Main Menu

Starters:

Chicken Bites - Gluten, Fish*, Crustaceans*

Watermelon & Feta Salad -Milk

Prawn & Salmon Cocktail- Fish, Crustaceans, Egg

Corn Ribs- Celery, Milk*, Sulphites*

Whitebait - Gluten, Fish, Crustaceans*

Sharers:

Garlic Bread with Cheese - Gluten, Milk

Garlic Bread with Tomato - Gluten

Feta Flatbread - Gluten, Milk, Sulphites, May Contain Eggs

Antipasti - Gluten, Milk, Soya, May Contain Eggs

Nachos- Milk, May Contain Sesame, May Contain Peanuts, May contain Nuts, Gluten*

Beef Brisket - Celery, Mustard

Mains:

Fish & Chips- Egg, Gluten, Fish, Milk, Mustard, Sulphites, Crustaceans*

Rump Steak - Milk

Moroccan Lamb - Gluten (GFA), Nuts, Milk (DFA), Sulphites

Thai Seabass - Nuts (Coconut), Fish

Hot Honey Chicken Tenders – Gluten, Egg, Mustard, Sulphites*

Salmon Fillet – Fish, Milk, Sulphites, Celery

Parmesan Linguine- Celery, Gluten, Milk, Sulphites

Asparagus Risotto – Celery, Milk

Caesar Salad – Eggs, Milk

Green Goddess Salad - Milk (DFA)

Chicken Add On – Milk (DFA)

Halloumi Add On- Milk

Bacon Add On-

Goats Cheese Add On - Milk

Chorizo Add On- May Contain Gluten

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Burgers:

Brioche Bun – Gluten, Milk, Egg, Soya

The Woodyard – Gluten, Egg, Milk, Soya, Fish*, Crustaceans*, Mustard, Sulphites*

Beef Brisket - Gluten, Egg, Milk, Mustard, Soya, Celery, Fish*, Crustaceans*, Sulphites*

Hot Honey Chicken- Gluten, Egg, Milk, Soya, Fish*, Crustaceans*, Sulphites*

Moving Mountains – Gluten, Soya, Milk*

Halloumi - Gluten, Egg, Milk, Soya, Fish*, Crustaceans*

Pizzas:

Prosciutto & Fig- Gluten, Milk

Spicy Italian- Gluten, Milk

Margherita- Gluten, Milk

Mexican Beef- Gluten, Milk

Mediterranean- Gluten, Milk

Chicken & Chorizo – Gluten, Milk

Hot Honey Halloumi- Gluten, Milk, Sulphites*

BBQ Meat Feast - Celery, Gluten, Milk

Sides:

Side Salad- Mustard

Coleslaw- Egg

Chunky Chips- Milk*

Fries- Milk*

Sweet Potato Fries- Milk*

Onion Rings- Gluten, Sulphites, Crustaceans*, Fish*

Garlic Focaccia – Gluten, Soya, May Contain Sesame, Milk, May Contain Eggs

Parmesan Fries- Milk

Halloumi Fries- Milk

Truffle Parmesan Fries- Milk

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Lunch Menu-

White Roll- Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

Brown Roll- Gluten, Soya, May Contain Nuts, May Contain Egg, May Contain Milk, May Contain Mustard, May Contain Lupin

Gluten Free Bread-

Panini- Gluten, May Contain Sesame, May contain Peanuts

Prawn & Salmon Roll- Gluten, Soya, Crustaceans, Egg, Mustard, Milk, May Contain Nuts, May Contain Mustard, May Contain Lupin

Ham Roll- Gluten, Soya, Egg, Mustard, Milk, May Contain Nuts, May Contain Lupin

Pastrami Roll- Gluten, Soya, Egg, Mustard, Milk, May Contain Nuts, May Contain Lupin

Beef Brisket Roll- Celery, Soya, Gluten, Egg, Mustard, Milk, May Contain Nuts, May Contain
Lupin

Vegan Cheese & Tomato Panini- Gluten, Milk*, May Contain Sesame, May Contain Peanuts **Goats Cheese Panini**- Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

Cheese & Ham Panini- Gluten, Egg, Milk, Mustard, May Contain Sesame, May Contain Peanuts

Vegan Meatball Panini- Gluten, Soya, Milk*, May Contain Sesame, May Contain Peanuts

Small Haddock – Gluten, Egg, Fish, Mustard, Crustaceans*, Milk*
Scampi-Gluten, Crustaceans, Egg, Mustard, Fish*, Milk*
Gammon- Egg, Milk*

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Gluten Free Menu

Starters:

