in Peace

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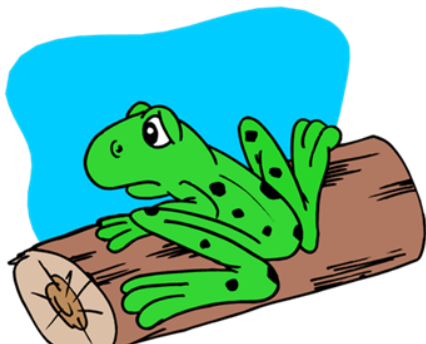
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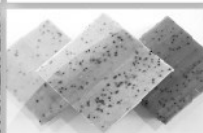
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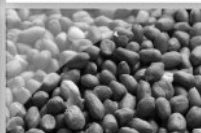
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Hargrave - Saturday, 15th May at Orchard End— 9.30–9.50am

Hawkedon - Friday, 14th May at the Old Queen's Head—10.50–11.10am

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