

# Allergen Guide 2025

## Main Menu:

### Starters:

BBQ Chicken Bites: Gluten, Soya, Sulphites, Fish\*\*, Crustaceans\*\*

Prawn & Smoked Salmon: Fish, Crustaceans, Egg

Chorizo in Red Wine: Sulphites, Gluten, May Contain Sesame, May Contain Egg

Sauteed Mushrooms: Milk, Gluten, Sulphites, May Contain Sesame, May Contain Egg

Tempura King Prawns: Crustaceans, Gluten, Fish\*\*

### Sharers:

Garlic Flatbread with Tomato: Gluten

Garlic Flatbread with Cheese: Gluten, Milk

Feta Flatbread: Gluten, Milk, Sulphites, May Contain Eggs

Nachos: Milk, May Contain Sesame, May Contain Peanuts, May Contain Nuts, Gluten\*\*

Add Beef Brisket: Celery, Mustard

### Mains:

Fish & Chips: Egg, Gluten, Fish, Milk, Mustard, Sulphites, Crustaceans\*\*

Rump Steak: Milk\*\*, Fish\*\*, Crustaceans\*\*

Peppercorn Sauce: Milk

Blue Cheese Sauce: Milk

Lamb Tagine: Gluten, Nuts, Milk (DFA), Sulphites

Seabass: Fish, Milk

Pie of the Day: Changes daily so ask your server for today's allergens

Chips: Milk \*\*

Mashed Potato:

Tuscan Chicken: Milk, Sulphites

Salmon Fillet: Fish, Gluten, Milk

### Pasta & Risotto:

Parmesan Linguini: Celery, Gluten, Milk, Sulphites

Asparagus Risotto: Celery, Milk

Sun Blushed Tomato Risotto: Celery, Milk

Chicken Add On: Milk (DFA)

Halloumi Add On: Milk

Bacon Add On:

Chorizo Add On:

Goats Cheese Add On: Milk

Garlic Mushroom Add On:

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.

**Burgers:**

Brioche Bun: Gluten, Milk, Egg, Soya

The Woodyard Burger: Gluten, Milk, Egg, Soya, Fish\*\*, Crustaceans\*\*, Sulphites\*\*

Beef Brisket Burger: Celery, Gluten, Milk, Egg, Soya, Mustard, Fish\*\*, Crustaceans\*\*, Sulphites\*\*

Cajun Chicken Burger: Gluten, Milk, Egg, Soya, Fish\*\*, Crustaceans\*\*, Sulphites\*\*

Fish Goujon Burger: Gluten, Milk, Egg, Soya, Fish, Crustaceans\*\*, Sulphites\*\*

Spicy Bean Burger: Gluten, Milk, Egg, Soya

**Pizzas:**

Prosciutto & Honey Peach: Gluten, Milk

Spicy Italian: Gluten, Milk

Margherita: Gluten, Milk

Cajun Chicken Pizza: Gluten, Milk

Pollo Pesto: Gluten, Milk

Hot Honey Halloumi: Gluten, Milk, Sulphites\*\*

BBQ Meat Feast: Celery, Gluten, Milk

Wild Mushroom: Gluten, Milk

**Sides:**

Dressed Side Salad: Mustard

Coleslaw: Egg

Chips: Milk \*\*

Fries: Milk \*\*

Baby Jackets: Milk (DFA)

Sweet Potato Fries: Milk \*\*

Onion Rings: Gluten, Sulphites, Crustaceans\*\*, Fish \*\*

Garlic Focaccia: Gluten, Soya, May Contain Sesame, May Contain Milk, May Contain Eggs

Halloumi Fries: Milk

Parmesan Fries: Milk

Truffle Parmesan Fries: Milk

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.

## **Gluten Free Menu:**

### **GF Starters:**

Sauteed Mushrooms: Milk, Sulphites

Chorizo in Red Wine: Sulphites

Mixed Olives: May Contain Milk

Prawn & Salmon: Fish, Crustaceans, Egg

Nachos<sup>\*\*</sup>: Milk, May Contain Sesame, May Contain Peanuts, May Contain Nuts

Add Beef Brisket: Celery, Mustard

### **GF Mains:**

Parmesan Salmon: Fish, Milk

Rump Steak: Milk<sup>\*\*</sup>

Peppercorn Sauce: Milk

Blue Cheese: Milk

Seabass: Fish, Milk

Lamb Tagine: Milk, Nuts, Sulphites, May Contain Mustard, May Contain Sesame

Chilli Non Carne:

Tuscan Chicken: Milk, Sulphites

### **GF Pasta & Risotto:**

Parmesan Spaghetti: Celery, Milk, Sulphites

Asparagus Risotto: Celery, Milk

Sun Blushed Tomato Risotto: Celery, Milk

Add Chicken: Milk (DFA)

Add Halloumi: Milk

Add Bacon:

Add Goats Cheese: Milk

Add Chorizo:

Add Garlic Mushrooms:

### **GF Burgers:**

Gluten Free Bun:

The Woodyard Burger: Milk

Beef Brisket Burger: Celery, Milk, Mustard

Cajun Chicken Burger: Egg

Spicy Bean Burger: Milk, Egg

<sup>\*\*</sup> Indicates dishes are cooked in the same appliance as other allergen containing foods.

