

DISHES AND THEIR ALLERGEN CONTENT - JANUARY 2026

MC INDICATES DISHES MAY CONTAIN THOSE ALLERGENS

*** INDICATES DISHES ARE COOKED IN THE SAME APPLIANCES AS ALLERGEN CONTAINING FOODS**

DISHES														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
BBQ CHICKEN BITES	YES	WHEAT	*		*								YES	YES
PRAWN & SMOKED SALMON			YES	YES	YES									
SOUP OF THE DAY	CHANGES DAILY SO ASK YOUR SERVER FOR TODAYS ALLERGENS													
SAUTEED MUSHROOMS	YES	WHEAT		MC			YES					MC	YES	YES
TEMPURA KING PRAWNS		WHEAT	YES	YES	*									
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GARLIC FLATBREAD WITH TOMATO		WHEAT												
GARLIC FLATBREAD WITH CHEESE		WHEAT					YES							
FETA FLATBREAD		WHEAT		MC			YES							YES
NACHOS		COOKED IN PIZZA OVEN					YES			MC	MC	MC		YES
ADD BEEF BRISKET	YES								YES					
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
FISH & CHIPS		WHEAT	*	YES	YES		YES		YES					YES
SIRLOIN STEAK		WHEAT	*		*		*							YES
PEPPERCORN SAUCE							YES							YES
BLUE CHEESE SAUCE							YES							YES
LAMB TAGINE	YES	WHEAT					YES			ALMONDS				YES
SEABASS					YES		YES							YES
PIE OF THE DAY	CHANGES DAILY SO ASK YOUR SERVER FOR TODAYS ALLERGENS													
CHIPS							*							YES
MASHED POTATO														YES
TUSCAN CHICKEN	YES						YES							YES
SALMON FILLET		WHEAT			YES		YES							

	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
PARMESAN LINGUINI	YES	DURUM WHEAT					YES							YES
ASPARAGUS RISOTTO	YES						YES							YES
MUSHROOM RISOTTO	YES						YES							YES
ADD CHICKEN							YES							
ADD HALLOUMI							YES							*
ADD BACON														
ADD GOATS CHEESE							YES							
ADD GARLIC MUSHROOMS														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
BRIOCHE BUN		WHEAT		YES			YES						YES	
THE WOODYARD BURGER		WHEAT	*	YES	*		YES						YES	YES
BEEF BRISKET BURGER		WHEAT	*	YES	*		YES		YES				YES	YES
CAJUN CHICKEN BURGER		WHEAT	*	YES	*		YES						YES	YES
FISH GOUJON BURGER		WHEAT	*	YES	YES		YES		YES				YES	YES
SPICY BEAN BURGER		WHEAT	*	YES			YES						YES	YES
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
PROSCIUTTO & PEACH		WHEAT					YES							
SPICY ITALIAN		WHEAT					YES							
MARGHERITA		WHEAT					YES							
CAJUN CHICKEN PIZZA		WHEAT					YES							
HOT HONEY HALLOUMI		WHEAT					YES							*
BBQ MEAT FEAST	YES	WHEAT					YES		YES					
WILD MUSHROOM		WHEAT					YES							
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
DRESSED SIDE SALAD									YES					
COLESLAW				YES										
CHIPS, FRIES, SWEET POTATO FRIES							*							YES
BABY JACKETS							YES							
ONION RINGS		WHEAT	*		*									YES
GARLIC FOCACCIA		WHEAT		MC			MC					MC	YES	
HALLOUMI, PARMESAN & TRUFFLE FRIES							YES							YES

	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GLUTEN FREE BURGER BUN														
GF WOODYARD BURGER				YES			YES							YES
GF BRISKET BURGER	YES						YES		YES					YES
GF CAJUN CHICKEN BURGER				YES										YES
GF BEAN BURGER				YES			YES							YES
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
GLUTEN FREE PIZZA BASE *		COOKED IN PIZZA OVEN							MC	MC			YES	
GF PROSCIUTTO PIZZA *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF SPICY ITALIAN *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF MARGHERITA *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF CAJUN CHICKEN PIZZA *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF HOT HONEY HALLOUMI *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	YES
GF MEAT FEAST *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF WILD MUSHROOM *		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
DRESSED SIDE SALAD									YES					
COLESLAW				YES										
CHIPS							*							YES
FRIES							*							YES
SWEET POTATO FRIES							*							*
GF ONION RINGS							*							*
HALLOUMI FRIES							YES							*
PARMESAN FRIES							YES							YES
TRUFFLE & PARMESAN FRIES							YES							YES

