

TOP WEBSITES FOR HEALTH AND WELLNESS

WebMD

WebMD (link: <https://www.webmd.com/>) is a popular website that provides information on a wide range of health topics. It has a user-friendly interface and offers a variety of features, including symptom checkers, medication trackers, and health news.

Healthline

Healthline (link: <https://www.healthline.com/>) is another popular website that offers health information in an easy-to-understand format. It has a large library of articles and videos, as well as a forum where you can ask questions and get advice from other users.

Mayo Clinic

Mayo Clinic (link: <https://www.mayoclinic.org/>) is a well-respected medical institution that offers a wealth of health information on its website. It has articles on a variety of topics, as well as videos and tools to help you manage your health.

MedlinePlus

MedlinePlus (link: <https://medlineplus.gov/>) is a website from the U.S. National Library of Medicine that offers information on a variety of health topics. It has a medical encyclopedia, a drug information database, and a variety of other resources.

Harvard Health

Harvard Health Publishing (link: <https://www.health.harvard.edu/>) is a website from Harvard Medical School that offers information on a variety of health topics. It has articles, videos, and tools to help you manage your health.

Honorable mentions: CDC, ICER, USPSTF, Medscape

CDC

<https://www.cdc.gov>

ICER

[Icer.org](https://icer.org)

USPSTF

<https://www.uspreventiveservicestaskforce.org>

Medscape

<https://www.medscape.com>