

Performing the Injection

Storing Your Medication

Your medication will be delivered directly to your home from Innovation Compounding Pharmacy after you visit with your doctor to determine the appropriate dosing. Store the medication in the refrigerator and keep it away from light. This can keep the medication good for up to 90 days (depending on the formula). Once you puncture the vial, the medication must be used within 28 days. Do not use the medication if it:

- Has particles or is cloudy.
- Has expired according to the date on the label.

Preparing the Injection

1. Prepare a clean surface on which you can place the supplies you will need.
2. Assemble your supplies: Medication Vial, Syringe, Alcohol Swabs, Sharps Container. You can use an empty bottle with a cap to safely dispose of your syringe.
3. Take the medication out of the refrigerator.
4. Wash your hands well with soap and water.

Drawing up the Medication from the Vial

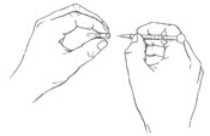
1. Remove seal from the vial if you are using it for the first time and throw it away. Hold the medication bottle so that your fingers do not touch the rubber stopper. Check the expiration date of the medication.



2. Using a circular motion, wipe off the top of the vial with an alcohol swab. You must always wipe the rubber stopper with alcohol before you insert the needle to remove any bacteria.



3. Remove the needle cover. Do not allow the needle to touch anything prior to drawing or before injecting the medication.



4. Draw an amount of air equal to the amount of medication to be injected into the syringe. Push the needle through the center of the stopper. Push the air into the bottle.



5. Turn the bottle and syringe upside down. Slowly draw the medication into the syringe. Tap the syringe gently to remove the bubbles.
6. Move the plunger in and out several times while gently tapping the syringe, thus removing all air bubbles.
7. Gently remove the needle from the vial.

