

For 7-11  
years Old!

**FREE CLASSES**

# Family with Exercise, Eating, and Living Well

*The F.E.E.L program is an evidence based initiative developed and tested at Yale University and has been successfully running for 25 years!*



**EVERY TUESDAY & THURSDAY**  
**(05/27-08/22, 12 WEEKS)**

**-TUESDAY (6:30-8PM)**

**-THURSDAY (7:00-7:45PM)**



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**CLASS VIDEO**