**GF Pizzas\*\*:**

GF Pizza Base: Soya, May Contain Mustard

Prosciutto & Honey Peach: Milk, Soya, May Contain Mustard

Spicy Italian: Milk, Soya, May Contain Mustard

Margherita: Milk, Soya, May Contain Mustard

Cajun Chicken Pizza: Milk, Soya, May Contain Mustard

Pollo Pesto: Milk, Soya, May Contain Mustard

Hot Honey Halloumi: Milk, Soya, Sulphites, May Contain Mustard

BBQ Meat Feast: Milk, Soya, May Contain Mustard

Wild Mushroom: Milk, Soya, May Contain Mustard

**GF Sides:**

Dressed Side Salad: Mustard

Coleslaw: Egg

Chips: Milk\*\*

Fries: Milk\*\*

Sweet Potato Fries: Milk\*\*

GF Onion Rings: Milk\*\*

Halloumi Fries: Milk

Parmesan Fries: Milk

Truffle & Parmesan Fries: Milk

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.

## **Vegan Menu:**

### **Vegan Starters:**

Sauteed Mushrooms: Gluten, Sulphites, May Contain Sesame, May Contain Egg

Tomato Bruschetta: Gluten, Sulphites, May Contain Sesame, May Contain Egg

Bang Bang Cauliflower: Gluten, Soya

Garlic Flatbread with Vegan Cheese: Gluten

Garlic Flatbread with Tomato: Gluten

Nachos: May Contain Sesame, May Contain Peanuts, May Contain Nuts, Gluten\*\*, Milk\*\*

Vegan Platter: Gluten, Soya, Sulphites, May Contain Egg, May Contain Milk, May Contain Sesame

### **Vegan Mains:**

Asparagus Risotto: Celery

Sun Blushed Tomato Risotto: Celery

Add Falafel:

Add Vegan Meatballs: Gluten, Soya, May Contain Egg, May Contain Milk

Chilli & Coconut Curry: Gluten

Moving Mountains Burger: Gluten, Soya, Milk\*\*

Chilli Non Carne:

### **Vegan Pizzas:**

Wild Mushroom: Gluten

Margherita: Gluten

Mexican: Gluten, Soya, May Contain Milk, May Contain Eggs

Meatball: Gluten, Soya, May Contain Milk, May Contain Eggs

### **Vegan Sides:**

Side Salad:

Coleslaw:

Chips: Milk \*\*

Fries: Milk\*\*

Sweet Potato Fries: Milk\*\*

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.

## **Lunch Menu:**

White Roll: Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

Brown Roll: Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

Gluten Free Bread:

Panini: Gluten, May Contain Sesame, May Contain Peanuts

Prawn & Salmon Roll: Gluten, Soya, Crustaceans, Egg, Mustard, Milk, May Contain Nuts, May Contain Mustard, May Contain Lupin

Ham Roll: Gluten, Egg, Soya, Mustard, Milk, May Contain Nuts, May Contain Lupin

Pastrami Roll: Gluten, Soya, Egg, Mustard, Milk, May Contain Nuts, May Contain Lupin

Beef Brisket Roll: Celery, Soya, Gluten, Egg, Mustard, Milk, May Contain Nuts, May Contain Lupin

Vegan Cheese & Tomato Panini: Gluten, Milk\*\*, May Contain Sesame, May Contain Peanuts

Goats Cheese Panini: Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

Cheese & Ham Panini: Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

Vegan Meatball Panini: Gluten, Soya, Milk\*\*, May Contain Sesame, May Contain Peanuts

Small Fish & Chips: Gluten, Egg, Fish, Mustard, Crustaceans\*\*, Milk\*\*

Scampi: Gluten, Crustaceans, Egg, Mustard, Fish \*\*, Milk \*\*

Gammon: Egg, Milk \*\*

## **Sunday Menu:**

Roast Beef: Celery, Gluten (GFA), Egg, Milk

Roast Pork: Celery, Gluten (GFA), Egg, Milk

Vegan Wellington: Gluten, Nuts, Soya

Cauliflower Cheese: Gluten, Milk

Roast Potatoes:

Yorkshire Pudding: Gluten, Egg, Milk

GF Yorkshire Pudding: Egg, Milk

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.

## **Kids Menu:**

Fish Goujons: Gluten, Fish, Crustaceans\*\*

Chicken Strips: Milk (DFA)

Mozzarella Sticks: Gluten, Milk, Crustaceans, Fish\*\*

Cheese Burger: Gluten (GFA), Egg (EFA), Milk (DFA), Soya

Beef Burger: Gluten (GFA), Egg (EFA), Milk (DFA), Soya

Sausages: Gluten, Sulphites

Falafel Bites:

Fries: Milk\*\*

Chips: Milk\*\*

Mash:

Beans:

Peas:

Cucumber:

Carrot:

Cheese & Tomato Pizza: Gluten (GFA), Milk (DFA)

Ham Pizza: Gluten (GFA), Milk (DFA)

Pepperoni: Gluten (GFA), Milk (DFA)

Gluten Free Pizza Base Contains Soya and May Contain Nuts and Mustard.

Gluten Free Pizzas are cooked in the regular pizza oven on a separate tray.

\*\* Indicates dishes are cooked in the same appliance as other allergen containing foods.