VEGAN MENU														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
VE SAUTEED MUSHROOMS	YES	WHEAT		MC			MC					MC	YES	YES
VE TOMATO BRUSCHETTA		WHEAT		MC			MC					MC	YES	YES
VE BANG BANG CAULIFLOWER		WHEAT											YES	
VE GARLIC BREAD WITH CHEESE		WHEAT					*							
VE GARLIC BREAD WITH TOMATO		WHEAT					*							
VE NACHOS		COOKED IN PIZZA OVEN					*			MC	MC	MC		YES
VE PLATTER		WHEAT		MC			MC					MC	YES	YES
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
VE ASPARAGUS RISOTTO	YES													YES
VE MUSHROOM RISOTTO	YES													YES
ADD FALAFEL														
ADD VE MEATBALLS		WHEAT		MC			MC						YES	
CHILLI & COCONUT CURRY	YES	WHEAT												
MOVING MOUNTAINS BURGER		WHEAT					*						YES	YES
CHILLI NON CARNE														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
VE MUSHROOM PIZZA		WHEAT					*							
VE MARGHERITA		WHEAT					*							
VE MEXICAN PIZZA		WHEAT		MC			MC *						YES	
VE MEATBALL PIZZA		WHEAT		MC			MC *						YES	
SIDE SALAD														
VE COLESLAW														
CHIPS							*							YES
FRIES							*							YES
SWEET POTATO FRIES							*							*

														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
BACON & BRIE PANINI		WHEAT		YES			YES		YES		MC	MC		YES
HAM & CHEESE PANINI		WHEAT		YES			YES		YES		MC	MC		YES
BRIE & CRANBERRY PANINI		WHEAT		YES			YES		YES		MC	MC		YES
BEEF BRISKET PANINI	YES	WHEAT		YES			YES		YES		MC	MC		YES
VEGAN CHEESE & TOMATO PANINI		WHEAT					MC				MC	MC		YES
GOATS CHEESE PANINI		WHEAT		YES			YES		YES		MC	MC		YES
VEGAN MEATBALL PANINI		WHEAT		MC			MC				MC	MC	YES	YES
SOUP & PANINI	CHANGES DAILY SO ASK YOUR SERVER FOR TODAYS ALLERGENS													
SMALL FISH & CHIPS		WHEAT	*	YES	YES		YES		YES					YES
SMALL SCAMPI		WHEAT	YES	YES	*		YES		YES					YES
100Z GAMMON				YES			*							YES
SMALL SEABASS					YES		YES							YES
SMALL MUSHROOM RISOTTO	YES						YES							YES
SMALL ASPARAGUS RISOTTO	YES						YES							YES
SMALL GARLIC LINGUINI	YES	WHEAT					YES							YES

KIDS MENU														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
FISH GOUJONS		WHEAT	*		YES									YES
CHICKEN STRIPS							YES							
MOZZARELLA STICKS		WHEAT	*		*		YES							*
CHEESE BURGER		WHEAT		YES			YES						YES	
BEEF BURGER		WHEAT		YES			YES						YES	
SAUSAGE		WHEAT											YES	YES
FALAFEL BITES														YES
MASHED POTATO														YES
FRIES							*							YES
CHIPS							*							YES
BEANS, PEAS, CUCUMBER, CARROT														
KIDS MARGHERITA		WHEAT					YES							
KIDS HAM PIZZA		WHEAT					YES							
KIDS PEPPERONI PIZZA		WHEAT					YES							
GF MARGHERITA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF HAM PIZZA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	
GF PEPPERONI PIZZA		COOKED IN PIZZA OVEN					YES		MC	MC			YES	

														
	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
ROAST BEEF	YES	WHEAT		YES			YES							YES
ROAST PORK	YES	WHEAT		YES			YES							YES
VEGAN WELLINGTON	YES	WHEAT					MC			ALMONDS			YES	YES
CAULIFLOWER CHEESE		WHEAT					YES		YES					
ROAST POTATO	YES													YES
YORKSHIRE PUDDING		WHEAT		YES			YES							
GF YORKSHIRE PUDDING				YES			YES							