

Renew & Rise: Strengthening Minds, Restoring Hope

a series of mental health workshops



FAITHFULRECOVERY

Bandera - Virtual

Locations, Dates and Times

**Location: Silver Sage- Great Room, 803
Buck Creek Dr, Bandera, TX 78003**

**Date: May 8, 2025
Time: 1:30pm-3:30pm**

**Location: Lakehills Community Center,
11225 PR 37, Lakehills, TX 78063**

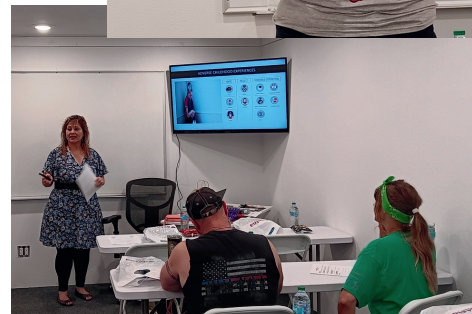
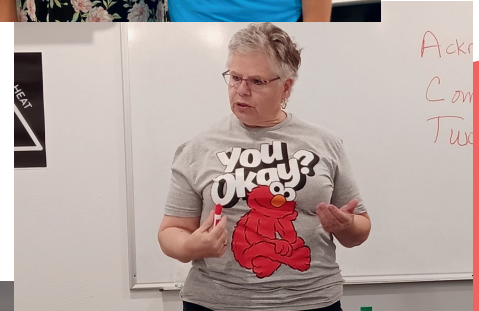
*Virtual and In-Person
Light Lunch Provided
Date: May 15, 2025
Time: 12:00pm-2:00pm*



Scan to access
Virtual Event

**Location: Cowboy Cabin, 207 11st, Bandera,
TX 78003**

*Lunch Provided
Date: May 30, 2025
Time: 11:00am- 5pm*



Speakers

Stay Informed at
FRHillCountry.org/workshops

- Susan Becmer, Suicide Prevention Trainer
- Nevetta King MA, LCPC
- Dr. Lakshmi Mahadevan, Associate Professor/Extension Mental Health & Well-Being Specialist
- Gary Ingram, Director of Clinical Services, Cedar Crest
- Kathleen Maxwell-Rambie, Storyteller. Writer. Speaker. Encourager.
- Lisa Rollison, Writer.



Scan to see a snippet
of 2024's workshop!

For More Info:

Call or Text 830.282.9975 | Email: faithfulrecovery@outlook.com | Visit: FRHillCountry.org



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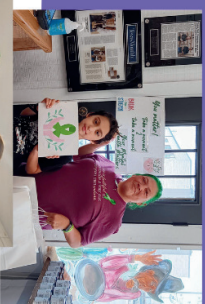
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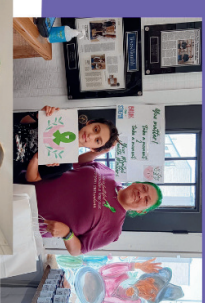
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