

Table 1

Starters	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Sautéed mushrooms	Yes GF available					Yes	Yes Dairy free available							May contain
Tempura battered prawns	Yes	Yes	Yes	Yes					Yes					
Tempura battered calamari	Yes		Yes	Yes					Yes				Yes	
Today's soup	Yes GF available						Yes Dairy free available							Yes
Olives			May contain				May contain							
Warm bread	Yes						Yes							
Duo off cheese	Yes						Yes		Yes					Yes
Panzerotti ham	Yes						Yes Dairy free available							
Panzerotti salmon	Yes			Yes			Yes Dairy free available							
Panzerotti goats	Yes						Yes							
Garlic bread any	Yes						Yes							
Duck Hash	Yes		Yes available			Yes								
Smoked Haddock & Salmon fishcakes	Yes		Yes	Yes					Yes					
Lamb Koftas							Yes available		Yes available					
Nachos							Yes			May contain				
Chilli Beef Nachos							Yes			May contain				
Five Bean Chilli						Yes	Yes			May contain				

Table 1-1

Mains	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Sea bass				Yes			Yes Dairy free available							
Chicken Kiev	Yes		Yes				Yes		Yes					
Fish and chips	Yes		Yes available	Yes			Yes Dairy free available		Yes available					
Mushroom penne pasta	Yes available						Yes							May contain
Fried chicken	Yes		Yes available				Yes		Yes	May contain				
Chicken Marsala	Yes						Yes							Yes
Vegan pasta	Yes available													
Mushroom risotto							Yes available							Yes
Parmesan & Parsley crusted Salomon	Yes Available		Yes available	Yes			Yes available							
Mix leaves														Yes available
Caesar dressing			Yes	Yes			Yes		Yes					
Ranch			Yes				Yes		Yes					
Blue cheese dressing			Yes				Yes		Yes					
House dressing									Yes					
Homily Pie	Yes						Yes							Yes
Lamb duo							Yes			May contain				
Beef Lasagne	Yes		Yes				Yes		Yes available					
Macaroni cheese	Yes					Yes	Yes		Yes					
Sausage and mash	Yes					Yes	Yes							

Table 1-2

Steaks	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
8 oz sirloin							Yes Dairy free available							Yes in sauce
10 oz ribeye							Yes Dairy free available							Yes in sauce
Garlic prawns		Yes					Yes							
Peppercorn sauce							Yes							Yes
Diane sauce						Yes	Yes							May contain

Table 1-3

Burgers	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
8 oz beef burger	Yes GF available						Yes Dairy free available							Yes
Wild Boar Burger	Yes GF available		Yes available				Yes available		Yes	Yes				
Halloumi burger	Yes GF available						Yes							
Buttermilk	Yes		Yes available				Yes		Yes	May contain				
Falafel burger	Yes		Yes available						Yes					

Table 1-5

Kids menu	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Fish goujons	Yes			Yes										
Tomato mozzarella pasta	Yes GF available						Yes Dairy free available							
Chicken strips						Yes	Yes Dairy free available							Yes
Cheese burger	Yes GF available						Yes Dairy free available							
Kids pizza any	Yes GF available						Yes Dairy free available							
Kids desert any							Yes							
Macaroni cheese	Yes						Yes		Yes					

Table 1-6

Sides	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Chunky chips														
Sweet potato wedges														
Baby potato							Yes Dairy free available							
Seasonal vegetables							Yes Dairy free available							
Dressed side salad									Yes					
Coleslaw			Yes						Yes					
Garlic mushrooms														
Garlic flat bread	Yes GF available						Yes							
Halloumi frice							Yes							
Lobster meat		Yes												

Table 1-7

Lunch menu	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Fish finger sandwich	Yes		Yes available	Yes			Yes available		Yes available					
Chicken club sandwich	Yes GF available		Yes				Yes Dairy free available		Yes					
Croque monsieur	Yes GF available						Yes		Yes					
Croque madam	Yes GF available		Yes				Yes		Yes					
Skirt steak	Yes GF available						Yes Dairy free available		Yes					
Fish cakes	Yes		Yes	Yes			Yes		Yes					
Sausage	Yes						Yes							Yes
Fish and chips	Yes		Yes available	Yes			Yes Dairy free available		Yes available					
Gammon egg			Yes											
Crab cake	Yes	Yes	Yes						Yes					
Scampi in basket	Yes	Yes	Yes						Yes					
California flatbread	Yes						Yes							
California flatbread	Yes						Yes							
Ploughman's	Yes		Yes				Yes							
Plain nachos							Yes							
Chilli beef nachos							Yes							
Chicken loaded nachos							Yes							
Five bean chilli nachos						Yes	Yes							
Prawn cocktail	Yes available	Yes	Yes	Yes			Yes available		Yes					
Falafel & hummus	Yes		Yes							Yes				
Steak and onion	Yes available						Yes available							
Bacon and Brie	Yes available						Yes							
Brie and cranberry	Yes available						Yes							
Hoisin duck tortillas	Yes					Yes								
Piri piri chicken tortillas	Yes													
Charcuterie board	Yes available		May contain				Yes available							
Fish platter	Yes	Yes		Yes									Yes	
Cheese board	Yes available						Yes							

Table 1-4

Pizzas	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Duck and hoisin pizza	Yes					Yes	Yes Dairy free available							
Pepperoni pizza	Yes GF available						Yes Dairy free available							
Garlic mushroom pizza	Yes GF available						Yes Dairy free available							
Chicken pizza	Yes GF available						Yes Dairy free available		Yes					Yes
Margarita	Yes GF available						Yes							

Table 1-4-1

Sunday lunch	Cereals/gluten/wheat	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Mustard	Sesame	Sulphites	Lupin	Molluscs	Celery
Homily pie	Yes						Yes							Yes
Beef	Yes		Yes				Yes							Yes
Chicken	Yes		Yes				Yes							Yes
Lamb	Yes		Yes				Yes							Yes
Beef duo	Yes		Yes				Yes							Yes
Lamb duo	Yes		Yes				Yes							Yes
Cheese cauliflower	Yes						Yes							
Mash							Yes							
Yorkshire pudding	GF available		Yes				Yes							