Watermelon & Feta Salad- Milk

Corn Ribs - Celery, Milk*, Sulphites*

Mixed Olives -

Prawn and Salmon Cocktail- Fish, Crustaceans, Egg

Antipasti - Milk, Soya, May Contain Eggs

Nachos* - Milk, May Contain Sesame, May Contain Peanuts, May contain Nuts

Beef Brisket - Celery, Mustard

Mains:

Salmon Fillet- Milk, Fish, Sulphites, Celery

Rump Steak- Milk

Thai Seabass- Fish, Nuts (Coconut)

Moroccan Lamb- Milk, Nuts, Sulphites

Chilli Non Carne-

Parmesan Spaghetti- Celery, Milk, Sulphites

Asparagus Risotto – Celery, Milk

Green Goddess Salad- Milk

Caesar Salad – Eggs, Milk

Chicken Add On – Milk (DFA)

Halloumi Add On- Milk

Bacon Add On-

Goats Cheese Add On - Milk

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Burgers:

Gluten Free Bun -

The Woodyard – Egg, Milk, Soya, Mustard, Sulphites*

Beef Brisket – Celery, Egg, Milk, Mustard, Soya, Sulphites*

Hot Honey Chicken- Egg, Milk, Mustard, Soya, Sulphites*

Halloumi - Egg, Milk, Soya, Sulphites*

Pizzas:

Pizza Base*- Soya, May contain Mustard

Prosciutto & Fig*- Soya, Milk, May contain Mustard

Spicy Italian*- Soya, Milk, May contain Mustard

Margherita*- Soya, Milk, May contain Mustard

Mexican Beef*- Soya, Milk, May contain Mustard

Mediterranean*- Soya, Milk, May contain Mustard

Hot Honey Halloumi*- Soya, Milk, May contain Mustard

BBQ Meat Feast Pizza*- Soya, Milk, May contain Mustard

Sides:

Side Salad- Mustard

Coleslaw- Egg

Chunky Chips- Milk*

Fries- Milk*

Sweet Potato Fries- Milk*

GF Onion Rings- Milk*

Parmesan Fries- Milk

Halloumi Fries- Milk

Truffle Parmesan Fries- Milk

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Vegan Menu

Starters:

Corn Ribs- Milk*, Sulphites*

Tomato Bruschetta- Gluten, Sulphites

Bang Bang Cauliflower-Gluten, Soy

Sharers:

Garlic Bread with Vegan Cheese- Gluten

Garlic Bread with Tomato- Gluten

Nachos- May Contain Sesame

Vegan Platter- Gluten, Soya, May Contain Eggs, May Contain Milk

Mains:

Asparagus & Pea Risotto- Celery

Green Goddess Salad-

Falafel Add On-

Vegan Meatball Add On- Gluten, Soya, May contain Eggs, May contain Milk

Chilli & Coconut Curry- Gluten, Nuts (coconuts)

Vegan Burger- Gluten, Milk*, Soya

Vegan Chilli Non Carne-

Pizzas:

Mediterranean- Gluten

Margherita- Gluten

Mexican- Gluten, Soya

Meatball- Gluten, Soya

Sides-

Side Salad- Mustard

Vegan Coleslaw-

Chips- Milk*

Fries- Milk*

Sweet Potato Fries- Milk*

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Sunday Menu

Roast Beef- Celery, Gluten (GFA), Egg, Milk Roast Pork-Celery, Gluten, (GFA), Egg, Milk Vegan Wellington- Gluten, Nuts, Soya, Milk Cauliflower Cheese- Gluten, Milk Roast Potatoes-Yorkshire Pudding- Gluten, Egg, Milk Gluten Free Yorkshire Pudding- Egg, Milk

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.

Kids Menu

Fish Goujons- Gluten, Fish, Crustaceans*
Chicken Strips- Milk (DFA)
Chicken Dippers- Gluten, Crustaceans*, Fish*
Mozzarella Sticks- Gluten, Milk, Crustaceans*, Fish*
Cheese Burger- Gluten, Egg, Milk(DFA), Soya
Beef Burger- Gluten, Egg, Milk(DFA), Soya
Sausages- Gluten (GFA), Sulphites
Falafel BitesFries- Milk*
Chips- Milk*
BeansPeasCucumber-

Cheese & Tomato Pizza- Gluten(GFA), Milk(DFA)

Ham Pizza- Gluten(GFA), Milk(DFA)

Carrot-

Pepperoni Pizza- Gluten(GFA), Milk(DFA)

Gluten Free Pizza Base contains Soya and May Contain Mustard

^{*}Indicates dishes are cooked in the same appliance as other allergen containing foods.